

Texas State University College of Education

<http://www.education.txstate.edu/advising/>

Bachelor of Health and Wellness Promotion (BHWP) Major in Health and Wellness Promotion (Non - Teacher Certification) Major Code: 261.10 Catalog Year: 2008

Worksheet for Advisement Purposes only – Not an Official Outline
(NOTE: This outline is subject to revision due to State Mandated changes or local policy changes)

CORE Curriculum

Prefix ^(Core)	Course	Sub	Grade	Hours
ENG ⁽¹⁰⁾	1310			3
ENG ⁽¹⁰⁾	1320			3
COMM ⁽¹¹⁾	1310			3
MATH ⁽²⁰⁾	1315, or 1316, or 1317, or 1319, or 2321			3
Nat Sci ⁽³⁰⁾				3
Nat Sci ⁽³⁰⁾				4
ENG Lit ⁽⁴⁰⁾	23xx			3
PHIL ⁽⁴¹⁾	1305 or 1320			3
Fine Arts* ⁽⁵⁰⁾	2313			3
HIST ⁽⁶⁰⁾	1310			3
HIST ⁽⁶⁰⁾	1320			3
POSI ⁽⁷⁰⁾	2310			3
POSI ⁽⁷⁰⁾	2320			3
Soc Sci** ⁽⁸⁰⁾				3
PFW ⁽⁹⁰⁾	Act			1
PFW ⁽⁹⁰⁾	Act			1
US ⁽⁹⁰⁾	1100			1
Total				46

*Choose one from ART, DAN, MU, or TH 2313.

**Choose one from ANTH 1312, ECO 2301, ECO 2314, GEO 1310, PSY 1300, or SOCI 1310.

Minor (Refer to undergraduate catalog for list of minors.)

Prefix	Course	Sub	Grade	Hours
Total				18-25

HWP Major Health Education Courses

Prefix	Course	Sub	Grade	Hours
H ED	1310			3
H ED	2340			3
H ED	2354			3
Choose Three From: H ED	2338, 3301, 3348, or 3360			9
H ED	3350			3
H ED	3376			3
H ED	4340			3
H ED	4350			3
H ED***	4660			6
Total				36

***H ED 4660 Internship - See back for additional information.

Additional Requirements

Prefix	Course	Sub	Grade	Hours
BIO	2430			4
CS or CIS or HP	1308 1323 2351			3
Total				7

Career Support Courses

Prefix	Course	Sub	Grade	Hours
HP	3302			3
NUTR	3362			3
PE	3317/ 3117			3/1
PSY	3350			3
Total				13

A maximum of 66 credit hours from Community/Junior College may be applied toward the degree.

A minimum of 120 credit hours is required for this degree, of which 36 must be advanced (3xxx-4xxx level). Additional elective hours may be needed to meet these requirements.

✓For this degree, you must take two semesters of the same foreign language UNLESS you took two years of the same foreign language in high school.

Bachelor of Health and Wellness Promotion (BHWP) Non - Teacher Certification

Health and Wellness Promotion is the process of improving people's understanding, attitudes, and conduct regarding individual and community health. Texas State health promotion graduates work in education, emergency medical services, senior citizens programming, worksite wellness programs, public health departments, volunteer health organizations, and various other fields.

H ED 4660: Internship in Public Health

- Participation in the on-going work of an official and/or voluntary health agency. The internship will be supervised by a member of the Health Education faculty. A minimum of one conference hour per week is required.
- 480 hours at approved site, unpaid.
- May only be completed during the fall or spring semester and is the only class taken during this semester; all other required coursework must be completed prior to the semester of your internship. H ED 4660 will be the only 6 hours remaining for you to graduate.
- Students must attend an organizational meeting the semester prior to being enrolled in H ED 4660. The meeting is held during the second week of classes.
- Obtain an H ED 4660 Internship in Public Health handout from the HPER Department (Jowers A116) for complete details the semester prior to being enrolled in H ED 4660.
- All paperwork for the internship must be completed by the last class day the semester prior to taking H ED 4660.
- Insurance information will also be posted in Jowers. Your insurance must be obtained by the first day of classes prior to starting the internship.

Students are ultimately responsible for knowing and fulfilling all University, College, Major, and Certification requirements. Failure to meet requirements and stated deadlines may delay graduation. Students who, at any time, are confused about academic requirements for their progress toward a degree and certification are encouraged and expected to meet with an academic advisor, adhering to the posted advising schedules and procedures.

This worksheet is intended as a quick and easy guide for your degree/certification but does not substitute for a Degree Audit Report (DAR). It is important that you meet with an advisor and refer to all information given to you throughout the course of your tenure at Texas State. Students are also encouraged to refer to the Undergraduate Texas State Catalog and Schedule of Classes for additional

official information and semester calendars. The College of Education website (<http://www.education.txstate.edu>) may provide answers to most questions students have about major and certification requirements.

Texas State University-San Marcos is a member of the Texas State University System