

**Texas State Vita**  
as of 2/4/2015

Please note: For all entries, list most recent items first. Headings without entries may be eliminated, but the heading lettering/numbering should remain consistent with this template.

**I. Academic/Professional Background**

**A. Name:** Michael Mileski                      **Title:** Assistant Professor

**B. Educational Background**

<b>Degree</b>	<b>Year</b>	<b>University</b>	<b>Major</b>	<b>Thesis/Dissertation</b>
MSHEd	2013	Kaplan University	Higher Education/College Administration and Leadership	
MPH	2011	Kaplan University	Public Health/Epidemiology	The Efficacy and Effectiveness of Dementia Specific Care Units in the Treatment of Alzheimer's Disease
DC	1998	Texas Chiropractic College	Chiropractic Sciences	
BA	1994	University of South Florida	Gerontology/Long Term Care Administration	

**C. University Experience**

<b>Position</b>	<b>University</b>	<b>Dates</b>
Assistant Professor	Texas State University	2013-present
Adjunct Faculty/Academic Preceptor	Midland College	2006-present
Adjunct Faculty	Ashford University	2010-present
Adjunct Faculty	Kaplan University	2008-present
Adjunct Faculty	Lone Star College	2005-2008 2011-present

**D. Relevant Professional Experience**

<b>Position</b>	<b>Entity</b>	<b>Dates</b>
Operations Consultant	Self-Employed	2006-present
Regional Business Office Consultant and Business Development Specialist	Autumn Care Retirement Centers	2009-2010
Administrator	Preferred Care Partners Management Group	2007-2008
Administrator	Centers for Long Term Care	2004-2006

Vice President	Lawrence Street Healthcare Center	2003-2004
Executive Director	Hermann Park Manor	2001-2003
Administrator	Allenbrook Health Care Center	2001
Administrator	Heart of Texas Healthcare Centers	2000-2001
Director/Owner	Accent Chiropractic Centers	1998-2000
Director/Owner	Geriatric Consultants	1994-1997

**E. Other Professional Credentials (licensure, certification, etc.)**

- Licensed Nursing Facility Administrator, State of Texas
- Licensed Chiropractor, State of Texas
- Certified Nursing Facility Administrator Preceptor, State of Texas

## II. Teaching

### A. Teaching Honors and Awards:

- 2014, Nomination, Texas State University, Faculty Excellence Award, Teaching.
- 2013, Nomination, Texas State University, Faculty Excellence Award, Teaching.
- 2013, Favorite Professor, Sigma Lambda Gamma National Honor Sorority
- 2013, Reappointment to Graduate Faculty, Texas State University.
- 2013, Appointment to Graduate Faculty, Texas State University

### B. Courses Taught:

#### Texas State University

HA 3324	Supervisory Management for Healthcare Managers
HA 3344	Patient Care Management and Quality in Health Care
HA 5325	Patient Care Management and Integrated Delivery Systems
LTCA 5324	Personnel Management of Long Term Healthcare Facilities
LTCA 5325	Resident Care Management in Long Term Care

#### Midland College

LTCA 2486	Long Term Care Administration Internship I
LTCA 2487	Long Term Care Administration Internship II
LTCA 2488	Long Term Care Administration Internship III
LTCA 2489	Long Term Care Administration Internship IV
LTCA 2315	Financial Management of Long Term Care Facilities
LTCA 2688	Long Term Care Administration Internship A
LTCA 2689	Long Term Care Administration Internship B

#### Ashford University

GRO 325	Aging and Health
GRO 338	Mental Well Being and Aging
GRO 410	Death and Dying
HCA 305	The U.S. Health Care System
HCA 322	Health Care Ethics and Medical Law
HCA 331	Introduction to Health Care Education
HCA 333	Introduction to Long Term Care
HCA 375	Continuous Quality Management and Accreditation
HCA 421	Health Care Planning and Evaluation
HCA 442	Contemporary Issues in Aging
HCA 444	Long Term Care: The Consumer Perspective
HCA 459	Senior Project, Health Care Administration
HCA 497	Health Care Studies Capstone
HCS 208	Introduction to Nutritional Concepts

HHS 307	Communication Skills for Health and Human Services Personnel
SOC 313	Social Implications of Medical Issues
HCS 321	Foundations of Complementary and Alternative Health
HCS 498	Health and Wellness Capstone

## Kaplan University

HS 130	Anatomy and Physiology II
MA 250	Professionalism in Health Care
MA 280	Clinical Competencies III

## Lone Star College--North Harris

BIOL 2305	Pathophysiology
BIOL 2401	Anatomy and Physiology I with Laboratory
BIOL 2404	Introduction to Anatomy and Physiology with Laboratory

**C. Graduate Theses/Dissertation, Honors Theses or Exit Committees:**  
(if supervisor, please indicate)

- 2014, Lindsey Kopycinski, Master of Health Administration, Texas State University, San Marcos, TX
- 2014, Elizabeth Carol, Master of Health Administration, Texas State University, San Marcos, TX
- 2014, Sarah Marawi, Master of Health Administration, Texas State University, San Marcos, TX
- 2014\*, Dacey Doehrman, Master of Health Administration, Texas State University, San Marcos, TX (Committee Chair)
- 2014\*, Aaron Hochstetler, Master of Health Administration, Texas State University, San Marcos, TX (Committee Chair)
- 2013\*, Stacy Foremski, Master of Health Administration, Texas State University, San Marcos, TX (Committee Chair)
- 2013, Kimberly Chen, Master of Health Administration, Texas State University, San Marcos, TX
- 2013, Jeffrey Nwabeke, Master of Health Administration, Texas State University, San Marcos, TX
- 2013, Ryan Soisson, Master of Health Administration, Texas State University, San Marcos, TX

**D. Courses Prepared and Curriculum Development:**

## Texas State University

HA 3324	Supervisory Management for Healthcare Managers
HA 3344	Patient Care Management and Quality in Health Care
HA 5325	Patient Care Management and Integrated Delivery Systems
LTCA 5324	Personnel Management of Long Term Healthcare Facilities
LTCA 5325	Resident Care Management in Long Term Care

## Texas State University—Fall 2014

HA 3344	Patient Care Management and Quality in Health Care
HA 5325	Patient Care Management and Integrated Delivery Systems

**E. Funded External Teaching Grants and Contracts:****F. Submitted, but not Funded, External Teaching Grants and Contracts:****G. Funded Internal Teaching Grants and Contracts:****H. Submitted, but not Funded, Internal Teaching Grants and Contracts:****I. Other**

Continuing Education (most recent year)

Topic	Date	Hours
Online Instructional Practices: What Faculty Consider Reasonable in Relation to What Online Students Expect	10/9/2014	1
Transformation in Higher Education	10/9/2014	1
Creating Exciting Announcements using Technology	10/9/2014	1
Making the Most of the Introductory Discussion Board: Activities for Engaging Online Learners	10/9/2014	1
Portfolio Planning for the Professional Academic	10/9/2014	1
Using Prezi in Innovative Ways Inside the Classroom	10/9/2014	1
Navigating Assumption: Proactive Approaches for Supporting Academic Writing	10/9/2014	1
Nobody Wants to Hear about Your Stomach Ache: Focusing on What Matters for Professional Development	10/8/2014	1
What Would Socrates Do?	10/8/2014	1
The Research Pipeline: Can It Help with Your Hardest Teaching Problems?	10/8/2014	1
The Many Facets of Plagiarism	10/8/2014	1
Inspiring Faculty to Pursue Excellence in Online Instruction	10/7/2014	1
How to Write a Textbook, Get It Published, Build a Blog, Increase Credibility, and Social Network All while Maintaining a Full-Time Job	10/7/2014	1
Twitter and Facebook and G+, Oh My! Balancing on the Tightrope	10/7/2014	1
Foundations of Online Course Design and Development	9/17/2014	4 weeks
Compliance in LTC: What you don't know can hurt you	9/9/2014	1
Convocation	8/23/2014	1.5

Documenting Care: The Charting Process	7/15/2014	1
So You Want Your Day in Court: Lessons Learned from the Departmental Appeals Board	7/8/2014	1
Creating Learning Environments that Launch Careers	4/22/2014	1
The Impact of Healthcare Associated Infections in LTC: Prevention Challenges and Strategies	4/22/2014	1
Improve Compliance and Increase Reimbursements with Mobile Technologies	4/17/2014	1
By Failing to Prepare, You Are Preparing to Fail: Laying the Foundation for Sustainable Change and Success	4/16/2014	1
Texas Music History Unplugged	4/8/2014	2
Faculty Learning Community for Beginning Quantitative Researchers (Part 3) Experimental Design	4/2/2014	2
Buiding Surveys in Snap 11: Web-Based Survey Software	3/28/2014	3
Healthcare: Review and Outlook	3/25/2014	1
Preventing Rehospitalizations: How to Change Your "When in Doubt, Send 'Em Out" Way of Thinking	3/19/2014	1
Survival Spanish 8	2/26/2014	1
Survival Spanish 7	2/24/2014	1
Survival Spanish 6	2/19/2014	1
Pressure Ulcers: Don't be "Wounded" by F-Tag 314	2/19/2014	1
Survival Spanish 5	2/17/2014	1
Survival Spanish 4	2/12/2014	1
Survival Spanish 3	2/10/2014	1
Survival Spanish 2	2/5/2014	1
Survival Spanish 1	2/3/2014	1

### III. Scholarly/Creative

#### A. Works in Print (including works accepted, forthcoming, in press)

##### 1. Books (if not refereed, please indicate)

###### a. Scholarly Monographs:

###### b. Textbooks:

###### c. Edited Books:

###### d. Chapters in Books:

###### e. Creative Books:

##### 2. Articles

###### a. Refereed Journal Articles:

Kruse, C.S., Mileski, M., Alaytsev, V., Carol, E. (2015). Adoption factors associated with electronic health record among long-term care facilities: a systematic review. *BMJ Open* 2015; 5:e006615. doi:10.1136/bmjopen-2014-006615

###### b. Non-Refereed Journal Articles:

Mileski, M. (2013, December 20). 6 ways to foster staff satisfaction. *Long Term Living*. Source URL: <http://www.ltlimagazine.com/article/6-ways-foster-staff-satisfaction>

Mileski, M. & McClay, R., (2003). The Role of Chiropractic in the Treatment of ADHD, *Dynamic Chiropractic*, 21(5).

Mileski, M. (2000). Lend an Ear—Your Elderly Patients Deserve It, *Dynamic Chiropractic*, 18(17).

##### 3. Conference Proceedings

###### a. Refereed Conference Proceedings:

McIlwain, A., Soka, A. and Mileski, M. (2014, November). From Katrina to Sandy: What have we learned about nursing home disaster management? Presented to Gerontological Society of America Conference.

###### b. Non-Refereed Conference Proceedings:

##### 4. Abstracts:

**5. Reports:****6. Book Reviews:****7. Other Works in Print:**

Penz, E., Mileski, M. & Dugan, J. (2013). Preceptor Manual, State of Texas, Department of Aging and Disability Services.

**B. Works not in Print****1. Papers Presented at Professional Meetings:****2. Invited Talks, Lectures, and Presentations:**

Mileski, M. & Dugan, J. (2014, December 2). State of Texas Long Term Care Administrator Preceptor Training. Development and presentation of six hour training to certify administrators as preceptors for the state.

Mileski, M. (2014, October 9). Meeting students where they live: Maslow's hierarchy in the online classroom. Presented to KU Village Annual Educators Conference.

Mileski, M. & Dugan, J. (May 2013). State of Texas Long Term Care Administrator Preceptor Training. Development and presentation of six hour training to certify administrators as preceptors for the state.

**3. Consultancies:****4. Workshops:**

Topic	Date	Hours
Health Administration Graduate Student Seminar on Interviewing and Professional Success	9/18/2014	1
Health Administration Graduate Student Seminar on Interviewing and Professional Success	2/6/2014	1
Health Administration Graduate Student Seminar on Interviewing	10/8/2013	1
Texas State University, Healthcare Leadership Coalition--Invited Speaker--Professionalism and Interviewing	9/27/2013	1

**5. Other Works not in Print****a. Works "submitted" or "under review":**



Mileski, M., McIlwain, A., Kruse, S.C., Lieneck, C., & Soka, A. (2014). The effectiveness of facility based nurse aide training competency evaluation programs and the need for regulatory change. Submitted for publication.

Lieneck, C. & Mileski, M. (2014). Measuring for success: Continuity of care systems that incorporate patient responsibility. Submitted for publication.

**b. Works “in progress”:**

- Mileski, M. & McClay, R. (2014). Meeting students where they live: Maslow’s hierarchy in the online classroom. Article in progress.
- McIlwain, A., Soka, A. & Mileski, M. (2014, November). From Katrina to Sandy: What have we learned about nursing home disaster management? Article in progress.
- Mileski, M. (2014). A comparison of graduates: Long term care administrators with Masters, Bachelors, and Associates level preparation. Article in progress.
- Mileski, M. (2013). Employee satisfaction as a means to alleviate the healthcare shortage. Article in progress.
- Mileski, M. (2013). Simple ways to make secured units safer for residents. Article in progress.
- Mileski, M. (2013). Employee negativity and satisfaction in healthcare. Article in progress.

**c. Other Works not in Print:**

**C. Grants and Contracts**

**1. Funded External Grants and Contracts:**

**2. Submitted, but not Funded, External Grants and Contracts:**

**3. Funded Internal Grants and Contracts:**

**4. Submitted, but not Funded, Internal Grants and Contracts:**

**Source:** Research Enhancement Program, Texas State University

**Title:** Physician perceptions of the OpenNotes program and its application in long term care facilities.

**Period:** June 2014-May 2015

**Direct Costs:** \$8,000

**Role:** Principal Investigator

**Source:** Research Enhancement Program, Texas State University  
**Title:** Efficacy of creative treatment options for the Alzheimer's and dementia populations.  
**Period:** June 2013-May 2014  
**Direct Costs:** \$8,000  
**Role:** Principal Investigator

**D. Fellowships, Awards, Honors:**

**IV. Service****A. Institutional****1. University:**

- Bobcat Bond Program Mentor (2014-2015)
- Bobcat Bond Program Mentor (2013-2014)
- Graduate Scholarship Committee (Chair) (2014-15)
- Graduate Scholarship Committee (2013-14)
- Texas State University, Gerontology Consortium (2014-2015)
- Texas State University, Gerontology Consortium (2013-2014)
- PAWS Preview Speaker (2014-15)

**2. College:**

- 2014, Careers in Aging Week Event

Topic	Date	Hours
Guest Research Reviewer/Lecturer— Amber McIlwain--HA5301	12/2/2013	3
Guest Research Reviewer/Lecturer— Amber McIlwain--HA5301	4/29/2013	3

**3. Department/School:**

- School of Health Administration, Social Events Planner (2014-15)
- MHA Admissions Committee (2014-2015)
- MHA Admissions Committee (2013-2014)
- BHA Dress Code Development Committee (2014)

**B. Professional:**

- Professional Development Chair (2014-2015), Texas Chapter, American College of Health Care Administrators
- Professional Development Chair (2013-2014), Texas Chapter, American College of Health Care Administrators
- Reviewer/Writer, Preceptor Manual, State of Texas, Department of Aging and Disability Services, 2012-13

**C. Community:****D. Services, Honors and Awards:****E. Service Grants and Contracts**

- 1. Funded External Service Grants and Contracts:**
- 2. Submitted, but not Funded, External Service Grants and Contracts:**
- 3. Funded Internal Service Grants and Contracts:**
- 4. Submitted, but not Funded, Internal Service Grants and Contracts:**