

May 2015 Safety Statistics

During the month of June there were a total of 6 injuries involving employees. 2 of the 6 injuries resulted in Workers' Comp claims. Injuries consisted of: (1) fall and (1) laceration. 4 of the 6 injuries were accidents that consisted of (1) contusion and (3) strains.



Hot Weather Safety Tips

Summer is here and Texas temperatures are approaching 100 plus degrees it is a good idea to review heat stress related information.

Where: Outdoors in the sun Or indoors in hot rooms

When: Temperatures 90° or higher and humidity levels above 60 %

Prevention

The following are some tips to help reduce the risk of heat stress related injury

- Drink plenty of water, even if not thirsty
- Wear light-colored, light-weight, loose clothing
- Wear a wide brimmed hat or use an umbrella for shade
- If possibly arrange your work schedule to minimize exposure during the hottest part of the day
- Do not drink alcohol or beverages containing caffeine (coffee, tea, colas)

Fire Works Safety

The 4th of July is right around the corner. Here are some tips to keep you safe while shooting off fireworks..

- Never allow young children to handle fireworks
- Older children should use them only under close adult supervisions
- Anyone using fireworks or standing nearby should wear protective eyewear
- Never light them indoors
- Only use them away from people, houses and flammable material
- Only light one device at a time or maintain a safe distance after lighting
- Never ignite devices in a container
- Do not try to re-light or handle malfunctioning fireworks
- Soak unused fireworks in water for a few hours before discarding
- Keep a bucket of water nearby to fully extinguish fireworks that don't go off or in case of a fire.

Most Injured Body Parts

