DECLARATION OF PROGRAM
Texas State University – College of Education Advising Center

Health and Wellness Promotion for Clinical Populations

Degree: Bachelor of Exercise and Sports Science (BESS)
Major: Exercise and Sports Science (ESS)
Concentration: Health and Wellness for Clinical Populations (HCP)
Catalog Year: ____________________________

Optional Minor: ____________________________

I understand that:

- The decision to change to a different major or program now or in a future semester will likely result in additional hours required for degree completion and delayed graduation and could potentially result in tuition for excessive attempted hours.
- An Overall GPA of 2.50 and a grade of ‘C’ or better in BIO 2430 Anatomy and Physiology are required prior to registration for and enrollment in certain courses.
- Grades of ‘C’ or better in HED 1320, 2340, and 4336 are required prior to enrollment in HED 4640.
- The HED 4660 Internship in Health and Wellness Promotion is a 480-hour unpaid experience that must be completed at an approved site during a long (fall or spring) semester. Transportation and/or financial challenges are not justification for this requirement to be waived.
- An Overall GPA of 2.50, grades of ‘C’ or better in HED 4100 and 4640, and completion of all other coursework is required prior to enrollment in the Internship.
- Internship options are limited and do not include Physical Therapy or Occupational Therapy settings.
- HED 4640 Community Health Programming Planning and Evaluation should be taken concurrently with HED 4100 Professional Development in Health and Wellness Promotion the semester immediately prior to the Internship.
- A 2.0 Texas State GPA and 2.25 Major GPA are required for graduation from this program.
- In order to graduate with honors, I must complete a minimum of 54 Texas State credit hours and earn a Texas State GPA of 3.40 or higher.
- Regardless of catalog year, I will be held to current academic policies and course prerequisites which are subject to change.

Additionally, I recognize that the ESS and HED courses in my major have limited enrollments and are offered on a rotational basis (fall only or spring only, etc.). I may not be able to register for these courses in my desired academic year and should adjust my long-range plan accordingly.

Student Signature: ____________________________ Date: ____________________________
Advisor Signature: ____________________________ Date: ____________________________