

# The Center for Children and Families

## Quarterly Stipend Newsletter

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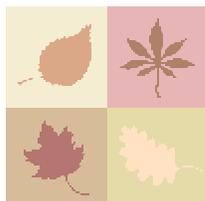
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### Upcoming Events!

All Casa Esperanza and Title IV-E internship students are invited to attend this year's **End of Semester Celebration** being held on December 3rd. The celebration will be in the LBJ Student Center, room 3-9.1, from 3:00 to 5:00 pm. There, students will share their experiences during the semester. Pictures will also be taken of various students for the cover of our new CCF brochure.

Region 7 IV-E Alumni will gather for the First Annual IV-E Alumni get together Saturday, December 4, 2004 at 1:00pm. The purpose is to come together, talk, have fun, and get to know one other. The place has not yet been determined, but we are hoping to meet somewhere central. If you are interested, contact Angela Ausbrooks at AA16@txstate.edu for further information or to suggest a meeting place.

### National News

#### Preventing Child Abuse Involves Everyone



In 2001, 3,844,000 children were reported as victims of child abuse and neglect in the United States. Of those cases confirmed, 54% were neglect, 19% were physical abuse, 10% were sexual abuse, 3% were emotional maltreatment, and 14% were other forms of maltreatment. While these statistics are staggering, organizations such as Prevent Child Abuse Texas are meticulous in their prevention and flagging down the warning signs. The organization offers information on prevention, statistics, symptoms, and advocacy that pertains to child abuse victims on their web site. They stress the fact that victims of abuse are more likely to require tax-supported medical, legal, and social services, and it is happening among people we know. Child abuse also crosses all economic, cultural, ethnic, and geographic lines. If you are interested in what kinds of information they provide on child abuse, check out: <http://www.preventchildabusetexas.org/>

#### Family Team Conference in Domestic Violence Cases: FTC Guidelines for Practice

Family group decision making is becoming a popular option for social work agencies and family courts, but many family-serving agencies shy away from cases with domestic violence. The Family Violence Prevention Fund has produced revised guidelines for Family Team Conferences handling domestic violence. They can be downloaded for free at: <http://endabuse.org/programs/display.php3?DocID=79#publ>

## Quotation

“The quality of a person’s life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor.”

--Vince Lombardi

## Dates to Remember

### November 24-26

No class for Thanksgiving Holiday

### December 3

End of Semester Celebration

### December 7-14

Final Exams

### January 18

Spring Classes Begin



## Job Tip of the Quarter



These are recommendations provided by College View for those who will soon be getting their first job. They apply to any first time jobs, because ultimately, all employers want to see positive results.

- Be prepared to work hard.
- Don't be afraid to try something new.
- Put what you've been taught in school into practice.
- Think about what kind of lifestyle you want.
- You may need to pursue further education.

## Interesting Facts

 Qualified social workers are in demand. Everyone who wants a job in social work should find one when they finish qualifying – that's more than 4,000 people a year.

 According to the U.S. Census Bureau, a family of four, two of them children, earning \$18,000 per year or less, is below the poverty line.

### Stress Relieving Exam Tips:

These tips come from the stress management section of the advice web site About.com:

- Arrive early to an exam so there no push for time
- Read through the exam before beginning
- Skip immediately to another section if you draw a blank
- Keep a positive attitude about the exam before and during it
- Tensing then relaxing muscles while taking the exam can help break tension cycles

## Resources



 Click <http://www.nationalfamilyweek.org> to learn more about National Family Week and obtain helpful hints for making Connections Count, including tips for extending and enhancing family connections.

 Click <http://www.fosteringperspectives.org> for a new edition of the foster care and adoption newsletter "Fostering Perspectives."

 Free relaxation tips at <http://www.utexas.edu/student/cmhc/RelaxationTape/index.html> are provided through Windows Media Player and the Counseling and Mental Health Center.

 For more tips on stress and stress related topics, please visit <http://stress.about.com/>.

 [http://www.collegeview.com/career/careersearch/job\\_profiles/human/sw01.html](http://www.collegeview.com/career/careersearch/job_profiles/human/sw01.html) Social Workers Making a Difference.

For more links visit our website at: [www.health.txstate.edu/ccf/ccf\\_links.html](http://www.health.txstate.edu/ccf/ccf_links.html)

If you have a link to a website that you would like to share with us, email Michele at [mb19@txstate.edu](mailto:mb19@txstate.edu).

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