U-TURN: FROM PROBATION TO SUCCESS

TEXAS STATE UNIVERSITY
SAN MARCOS
The rising STAR of Texas
A member of The Texas State University System
Presentation Overview

- Factors Influencing Academic Performance
- Academic Support Services
- Personal Support Services
- Strategies for Making a U-Turn
- Academic Probation Policy
- Academic Suspension Policy
- Suspension Appeals Committee
- Academic Probation/Suspension & Financial Aid
Presenters

- Katie Palmer, Retention Management & Planning
- Dr. Nathan Bond, Suspension Appeals Committee
- Dr. Byron Kerr, Financial Aid & Scholarships
Group Facilitators

- Cynthia Arocha, Student Support Services
- Sara Boysen, College of Health Professions Advising
- Brittany Chrisman, McCoy College of Business Advising
- Lindsay Cochrum, PACE Advising
- Charles Evers, College of Applied Arts Advising
- Taylor Jones, University College Dean’s Office
- Jaimie Reyes Haider, PACE Advising
- Laela Wilson, College of Liberal Arts Advising
What factors negatively affect academic performance?
Factors that negatively affect academic performance

- Poor study skills
- Poor time management
- Poor comprehension
- Excessive absences
- Difficulty concentrating
- Lack of course interest
- Dissatisfaction with major
- Unclear career goals
- Problems with professor
- Learning disabilities
- Inability to prioritize

- Lack of motivation
- Homesickness
- Stress and anxiety
- Interpersonal conflict(s)
- Enrollment in too many hours
- Demanding work schedule
- Illness/health problems
- Substance abuse
- Family problems
- Financial problems
- Mental distress
What Can You Do to Make a ‘U-Turn’?

- What campus resources can you use to make a U-Turn?
Academic Support Services

Athletics Academic Center
www.TxstateBobcats.com
(Select ‘Academic Services’)

Collaborative Learning Center (CLC)
http://hlsamp.cose.txstate.edu/clc.html

Math Lab
http://www.math.txstate.edu/resources/lab.html

Student Learning Assistance Center (SLAC)
http://www.txstate.edu/slac/

Student Support Services (SSS)
http://www.msa.txstate.edu/sss/

Writing Center
http://www.writingcenter.txstate.edu/
## Academic Advising Centers

<table>
<thead>
<tr>
<th>College</th>
<th>Location</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>College of Applied Arts</td>
<td>AG 201</td>
<td>512.245.1490</td>
</tr>
<tr>
<td>McCoy College of Business Administration</td>
<td>MCOY 115</td>
<td>512.245.1993</td>
</tr>
<tr>
<td>College of Education</td>
<td>ED 2143</td>
<td>512.245.3050</td>
</tr>
<tr>
<td>College of Fine Arts &amp; Communication</td>
<td>OM 110</td>
<td>512.245.1932</td>
</tr>
<tr>
<td>College of Health Professions</td>
<td>HPB 207</td>
<td>512.245.3506</td>
</tr>
<tr>
<td>College of Liberal Arts</td>
<td>FH 322</td>
<td>512.245.1852</td>
</tr>
<tr>
<td>PACE Advising Center</td>
<td>UAC 120</td>
<td>512.245.7223</td>
</tr>
<tr>
<td>Round Rock Campus</td>
<td>Avery 201</td>
<td>512.716.4001</td>
</tr>
<tr>
<td>College of Science and Engineering</td>
<td>CENT 202</td>
<td>512.245.1315</td>
</tr>
<tr>
<td>University College</td>
<td>UAC 120</td>
<td>512.245.2218</td>
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</table>
Personal Success Services

Dean of Students Office
(Attorney for Students, Emergency Services, Ombuds, Leadership Institute)
http://www.dos.txstate.edu/

Multicultural Student Affairs
http://www.msa.txstate.edu/

Office of Disability Services
http://www.ods.txstate.edu/

PACE Mentoring & Academic Coaching
http://pace.txstate.edu/mac/about.html

Retention Management & Planning
http://www.vpsa.txstate.edu/

Student Health Center
http://www.healthcenter.txstate.edu/
Personal Success Services

Alcohol & Drug Compliance Services
http://www.dos.txstate.edu/services/adcs.html

Bobcat Bond
http://www.vpsa.txstate.edu/programs-and-services/Bobcat-Bond.html

Campus Activities and Student Organizations
http://www.lbjsc.txstate.edu/caso/

Campus Recreation
http://www.campusrecreation.txstate.edu/

Career Services
http://www.careerservices.txstate.edu/

Counseling Center
http://www.counseling.txstate.edu/
How to DEAL (Develop Effective Approaches for Life)

These 50 minute workshops are offered throughout the semester. Each workshop is held in LBJ Student Center room 3-7.1. Please see below for schedule and registration.

If you require an accommodation due to a disability, call us at 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Introduction to Basic Stress Management: Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach.

Mental Yoga for the Mind - Introducing emWave: Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind.

Overcome Test, Math, and Performance Anxiety: Find out how to overcome negative beliefs and thoughts to access all of that info you’ve crammed for.

Mood Management - Taking Charge of Feeling Good: Learn how thought patterns can dominate mood and create ones that work with you, not against you for success.

“NEW” Zombie Apocalypse - Preparedness 101: Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student.

“NEW” Mental Health Fitness: People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life.

Click here for schedule and registration.

http://www.counseling.txstate.edu/outreach/stress-series.html
Other Helpful Resources

University of Iowa, Academic Probation Resources & Strategies
http://clas.uiowa.edu/students/academic-probation-resources-and-strategies

How to Study
http://howtostudy.org/
What Can You Do to Make a ‘U-Turn’?

- What can you do to overcome factors that negatively affect your academic performance?
- What supports do you have in place to make a U-Turn?
Strategies for Making a ‘U-Turn’

- Study
- Ask for help if you need it
- Go to class
- Utilize campus support resources
- Be realistic about the number of hours you can handle
- Make sure your major is consistent with your skills & interests
- Meet with your academic advisor regularly
- Discuss option of repeating ‘F’s with your academic advisor
- Meet with your professors/instructors regularly
- Monitor your work hours
Strategies for Making a ‘U-Turn’

- Track your academic performance
- Determine how college relates to your future life goals
- Set goals to help you accomplish specific tasks
- Utilize a scheduling system
- Avoid procrastination
- Develop techniques to cope with stress and anxiety
- Eliminate distraction
- Find ways to make course material meaningful
- Attend more Brilliant Bobcats workshops
Academic Probation & Suspension
Academic Probation

- Texas State GPA less than 2.00
- Emphatic warning that quality of work has not met Texas State’s minimum academic standards
- Placement on academic probation occurs at the end fall or spring semester
- Removal from academic probation occurs at end of long semester or summer term if Texas State GPA is 2.00 or higher

(2012-2014 Undergraduate Catalog, p. 33)
Academic Probation

“Students placed on academic probation are given two probationary semesters (fall or spring terms) to raise their Texas State GPA to 2.00”

(Undergraduate Catalog, p. 33)
Academic Probation/Suspension

**Probation**
Students are placed on probation after grades are posted.

- **Texas State GPA falls below 2.0**
- **Student Texas State GPA below 2.0**
  - Student remains on probation

**End of 1st Semester on Probation**
- **Student Increases Texas State GPA to >2.0**
  - Student removed from probation

**End of 2nd Semester on Probation**
- **Student Texas State GPA > 2.0**
  - Student removed from probation
- **Student Texas State GPA below 2.0**
  - Student placed on Suspension

**Suspension**
1st Suspension - 1 Semester
2nd Suspension - 2 years
3rd Suspension - Indefinite (must appeal to return)

- Student appeals. If appeal is approved, then the student returns on probation.
- Student sits out required semesters, and returns on probation.
Academic Suspension

- 1st Suspension: Cannot attend Texas State for one long semester
- 2nd Suspension: Cannot attend Texas State for two calendar years
- 3rd Suspension: Cannot attend Texas State until reinstated
Spring Suspension & Summer Coursework

Students placed on 1st academic suspension at the end of the spring semester will be reinstated by the Registrar on academic probation for the following fall semester if you:

1) Attend summer term at Texas State
2) Pass nine semester hours
3) Earn 2.00 Texas State GPA on all work attempted in summer
4) Academic probation will be removed if Texas State GPA is a 2.00 or greater at end of summer term
Appeals for Reinstatement

- Based on extenuating circumstances
- Made prior to the Monday of registration week to college dean or designee
- Dean or designee may impose conditions for reinstatement
- If appeal denied, you may appeal to the Suspension Appeals Committee

(Undergraduate Catalog, p. 33)
Academic Suspension and Appeals Committee

1. Who are we?
2. When do we meet?
3. Where do we meet?
4. What do we do?
5. What is the general process?
6. What happens specifically at the Suspension and Appeals Committee meeting?
7. What is our advice to you?
8. Questions from the Audience
How can academic probation/suspension affect your financial aid?

Don’t Lose Your Current or Future Eligibility for Aid

Satisfactory Academic Progress
Welcome to Financial Aid and Scholarships

This year, we help over 22,000 Bobcats finance their education. We offer a variety of assistance including grants, work-study student and parent loans, scholarships and nonresident tuition and fee waivers. Regardless of your financial needs, attending Texas State is possible. If you need assistance, Financial Aid and Scholarships is here to help.

http://www.finaid.txstate.edu/undergraduate/maintain.html
Maintain My Eligibility

Revised Rules - Effective July 1, 2011

In order to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirements. SAP denotes a student's successful completion of coursework that is applied to an eligible certificate or degree-seeking program. Regulations require that all students who receive the benefit of Federal Title IV assistance must maintain SAP. Texas State applies the SAP standards to all federal, state and institutional financial assistance programs. The only exceptions are for the TEXAS Grant and B-On-Time, which have separate Satisfactory Academic Progress requirements as defined by applicable law. To view the program-specific SAP requirements (for example, TEXAS Grant SAP, B-On-Time Loan SAP), click the appropriate link on the vertical (left) menu bar.

Evaluation Point

- Minimum GPA
- Minimum Completion Rate
- Maximum Hour Limit

SAP Terms: Financial Aid Suspension | Reinstatement | Appeal Process | Appeal Deadlines

Top

Minimum GPA

At the end of each evaluation period (end of spring semester), you must have achieved at least a minimum cumulative Texas State GPA in order to remain eligible for financial aid. The GPA requirements are indicated in the below table.
Required GPA

<table>
<thead>
<tr>
<th>Degree or Certificate</th>
<th>Minimum GPA</th>
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</thead>
<tbody>
<tr>
<td>1st Bachelor's</td>
<td>2.0</td>
</tr>
<tr>
<td>2nd Bachelor’s</td>
<td>2.5</td>
</tr>
<tr>
<td>Certificate</td>
<td>3.0</td>
</tr>
<tr>
<td>Master’s</td>
<td>3.0</td>
</tr>
<tr>
<td>Doctoral</td>
<td>3.0</td>
</tr>
</tbody>
</table>
Completion Rate

- The completion rate (completed hours divided by attempted hours) is 70%.
- The completion rate is based on the completion rate during a student’s degree program (including transfer hours).
Attempted and Completed Hours

<table>
<thead>
<tr>
<th>Degree or Certificate</th>
<th>Attempted &amp; Completed Hours</th>
<th>Attempted and Not Completed Hours</th>
</tr>
</thead>
</table>

*Only repeats included in the GPA are considered attempted and completed.*
# Maximum Hours

## Maximum Hours Limit Requirements

<table>
<thead>
<tr>
<th>Degree or Certificate</th>
<th>Maximum Hours</th>
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</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; Bachelor’s</td>
<td>180</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Bachelor’s</td>
<td>45</td>
</tr>
<tr>
<td>Certificate</td>
<td>31</td>
</tr>
<tr>
<td>Master’s</td>
<td>104</td>
</tr>
<tr>
<td>Doctoral</td>
<td>113</td>
</tr>
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</table>
Financial Aid Suspension and Appeal Process

- A written description that addresses why student failed to meet SAP
- A written description of what has changed in the student’s situation to enable the student to demonstrate SAP at the next evaluation point
- Documentation to support any claims
- If student demonstrates an extenuating circumstance that will no longer affect negatively his or her academic performance, Financial Aid and Scholarships will work with a student’s academic advisor to:
  1. Verify SAP can be regained in a single semester; or
  2. Demonstrate through an academic plan (with measurable milestones) that the student can regain SAP within a reasonable timeframe.
For Questions

Contact
Financial Aid and Scholarships
J.C. Kellam Building, Suite 240
512.245.2315
Retention Management & Planning

J.C. Kellam, Suite 980
studentsuccess@txstate.edu
512-245-5500

http://www.facebook.com/TXSTSuccess
Upcoming Brilliant Bobcat Workshops

Where Does the Time Go?
*Time Management Strategies*
Tuesday, October 22
6 – 7 p.m.
3-15.1 LBJ Student Center

We know how busy you are: class, work, extracurricular activities, family, friends, fun … and oh, yeah – studying! This workshop will help you develop a strategy to manage your commitments, prioritize your course work, and create a weekly game plan that works as hard as you do.

Close Your Eyes and Count to Zen
*Managing Stress in College*
Tuesday, October 29
6 – 7 p.m.
3-13.1 LBJ Student Center

Stress — it’s probably something you know very well. Because the mind and body are connected stress can affect your physical health. Learn a holistic approach to stress, including how to cope and how to find much-needed balance.