The core curriculum requires 42 hours, which includes courses in Communication, Mathematics, Life and Physical Sciences, Language, Philosophy, and Culture, Creative Arts, American History, Government/Political Science, Social and Behavioral Sciences, and Component Area.

Support courses include 4 hours for BIO 2430: Human Physiology & Anatomy.

Proficiency in a foreign language is required, and students must complete two semesters of the same foreign language at the college level.

Institutional requirement includes 1 hour for US 1100: University Seminar (1-Hr Open Elec. if Exempt).

MINOR: Minor or Second Teaching Field requires 18-24 hours, including a 2.5 GPA within a Second Teaching Field or a 2.0 GPA within a Minor.

MAJOR: Exercise and Sports Science requires 60 hours, with a 2.5 Major GPA required to graduate, and all Major coursework must be completed with a grade of 'C' or better.

Courses below require a 2.75 Overall GPA and Junior Classification:

- Education Core
  - [Semester One]
    - CI 3325: Adolescent Growth and Development
      (Prerequisite: Junior Classification)
    - CI 4332: Secondary Teaching: Curriculum & Technology
      (Prerequisite: Education Core)
  - [Semester Two]
    - CI 4343: Instructional Strategies for Secondary Teacher
    - CI 4370: Classroom Mgmt, Ethics, Legal in Secondary Ed
    - RDG 3323: Teaching Reading in the Content Areas
    - RDG 4323: Adaptive Physical Education (WI)
    - ESS 4624: Principles and Practices of Teaching PE
    - ESS 3317: Exercise Physiology / ESS 3317: Lab
    - ESS 4337: Independent Study

In addition to the 2.75 Overall GPA and Junior Classification, the following courses require admittance to the Teacher Preparation Program prior to enrollment:

- Field-Based Block
  - [Semester Three]
    - EDST 3380: Student Teaching All-Level I EC-6/4-8
    - EDST 4381: Student Teaching All-Level II 8-12

Additional Degree Requirements: See Undergraduate Catalog for Residency, GPA, and Graduation with Honors requirements. Writing Intensive Hours: 9 Hours of designated Writing Intensive (WI) coursework must be completed in residence with Texas State. Important Note: See Statements of Understanding sheet for additional notes regarding course sequencing and program requirements.
ALL-LEVEL PHYSICAL EDUCATION CERTIFICATION

PREREQUISITES
Regardless of catalog year, students are held to current academic policies and course prerequisites, which are subject to change. Updated course prerequisites are listed in the Undergraduate Catalog online at: http://mycatalog.txstate.edu/

ADMITTANCE TO THE TEACHER PREPARATION PROGRAM
In addition to declaration of the major, students must apply and be admitted to the Teacher Preparation Program in order to enroll in Block coursework beyond the Education Core. Among criteria for admittance is a 2.75 minimum Overall GPA. The application and criteria for admittance are available on the Office of Educator Preparation’s (OEP) website: http://www.education.txstate.edu/oep/

TEACHER PREPARATION COURSE SEQUENCE
The Education Core classes may be completed alongside other degree coursework and provide the student with an introduction to the teaching profession. After completing the Education Core, students admitted to the Teacher Preparation Program become eligible to enroll in the Field-Based Block, referred to as a 'block' because of its integrated curriculum. The Field-Based Block provides students with the opportunity to gain classroom experience before the Student Teaching semester, prior to which all other coursework must be completed.

Once enrolled in the Education Core, students will need to apply through the ePortfolio system each semester for future block placements. These applications are not competitive but are reviewed on a first-come, first-served basis. Block applications are typically opened several weeks before the opening of advanced registration, with a late block application posted after registration has begun. Exact dates for block application availability are reviewed on a first-come, first-served basis. Block applications are typically opened several weeks before the opening of advanced registration, with a late block application posted after registration has begun. Exact dates for block application availability can be found on the Department of Curriculum and Instruction’s (C&I) website: http://www.education.txstate.edu/ci/. Once submitted, students will receive confirmation of their placement generally by the first day of early registration or, in the case of late block applications, as processed by the Department.

SEMESTER ONE:  Education Core (CI 3325, CI 4332) – Fall / Spring
Additional courses may be completed with the Education Core.
- Students should have completed most of their Core Curriculum, Support, and Major courses before enrolling in the Education Core
- Students in the Education Core should apply to the Teacher Preparation Program and for placement in the next semester’s Field-Based Block

SEMESTER TWO:  Field-Based Block (CI 4343, CI 4370, RDG 3323) – Fall / Spring
Additional courses may be completed with the Field-Based Block. Field observation is required.
- In order to gain Student Teaching placement for the following semester, students in the High School Field-Based Block should follow instructions from the Office of Educator Preparation http://www.education.txstate.edu/oep/

SEMESTER THREE:  Student Teaching (EDST 4380, EDST 4381) – Fall / Spring
Student Teaching is taken alone in the final semester, after all other coursework has been completed. Field observation is required.
- To avoid having Student Teaching placement dropped, students must clear any Tentatives with the Office of Educator Preparation by the deadline
- Students must attend a mandatory Student Teaching Meeting at the start of the semester to review expectations, policies, and procedures
- Students should submit a Graduation Application online by the deadline stated on the Academic Calendar

ESS/PFW ACTIVITY COURSEWORK OPTIONS

TEAM SPORTS (1 credit-hour), select one:

ESS 1172 Beginning Field Sports
ESS 1117 Beginning Track and Field
ESS 1178 Beginning Volleyball

INDIVIDUAL SPORTS (1 credit-hour), select one:

ESS 1128 Aquatic Therapy
ESS 1176 Beginning Racquet Sports
ESS 1192 Beginning Balance and Tumbling

CONDITIONING ACTIVITY (1 credit-hour), select one:

ESS 1175 Beginning Jogging/Conditioning
PFW 1110A Beginning Aerobics
PFW 1110B Intermediate Aerobics
PFW 1115A Water Aerobics
PFW 1135B Aquatic-Conditioning

IMPORTANT NOTES
- School districts will conduct background checks for students enrolling in field experiences and Student Teaching and have the right to deny any person entry to schools based on those results. Discuss any concerns with the Office of Educator Preparation
- The Field-Based Blocks and Student Teaching semesters are unpaid experiences that take place at public schools outside of the Texas State campus and are integral requirements for graduation in this program. Students are responsible for obtaining transportation to school placements. Transportation and/or financial challenges are not justification for having these requirements waived or altered
- Reasonable and appropriate accommodations may be provided in field placements for students with documented disabilities who are registered with the Office of Disability Services. Accommodations cannot pose an undue burden to the University or the field placement. Students are responsible for disclosing disabilities and requesting accommodations as far in advance of the field placement as possible so that accommodations can be coordinated in a timely manner
- Additional GPA requirements (Overall, Texas State, etc.) may exist for registration and enrollment that varies by course
- Teacher Certification will be issued by the Texas Education Agency and is contingent upon graduation (completion of degree requirements including Student Teaching and awarding of degree by Texas State’s Registrar’s Office), passing score on required TExES exams, and certification application
- Physical Education teacher certification is not a requirement to coach in Texas public schools; students may consider selecting a major within their desired content area (i.e. Math, Biology (Life Science), History or Political Science (Social Studies), English, etc.) with teacher certification and declaring an Exercise & Sports Science or Coaching Athletics minor if permitted
- This program requires a Minor or Second Teaching Field of at least 18 hours; Certain Minors and Second Teaching Fields that require more than 18 hours may increase the total number of credit hours required for degree completion
- Many ESS courses have limited enrollments and are offered on a rotational basis (Fall only or Spring only, etc.)

Students are responsible for knowing and fulfilling all University, College, Major, and Certification requirements and should refer to the Texas State Undergraduate Catalog for additional information. Students are also encouraged to consult with Academic Advisors to ensure thorough understanding of all degree and graduation requirements.

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05/17/16 JK