Degree: Bachelor of Health & Wellness Promotion | Major: Health & Wellness Promotion | Certification: EC-12 Health Education

NOTE: It is your responsibility as a student to know the requirements of your degree program and to take the courses required for graduation. For guidance about course sequencing, application processes, GPA, and other graduation requirements, see the following: (1) Undergraduate Catalog, (2) Degree Audit, (3) Degree Planning tab of www.education.txstate.edu/advising, and (4) your Academic Advisor.

INSTITUTIONAL REQUIREMENT 1 Hour
_____ US 1100: University Seminar (1-Hr Open Elective if Exempt)

FOREIGN LANGUAGE PROFICIENCY
_____ Satisfied two years of same language in High School OR

Select one language to satisfy 1410 AND 1420:
• ARAB, ASL, CHI, FR, GER, ITAL, JAPA, LAT, POR, SPAN

CORE CURRICULUM 42 Hours

Communication
(010) ENG 1310: College Writing I
(010) ENG 1320: College Writing II

Mathematics
(020) MATH 1315: College Algebra

Life and Physical Sciences
(030) Select two courses from:
• ANTH, BIO, CHEM, GEO, GEOL, PHYS
• See Degree Audit for Exact Course Options

Language, Philosophy, and Culture
(040) PHIL 1305: Philosophy & Critical Thinking OR
(040) PHIL 1320: Ethics & Society

Creative Arts
Select one course from:
(050) ART, DAN, MU, or TH 2313: Intro to Fine Arts

American History
(060) HIST 1310: History of United States to 1877
(060) HIST 1320: History of United States from 1877

Government/Political Science
(070) POSI 2310: Principles of American Government
(070) POSI 2320: Functions of American Government

Social and Behavioral Sciences
Select one course from:
(080) ANTH 1312: Cultural Anthropology
(080) ECO 2301: Principles of Economics
(080) ECO 2314: Principles of Microeconomics
(080) GEO 1310: World Geography
(080) PFW 1301: Behavioral Physical Fitness and Well.
(080) PSY 1300: Introduction to Psychology
(080) SOCI 1310: Introduction to Sociology

Component Area
(090) COMM 1310: Fund. of Human Communication
Select one course from:
(090) ENG 2310: British Literature before 1785
(090) ENG 2320: British Literature after 1785
(090) ENG 2330: World Literature before 1600
(090) ENG 2340: World Literature after 1600
(090) ENG 2359: American Literature before 1865
(090) ENG 2360: American Literature after 1865

MINOR / 2ND TEACHING FIELD: 16 Hours

MAJOR: Health and Wellness Promotion 30 Hours
____ H ED 1310: Foundations of Personal Health
____ H ED 1320: Introduction to Health and Wellness Promotion
____ H ED 2340: Community Health
____ H ED 2338: Contemporary Issues in Drug Prevention
____ H ED 3342: Adolescent & School Health Programs
____ H ED 3321: Health in the School Setting
Select any four courses from:
• H ED 3301: Environmental Health Issues
• H ED 3348: Prevention of Disease
• H ED 3350: Consumer Health
• H ED 3360: Sexuality Education
• H ED 4336: Theoretical Fond. of Health & Well. Promotion

SUPPORT COURSES 9 Hours
____ BIO 2430: Human Physiology & Anatomy OR
____ NUTR 3362: Nutrition and Health OR
NUTR 2360: Nutrition Science
Select any two courses from:
• PFW Activity

EDUCATOR PREPARATION 21 Hours

Education Core
____ CI 3325: Adolescent Growth and Development
____ CI 4332: Secondary Teaching: Curriculum & Technology

Field-Based Block
____ CI 4343: Instructional Strategies for Secondary Teacher
____ CI 4370: Classroom Mgmt, Ethics, Legal in Secondary Ed
____ RDG 3323: Teaching Reading in the Content Areas

Student Teaching
____ EDST 4380: Student Teaching All-Level I
____ EDST 4381: Student Teaching All-Level II