Barbara J. Sparrow, Ph.D.

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**Licensed Psychologist**

Full licensure granted in November, 2012

**Graduate Education:**

# Ph.D., Counseling Psychology, August 2002

The University of Texas at Austin

American Psychological Association approved program, scientist-practitioner model

Dissertation title: Coping resources and the development of persistent postconcussional syndrome after a mild traumatic brain injury

Dissertation Chair: Margaret Semrud-Clikeman, Ph.D.

# M.A., Educational Psychology, May 2000

The University of Texas at Austin

**Undergraduate Education:**

# B.A., Psychology, May 1995

The University of Montana, Missoula 1993-1995

Graduated with highest honors, Phi Kappa Phi Honor Society

## National Student Exchange Program, 1992-1993

The University of Hawaii at Manoa

Montana State University, 1991-1992

Presidential Scholarship

**APA Approved Internship:**

Aug. 2001- **Central Texas Veterans Administration**

Aug. 2002 Major rotations included:

**The Mental Health Clinic at the Temple VA** where I provided individual psychotherapy to veterans whose presenting problems ranged from PTSD to past sexual abuse to self-improvement. My minor rotation at the Temple MHC was in psychopharmacology with the senior staff psychiatrist.

**Triage/Consultation** during which I performed over 85 interviews and brief assessments resulting in DSM-IV diagnoses. Presenting problems included psychosis, suicidal ideation, and fitness for transplant surgery (among others.)

**Methodist Children’s Home, Waco** where I provided individual therapy and play therapy to children and adolescents. In addition, I performed psychological and achievement testing.

The **Waco VA Geropsychology** rotation consisted of testing for memory disorders, individual therapy to older clients, and participation in the daily activities of an inpatient ward. My minor rotation during this time was a specialty in Rorschach administration and interpretation.

Supervisors: Bruce Allen, Ph.D., Jim Parks, Ph.D., Randal Bolt, Ph.D., John Cooney, Ph.D.

**Relevant Work Experience:**

August 2008- **Lecturer – Texas State University**

Present Responsible for teaching four courses per semester, as well as advising and departmental service.

Courses taught: COUN 5305 – Assessment in Counseling

COUN 5354 – Basic Techniques

COUN 5366 – Intermediate Methods

COUN 5389 – Site Internship

COUN 5307 – Theories in Counseling

COUN 5689 – Practicum

COUN 5359 – Abnormal Human Behavior

COUN 5378 – Independent Study

August 2010- **Supervisor – Tejas Family Guidance Center**

Present Volunteer supervisor for intern and practicum trainees from

doctoral and masters-level programs.

January 2004- **Adjunct Professor – Texas State University**

May 2008 Taught EDP 5250--Basic Communication and Interviewing Skills. This experiential course emphasized “active listening,” person-centered reflection responses, empathy building, and information for beginning counselors. Sensitivity to diversity and each student’s own values and worldviews were regularly discussed.

Taught EDP 5207. This class was an experiential lab for the Counseling and Personality Current Theories. Students discussed the theories they had covered in lecture, practiced techniques and role-plays from each perspective, and watched videos. Sensitivity to diversity and each student’s own values were regularly discussed.

Taught COUN 5378/COUN 5354. This course was a combination of the above listed courses (COUN 5250 and COUN 5207.) Students practiced active listening and empathy building, discussed information necessary for beginning counselors, practiced techniques from different psychological theories, and were required to hold a 40-50 minute mock session demonstrating understanding of therapy from the perspective of their choice. Sensitivity to diversity and each student’s own values and worldviews were regularly discussed.

Taught COUN 5359 – Abnormal Human Behavior. This course focused on learning to observe and to assess clients presenting for counseling. Students learned to make a differential diagnosis, to do an initial intake, and to write an intake report. Students began to integrate theory with practice, and became familiar with the DSM-IV-TR.

May 2005 – **Adjunct Professor – St. Edward’s University, Austin**

August 2006 Oversaw the Practicum I and II courses, which included elements

of group supervision, treatment planning, and feedback about

students’ work at their individual practicum site. Also included on-line support and feedback.

December 2004- **Assessment for John Gould, PhD at San Marcos Treatment**

**Center**

April 2006 Administered IQ, academic, and personality measures to adolescents. Common instruments were WAIS-III, WISC-III, WASI, WIAT, MMPI-II, BASC-A, BDI-II, Sentence completion, Splitting Index, Disruptive Behavior Rating Scale, and Child and Adolescent Self Ratings. Completed diagnoses and full reports.

**Supervised Clinical Practica:**

Sept. 2000- **The University of Texas at Austin Group Practicum**

May 2001 Provided group therapy to a wide variety of student clients.

Conducted pre-group interviews with referred clients. Co-lead groups entitled *Defeat your self-defeating behaviors* (a semi-structured group providing psychoeducation, cognitive-behavioral interventions, and opportunities for unstructured group processing) and *Learning to love your looks* (a semi-structured group addressing body image concerns). Also co-lead a dynamically-oriented process group for older women students. Developed a manual for the semi-structured body-image group that was published by the UT Clearinghouse. Participated in a weekly seminar and observed a group led by supervisors.

Supervisors: Susan Ansorge, Ph.D., David Drum, Ph.D.

May 2000- **The Brown Schools of Texas, Oaks (Austin) and San Marcos**

Aug. 2000 **Treatment Center**

Administered neuropsychological and cognitive assessments to culturally diverse in-patient adolescents. Assessments included: WISC-III, WRAML, Short and Children’s Category Tests, WIAT, Finger tapping, Hand dynamometer, Finger localization, Children’s and Adult’s Trail-Making Tests, Aphasia Examination (sentence repetition, tokens, naming, controlled oral word association), Lafayette Grooved Pegboard, Stereognosis, and Beery VMI. Presenting problems included legal involvement,

alcohol and substance abuse, victims and perpetrators of sexual abuse, psychosis, suicidality, learning disability, and low IQ. Completed sixteen integrated reports.

Supervisor: Walter Harrell, Ph.D.

Aug. 1999- (**Southwest) Texas State University, San Marcos**

May 2000 Provided individual psychotherapy with clients from diverse backgrounds. Therapeutic issues included major depressive disorder, grief, dissociative disorder, eating disorder, adjustment disorder, impulse/anger management, self-esteem, domestic violence, and communication difficulties with parents, friends, and partners. Provided services to 6-8 clients on a weekly basis. Supervision included audio and videotape, as well as live observation. Attended group and individual supervision sessions.

Supervisors: Pam Moore, Ph.D., Scott Janke, Ph.D.

Aug. 1998- **Federal Correctional Institute at Bastrop, Texas**

May 1999 Administered projective, cognitive, and personality assessments to adult male inmates at a low-security federal facility. Assessments included Rorschach, MMPI-II, WAIS-III, NEO-PR, and BDI. Provided individual psychotherapy to culturally diverse inmate clients, whose presenting problems included PTSD, panic disorder, depression, and Axis-II diagnoses (most commonly Narcissistic and Antisocial Personality Disorders). Used videotape as a therapeutic tool. Presented to colleagues a case conceptualization and completed four integrative reports. Observed Psychopathy Checklist administrations.

Supervisors: John Rubel, Psy.D., ABPP, Ron

Nieberding, Ph.D.

**Related Work Experience:**

Jan. 1999- **Psychometrician for Kevin Groves, Ph.D.**

Aug. 2000 Administered cognitive and personality assessments to inpatient and outpatient adolescents and adults. Assessments included WAIS-III, WISC-III, WIAT, Rorschach, TAT, Bender Gestalt, and Woodcock Johnson.

Oct. 1995- **Gateway Domestic Violence Shelter, Billings, Montana**

April 1996 Began as a volunteer at the shelter, doing household work. Later completed training and was hired as a staff member. Duties included conflict mediation, intakes, and answering the crisis hotline. Observed the house support group.

**Research:**

**Dissertation Successfully Defended July 2002**

Title: Coping resources and the development of persistent postconcussional syndrome after a mild traumatic brain injury

* Prospective, exploratory examination of pre-morbid coping resources for participants who had recently suffered a mild traumatic brain injury (concussion). Original data collection.
* Recent victims of mild traumatic brain injury completed coping and postconcussional measures to determine if number and type of coping resources predicted symptoms at three month follow-up. Other health and contextual variables also were examined for predictive value.

**Graduate Research Assistant for Stephanie Rude, Ph.D.**

Title at the time of my involvement: A prospective study of cognitive vulnerability to depression

* Undergraduate participants completed measures of cognitive bias. A follow-up telephone interview was conducted 18 months later, using the Structured Clinical Interview for DSM (SCID).
* I was trained in SCID administration/coding and completed approximately 20 audiotaped interviews.

### Undergraduate Research Assistant, September 1994-May 1995

* Assistant in a research project examining malingering
* Administered Portland Digit Recognition Test, Short Categories Test, and Wisconsin Cart Sort to undergraduate volunteers, some of whom had been instructed to feign mild head injury

**Presentations and Publications:**

* Keynote speaker, Kaleidoscope of Counseling Conference, March 1, 2014. Title: Changes to and controversy surrounding the DSM-5
* As an invited lecturer at Middle Eastern Technical University in Ankara, Turkey, I gave lectures about diversity in counseling and assessment in psychology (May 2012).
* Sparrow, B. J. & Gacono, C. (2000). Appendix D: Selected psychopathy by subject . *The clinical and forensic assessment of psychopathy: a practitioner's guide*. (pp. 455-482). New Jersey: Lawrence Erlbaum Associates.
* Group therapy manual (*Learning to love your looks)* published by the UT Clearinghouse in 2001-2002
* Presentation of a “Food for Thought” (a weekly lunch hour presentation series for UT students) about body image issues and concerns.
* Presentation to Southwest Texas University Masters in Health Psychology students, November 14, 2000. Discussed the research and dissertation process and presented information about mild traumatic brain injury, postconcussional syndrome, and coping.

**Additional Educational Experience:**

* CE – Ethics for Texas Psychologists, 2013
* In September of 2005, attended a conference entitled “Teaching the Art of Case Conceptualization Using the ‘Case Conceptualization Grid’”
* In April of 2005, attended a conference entitled “Ethical Principles in the Practice of the Mental Health Professional in Texas”

**Professional Affiliations:**

* American Psychological Association (1997-present)
* Texas Psychological Association (1997-1999)