

CARES Educational Services

Services
ABA-based Educational Programs
Person-centered educational assessments Clinic-based educational programs Home-based educational programs Attendance at ECI or school program meetings Video-taped sessions and consultation with teachers Clinic and School-based Social Skills Group Job-coaching
Functional Behavioral Assessments and Behavior Intervention Planning
FBA FBA and BIP FBA, BIP, and Consultation/Staff Training
Communication Assistive Technology Assessment
Communication Assessment and Assistive Technology Recommendations
Consultation
District or Agency-wide Autism Program evaluations On-going behavioral supports and programming Individual program evaluations Grand Rounds BCBA supervision
Professional Development for agency and school personnel and families
1-3 hour workshops 1 day or multiple day workshops

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Description of Services

Person-Centered Educational Assessments:

COST: \$150 w/o ABA services

A Person-Centered Educational Assessments aims to delineate functional, individualized curricula for students who would not typically be placed in the standardized academic curriculum (TEKS). Activities, routines, and skills are determined from a list of environments or places in which a particular student is expected to function now and in the future. The assessment process includes input by parents and other family members, school personnel, and the student if appropriate. Guaranteed to be individualized and functional, assessment steps are as follows:

- Determine important environments where the student must function
- List sub-environments for each environment
- Delineate activities and routines required in each sub-environment
- Task analyze activities and routines where necessary
- Integrate communication, motor, cognitive, and social skills for each task analysis
- Conduct a social validity assessment to target the most important skills, activities, and routines for the present year
- Assess present levels of performance for the targeted routines and activities
- Develop progress monitoring forms

Disclaimer: To receive a formal diagnosis parents would need to contact the CARES Assessment and Counseling Clinic at 512.245.4999 or refer to their pediatrician for further information.

Related Research:

(Alberto & Troutman, 2006)

(Browder, 2001)

(Carr et al., 1999)

(Carr et. al., 2002)

(Falvey, 1989)

(Partington & Sundberg 1997)

(Partington, 2007)

(Scheuermann & Webber 2002)

(Webber & Scheuermann 2008)

Clinic-Based Educational Programs:

COST: \$45 per session

- Person-Centered Educational Assessment: *See PCP description above*
- One-on-one instruction conducted in 1.5 hour sessions
- Supervision by a Board Certified Behavior Analyst (BCBA)
- Sessions may include but are not limited to: Discrete Trial Training (DTT), Pivotal Response Training (PRT), Natural Environment Teaching (NET)
- Data collection that will guide all communication, academic and behavioral decisions including progress and summary reports
- Ongoing parent training

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Related Research:

(Bear, Wolf, & Risley, 1968)

(Lovaas, 1987)

(Sigafoos et al., 2006)

(Keenan & Dillenburger, 2011)

(Webber & Scheuermann 2008)

Home-Based Educational Programs:

COST: \$45 per session

- Person-Centered Educational Assessment: *See PCP description above*
- One-on-one instruction conducted in 1.5 hour sessions
- Supervision by a BCBA
- Sessions may include but are not limited to: Discrete Trial Training (DTT), Pivotal Response Training (PRT), Natural Environment Teaching (NET)
- Data collection that will guide all communication, academic and behavioral decisions including progress and summary reports
- Ongoing parent consultation and training

Related Research:

(Bear, Wolf, & Risley, 1968)

(Keenan & Dillenburger, 2011)

(Lovaas, 1987)

(Sigafoos et al., 2006)

(Webber & Scheuermann 2008)

Attendance at ECI or school program meetings:

COST: \$100 for first hour + \$50 for each additional hour

- Attendance in IEP/ IFSP meetings to provide information and encourage collaboration among school, ECI personnel, and family members for developing and monitoring individualized plans.

NOTE: Pre-meetings and staffings might be indicated

Video-taped sessions and consultations:

COST: \$120 per hour

- When an individual enrolls in CARES, video-taped sessions to assist with parent training and consultations for schools and agencies

Clinic and school-based social skills groups:

COST: \$25 per hour per student with a minimum of 3 students

- Social skills and competency assessment
- Direct Skill Training
- Social Thinking Strategies
- Video Modeling
- Other social skills interventions determined to be appropriate for the students
- Groups of 3-6 students for 1-3 hour time periods assembled based on individual needs

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Related Research:

(Bellini, 2006)

(Crooke, Hendrix & Rachman, 2008)

(Gevers et al., 2006)

Job Coaching

COST: \$35 per hour

Assuming that the student has the target skills to perform the job, CARES personnel will:

- Conduct task analyses of work activities
- Utilize Prompt and prompt fading procedures
- Provide shaping and reinforcement of target behaviors
- Recommend reductive techniques for challenging behaviors
- Monitor and graph student progress
- Provide consultation and training for employers and supervising personnel

Related Research:

(Cipani & Spooner, 1994)

Functional Behavioral Assessment and Analysis (FBA):

COST: \$75 per hour/minimum of 5 hours

The FBA consists of:

- Structured and unstructured interviews with teachers, parents, and other caregivers
- Direct observation of the individual in multiple environments
- For particularly challenging cases, a functional analysis (*involves the intentional systematic manipulation of antecedents and consequences thought to be associated with problem behavior*)
- Upon completion of the FBA, a full written report, relevant graphs, and conclusions, which can be used to create a function-based BIP
- Consultation for report interpretation if indicated

Behavioral Intervention Plan (BIP):

COST: \$75 for each additional hour

- Based on an FBA, assistance for completing an individualized BIP based on components of positive behavioral interventions and supports (PBIS)
We will not create a BIP if we did not conduct the FBA
- Consultation with the individual's teachers and parents
- A plan to be used in the event problem behavior presents a threat to physical safety
- Recommended strategies for data collection and progress monitoring
- A plan to fade the intervention over time

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Related Research:

(Bear, Wolf, & Risley, 1968)

(Dunlap & Fox, 1999)

(Durand & Carr, 1991)

(Durand & Crimmins, 1992)

(Horner et al., 2002)

(O'Neill, et al., 1997)

(Reese et al., 2003)

Staff Training and On-going Consultation:

COST: \$75 for each additional hour

Training for teachers, parents, and other caregivers on the implementation of the BIP with a combination of these strategies:

- Role-play
- Didactic instruction
- On-going coaching and feedback
- Graphed data on the correct implementation of the BIP to demonstrate mastery of the BIP procedures (treatment fidelity).

Communication Assessment and Assistive Technology Recommendations:

COST: \$75 per hour/minimum of 5 hours

Assistive technology used for communication includes Speech Generating Devices (or Voice Output Communication Aids), picture exchange communication systems, sign language, and combinations of different modalities.

- Systematic assessment to determine an individual's potential to effectively use a communication system
- Preference assessment for the various communication systems
- Recommendation of the most socially valid communication system (deemed acceptable, appropriate, and effective by caregivers)
- A written report describing the procedures used and the results/recommendations of this individualized assessment
- Consultation to discuss the recommendations

Related Research:

(Carbone et al., 2006)

(Schlosser & Lee, 2004)

(Schlosser & Wendt, 2008)

(Tincani 2004)

District or Agency-wide Autism Program Evaluations:

COST: \$120 per hour/minimum of 15 hours

School districts or agencies (e.g., ECI) may want a full evaluation to determine the effectiveness of their program in its entirety relative to state and federal mandates and an assessment to determine program strengths and areas needing attention.

Evaluations will include:

- Self-assessment by school personnel and external constituents using the Autism Program Quality Indicators (APQI)
- Record reviews
- Direct observation of services
- Written Report of the findings

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- Recommendations for Strategic planning

On-going behavioral supports and programming:

COST: \$75 per hour

- Observations of and data collection for target and replacement behaviors
- Recommended modifications of BIPs as necessary
- Graphs of additional assessment and analysis data as necessary
- Meeting with parents and school personnel when necessary to coordinate all recommendations relative to the reduction of problem behavior, the prevention of further challenging behavior, and the building of appropriate functional behavior for individual students.

Individual Case Consultation

COST: \$75 per hour

- Evaluation of individual educational programs
- Direct observations and personnel interviews
- Final reports that include findings and recommendations

Grand Rounds Consultation

COST: \$75 per hour

Based on the medical model of case presentations and problem-based discussions, CARES personnel will meet with school personnel to review specific student cases and offer expert perspective and recommendations.

BCBA Supervision

COST: \$75 per hour

Supervision by a CARES BCBA for school employees lacking the required supervised hours to complete Board certification requirements

Professional Development

COST:

- 1-3 hour workshops - \$150 per hour
- 1 day or multiple day training - \$700 per day

Please refer to our course catalog for all offerings and details of our courses

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