INSTITUTIONAL REQUIREMENT  1 Hour

______ US 1100: University Seminar (1-Hr Open Elect. if Exempt)

PROFICIENCY: Foreign Language
If two years of the same foreign language were not completed in high school, students must complete two semesters of the same foreign language at the college level to meet proficiency requirements.

______ Foreign Language Proficiency

MAJOR: Health and Wellness Promotion  34 Hours
A 2.25 Major GPA is required to graduate, which includes all Major, Concentration, and Internship coursework.

______ H ED 1320: Introduction to Health and Wellness Promotion
______ H ED 2340: Community Health
______ H ED 3315: Statistical Analysis and Interp. In HWP (WI)
______ H ED 3350: Consumer Health
______ H ED 4336: Theoretical Fond. of Health & Wins. Prom.
______ H ED 4640: Community Health Prog. Planning & Eval. (WI)

Health Education Electives
Select any four courses from:
- H ED 1310: Foundations of Personal Health
- H ED 2338: Contemporary Issues in Drug Prevention
- H ED 3301: Environmental Health Issues
- H ED 3348: Prevention of Disease
- H ED 3380: Sexuality Education
- H ED 3374: Inter-professional Service Learning in Global Health
- H ED 3376: Worksite Health Promotion
- H ED 4347: Independent Study in Health and Wellness

SUPPORT COURSES  19 Hours

______ BIO 2430: Human Physiology & Anatomy
______ CIS 1323 or CS 1308: Intro. to Microcomputer Applications
______ ENG 3303: Technical Writing (WI)
______ PSY 3350: Behavior Modification (WI)
______ MGT 3303: Management or Organization OR
______ MKT 3343: Principles of Marketing
______ NUTR 3362: Nutrition and Health OR
______ NUTR 3364: The Science of Nutrition and Exercise

MINOR  18-24 Hours
A 2.0 GPA is required within a Minor to graduate. See Advisor, Degree Audit, and Undergraduate Catalog for Minor options and requirements.

A Minor in Health & Wellness Promotion may not be selected.

INTERNESHIP: Health and Wellness Promotion  6 Hours
A 2.25 Major GPA is required to graduate, which includes all Major, Concentration, and Internship coursework. All coursework must be completed before the internship experience.

______ H ED 4660: Internship in Health and Wellness Prom. (WI)

SEE REVERSE SIDE FOR ADDITIONAL PROGRAM INFORMATION ➔
HEALTH AND WELLNESS PROMOTION

PREREQUISITES
Regardless of catalog year, students will be held to current academic policies and course prerequisites which are subject to change. Prerequisites for College of Education programs can be found on the College of Education Undergraduate Advising Center website:
http://www.education.txstate.edu/advising/Registration-Guide-to-Current-Prerequisites.html

H ED 4660: INTERNSHIP IN HEALTH AND WELLNESS PROMOTION
• Participation in the on-going work of an official and/or voluntary health agency
• May only be completed during the Fall or Spring semesters, and is the only class taken during a student’s final semester of matriculation
• All other required courses for the degree must be completed prior to the internship
• Students are required to take both H ED 4100 and H ED 4640 the semester prior to enrollment in H ED 4660
• A member of the Health and Human Performance faculty will supervise this unpaid internship
• 480 hours at an approved site must be completed
• This course is writing intensive and will include online assignments throughout the semester as well as a semester-long project
• Up-to-date CPR certification is required
• Students must attend an organizational meeting at the beginning of the semester prior to the semester of enrollment in H ED 4660
• The internship admission and site selection process will be described at the organizational meeting

IMPORTANT NOTES
• Completion of an approved Minor is required for graduation in this program (cannot minor in Health & Wellness Promotion)
• The H ED 4660 Internship in Health and Wellness Promotion must be completed at an approved site
• Transportation and/or financial challenges are not justification for the Internship requirement to be waived
• H ED 4640 Community Health Programming Planning and Evaluation should be taken concurrently with H ED 4100 Professional Development in Health and Wellness Promotion the semester immediately prior to the Internship
• Regardless of catalog year, students will be held to current academic policies and course prerequisites that are subject to change
• Many H ED courses have limited enrollments and are offered on a rotational basis (Fall only or Spring only, etc.)

Students are responsible for knowing and fulfilling all University, College, Major, and Certification requirements and should refer to the Texas State Undergraduate Catalog for additional information. Students are also encouraged to consult with Academic Advisors to ensure thorough understanding of all degree and graduation requirements