
Ms. Edmondson, BHA, BSN, RN-BC has worked at the St. David’s Medical Center for 5 years where she started out as a Patient Care Technician on the Telemetry floor. After graduating from the St. David’s School of Nursing at Texas State University, she became a staff nurse on the Telemetry and the Intermediate Care Unit. She has worn a lot of hats on her unit as she was a preceptor and charge nurse within the year of her graduation. Most recently, she is the Nurse Manager of the Progressive Care Unit (PCU).

In her role as the Nurse Manager of the PCU, she implemented a Graduate Nurse on-boarding program that helped reduce new nurse turnover on the PCU from 17% in 2016 to 0% in 2017. Through this program, she has been able to better understand the new generation of nurses who are graduating from nursing school and increase their engagement as first-year nurses.

Realizing that resources were lacking for the first-year nurse, she decided to write a book based on real-world experiences with three different perspectives in mind: the graduate nurse, the nurse preceptor, and the nurse manager. All of these are roles she has recently played and understands very well. By drawing on her first hand experiences, WWFD aims to set up the new graduate nurse for success in a practical and relative way that connects with a very complex generation.

To order a copy of Mrs. Edmondson’s book, or for great nursing content, visit Amazon.com or Nurseology.

(continued on next page)
A Real-World Guide to Surviving Nursing Orientation

by Rachel Edmondson, BBA, BSN, RN-BC

You've passed your NCLEX, survived your first interview, and just landed your first nursing job! Now what? This new grad RN survival guide was written to help you navigate your first nursing orientation. From what to expect on your first day to surviving your first code blue, WWFD aims to help you navigate the reality shock as you transition from nursing student to bedside RN.

Among other things, you will find advice on how to give an effective hand-off report, cluster your care, efficiently complete up to five patient assessments in less than three hours, and learn how to page a physician like a BOSS.

Using humor and practical real-world nursing experience, this short and sweet book aims to take you from new nurse to Florence Nightingale status in less than three months!

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