Impact Statement 2015-2016

The mission of the Texas State Student Health Center is to provide high-quality health care and health education that meets the needs of Texas State Students.

Services Provided

- Primary Care
- Women's Health
- Travel Health
- Psychiatry
- Sports Medicine
- Laboratory Tests
- X-Rays
- Pharmacy
- 24 Hour Ask A Nurse Service
- Health Promotion Services

Total Patient Contacts: 32,132

- 22,381 Primary Care, Women's Health, Sports Medicine visits
- 6,062 Allergy, Immunization, Travel Health visits
- 1,136 Psychiatry Visits
- 21,788 Lab Tests
- 895 X-Rays
- 17,409 Prescriptions and OTCs
- 1,328 Ask A Nurse Service Calls
- 2,008 Flu Shots given

Top Reasons for Visits

1. Throat infections/Allergies/Upper respiratory infections
2. Anxiety/Depression/ADHD
3. Immunizations
4. Contraceptive services
5. Tuberculosis screenings
6. GYN problems
7. STI screenings
8. Urinary tract infections and symptoms
9. Allergy injections
10. Annual physical/GYN exams

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Immunizations
Contraceptive services
Tuberculosis screenings
GYN problems
STI screenings
Urinary tract infections and symptoms
Allergy injections
Annual physical/GYN exams

"There was zero judgment and everyone seemed happy to see me.”
- TX State Student

"I really appreciated the Pharmacy having the medication I needed so that I could pick it up and head home.”
- TX State Student

"I have a great relationship with my physician, which makes my treatment very effective. I feel very cared for by the nurses as well.”
- TX State Student

Student Health Center Building

- 25,000 Square feet
- Built in 2004 – when TXST enrollment was 26,306 compared to 37,979 today!
- 22 Exam rooms, 1 procedure room and 1 observation room.
- Lab, X-Ray and Pharmacy on site.

Health Promotion Services

Strives to help students succeed academically and personally by promoting health and creating a healthy campus environment at Texas State.

92% of students attending a presentation reported learning at least one positive health behavior.

15 Outreach Events
4,296 Students Reached
12,180 Condoms Distributed
40 Trained Peer Educators
6,107 Completed Think About It Online
371 Health Presentations
16,312 Students Reached

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SHC Employment = 108 Employees

- 6 Physicians
- 2 Psychiatrists
- 6 Nurse Practitioners
- 5 Registered Nurses
- 11 Nursing Staff (LVNs)
- 2 Medical Technologists
- 2 Pharmacists
- 3 Health Educators
- 51 Full Time Staff
- 31 Student Employees

Student Scholarship
Thanks to generous staff donations, the Health Center offers an annual $1,000 scholarship for Health Center student employees or children of staff members.

Patient Satisfaction Survey Results

- 91% Were seen within 15 minutes of their appointment time.
- 97% Always or frequently got an appointment when needed.
- 93% Were satisfied with their overall experience.
- 90% Understood their diagnosis and knew what to do if they did not get better.

Social Media
- 888 Users, 38% Increase
- 1,053 Users, 156% Increase

Over 600 new students participated in the summer social media giveaway.

SHC Advisory Committee
- 16 Student members
- 2 Faculty/Staff members

New Services This Year

Travel Health Clinic
Over 200 travel health visits were scheduled, including travel consultations to 36 different countries.

Long Acting Contraceptives
Nexplanon and IUDs are now options at the Health Center.

Public Health Leadership
Coordinated campus-wide response to potential health threats from Zika, Rabies and TB. Members of the Texas State University Alcohol and Drug Advisory Council and the Mental Health Advisory Council.

Academic Support
Internships/Preceptorships/Observation hours were provided for students in the following areas of study:
- Nurse Practitioners
- Pre-Pharmacy
- Clinical Laboratory Science
- Athletic Training
- Health Information Management

We’re not just in San Marcos...

Student Health Center Round Rock
1,675 Square feet in the Nursing Building.
276 Total patient visits.