

Texas State University
College of Education
<http://www.education.txstate.edu/advising/>

Bachelor of Exercise and Sports Science (BESS)
Major in Exercise and Sports Science with Pre-Physical Therapy Emphasis*
Major Code: 257.20 Catalog Year: 2008

Worksheet for Advisement Purposes only – Not an Official Outline
 (NOTE: This outline is subject to revision due to State Mandated changes or local policy changes)

CORE Curriculum

Prefix ^(Core)	Course	Sub	Grade	Hours
ENG ⁽¹⁰⁾	1310			3
ENG ⁽¹⁰⁾	1320			3
COMM ⁽¹¹⁾	1310			3
MATH ⁽²⁰⁾	1315 or 1317			3
BIO ⁽³⁰⁾	1430 or 1431			4
PHYS ⁽³⁰⁾	1410			3
ENG Lit ⁽⁴⁰⁾	23xx			3
PHIL ⁽⁴¹⁾	1305 or 1320			3
Fine Arts** ⁽⁵⁰⁾	2313			3
HIST ⁽⁶⁰⁾	1310			3
HIST ⁽⁶⁰⁾	1320			3
POSI ⁽⁷⁰⁾	2310			3
POSI ⁽⁷⁰⁾	2320			3
PSY ⁽⁸⁰⁾	1300			3
PE ⁽⁹⁰⁾	1128			1
PE ⁽⁹⁰⁾	1179A			1
US ⁽⁹⁰⁾	1100			1
Total				47

**Choose one from ART, DAN, MU, or TH 2313.

Support Courses

Prefix	Course	Sub	Grade	Hours
BIO	2430			4
PHYS	1420			4
CHEM	1341/1141			3/1
CHEM	1342/1142			3/1
HIM	2360			3
HP	3302			3
NUTR	3362 or 3364			3
PT	3400			4
SOCI	1310			3
PSY	3300 or 3315			3
AT***	4360			3
Total				38

*** AT 4360 Clinical Experience – Additional information on back.

ESS Major

Prefix	Course	Sub	Grade	Hours
AT	2356			3
AT	3226			2
AT	3358			3
PE	3317/3117			3/1
PE	3320			3
AT	3326/3126			3/1
AT	3328/3128			3/1
PE	3329			3
AT	3236/3136			2/1
AT	3246/3146			2/1
PE	4317 or 4318			3
Total				35

BIO 3421 is suggested, but not required.

***2.75 Texas State GPA required to declare the ESS w/ Pre-Physical Therapy emphasis major. Students must maintain at least a 2.75 Texas State GPA to continue in the major. A 2.75 Texas State GPA is required to graduate.**

A maximum of 66 credit hours from Community/Junior College may be applied toward the degree.

A minimum of 120 credit hours is required for this degree, of which 36 must be advanced (3xxx-4xxx).

✓ For this degree, you must take two semesters of the same foreign language UNLESS you took two years of the same foreign language in high school.

Completion of this program does not guarantee admission into a graduate program in Physical Therapy.

Bachelor of Exercise and Sports Science

Exercise and Sports Science with Pre-Physical Therapy Emphasis

The Health, Physical Education, and Recreation Department (HPER) offers a quality degree that will prepare students to enter the application process for a graduate level physical therapy program and give undergraduate students an exceptional "head start" in gaining admission to a physical therapy school, whether here at Texas State or elsewhere. The main focus of this program is to combine the background courses required for entrance to physical therapy programs with quality support courses from the athletic training program and the health and fitness management program. Additionally, this program will prepare students to seek other graduate programs such as: physician assistant programs, chiropractic schools, cardiac rehabilitation programs, wellness or exercise science programs, graduate entry level athletic training programs, or similar programs. Students should be aware that various graduate schools may have additional entrance requirements other than those required for this degree.

The Pre- PT Emphasis program has open enrollment and does not have an admission application procedure. Students are expected to maintain a high grade point average. Students should be aware that certain courses are offered only once a year and many must be taken in a specific sequence.

General Requirements:

1. Students are admitted into the degree program according to university policies. There is not a departmental admission application procedure.
2. Transfer students should meet with the College of Education Advising Center or the Program Director to obtain approval of transfer credits.
3. Completion of this degree **does not** guarantee admission to any graduate program.

AT 4360 Internship in Clinical Settings

- Prerequisite: Consent of instructor.
- The internship allows pre-physical therapy students to be introduced to the clinical aspects of an allied health profession by being assigned to 2 different clinical sites. This internship course is for mature, well-motivated students who are considering continuing their education by entering graduate school. It is designed as a stimulating high-point of the entire training program. It requires active participation of students rather than being a passive observation process. Careful planning, consultation, and frequent communication are essential to ensure a positive and productive experience.
- The internship course is offered every semester and should be taken during the final semester of matriculation.
- Student will complete the Internship Application before registration for the respective semester.
- Student will obtain approved internship sites.
- 200 hours are required (preferably 100 hours at 2 sites).
- Internship is unpaid.
- Student must purchase personal liability insurance through the HPER Department.
- Please obtain an AT 4360 Internship in Clinical Settings handout from the HPER Department for complete details.

Students are ultimately responsible for knowing and fulfilling all University, College, Major, and Certification requirements. Failure to meet requirements and stated deadlines may delay graduation. Students who, at any time, are confused about academic requirements for their progress toward a degree and certification are encouraged and expected to meet with an advisor, adhering to the posted advising schedules and procedures.

This worksheet is intended as a quick and easy guide for your degree/certification but does not substitute for a Degree Audit Report (DAR). It is important that you meet with an advisor and refer to all information given to you throughout the course of your tenure at Texas State. Students are also encouraged to refer to the Undergraduate Texas State Catalog and Schedule of Classes for additional official information and semester calendars. The College of Education website (<http://www.education.txstate.edu>) may provide answers to most questions students have about major and certification requirements.