# College of Education Undergraduate Advising

**Athletic Training (AT)**

Catalog Year: 2015 (Effective Fall 2015)

Total Hours: 122 Credits

## Degree: Bachelor of Science | Major: Athletic Training

### CORE CURRICULUM 42 Hours

- **Communication**
  - (010) ENG 1310: College Writing I
  - (010) ENG 1320: College Writing II

- **Mathematics**
  - (020) MATH 1315: College Algebra OR MATH 1319: Math for Business & Economics

- **Life and Physical Sciences**
  - (030) BIO 1336: Functional Biology *
  - (030) PHYS 1315: General Physics I

- **Language, Philosophy, and Culture**
  - (040) PHIL 1305: Philosophy & Critical Thinking (WI) OR PHIL 1320: Ethics & Society (WI)

- **Creative Arts**
  - (050) Select one course from:
    - ART, DAN, MU, or TH 2313: Intro to Fine Arts

- **American History**
  - (050) HIST 1310: History of United States to 1877 (WI)
  - (060) HIST 1320: History of United States from 1877 (WI)

- **Government/Political Science**
  - (070) POSI 2316: Principles of American Government
  - (070) POSI 2326: Functions of American Government

- **Social and Behavioral Sciences**
  - (080) PST 1300: Introduction to Psychology

- **Component Area**
  - (090) COMM 1310: Fund of Human Communication
  - (090) Select one course from:
    - ENG 2310: British Literature before 1785
    - ENG 2320: British Literature after 1785
    - ENG 2330: World Literature before 1600
    - ENG 2340: World Literature after 1600
    - ENG 2359: American Literature before 1865
    - ENG 2360: American Literature after 1865

### SUPPORT COURSES 21 Hours

- BIO 1130: Functional Biology Lab *
- PHYS 1115: General Physics I Lab
- ESS 1128: Aquatic Therapy
- ESS 1179: Weight Training
- NUTR 3362: Nutrition and Health OR NUTR 3364: The Science of Nutrition and Exercise
- ESS 3317: Exercise Physiology/ ESS 3117: Lab
- ESS 3320: Biomechanics
- ESS 4351: Measurement and Evaluation
- PT 3400: Human Structure and Function

### PROFICIENCY: Foreign Language

If two years of the same foreign language were not completed in high school, students must complete two semesters of the same foreign language at the college level to meet proficiency requirements.

- Foreign Language Proficiency

### INSTITUTIONAL REQUIREMENT 1 Hour

- US 1100: University Seminar (1-Hr Open Elec. if Exempt)

### MAJOR: Athletic Training Prerequisites 12 Hours

A 2.25 Major GPA is required to graduate. Prerequisite coursework must all be completed with a grade of 'B' or better for admittance into the AT Program.

- AT 1298: Orientation to Athletic Training Education
- AT 2356: Prevention and Care of Athletic Injuries
- AT 2156: Taping and Bandaging Athletic Injuries
- AT 2260: Acute Care of Injuries and Illnesses
- BIO 2430: Human Physiology and Anatomy

### MAJOR: Athletic Training Program 46 Hours

A 2.25 Major GPA is required to graduate.

**Athletic Training courses require a 2.75 Texas State GPA and admittance into the AT Program**

- AT 2497: Clinical Experience in Athletic Training I
- AT 2498: Clinical Experience in Athletic Training II
- AT 3326: Eval. Tech. of Upper Extremity Inj. / AT 3126: Lab
- AT 3328: Eval. Tech. of Lower Extremity Inj. / AT 3128: Lab
- AT 3333: Therapeutic. Int. for Medical & Psy Cond. (WI)
- AT 3336: Prin. & Tech. of Ther. Modalities / AT 3136: Lab
- AT 3346: Ther. Exercise and Rehabilitation / AT 3146: Lab
- AT 3497: Clinical Experience in Athletic Training III
- AT 3498: Clinical Experience in Athletic Training IV (WI)
- AT 4356: Organization & Management of Athletic Training (WI)
- AT 4497: Clinical Experience in Athletic Training V
- AT 4498: Clinical Experience in Athletic Training VI

### SEE INCLUDED PACKET FOR ADDITIONAL PROGRAM INFORMATION ➔

---

*Note for BIO 1330/1130: Students may complete BIO 1421 in lieu of BIO 1330 and BIO 1130.

Additional Degree Requirements: See Undergraduate Catalog for Residency, GPA, and Graduation with Honors requirements.

Writing Intensive Hours: 9 Hours of designated Writing Intensive (WI) coursework must be completed in-residence with Texas State.

Important Note: See Statements of Understanding sheet for additional notes regarding course sequencing and program requirements.
ATHLETIC TRAINING

PREREQUISITES
Regardless of catalog year, students will be held to current academic policies and course prerequisites which are subject to change. Prerequisites for College of Education programs can be found on the College of Education Undergraduate Advising Center website: http://www.education.txstate.edu/advising/Registration-/Guide-to-Current-Prerequisites.html

DESCRIPTION OF THE DEGREE
The certified athletic trainer (ATC®) is a healthcare professional that specializes in the prevention, diagnosis, clinical management and rehabilitation of musculoskeletal injuries and medical conditions. As part of a complete healthcare team, the certified athletic trainer works under the direction of a licensed physician and in cooperation with other healthcare professionals, e.g., physical therapists, physician assistants, school administrators, coaches and families.

The Athletic Training Program at Texas State University is a Commission on Accreditation of Athletic Training Education (CAATE)-accredited undergraduate program that leads to a Bachelor of Science degree in Athletic Training. After successful completion of the Athletic Training qualifying prerequisites during the freshman year, students start the didactic and clinical education experiences following admission to the Athletic Training cohort at the beginning of the sophomore year. The Athletic Training Major consists of 122 credit-hours that emphasize the required knowledge and skills within the educational domains established by our accrediting agency.

FOUR-YEAR TIME COMMITMENT
Students contemplating transfer to Texas State University are encouraged to do so, but should begin their studies in the fall semester of any given academic year. Be aware that there are significant challenges associated with transferring into all CAATE-accredited athletic training education programs. Transfer students should plan to spend four (4) years at Texas State University in order to complete the Athletic Training Major: one year completing Athletic Training qualifying prerequisites, and three years (six long semesters, as clinical education experiences are not offered during the summer session) as an athletic training cohort student in order to complete all of the didactic and clinical education requirements of the program.

Regardless of prior class standing, the number of academic credits, or the clinical education experiences in athletic training complete prior to transferring, a minimum of four (4) years of study at Texas State University is required to complete the Bachelor of Science degree in Athletic Training.

Please contact the program director, Dr. Rod Harter (rod.harter@txstate.edu or 512-245-2972) for additional details.

GENERAL REQUIREMENTS
• Enroll at Texas State University as an Athletic Training Major
• Complete five prerequisite courses at Texas State with grades of ‘B’ or better:
  - AT 1298 – Orientation to Athletic Training Education (2 credits)
  - AT 2156 – Taping and Bandaging of Athletic Injuries (1 credit)
  - AT 2356 – Prevention and Care of Athletic Injuries (3 credits)
  - AT 2260 – Acute Care of Injuries and Illnesses (2 credits)
  - BIO 2430 – Human Physiology and Anatomy (4 credits)
• Establish a Texas State GPA of 2.75 or higher, which consists of all coursework completed at Texas State
• Complete 50 hours of directed athletic training observation as part of AT 1298: Orientation to Athletic Training Education
• Submit a completed application portfolio by the April 1st deadline annually
  - PLEASE NOTE: The current application form and a detailed list of all required application materials are obtained via enrollment in AT 1298: Orientation to Athletic Training Education at Texas State University
• The successful Athletic Training Major who is selected for admission to the Athletic Training Program cohort must satisfy the following additional requirements for admission:
  - Obtain a physical examination by an MD/DO, PA or ARNP
  - Submit a signed Physical Examination and Immunization Verification form
  - Submit a signed hepatitis B vaccination (HBV) form or waiver
  - Submit a signed Technical Standards form
  - Obtain Emergency Cardiac Care (ECC) certification at the Professional Rescuer level, e.g., American Red Cross “CPR/AED for the Professional Rescuer” or American Heart Association course “BLS Healthcare Provider”
  - Submit a $125 program fee that is applied toward the cost of purchase of athletic training professional attire and medical malpractice insurance

Applications for admission to the Athletic Training program are due April 1st each year. All qualified applicants are invited to participate in a formal interview in early May each year as part of the competitive admissions process. Each year, 20 new students are admitted to the Athletic Training cohort. Notification of admission to the Athletic Training cohort occurs annually mid-June.

Graduates from Texas State’s CAATE-accredited program are eligible to sit for the national BOC examination and become certified athletic trainers (earning the “ATC” credential). Completion of Texas State University’s program also qualifies the graduate to take the examination to become a licensed athletic trainer (earning the “LAT” credential) in Texas.
DIRECTED OBSERVATION REQUIREMENTS
All prospective Athletic Training students are required to complete the five prerequisite courses, all with a ‘B’ or better, prior to gaining full admission into the Bachelor of Science degree program cohort in Athletic Training sponsored by the Department of Health and Human Performance. Participation in the Athletic Training Major enables the student to observe the day-to-day activities of the athletic trainers affiliated with Texas State University’s Athletic Training Program.

All prospective students who are interested in gaining admission to the Athletic Training cohort must complete 50 hours of directed clinical observation while enrolled in AT 1298: Orientation to Athletic Training Education. This course is offered in the fall and spring semesters of each academic year.

RETENTION POLICY
Athletic training students must maintain a Texas State GPA of 2.75 on the 4.0 scale to remain in good standing as a member of the Athletic Training Program cohort.

Athletic training students must earn a grade of ‘C’ or better in all Athletic Training Major courses. If a grade less than ‘C’ is earned in any required Athletic Training course, the athletic training student is placed on Athletic Training Program probation and is required to retake the course at the earliest possible opportunity. The student will be notified of his or her probationary status in a formal letter from the program director. At Texas State University, the grade earned in a course that is repeated as a member of the AT Program cohort who is interested in being reinstated must submit a formal written petition for readmission to the program director. Readmission decisions will be made on an individual, case-by-case basis via majority vote of the faculty from the Division of Athletic Training.

ADDITIONAL DEGREE REQUIREMENTS

- If two years of the same foreign language were not completed in high school, students must complete two semesters of the same foreign language at the college level to satisfy foreign language proficiency requirements
- 9 hours of designated Writing Intensive (WI) coursework must be completed in residence at Texas State
- A maximum of 66 approved hours from an accredited two-year college may be applied toward degree requirements, not including hours transferred to satisfy foreign language proficiency requirements
- Graduation with honors requires 54 hours of coursework be completed in residence with Texas State
- Students must meet residency requirements to qualify for graduation. Specifically, at least 24 semester-hours of the last 30 hours completed that are required for the degree must be taken at Texas State. Correspondence, extension, and off-campus coursework completed through Texas State may be applied toward residency requirements. Credit-by-examination may not be applied toward residency

Students are responsible for knowing and fulfilling all University, College, Major, and Certification requirements and should refer to the Texas State Undergraduate Catalog for additional information. Students are also encouraged to consult with Academic Advisors to ensure thorough understanding of all degree and graduation requirements.

Member the Texas State University System™

6/25/15 DHC20