

Validation® Method Worker Certification Course

2009-1010
Austin, Texas

The Validation Worker Certification course is open to caregiving professionals and family members who want or need to communicate with elders with Alzheimer's or related dementia. Watching a family member or friend become one of the growing number of disoriented elderly persons can be frustrating. Communication fails and the individual slips into an interior universe seemingly inaccessible to those in reality. This course will provide caregivers with tools they need to improve communication and build caring relationships with older adults with late-onset Alzheimer's and related dementias.

To earn Certified Validation® Worker status, students must complete all five theory/instruction sessions (that includes role-play and interactive exercises to integrate the concepts and skills necessary to validate) and twenty-six weeks of hands-on practice with disoriented elderly clients using the Validation Communication Method over one calendar year. Each session consists of two full days of instruction, and all practicum work must be documented in writing. Two sessions with clients must be videotaped for evaluation purposes. A written final exam will also be administered.

Textbook:

V/F Validation: The Feil Method, 2003 revised edition, by Naomi Feil, with Vicki de Klerk-Rubin
ISBN 1-878169-00-9
Available from ...
<http://www.edwardfeilproductions.com/catalogue.html#VFValidation>

For More Information, contact:

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The following five classroom sessions are part of the required curriculum for the Level 1 Validation Worker Certificate.

- **Session One: November 9 & 10, 2009**
Basic Validation theory and principles, characteristics of the four phases of resolution, techniques for working with maloriented clients. Preparation for practical work with maloriented clients. Assignments with Stage One clients.
- **Session Two: February 8 & 9, 2010**
Review and feedback of practical work; characteristics of phase two, Time Confusion, techniques and preparation for practical work with Time Confused clients. Assignments with Stage Two clients.
- **Session Three: April 19 & 20, 2010**
Review and feedback of practical work; characteristics of phase three, Repetitive Motion, techniques and preparation for practical work with people in Repetitive Motion. Assignments with Stage Three clients.
- **Session Four: July 5 & 6, 2010**
Review and feedback of practical work; characteristics of phase four, Vegetation, techniques and preparation for practical work with clients in Vegetation, comparison between Validation and other methods, test preparation. Assignments with Stage Four clients.
- **Session Five: October 4 & 5, 2010**
Written test and practical demonstration of Individual Validation

The student is responsible for scheduling his/her own clinical experience.

ACC is seeking CEUs for this course for several healthcare professions, to be awarded upon completion of entire course. Available number of contact hours to be determined.

Austin Community College is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Register: SCWK 1075 100 97254 Validation Worker Certification
Call 512-223-7542 or go online to www.austincc.edu/ce/register/
Tuition: \$1,000.00 (not including text book)

Instructor: Vicki de Klerk-Rubin

Ms. de Klerk-Rubin trained under Naomi Feil, MSW, creator of the Validation Communication Method. De Klerk-Rubin is a certified Validation Master and European manager for the Validation Training Institute. She is the Dutch equivalent of a registered nurse.

Her publications include:

- *Validation Techniques for Dementia Care: The Family Caregiver's Guide to Improving Communication* (2007)
- *V/F Validation: The Feil Method, How to Help Disoriented Old-Old* (co-author, 1992, 2003 revisions)
- *The Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's-Type Dementia* (co-author, revision 2002).

For more information on the
Validation Communication Method go to
www.vfvalidation.org

