Request Your Accommodation Letter

1) Go to ods.txstate.edu (section pictured below)
2) Click the icon labeled “Accommodation Letter”
3) Request your Accommodation Letter through iCat
4) Come to the ODS office within 3 to 5 business days to pick up your letter
5) Have all your professors sign your Accommodation Letter and return the letter to ODS

Request Your Accommodation Letter (Round Rock Students)

1) Go to ods.txstate.edu (section pictured below)
2) Click the icon labeled “Accommodation Letter”
3) Request your Accommodation Letter through iCat
4) Check your Bobcat Mail within 3 to 5 business days to receive your letter
5) Have all your professors sign your Accommodation Letter and return the letter to the ODS via email at odsaccommodation@txstate.edu or at the One Stop Center in Avery Building, Suite 201

Scheduling Tests With ATSD

1) If you have testing accommodations, you can schedule all of your tests for the semester with ATSD
2) Go to ods.txstate.edu (pictured below)
3) Click the icon labeled “Schedule A Test With ATSD”
4) Under the Student tab at the top, select Request a Test
5) Using all of your syllabi, schedule all your tests for the semester early on to avoid future schedule conflicts; including conflicts with your usual class schedule
6) There is a 3 business day advance scheduling requirement for testing
Welcome from the ODS Staff

As the staff here in the Office of Disability services, we are dedicated to improving the lives of all students with disabilities through progressive inclusion into all activities/events in the community, as well as providing needed accommodations for students of all backgrounds.

How to Register with ODS

1) Go to [ods.txstate.edu](http://ods.txstate.edu) (Pictured to the right)

2) Click the paw print icon labeled “Register With ODS”

3) Fill out the CSI (Confidential Student Information) Form. This is required to register for services with ODS.

4) Send any additional documentation of the student's disability to our office, through the website, or fax to 512.245.3452.

*Documentation is not accepted via email. If you need to submit documentation electronically, contact ODS for a FileLocker, secure, upload link.

5) ODS will review the need for accommodations and support services based on the student's disability documentation and disability-based need. ODS has up to 30 business days of receipt of the documentation to decide appropriate accommodations.

6) ODS will notify the student to set up an appointment via their Bobcat Mail after determining appropriate accommodations.

7) After meeting with an ODS specialist, the student can sign up for Special Group's Registration and request their Accommodation Letter in the ODS office which will be ready within 3-5 business days.
High School vs College Accommodations

IDEA vs ADAAA

Fashion for All
Following the Business of Fashion’s cover, disability activist Sinéad Burke, the presence of fashion for people with disabilities was established. With the help and guidance of the Cerebral Palsy Foundation, students from New York’s major fashion schools came together and came up with designs to clearly address the needs and comforts of people with disabilities. Actor Ryan Haddad participated wearing a denim tracksuit and was quoted saying “I just want to be sexy”.

https://www.instyle.com/fashion/design-for-disability-2018

Navigating the World Cup
More than 22,000 special access tickets for people with disabilities were sold for the World Cup in Russia. One reporter noted that he witnessed 4 young boys help a wheel chaired fan down the escalator at a nearby metro station.


Post-secondary Institutions are not required to:
- Reduce or waive the essential requirements of a course or program
- Provide evaluations or testing to diagnosis a disability
- Provide personal attendants
- Provide tutoring beyond what is available to all students
- Prepare IEPs
- Ensure a student is academically successful
- Keep parents informed

The student is responsible to:
- Disclose their disability to the ODS and provide documentation in a timely manner
- Know about the nature of their disability and how the accommodations help
- Act on his/her own behalf as an independent
- Discuss classroom and testing accommodations with faculty members in accordance with university policy
- Arrange and pay for personal care attendants if needed

Taken from http://www.ods.txstate.edu/parents/parent-information.html
Tips and Tricks to a Great Semester

- **Get organized early on!** Use the syllabi from your classes and a planner or calendar to write down important deadlines and events where you will see them often. The more organized you are at the beginning of the semester, the smoother the semester will feel.

- **Try to do readings before class if you can.** Exposing yourself to the material before lectures will help improve retention and your overall understanding of the material. Additionally, reading before class gives you the opportunity to form questions about the material which you can then ask during class.

- **Get together with classmates to study.** They can offer additional insight into difficult concepts and they can act as a support network as larger assignments, quizzes, and exams begin to approach on your schedule.

- **Take advantage of your professors’ office hours.** Not only is it a great way to have your questions answered, but establishing rapport with your professors is a great way to begin networking.
  - **Utilize the academic resources available to you on campus.** Several of them are listed on the next page.
  - **Make goals for yourself and post them in plain sight.** The frequent reminders will help you stay on target.
  - **Change what isn’t working.** If mid-terms do not go as planned, re-evaluate your study methods and make changes accordingly.
  - **Practice self-care regularly!** Even during the busiest parts of the semester, you still need to make time for eating, sleeping, conducting hygiene, and enjoying hobbies and activities.
**FOOD FOR THOUGHT**

Teenagers who frequently use digital media are more likely to develop attention deficit/hyperactivity disorder. Scientists at the University of Southern California, set out on a two year study to determine if the amount and frequency of digital media usage had any link to ADHD. While there was a statistically significant but modest association between higher frequency digital media usage and symptoms of ADHD, more research is needed.


**Conversation Starters**

**Interacting with Faculty**

The provision of some accommodations or auxiliary aids often requires the student to have specific contact with individual instructors. Prior to requesting an accommodation from an instructor, students must be evaluated by an ODS Specialist to determine if accommodations are supported by the needs as a result of a disability. Once evaluated, a student will be given an accommodation letter and an academic accommodation form. This accommodation letter will list the accommodations approved for the student. The student is responsible for obtaining signatures from their instructors on the academic accommodation form. After all of the signatures are obtained, the student will need to return their accommodation letter and academic accommodation form to the ODS in order for the accommodations to be in effect. It is encouraged that students with disabilities discuss their needs with their instructors as soon as their accommodations have been approved. Should an instructor seem unfamiliar with the accommodations needed or hesitant to work with a student, the ODS staff will help facilitate or negotiate a request for specific accommodations.

**Disclosing Your Disability**

Typically, when disclosing your disability it is best to focus not on the condition itself, but how the condition impacts your education and what you need in order to be successful.

www.ods.txstate.edu— Current Students — Resources — Conversation
Game Design for Disabilities

Overall, video games are terrible at accommodating and incorporating gameplay for people with disabilities. Among the common deterrents are: font that’s too small and too long to read, inadequate sound icons and directional tools and insufficient audio or textile options. Some good games to model off are: Assassins Creed Origins, Detroit Become Human and Fortnite.

https://youtu.be/4NGe4dzlukc

Things People With Disabilities Wish You Knew

“People with disabilities date, and not always others with a disability.”

Avoid using controversial words, even if you think they’re positive. (inspiration, disabled)

We are all people.

Kids want to learn, don’t detour your kids if they’re inquisition leads them to someone with a disability. The earlier the better.

https://www.buzzfeed.com/watch/video/57021?

U.S. Department of Education Launches New Website Accessibility Technical Assistance Initiative

The U.S. Department of Education’s Office for Civil Rights (OCR) today announced it is launching a new technical assistance initiative to assist schools, districts, state education agencies, libraries, colleges and universities in making their websites and online programs accessible to individuals with disabilities.

WellCats Challenge: Summer Showdown

WellCats is the official Texas State wellness program, which draws on the wealth of expertise within our Bobcat campus community to offer various services and resources to help you improve your well-being. The ODS staff participated in their Summer Showdown and WON! As the pictures show, the ODS team did various exercises around the beautiful Texas State campus. Challenges included:

- Old Main: Climb up and down stairs 5 times.
- Texas State Memorial Garden: Hold 1 Minute Plank
- The Quad: Lunge walks through the whole length of the quad
- Bobcat Statue: Jog around statue for 1 minute
- Fighting Stallion: 10 jumping jacks
- Alkek Library: Climb the steps and strike a pose.
- LBJ Student Center: 10 squats
Welcome Back to Our New

Administrative Assistant II

Amairany Villa

A) How long have you worked with ODS?
I began as a student worker in the Fall 2014 semester. February 1st, 2018 was my first day of employment as a full time staff member with the office.

B) What responsibilities do you have with your position in ODS?
I am responsible for providing administrative and general clerical support to all staff members in our office. I supervise the Student Office Assistants as well as being the face of the office. If you walk in, you’ll see me!

C) What advice do you have for student success?
Since it is the beginning of the fall semester, I will provide tips to students preparing to embark in a busy semester. To avoid missing assignments, becoming overwhelmed, and/or getting stressed, I recommend to really sit down and get organized. There is not a single way of organization, find your own style and stick to it. This will save you lots of stress, you’ll be on top of your tasks and maybe you’ll be able to balance more.

D) What is your favorite thing about working with ODS?
I love helping people. I like watching students transform from newbie freshmen to successful upperclassmen. Being able to relate to the students we serve is extraordinary, since I was a student not that long ago. It is very rewarding being able to assist students first-hand, because I never imagined being able to do so in a professional manner.

E) What hobbies do you enjoy outside of the office?
I recently learned a quote by Albert Einstein, “The more I learn, the more I realize how much I don’t know.” This resonated with me because outside of the office, I love learning, whether it is by reading a book, watching YouTube videos, documentaries, etc. I love learning. Oh! Also, I enjoy spending time with my Pitbull/dalmatian mix pup, Maya.
Useful Campus Resources

* At primarily the San Marcos Campus

**Academic Support Services**

- **Academic Advising Offices**
  advising.txstate.edu

- **Student Support Services**
  http://www.sdi.txstate.edu/sss/ 512.245.2275

- **Student Learning and Assistance Center**
  Offers free tutoring to students
  txstate.edu/slac
  Aklek Library, 4th Floor  512.245.2515

- **The Writing Center**
  writingcenter.txstate.edu
  ASBN 100  512.245.3018

- **The Math Lab**
  math.txstate.edu/resources/lab.html
  Derrick Hall 233  512.245.2074

- **PACE MAC Academic Coaching**
  Connecting students to academic tools
  http://pace.txstate.edu/mac/
  Commons Hall, 2nd Floor  512.245.7223

- **Collaborative Learning Center**
  STEM tutoring for students
  http://hlsamp.cose.txstate.edu/clc/clc-tutoring.html
  RF Mitte #4205  512.245.7464

- **Tutor Corps**
  Free tutoring for veterans from veterans
  txstate.edu/tutorcorps/
  Alkek Library, 4th Floor  512.245.2515

**Additional Support Services**

- **Career Services**
  Free career preparation services
  careerservices.txstate.edu
  LBJ Student Center, 5th Floor (5-7.1)  512.245.2645

- **The Counseling Center**
  Free counseling services to students
  counseling.txstate.edu
  LBJ Student Center, 5th Floor (5-4.1)  512.245.2208

- **Attorney for Students**
  Legal services for students
  http://attorney.dos.txstate.edu/
  LBJ Student Center, 5th Floor (5-1.5)  512.245.2370

- **Financial Aid and Scholarships**
  Office of financial aid services on campus
  finaid.txstate.edu
  J.C. Kellam, 240  512.245.2315

- **iTAC**
  Information Technology Assistance
  tr.txstate.edu/itac.html
  Math Computer Science (MCS), 2nd Floor
  512.245.4822

- **Bobcat Bond**
  Request a peer mentor
  studentsuccess.txstate.edu/programs/bobcat-bond.html
  RMP Center for Student Retention  512.245.5500