Dr. Valarie Fleming presented at the National Black Association for Speech-Language and Hearing Annual Convention (NBASH).

Fleming was selected to host a mini-seminar on Thursday, April 7 to discuss Multicultural Course Transformation: Documenting Effectiveness in a Pedagogical framework. The seminar was held from 2:00-3:00 pm.

On April 8, 2010, Fleming presented her research titled Planning Ability, Aging, and Spoken Discourse Production during the technical session from 3:45-4:15 pm.

The mission of the association is “to maintain a viable mechanism through which the needs of black professionals, students, and individuals with communication disorders can be met” (www.nbaslh.org). This year’s convention was held on April 7-10 at the Crowne Plaza at Historic Union Station in Indianapolis, Indiana.

By: Kellie Offer

The Memory Walk is an event where community members come together to participate in a three mile walk to end Alzheimer’s disease. All proceeds support patients and caregivers in the community as well as fund Alzheimer’s research. More than 300 people joined together for this walk.

The Texas State University Communication Disorders Team, lead by Dr. Valarie Fleming, received recognition for having the largest team present at the annual Hays County Memory Walk. The team had over 30 people walking to end Alzheimer’s on November 6, 2010. Dr. Fleming was also named the 2010 Hays County Memory Walk Honorary Chairperson. The walk was held at the San Marcos Old Fish Hatchery.

By: Kellie Offer

Would You Like to Get Involved in Our Research?

We are looking for adults who are interested in participating in research. If you are over the age of 18 and are interested in participating in one of our studies, please call (512) 245-1929 or email c2lab@txstate.edu

Fleming Presents at NBASLH

CDIS Team wins award at Memory Walk

C2L’s Recent Scholarly Publications/Presentations


C2L Welcomes New Student Interns

Ellen Thomas is a second year graduate student studying speech-language pathology at Texas State University-San Marcos. Ellen earned her undergraduate degree at Auburn University in Communication Disorders. Ellen will graduate in May 2011 and is interested in the treatment of adults with dysphagia and neurological disorders. She is currently an intern at Hernandez Elementary in San Marcos and ECI Homespun of San Marcos.

Megan McClain is a junior in the undergraduate sequence of Communication Disorders program. She is originally from Austin, Texas. She was previously a volunteer in the Cognitive Communication Lab during the fall semester of 2009. She has been a member and a mentor of Student Support Services for three years. Megan is apart of Paws Preview, where she will assist with the transition of incoming freshman in the summer.

Research Opportunity

Early Detection of Mild Cognitive Impairment: Men and women of various ages with mild cognitive impairment are needed to help the C2L learn more about the subtle deficits in communication a person who has mild cognitive impairment (MCI) or early stages of dementia may experience, specifically focusing on executive and memory processes and the comprehension and production of spoken discourse. Participation involves three visits to the lab. Participants will receive a $20 gift card for each visit.

If you are interested in this study please contact the Cognitive-Communication Lab at 512-245-1929 or C2Lab@txstate.edu.

Be Prepared at Your Next Doctor Visit

Whether you are going to the doctor for a annual checkup, or seeking a medical diagnosis being prepared can reduce the likelihood of an inaccurate diagnosis and insure proper treatment. The U.S. Department of Health and Human Services website provides a two-page printable brochure for questions you need to ask your doctor in a variety of situations. Some of the situations include choosing a doctor, hospital or long-term care facility; receiving proper medical tests and prescriptions; and more. This website also allows you to build your own list of questions specifically for your individual needs.

According to The U.S. Department of Health and Human Services, the following are the top ten questions to ask your doctor.

- What is the test for?
- How many times have you done this procedure?
- When will I get the results?
- Why do I need this treatment?
- Are there any alternatives?
- What are the possible complications?
- Which hospital is best for my needs?
- How do you spell the name of that drug?
- Are there any side effects?
- Will this medicine interact with medicines that I’m already taking?

Along with questions for your doctor the website provides information on minimizing medical errors and videos on how you can take an active role with your health care. As The U.S. Department of Health and Human Services states, “Doctors and other clinicians want to provide the best health care they possibly can, but they can’t read your mind!”

For more information visit their website at http://www.ahrq.gov/questionsaretheanswer.