



Round Rock Historical Landmark

TEXAS STATE UNIVERSITY

ST. DAVID'S SCHOOL OF NURSING

Nursing on the Rock



Volume 6

Summer 2014

Nursing Is...

"The trained nurse has become one of the great blessings of humanity, taking a place beside the physician and the priest."~William Osler, MD

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From the Director's Suite

Congratulations to our St. David's School of Nursing class of 2014! The 91 graduates were honored by faculty, family and friends at our annual School of Nursing pinning ceremony on May 10, 2014. Later in the day, the graduates participated in the Texas State University commencement ceremonies held on the main campus in San Marcos. The circle of life continues as we prepare to welcome the fifth BSN cohort this fall. Our academic standards remain high with admission of 100 well-prepared students and a new online orientation program developed to fit the needs of the newest generation of students. Students will still come to campus to meet their fellow students and get acquainted with the school.

In addition to the new BSN students, the second MSN cohort has already been admitted for fall. Forty bachelor's prepared registered nurses will enter the program to become Family Nurse Practitioners. These students are being prepared to meet the growing demand for primary care providers in the state and nation. Not only are they being taught to look at the best research evidence, they are being taught to listen to their patients. Patient engagement and participation in health care is crucial to solving the health crisis in the United States.

According to the Bureau of Labor Statistics Employment projections 2010-2020, the forces driving changes within health care are expected to create the need for 1.2 million new nurses by 2020. Our challenge is to educate the next generation of nurses in a

different way and at a higher level than the past generations of the nursing workforce. Just having a higher degree is not enough, a cutting edge curriculum has to accompany the degree. Courses on leadership, population health, evidence-based practice, geriatrics, and health promotion are key to changing the workforce.

What do you know about nurses?

Would it surprise you to know that nurses make up the largest component of the health care professions? Did you know nurses are the backbone of the health care system? Did you know that nurses have the most direct contact with patients? Did you know nurses are the number one most respected profession in the United States? Did you know nurses used to have independent practice during the early days of the profession? Did you know that modern nurses have always been concerned about public health—think Florence Nightingale and Clara Barton? Did you know that nurses have to have a strong scientific foundation for their practice? Did you know the research shows that patients have lower complication and death rates when cared for by a bachelor's prepared registered nurse? Did you know that only a little more than half of nurses in this country have a Bachelor's degree in nursing?

Did you know nurses tend to be invisible when it comes to having their voices heard?

Here is the good news, we can



turn this last statement around. We do it through implementing the recommendations in *The Future of Nursing: Leading Change, Advancing Health, and Transforming Nursing Education* (IOM, 2010). There are 3 million practicing nurses in the United States, enough to make their collective voices heard. Even though we form the backbone of the health care system, many in the public and other professions view nurses as the hand holders, the ones who care and comfort the patient. Certainly this is an important part of the role, but it is not the sum of our practice. Caring is necessary but not sufficient for the practice of nursing. The scientific foundation needed to critically analyze a situation and problem solve is not something readily discussed when thinking about the nursing profession, yet the rationale for transforming education lies primarily in the science of nursing. We cannot care and comfort without a strong scientific foundation. No longer can we sit

(Continued on page 2)

From the Director's Suite continued

back and say that it is acceptable to continue minimal preparation of critically important health care providers. As unpopular and uncomfortable as the conversation has been around this subject, we must raise our voices and use innovative methods to educate current and future nurses at the Bachelor's and higher levels of education. It has taken over 40 years for the profession to make this courageous statement and to recognize that not only in spite of, but because of the shortage of nurses, we must persevere. This statement is not meant to demean the associate degree prepared nurses but rather to illuminate the state of the science of nursing.

Missed cues and pieces of the puzzle lead to failure to rescue and patient death. Will the nurse that is at your side in the middle of the night recognize the cues and data indicating you need to be rescued? Does the nurse have the knowledge and ability to identify and relay to the physician the critical data needed to make decisions? Do they have the leadership skills to advocate for the patient and make this sometimes difficult call in the middle of the night?

Nursing is a demanding, fast paced profession requiring the best and brightest. Today's nursing students not only study the humanities and sciences, but health care policy and informatics. Managing data is key to decision making and how they can affect change in the health care system. In order to know the best evidence to bring to a situation, the nurse must know how to retrieve and analyze the evidence. If that is not enough, nurses must view themselves as leaders in order to affect change. One change we can make is to expand our scope of advocacy from the individual patient level to the profession. As our educational base expands, we will find more of our voices being raised to help change healthcare. The art of persuasion is truly a skill that successful leaders have learned and they often do this through the art of storytelling. People, including policy makers, want to hear stories about the impact of health care policy on individuals---how does it play on main street not just in a theoretical scenario. Teaching nurses to take a stand on a position and challenge others to act upon it in a compelling manner is a skill that when mastered can open doors.

While what I described may seem daunting, let it inform not frighten you. Let this message give you confidence that the faculty here at Texas State in the St. David's School of Nursing are committed to preparing the nurse you want to see in your hour of need. We welcome our nursing friends and alumni to share with us how you use advocacy to affect change.

There is only one way to avoid criticism: do nothing, say nothing, and be nothing. --Aristotle

Marla Erbin-Roesemann PhD, RN
Director, St. David's School of Nursing
Associate Dean, College of Health Professions

'Manikins' to Simulate Crisis Events for St. David's Paramedic Students

Taken from Texas State University News Service 6/6/14 Press Release

High-tech 'manikins' from Texas State University were used to help train paramedic students from the EMTS Academy and St. David's Round Rock Medical Center Paramedic Program on June 14.

The students participated in six life-like scenarios using the high-fidelity manikins from the St. David's School of Nursing Simulation Lab. On most other days, the manikins can be found lying in hospital beds. The manikins have the ability to talk, exhibit rise and fall of the chest to simulate breathing, have heart and lung sounds and can accommodate an array of emergency procedures.

To provide a real world environment for the paramedic students, these manikins were placed in settings similar to what EMS personnel encounter. For example, one manikin was lying on the floor in a cramped bathroom with no lighting in the nursing school's home care unit to simulate a heroin overdose in an apartment with no electricity. Another patient was found lying on the floor of the nursing building lobby having just "fallen" from a 20-foot ladder and suffering a spinal injury. The paramedic students had support from other advanced EMT and EMT students to make the simulations progress as true to reality as possible.



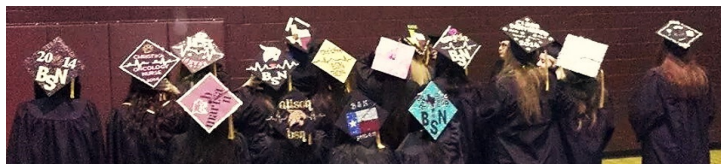
This is the second year that the nursing school and EMTS Academy have collaborated to hold the simulation lab day. The six scenarios were developed by EMTS Academy Director Matt Nealand and nursing school simulation lab staff members Tiffany Holmes and Ryan Douglas. "The best way to learn is to actually do it. The second best way is to simulate it," said Nealand. "Working with the School of Nursing Simulation Lab allows us to create realistic critical airway training for our paramedic students and prepares them for their internships this summer."

BSN Program**Ms. Lynn Heimerl, M.Ed****Admission & Retention Coordinator**

Following a national trend, the 2014 New Student Orientation for our incoming 100 juniors will have a new twist this August. Instead of having a 2-day orientation, we are pairing it down to one day and adding an online component. The big change is that incoming juniors will read and test on the Student Handbook online. In previous orientations faculty members have presented the Student Handbook and facilitated discussions and answered questions.

Also new this year are activities designed for incoming juniors to team build in small groups. For example, students will participate in a scavenger hunt that will take them throughout the Nursing Building, first floor of the Avery Building and the campus grounds. The planning committee created this activity to help students to get to know one another and have fun while learning where resources and facilities are located on the Round Rock campus.

Interested in learning more about the Bachelor of Science in Nursing and Master of Science in Nursing programs? Click [HERE!](#)

A New Wave of RNs Heading Your Way!

We were very proud to see our third class of Nursing students march across the stage to receive their Bachelor of Science in Nursing degrees at the Spring 2014 Commencement held on May 10, 2014. Ninety-one graduates will take their next major step toward their nursing careers when they take the NCLEX exam, the passing of which will earn them the RN license. **Congratulations, Class of 2014!**

**Nursing Honor Society Inducts New Members**

The Nursing Honor Society inducted 29 members on April 23, 2014. Membership is by invitation to baccalaureate and graduate nursing students who exhibit distinction in scholarship and to nurse leaders displaying exceptional achievements in the nursing profession.

It is exciting to have a growing body of our Nursing students and Nursing professionals continue to carryout the vision of the Nursing Honor Society of creating a global community of nurses who lead using knowledge, scholarship, service and learning to improve the health of the people of the world. To learn more about this organization, click [HERE](#).



Front row, L to R: T. Beattie, L. Walker, E. Miller, T. Peterfia, M. Canon, Z. Cameron, J. Alegria, R. Haddock, M. Vela, B. Harper, G. Halverson. **Back row, L to R:** C. Kilgore, E. Hay, T. Hall, J. Moore, C. Blankenhorn, G. Brown, B. Rios, H. Bennett, E. Baker, L. Graham, J. Robertson, A. Sudac. **Not pictured:** K. Anderson, M. Brewer, C. Cadoul, B. Raine, R. Urlick, and L. Winkler.

NURS 4280: Community Health Nursing Giveback Project to the Community of Upper Boggy Creek

By Susan England, PhD, RN, Clinical Associate Professor

Clinical Assistant Professor Alisha Johnson's Community Clinical group that consisted of senior nursing students Kristin Bancook, Megan Brewer, Madeline Canon, Isabel Coverdale, Jessica Moore, Shelly Mouser, Timea Peterfia, Jenna Roeder, Dana Smith, and Rachael Urick (pictured in the top right photo) had the privilege of being assigned the Upper Boggy Creek Community for their Community Assessment and Community Giveback. By conducting an assessment of Upper Boggy Creek, the clinical group assessed and evaluated the needs of the community to tailor their giveback to specifically address the identified needs.

Upper Boggy Creek is a unique, diverse community that offers artsy and youthful character to the city of Austin, Texas. The Upper Boggy Creek Community consists of four neighborhoods: Cherrywood, Blackland, Wilshire Wood/ DelWood, and Rogers/Washington/Holy Cross. The neighborhood associations of this community are comprised of passionate residents who are willing to stand up for their neighborhoods. Blackland has a specific cause of its own: opposing gentrification of the neighborhood and advocating for affordable housing.

Historically, the Blackland neighborhood has faced many adversities. In 1927, racial segregation efforts in the Austin master plan forced African American residents to move east of downtown. As the University of Texas (UT) pursued eastward expansion, Blackland residents were forced out of their homes and more than 25 homes were destroyed. In an effort to defend its boundaries and preserve the integrity of their neighborhood, Blackland residents formed the nonprofit Blackland Community Development Corporation (BCDC),



with the sole purpose of actively countering UT's development plans and building affordable housing for residents. After a 12-year battle between BCDC and UT, a compromise was reached and UT donated and moved several homes east into the new Blackland boundaries.

The BCDC is a non-profit, 501-C-3 corporation serving the Blackland Neighborhood. The services that the BCDC provide to struggling families and the homeless include: affordable housing, eliminating gentrification, providing transitional housing and case worker support, building and maintaining community gardens, and deliv-



ering donated foods and flowers to families in need within the community. In addition to the services provided to struggling families and the homeless, BCDC also provides housing to adults with disabilities and mental illness, as well as the elderly. BCDC runs the Fannie Mae Stewart Community Conservatory, which offers activities for children, healthy cooking classes, exercise programs, and a community garden from which residents can obtain fresh produce as well. With the help of city funding, BCDC owns and leases 47 homes to residents making less than 60% of the median income, 9 of which are for homeless families in transition. Since the program started in 1994, BCDC has helped over 178 families in transition get back on their feet. Due to the passing of Affordable Housing Bonds, BCDC have been able to continue providing low-cost housing to families in need.

The Community Clinical group formulated the nursing diagnosis of "Readiness for



enhanced community coping related to limited resources as evidenced by community establishment of the BCDC to meet housing and community needs of low-income families and homeless population" for the Blackland neighborhood. The



clinical group concluded that the intervention of "contributing to children in the community to encourage interaction and community involvement" would best address the issue identified. To incorporate the intervention into the Community Giveback, the Community Clinical group partnered with BCDC and volunteered time to decorate the Fannie Mae Stewart Community Conservatory in preparation for the community's Easter celebration. On April 11, 2014, there were more than 40 volunteers, including teachers, local community members, and the TX State University St. David's School of Nursing Community Clinical group who helped prepare for the Easter celebration. Men moved the shed, and the nursing students decorated the community center. Easter baskets, decorations, eggs, and candy were donated for the children of the Blackland Community in preparation for the BCDC Easter Egg Hunt and Party at the conservatory. Through the efforts of the BCDC and volunteers, more than 75 children in the Blackland area celebrated Easter.



St. David's School of Nursing Alumni SNAP Presentation

By Marylyn Kajs-Wyllie, MSN, RN, APRN, CCRN, CNRN, Clinical Associate Professor

Molly DeLbosque, RN, Austin Gisclair, RN, Kathy Palm, RN, Allison Hansen, RN, and Katie Amsbaugh, RN, our past graduates from 2013, showed their professionalism and commitment to excellence with their Best Practice Presentation held on May 14, 2014 at St. David's Institute for Learning, Austin, Texas. These new RNS who are employed at St. David's HealthCare Hospitals in Central Texas upon hire participated in the Specialty Nurse Accelerated Program (SNAP) at St. David's HealthCare which is an elite training program designed assist with the transition from new nurse to professional nurse and to rapidly advance the careers of graduate nurses.

St. David's HealthCare SNAP Fellowship Program offers a variety of SNAP Fellowship options, to address the different specialized areas of nursing care. The fellowship occurs after the Immersion Residency (orientation). It is a 6-month program with a series of educational and clinical experiences developed to help nurses excel as they transition into a specialty nursing practice. The fellowship incorporates specialty curriculum, classes and clinicals, professional growth, evidence-based practices, and interdisciplinary collaborations. This unique fellowship promotes and develops evidence-based best practices in nursing specialty areas including:

- Emergency Nursing
- Critical Care Nursing
- Medical/Surgical Nursing
- Neurological Nursing
- Rehabilitation Nursing
- Neonatal Intensive Care Nursing
- Perioperative Nursing
- Labor and Delivery Nursing

SNAP Fellows are full-time employees who are supported and mentored while transitioning from new nurse to professional nurse. The SNAP Fellowship is committed to enhancing the new nurse's clinical skills as well as promoting the development of professional and confident nurses. St. David's HealthCare looks forward to working with SNAP Fellows during and long after their fellowship has ended. Through SNAP, nurses quickly improve their clinical skills, advancing from beginner toward expert in a fraction of the time it takes in a typical hospital setting. This is accomplished through experiential learning with an interdisciplinary team that includes:

- Clinical simulations
- Off-site rotations
- Clinical rotations
- Case studies
- Mentoring with Clinical Coaches
- Development of Emergency Cardiac Care Skills (ECC), including Advanced Cardiac Life Support, Trauma Nursing Core Course, Pediatric Advanced Life Support.

The presentations were attended by Clinical Associate Professor Marylyn Kajs-Wyllie, MSN, RN.

These new RNs all verbalized how Texas State University's St. David's School of Nursing helped prepare them to professionally speak and incorporate evidence-based knowledge into their practice.



From L to R: M. Kajs-Wyllie, A. Gisclair, M. DelBosque, K. Amsbaugh, A. Hansen, K. Palm

SON ALUMNI PRESENTATIONS:

"ICU Orientation Manual" - Molly DelBosque, RN

"Chest Pain Health Stream" - Austin Gisclair, RN

"EMS Tracking—Where Do We Go?" - Katy Palm, RN

"Lab Reference Sheet" - Katie Amsbaugh, RN

"POU Uniformity" - Allison Hansen, RN

When Disaster Strikes

By Susan England, PhD, RN, Clinical Associate Professor

You are working in the local emergency department when a tornado warning is issued. The power goes out and the back-up generator kicks on. The internet is down and your charting software server is in the process of being reset. Your IT department does not know when it will be back on-line. You implement the "Computer Down-Time" packets and will need to use hard copies of patient charts.

This was the scenario for the disaster simulation on Saturday, April 12, 2014, developed by Matt Nealand, B.S., EMT-LP, EMS Program Director from the EMTS Academy and Susan England, PhD, RN, Clinical Associate Professor from the St. David's School of Nursing, both of which are located at Texas State University in Round Rock.



Mr. Nealand said, "We want to help build the relationship between the School of Nursing and EMS students and see this drill as an opportunity to get our students working together in a simulated disaster/mass casualty situation." Ninety-one nursing students portrayed nursing staff working in a small Emergency Room/Department when a tornado struck near the hospital. They delegated assignments, determined what to do with patients in the Emergency Department prior to the arrival of victims, and set up stations. EMTS Academy students portrayed First-responders who were bringing in victims from the disaster site or role-played as victims. The nursing students were evaluated on their ability to anticipate some of the problems that can occur and prepare for them while triaging and managing patients. Faculty from both schools supplemented and oversaw the simulation.

Challenges, as may be experienced in a real disaster, included a patient who was contaminated with a hazardous chemical and needed to be decontaminated prior to entering the Emergency Department, a patient who was a fellow nurse/friend and an infant in cardiac arrest brought in by a distraught parent. Students had to decide whether or not to attempt resuscitation on the child during a mass casualty incident where the number of victims outnumbered available resources. Along with these, there were multiple requests from police, EMS, families, and media outlets for information regarding patients and the injuries. Requests for additional staff were granted but there was a significant delay for them to arrive due to trees across the road, downed power lines and lack of phone service.

After a debriefing with all of the participants, many students reported this simulation was beneficial and offered that it should be repeated next year.



Nursing Students "Give Back" to Hutto

By Susan England, PhD, RN, Clinical Associate Professor

Class of 2014 Nursing students who were enrolled in NURS 4280 Community Health Nursing spent three days in Hutto gathering information to complete a community assessment during the Spring 2014 Semester. "We were all delighted to find the community warm, friendly and caring", stated Class President, Linda Harrison. The students visited various places in town, including: Hutto Fire Station, Police Department, Chamber of Commerce, Economic Development Corporation, public library, Goodwill, new YMCA, Hutto Food Pantry, County Commissioners' Office, two health clinics and several restaurants.

The students were impressed with Hutto's community spirit, as indicated by the resounding support of Henrietta Hippo, the town's mascot. Hutto ISD, many town businesses and private citizens display all sizes of painted hippos around town.

Upon completion of the community assessment, the students participated in a community give-back by gathering items for the Hutto Food Bank. These items were collected and delivered to the Food Bank, which is located at the Lutheran Church.

In addition, Amy Kingsley, group organizer, suggested the group donate a hippo decorated in Texas State University colors, to honor Hutto. Several students in the group painted a hippo with Texas State colors, and Cara Blankenhorn added the Rising Star, which is the Texas State University logo. This hippo was dubbed "Henry", and the group is dedicating him to the Hutto Chamber of Commerce. On the base is the declaration, "Texas State Nurses Love Hutto". These students would like to thank the Hutto community and its residents by saying a Hippo-sized. "Thank You!"



Front row, L to R: Danielle Kelley, Christine Cadoul, Erin Eaton, Karen Varteressian, Amy Kingsley, Cara Blankenhorn, Erika Alexander. **Back row, L to R:** Lauren Piller, Linda Harrison and Ryan Velasquez.

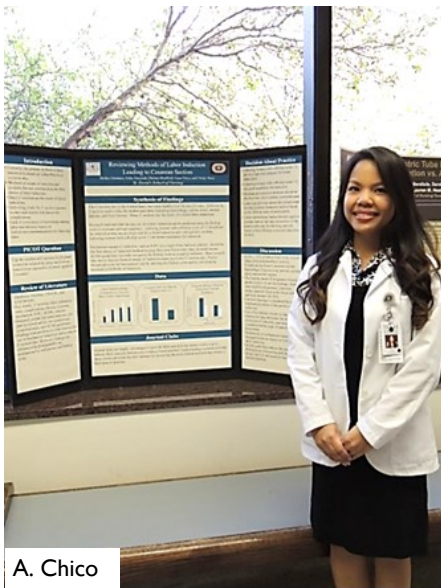


From L to R: A. Hale, C. Torti, A. Kingsley, L. Arevalo-Flechas, E. Miller, A. Chico, L. Nesbitt, A. Christian.

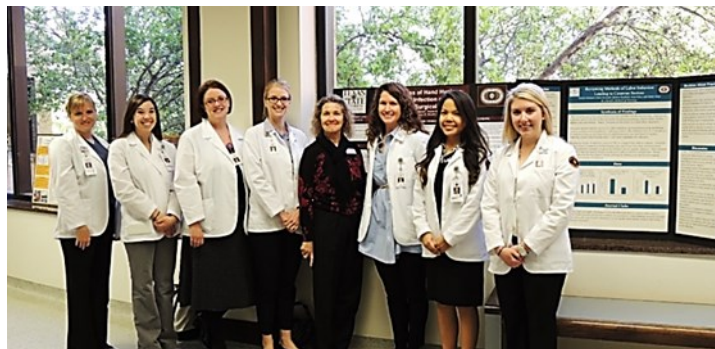
Nursing Students Present at the College of Health Professions Research Forum

Texas State's College of Health Professions (CHP) hosted its 8th Annual Faculty/Student Research Forum on April 8-10, 2014. As an opportunity to showcase the CHP's accomplishments, poster presentations reflecting research accomplishments of both faculty and staff were featured. The forum also included educational (literature review) projects primarily for undergraduates with poster presentations of topics in the students' respective fields of study. Presentations included:

- "Do Alarms Prevent Falls?"
- "Home or Hospital: Educating Youth with Diabetes"
- "Reviewing Methods of Labor Induction Leading to Cesarean Section"
- "Improving Aphasic Communication: The Importance of the Family Caregiver's Perspective"
- "Nasogastric Tube Placement: Auscultation vs. Aspiration"
- "Effectiveness of Hand Hygiene: Reducing Infection on the Medical-Surgical Unit"



A. Chico



From L to R: A. Hale, C. Torti, A. Kingsley, E. Miller, M. Kajs-Wyllie, A. Christian, A. Chico, L. Nesbitt

More Student Stellar Achievements

⇒ BSN student Joanna Patane was the College of Health Professions' recipient of the Presidential Upper-Level scholarship.

⇒ MSN student Kelli Pelzel, BSN, RN, was the recipient of the Texas State Graduate School Scholarship.

⇒ BSN student Jonathan Brewer and MSN student Cindy Minton were recipients of the Outstanding Academic Student Award at the College of Health Professions Student Awards Luncheon on April 25, 2014 (both pictured here with Dr. Erbin-Roesemann and Dean Welborn).



From L to R: M. Erbin-Roesemann, J. Brewer, R. Welborn



From L to R: M. Erbin-Roesemann, C. Minton, R. Welborn

Nursing Faculty Receives Recognition

Clinical Assistant Professor Rhonda Winegar. RN, MSN, FNP-C, CCRN, CPN, was honored by the Austin Advanced Practice RNs Association when awarded with their Excellence Award at the May 1, 2014 ceremony. Selection criteria included:

- ◆ Must be a current member of the Austin APN and recognized to practice as an APN in Texas.
- ◆ Serves as a role model for other APNs and the nursing profession in general. Demonstrates attributes of leadership, expertise, community visibility, evidence-based practice and integrity.
- ◆ Has made significant contributions to the improvement of care for individuals, families and/or communities.
- ◆ Nominated by colleagues, employers, or patients.

Ms. Winegar demonstrated just one of the reasons why she was selected when she donated the financial award that went along with this honor to the Capital Area Food Bank Alliance in the name of the Austin Advanced Practice Nurses Association. Congratulations, Ms. Winegar!



From L to R: Rhonda Winegar and Stephanie Agrella, RN, MSN, ANP.



Texas Nurses Association Gala

MSN-FNP Program Director Dr. Shirley Levenson, Assistant Professor Dr. Kim Belcik, and Student Nurses Organization President Ashley Carranza attended the Texas Nurses Association District 5 Gala on May 10, 2014 at the Hyatt Regency on Lady Bird Lake, Austin TX. The guest speaker was Norine Yukon, CEO of United Healthcare Community Plan of Texas. Also recognized during the Gala were the "Fabulous Five" nurses "who have made a significant difference to patients, peers, and the community. Honored for their demonstrated excellence in the art and science of Nursing, they are chosen for their leadership qualities, services to the community and significant contributions to the profession, along with their status as role models and compassionate caregivers." (taken from the TNA District 5's [website](#))

From L to R: K. Belcik, S. Levenson, A. Carranza

Nursing Faculty Earn CNE Designation

Dr. Kim Belcik, Assistant Professor, and Ms. Shawn Boyd, Clinical Associate Professor, each earned the designation "Certified Nurse Educator" (CNE) after meeting strict eligibility criteria and successfully completing a rigorous certification examination developed and administered by the National League for Nursing (NLN).

"The NLN's Academic Nurse Educator Certification program has conferred new visibility and stature upon the academic nursing community that is long overdue," said Dr. Beverly Malone, CEO of the NLN. "Through the certification program, we have made clear to the ranks of higher education that the role of nurse educator is an advanced professional practice discipline with a defined practice setting and demonstrable standards of excellence." In years to come, she added, it is hoped that certified nurse educators will command higher salaries and be first in line for promotions and tenure.

The newly certified nurse educators reflect the spectrum of their academic colleagues in the United States:

- 33 percent hold doctoral degrees; the remainder master's degrees
- 43 percent teach in baccalaureate or higher degree programs; 40 percent in associate degree programs; 5 percent in diploma programs; and 2 percent in practical/vocational nursing programs
- 28 percent hold the rank of assistant professor; 15 percent associate professor; 14 percent full professor
- 50 percent have more than ten years of full time employment experience as academic nurse educators

There are now more than 4,000 certified nursing educators in the continental United States. Many academic nursing programs in colleges and university settings have recognized the importance of the certification and encourage all eligible nursing faculty to become certified. With nearly half (42.8 percent) of nurse faculty projected to retire within the next decade and nearly three-quarters (69.7 percent) within 15 years, replacing them is of grave concern, to nursing and nursing education.



From L to R: B. Bell, A. Lacey, K. Dulay, J. Patane, J. Jesusa, B. Byrne, S. Menjares

SPIN Members Attend LeaderShape Institute

Student organization SPIN (Student Promoted Integration in Nursing,) attended the LeaderShape Institute, a six-day leadership workshop at the John Newcombe Ranch in New Braunfels, TX from May 19-24, 2014. This program is designed to prepare students for future leadership roles. SPIN participants included: Brent Bell, Bridget Byrne, Karen Dulay, Jelyne Jesusa, Amanda Lacey, Santos Menjares, and Joanna Patane.

Nursing Students Attend the National Student Nurses Association (NSNA)



From L to R: B. Biggan, M. Reeves, C. Hammond, L. Nesbitt

Mrs. Beth Biggan, Clinical Assistant Professor, took three of our Nursing students to represent the St. David's School of Nursing at the National Student Nurses Association (NSNA) annual convention in Nashville, TN in April 2014. Mrs. Biggan, Matthew Reeves, Christina Hammond (SPIN President), and Lauren Nesbitt presented the following research posters:

- "Student Nurses Immersed in Community Health Nursing with Vulnerable Population"
- "Taking Community Nursing to an International Level"
- "Home or Hospital: Educating Diabetic Youth"

Ms. Hammond was also interviewed by Johnson and Johnson (see left corner photo).



C. Hammond interviewed by Johnson & Johnson



From L to R: C. Hammond, M. Reeves, L. Nesbitt

Nurses Week 2014

The St. David's School of Nursing hosted its annual Nurses Day Celebration on Tuesday, May 7, as part of national Nurses Week, May 6-12, 2014. Activities included:



Dr. Erbin-Roesemann reading a proclamation from Round Rock Mayor Alan McGraw



Carolyn Jackson, RN, MSN, NE, CPN-BC, Director of Emergency and Acute Care Services at McLane Children's Baylor Scott & White Hospital, was named "Nurse of the Year" for her continued support and advocacy for our students at McLane Children's Hospital.



Student poster presentations



Dr. Ruth Welborn, Dean of the College of Health Professions, views a student poster presentation.

Many thanks to local vendors who contributed to the success of this event with treats and door prizes: University Federal Credit Union, Wells Fargo Bank, Mary Kay Cosmetics, Las Brisas, Zoe's, Starbucks, and Cassie Haines.



Dr. Erbin-Roesemann and Dean Welborn unveils the Class of 2014's framed and signed scrub top and group photo.

Student Nurses Organization

-Katie Pritchett, SNO Historian/Public Relations, Class of 2015

The Student Nursing Organization (SNO) is a professional organization that allows nursing students to enhance their community involvement and professional development. SNO at Texas State a nationally recognized chapter of National Student Nursing Association (NSNA) and Texas Student Nursing Association (TSNA). Organized and run by nursing students, SNO provides future RNs the outlet to discover and express their "nursing superpowers" of being a nurse! The new SNO officers of 2015, lead by Ashley Carranza, are revamping the organization by providing fun events for members all year long. From serving dinner to the Texas Baptist Children's home, to resume workshops, to running in community 5ks, SNO offers a variety of fun, interactive opportunities for its members. Meetings are the 2nd Wednesday every month. Each meeting will host a guest speaker from different fields of nursing: Flight nurse, Intensive Care Unit, Operating Room, Hospice, and more! We will even have the flight nurse land the helicopter at the school! I encourage Juniors to sign up so they can be part of such an exciting year.

If you would like additional information about SNO, email Katie Pritchett at knp18@txstate.edu



From L to R: K. Pritchett, J. Ermis, A. Bizzell, S. Zipper, R. Melton, A. Carranza



From L to R: N. Bronson, M. Abrahams, A. Reed, A. Franco, A. Munoz, R. Nading

Nursing Students Receive Round Rock ISD Mentor Award

Nursing students were honored by the Round Rock Independent School District on May 22, 2014, as one of the recipients of their "2014 Mentor of the Year" award for their outstanding work as mentors to Caldwell Heights Elementary School students. According to the Round Rock ISD, "This school year, the number of officially recorded volunteer hours totaled 234,152. Tabulated at the current nationally accepted rate, that amounts to \$5.3 million in volunteer time benefiting Round Rock ISD students, teachers, and families!" Our congratulations and thanks for their time contributions to: Jenna Roeder, Amanda Lacey, Maria Vela, Bridget Byrne, Jonathan Brewer, Ashley Carranza, Molly Bishop and Madeline Canon.

Paws for a Cause Update

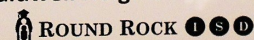
Congratulations to all who participated in the March "Paws for a Cause" fun run. As a result of this good work, our Nursing students were able to purchase 122 pairs of shoes and 200 pairs of socks to give to area Round Rock ISD children in need.

St. David's School of Nursing: Texas State University



Texas State University nursing students volunteer their time at CHE to provide support for students. They are excellent role models for CHE students. They assist with academics, as well as social/emotional support.

2014 Mentor of the Year
Caldwell Heights Elementary



Nursing Students Extend A Helping Hand

One of the friendly residents at Austin Resource Center for the Homeless got an apartment but did not have any personal belongings to put in it. On May 8, 2014, Anna Chico, Ryan Velasquez, Katie Blanchard, and Julia Henson coordinated efforts to collect household goods and furniture from graduating seniors who were moving. Among the items collected and delivered were dishes, kitchen utensils, a bed, dining room table and chairs, an entertainment center, a desk, a dresser, a blender, a coffee pot, clothing, towels, and linens.



From L to R: R. Velasquez, A. Chico and K. Blanchard

Nursing Faculty/Staff Achievements

AWARDS & RECOGNITIONS

Dr. Kim Belcik, Assistant Professor, and **Ms. Shawn Boyd**, Clinical Associate Professor, each earned the designation "Certified Nurse Educator" (CNE) Click [HERE](#) to read more!

Dr. Lyda Arévalo-Flechas, Assistant Professor, was honored, along with 20 other healthcare professionals by Morningside Ministries in San Antonio, TX on March 28, 2014. This is a recognition for contributions to the development and success of mmLearn.org, an online training and education program that improves the quality of care received by older adults. To watch her presentation, "Caregiving as Seen by Latino Caregivers", click [HERE](#).

Dr. Susan England, Clinical Associate Professor, received her PhD from the Texas Woman's University-Denton on March 25, 2014. Her dissertation is entitled, "Experiences of Homeless Vietnam Veterans in Deciding to Access or Not Access Health Care".

Dr. Susan Rick, Associate Professor, **Ms. Rhonda Winegar**, Clinical Assistant Professor, and **Ms. Alisha Johnson**, Clinical Assistant Professor, won 2nd place at the College of Health Professions Research Forum for their poster presentation on bed bug research.

Ms. Rhonda Winegar, Clinical Assistant Professor, received the Austin APRN Association's Excellence Award. Click [HERE](#) to read more.

PRESENTATIONS AND CONFERENCES

Dr. Lyda Arévalo-Flechas, Assistant Professor, presented "Don't Leave Us Out Civic Literacy: Older Mexican-American Women and Cervical Cancer Screening" at Sigma Theta Tau International's 25th International Nursing Research Congress in Hong Kong, China on July 25, 2014.

Dr. Lyda Arévalo-Flechas, Assistant Professor, was invited to speak at the first Texas Respite Summit, sponsored by the Texas Department of Aging and Disability Services, on June 12, 2014 in San Marcos, TX.

Ms. Sarah Guy, Clinical Assistant Professor, made a presentation to the St. David's School of Nursing faculty during the Spring 2014 Semester entitled, "Indirect vs Direct Assessment of Instructional Effectiveness".

Dr. Tiffany Holmes, Coordinator of Simulation Laboratories, made two presentations at the International Meeting on Simulation in Healthcare SimOps Conference in January. The presentations were entitled, "Overview of Operational Management Systems: Supplies, Scheduling and Video" and "Organizing the Chaos: Utilizing Standardized Forms".

Dr. Tiffany Holmes, Coordinator of Simulation Laboratories, and **Ryan Douglas**, Simulation Laboratories Information Specialist, made two presentations at the Laerdal Simulation Users Network (SUN) National Conference on April 2, 2014. The presentations within the Technology in Simulation track were entitled, "Simulation Center Technology" and "Technology in Operations".



From L to R: T. Holmes and R. Douglas

SERVICE

Dr. Tiffany Holmes, Coordinator of Simulation Laboratories, and **Ryan Douglas**, Simulation Laboratories Information Specialist, provided multiple tours during the Spring 2014 Semester to high school student groups (Bastrop HS HO-SA group, Lake Travis HS Health Science Class, Education Talent Search participants), prospective students attending the Nursing information sessions, members of the Leadership Round Rock group and potential Texas State University donors. Tours are provided on the 2nd Friday of the month at IPM. Interested participants can sign up online on the simulation department website (click [HERE](#)).

Texas State's Physical Therapy students attended the simulation labs twice during the Spring 2014 Semester to utilize the manikins for study of the cardiac and pulmonary systems.

Ms. Rhonda Winegar, Clinical Assistant Professor, taught several continuing education unit (CEU) classes on hemiparetic upper extremity positioning for nursing and therapy staff at St. David's Main throughout the month of June. The classes are being offered as an educational roll out for Ms. Winegar's research project that she will be performing at St. David's called, "Hemiparetic Positioning of Hemiplegic Patients". The research is evaluating functional outcomes prior to the implementation of the positioning program, and then after the implementation (with 3 months for each cohort to be evaluated). Functional outcomes of transfers from the bed, to the chair, to the wheelchair, upper and lower body dressing and toileting will be compared pre- and post-implementation of positioning program and training of the staff.

NURSING ALUMNI UPDATES

El Burley, BSN 2013 It's been a year since graduating and passing the NCLEX! During this time I got a job at NAMC in the OR, completed the SNAP / STaR programs, became a board member for Austin's District for Texas Nurses Association (TNA D5 - Director of Programs and Continuing Education), joined the leadership coalition for Central West Texas Region of Texas Team, and became one of 20 chosen for the inaugural Nurses on Boards Initiative. It's been a busy year, and I'm loving every minute of it! Next year I hope to be starting graduate school. (6/23/14)

Matthew Frank, BSN 2012

I have been working at St. David's Medical Center ICU in Austin since graduation in 2012. I was recently accepted to Texas Wesleyan University in Fort Worth, TX for their CRNA program. I will begin in August 2014. I am looking forward to advancing my career and knowledge. Thank you Texas State University and St. David's Medical Center for helping me achieve my dream. (4/1/14)

Timea Peterfia, BSN 2014

I got hired by St. David's Medical Center in NICU. (4/17/14)

CALLING

ALL

ALUMNI!

LET US

KNOW

WHAT

YOU'RE

DOING!

Click [HERE](#) to complete the "Nursing Alumni Update Form" so that we can share your updates in future issues of *Nursing on the Rock*. It's a great way to stay in touch!

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