**University Events Calendar Search.**

University Events Calendar Search. Calendar(s): Common Experience. Start date: 01 Sep 00:00. End date: 31 May 23:59.

**T,E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)**

Monday, September 16, 2013 4:32 PM

T,E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)

When:  
Friday, September 13, 2013 9:00 AM - 10:00 PM

Where:

*Joann Cole Mitte* Gallery 1

Description:

Thanks to the interconnectivity provided by the internet, people have never before been better able to express their emotions to the world community. Everyday hundreds of thousands of people use a myriad of blogs and other online outlets to discuss how they are feeling on an endless array of topics ranging from superficial thoughts on the quality ones ‘hair day’ to extremely intimate considerations of love, betrayal or even whether or not they should end their lives. Literally every subtle increment on the scale of the human emotional condition is expressed but, sadly, due to the tremendous scale of information available, many of these expressions are buried within a sea of noise. With T,E.D. the artists’ aim is to give a literal voice and physical presence to a portion of this content as it is expressed in real-time.

T, E.D. is a large, wall-based installation consisting of an array of 80 Teddy Ruxpin dolls that have been altered to speak emotional content gathered from the web via synthetic speech with animated mouths. The speaking of the emotional content is accompanied by one of twenty-four musical vignettes that have been paired to the emotional content being spoken. The installation is allowed to drift about freely through the emotional landscape being driven only by those who are contributing content to the piece whether unwittingly or consciously. As such, the overall presentation of the piece can vary greatly based on external conditions such as seasons, world events and even time of day. The work is essentially taking the instantaneous emotional pulse of the internet and this collective pulse, like a human pulse, varies over time.

Cost:

free

See:

[http://www.txstgalleries.org/visit/](http://www.txstgalleries.org/visit/)

Sponsor:

The University Galleries

Contact:

Mary Mikel Stump

512.245.2664 office  512.665.0730 mobile

MaryMikelStump@txstate.edu

[http://www.finearts.txstate.edu/Art/.../Contact.html](http://www.finearts.txstate.edu/Art/.../Contact.html)
This exhibition seeks to create an empathic gaze on the part of the viewer to the artist's work and the ideas contained therein. Empathy—defined as the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another without having the feelings, thoughts communicated explicitly—is the focus of this group exhibition, which creates the emotional architecture wherein the viewer responds to the work in an empathic way. Offered in support of the university's Common Experience, Minds Matter: Exploring Mental Health and Illness, the exhibition is comprised of 20 artists' works from the US and Europe and explores the diverse nature of emotional dissonance, unease, and the evaluation of emotion. As such, identity, or lack thereof, is used as a standard for and a path to the establishment the viewers' emotional and empathic responses.

The exhibition is comprised of a variety of works in a survey of media. Included is an interactive performance of a work titled Comfort Sessions by Austin based artist Katelena Hernandez, wherein the artist sings lullabies to the audience participants. Also featured is an installation work by Portland artists Sean Hathaway and Carlos Severe Marcellin titled T, E.D. (Transformations, Emotional Deconstruction), also an interactive work which not only pulls statements of emotion from the internet but also allows for direct interaction from the university's population via social media and internet access.

Cost: free

See: http://www.txstgalleries.org/

Sponsor: The University Galleries

Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html
Faculty, General Interest, Staff, Students

**Black and Latino Playwrights Conference (Workshop Rehearsals)**
Friday, September 13, 2013 4:05 PM

Black and Latino Playwrights Conference (Workshop Rehearsals)

When:  
Friday, September 13, 2013 6:00 PM - 10:00 PM

Where:  
Theatre Center

Description:

Sponsored annually by the Department of Theatre and Dance, this conference includes professional guest directors and actors, auditions, five days of open rehearsals, workshops, conference papers, and presentations by professional guest artists, culminating with staged readings open to the campus and community. The event highlights the work of Black and Latino playwrights from across the country. It provides a venue where participants can shape their stories and hone their craft in an environment that allows the writer to explore, grow, and learn fearlessly. Plays presented to the campus and community are followed by discussions and question/answer sessions.

Cost:  
free

See:  
http://www.theatreanddance.txstate.edu/Productions/2013-2014.html

Sponsor:  
Department of Theatre and Dance

Contact:  
Eugene Lee  
512.245.2147  
el18@txstate.edu

Calendar:  
Common Experience

Categories:  
Conference, Lectures, Theatre, Visual Arts

Audience:  
Faculty, General Interest, Staff, Students

**Black and Latino Playwrights Conference : Luis Valdez, Cofounder and Artistic Director of El Teatro Campesino**
Friday, September 13, 2013 4:05 PM

Black and Latino Playwrights Conference : Luis Valdez, Cofounder and Artistic Director of El Teatro Campesino

When:  
Friday, September 13, 2013 7:30 PM - 9:00 PM

Where:  
Theatre Center

Description:

Sponsored annually by the Department of Theatre and Dance, this conference includes professional guest directors and actors, auditions, five days of open rehearsals, workshops, conference papers, and presentations by professional guest artists, culminating with staged...
readings open to the campus and community. The event highlights the work of Black and Latino playwrights from across the country. It provides a venue where participants can shape their stories and hone their craft in an environment that allows the writer to explore, grow, and learn fearlessly. Plays presented to the campus and community are followed by discussions and question/answer sessions.

Cost: free
Sponsor: Department of Theatre and Dance
Contact: Eugene Lee 512.245.2147 el18@txstate.edu
Calendar: [Common Experience](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)
Categories: Conference, Lectures, Theatre, Visual Arts
Audience: Faculty, General Interest, Staff, Students

**T,E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)**

Monday, September 16, 2013 4:32 PM

T,E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)

When: Saturday, September 14, 2013 9:00 AM - 10:00 PM
Where: Joann Cole Mitte Gallery 1
Description:

Thanks to the interconnectivity provided by the internet, people have never before been better able to express their emotions to the world community. Everyday hundreds of thousands of people use a myriad of blogs and other online outlets to discuss how they are feeling on an endless array of topics ranging from superficial thoughts on the quality of one's hair day to extremely intimate considerations of love, betrayal or even whether or not they should end their lives. Literally every subtle increment on the scale of the human emotional condition is expressed but, sadly, due to the tremendous scale of information available, many of these expressions are buried within a sea of noise. With T,E.D. the artists' aim is to give a literal voice and physical presence to a portion of this content as it is expressed in real-time.

T, E.D. is a large, wall-based installation consisting of an array of 80 Teddy Ruxpin dolls that have been altered to speak emotional content gathered from the web via synthetic speech with animated mouths. The speaking of the emotional content is accompanied by one of twenty-four musical vignettes that have been paired to the emotional content being spoken. The installation is allowed to drift about freely through the emotional landscape being driven only by those who are contributing content to the piece whether unwittingly or consciously. As such, the overall presentation of the piece can vary greatly based on external conditions.
such as seasons, world events and even time of day. The work is essentially taking
the instantaneous emotional pulse of the internet and this collective pulse, like a human pulse,
varies over time.

Cost:
free
See:
http://www.txstgalleries.org/visit/
Sponsor:
The University Galleries
Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html
Calendar:
Common Experience
Categories:
Visual Arts
Audience:
Faculty, General Interest, Staff, Students

**Black and Latino Playwrights Conference : The History of Teatro Campesino**
Friday, September 13, 2013 4:06 PM

Black and Latino Playwrights Conference : The History of Teatro Campesino

When:
Saturday, September 14, 2013 10:30 AM - 9:00 PM
Where:
Theatre Center
Description:
Sponsored annually by the Department of Theatre and Dance, this conference includes
professional guest directors and actors, auditions, five days of open rehearsals, workshops,
conference papers, and presentations by professional guest artists, culminating with staged
readings open to the campus and community. The event highlights the work of Black and
Latino playwrights from across the country. It provides a venue where participants can shape
their stories and hone their craft in an environment that allows the writer to explore, grow,
and learn fearlessly. Plays presented to the campus and community are followed by
discussions and question/answer sessions.

Cost:
free
See:
http://www.theatreanddance.txstate.edu/Productions/2013-2014.html
Sponsor:
Department of Theatre and Dance
Contact:
Eugene Lee
512.245.2147
e18@txstate.edu
Calendar:
Common Experience
This exhibition seeks to create an empathic gaze on the part of the viewer to the artist's work and the ideas contained therein. Empathy—defined as the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another without having the feelings, thoughts communicated explicitly—is the focus of this group exhibition, which creates the emotional architecture wherein the viewer responds to the work in an empathic way. Offered in support of the university's Common Experience, Minds Matter: Exploring Mental Health and Illness, the exhibition is comprised of 20 artists' works from the US and Europe and explores the diverse nature of emotional dissonance, unease, and the evaluation of emotion. As such, identity, or lack thereof, is used as a standard for and a path to the establishment the viewers' emotional and empathic responses.

The exhibition is comprised of a variety of works in a survey of media. Included is an interactive performance of a work titled Comfort Sessions by Austin based artist Katelena Hernandez, wherein the artist sings lullabies to the audience participants. Also featured is an installation work by Portland artists Sean Hathaway and Carlos Severe Marcelin titled T, E.D. (Transformations, Emotional Deconstruction), also an interactive work which not only pulls statements of emotion from the internet but also allows for direct interaction from the university's population via social media and internet access.
T,E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)

When:  
Sunday, September 15, 2013 9:00 AM - 10:00 PM

Where:  
Joann Cole Mitte Gallery 1

Description:

Thanks to the interconnectivity provided by the internet, people have never before been better able to express their emotions to the world community. Everyday hundreds of thousands of people use a myriad of blogs and other online outlets to discuss how they are feeling on an endless array of topics ranging from superficial thoughts on the quality ones 'hair day' to extremely intimate considerations of love, betrayal or even whether or not they should end their lives. Literally every subtle increment on the scale of the human emotional condition is expressed but, sadly, due to the tremendous scale of information available, many of these expressions are buried within a sea of noise. With T,E.D. the artists' aim is to give a literal voice and physical presence to a portion of this content as it is expressed in real-time.

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Cost:
free

See:
http://www.txstgalleries.org/visit/

Sponsor:
The University Galleries

Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/~/Contact.html

Calendar:
Common Experience

Categories:
Visual Arts

Audience:
Faculty, General Interest, Staff, Students

Black and Latino Playwrights Conference : New Play Development Workshop Reading
Black and Latino Playwrights Conference: New Play Development Workshop Reading

When: Sunday, September 15, 2013 2:00 PM - 7:00 PM
Where: Theatre Center

Description:
Sponsored annually by the Department of Theatre and Dance, this conference includes professional guest directors and actors, auditions, five days of open rehearsals, workshops, conference papers, and presentations by professional guest artists, culminating with staged readings open to the campus and community. The event highlights the work of Black and Latino playwrights from across the country. It provides a venue where participants can shape their stories and hone their craft in an environment that allows the writer to explore, grow, and learn fearlessly. Plays presented to the campus and community are followed by discussions and question/answer sessions.

Cost: free

See: http://www.theatreanddance.txstate.edu/Productions/2013-2014.html

Sponsor: Department of Theatre and Dance

Contact:
Eugene Lee
512.245.2147
el18@txstate.edu

Calendar:
Common Experience

Categories:
Conference, Theatre

Audience:
Faculty, General Interest, Staff, Students

M Path
Monday, September 16, 2013 2:21 PM

M Path

When: Sunday, September 15, 2013 3:00 PM - 3:00 PM
Where: Joann Cole Mitte Gallery 1

Description:
This exhibition seeks to create an empathic gaze on the part of the viewer to the artist's work and the ideas contained therein. Empathy—defined as the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another without having the feelings, thoughts communicated explicitly—is the focus of this group exhibition, which creates the emotional architecture wherein the viewer responds to the work in an empathic way. Offered in support of the university’s Common Experience, Minds Matter: Exploring Mental Health and Illness, the exhibition is comprised of 20 artists’ works from the US and Europe and explores the diverse nature of emotional
dissonance, unease, and the evaluation of emotion. As such, identity, or lack thereof, is used as a standard for and a path to the establishment the viewers’ emotional and empathic responses.

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Cost: free
Sponsor: The University Galleries
Contact: Mary Mikel Stump 512.245.2664 office 512.665.0730 mobile MaryMikelStump@txstate.edu [http://www.finearts.txstate.edu/Art/.../Contact.html](http://www.finearts.txstate.edu/Art/.../Contact.html)
Calendar: Common Experience
Categories: Visual Arts
Audience: Faculty, General Interest, Staff, Students

**Comfort Sessions with Katelena Hernandez: a part of the M PATH group exhibit (CE)**
Monday, September 16, 2013 4:32 PM

Comfort Sessions with Katelena Hernandez: a part of the M PATH group exhibit (CE)

When: Tuesday, September 17, 2013 12:00 PM - 2:00 PM
Where: Joann Cole Mitte Gallery 1
Description:

Austin based performance and installation artist, Katelena Hernandez, brings her Comfort Sessions project to The University Galleries as part of a group exhibition titled M PATH. Comfort Sessions is a performance and installation that continues the artist’s focus on the concept of comfort: how it is created, how it is perceived, and the complexities of the politics of how it is shared among people who know one another and between strangers. The work seeks to explore and mitigate the dichotomy of awkwardness and intimacy.

In this variation of Comfort Sessions, a project based on comforting through the singing of lullabies, Hernandez wears a dress made from 100 yards of red polyester fleece, bound into bundles with ribbon surrounded by a “nest” formation comprised of 180 pillows on which participating viewers rest. Choosing from a personal collection of over 180 lullabies from many ethnic and musical traditions, Hernandez sings lullabies and comforts participants for up to three hours at a time, covering and comforting listeners with the bundled fleece during
the performance.

Cost:
free
See:
http://katelenahernandez.squarespace.com/#/comfort-sessions/
Sponsor:
The University Galleries
Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html
Calendar:
Common Experience
Categories:
Visual Arts
Audience:
Faculty, General Interest, Staff, Students

**Mood Management: Taking Charge of Feeling Good (CE)**
Monday, September 16, 2013 4:32 PM

Mood Management: Taking Charge of Feeling Good (CE)

When:
Tuesday, September 17, 2013 2:00 PM - 2:50 PM
Where:
LBJ Student Center Room 3-7.1
Description:

Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free
See:
http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar:
Common Experience
Categories:
T.E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)

When:
Wednesday, September 18, 2013 9:00 AM - 10:00 PM

Where:
Joann Cole Mitte Gallery 1

Description:
Thanks to the interconnectivity provided by the internet, people have never before been better able to express their emotions to the world community. Everyday hundreds of thousands of people use a myriad of blogs and other online outlets to discuss how they are feeling on an endless array of topics ranging from superficial thoughts on the quality of their ‘hair day’ to extremely intimate considerations of love, betrayal or even whether or not they should end their lives. Literally every subtle increment on the scale of the human emotional condition is expressed but, sadly, due to the tremendous scale of information available, many of these expressions are buried within a sea of noise. With T.E.D. the artists’ aim is to give a literal voice and physical presence to a portion of this content as it is expressed in real-time.

T.E.D. is a large, wall-based installation consisting of an array of 80 Teddy Ruxpin dolls that have been altered to speak emotional content gathered from the web via synthetic speech with animated mouths. The speaking of the emotional content is accompanied by one of twenty-four musical vignettes that have been paired to the emotional content being spoken. The installation is allowed to drift about freely through the emotional landscape being driven only by those who are contributing content to the piece whether unwittingly or consciously. As such, the overall presentation of the piece can vary greatly based on external conditions such as seasons, world events and even time of day. The work is essentially taking the instantaneous emotional pulse of the internet and this collective pulse, like a human pulse, varies over time.

Cost:
free

See:
http://www.txstgalleries.org/visit/

Sponsor:
The University Galleries

Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/../Contact.html

Calendar:
Common Experience

Categories:
Visual Arts
Students in Crisis: How You Can Help Student to Cope (This event is open to faculty and staff only.) (CE)
Monday, September 16, 2013 4:32 PM

Students in Crisis: How You Can Help Student to Cope (This event is open to faculty and staff only.) (CE)

When:
   Wednesday, September 18, 2013 10:30 AM - 12:00 PM
Where:
   JC Kellam Reed Parr Room (11th floor) and shown at Avery 351 (in Round Rock)
Description:
   This is a Professional Development session that is open to faculty and staff at Texas State University.

   Faculty and staff are increasingly confronted with a variety of issues with which students wrestle outside of class and work. Texas State is home to a network of services that are designed to assist you and students. This collaborative program will introduce some of those services most often utilized by students in crisis along with contact information of the staff members in these offices. Come learn about the Dean of Students (Emergency Services), Office of Disability Services, Counseling Center, Career Services, Financial Aid, Student Learning Assistance Center (SLAC) and PAWS Alert (early warning online system for Positive Action With Students).

Cost:
   free
See:
   http://www.txstate.edu/pdevelop/
Sponsor:
   Professional Development
Contact:
   Terence Parker
   512.245.7899
   tp11@txstate.edu
Calendar:
   Common Experience
Categories:
   Training
Audience:
   Faculty, Staff

5th Annual Majors Fair: A MAJOR Stress Relief (CE)
Monday, September 16, 2013 4:33 PM

5th Annual Majors Fair: A MAJOR Stress Relief (CE)

When:
   Wednesday, September 18, 2013 11:00 AM - 2:00 PM
Where:
**LBJ Student Center Ballroom**

**Description:**
Relieve the stress of not having a declare major. Network with faculty, staff, and upperclassmen from departments across campus. Free admission, refreshments, and raffle prizes!

Who Should Attend?
- Students looking for a major
- Students considering changing their major
- Students searching for a minor
- Students thinking about a second major
- Students exploring ways to complement their academic plan with a certificate

What to Bring?
- Your Texas State ID card
- Questions about Texas State majors, minors, and/or certificates

Cost:
free

See:
http://www.ucollege.txstate.edu/advising/programs/majorsfair.html

**Attachment**
Majorsfair

**Sponsor:**
University College

**Contact:**
Michelle Sotolongo
512-245-2218
majorsfair@txstate.edu
http://www.ucollege.txstate.edu/advising/.../majorsfair.html

**Calendar:**
Common Experience

**Categories:**
Academic, Fairs

**Audience:**
Faculty, Staff, Students

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**Zombie Apocalypse: Preparedness 101**
Friday, September 13, 2013 5:52 PM

Zombie Apocalypse: Preparedness 101

**When:**
Wednesday, September 18, 2013 1:00 PM - 1:50 PM

**Where:**
LBJ Student Center Room 3-7.1

**Description:**
Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability
accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free

See: [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor: Counseling

Contact: Blanca Sanchez-Navarro
512-245-2208
[counselingcenter@txstate.edu](mailto:counselingcenter@txstate.edu)

Calendar: [Common Experience](http://www.counseling.txstate.edu/outreach/DEAL.html)

Categories: Training

Audience: Faculty, Staff, Students

**M Path**
Monday, September 16, 2013 2:21 PM

**M Path**

**When:**
Wednesday, September 18, 2013 3:00 PM - 3:00 PM

**Where:** Joann Cole Mitte Gallery 1

**Description:**

This exhibition seeks to create an empathic gaze on the part of the viewer to the artist’s work and the ideas contained therein. Empathy—defined as the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another without having the feelings, thoughts communicated explicitly—is the focus of this group exhibition, which creates the emotional architecture wherein the viewer responds to the work in an empathic way. Offered in support of the university’s Common Experience, Minds Matter: Exploring Mental Health and Illness, the exhibition is comprised of 20 artists’ works from the US and Europe and explores the diverse nature of emotional dissonance, unease, and the evaluation of emotion. As such, identity, or lack thereof, is used as a standard for and a path to the establishment the viewers’ emotional and empathic responses.

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**Cost:**
Mental Health Fitness
Friday, September 13, 2013 4:06 PM

Mental Health Fitness

When:
Thursday, September 19, 2013 10:00 AM - 10:50 AM
Where: LBJ Student Center Room 3-7.1
Description:
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.
5th Annual Majors Fair: A MAJOR Stress Relief (CE)

When:
Thursday, September 19, 2013 11:00 AM - 2:00 PM

Where:
LBJ Student Center Ballroom

Description:
Relieve the stress of not having a declare major. Network with faculty, staff, and upperclassmen from departments across campus. Free admission, refreshments, and raffle prizes!

Who Should Attend?
- Students looking for a major
- Students considering changing their major
- Students searching for a minor
- Students thinking about a second major
- Students exploring ways to complement their academic plan with a certificate

What to Bring?
- Your Texas State ID card
- Questions about Texas State majors, minors, and/or certificates

Cost:
free

See:
http://www.ucollege.txstate.edu/advising/programs/majorsfair.html

Attachment
Majorsfair

Sponsor:
University College

Contact:
Michelle Sotolongo
512-245-2218
majorsfair@txstate.edu
http://www.ucollege.txstate.edu/advising/programs/majorsfair.html

Calendar:
Common Experience

Categories:
Academic, Fairs

Audience:
Faculty, Staff, Students

College Mental Health: Understanding and Helping Your Students in Distress

Monday, September 16, 2013 5:48 PM

College Mental Health: Understanding and Helping Your Students in Distress

When:
Thursday, September 19, 2013 1:00 PM - 2:30 PM

Where:
Alkek Library Room 105/106

Description:

Over the past several years, college campuses across the nation have experienced a consistent and dramatic increase in the number of students with severe mental health problems. The problem has become so prevalent that it has been frequently documented in major national news headlines, publications, and websites. It has also stimulated several specific national conferences and even prompted federal legislation to address the issue. Why is this happening, and what are the implications for the college campus?

Cost:
free

See:
http://www.ada.txstate.edu/

Attachment
Worry

Sponsor:
Academic Development and Assessment

Contact:
Tina Jackson
512-245-2112
tj04@txstate.edu

Calendar:
Common Experience

Categories:
Health, Lectures

Audience:
Faculty, Staff, Students

**Beyond Stress: Creating a “State of Ease” © for Daily Living (This event is open to faculty and staff only.)**

Friday, September 13, 2013 4:17 PM

Beyond Stress: Creating a “State of Ease” © for Daily Living (This event is open to faculty and staff only.)

When:
Thursday, September 19, 2013 2:30 PM - 4:30 PM

Where:
JC Kellam Administration Building Room 460

Description:

This is a Professional Development session that is open to faculty and staff at Texas State University.

It may seem that there’s nothing you can do about your stress level. The bills keep coming in, the hours in a day are not enough, and your work and/or family responsibilities are demanding. Reaching a goal of a balanced life with time for work, family, relaxation, and fun can seem hard to achieve. Through this workshop, the facilitator will help you to avoid sources of stress, learn how to reduce stress effects and create a “state of ease”© for daily living.
A Sufi's Song: Food for the Heart (Ustad Nizami)
Friday, September 13, 2013 4:20 PM

A Sufi’s Song: Food for the Heart (Ustad Nizami)

When:
Thursday, September 19, 2013 5:30 PM - 9:30 PM

Where:
Music Building Recital Hall

Description:
5:30 - 7:00 : Discussion about music
7:45 - 9:30 : Musical performance

Ustad Nizami, a master of the Sufi musical tradition, along with his son Faraz Nizami, will be giving a vocal and instrumental concert using traditional Pakistani instruments, such as the tabla, the sitar, and the harmonium. In the many traditional styles of music Nizami plays, including Classical Pakistani/Indian, Pakistani Folk and Sufi, music is played for the purpose of bringing peace and healing through the performance. Both critically and popularly acclaimed, he has performed for such dignitaries as Queen Elizabeth and Nelson Mandela. On a Fulbright scholarship, Nizami began his own school of Sufi Music in Austin. This concert offers students the unique opportunity to listen to music played by a master of a rich oral and musical tradition that is rapidly being lost. It is also a tradition whose aim to bring inner peace connects strongly with that of this year’s Common Experience—to promote mental health. All are invited for Nizami’s talk on Sufi music from 5:30 - 7:00, followed by refreshments, and a musical performance from 7:45–9:30. Sponsored by the Muslim Student Association, the University Lecture Series, the Honors College, Multicultural Programs Committee, and the School of Music, this event is free and open to the public. For more information, contact Diann McCabe at dm14@txstate.edu or see http://ustadnizami.com/
Comfort Sessions with Katelena Hernandez: a part of the M PATH group exhibit

Friday, September 13, 2013 4:22 PM

Comfort Sessions with Katelena Hernandez: a part of the M PATH group exhibit

When:
Thursday, September 19, 2013 7:00 PM - 10:00 PM

Where:
Joann Cole Mitte Gallery 1

Description:
Austin based performance and installation artist, Katelena Hernandez, brings her Comfort Sessions project to The University Galleries as part of a group exhibition titled M PATH. Comfort Sessions is a performance and installation that continues the artist’s focus on the concept of comfort: how it is created, how it is perceived, and the complexities of the politics of how it is shared among people who know one another and between strangers. The work seeks to explore and mitigate the dichotomy of awkwardness and intimacy.

In this variation of Comfort Sessions, a project based on comforting through the singing of lullabies, Hernandez wears a dress made from 100 yards of red polyester fleece, bound into bundles with ribbon surrounded by a “nest” formation comprised of 180 pillows on which participating viewers rest. Choosing from a personal collection of over 180 lullabies from many ethnic and musical traditions, Hernandez sings lullabies and comforts participants for up to three hours at a time, covering and comforting listeners with the bundled fleece during the performance.

Cost:
free

See:
http://katelenahernandez.squarespace.com/#/comfort-sessions/

Sponsor:
The University Galleries

Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html

Calendar:
Common Experience

Categories:
Mental Health Yoga for the Mind: Introducing emWave

When: Monday, September 23, 2013 11:00 AM - 11:50 AM
Where: LBJ Student Center Room 3-7.1
Description:

Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free

See: [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor: Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar: Common Experience
Categories: Training
Audience: Faculty, Staff, Students

Time to Change Some Old Habits

When: Monday, September 23, 2013 7:00 PM - 8:00 PM
Where: Alkek Library Teaching Theatre
Description:

Dr. Fred Frese is a retired Captain of the U.S. Marine Corps, a psychologist, and a person diagnosed with schizophrenia who has achieved a high level of recovery and professional...
success. He earned his doctorate in psychology from Ohio University after his diagnosis and served for 15 years as Director of Psychology at Western Reserve Psychiatric Hospital before taking his current position as associate professor of psychiatry at Northeast Ohio Medical University. Frese serves on several taskforces of the American Psychological Association and the boards of national organizations including the Treatment Advocacy Center and the Irwin Foundation. He has given over a thousand presentations about his life experiences and has appeared on ABC News, CNN, Nightline, and NPR. He has also testified many times to the U.S. House of Representatives and U.S. Senate. Fred Frese is a recipient of the Clifford W. Beers Award, Mental Health America’s highest honor, for his work to improve the lives of people with mental health issues. For more information contact Dr. William Kelemen at psychology@txstate.edu or 512.245.2526

Cost: free

See: psychology@txstate.edu

Sponsor: Department of Psychology

Contact:
Psychology
512.245.2526
psychology@txstate.edu
http://www.psych.txstate.edu

Calendar: Common Experience

Categories: Lectures

Audience: Faculty, General Interest, Staff, Students

**Allies Training**

Friday, September 13, 2013 4:27 PM

Allies Training

When:
Tuesday, September 24, 2013 8:30 AM - 12:30 PM

Where:
JC Kellam Reed Parr Room (11th floor)

Description:

This is a Professional Development session that is open to faculty and staff at Texas State University.

Lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) individuals have historically felt unsafe on college and university campuses, felt invisible on campus, or found the climate uninviting or hostile. These conditions often foil attempts to foster student development and growth, to recruit faculty and staff, and to retain the diversity of the campus community. Because of this, the Allies of Texas State program aims to create and sustain “safe places,” places where LGBTQ students, staff, and faculty can speak with an Ally in confidence.

The program also seeks to include LGBTQ individuals in all aspects of campus life. The Allies of Texas State program is coordinated by the VPSA Allies Team. Individuals who wish to
participate in the Allies of Texas State program must attend the Allies training. At the end of trainings, individuals have the option of signing a contract to become an official Texas State Ally, agreeing to provide support, confidentiality, and a safe place for LGBTQ students. Those who sign the contract will receive an Ally of Texas State placard and/or pin. These two items symbolize understanding, support, and trust. Placards also signify a "safe place" where LGBTQ individuals can speak in confidence and receive help, advice, and support.

Cost: free
Sponsor: Office of Student Diversity and Inclusion
Contact: Office of Student Diversity and Inclusion
         512.245.7899
         osdi@txstate.edu
Calendar: Common Experience
Categories: Training
Audience: Faculty, Staff

Dialogue Series Week 1: Neuroscience and Philosophy of Mind
Thursday, September 26, 2013 5:56 PM

Dialogue Series Week 1: Neuroscience and Philosophy of Mind

When: Tuesday, September 24, 2013 12:30 PM - 2:00 PM
Where: Derrick Hall 111
Description:

Has Neuroscience Supplanted the Philosophy of Mind?
Sophists & Sages (Dialogue Class)

Cost: FREE
See: http://www.txstate.edu/philosophy/calendar.html
Sponsor: Philosophy
Contact: Beverly Pairett
         philosophy@txstate.edu
Calendar: Common Experience
Categories: Academic
Audience: Faculty, General Interest, Staff, Students
Campus Mental Health: Understanding and Helping Your Students in Distress (This event is open to faculty and staff only.)
Friday, September 13, 2013 4:28 PM

Campus Mental Health: Understanding and Helping Your Students in Distress (This event is open to faculty and staff only.)

When:
Tuesday, September 24, 2013 2:30 PM - 4:30 PM
Where:
JC Kellam Administration Building Room 460
Description:
This is a Professional Development session that is open to faculty and staff at Texas State University.

This program will examine the changing trends in college student mental health and why it has important implications for the campus learning environment. The program will look at such issues as:

* How to identify factors contributing to the changing student mental health trend
* How to recognize and respond to students who may be suffering from mental health problems
* How to refer students for help
* How the increasing severity of mental health problems affect the campus learning environment
* How severe mental health problems affect the University
* How the challenges of student mental health problems are exacerbated by the status of mental health care in America and the limited availability of mental health care beyond the campus borders

Cost:
free
See:
http://www.counseling.txstate.edu/
Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar:
Common Experience
Categories:
Training
Audience:
Faculty, Staff

Overcome Test, Math, and Performance Anxiety
Friday, September 13, 2013 5:34 PM

Overcome Test, Math, and Performance Anxiety
When:
   Tuesday, September 24, 2013 3:00 PM - 3:50 PM
Where:
   LBJ Student Center Room 3-7.1
Description:
   Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
   free
See:
   [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
Sponsor:
   Counseling Center
Contact:
   Blanca Sanchez-Navarro
   512-245-2208
   counselingcenter@txstate.edu
Calendar:
   Common Experience
Categories:
   Training
Audience:
   Faculty, Staff, Students

**T,E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)**

Monday, September 16, 2013 4:32 PM

T,E.D. (Transformations, Emotional Deconstruction): a part of the M PATH group exhibit (CE)

When:
   Wednesday, September 25, 2013 9:00 AM - 10:00 PM
Where:
   Joann Cole Mitte Gallery 1
Description:
   Thanks to the interconnectivity provided by the internet, people have never before been better able to express their emotions to the world community. Everyday hundreds of thousands of people use a myriad of blogs and other online outlets to discuss how they are feeling on an endless array of topics ranging from superficial thoughts on the quality one’s ‘hair day’ to extremely intimate considerations of love, betrayal or even whether or not they should end their lives. Literally every subtle increment on the scale of the human emotional condition is expressed but, sadly, due to the tremendous scale of information available, many of these expressions are buried within a sea of noise. With T,E.D. the artists’ aim is to give a literal voice and physical presence to a portion of this content as it is expressed in real-time.
T, E.D. is a large, wall-based installation consisting of an array of 80 Teddy Ruxpin dolls that have been altered to speak emotional content gathered from the web via synthetic speech with animated mouths. The speaking of the emotional content is accompanied by one of twenty-four musical vignettes that have been paired to the emotional content being spoken. The installation is allowed to drift about freely through the emotional landscape being driven only by those who are contributing content to the piece whether unwittingly or consciously. As such, the overall presentation of the piece can vary greatly based on external conditions such as seasons, world events and even time of day. The work is essentially taking the instantaneous emotional pulse of the internet and this collective pulse, like a human pulse, varies over time.

Cost: free
See: http://www.txstgalleries.org/visit/
Sponsor: The University Galleries
Contact: Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html

Calendar: Common Experience
Categories: Visual Arts
Audience: Faculty, General Interest, Staff, Students

**Mood Management: Taking Charge of Feeling Good**
Friday, September 13, 2013 5:43 PM

Mood Management: Taking Charge of Feeling Good

When: Wednesday, September 25, 2013 2:00 PM - 2:50 PM
Where: LBJ Student Center Room 3-7.1
Description:

Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
M Path
Monday, September 16, 2013 2:21 PM

When:
Wednesday, September 25, 2013 3:00 PM - 3:00 PM

Where:
Joann Cole Mitte Gallery 1

Description:
This exhibition seeks to create an empathic gaze on the part of the viewer to the artist's work and the ideas contained therein. Empathy—defined as the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another without having the feelings, thoughts communicated explicitly—is the focus of this group exhibition, which creates the emotional architecture wherein the viewer responds to the work in an empathic way. Offered in support of the university's Common Experience, Minds Matter: Exploring Mental Health and Illness, the exhibition is comprised of 20 artists' works from the US and Europe and explores the diverse nature of emotional dissonance, unease, and the evaluation of emotion. As such, identity, or lack thereof, is used as a standard for and a path to the establishment the viewers' emotional and empathic responses.

The exhibition is comprised of a variety of works in a survey of media. Included is an interactive performance of a work titled Comfort Sessions by Austin based artist Katelena Hernandez, wherein the artist sings lullabies to the audience participants. Also featured is an installation work by Portland artists Sean Hathaway and Carlos Severe Marcelin titled T, E.D. (Transformations, Emotional Deconstruction), also an interactive work which not only pulls statements of emotion from the internet but also allows for direct interaction from the university's population via social media and internet access.
Dialogue at the San Marcos Public Library: Incurable Brain Disease: Would You Want to Know?
Tuesday, September 24, 2013 6:21 PM

Dialogue at the San Marcos Public Library: Incurable Brain Disease: Would You Want to Know?

When:
Wednesday, September 25, 2013 3:30 PM - 5:00 PM

Where:
Off Campus San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666

Description:
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series. The first session features Richard T. Hull of SUNY at Buffalo speaking on "Incurable Brain Disease: Would You Want to Know?"

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students
The Effectiveness of Psychotherapy

When:  
Wednesday, September 25, 2013 7:00 PM - 8:00 PM
Where:  
Centennial Hall Teaching Theatre
Description:  
Dr. Melba Vasquez, Past President of the American Psychological Association, will talk about evidence-based outcomes that demonstrate psychotherapy is highly beneficial and cost-effective. Meta analysis of thousands of outcome studies demonstrate that psychotherapy provides symptom relief from depression, anxiety, and stress, promotes personality change, reduces future symptomatic episodes, enhances quality of life, promotes adaptive functioning in work/school and relationships, increases the likelihood of making healthy life choices, and offers other benefits established by the collaboration between client/patient and psychologist. The results of psychotherapy tend to last longer and be less likely to require additional treatment courses than psychopharmacological treatments. Effectiveness with diverse populations will also be described.

Cost:  
free
See:  
Sponsor:  
Department of Psychology
Contact:  
Ollie Seay  
5122453167  
ollieseay@txstate.edu
Calendar:  
Common Experience
Categories:  
Lectures
Audience:  
Faculty, General Interest, Staff, Students

Consciousness and the Brain

When:  
Thursday, September 26, 2013 12:30 PM - 1:30 PM
Where:  
Derrick Hall Room 111
Description:  
Sophists & Sages, a Dialogue class, is scheduled to be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may
The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost: free

See: [http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html](http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html)

Sponsor: Department of Philosophy

Contact: Dr. Vince Luizzi  
512.245.3142  
vlu1@txstate.edu

Calendar: [Common Experience](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

Categories: [Academic, Lectures](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

Audience: [Faculty, General Interest, Staff, Students](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

**NAMI-Austin Walk**

Friday, September 13, 2013 4:45 PM

NAMI-Austin Walk

When: Saturday, September 28, 2013 7:00 AM - 12:00 PM

Where: [Off Campus](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom) West Riverside Drive at South First Street in Austin, Texas

Description:

Check-in at 7:30 AM  
Walk at 9 AM

**West Riverside Drive at South First Street in Austin, Texas**

The National Alliance on Mental Illness (NAMI) is the largest advocacy organization in the U.S. for persons with mental illness, family members, friends, and other support people. NAMI raises awareness about the prominence of mental health issues in our society, provides free educational events, organizes support groups, and advocates on behalf of those affected by mental illness. NAMI Austin, which was named national affiliate of the year at the 2013 NAMI Convention, relies on proceeds from the annual NAMI Walk as their sole source of funding. This year’s walk in downtown Austin will include a team of Texas State University walkers organized by students in the St. David’s School of Nursing at Round Rock. Consider joining the Bobcat Nursing team to raise money for NAMI Austin. Proceeds go directly toward funding NAMI’s education, support and advocacy programs in the Greater Austin area.

For more information visit http://www.namiaustin.org/namiwalks/

Cost: free
See: http://www.namiaustin.org/namiwalks/
Sponsor: St. David’s School of Nursing at Round Rock
Contact: Tyler Beattie
512.797.4283
tb1183@txstate.edu

Calendar: Common Experience
Categories: Community Service, Health
Audience: Faculty, General Interest, Staff, Students

**Mood Management: Taking Charge of Feeling Good**
Friday, September 13, 2013 5:44 PM

Mood Management: Taking Charge of Feeling Good

When: Monday, September 30, 2013 12:00 PM - 12:50 PM
Where: LBJ Student Center Room 3-7.1
Description:

Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar: Common Experience
**Gun Control and Mental Health**

Wednesday, September 25, 2013 4:57 PM

**Gun Control and Mental Health**

When:
- Monday, September 30, 2013 12:30 PM - 2:00 PM

Where:
- Derrick Hall Room 111

Description:

Vince Luizzi and the Philosophy of Law Class are the speakers for this event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
- free

See:
- [http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html](http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html)

Sponsor:
- Department of Philosophy

Contact:
- Dr. Vince Luizzi
- 512.245.3142
- vl01@txstate.edu

Calendar:
- [Common Experience](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

**Employee Wellness Fair**

Friday, September 13, 2013 4:38 PM

**Employee Wellness Fair**

When:
- Tuesday, October 01, 2013 10:00 AM - 3:00 PM

Where:
LBJ Student Center Ballroom

Description:

This is a Professional Development session that is open to faculty and staff at Texas State University.

The Texas State University Employee Wellness Fair has become an annual event for all faculty and staff. The Fair creates an opportunity for employees to receive information related to individual health issues such as blood pressure, blood glucose level, vision, hearing, body fat percentage, lung function, healthy eating and more. This will be the sixth year of the Fair with the attendance increasing every year!

Cost:

free

See:

http://www.txstate.edu/pdevelop/Services/employeewellnessfair.html

Sponsor:

Professional Development

Contact:

Rose Trevino
512.245.7899
hr@txstate.edu

Calendar:

Common Experience

Categories:

Fairs, Health

Audience:

Faculty, Staff

Zombie Apocalypse: Preparedness 101

Friday, September 13, 2013 5:53 PM

Zombie Apocalypse: Preparedness 101

When:

Tuesday, October 01, 2013 10:00 AM - 10:50 AM

Where:

LBJ Student Center Room 3-7.1

Description:

Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:

free

See:

http://www.counseling.txstate.edu/outreach/DEAL.html
Campus Canvas

When: Tuesday, October 01, 2013 10:00 AM - 3:00 PM

Where: The Quad

Description:

Join the Gallery of the Common Experience in the Quad for Campus Campus, a new collective creative project! Across the globe, art animates communities and brings people together to share common experiences, stimulating our imaginations and helping us gain understanding for each other. Art is a core element of the culture of Texas State and San Marcos, making it a vehicle for community interactions. With the goal of creating visual dialogue and improving our connections to each other through community-created art, the gallery crew will set up two large canvases with a variety of media in the Quad on Tuesday, October 1, from 10 a.m. - 3 p.m. Come by and make your mark!

Participation is free. This event is sponsored by the Honors College and the Common Experience. For more information, contact Billi London-Gray, curator of the Gallery of the Common Experience, at cegallery@txstate.edu.

Cost: free

See: http://www.txstate.edu/honors/forum/gallcommonexp.html
Neuroscience and Free Will
Wednesday, September 25, 2013 4:58 PM

Neuroscience and Free Will

When:
Tuesday, October 01, 2013 12:30 PM - 2:00 PM

Where:
Derrick Hall Room 111

Description:
Dialogue students Ethan Jones and Garrett Martin are the scheduled speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:
Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar:
Common Experience

Categories:
Academic

Audience:
Faculty, General Interest, Staff, Students

The Neurophysiology of Free Will: Causal Chains and Human Action
Wednesday, September 25, 2013 5:14 PM

The Neurophysiology of Free Will: Causal Chains and Human Action

When:
Elaine M. Hull from Psychology and Neuroscience at Florida State University will be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:  
free

See:  
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:  
Department of Philosophy

Contact:  
Dr. Vince Luizzi  
512.245.3142  
vl01@txstate.edu

Calendar:  
Common Experience

Categories:  
Academic

Audience:  
Faculty, General Interest, Staff, Students

**Mental Health Fitness**  
Friday, September 13, 2013 4:40 PM

Mental Health Fitness

When:  
Wednesday, October 02, 2013 3:00 PM - 3:50 PM

Where:  
LBJ Student Center Room 3-7.1

Description:  
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of
the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center.  
Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro  
512-245-2208  
counselingcenter@txstate.edu
Calendar: Common Experience  
Categories: Training
Audience: Faculty, Staff, Students
Dialogue at the San Marcos Public Library Bioethics and the Fate of the Responsible Self  
Wednesday, September 25, 2013 5:06 PM
Dialogue at the San Marcos Public Library Bioethics and the Fate of the Responsible Self

When: Wednesday, October 02, 2013 3:30 PM - 5:00 PM
Where: Off Campus San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666
Description:

Jo Ann Carson and the Philosophy Dialogue Class will be the speakers for the event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost: free
Introduction to Basic Stress Management

When: Thursday, October 03, 2013 11:00 AM - 11:50 AM
Where: LBJ Student Center Room 3-7.1
Description:

Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro 512-245-2208 counselingcenter@txstate.edu
Calendar: Common Experience
Categories: Training
Audience: Faculty, Staff, Students
Dialogue students, Leo Bannister and Jude Schweizer, will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free

See: [http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html](http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html)

Sponsor: Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar: Common Experience

Categories: Academic

Audience: Faculty, General Interest, Staff, Students

"Prince to Tyrant: What Changed Henry VIII?" A Presentation by Dr. Suzannah Lipscomb, Award-winning Historian, Author, and Broadcaster

Monday, September 30, 2013 2:01 PM

"Prince to Tyrant: What Changed Henry VIII?" A Presentation by Dr. Suzannah Lipscomb, Award-winning Historian, Author, and Broadcaster

When:
Thursday, October 03, 2013 5:45 PM - 8:00 PM

Where: Alkek Library Teaching Theatre

Description:

When Henry VIII ascended the English throne in 1509, he was universally regarded as good-looking, accomplished and kind. By the end of his reign, his subjects were justifiably and secretly (for it was treason to do so) calling him a tyrant. What happened? Why it did all
go so terribly wrong? The answer lies in one terrible, tumultuous year of his life that transformed England’s most infamous king - for the worse.

Cost:
free
Attachment

Sponsor:
Department of History
Contact:
Bryan Glass
512.245.2772
bg30@txstate.edu
Calendar:
Common Experience
Categories:
Lectures
Audience:
Faculty, General Interest, Staff, Students

LIBRARY FILM SERIES: Showing of Documentary "Catfish"
Monday, September 30, 2013 4:54 PM

LIBRARY FILM SERIES: Showing of Documentary "Catfish"

When:
Thursday, October 03, 2013 7:30 PM - 9:30 PM
Where:
The Wittliff Collections / Alkek Library 7th Floor Wittliff Collections Photography gallery
Description:

The Library Film Series presents Catfish, the 2010 reality-thriller documentary, with a discussion to follow. In late 2007, filmmakers Ariel Schulman and Henry Joost sensed a story unfolding as they began to film the life of Ariel’s brother, Yaniv (Nev). They had no idea their project would lead to the most exhilarating and unsettling months of their lives. This riveting story of love, deception, and grace within a labyrinth of online intrigue is a shocking product of our times.

As it is with all Wittliff Collections public events, admission is FREE. This event is sponsored by Texas State’s Albert B. Alkek Library and the Wittliff Collections.

The screening will take place in the Wittliff Collections’ photography gallery, located on the 7th floor of Alkek Library. Admission is free, and seating will be first come, first served.

The filmmakers urge viewers not to spill the movie’s secrets to those who have not seen it.

Cost:
free
See:
http://libguides.txstate.edu/lfs-catfish
Sponsor:
The Wittliff Collections
Contact:
Lyda Guz
**NAMI - San Antonio Walk**
Friday, September 13, 2013 4:45 PM

**NAMI - San Antonio Walk**

**When:**
Saturday, October 05, 2013 7:00 AM - 12:00 PM

**Where:**
Off Campus Morgan's Wonderland (5223 David Edwards Drive, San Antonio, TX 78233)

**Description:**
Check-in : 7AM  
Start Time: 8:30 AM

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need. NAMI is the foundation for hundreds of NAMI State Organizations, NAMI Affiliates and volunteer leaders who work in local communities across the country to raise awareness and provide essential and free education, advocacy and support group programs. This year's San Antonio walk beginning at Morgan's Wonderland will include a team of Texas State University walkers organized by student members of the NAMI Cats student organization. Consider joining the NAMI Cats team to raise money for NAMI San Antonio. Proceeds go directly toward funding NAMI's education, support and advocacy programs in the San Antonio area.

**Event website**  
[NAMI CATs Team Website](#)

**Cost:**
free

**See:**
https://securewalks.nami.org/registrant/...a%2f%2fnamiwalks.org%2fcontent%2fhome

**Sponsor:**
NAMI Cats Student Organization

**Contact:**
Lauren Bolado  
210 885 2608  
l_b74@txstate.edu

**Calendar:**
[Common Experience](#)

**Categories:**
Community Service, Health
Audience: Faculty, General Interest, Staff, Students

**Overcome Test, Math, and Performance Anxiety**
Friday, September 13, 2013 5:35 PM

Overcome Test, Math, and Performance Anxiety

When:
Monday, October 07, 2013 1:00 PM - 1:50 PM

Where:
**LBJ Student Center** Room 3-7.1

Description:

Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free

See:
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff, Students

**Mental Health and Illness and its Relationship to Artistic Creativity**
Thursday, September 26, 2013 5:46 PM

Mental Health and Illness and its Relationship to Artistic Creativity

When:
Monday, October 07, 2013 6:30 PM - 8:00 PM

Where:
**Round Rock Campus** Avery 252

Description:

This lecture for the Texas State Round Rock Faculty Speaker Series will explore how creativity and mental health & illness relate to each other. Recent literature (such as by H. Gardner, D. K. Simonton, A. Beveridge, N. C. Andreasen, A. Furnham, and others) will be summarized for
a general audience and examples from the art disciplines will be given. Examples include visual artist Vincent van Gogh, composer Robert Schumann, dancer Vaslav Nijinski, photographer Richard Avedon, playwright Eugene O’Neill, to name a few. Both, the artistic reflection of mental health & illness as well as work by artists with varying degrees of mental health & illness will be explored. The lecture, followed by discussion, will encourage students, faculty, staff, and community members to recognize and discuss creativity on the broad spectrum of mental health to mental illness.

Cost:  
free

See:  
http://www.rrc.txstate.edu/

Attachment  
Schuler Poster

Sponsor:  
Texas State Round Rock

Contact:  
Dr. Nico Schuler  
512.245.3395  
nico.schuler@txstate.edu  
http://www.txstate.edu/commonexperience

Calendar:  
Common Experience

Categories:  
Academic, Lectures

Audience:  
Faculty, General Interest, Staff, Students

**Mood Management: Taking Charge of Feeling Good**

Friday, September 13, 2013 5:46 PM

Mood Management: Taking Charge of Feeling Good

When:  
Tuesday, October 08, 2013 11:00 AM - 11:50 AM

Where:  
LBJ Student Center Room 3-7.1

Description:

Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at  
http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:  
free

See:  
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:  
Counseling Center

Contact:
Evil, Empathy, and Human Cruelty
Wednesday, September 25, 2013 5:48 PM

**Evil, Empathy, and Human Cruelty**

**When:**
Tuesday, October 08, 2013 12:30 PM - 2:00 PM

**Where:**
Derrick Hall Room 111

**Description:**
Dialogue students, Alex Cortez and Blake Petrea, will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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**Cost:**
free

**See:**
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

**Sponsor:**
Department of Philosophy

**Contact:**
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

**Calendar:**
Common Experience

**Categories:**
Academic

**Audience:**
Faculty, General Interest, Staff, Students
Fall 2013 LBJ/Common Experience Distinguished Lecture Series Speaker: Patrick Kennedy

Friday, September 13, 2013 4:47 PM

Fall 2013 LBJ/Common Experience Distinguished Lecture Series Speaker: Patrick Kennedy

When:

Tuesday, October 08, 2013 7:00 PM - 9:00 PM

Where:

Evans Auditorium

Description:

The Common Experience Committee is pleased to announce that Patrick J. Kennedy will speak on campus to support the 2013 Common Experience theme "Minds Matter: Exploring Mental Health & Illness."

Mr. Kennedy, son of the late Senator Edward Kennedy and nephew of President John F. Kennedy, served 16 years in the U.S. Congress as a Representative for Rhode Island. During that time, he co-sponsored the Mental Health Parity and Addiction Equity Act of 2008 that prohibits health insurance policies from placing limits on psychiatric care. After leaving office in 2011, Kennedy co-founded One Mind for Research, a non-profit group that promotes brain research. And in 2013, he established The Kennedy Forum to bring people together for improved mental health advocacy work.

After participating in the National Conference on Mental Health called by President Barack Obama in June, Kennedy said "Today's event at the White House should form the beginning of a national conversation on mental health that will allow us to finally remove the stigma surrounding mental illness and continue tackling a number of pressing mental health challenges."

Mr. Kennedy’s presence on campus and furtherance of that national conversation will come during the October 2013 50th anniversary of President John F. Kennedy’s landmark Community Mental Health Act that laid groundwork for mental health policies in the United States today. Four years later, Texas State alumnus President Lyndon B. Johnson signed into law the Mental Health Amendments of 1967 that furthered mental health services in the United States.

For further information on events associated with Patrick Kennedy’s visit, and other activities supporting the 2013 Common Experience theme, contact the Common Experience Office at 512.245.7952.

Cost:

free

See:

http://www.txstate.edu/commonexperience/about/kennedy.html

Sponsor:

Common Experience Office

Contact:

Common Experience
5122457952
commonexperience@txstate.edu

Calendar:

Common Experience

Categories:

Academic, Lectures

Audience:
Destress Fest '13 presented by the Texas State Counseling Center

Destress Fest '13 presented by the Texas State Counseling Center

When:
Wednesday, October 09, 2013 10:00 AM - 3:00 PM
Where:
LBJ Student Center Ballroom
Description:
DeStress Fest is a free, one-day event packed with activities and resources to help reduce stress and its effects. Some of the activities include:
- Massage therapy
- Yoga
- Puzzles, Games, Crafts
- Prizes

Some of the Resources include:
- Recreation activities from Campus Recreation
- Career Services
- Student Health Center
- Relaxation software/training from the Counseling Center

Attendance verification will be provided.

Cost:
free
See:
http://www.counseling.txstate.edu/
Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
S12-245-2208
counselingcenter@txstate.edu
Calendar:
Common Experience
Categories:
Fairs, Health
Audience:
Faculty, General Interest, Staff, Students

Lovecraft’s Solution of Evil: An Amorphous Blight of Nethermost Confusion Which Blasphemes and Bubbles at the Center of the Universe

Lovecraft’s Solution of Evil: An Amorphous Blight of Nethermost Confusion Which Blasphemes and Bubbles at the Center of the Universe

When:
Wednesday, October 09, 2013 1:00 PM - 2:00 PM
Where: Derrick Hall Room 111
Description:

Bryan Register will be the speaker for this dialogue event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free
See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Sponsor:
Department of Philosophy
Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu
Calendar:
Common Experience
Categories:
Academic
Audience:
Faculty, General Interest, Staff, Students

Dialogue at the San Marcos Public Library: Evil 101 in Century 21
Wednesday, September 25, 2013 5:12 PM
Dialogue at the San Marcos Public Library: Evil 101 in Century 21

When:
Wednesday, October 09, 2013 3:30 PM - 5:00 PM
Where: Off Campus San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666
Description:

Peter Hutcheson will be the speaker.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free
See:
Sponsor:
Department of Philosophy
Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu
Calendar:
Common Experience
Categories:
Academic
Audience:
Faculty, General Interest, Staff, Students

**LBJ Debate Society Hosts British National Debate Team**
Wednesday, October 09, 2013 9:59 AM

LBJ Debate Society Hosts British National Debate Team

When:
Wednesday, October 09, 2013 7:00 PM - 8:00 PM
Where:
Centennial Hall Centennial 157 (Teaching Theatre)
Description:
The LBJ Debate Society will host the British National Debate Team in a public debate on Wednesday, October 9, 2013 at 7:00 p.m. in Centennial Hall 157 (Centennial Teaching Theatre). The topic for this year’s debate will be on the Common Experience Theme of mental health issues and should prove to be both informative and entertaining.

About the British Debate Team Tour:
The oldest and arguably the most prestigious universities debating tour is the annual UK-US exchange that has been running since 1922. Each year the English Speaking Union of the United Kingdom (ESU) sends two debaters to the US. This tour is the premier opportunity
for British debaters to practice their craft, and the list of alumni includes a former British Prime Minister, a Leader of the Opposition, an Archbishop of Canterbury, and many senior politicians, journalists, and businesspeople.

Cost:
Free
Sponsor:
Department of Communication Studies
Contact:
Wayne Kraemer
512.245.2331
wk02@txstate.edu
http://www.finearts.txstate.edu/commstudies/
Calendar:
Common Experience
Categories:
Academic, Entertainment
Audience:
Faculty, General Interest, Staff, Students

**Zombie Apocalypse: Prepareness 101**
Wednesday, September 25, 2013 5:14 PM

Zombie Apocalypse: Prepareness 101

When:
Thursday, October 10, 2013 12:00 PM - 12:50 PM
Where:
LBJ Student Center LBJ 3-7.1
Description:
Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free
See:
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar:
Violence and the Anatomy of Evil
Monday, September 30, 2013 4:29 PM

Violence and the Anatomy of Evil

When:
Thursday, October 10, 2013 12:30 PM - 2:00 PM
Where: Derrick Hall Dialogue Room 111
Description:
Dialogue students, Jonathan Montemayor and Devin Wells will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free
See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Sponsor:
Department of Philosophy
Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu
Calendar:
Common Experience
Categories:
Lectures
Audience:
Faculty, General Interest, Staff, Students

American Health Care Policy Dilemma: Finding Solutions
Friday, September 13, 2013 4:51 PM

American Health Care Policy Dilemma: Finding Solutions

When:
Friday, October 11, 2013 11:30 AM - 2:30 PM
Where:
LBJ Student Center Room 3-13.1
Description:

Dr. King Davis is the Mike Hogg Professor in Community Affairs and Director of the Institute for Urban Policy Research & Analysis at The University of Texas at Austin. He formerly served as the Executive Director of the Hogg Foundation for Mental Health in Austin and was appointed Commissioner of the Department of Mental Health, Mental Retardation & Substance Abuse Services for the Commonwealth of Virginia by Governor L. Douglas Wilder before moving to Texas. Dr. Davis will focus on helping us understand where we have come from as a nation in the search for a viable health care policy. He will briefly examine the multiple strategies the U.S. has tried through various presidents and the failures and resistances to each. He will help us explore the Affordable Care Act proposed by President Obama and the nature of the consistent efforts to repeal or dismantle it within the U.S. Congress. The end focus will be on clarifying the basis of American resistance to universal health coverage for its population, particularly in the southern states, and proposing a series of solutions.

Cost:
free
See:
http://ddce.utexas.edu/news/2012/03/07/...
Attachment
King Davis
Sponsor:
School of Social Work
Contact:
Angela Ausbrooks
512.245.9067
aa16@txstate.edu
Calendar:
Common Experience
Categories:
Lectures
Audience:
Faculty, General Interest, Staff, Students

Zombie Apocalypse: Preparedness 101
Friday, September 13, 2013 5:56 PM

Zombie Apocalypse: Preparedness 101

When:
Monday, October 14, 2013 2:00 PM - 2:50 PM
Where:
LBJ Student Center Room 3-7.1
Description:

Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time.
to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free

See: [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor: Counseling Center

Contact: Blanca Sanchez-Navarro

512-245-2208
counselingcenter@txstate.edu

Calendar: Common Experience

Categories: Training

Audience: Faculty, Staff, Students

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**Accomplishing the “Impossible” in spite of a Brain Damaged Death**

Wednesday, October 02, 2013 9:59 AM

Accomplishing the "Impossible" in spite of a Brain Damaged Death

When: Monday, October 14, 2013 2:00 PM - 3:00 PM

Where: Derrick Hall Room 111

Description:

The speaker will be Joseph Brann, author of "Being THE Successful Failure!: The First DEMotivational Speaker!"

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free

See: [http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html](http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html)

Sponsor:
Mental Health Fitness
Friday, September 13, 2013 4:53 PM

Mental Health Fitness

When:
Tuesday, October 15, 2013 12:00 PM - 12:50 PM

Where:
LBJ Student Center Room 3-7.1

Description:
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff, Students

Hamlet: The Search for the Elusive Self
Wednesday, October 02, 2013 10:08 AM

Hamlet: The Search for the Elusive Self

When:
Tuesday, October 15, 2013 12:30 PM - 2:00 PM
Where: Derrick Hall Dialogue Room, 111
Description:
Dialogue students, Rebekah Read and David Tamez, will be the speakers for this event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free
See: http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Sponsor: Department of Philosophy
Contact: Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, Staff, Students

Introduction to Basic Stress Management
Wednesday, October 16, 2013 5:53 PM

Introduction to Basic Stress Management

When:
Wednesday, October 16, 2013 10:00 AM - 10:50 AM
Where: LBJ Student Center Room 3-10.1
Description:
Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure...
Dialogue at the San Marcos Public Library: Pride, Humility, and the Self

Wednesday, October 02, 2013 10:09 AM

Dialogue at the San Marcos Public Library: Pride, Humility, and the Self

When: Wednesday, October 16, 2013 3:30 PM - 5:00 PM

Where: Off Campus San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666

Description:

Rebecca Raphael from Religious Studies will be the speaker for the event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:
Naturalism and the Self

When:
Thursday, October 17, 2013 11:00 AM - 1:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:
Gilbert Fulmer from Philosophy and the Reason, God, and Nature Class will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Mental Health Yoga for the Mind: Introducing emWave

When: Thursday, October 17, 2013 1:00 PM - 1:50 PM
Where: LBJ Student Center Room 3-5.1
Description:

Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

cost: free

Sponsor: Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience
Categories:
Training
Audience: Faculty, Staff, Students

Author Jennifer Egan - Fiction Reading/ Book Signing/ Q&A

When: Thursday, October 17, 2013 3:25 PM - 5:00 PM
Where: Alkek Library 7th floor Wittliff Collections
Description:

Jennifer Egan was born in Chicago and raised in San Francisco. She is the author of The Invisible Circus, a novel that became a feature film starring Cameron Diaz in 2001, Look at
Me, a finalist for the National Book Award in fiction in 2001, Emerald City and Other Stories, and the bestselling The Keep. Her most recent novel, A Visit From the Goon Squad, won the 2011 Pulitzer Prize, the National Book Critics Circle Award for Fiction, and the L.A. Times Book Prize. Her short stories appear frequently in the New Yorker, Harper's, Granta, McSweeney's, and other magazines. She is a recipient of a Guggenheim Fellowship, a National Endowment for the Arts Fellowship in Fiction, and a Dorothy and Lewis B. Cullman Fellowship at the New York Public Library. Her non-fiction articles appear frequently in the New York Times Magazine. Her 2002 cover story on homeless children received the Carroll Kowal Journalism Award, and “The Bipolar Kid” received a 2009 NAMI Outstanding Media Award for Science and Health Reporting from the National Alliance on Mental Illness. This Lindsey Literary Series event is sponsored by the Burdine Johnson Foundation, the Wittliff Collections, the Katherine Anne Porter Literary Center, the Department of English and Texas State University. Books will be for sale at the event courtesy of the University Bookstore.

OCTOBER 18, 2013, FRIDAY, 7:30 PM
Jennifer Egan will also read at Texas State’s Katherine Anne Porter Literary Center in Kyle.

Photo by Pieter M. Van Hattem/Vistalux, taken from http://jenniferegans.com/photosbio

Cost:
free
See:
http://www.thewittliffcollections.txstate.edu/exhibitions-events/events.html
Sponsor:
The Wittliff Collections
Contact:
Lyda Guz
512.245.2313
lwg11@txstate.edu
Calendar:
Common Experience
Categories:
Academic, Lectures
Audience:
Faculty, General Interest, Staff, Students

Susan Stone Panel on Mental Illness and the Law
Monday, September 16, 2013 5:32 PM

Susan Stone Panel on Mental Illness and the Law

When:
Thursday, October 17, 2013 6:30 PM - 8:00 PM
Where:
Alkek Library Teaching Theatre
Description:

Susan Stone (1959-2013) was a licensed attorney, licensed psychiatrist, and a member of this panel until her unexpected passing in September. Applying her extensive knowledge of law and psychiatry, Dr. Stone was a strong advocate for people with mental illness in the Texas criminal justice system. This discussion of Texas Mental Health Code and its recent changes, as a result of Stone’s efforts to improve the delivery of voluntary and involuntary mental
health services, will include the following experts: Jacques M. Ntonme, J.D., Legal Fellow at Texas Appleseed; The Honorable Judge Guy Herman of the Travis County Probate Court; Beth Mitchell, J.D., of Disability Rights Texas; and Kris Thompson, former Sergeant with the Austin Police Department’s Crisis Intervention Team who will describe their roles in working with legal issues related to the treatment of persons with mental illness. The Texas Mental Health Code is a section of the Texas Health and Safety Code that provides the framework for how mental health treatment, both voluntary and involuntary, is carried out in Texas. Susan Stone tirelessly led a two-year project that made recommendations for important changes to this part of the law for the benefit of those with mental health issues.

Cost:
free

See:
http://www.prainc.com/projects-services/services/training/susan-stone/

Sponsor:
Department of Psychology

Contact:
Ollie Seay
5122453167
ollieseay@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

**How Happy Should I Be? : Philosophical Problems in Mood Disorder Diagnoses**

Wednesday, October 02, 2013 10:11 AM

How Happy Should I Be? : Philosophical Problems in Mood Disorder Diagnoses

When:
Monday, October 21, 2013 3:30 PM - 5:00 PM

Where:
Derrick Hall Room 111

Description:

Paul Wilson from Philosophy will be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.
Violence in Society: Does Media Reflect or Encourage it?

Friday, September 13, 2013 4:58 PM

Violence in Society: Does Media Reflect or Encourage it?

When:  
Monday, October 21, 2013 6:30 PM - 7:30 PM

Where:  
Old Main Room 320

Description:

Professor Tom Grimes, School of Journalism and Mass Communication, Texas State University, has written extensively on the “pathologizing of well behavior.” This means defining behaviors carried out by psychologically well people as attributes of mental illness when no illness is present. Nowhere has this been more prevalent than in mass communication research. This practice has centered on media violence research. Researchers, offended by what they see in video games, cable TV, and on the Internet, and in movies, have correlated that content with high levels of (what they have defined as) “aggression” in society. In order to find a correlation between violent media consumption and aggression, they have redefined aggression to include non-pathological behaviors. These include moving traffic citations, verbal expressions of materialism, the criticism of other people’s appearance, and the great catch-all, which appears in much of this research literature, “any aggressive act.” Professor Grimes will explore with the audience the reasons why this illicit connection between media violence, and aggressive behavior, has been made and what the most contemporary research has to say about the connection (or lack of it).
Is “The Pursuit of Happiness” Overrated?
Wednesday, October 02, 2013 10:13 AM

Is “The Pursuit of Happiness” Overrated?

When:
Tuesday, October 22, 2013 12:30 PM - 2:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:
Dialogue students, Eamon Bachari and John Willms will be the speakers for this event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:
Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Question, Persuade, Refer (QPR) Suicide Prevention Training (This event is open to faculty and staff only.)
Friday, September 13, 2013 5:00 PM

Question, Persuade, Refer (QPR) Suicide Prevention Training (This event is open to faculty and staff only.)

When:
Tuesday, October 22, 2013 2:30 PM - 4:30 PM
Where:
JC Kellam Administration Building Room 460

Description:

This is a Professional Development session that is open to faculty and staff at Texas State University.

Suicide is the most preventable cause of death. Yet, it is a leading cause of death among college students. After completing this training, you will become a “QPR Gatekeeper” trained to recognize suicidal signs, ask the right questions, persuade someone who is thinking about suicide to get help, and know how to refer for help.

While suicidal people rarely reach out directly for professional help themselves, almost all send indirect communications and clues that they are in distress and considering suicide. This training will be helpful for you in your job and in your personal life.

When you apply QPR, you plant the seeds of hope. Applying QPR brings a personal crisis out of the dark and into the light. QPR is a positive, hopeful technique, and it is hope, more than anything else, that helps reduce the risk of premature death by suicide.

Cost:
free

See:
http://www.counseling.txstate.edu/

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff

Roundtable 360: Business of Balance
Monday, September 30, 2013 5:19 PM

Roundtable 360: Business of Balance
When:
Tuesday, October 22, 2013 6:00 PM - 7:15 PM

Where:
Alkek Library Alkek Teaching Theatre

Description:
Lively, respectful conversation on "hot" topics is the Roundtable 360's continued purpose for the 4th annual offering. Business of Balance will focus on mental health in the workplace.

Panelists include:
1. Ms. Brooke Brownlow, VP HR H-E-B. With a proactive wellness business model for over 76,000 employees, this innovative company focuses on disability management with appropriate treatment, full parity of mental health benefits with an emphasis on wellness of its partners. H-E-B cut costs by 40% on mental health issues while strengthening their health programs.

2. Colonel Jeffrey S. Yarvis, Deputy Commander/ VP for Behavioral Health at Fort Belvoir Community Hospital and Visiting Professor Institute for Clinical Social Work in Chicago. Dr. Yarvis has practiced internationally with disaster, domestic violence, child abuse, sexual abuse, accident, and war-induced trauma across many different cultures and populations.

3. Mr. Wylie Kumler, Austin TX, partner Melton and Kumler, LLP. As a former Assistant Attorney General in General Litigation, he focused on employment issues including claims of discrimination focused on the constitutionality of state statutes in the administration of the state hospital system. In private practice, Kumler represents clients injured in employment discrimination based on disability and wrongful termination.

Cost:
free

Sponsor:
Department of Finance & Economics

Contact:
Janet Hale
512.924.3627
jh29@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

**Vice: Its Nature and Varieties**
Wednesday, October 02, 2013 10:15 AM

Vice: Its Nature and Varieties

When:
Wednesday, October 23, 2013 12:30 PM - 2:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:
Ivan Marquez from Philosophy will be the speaker.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:
Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

Dialogue at the San Marcos Public Library: Adventures in Happiness

Wednesday, October 02, 2013 10:18 AM

Dialogue at the San Marcos Public Library: Adventures in Happiness

When:
Wednesday, October 23, 2013 3:30 PM - 5:00 PM

Where:
Derrick Hall San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666

Description:
Christine Norton from Social Work will be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Keeping on the Sunny Side: William James on Healthy-Minded and Sick Souls

Wednesday, October 02, 2013 10:20 AM

Keeping on the Sunny Side: William James on Healthy-Minded and Sick Souls

When:
Thursday, October 24, 2013 12:30 PM - 2:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:

The Dialogue Class, Sophists and Sages, will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:
Department of Philosophy
Life After the Military: What Happens Next?
Wednesday, October 23, 2013 5:13 PM

When:
Thursday, October 24, 2013 6:30 PM - 8:00 PM
Where:
Alkek Library Teaching Theater
Description:
Students will have the opportunity to meet and speak with former military service members who attend Texas State University or who are faculty. The panel will discuss current mental health issues faced by the Military, as well as share their college and career experiences.

Co-Sponsored by Pi Sigma Alpha

Moderator:
Dr. William Ruger

Panelists:
Dr. Jennifer Ruger
Dr. William Courtney
Mr. Bob Kupcho
Mr. Miles Nelson
Mr. Shelby Elphick

Cost:
free
Attachment
Military Panel Poster
Sponsor:
Department of Political Science
Contact:
Sherri Mora
512.245.7427
sm43@txstate.edu
http://www.polisci.txstate.edu/people/faculty/mora.html
Calendar:
Common Experience
Categories:
Academic, Lectures
Mental Illness and Capital Punishment

When:
Monday, October 28, 2013 12:30 PM - 2:00 PM

Where:
Derrick Hall Diaglogue Room 111

Description:

Vince Luizzi from Philosophy and the Philosophy of Law Class will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:
Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

The Future of Mental Health Recovery: How Can I Help?

When:
Monday, October 28, 2013 2:00 PM - 3:15 PM
<table>
<thead>
<tr>
<th>Where:</th>
<th>Health Professions Building Room 230</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description:</td>
<td>A discussion on the history of seclusion and restraint use in mental health facilities and the growing recovery movement in modern facilities.</td>
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<td></td>
<td>• Explore the history of mental health and its use of seclusion and restraint within facilities.</td>
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<td>• Learn new approaches to mental through the perspective of the recovery movement.</td>
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<td>• Discuss of current mental health policy issues.</td>
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<td></td>
<td>• Review current support systems for mental illness.</td>
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<tr>
<td>Cost:</td>
<td>free</td>
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<tr>
<td>Attachment</td>
<td><img src="attachment" alt="Restraint Seclusion Flyer" /></td>
</tr>
<tr>
<td>Sponsor:</td>
<td>College of Health Professions</td>
</tr>
<tr>
<td>Contact:</td>
<td>Cristian Lieneck 512.245.6362 <a href="mailto:cl31@txstate.edu">cl31@txstate.edu</a></td>
</tr>
<tr>
<td>Calendar:</td>
<td>Common Experience</td>
</tr>
<tr>
<td>Categories:</td>
<td>Academic, Health, Lectures</td>
</tr>
<tr>
<td>Audience:</td>
<td>Faculty, General Interest, Staff, Students</td>
</tr>
</tbody>
</table>

**Mood Management: Taking Charge of Feeling Good**

Wednesday, October 16, 2013 5:58 PM

Mood Management: Taking Charge of Feeling Good

When: Monday, October 28, 2013 3:00 PM - 3:50 PM

Where: LBJ Student Center Room 3-9.1

Description:

Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
Cost:
free
See:
http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar:
Common Experience
Categories:
Training
Audience:
Faculty, Staff, Students

**Good Thinking: The Ethics of Belief**
Wednesday, October 02, 2013 10:22 AM

Good Thinking: The Ethics of Belief

When:
Tuesday, October 29, 2013 10:00 AM - 10:00 AM
Where:
Derrick Hall Dialogue Room 111
Description:
Robbie Bryant and Hannah Mattocks will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free
See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Sponsor:
Department of Philosophy
Contact:
Dr. Vince Luizzi
512.245.3142
Zombie Apocalypse: Preparedness 101
Wednesday, October 16, 2013 6:02 PM

When:
Tuesday, October 29, 2013 1:00 PM - 2:00 PM
Where:
LBJ Student Center Room 3-5.1
Description:
Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free
See:
http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar:
Common Experience
Categories:
Training
Audience:
Faculty, Staff, Students

Author Cristina García- Fiction Reading/ Book Signing
Monday, September 30, 2013 5:25 PM

Author Cristina García- Fiction Reading/ Book Signing
When:
Tuesday, October 29, 2013 3:30 PM - 5:00 PM
Where:
Some of Cristina García's writings incorporate themes of mental health such as dealing with tragedy, addiction, and self destruction, as seen in the series of poems entitled “The Lesser Tragedy of Death.”

Cristina García is the author of six novels: Dreaming in Cuban, The Agüero Sisters, Monkey Hunting, A Handbook to Luck, The Lady Matador’s Hotel, and King of Cuba, recently published by Scribner. García is the editor of two anthologies, Cubanísimo: The Vintage Book of Contemporary Cuban Literature and Bordering Fires: The Vintage Book of Contemporary Mexican and Chicano/a Literature. She is also the author of two works for young readers, The Dog Who Loved the Moon and I Wanna Be Your Shoebox, published in 2008, a collection of poetry, The Lesser Tragedy of Death, published in 2010, and Dreams of Significant Girls, a young-adult novel set in a Swiss boarding school in the 1970s. Garcia’s work has been nominated for a National Book Award and translated into 14 languages. She is the recipient of a Guggenheim Fellowship, a Whiting Writers’ Award, a Hodder Fellowship at Princeton University, and an NEA grant, among others. García is currently serving as the University Endowed Chair in Creative Writing at Texas State. This event is sponsored by the Department of English, the Katherine Anne Porter Literary Center, the Wittliff Collections and Texas State University. Books will be for sale at the event courtesy of the University Bookstore.

November 22, 2013, Friday, 7:30 PM
Cristina García will also read at Texas State's Katherine Anne Porter Literary Center in Kyle.
People suffer largely unnoticed while the rest of the world goes about its business. This is a documentary exploration of the mythic beauty of the Golden Gate Bridge, the most popular suicide destination in the world, and those drawn by its call. Steel and his crew filmed the bridge during daylight hours from two separate locations for all of 2004, recording most of the two dozen deaths in that year (and preventing several others). They also taped interviews with friends, families and witnesses, who recount in sorrowful detail stories of struggles with depression, substance abuse and mental illness. Raises questions about suicide, mental illness and civic responsibility as well as the filmmaker's relationship to his fraught and complicated material.

The Bridge is sponsored by The Department of Housing and Residential Life and SADOC (Social Awareness Documentary Film Club).

Cost:
free
Attachment
The Bridge
Sponsor:
Department of Housing and Residence Life
Contact:
Raechel Kepner
512.245.3705
rkepner@txstate.edu
Calendar:
Common Experience
Categories:
Entertainment, Health, Lectures
Audience:
Faculty, General Interest, Staff, Students

Mental Health Fitness
Wednesday, October 16, 2013 5:57 PM

Mental Health Fitness

When:
Wednesday, October 30, 2013 11:00 AM - 11:50 AM
Where:
LBJ Student Center Room 3-5.1
Description:

People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
See: http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, General Interest, Staff, Students

What’s Really In Your Medicine Cabinet? An Ethical Analysis of the Pharmaceutical Industry

Wednesday, October 02, 2013 5:15 PM

What’s Really In Your Medicine Cabinet? An Ethical Analysis of the Pharmaceutical Industry

When:
Wednesday, October 30, 2013 2:00 PM - 3:00 PM
Where: Derrick Hall Dialogue Room 111

Description:

The speaker for this events will be Ashley T. Colston, a Texas State University Alumnae. Ashley studied Mass Communication and Public Relations and is a Former Pharmaceutical Specialty Sales Representative.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See: http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor: Department of Philosophy
Contact:
Dr. Vince Luizzi  
512.245.3142  
vl01@txstate.edu

Calendar:  
Common Experience

Categories:  
Academic, Lectures

Audience:  
Faculty, General Interest, Staff, Students

Dialogue at the San Marcos Public Library: Rational Living  
Wednesday, October 02, 2013 5:20 PM

Dialogue at the San Marcos Public Library: Rational Living

When:  
Wednesday, October 30, 2013 3:30 PM - 5:00 PM

Where:  
Off Campus  San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666

Description:

Gilbert Fulmer from Philosophy will be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:  
free

See:  

Sponsor:  
Department of Philosophy

Contact:  
Dr. Vince Luizzi  
512.245.3142  
vl01@txstate.edu

Calendar:  
Common Experience

Categories:  
Academic, Lectures

Audience:  
Faculty, General Interest, Staff, Students
Ross Szabo - "Behind Happy Faces"
Wednesday, October 02, 2013 5:35 PM

Ross Szabo - "Behind Happy Faces"

When:
Wednesday, October 30, 2013 7:00 PM - 9:00 PM

Where:
Evans Auditorium

Description:
Ross Szabo, author of this year’s Common Experience book "Behind Happy Faces" will speak about Mental Health and Illness, at Texas State University in Evans Auditorium on October 30th at 7pm. The event is free, open to everyone.

Ross is an award winning speaker, writer, trainer and Returned Peace Corps Volunteer. Since 2002, he has spoken to more than 1 million students about the importance of mental health and provided a positive example to empower them to seek help. He received the 2010 Didi Hirsch Removing the Stigma Leadership Award, 2012 Changing Minds Award and had his advocacy work entered into the Congressional Record. He is the co-author of Behind Happy Faces; Taking Charge of Your Mental Health and a blogger for The Huffington Post.

Cost:
free

See:

Sponsor:
Common Experience

Contact:
Dr. Pam Wuestenberg
512.245.7952
pw05@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures, Tours

Audience:
Faculty, General Interest, Staff, Students

Mental Monstrosities: Twisted Logic and the Sleep of Reason
Wednesday, October 02, 2013 5:17 PM

Mental Monstrosities: Twisted Logic and the Sleep of Reason

When:
Thursday, October 31, 2013 12:30 PM - 2:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:
The Graduate Student Dialogue Class will be the speakers.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:  
free

See:  
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:  
Department of Philosophy

Contact:  
Dr. Vince Luizzi  
512.245.3142  
vl01@txstate.edu

Calendar:  
Common Experience

Categories:  
Academic, Lectures

Audience:  
Faculty, General Interest, Staff, Students

**Dia de los Muertos Celebration with el Centro**  
Thursday, October 24, 2013 10:48 AM

Dia de los Muertos Celebration with el Centro

When:  
Thursday, October 31, 2013 6:00 PM - 9:00 PM

Where:  
Off Campus el Centro Cultural Hispano de San Marcos

Description:

This is a traditional Hispanic holiday that celebrates the lives of loved ones who have passed away. We would also like to spread our cultural event by bringing students to also celebrate with the community. Though not directly related to mental health issues this event brings awareness to the issue of death that can cause distress and creates a new avenue for students and the community alike to express grief or loss in a positive way.

A shuttle will transport guests from the front of Commons Dining Hall at 6:00 p.m. to El Centro's location on Lee Street and return guests to campus at 9:00 p.m.

This event is sponsored by the
Honors College, the Center for the Study of the Southwest, Multicultural Programs Committee, the Honors Student Association, and El Centro Cultural Hispano de San Marcos.

Cost:
free
Sponsor:
Honors College, the Center for the Study of the Southwest, Multicultural Programs Committee, the Honors Student Association, and El Centro Cultural Hispano de San Marcos.
Contact:
Michelle Sontolongo
512 245 6991
ms84@txstate.edu
Calendar:
Common Experience
Categories:
Celebrations
Audience:
Faculty, General Interest, Staff, Students

**Art Therapy Workshop: Using Art to Confront Stigma and Support Healing**
Tuesday, October 29, 2013 5:26 PM

Art Therapy Workshop: Using Art to Confront Stigma and Support Healing

When:
Friday, November 01, 2013 12:00 PM - 2:00 PM
Where:
Lampasas Room 501
Description:
Too often, images of mental illness emphasize danger, hopelessness and decline. The same process, the creation of imagery, can confront stigma and serve as a countermeasure to change beliefs about mental health and healing. Come participate in an interactive discussion about the forces shaping these images followed by an opportunity to take action by creating imagery that supports hope and resiliency. Sponsored by the Common Experience and the Honors College, this art therapy workshop is free and taught by licensed art therapist Bess Green. No artistic experience is needed. For more information and to RSVP, contact cegallery@txstate.edu.

Cost:
free
See:
http://www.txstate.edu/honors
Sponsor:
Sponsored by the Common Experience and the Honors College
Contact:
Diann McCabe
512 245 2209
dm14@txstate.edu
Calendar:
Common Experience
Happy Birthday Sam Shepard
Wednesday, October 02, 2013 9:57 AM

Happy Birthday Sam Shepard

When:
Tuesday, November 05, 2013 8:00 AM - 5:00 PM
Where:
Alkek Library 7th floor Wittliff Collections
Description:

Today, in honor of the Pulitzer Prize-winning playwright and Academy Award-nominated actor, make a special effort to visit our exhibition showcasing Shepard's life and work, The Writer's Road.

Sam Shepard's "childhood experience of living in a dysfunctional family with an alcoholic father would often provide the recurrent dark themes in his writing..." (http://www.samshepard.com/aboutsam.html)

The Writer's Road exhibition runs from June 3, 2013 – February 14, 2014

Cost:
free
See:
http://www.thewittliffcollections.txstate.edu/exhibitions-events/.../current.html
Sponsor:
The Wittliff Collections
Contact:
Lyda Guz
512.245.2313
lwg11@txstate.edu
Calendar:
Common Experience
Categories:
Celebrations, Visual Arts
Audience:
Faculty, General Interest, Staff, Students

The Gun Control Debate
Wednesday, October 02, 2013 5:19 PM

The Gun Control Debate

When:
Tuesday, November 05, 2013 12:30 PM - 2:00 PM
Where:
Derrick Hall Dialogue Room 111
Description:
The Dialogue class, Sophists & Sages, are the scheduled speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:
Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar:
Common Experience

Categories:
Academic

Audience:
Faculty, General Interest, Staff, Students

Introduction to Basic Stress Management
Wednesday, October 16, 2013 5:54 PM

Introduction to Basic Stress Management

When:
Tuesday, November 05, 2013 2:00 PM - 2:50 PM

Where:
LBJ Student Center Room 3-10.1

Description:

Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html
<table>
<thead>
<tr>
<th>Cost:</th>
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<td>Sponsor:</td>
<td>Counseling Center</td>
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</tbody>
</table>
| Contact:   | Blanca Sanchez-Navarro  
512-245-2208  
counselingcenter@txstate.edu |
| Calendar:  | Common Experience |
| Categories:| Training |
| Audience:  | Faculty, Staff, Students |

**Should Americans Accept the Dangers of Gun Ownership?**  
Wednesday, October 02, 2013 5:19 PM

Should Americans Accept the Dangers of Gun Ownership?

**When:**  
Tuesday, November 05, 2013 2:00 PM - 3:00 PM

**Where:**  
Derrick Hall Dialogue Room 111

**Description:**

Amelie Bendikt from Philosophy and the Ethics and Society Class will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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<td>Department of Philosophy</td>
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</table>
| Contact:   | Dr. Vince Luizzi  
512.245.3142 |

University Events Calendar Search. [http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)
Prayers for Bobby Screening & Social
Wednesday, October 16, 2013 5:18 PM

Prayers for Bobby Screening & Social

When:
Tuesday, November 05, 2013 6:00 PM - 8:00 PM

Where:
LBJ Student Center Teaching Theater

Description:
Social and resource fair at 6 pm
Movie starts at 6:30 pm

Based on the true story of the life and legacy of Bobby Griffith, a young gay man who killed himself due to his mother’s and community’s homophobia. Followed by a brief discussion.

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/trevor-proj.html

Attachment
Trevor Poster

Sponsor:
Counseling Center

Contact:
Heather Aidala
512-245-2208
ha10@txstate.edu
http://www.counseling.txstate.edu/outreach/...proj.html

The Harvest / La Cosecha: A Documentary Film about Migrant Children Farm Workers
Friday, October 04, 2013 5:35 PM

The Harvest / La Cosecha: A Documentary Film about Migrant Children Farm Workers

When:
Tuesday, November 05, 2013 6:30 PM - 9:00 PM

Where:
Description:

The Department of Curriculum & Instruction, home of The Quetzal Critical Film Series, is showing the film: The Harvest/La Cosecha. This documentary film focuses on U.S. migrant children farm workers and brings to light the mental, physical, educational, and economic sacrifices these children endure as they work to feed not only the U.S., but the world. The film follows three children as they make the journey from Texas' hot onion fields to Michigan's apple orchards, and then to Florida's tomato fields. This film will be showing on November 5, 2013 at 6:30pm in ED 1007. The screening of this film will be followed by a discussion. Contacts for information on this film or about The Quetzal Critical Film Series should be directed to Dr. Charise Pimentel or Dr. Lori Assaf, both in the Department of Curriculum & Instruction.

Cost:

free

See:

http://theharvestfilm.com/

Attachment

The Harvest La Cosecha

Sponsor:

Department of Curriculum & Instruction

Contact:

Charise Pimentel
512.644.7251
cp26@txstate.edu

Calendar:

Common Experience

Categories:

Academic, Entertainment

Audience:

Faculty, General Interest, Staff, Students

Mindfulness for Everyday Mental Health

Tuesday, October 29, 2013 7:22 PM

Mindfulness for Everyday Mental Health

When:

Wednesday, November 06, 2013 11:30 AM - 12:30 PM

Where:

LBJ Student Center Room 3-13.1

Description:

A lecture-demonstration session focusing on the tendencies of the mind and how simple breathing techniques can help manage these tendencies easily and effectively for an everyday experience of: a calm and centered mind; a relaxed and tension-free body; and a contended/happy/joyful spirit. This session will be delivered by Sanjeev Mathur, who volunteers by teaching meditation and yoga on behalf of Art of Living in Austin.

The session is free to attend and there is no need to register. The room accommodates approximately 60 people and places will be offered on a first come, first serve basis. All
attendees will receive a coupon for a free one-hour breathing and meditation session at The Art of Living in Austin.

Cost: free
See: http://www.artofliving.org/us-en
Attachment Mindfulness For Everyday Mental Health Flyer
Sponsor: Common Experience
Contact: Dr. Lucia Summers
        512.245.2389
        lsummers@txstate.edu
Calendar: Common Experience
Categories: Health, Lectures
Audience: Faculty, General Interest, Staff, Students

**Mental Health Yoga for the Mind: Introducing emWave**
Wednesday, October 16, 2013 6:04 PM

Mental Health Yoga for the Mind: Introducing emWave

When: Wednesday, November 06, 2013 12:00 PM - 12:50 PM
Where: LBJ Student Center Room 3-5.1
Description:

Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
        512-245-2208
        counselingcenter@txstate.edu
Dialogue at the San Marcos Public Library: Gun Control from a Criminal Justice Perspective

When: Wednesday, November 06, 2013 3:30 PM - 5:00 PM
Where: Off Campus San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666
Description: Wayman Mullins from Criminal Justice will be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free
Sponsor: Department of Philosophy
Contact: Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

Fifth Annual International Conference for Graduate Student Research
Fifth Annual International Conference for Graduate Student Research

When:
   Wednesday, November 06, 2013 5:00 PM - 7:00 PM

Where:
   LBJ Student Center Ballroom

Description:

The conference is an opportunity for graduate students from various fields to present their original research. Students will receive feedback on their presentations from experienced faculty. Master's and doctoral students from all disciplines are encouraged to participate. The conference is free and open to all graduate students currently enrolled in colleges and universities at Texas State and beyond. Although presentations are limited to graduate students, interested undergraduate students currently enrolled in colleges and universities are also invited to attend.

Cost:
   free

See:
   http://www.gradcollege.txstate.edu/rsrch_conf.html

Sponsor:
The Graduate College

Contact:
   Graduate College
   512.245.2581
gcevents@txstate.edu

Calendar:
   Common Experience

Categories:
   Academic, Lectures

Audience:
   Faculty, Staff, Students

Trevor Project Presentation

When:
   Wednesday, November 06, 2013 6:30 PM - 8:00 PM

Where:
   LBJ Student Center Teaching Theater

Description:
A presentation open to all that will provide an overview of the elevated risk of suicide among lesbian, gay, bisexual, transgender and queer/questioning (LGBTQ) youth. Best practices and practical steps others can take to promote a positive and safe environment will be highlighted.

Presenter: Arquimides Pacheco is Education Manager-West for The Trevor Project. He focuses on educating youth and adults through workshops, presentations, webinars and collaterals.

Cost: free
See: [http://www.counseling.txstate.edu/outreach/trevor-proj.html](http://www.counseling.txstate.edu/outreach/trevor-proj.html)
Attachment
- [Trevor Poster](attachment:attachment.png)
Sponsor: Counseling Center
Contact: Heather Aidala
- [512-245-2208](tel:512-245-2208)
- [ha10@txstate.edu](mailto:ha10@txstate.edu)
- [http://www.counseling.txstate.edu/outreach/trevor-proj.html](http://www.counseling.txstate.edu/outreach/trevor-proj.html)
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

**Overcome Test, Math, and Performance Anxiety**
Friday, September 13, 2013 5:36 PM

Overcome Test, Math, and Performance Anxiety

When:
- Thursday, November 07, 2013 2:00 AM - 2:50 PM

Where: [LBJ Student Center](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom) Room 3-7.1

Description:
Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free
Fifth Annual International Research Conference for Graduate Students
Friday, September 13, 2013 6:12 PM

The conference is an opportunity for graduate students from various fields to present their original research. Students will receive feedback on their presentations from experienced faculty. Master's and doctoral students from all disciplines are encouraged to participate. The conference is free and open to all graduate students currently enrolled in colleges and universities at Texas State and beyond. Although presentations are limited to graduate students, interested undergraduate students currently enrolled in colleges and universities are also invited to attend.

Fifth Annual International Research Conference for Graduate Student Research: Keynote Address and Awards Luncheon
Friday, September 13, 2013 6:10 PM
Fifth Annual International Conference for Graduate Student Research: Keynote Address and Awards Luncheon

When:  
Thursday, November 07, 2013 12:30 PM - 2:00 PM

Where:  
LBJ Student Center

Description:

The conference is an opportunity for graduate students from various fields to present their original research. Students will receive feedback on their presentations from experienced faculty. Master's and doctoral students from all disciplines are encouraged to participate. The conference is free and open to all graduate students currently enrolled in colleges and universities at Texas State and beyond. Although presentations are limited to graduate students, interested undergraduate students currently enrolled in colleges and universities are also invited to attend.

Cost:  
free

Sponsor:  
Graduate College

Contact:  
Graduate College  
512.245.2581  
gcevents@txstate.edu

Calendar:  
Common Experience

Categories:  
Academic, Conference, Lectures

Audience:  
Faculty, Staff, Students

Is There a Right to Bear Arms?

Wednesday, October 02, 2013 5:23 PM

Is There a Right to Bear Arms?

When:  
Thursday, November 07, 2013 12:30 PM - 2:00 PM

Where:  
Derrick Hall Dialogue Room 111

Description:

Dialogue students, Timothy Cruz and Caitlyn Gorzell, will be the speakers for this event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such
controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
free
See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Sponsor:
Department of Philosophy
Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu
Calendar:
Common Experience
Categories:
Academic, Lectures
Audience:
Faculty, General Interest, Staff, Students

Trevor Project Lifeguard Workshop
Wednesday, October 16, 2013 5:22 PM

Trevor Project Lifeguard Workshop

When:
Thursday, November 07, 2013 12:30 PM - 1:45 PM
Where:
Undergraduate Academic Center Room 275
Description:
A "Lifeguard Workshop" for Residential Assistants, Peer Educators and student leaders that will discuss mental health, the warning signs of suicide and ways to deal with stress and anxiety in a safe place.

Registration is required and limited to 30 people.
http://signup.txstate.edu/topics/292-trevor-project-lifeguard-workshop

Pizza served at noon to attendees.

Cost:
free
See:
http://signup.txstate.edu/topics/292-trevor-project-lifeguard-workshop
Attachment
Trevor Lifeguard
Sponsor:
Counseling Center
Contact:
Trevor Project CARE Training
Wednesday, October 16, 2013 5:24 PM

Trevor Project CARE Training

When:
Thursday, November 07, 2013 3:00 PM - 5:00 PM

Where:
Undergraduate Academic Center Room 275

Description:
A "Train the Trainer" workshop for staff and faculty that will enable Texas State to continue to grow a campus culture that promotes diversity, inclusiveness, and safety.

Topics include:
Risk factors and warning signs of suicide
How to help students in a crisis
How to create a safer and supportive environment

Registration is required and limited to 30 people
Sponsored by the Office of Professional Development

https://ibis.sap.txstate.edu:50001/irj/portal

Cost:
free

See:
https://ibis.sap.txstate.edu:50001/irj/portal

Attachment
Trevor Care

Sponsor:
Office of Professional Development

Contact:
Heather Aidala
512-245-2208
ha10@txstate.edu
http://www.counseling.txstate.edu/outreach/...proj.html

Calendar:
Common Experience

Categories:
Academic, Health, Lectures

Audience:
Students
**Save the Night**

Friday, November 01, 2013 3:08 PM

Is it dark outside? Is it really dark? Darkness is a thing for the environment as well as your emotional and physical well-being. The reasons why disappearing “dark skies” can adversely affect plant and animal life (including humans) will be explained November 7 when nationally recognized conservationist and author Paul Bogard joins Cindy Luongo Cassidy to discuss the impact of artificial light on the environment and its inhabitants.

Bogard and Cassidy, who specializes in ways to reduce light pollution, will present a “Save the Night” lecture and question-and-answer session to examine the impact of nighttime artificial light on your physical, mental and spiritual health. Bogard is the author of the book *The End of Night: Searching for Natural Darkness in an Age of Artificial Light* (called a "lyrical and far-reaching book" by the Boston Globe) and will sign copies of his book after the lecture.

In his book, Paul reminds us that, “A starry night is one of nature’s most magical wonders. Yet in our artificially lit world, three-quarters of Americans’ eyes never switch to night vision and most of us no longer experience true darkness.”

Cassidy, a member of the Hill Country Alliance “Night Sky Team” and a Hays County Master Naturalist, will discuss how to make small changes in illumination that result in helping to restore the brilliance of the stars to Hill Country skies. “A dark night sky full of big bright stars is important here in the Hill Country, just like clean rivers, scenic vistas and natural landscapes,” says Cindy.

**Cost:**
- free

**Attachment:**
- [Save The Night](#)

**Sponsor:**
- Common Experience Program, Department of English, and the Honors College

**Contact:**
- Susan Hanson
  - skhanson@gmail.com

**Calendar:**
- Common Experience

**Categories:**
- Academic, Lectures

**Audience:**
- Faculty, General Interest, Staff, Students
**Zombie Apocalypse: Preparedness 101**

Wednesday, October 16, 2013 6:02 PM

Zombie Apocalypse: Preparedness 101

When:
Monday, November 11, 2013 11:00 AM - 11:50 AM

Where:
LBJ Student Center Room 3-5.1

Description:
Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free

See:
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff, Students

**The DSM on Narcissism, Then and Now: An Altruist’s Concerns About His Own Selfishness**

Wednesday, October 02, 2013 5:24 PM

The DSM on Narcissism, Then and Now: An Altruist’s Concerns About His Own Selfishness

When:
Monday, November 11, 2013 3:30 PM - 5:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:
Paul Wilson from Philosophy will be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly
Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html

Sponsor:
Department of Philosophy

Contact:
Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

**Transition from Combat to Classroom: Helping Student Veterans Succeed at Texas State (This event is open to faculty and staff only.)**

Friday, September 13, 2013 5:05 PM

Transition from Combat to Classroom: Helping Student Veterans Succeed at Texas State (This event is open to faculty and staff only.)

When:
Tuesday, November 12, 2013 8:30 AM - 11:00 AM

Where:
JC Kellam Reed Parr Room (11th floor)

Description:
This is a Professional Development session that is open to faculty and staff at Texas State University.

This workshop is designed to build awareness and understanding about student veterans among staff and faculty on campus and ultimately to help facilitate a smooth transition for veterans to campus. The two-and-a-half hour session covers topics such as who are our student veterans today, what is it like to transition from combat to the classroom, and what are the special challenges student veterans face in this transition. We will discuss potential needs of this population, some challenges, and resources to help them address these needs.

Cost:
Altruism: Illusion or Foundation of Morality?
Wednesday, October 02, 2013 5:27 PM

Altruism: Illusion or Foundation of Morality?

When:
Tuesday, November 12, 2013 12:30 PM - 2:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:
Dialogue students, Zachary Russell and William Stapleton, will be the speakers for this event.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Campus Response to Violent Individuals (This event is open to faculty and staff only.)
Friday, September 13, 2013 5:06 PM

Campus Response to Violent Individuals (This event is open to faculty and staff only.)
When:
Tuesday, November 12, 2013 1:30 PM - 4:30 PM
Where:
JC Kellam Administration Building Room 460
Description:
This is a Professional Development session that is open to faculty and staff at Texas State University. This workshop will accomplish the following objectives: Learn how to quickly determine the most reasonable way to protect your own life during an encounter with a violent individual. Learn how to respond in order to run, hide or fight.

Cost:
free
See:
http://www.txstate.edu/pdevelop/
Sponsor:
Professional Development
Contact:
Otto Glenewinkel
512.245.2805
og10@txstate.edu
http://police.txstate.edu
Calendar:
Common Experience
Categories:
Training
Audience:
Faculty, Staff

Mental Health Fitness
Wednesday, October 16, 2013 5:57 PM

Mental Health Fitness
When:
Tuesday, November 12, 2013 3:00 PM - 3:50 PM
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free

See: [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

**Campus Response to Violent Individuals (This event is open to faculty and staff only.)**

Friday, September 13, 2013 5:09 PM

Campus Response to Violent Individuals (This event is open to faculty and staff only.)

When:
Wednesday, November 13, 2013 9:00 AM - 12:00 PM

Where:
[JC Kellam Administration Building](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom) Room 460

Description:
This is a Professional Development session that is open to faculty and staff at Texas State University.

This workshop will accomplish the following objectives: Learn how to quickly determine the most reasonable way to protect your own life during an encounter with a violent individual. Learn how to respond in order to run, hide or fight.

Cost: free

See: [http://www.txstate.edu/pdevelop/](http://www.txstate.edu/pdevelop/)

Sponsor: Professional Development
Contact:
  Otto Glenewinkel
  512.245.2805
  og10@txstate.edu
  http://police.txstate.edu

Calendar:
  Common Experience

Categories:
  Training

Audience:
  Faculty, Staff

**Introduction to Basic Stress Management**

Wednesday, October 16, 2013 5:55 PM

Introduction to Basic Stress Management

When:
  Wednesday, November 13, 2013 1:00 PM - 1:50 PM

Where:
  LBJ Student Center Room 3-10.1

Description:

Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
  free

See:
  [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:
  Counseling Center

Contact:
  Blanca Sanchez-Navarro
  512-245-2208
  counselingcenter@txstate.edu

Calendar:
  Common Experience

Categories:
  Training

Audience:
  Faculty, Staff, Students

**Ayn Rand on Altruism and Self Interest**

Wednesday, October 02, 2013 5:26 PM

Ayn Rand on Altruism and Self Interest
When:  
Wednesday, November 13, 2013 1:00 PM - 3:00 PM
Where:  
Derrick Hall Dialogue Room 111
Description:
Bryan Register from Philosophy will be the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:  
free
See:  
http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Sponsor:  
Department of Philosophy
Contact:  
Dr. Vince Luizzi  
512.245.3142  
vl01@txstate.edu
Calendar:  
Common Experience
Categories:  
Academic, Lectures
Audience:  
Faculty, General Interest, Staff, Students

**Dialogue at the San Marcos Public Library Heroism, Public Service, and the Common Good**

Wednesday, October 02, 2013 5:28 PM

Dialogue at the San Marcos Public Library Heroism, Public Service, and the Common Good

When:  
Wednesday, November 13, 2013 3:30 PM - 5:00 PM
Where:  
Off Campus San Marcos Public Library 625 E. Hopkins St. San Marcos, Texas 78666
Description:  
The speaker will be Robert Krueger, who is a former U.S. Representative & Senator from Texas and a former U.S. Ambassador to Burundi & Botswana.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free
Sponsor: Department of Philosophy
Contact: Dr. Vince Luizzi
        512.245.3142
        vl01@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

**Mental Health Peer Support**
Monday, November 11, 2013 2:31 PM

Mental Health Peer Support
When:
        Wednesday, November 13, 2013 4:00 PM - 5:00 PM
Where:
        LBJ Student Center Room 3-10.1
Description:

Mental health peer support is a relatively new initiative in the mental health recovery movement through which people who have achieved a high level of recovery from a diagnosed mental illness are able to assist others in the recovery process by providing the following types of services: empathetic listening; referral to healthcare services; accompaniment to doctor appointments; advocacy for patient-driven decision making; and life coaching. This session will describe how a person can become a certified peer support specialist. It will include a demonstration of peer support and how it plays an important role in the recovery process.
**Careers in Mental Health**  
Wednesday, November 06, 2013 5:10 PM

Careers in Mental Health

When:  
Wednesday, November 13, 2013 5:30 PM - 7:00 PM

Where:  
LBJ Student Center Room 3-14

Description:  
This panel presentation will provide students with valuable information pertaining to various careers paths within the mental health field, as well as provide an opportunity for Bobcats to network with these individuals for possible internships at their agencies.

Featured Panelists include:

- **Abel Rodriguez**, Bereavement Coordinator and Licensed Social Worker, CTMC Hospice
- **Bill Carpenter**, Case Manager, Scheib Center
- **Adam Slosberg**, Executive Director & Peer Support Mental Health Case Manager, Beyond Today
- **Jennifer Rea**, Brain Injury Rehabilitation Assistant Director, ResCare

Cost:  
free

See:  
http://www.careerservices.txstate.edu/
Homeless in Paradise movie
Wednesday, November 06, 2013 5:10 PM

Homeless in Paradise movie

When:
  Wednesday, November 13, 2013 7:00 PM - 9:00 PM
Where:
  LBJ Student Center room 3-9.1
Description:

SADOC (Social Awareness Documentary Film Club) and The Department of Housing and Residential Life will present the documentary "Homeless in Paradise" followed by guest speaker Ron Brown from Haven for Hope.

Homeless in Paradise follows four individuals who are homeless in Santa Monica, California. As they survive on the streets, Rick, Faye, Donna, and Simon struggle with addiction and mental illness, while receiving support from a city in crisis. From their perspective, we see a political and social system drawing fire from all sides of the political and social spectrum.

Haven for Hope is a place of hope and new beginnings for people in Bexar County experiencing homelessness. It is made up of two major programs: Prospects Courtyard and the Transformational Campus. Both are on the Haven for Hope property and require a visit to the Intake Department to get started. Prospects Courtyard is a low-barrier safe sleeping program that offers shelter and basic needs. The Transformational Campus is a center that offers services and shelter with an emphasis toward addressing the root causes of homelessness.

Cost:
  free
See:
  http://www.txstate.edu/clas/.../Program-Faculty/Jon-Lasser/sadoc.html
Sponsor:
  Department of Housing and Residence Life
Contact:
  Max Anderson
  936.443.2443
  mma42@txstate.edu

Overcome Test, Math, and Performance Anxiety
Friday, September 13, 2013 5:38 PM
Overcome Test, Math, and Performance Anxiety

When:
Thursday, November 14, 2013 10:00 AM - 10:50 AM

Where:
LBJ Student Center Room 3-7.1

Description:
Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff, Students

Moral Pedagogy and the Golden Rule

Wednesday, October 02, 2013 5:29 PM

Moral Pedagogy and the Golden Rule

When:
Thursday, November 14, 2013 3:30 PM - 5:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:
Jo Ann Carson from Philosophy and the Philosophy of Education Class will be the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to
apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost: free
See: http://www.txstate.edu/philosophy/dialogue-series/About-the-Series.html
Sponsor: Department of Philosophy
Contact: Dr. Vince Luizzi
512.245.3142
vl01@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

**Mental Health Yoga for the Mind: Introducing emWave**

Wednesday, October 16, 2013 6:05 PM

Mental Health Yoga for the Mind: Introducing emWave

When: Tuesday, November 19, 2013 10:00 AM - 10:50 AM
Where: LBJ Student Center Room 3-3.1
Description:

Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
512-245-2208
The Evolution of Dementia Care
Thursday, November 14, 2013 3:04 PM

The Evolution of Dementia Care

When:
Tuesday, November 19, 2013 3:30 PM - 5:00 PM

Where:
Alkek Library Room 105 - 106

Description:

America is a youth-orientated country where elders and persons with dementia (PWD) are stigmatized and marginalized by the society and the healthcare industry. This talk will focus on how dementia care has evolved in America. The aging of America will see more than twice as many elders 80 or over in 2050 than now. A quarter to half of them will need assistance. Dementia care has evolved from caring for PWD in homes to accessing care from strangers representing a variety of “long term care services” (e.g. home health care, adult day or respite care, long term care facilities with special care units & hospices).

This seminar will look at the implications of a document called “Dementia Care: The Quality Chasm”--a document prepared by a Committee brought together by our Government as part of a 2013 Dementia Initiative. We will outline the social model of care which de-medicalizes dementia care in line with the international code of nursing ethics--empowering PWD. This workshop introduces person-centered care and activities which revolutionize dementia care, making life worth living while providing a lens for services which coincide with “dementia citizenship.”

Cost:
free

Sponsor:
Department of Sociology

Contact:
Dr. Christopher Johnson
512.245.5693
cj38@txstate.edu

Overcome Test, Math, and Performance Anxiety
Wednesday, October 16, 2013 6:03 PM
Overcome Test, Math, and Performance Anxiety

When:
Wednesday, November 20, 2013 2:00 PM - 2:50 PM

Where:
LBJ Student Center Room 3-9.1

Description:
Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free

See:
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff, Students

Mood Management: Taking Charge of Feeling Good

Wednesday, October 16, 2013 5:59 PM

Mood Management: Taking Charge of Feeling Good

When:
Thursday, November 21, 2013 3:00 PM - 3:50 PM

Where:
LBJ Student Center Room 3-9.1

Description:
Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
Mental Health Fitness
Wednesday, October 16, 2013 5:57 PM

Mental Health Fitness

When:
Monday, December 02, 2013 12:00 PM - 12:50 PM
Where: LBJ Student Center Room 3-5.1
Description:
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact:
  Blanca Sanchez-Navarro
  512-245-2208
counselingcenter@txstate.edu
Calendar: Common Experience
Categories: Training
Audience: Faculty, Staff, Students
**Introduction to Basic Stress Management**

When: 
Tuesday, December 03, 2013 11:00 AM - 11:50 AM

Where: 
LBJ Student Center Room 3-10.1

Description: 
Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free

See: 
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor: 
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff, Students

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**Mental Health Yoga for the Mind: Introducing emWave**

When: 
Wednesday, December 04, 2013 3:00 PM - 3:50 PM

Where: 
LBJ Student Center Room 3-3.1

Description:
Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:  
free

See:  
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:  
Counseling Center

Contact:  
Blanca Sanchez-Navarro  
512-245-2208  
counselingcenter@txstate.edu

Calendar:  
Common Experience

Categories:  
Training

Audience:  
Faculty, Staff, Students

**Understanding and Helping Your Students in Distress**  
Monday, January 06, 2014 9:42 AM

Understanding and Helping Your Students in Distress

When:  
Wednesday, January 15, 2014 1:30 PM - 3:00 PM

Where:  
JC Kellam Administration Building Room 1100

Description:

Over the past several years, college campuses across the nation have experienced a consistent, dramatic increase in the number of students with severe mental health problems. The situation has become so prevalent that it has been documented in national news headlines, stimulated national conferences, and prompted federal legislation to address the issue. Why is this happening and what are the implications for the college campus?

This program will examine the changing trends in college student mental health and why it has important implications for the campus learning environment. The program will cover issues such as factors contributing to the changing student mental health trend; how to recognize and respond to students who may be suffering from mental health problems; how to refer students for help; how the increasing severity of mental health problems affects the campus learning environment; and how the challenges of student mental health problems are exacerbated by the status of mental health care in America.
Laurie Frick- Pattern Language lecture

Friday, January 17, 2014 1:41 PM

Laurie Frick- Pattern Language lecture

When:
Tuesday, January 21, 2014 12:30 PM - 2:00 PM

Where:
Joann Cole Mitte Room 2121

Description:

Laurie Frick will lecture about her Pattern Language exhibit

The practice of translating the data of daily living and observation is the framework for the works in Pattern Language. Artists Laurie Frick [Austin] and James Sterling Pitt [San Francisco] both work within a concept of visual languages that straddles neuroscience, data, and art, while also residing in the place of visually stunning aesthetics.

Laurie Frick constructs intricately hand-built works and installations to investigate the nature of pattern and the mind. While Frick’s work relates to personal data collection and observation made over time, James Sterling Pitt uses pattern as a means of personal communication and tool for making sense of his world. As a result of a brain injury in 2007, Pitt began to use his art practice in order to understand his changed perception of the world; Pitt’s drawings have acted as a visual diary since an accident left him struggling with short-term memory loss and everyday tasks. Pitt’s works serve to archive his memories in a chronological, visual manner. Says gallerist, Eli Ridgway, of the work, “Pitt's subconscious explorations aim to bridge notions of reminiscence with the present and future by way of tangible markers of a time and place. When installed together, the work not only becomes a map of personal identity, but invites pause and careful examination of one’s own intimate recollections.”

With an MFA from the New York Studio School and an MBA from the University of Southern California, Laurie Frick’s work represents both the poetic and the analytic nature of life. She was recently was awarded residencies by the Neuroscience Research Center University of Texas, the Headlands, Yaddo as well as the prestigious Bemis Center for the Contemporary...
Arts. Her lectures and publications include The Huffington Post, Los Angeles Times, New Scientist, NPR Arts Eclectic and in 2013 a TED talk at TEDxAustin. Frick’s work has been exhibited in galleries and museums such as Oklahoma Contemporary, Real Art Ways, and Marfa Contemporary, and Robert Steele Gallery in New York City.

James Sterling Pitt holds degrees from the University of New Mexico, Albuquerque and Mills College. He has been exhibited at SF Parklife, Headlands Center for the Arts, Sight School, The Lab, Richard Levy Gallery (New Mexico), Gallerie Axel Obiger (Berlin) and San Jose Museum of Art. He has been the recipient of the Vera Noland Award, Trefethen Merit Award, the Djerassi Foundation Artist Recidency, and the Kala Art Institute in Berkeley, California.

This exhibition brings these two talented artists who use pattern as a means of communication, either observational or personal, and is comprised of Frick’s sculptural installation and Pitt’s sculptures, drawings and paintings resulting in a gallery filled with art that reads as pattern language. Laurie Frick’s work appears courtesy of the artist and James Sterling Pitt’s work appears courtesy of Ridgway Gallery in San Francisco, California.

Cost:
free
See:
http://www.txstgalleries.org/visit/
Sponsor:
The University Galleries
Contact:
Mary Mikel Stump
S12.245.2664 office S12.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html
Calendar:
Common Experience
Categories:
Lectures, Visual Arts
Audience:
Faculty, General Interest, Staff, Students

Immigration and Mental Health: Contemporary Challenges
Friday, January 10, 2014 4:16 PM

Immigration and Mental Health: Contemporary Challenges

When:
Tuesday, January 21, 2014 6:30 PM - 8:00 PM
Where:
Alkek Library Teaching Theater
Description:
Dr. Ricardo Ainslie, Professor of Educational Psychology at the University of Texas at Austin, will examine the interplay of psychological, cultural and societal issues for individuals who immigrate to the United States, particularly those from Mexico and Latin America.

Dr. Ainslie is a psychologist-psychoanalyst who uses books, documentary films, and photographic exhibits to capture and depict subjects of social and cultural interest. A native of Mexico City, he teaches at the University of Texas at Austin, where he is a professor in the Educational Psychology Department and affiliate faculty in the Center for Mexican American
Studies and the Lozano Long Institute for Latin American Studies. His books include No Dancin’ In Anson: An American Story of Race and Social Change (1995), The Psychology of Twinship (1997), Long Dark Road: Bill King and Murder In Jasper, Texas (2004), and The Fight to Save Juárez: Life in the Heart of Mexico’s Drug War (2013). His films include Crossover: A Story of Desegregation (1999); Looking North: Mexican Images of Immigration (2006); Ya Basta! Kidnapped in Mexico (2007); and The Mystery of Consciousness (2009). In 2011 he gave invited congressional testimony before the U.S. House of Representatives Commit tee on Homeland Security on “U.S. Homeland Security Role in the Mexico War Against Drug Cartels.” In 2002 the Texas Psychological Association recognized him with its “Outstanding Contribution to Science” award, and in 2009 the APA’s Division of Psychoanalysis recognized his work with its “Science Award.” Ricardo Ainslie was inducted into the Texas Institute of Letters in 2006. In 2010 he was named a Guggenheim Fellow and also awarded a Rockefeller Foundation Bellagio Center Residency.

Cost:
free
See:
http://www.utexas.edu/experts/ricardo_ainslie
Attachment
Rca 8x11
Sponsor:
Department of Psychology
Contact:
Ollie Seay
5122453167
ollieseay@txstate.edu
Calendar:
Common Experience
Categories:
Entertainment, Lectures
Audience:
Faculty, General Interest, Staff, Students

**Self-Compassion and Predictors of Antisocial Personality Disorder, Aggression, and Criminality**

**Wednesday, January 15, 2014 11:10 AM**

Self-Compassion and Predictors of Antisocial Personality Disorder, Aggression, and Criminality

**When:**
Wednesday, January 22, 2014 5:30 PM - 6:30 PM

**Where:**
Hines Academic Center Room 103

**Description:**

This presentation discusses self-compassion, a concept related to psychological well-being, and its relationship to violent behavior and criminality. A link is proposed between self-compassion and various constructs related to violent criminality, including self-control, self-esteem, and social connectedness. This session is intended primarily for faculty and graduate students.
Introduction to Basic Stress Management
Friday, January 17, 2014 1:00 PM

Introduction to Basic Stress Management

When:
Monday, January 27, 2014 10:00 AM - 10:50 AM

Where:
LBJ Student Center Room 3-3.1

Description:

Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html
The practice of translating the data of daily living and observation is the framework for the works in Pattern Language. Artists Laurie Frick [Austin] and James Sterling Pitt [San Francisco] both work within a concept of visual languages that straddles neuroscience, data, and art, while also residing in the place of visually stunning aesthetics.

Laurie Frick constructs intricately hand-built works and installations to investigate the nature of pattern and the mind. While Frick's work relates to personal data collection and observation made over time, James Sterling Pitt uses pattern as a means of personal communication and tool for making sense of his world. As a result of a brain injury in 2007, Pitt began to use his art practice in order to understand his changed perception of the world; Pitt's drawings have acted as a visual diary since an accident left him struggling with short-term memory loss and everyday tasks. Pitt's works serve to archive his memories in a chronological, visual manner. Says gallerist, Eli Ridgway, of the work, "Pitt's subconscious explorations aim to bridge notions of reminiscence with the present and future by way of tangible markers of a time and place. When installed together, the work not only becomes a map of personal identity, but invites pause and careful examination of one's own intimate recollections."

With an MFA from the New York Studio School and an MBA from the University of Southern California, Laurie Frick's work represents both the poetic and the analytic nature of life. She was recently was awarded residencies by the Neuroscience Research Center University of Texas, the Headlands, Yaddo as well as the prestigious Bemis Center for the Contemporary Arts. Her lectures and publications include The Huffington Post, Los Angeles Times, New Scientist, NPR Arts Eclectic and in 2013 a TED talk at TEDxAustin. Frick's work has been exhibited in galleries and museums such as Oklahoma Contemporary, Real Art Ways, and Marfa Contemporary, and Robert Steele Gallery in New York City.

James Sterling Pitt holds degrees from the University of New Mexico, Albuquerque and Mills College. He has been exhibited at SF Parklife, Headlands Center for the Arts, Sight School, The Lab, Richard Levy Gallery (New Mexico), Gallerie Axel Obiger (Berlin) and San Jose Museum of Art. He has been the recipient of the Vera Noland Award, Trefethen Merit Award, the Djerassi Foundation Artist Recidency, and the Kala Art Institute in Berkeley, California.

This exhibition brings these two talented artists who use pattern as a means of communication, either observational or personal, and is comprised of Frick's sculptural installation and Pitt's sculptures, drawings and paintings resulting in a gallery filled with art.
that reads as pattern language. Laurie Frick’s work appears courtesy of the artist and James Sterling Pitt’s work appears courtesy of Ridgway Gallery in San Francisco, California.

Cost:
free

See:
http://www.txstgalleries.org/visit/

Sponsor:
The University Galleries

Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html

Calendar:
Common Experience

Categories:
Lectures, Visual Arts

Audience:
Faculty, General Interest, Staff, Students

Pattern Language Open Reception
Friday, January 17, 2014 1:52 PM

Pattern Language Open Reception

When:
Monday, January 27, 2014 5:00 PM - 7:00 PM

Where:
Joann Cole Mitte Gallery 1

Description:

The practice of translating the data of daily living and observation is the framework for the works in Pattern Language. Artists Laurie Frick [Austin] and James Sterling Pitt [San Francisco] both work within a concept of visual languages that straddles neuroscience, data, and art, while also residing in the place of visually stunning aesthetics.

Cost:
free

See:
http://www.txstgalleries.org/category/spring-2014-exhibitions/

Sponsor:
The University Galleries

Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html

Calendar:
Common Experience

Categories:
Celebrations, Visual Arts

Audience:
Faculty, General Interest, Staff, Students
Mood Management: Taking Charge of Feeling Good (CE)
Friday, January 17, 2014 1:13 PM

Mood Management: Taking Charge of Feeling Good (CE)

When:
Wednesday, January 29, 2014 1:00 PM - 1:50 PM

Where:
LBJ Student Center Room 3-3.1

Description:

Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free

See:
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Health, Training

Audience:
Faculty, General Interest, Staff, Students

Overcome Test, Math, and Performance Anxiety
Friday, January 17, 2014 1:06 PM

Overcome Test, Math, and Performance Anxiety

When:
Thursday, January 30, 2014 3:00 PM - 3:50 PM

Where:
LBJ Student Center Room 3-3.1

Description:

Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.
Public Reception for Face Forward: Portraits of Emotional Exposure
Tuesday, January 14, 2014 8:35 AM

Public Reception for Face Forward: Portraits of Emotional Exposure

When:
Thursday, January 30, 2014 5:00 PM - 7:00 PM
Where: Lampasas Room 407
Description:

The Gallery of the Common Experience presents its spring 2014 exhibition, Face Forward: Portraits of Emotional Exposure, starting January 13, 2014. The exhibition, designed to explore the Common Experience theme of mental health and illness, features emotionally descriptive and evocative portraiture by artists from around the state, including several Texas State students and alumni.

Please join us in the gallery on Thursday, January 30, from 5-7 p.m. for a public reception with the artists.

Cost:
free
See:
http://www.txstate.edu/honors/forum/gallcommonexp.html
Sponsor:
Common Experience program
Contact:
Billi London-Gray
512.245.2266
cegallery@txstate.edu
Creating Focus through Mind and Body Connections
Tuesday, January 21, 2014 8:56 AM

Creating Focus through Mind and Body Connections

When:
   Tuesday, February 04, 2014 2:00 PM - 2:50 PM

Where:
   LBJ Student Center Room 3-3.1

Description:

Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Zombie Apocalypse: Preparedness 101
Friday, January 17, 2014 5:43 PM

Zombie Apocalypse: Preparedness 101

When:
   Thursday, February 06, 2014 12:00 PM - 12:50 PM

Where:
LBJ Student Center Room 3-5.1

Description:

Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free

See: [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor: Counseling Center

Contact:

Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar: [Common Experience](http://www.counseling.txstate.edu/outreach/DEAL.html)

Categories: Health, Training

Audience: Faculty, General Interest, Staff, Students

"Stolen Education" - Film and Special Speaker

When: Thursday, February 06, 2014 6:30 PM - 8:30 PM

Where: Alkek Library Teaching Theatre

Description:

Screening of the documentary Stolen Education followed by Q&A with producer Dr. Enrique Alemán Jr. Stolen Education is a powerful documentary about how Mexican American students were segregated by race and had to attend three years of first grade to overcome their "language problem" in Driscoll, Texas in the 1950s. It also covers the subsequent landmark court case in 1956, in which eight of the children who were being retained had to testify when they were only eight and nine years old. Dr. Enrique Alemán is Assistant Vice President for Student Equity & Diversity and Associate Professor at the University of Utah. Sponsors for this event include Curriculum & Instruction and the Honors College.

Cost:
Happiness Rehab: Steps Toward Creating Change
Friday, January 17, 2014 5:58 PM

Happiness Rehab: Steps Toward Creating Change

When:
Monday, February 10, 2014 12:00 PM - 12:50 PM

Where:
LBJ Student Center Room 3-3.1

Description:
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
FINE LINE: Mental Health/Mental Illness Exhibition Reception and Artist Talk

Wednesday, November 13, 2013 5:13 PM

FINE LINE: Mental Health/Mental Illness Exhibition Reception and Artist Talk

When:
   Tuesday, February 11, 2014 6:30 PM - 8:00 PM
Where:
   Alkek Library The Wittliff Collections, 7th Floor Alkek
Description:

6:30 Reception / 7:00 pm Talk by photographer Michael Nye

Event celebrating the FINE LINE exhibition includes an exhibition reception and a talk by the photographer Michael Nye. Admission is free and all welcome. Attendees are asked to RSVP to thewittliffcollections@txstate.edu

FINE LINE: MENTAL HEALTH/MENTAL ILLNESS pairs photography with audio recording in a documentary project that reveals the courage and the fragility of people living with disorder, confronts stereotypes, and draws attention to the tenuous threshold between stability and unbalance. Photographer Michael Nye spent four years photographing and recording stories, discovering how, in his words, “Mental illness touches the deepest parts of who we are; our identity, self worth, the inability to communicate, confusion and loss of control. It can happen for no apparent reason and at any time. Every person has a chance of becoming mentally ill.” In simple, eloquent detail, 45 black-and-white portraits and the voices of those portrayed speak of denial, fear, stigma and separation, pain, abuse, coping, healing, and humanity. Nye’s Fine Line exhibition is presented in conjunction with Texas State’s 2013–2014 Common Experience theme, Minds Matter: Exploring Mental Health and Illness, and is sponsored by the university’s Wittliff Collections and Common Experience, and the CFAN Company.

Cost:
   free
See:
   http://www.thewittliffcollections.txstate.edu/exhibitions-events/.../current.html#nye
Sponsor:
   Wittliff Collections
Contact:
   Lyda Guz
   512.245.2313
   lwg11@txstate.edu
Calendar:
   Common Experience
Categories:
   Academic, Lectures, Visual Arts
Audience:
   Faculty, General Interest, Staff, Students

Introduction to Basic Stress Management
Introduction to Basic Stress Management

When:
   Wednesday, February 12, 2014 11:00 AM - 11:50 AM
Where:
   LBJ Student Center Room 3-3.1
Description:

Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
   free
See:
   http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor:
   Counseling Center
Contact:
   Blanca Sanchez-Navarro
   512-245-2208
counselingcenter@txstate.edu
Calendar:
   Common Experience
Categories:
   Health, Training
Audience:
   Faculty, General Interest, Staff, Students

Where Can Your Mind Take You? Graduate Programs in Mental Health

Wednesday, January 29, 2014 2:04 PM

Where Can Your Mind Take You? Graduate Programs in Mental Health

When:
   Wednesday, February 12, 2014 5:00 PM - 7:00 PM
Where:
   LBJ Student Center Teaching Theater
Description:

Uncertain about your own future? Are you thinking about graduate school?

Texas State faculty and graduate students are generating research that improves our understanding of underlying causes of mental illness as well as treatments.
Come learn about opportunities for graduate study that will lead to exciting and rewarding careers in the fast growing mental health industry. Following a panel discussion on graduate programs in mental health, faculty and graduate students will be available to meet with you and answer your questions about their programs.

Join us for conversation and refreshments.

Graduate Programs that will be represented include:

College of Applied Arts
- Criminal Justice
- Family & Child Studies
- Social Work

College of Education
- Recreation & Leisure Services – Therapeutic Recreation
- Professional Counseling
- School Psychology
- Special Education

College of Liberal Arts
- Applied Sociology and Sociology
- Psychological Research

The event is hosted by the Texas Iota Chapter of Alpha Chi National College Honor Society as part of Minds Matter: Exploring Mental Health & Illness the 2013-2014 Common Experience Theme.

Cost:
- free

Sponsor:
The Graduate College

Contact:
- Dr. Paula Williamson
  512.245.6292
  pw04@txstate.edu

Calendar:
- Common Experience

Categories:
- Career, Health, Lectures

Audience:
- Students

**Mood Management: Taking Charge of Feeling Good (CE)**
Friday, January 17, 2014 1:14 PM

Mood Management: Taking Charge of Feeling Good (CE)

When:
- Monday, February 17, 2014 10:00 AM - 10:50 AM

Where:
- LBJ Student Center Room 3-3.1

Description:
Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar:
Common Experience
Categories:
Health, Training
Audience:
Faculty, General Interest, Staff, Students

**Business Leadership Week Distinguished Lecture Mr. Brian East, Senior Attorney, Disability Rights Texas**
Thursday, January 23, 2014 12:20 PM

Business Leadership Week Distinguished Lecture Mr. Brian East, Senior Attorney, Disability Rights Texas

When:
Monday, February 17, 2014 11:00 AM - 12:20 PM
Where: McCoy Hall Room 119
Description:

As the Senior Attorney for Disability Rights Texas, Brian East handles a number of disability-discrimination and disability-rights cases in both state and federal courts. He is currently a board member of both the National Employment Lawyers Association (NELA) and the Texas Employment Lawyers Association. He has previously served as Chair of NELA’s Disability Rights Committee and on the legal committees of the National Disability Rights Network. He is the co-author and editor of the chapter on “Workers with Disabilities” in the Employee & Union Member Guide to Labor Law (Thompson/West), was named SuperLawyer by Texas Monthly Magazine, and is the 2008 recipient of the 2008 Martha Arbuckle Meritorious Service Award from the Austin Mayor’s Committee for People with Disabilities. For more information about this event and other Business Leadership Week events visit http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/spotlight.html
Business Leadership Week: Ashley Ingle, PHR, CPP
Monday, February 17, 2014 3:40 PM

Business Leadership Week: Ashley Ingle, PHR, CPP

When:
Monday, February 17, 2014 12:30 PM - 2:00 PM

Where:
McCoy Hall Room 126

Description:
Ashley Ingle is the Vice President for Human Resources at Randolph Brooks Federal Credit Union and is an alumnus of Texas State University. Ms. Ingle's lecture will encompass not only her journey from Texas State student to well-respected professional, but will also include discussion about business leadership, employee wellness programs, and human resource policy.

Bloomberg Businessweek Mini-Case Competition
Thursday, January 23, 2014 11:53 AM

Bloomberg Businessweek Mini-Case Competition
When:
Monday, February 17, 2014 2:00 PM - 3:20 PM
Where:
McCoy Hall Room 240
Description:
Teams from McCoy College student organizations will be given a week to prepare a response to articles chosen from Bloomberg Businessweek. The topic of discussion will be centered around business management trends to improve employee productivity and effective practices to improve mental health in the workplace. Join us for the competition and to support your fellow students! The winners will be announced at the beginning of the Leadership Panel on Monday, February 17th in McCoy Hall, room 119, from 5:00-6:40 p.m.
We would like to thank Bloomberg Businessweek, sponsor of the Bloomberg Businessweek Mini-Case Competition, for their generous support of Business Leadership Week 2014. For more information about this event and other Business Leadership Week events visit http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/spotlight.html.

Cost:
free
See:
http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/spotlight.html
Sponsor:
McCoy College of Business
Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu
Calendar:
Common Experience
Categories:
Lectures
Audience:
Students

Business Leadership Week Leadership Panel
Thursday, January 23, 2014 12:18 PM

Business Leadership Week Leadership Panel

When:
Monday, February 17, 2014 5:00 PM - 6:40 PM
Where:
McCoy Hall Room 119
Description:
A panel of professionals from various backgrounds will discuss their experience and perspective on business leadership and the impact mental health has in the workplace. Panelists will include Rodney Klein, Outreach and Training Manager, U.S. Equal Employment Opportunity Commission; Leah Heck, Internal Development Director, T3; and Natalie Rougeux, Managing Member and CEO Rougeux & Associates P.L.L.C. For more information about this event and other Business Leadership Week events visit http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/spotlight.html.
Business Leadership Week: Blanca Sanchez-Navarro, LPC-S, LCDC
Monday, February 17, 2014 3:44 PM

Business Leadership Week: Blanca Sanchez-Navarro, LPC-S, LCDC

When:
   Tuesday, February 18, 2014 8:00 AM - 9:00 AM
Where:
   McCoy Hall Room 119
Description:

Blanca Sanchez-Navarro is the Assistant Director of Educational Programming & Outreach and the Supervising Counselor at Texas State University’s Counseling Center. Her presentation is titled, "College Mental Health".

Over the past several years, college campuses across the nation have experienced a consistent and dramatic increase in the number of students with severe mental health problems. The problem has become so prevalent that it has been frequently documented in major national news headlines, publications, and websites. It has also stimulated several specific national conferences and even prompted federal legislation to address the issue. Why is this happening and what are the implications for the college campus?
Lew Little is chief executive officer and co-founder of Harden Healthcare, LLC, based out of Austin, Texas. Harden Healthcare is a leading senior healthcare services provider. With services including home health, hospice care, private duty, assisted living, skilled nursing and rehabilitation, Harden serves the entire post-acute continuum of care. Prior to the formation of Harden Healthcare in 2001, Little was president of Capstar Partners, LLC. Before joining Capstar, Little was president of Bank of America in Austin, Texas, and worked with the bank and its predecessors from August 1984 until December 1999. He began his banking career in 1981 with Texas Commerce Bank in Houston.

Lisa Spencer is a motivational speaker and a board member of the Scheib Center for Developmental Disabilities & Mental Health Services.
Developmental Disabilities and Mental Health Services, located in San Marcos, Texas. Her lecture will encompass the topics of hiring, employee assistance, job coaches, and veterans' issues.

Cost:
free
Sponsor:
McCoy College of Business
Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu
Calendar:
Common Experience
Categories:
Academic, Conference, Lectures
Audience:
Faculty, General Interest, Staff, Students

**Business Leadership Week: David Cosner, BBA Marketing Student**

Monday, February 17, 2014 3:49 PM

Business Leadership Week: David Cosner, BBA Marketing Student

When:
Tuesday, February 18, 2014 9:30 AM - 10:30 AM

Where:
McCoy Hall Room 243

Description:

David Cosner is a current Texas State University student seeking his Bachelor of Business Administration degree in Marketing. David is an aspiring motivational and keynote speaker, and has conducted several speaking engagements at Texas State in the past. Cosner is the definition of humble - you will see this as he talks with students during Business Leadership Week about his amazing battle with a deadly rare disease, and how he beat the odds again and again. “I really enjoy sharing my story with fellow students, and I intend to show my peers that no matter what the odds, if you keep a positive attitude, and never give up, you can accomplish anything. Life is about achieving your dreams” - David Cosner. Cosner also founded a thriving student organization, “The Bass Cats”, and led them to a second place finish in the inaugural FLW College Fishing National Championship.

Cost:
free
Sponsor:
McCoy College of Business
Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu
Calendar:
Common Experience
Categories:
Business Leadership Week: David Cosner, BBA Marketing Student

Business Leadership Week: David Cosner, BBA Marketing Student

When:
Tuesday, February 18, 2014 11:00 AM - 12:00 PM

Where:
McCoy Hall Room 119

Description:

David Cosner is a current Texas State University student seeking his Bachelor of Business Administration degree in Marketing. David is an aspiring motivational and keynote speaker, and has conducted several speaking engagements at Texas State in the past. Cosner is the definition of humble - you will see this as he talks with students during Business Leadership Week about his amazing battle with a deadly rare disease, and how he beat the odds again and again. "I really enjoy sharing my story with fellow students, and I intend to show my peers that no matter what the odds, if you keep a positive attitude, and never give up, you can accomplish anything. Life is about achieving your dreams" - David Cosner. Cosner also founded a thriving student organization, "The Bass Cats", and led them to a second place finish in the inaugural FLW College Fishing National Championship.

Cost:
free

Sponsor:
McCoy College of Business

Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu

Auditence:

Business Leadership Week: Dr. Donna Nicholson, Author and Advocate

Business Leadership Week: Dr. Donna Nicholson, Author and Advocate

When:
Tuesday, February 18, 2014 11:00 AM - 12:00 PM

Where:
McCoy Hall Room 126

Description:

Dr. Donna Nicholson has been an educator for almost fifty years. Her experience is wide and
varied. She has served as a teacher, a principal at both elementary and high school level, associate director of an educational service center, assistant superintendent, superintendent and adjunct professor for the Executive Preparation Program for the University of Denver. Dr. Nicholson has held positions as a superintendent of school districts in Colorado, Alabama and a charter school system with multiple campuses in many of the major cities in Texas. Retiring from her last superintendent’s position in 2009, Dr. Nicholson is now the President of Donna Nicholson & Associates working with schools across the nation. Dr. Nicholson recently published Shattered: Tragedy on the Mountain-Living with traumatic brain injury and bipolar madness, the true story of her husband’s freakish accident which changed her family’s lives forever. She is a national speaker and an internationally recognized advocate for mental health. This event is hosted by the Collegiate Entrepreneurs Organization.

Cost:
- free
Sponsor:
- McCoy College of Business
Contact:
  - Brittany Chrisman
  - 512.245.1993
  - bsc29@txstate.edu
Calendar:
- Common Experience
Categories:
- Academic, Conference, Lectures
Audience:
- Students

**Business Leadership Week: Donald Hackett, CEO RxWiki, Inc.**

Monday, February 17, 2014 3:56 PM

Business Leadership Week: Donald Hackett, CEO RxWiki, Inc.

When:
- Tuesday, February 18, 2014 11:00 AM - 12:00 PM
Where:
- McCoy Hall Room 223
Description:

Throughout his career Donald Hackett, CEO at RxWiki, Inc., has deployed innovative strategies, business models, and technology solutions to benefit healthcare providers and patients alike. He is currently focused on optimizing patient-provider communications and the evolution of the “Digital Waiting Room”, an integration of appointment scheduling, patient education, and medication adherence solutions. Donald’s contributions can be seen in RxWiki’s Digital Pharmacist network which allows pharmacists and patients to communicate through social media channels and mobile apps. RxWiki also offers a crowd-sourced medications encyclopedia, the leading resource for real-time information edited by pharmacists.

Cost:
- free
Sponsor:
Business Leadership Week: David Cosner, BBA Marketing Student

When: Tuesday, February 18, 2014 12:30 PM - 1:30 PM
Where: McCoy Hall Room 119
Description:

David Cosner is a current Texas State University student seeking his Bachelor of Business Administration degree in Marketing. David is an aspiring motivational and keynote speaker, and has conducted several speaking engagements at Texas State in the past. Cosner is the definition of humble - you will see this as he talks with students during Business Leadership Week about his amazing battle with a deadly rare disease, and how he beat the odds again and again. "I really enjoy sharing my story with fellow students, and I intend to show my peers that no matter what the odds, if you keep a positive attitude, and never give up, you can accomplish anything. Life is about achieving your dreams" - David Cosner. Cosner also founded a thriving student organization, "The Bass Cats", and led them to a second place finish in the inaugural FLW College Fishing National Championship.

Cost: free
Sponsor: McCoy College of Business
Contact: Brittany Chrisman
512.245.1993
bsc29@txstate.edu
Calendar: Common Experience
Categories: Academic, Conference, Lectures
Audience: Students
When:
Tuesday, February 18, 2014 12:30 PM - 1:30 PM

Where:
McCoy Hall Room 126

Description:

Bob earned his Bachelor of Business Administration degree from Texas State University in 1978. He spent the majority of his business career in the construction and industrial equipment rental industry. For twenty seven years, Bob held positions of increasing responsibility at RSC Equipment Rental where he started as a sales representative and spent fourteen years as a Region Vice President. During his tenure at RSC Equipment Rental the company grew to over five hundred locations, achieved the status of being the second largest rental equipment provider in North America, and became publicly traded on the New York Stock Exchange in 2007. Following his retirement in 2012, Bob and his wife Tina moved to New Braunfels, TX where he enjoys time with family, does consulting and training work, and supports Texas State Bobcat athletics.

Cost:
Free

Sponsor:
McCoy College of Business

Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Conference, Lectures

Audience:
Students

Business Leadership Week: Cindy Gibson, Mental Health Advocate
Monday, February 17, 2014 3:59 PM

Business Leadership Week: Cindy Gibson, Mental Health Advocate

When:
Tuesday, February 18, 2014 2:00 PM - 3:00 PM

Where:
McCoy Hall Room 233

Description:

Cindy Gibson has eighteen years of experience as a mental health consumer advocate at the community, state and national level. She has also been a direct recipient of mental health services since the age of fourteen for bipolar disorder. Cindy was the first Consumer Affairs Director for the Texas Department of Mental Health and Mental Retardation. She has served as Vice-Chair of the Board of Directors for the Texas Mental Health Consumers, a statewide consumer advocacy group. Additionally, she is the past Executive Director of Texas Mental Health Consumers. At the national level, Cindy served as a member of the SAMHSA Mental Health System Improvement Project (MHSIP) Policy Group and was selected as one of the initial representatives to the SAMHSA National Advisory Committee Subcommittee on Consumer-Survivor Issues. Cindy is the recipient of TDMHMR Rising Phoenix Award, a lifetime achievement award for consumer advocacy accomplishments. She is experienced in
development and implementation of consumer-oriented services as well as outcome and performance measures for evaluation of mental health services.

Cost:
free
Sponsor:
McCoy College of Business
Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu
Calendar:
Common Experience
Categories:
Academic, Conference, Lectures
Audience:
Students

**Changing the Conversation on Juvenile Justice in Texas: Social Justice, Mental Health, and Justice System Reform**
Tuesday, January 21, 2014 1:19 PM

Changing the Conversation on Juvenile Justice in Texas: Social Justice, Mental Health, and Justice System Reform

When:
Tuesday, February 18, 2014 5:00 PM - 7:00 PM
Where:
LBJ Student Center Room 3-9.1
Description:
Tarsha Jackson is the executive director of Texas Families of Incarcerated Youth, a 2011 Soros Justice Fellow, a co-chair of the Annie E. Casey Foundation's Juvenile Detentions Alternatives Initiative in Houston, and a nationally recognized speaker on prison reform. For Ms. Jackson, this issue strikes close to home. Her oldest son, who had been diagnosed with multiple serious mental health conditions, was incarcerated at the age of 11 for breaking a window and spent more than five years in the Texas juvenile justice system. Ms. Jackson will show a short film she made about her family's experience, and will speak to the lack of mental health services in Texas, and the ways in which this leads to incarceration rather than treatment, particularly for people of color.

Cost:
free
Sponsor:
Common Experience Program
Contact:
Emily Pyle
512.799.3692
e_p48@txstate.edu
Calendar:
Common Experience
Overcome Test, Math, and Performance Anxiety

When: Wednesday, February 19, 2014 1:00 PM - 1:00 PM
Where: LBJ Student Center Room 3-3.1
Description:

Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro 512-245-2208 counselingcenter@txstate.edu
Calendar: Common Experience
Categories: Health, Training
Audience: Faculty, General Interest, Staff, Students

Creating Focus through Mind and Body Connections

When: Wednesday, February 19, 2014 3:00 PM - 3:50 PM
Where: LBJ Student Center Room 3-3.1
Description:
Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

**Cost:** free

**See:** [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

**Sponsor:** Counseling Center

**Contact:** Blanca Sanchez-Navarro  
512-245-2208  
counselingcenter@txstate.edu

**Calendar:** Common Experience

**Categories:** Health, Training

**Audience:** Faculty, General Interest, Staff, Students

### Business Leadership Wee: Dr. Amy Meeks, Department of Psychology

**When:** Wednesday, February 19, 2014 5:30 PM - 6:30 PM

**Where:** McCoy Hall Room 127

**Description:**

Dr. Amy Meeks is a Senior Lecturer in the Department of Psychology. Her lecture will focus on mental health issues in the workplace. This event is hosted by the Society for Human Resource Management.

**Cost:** free

**See:** [http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/schedule.html](http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/schedule.html)

**Sponsor:** McCoy College of Business

**Contact:** Brittany Chrisman  
512.245.1993  
bsc29@txstate.edu
Business Leadership Week: Discussion Forum featuring Crystal Moore

When:
Thursday, February 20, 2014 1:00 PM - 2:00 AM

Where:
McCoy Hall Room 233

Description:
Crystal Moore, LCSW, CEAP, SAP, is an Employee Assistant Program (EAP) Account Representative who services Texas State University's EAP. Ms. Moore will speak for 5-10 minutes about her experience with EAPs. Following her brief presentation, Ms. Moore will moderate a discussion including topics: What is the general purpose of EAPs? How can EAPs educate the workplace? How can EAPs address drug addiction, mental illness, etc.? How can EAPs help employees find the work-life balance?

Cost:
Free

See:
http://www.worklife.txstate.edu/contentParagraph/00/.../BobcatBalance_Broch.pdf

Sponsor:
McCoy College of Business

Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu

Business Leadership Week: Regina Rogoff, J.D.

When:
Thursday, February 20, 2014 2:00 PM - 3:00 PM

Where:
McCoy Hall Room 243

Description:
Regina Rogoff, J.D., a graduate of the University of Michigan and the University of Texas at Austin School of Law, has been practicing law in Texas for over 30 years. She began her career as a VISTA lawyer, joining the Legal Aid of Central Texas Staff as an attorney for 10 years before serving as Executive Director for 20 years. The Austin Bar Association created the “Regina Rogoff Award” in her honor to be given annually to an attorney in Travis County who demonstrates outstanding service in the public/non-profit sector. The Austin Business Journal has recognized her in their “Profiles in Power” (2007) and as a “Healthcare Hero” (2005). Under her leadership, the People’s Community Clinic was awarded the Ethics in Business Award (2005) by the Samaritan Center.

Cost: Free
See: http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/schedule.html
Sponsor: McCoy College of Business
Contact: Brittany Chrisman 512.245.1993 bsc29@txstate.edu
Calendar: Common Experience
Categories: Academic, Conference, Lectures
Audience: Students

**Business Leadership Week: Dr. Greg Snodgrass and Sara Jo Snodgrass on Mental Health in the Workplace**

Tuesday, February 18, 2014 5:10 PM

Business Leadership Week: Dr. Greg Snodgrass and Sara Jo Snodgrass on Mental Health in the Workplace

When: Thursday, February 20, 2014 2:00 PM - 3:00 PM
Where: McCoy Hall Room 126
Description:
Dr. Greg Snodgrass, Ph.D., retired Assistant Vice President for Student Affairs and Director of the Counseling Center, and his wife Sara Jo Snodgrass, M.Ed., SPHR, retired Assistant Vice President for Human Resources, New York Life Insurance, Long Term Care Division will present a lecture titled, “Mental Health in the Workplace.”

Dr. Snodgrass came to Texas State in 1978 as a Staff Counselor in the Counseling Center and an Assistant Professor of Psychology after receiving a Ph.D. in Counseling and educational Psychology from UCLA. He received his Master and Bachelor degrees from the University of Alaska in Fairbanks.

Sara Jo earned her B.A. in Psychology from the University of Houston and her M.Ed. in Counseling Psychology from the University of Texas at El Paso.

Cost:
free

See:
http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/schedule.html

Sponsor:
McCoy College of Business

Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Conference, Lectures

Audience:
Students

**Business Leadership Week Keynote Speaker**
Thursday, January 23, 2014 11:49 AM

Business Leadership Week Keynote Speaker

When:
Thursday, February 20, 2014 3:30 PM - 4:30 PM

Where:
McCoy Hall

Description:

Dr. Octavio Martinez, Jr., M.D., M.P.H., M.B.A., F.A.P.A., Executive Director, Hogg Foundation for Mental Health, The University of Texas at Austin

A native Texan and licensed psychiatrist, Dr. Octavio N. Martinez, Jr. is the fifth executive director and the first Hispanic to lead the Hogg Foundation for Mental Health since its creation in 1940. As chief executive officer, he oversees the vision, mission, goals, strategic planning and day-to-day operations of the foundation. He is an associate vice president of the Division of Diversity and Community Engagement and a clinical professor at the School of Social Work at The University of Texas at Austin. He is also an adjunct professor of psychiatry at The University of Texas Health Science Center at San Antonio. He currently serves on the Institute of Medicine’s Committee on the Mental Health Workforce for
Geriatric Populations. He is on the board of the National Hispanic Council on Aging. He is a commissioner on the Supreme Court of Texas Permanent Judicial Commission for Children, Youth and Families and a member of the University of Texas-University Charter School Advisory Board. From 2002 to 2006 he served as a Special Emphasis Panel Member for the National Institutes of Health, National Center on Minority Health and Health Disparities. Dr. Martinez is licensed to practice medicine in Texas and North Carolina and is board certified. He has a master’s degree in public health from Harvard University’s School of Public Health, a doctorate in medicine from Baylor College of Medicine, and master’s and bachelor’s degrees in business administration with a concentration in finance from The University of Texas at Austin. He also completed the Commonwealth Fund/Harvard University Fellowship in Minority Health Policy at Harvard Medical School. For more information about this event and other Business Leadership Week events visit http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/spotlight.html.

A special thank you to Common Experience for their funding donation and to the Student Organizations Council (SOC) at Texas State University for sponsoring the McCoy College Ambassadors as they host the Keynote Speaker event.

Cost:
free

See:
http://advising.mccoy.txstate.edu/prodev/businessleadership/2014/spotlight.html

Sponsor:
McCoy College of Business

Contact:
Brittany Chrisman
512.245.1993
bsc29@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

Leadership Institute Annual Conference
Thursday, February 13, 2014 4:21 PM

Leadership Institute Annual Conference

When:
Friday, February 21, 2014 5:15 PM - 5:15 PM

Where:
LBJ Student Center

Description:
Mark your calendars for the 2014 Leadership Institute Annual Conference for February 21-22, 2014. The primary purpose of the conference is to bring together students to learn leadership skills, engage students in values-based activities that foster personal leadership development, build a unified community, cultivate social responsibility, and inspire students to adopt a new way of life while expanding their leadership potential.
This year's conference theme is "Leadership and Learning: Celebrating the Journey" and will be tied to the Institute's Core Values. Last year we welcomed 340 students from Texas State University and other regional colleges and universities. We look forward to another incredible conference this year!

We look forward to hearing from our distinguished featured speakers: Mr. Julian Castro, Mayor of San Antonio, Texas, Mr. Don McPherson, Social Activist/Feminist, and Ms. Jessica Gendron Williams, CEO Phired Up Productions.

Cost:
free

See:
http://leadership.dos.txstate.edu/conference

Sponsor:
Dean of Students

Contact:
Leadership Institute
512.245.5323
leadershipinstitute@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Conference, Lectures

Audience:
Students

Crazy Like Us: The Globalization of the American Psyche. A Lecture by Ethan Watters

Tuesday, February 04, 2014 3:37 PM

Crazy Like Us: The Globalization of the American Psyche. A Lecture by Ethan Watters

When:
Monday, February 24, 2014 2:00 PM - 3:00 PM

Where:
Alkek Library The Wittliff Collections, Alkek 7th Floor

Description:
The Globalization of the American "Mind"

Mental illnesses are not spread evenly around the globe and across history. In a talk based on his recent book, Watters will review work by cross-cultural psychiatrists that has shown that mental illnesses appear in different cultures and periods in history in endlessly complex and unique forms. Because the troubled "mind" has been perceived in terms of diverse religious, scientific, and social beliefs of discrete cultures, "madness" in one place and time often looks remarkably different from "madness" in another. But with increasing globalization, things are changing quickly. The remarkable diversity once seen among different cultures’ conceptions of madness is disappearing. Mental illnesses identified and popularized in the United States are spreading across cultural boundaries with the speed of contagious diseases. Indigenous forms of mental illness and healing are being replaced by disease categories and treatments made in the USA. To lay bare these international trends, Watters will explore four case studies: The rise of anorexia in Hong Kong in the 1990s; the spread of PTSD and trauma therapy to Sri Lanka after the Boxing Day tsunami; the changing
notions of schizophrenia in Zanabar; and the selling of depression to Japan after that market was open to SSRIs.

Sponsored by the Texas State University Department of Sociology. For more information call 512.245.2113. Doors open at 2:00 p.m. Reception and book signing to follow.

Cost: free
See: http://www.soci.txstate.edu/
Attachment Watters Flyer
Sponsor: Department of Sociology
Contact: Corey Weber cw1512@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: How Does Language Hook Up with the World?
Monday, February 24, 2014 8:43 AM

Philosophy Dialogue Series: How Does Language Hook Up with the World?
When: Monday, February 24, 2014 3:30 PM - 4:30 PM
Where: Derrick Hall Dialogue Room 111
Description:
This event focuses on the topic "How Does Language Hook Up with the World?" and features Hunter Chambers as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
  Free
See:
Sponsor:
  Department of Philosophy
Contact:
  Beverly Pairrett
  512-245-2208
  philosophy@txstate.edu
Calendar:
  Common Experience
Categories:
  Lectures
Audience:
  Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Language Games**
Monday, February 24, 2014 8:45 AM

Philosophy Dialogue Series: Language Games

When:
  Tuesday, February 25, 2014 12:30 PM - 1:30 PM
Where:
  Derrick Hall Dialogue Room 111
Description:
  This event focuses on the topic "Language Games" and features Jude Schweizer & David Tamez as the speakers.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

Zombie Apocalypse: Preparedness 101
Tuesday, January 21, 2014 9:11 AM

Zombie Apocalypse: Preparedness 101

When:
This event has been cancelled Tuesday, February 25, 2014 3:00 PM - 3:50 PM

Where:
LBJ Student Center Room 3-3.1

Description:
Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.
Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free

See: [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor: Counseling Center

Contact:
   Blanca Sanchez-Navarro
   512-245-2208
   counselingcenter@txstate.edu

Calendar: [Common Experience](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

Categories: Health, Training

Audience: Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Movie Night- Shooter**

Monday, February 24, 2014 8:50 AM

Philosophy Dialogue Series: Movie Night- Shooter

When:
   Tuesday, February 25, 2014 6:00 PM - 9:00 PM

Where: [Derrick Hall](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom) Dialogue Room

Description:

At this event, the movie "Shooter" will be shown followed by a no holds barred student-led political discussion.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free


Sponsor: Department of Philosophy

Contact: Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar: Common Experience

Categories: Academic, Entertainment, Lectures

Audience: Faculty, General Interest, Staff, Students


Monday, February 24, 2014 8:53 AM


When: Wednesday, February 26, 2014 10:00 AM - 11:00 AM

Where: Derrick Hall Dialogue Room 111

Description:

This event focuses on the topic "Language, Identity, and Perception: A Case Study of Rachel Jeantel's Testimony" and features David Tamez as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Philosophy Dialogue Series: Dialogue at the San Marcos Public Library: Language and Min
Monday, February 24, 2014 9:38 AM

Philosophy Dialogue Series: Dialogue at the San Marcos Public Library: Language and Min

When:
Wednesday, February 26, 2014 3:30 PM - 4:30 PM

Where:
Off Campus San Marcos Public Library

Description:
This event focuses on the topic “Language and Mind” and features Christian Perez, Philosophy M.A., University of Amsterdam

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:

Philosophy Dialogue Series: How to do things with words

Monday, February 24, 2014 9:45 AM

Philosophy Dialogue Series: How to do things with words

When:
Thursday, February 27, 2014 12:30 PM - 1:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:
This event focuses on the topic "How to Do things with Words" and features Philosophy Graduate students Joseph Edmondson and Ty Lasater as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
**Ecological Design, Social Entrepreneurship, & Urban Prototyping Talk**

Thursday, February 20, 2014 12:18 PM

**Description:**

SXSW Interactive artist Beth Ferguson will be coming to Texas State School of Art & Design to talk about Ecological Design, Social Entrepreneurship, & Urban Prototyping.

Beth is a solar designer, public artist, and founding director of Sol Design Lab based in San Francisco. Her work ranges from solar charging stations, bus stop interventions, solar payphones, ecological map making, and public furniture made from up-cycled materials. Beth will discuss her design process, solar projects, and highlight her most recent work for SXSW, an LED installation along Waller Creek.

**Cost:**

FREE

**Contact:**

Jill Fantauzza  
512.245.7422  
j_f166@txstate.edu

**Audience:**

Faculty, General Interest, Staff, Students

**Dialogue Series - Talk of the Times: Philosophy & Current Events**

Monday, February 24, 2014 9:48 AM

**Description:**

This event focuses on Current Events and features Members of the Philosophy Honor Society.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

Philosophy Dialogue Series : Is Religious Belief a Neurosis?
Monday, February 24, 2014 9:52 AM

Philothesis Dialogue Series : Is Religious Belief a Neurosis?
When:
Monday, March 03, 2014 12:30 PM - 1:30 PM
Where:
Derrick Hall Dialogue Room 111
Description:
This event focuses on "Is Religious Belief a Neurosis?" and is presented by Philosophy Students Haley Crawford and Shaula Rocha

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.
The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost: free
Sponsor: Department of Philosophy
Contact: Beverly Pairett 512-245-2208 philosophy@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

**Psychiatric Drugs for Children and Adolescents: Boon, Bane, or Both?**
Wednesday, January 15, 2014 11:13 AM

Psychiatric Drugs for Children and Adolescents: Boon, Bane, or Both?

When: Monday, March 03, 2014 2:10 PM - 5:10 PM
Where: Alkek Library Room 105 - 106
Description:

Thomas Kubiszyn, PhD is Professor of Educational Psychology and Director of Training for the PhD in School Psychology Program at the University of Houston.

Although he is not a psychiatrist or pharmacologist, his primary areas of research interest include the safety and efficacy (long-term and short-term) of psychotropic drugs with youth. He will explore with the audience recent developments, controversies, and the evidence that supports the safety and efficacy of drug, psychosocial and combination treatments for youth, and the factors that influence treatment selection (i.e., drug, psychosocial, or combination treatment), including impact on school learning and behavior. Dr. Kubiszyn presents this complex subject in a manner that is informative and easily understood, explaining the sometimes contradictory and rapidly changing world of psychopharmacology research and medication practices.

Cost: free
Philosophy Dialogue Series: Immigration

When:
Monday, March 03, 2014 6:00 PM - 7:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:

This event focuses on "Immigration" and is a non holds barred (student-led political discussion)

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu
Digital Dementia

Monday, March 03, 2014 7:00 PM - 8:30 PM

Alkek Library Teaching Theater

Description:

Dr. Manfred Spitzer, Department of Psychiatry, University of Ulm and the Transfer Center for Neurosciences and Learning (ZNL) in Ulm, Germany

Many of us view the internet as a gift replete with intellectual vitamins. And, our kids love to be on line: A 2013 report by the American Academy of Pediatrics (AAP) documents critically that “Today’s children are spending an average of seven hours a day on entertainment media.” The AAP goes on to recommend that “parents establish ‘screen-free’ zones at home by making sure there are no televisions, computers or video games in children’s bedrooms and by turning off the TV during dinner. Children and teens should engage with entertainment media for no more than one or two hours per day, and that should be high-quality content. It is important for kids to spend time on outdoor play, reading, hobbies, and using their imaginations in free play.” Furthermore, “Television and other entertainment media should be avoided for infants and children under age two. A child’s brain develops rapidly during these first years and young children learn best by interacting with people, not screens.”

A clarification of the risks and side effects associated with today’s digital media will be the focus of Manfred Spitzer’s presentation. Dr. Spitzer of the Psychiatric University Hospital and the Transfer Center for Neurosciences and Learning (ZNL) in Ulm, Germany, is an international authority of the subject of digital media (cell phones, tablets, computers, television) and their effect on a child’s developing brain. A psychiatrist, psychologist and neuroscientist, he is the author of “Digital Dementia: What We and Our Children are Doing to our Minds.” As described in his book, and from his vantage and his research, Spitzer will present a body of evidence that shows too much time with these devices leads to problematic brain development in young children that is irreversible. Spitzer is widely published in neuroscience, learning, and psychiatry, author of numerous texts, and a well-regarded speaker (in English as well as German). He is host of the German public television show “Geist und Gehirn” (“Mind and Brain” – available on YouTube). Additionally, Dr. Spitzer is recipient of the 1992 DGPPN Duphar Research Award of the German Society for Psychiatry, Psychotherapy and Neurology; the 2002 Cogito Prize of the Cogito Foundation; and the 2010 Science Prize of the Margrit Egnér Foundation.
Philosophy Dialogue Series: Intersectionality in Feminism

Monday, February 24, 2014 9:56 AM

Philosophy Dialogue Series: Intersectionality in Feminism

When:
Tuesday, March 04, 2014 11:00 AM - 12:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:

This event focuses on the topic "Intersectionality in Feminism" and is presented by Lijun Yuan.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:
http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom
Philosophy Dialogue Series: Does Belief in God or Afterlife Motivate Ethical Behavior?

When:
Wednesday, March 05, 2014 12:30 PM - 1:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:

This topic is presented by Philosophy Students Ashlee Ayers and Elizabeth Omorodion

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu
Philosophy Dialogue Series: How Music Can Help Us Explore Mental Health & Illness,

When:
Wednesday, March 05, 2014 12:30 PM - 1:30 PM
Where:
Flowers Hall Room 230

Description:
Dialogue with Music Students from The Juilliard School

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:
http://www.txstate.edu/philosophy/dialogue-series/Discussion-Schedule.html

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students
Philosophy Dialogue Series: Spirituality: Easing Chronic Pain (SM Public Library)

When:
Wednesday, March 05, 2014 3:30 PM - 4:30 PM

Where:
Off Campus San Marcos Public Library

Description:

Dialogue at the San Marcos Public Library: Spirituality: Easing Chronic Pain -

Presented by Ashley T. Colston, Texas State University Alumnae (Mass Comm. and Public Relations, Former Pharmaceutical Specialty Sales Representative)

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Exemplary Virtues from Plotinus to Augustine

Monday, February 24, 2014 11:02 AM

Philosophy Dialogue Series: Exemplary Virtues from Plotinus to Augustine

When:
Thursday, March 06, 2014 2:00 PM - 3:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:

This event features Greg Moses

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

Creative Minds Matter: 7th Juilliard Joins Texas State
Wednesday, January 29, 2014 4:05 PM

Creative Minds Matter: 7th Juilliard Joins Texas State

When:
Thursday, March 06, 2014 7:30 PM - 9:00 PM

Where:
Evans Auditorium

Description:
University Arts presents...

Creative Minds Matter: 7th Juilliard Joins Texas State

Thursday, March 6, 2014 @ 7:30pm | Doors open @ 7pm
Evans Auditorium

Tickets $40 VIP R, $25 R, $15 GA (+$2 per ticket processing fee)

- Our reserved seating options allows you to choose your preference in seating and includes free event parking in the Pleasant St. Parking Garage.
- Student(s) & Children receive a $10 discount on ticket of choice.
- A $2 TxstatePresents.com Processing Fee will be assessed to each ticket purchase to offset the purchase of our new automated Box Office System and supporting staff.

The Juilliard School’s leading musicians, dancers, and actors return for the seventh collaboration with outstanding performers of Texas State University, directed by Texas State alumnus and award-winning composer, pianist, and Juilliard faculty member Dr. Wayne Oquin. For the first time, “Juilliard Joins Texas State” will exclusively feature American composers, among them Steve Reich (b. 1936), Christopher Rouse (b. 1949), and Wayne Oquin (b. 1977).

Addressing the theme of this year’s Common Experience at Texas State, Minds Matter, the event will focus on the creative process as a key step toward mental health.

Reflecting the continued growth and success of this recurring event, “Juilliard Joins Texas State” was selected as the Spring 2014 Encore University Arts event made possible through student service fee funds and the financial contributions and corporate sponsorship of Wells Fargo and Texas State's Common Experience. Additional funding in support of the event has been secured through the Department of Philosophy as well as the School of Music, all of which helps to defray the production cost and subsidize the ticket price.

Event Sponsors. . .

Wells Fargo Bank

Texas State Common Experience

Event Partners. . .

Texas State School of Music

Texas State Department of Philosophy

College of Fine Arts & Communication | Encore Performing Arts

Events Coordinator | Liz McDonald 512.245.3501

Box Office Manager | Robert Styyers 512.245.6500

Cost:

$40 VIP Reserved-$25 Reserved-$15 General Admission *Student(s) & Children receive a $10 discount on ticket(s) of choice

See:

http://www.encoreseriestxst.com/our-series/

Sponsor:

College of Fine Arts & Communication

Contact:

Robert Styyers
512-245-6500
Robert.Styyers@txstate.edu
http://txstatepresents.universitytickets.com/use...=120
**Philosophy Dialogue Series: Talk of the Times: Philosophy & Current Events**

**Monday, February 24, 2014 11:05 AM**

This event features Members of Philosophy Honor Society (Phi Sigma Tau)

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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**Cost:**
Free

**See:**

**Sponsor:**
Department of Philosophy

**Contact:**
Beverly Pairett
512-245-2208
philosophy@txstate.edu
Philosophy Dialogue Series: Environmental Sustainability: Weekly Discussion

When:
Friday, March 07, 2014 9:30 PM - 12:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:

This event features student presenters. Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Aggression and Sublimation

When:
Monday, March 10, 2014 3:12 PM
<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
<th>Location</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>-</td>
<td>Monday, March 17, 2014 10:00 AM - 11:00 AM</td>
<td>Derrick Hall Room 111</td>
<td>This event focuses on the topic “Aggression and Sublimation” and features Eli Kanon as the speaker.</td>
</tr>
<tr>
<td>-</td>
<td>Monday, March 10, 2014 3:13 PM</td>
<td>Derrick Hall Room 111</td>
<td>This event focuses on the topic “We’re All Mad Here: Madness and Irrationality” and features Parish Conkling as the speaker.</td>
</tr>
</tbody>
</table>

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: Free


Sponsor: Department of Philosophy

Contact: Beverly Pairett
- 512-245-2208
- philosophy@txstate.edu

Calendar: Common Experience

Categories: Lectures

Audience: Faculty, General Interest, Staff, Students
on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

The Devil’s Alphabet Open Reception

Tuesday, January 07, 2014 3:10 PM

The Devil’s Alphabet Open Reception

When:
Monday, March 17, 2014 5:00 PM - 7:00 PM

Where:
Joann Cole Mitte Gallery 1

Description:

Opening Reception on Monday, March 17, 5-7 PM with a lecture by Catherine Edelman in the Edelman Gallery

“Over three and one half years I have spent alone amidst these 8 rooms, 7 mirrors, 6 clocks, 2 minds and 199 panes of glass. And this is what I saw here. This is what I learned.” – Lauren E. Simonutti

In 2002, photographer Lauren E. Simonutti (1968-2012) acquired a house that was in a certain state of disrepair. In 2006, the artist was diagnosed with rapid cycling, mixed-state bipolar with schizo-affective disorder. It was at this time that she turned the camera on herself and the space in which she was living to bravely and beautifully chronicle the mental illness that would eventually take her life. Of her decision to record the struggle, Simonutti said, “I could document my ascension from madness to as much a level of sanity for which
one of my compositions could hope or I could leave a document of it all in the case that I
should lose." Through the practice of what she called a "voluntary but not quite self-imposed
isolation," the house became the model for her first comprehensive large format project and,
in turn, "became my backdrop, my setting, my refuge and, eventually, a collaborator, as I
began to bleed myself into the frame." As her work progressed, so did her relationship to
the rehabilitation of the house, and in turn "restoration became re-creation."

The beauty of Simonutti’s work makes a place for itself not only in the personal story
chronicled within it, but also in the way the artist made the images. “100% digital free,”
Simonutti proudly claimed, as she gained the visual effects in the images either from the
camera via gestures and movement accompanied by exposures that range from 2 minutes to
8 hours or through the artful approach that she took in the darkroom, often timing
exposures by the length of songs.

Lauren Simonutti’s life ended in 2012 but she left behind chronicles of that life in what she
referred to as “chapters,” one of which comprises this exhibition. The Devil’s Alphabet
contains 26 images, taken with a 5x7 view camera. Shot over the entirety of the house, it is
the most linear of all the chapters that she created and yet the images themselves were shot
out of sequence. Each corresponding to a different letter in the alphabet, they presented an
opportunity to the artist for “finding order after the fact and trusting in the direction in which
you’re being led.” Fulfilling the goal of giving each letter its own personality, the artist also
offers a glimpse into a life in which, “nothing is real but everything is true.”

Cost:
free
See:
http://blog.susanburnstine.com/post/21902234398
Sponsor:
The University Galleries
Contact:
Mary Mikel Stump
512.245.2664 office 512.665.0730 mobile
MaryMikelStump@txstate.edu
http://www.finearts.txstate.edu/Art/.../Contact.html
Calendar:
Common Experience
Categories:
Lectures, Visual Arts
Audience:
Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: The Tragedy of King Lear**
Monday, March 10, 2014 4:37 PM

Philosophy Dialogue Series: The Tragedy of King Lear

When:
Tuesday, March 18, 2014 12:30 PM - 1:30 PM
Where:
Derrick Hall Room 111
Description:
This event focuses on the topic “The Tragedy of King Lear” and features Angela Leibold &
Travis Stockton as the speakers.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: Free
Sponsor: Department of Philosophy
Contact: Beverly Pairett  
512-245-2208  
philosophy@txstate.edu
Calendar: Common Experience
Categories: Lectures
Audience: Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: King Lear - Movie Night**
Monday, March 10, 2014 3:16 PM

Philosophy Dialogue Series: King Lear - Movie Night

**When:**
Tuesday, March 18, 2014 6:00 PM - 9:00 PM

**Where:**
Derrick Hall Room 111

**Description:**

At this event, the movie King Lear will be shown. This event is hosted by Members of Philosophy Honor Society.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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fall and spring semesters and during one summer session.

Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Entertainment, Lectures

Audience:
Faculty, General Interest, Staff, Students

**Happiness Rehab: Steps Toward Creating Change**
Friday, January 17, 2014 5:59 PM

Happiness Rehab: Steps Toward Creating Change

When:
Wednesday, March 19, 2014 2:00 PM - 2:50 PM

Where:
LBJ Student Center Room 3-3.1

Description:
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Philosophy Dialogue Series: Existential Madness: Or How I Learned to Stop Worrying and Love Radical Freedom and Choice
Monday, March 10, 2014 3:17 PM

Philosophy Dialogue Series: Existential Madness: Or How I Learned to Stop Worrying and Love Radical Freedom and Choice

When:
Wednesday, March 19, 2014 2:00 PM - 3:00 PM
Where:
Derrick Hall Room 111
Description:
This event focuses on the topic “Existential Madness: Or How I Learned to Stop Worrying and Love Radical Freedom and Choice” and features Theresa Hickey as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free
See:
Sponsor:
Department of Philosophy
Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

QPR - Suicide Prevention Training
Tuesday, January 21, 2014 9:08 AM
QPR - Suicide Prevention Training

When:
Wednesday, March 19, 2014 2:30 PM - 4:30 PM

Where:
JC Kellam Administration Building Room 460

Description:
Suicide is the most preventable cause of death. Yet, it is the second leading cause of death among college students. After completing this training, you will become a “QPR Gatekeeper” trained to recognize suicidal signs, ask the right questions, persuade someone who is thinking about suicide to get help, and know how to refer for help.

Registration is required through the Professional Development office at
http://www.txstate.edu/pdevelop/

This course could quality for 2 CPE credits through the Continuing Professional Education (CPE) program of the Texas State Board of Public Accountancy for Certified Public Accountants (CPAs).

Cost:
free

See:
https://www.qprinstitute.com/

Sponsor:
Professional Development

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff

Philosophy Dialogue Series: Madness: Disease, Difference, or Disability?
Monday, March 10, 2014 3:20 PM

Philosophy Dialogue Series: Madness: Disease, Difference, or Disability?

When:
Wednesday, March 19, 2014 3:30 PM - 5:00 PM

Where:
Off Campus San Marcos Public Library 625 E. Hopkins St. San Marcos, TX 78666

Description:
This event focuses on the topic "Madness: Disease, Difference, or Disability" and features Rebecca Raphael as the speaker

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly
Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free
See:
Sponsor:
Department of Philosophy
Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar:
Common Experience
Categories:
Lectures
Audience:
Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Motorcycle and Loose Screws
Monday, March 10, 2014 3:23 PM

Philosophy Dialogue Series: Motorcycle and Loose Screws

When:
Thursday, March 20, 2014 12:30 PM - 1:00 PM
Where:
Derrick Hall Room 111
Description:

This event focuses on the topic "Motorcycles and Loose Screws" and features Dylan Daniel as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free
Sponsor: Department of Philosophy
Contact: Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar: Common Experience
Categories: Lectures
Audience: Faculty, General Interest, Staff, Students

**Introduction to Basic Stress Management**
Friday, January 17, 2014 1:03 PM

Introduction to Basic Stress Management

When: Thursday, March 20, 2014 1:00 PM - 1:50 PM
Where: LBJ Student Center Room 3-3.1
Description:

Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar: Common Experience
Philosophy Dialogue Series: Lear's Madness

When: Thursday, March 20, 2014 2:00 PM - 3:00 PM
Where: Derrick Hall Room 111
Description:
This event focuses on the topic "Lear's Madness" and features Zach Russell as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: Free
Sponsor: Department of Philosophy
Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar: Common Experience
Categories: Lectures
Audience: Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Environmental Sustainability

When: Thursday, March 20, 2014 3:00 PM - 3:00 PM
This event focuses on the topic “Environmental Sustainability” and features Diane Rahm as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free
Sponsor: Department of Philosophy
Contact: Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar: Common Experience
Categories: Lectures
Audience: Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Talk of the Times: Philosophy & Current Events**
Monday, March 10, 2014 3:26 PM

Philosophy Dialogue Series: Talk of the Times: Philosophy & Current Events

When: Friday, March 21, 2014 3:25 PM - 3:25 PM
Where: Derrick Hall Room 111
Description:

This event focuses on the topic “Philosophy & Current Events” and features Members of Philosophy Honor Society as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project.
Common Experience project. The series is free to attend and open to the public. Anyone may
join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and
spring semester. The Dialogue Series supplements their instruction, as it allows them to
apply their classroom study of the principles of good thinking and ethical conduct to such
controversial issues. For over twelve years, the series has provided a forum for the lively
exchange and critical evaluation of diverse ideas. This series has grown from a few
presentations a month during long semesters to four or five each week during most of the
fall and spring semesters and during one summer session.

Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

**Mood Management: Taking Charge of Feeling Good (CE)**
Friday, January 17, 2014 1:15 PM

Mood Management: Taking Charge of Feeling Good (CE)

When:
Monday, March 24, 2014 12:00 PM - 12:50 PM

Where:
LBJ Student Center Room 3-3.1

Description:

Learn how thought patterns can dominate moods and create ones that work with you, not
against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL)
series offered by the Counseling Center. Register at the link, below. If you require a disability
accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time
to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free

See:
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
Philosophy Dialogue Series: What’s the Difference Between Religion and Magic?
Friday, March 21, 2014 12:12 PM

Philosophy Dialogue Series: What’s the Difference Between Religion and Magic?

When:
Monday, March 24, 2014 12:30 PM - 1:30 PM
Where:
Derrick Hall Room 111
Description:

This event focuses on the topic “What’s the Difference Between Religion and Magic?” and features Angela Leibold and Marguerite Flores as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free
See:
Sponsor:
Department of Philosophy
Film Screening: Of Two Minds

Thursday, March 13, 2014 4:50 PM

Film Screening: Of Two Minds

When:
Monday, March 24, 2014 7:00 PM - 9:00 PM

Where:
LBJ Student Center Room 3-5.1

Description:
Social Awareness Documentary Film Club (SADOC) and the Department of Housing and Residential Life are presenting the documentary "Of Two Minds." Take your best day...and your darkest moment...and multiply by a million. Of Two Minds explores the extraordinary lives, struggles, and successes of a few of the over five million Americans living with bipolar disorder. Of Two Minds puts a human face on bipolar, providing an intimate, painful, and painfully funny look at those who live in its shadows...our parents and children, our friends and lovers...and ourselves.

Cost:
free

See:
http://www.txstate.edu/clas/.../Program-Faculty/Jon-Lasser/sadoc.html

Sponsor:
Department of Housing and Residential Life

Contact:
Max Anderson
936.443.2443
mma42@txstate.edu

Calendar:
Common Experience

Categories:
Entertainment

Audience:
Faculty, Staff, Students

Popular Crime Dramas and Public Perceptions of Mental Illness

Monday, February 10, 2014 10:20 AM

Popular Crime Dramas and Public Perceptions of Mental Illness

When:
Tuesday, March 25, 2014 12:00 PM - 1:00 PM

Where:
Freeman Aquatic Biology Room 102

Description:

Popular media has an extensive and significant influence on how the public applies stereotypes. This influence spans a variety of social topics including mental health and crime. Within the existing research on the influence that media has on the public’s attitudes, a small amount has focused on attitudes regarding the mentally ill. Studies on the topic of the media and mental illness have found that those portrayed as mentally ill are also commonly portrayed as violent and dangerous. This presentation will address this phenomenon of the portrayal of stereotypes and the construction of negative stereotypes of the mentally ill through a content analysis. Content analysis was performed on two popular television crime dramas. This presentation will discuss the themes identified through this analysis and conclusions drawn from this qualitative research.

Cost:
free

Attachment

Flyer Popular Crime Dramas&DPerceptions Of Mental Illness

Sponsor:
Common Experience

Contact:
Dr. Lucia Summers
512.245.2174
lsummers@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

Friday, March 21, 2014 12:14 PM


When:
Tuesday, March 25, 2014 12:00 PM - 12:00 PM

Where:
Derrick Hall Dialogue Room 111

Description:

This event focuses on the topic “Philip K. Dick’s Gnostic Vision” and features Amelie Benedikt as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.
The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost: free
Sponsor: Department of Philosophy
Contact: Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

**Overcome Test, Math, and Performance Anxiety**
Friday, January 17, 2014 1:09 PM

Overcome Test, Math, and Performance Anxiety

When:
Tuesday, March 25, 2014 1:00 PM - 1:50 PM
Where: LBJ Student Center Room 3-3.1
Description:
Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor:
Philosophy Dialogue Series: Movie Night: South Park: Bigger, Longer, and Uncut
Friday, March 21, 2014 12:15 PM

Philosophy Dialogue Series: Movie Night: South Park: Bigger, Longer, and Uncut
When: 
Tuesday, March 25, 2014 6:00 PM - 10:00 PM
Where: 
Derrick Hall Dialogue Room 111
Description:
At this event, the movie "South Park: Bigger, Longer, and Uncut" will be shown followed by a no holds barred student-led political discussion.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: 
free

See: 

Sponsor: 
Department of Philsophy

Contact: 
Beverly Pairett
512-245-2208
**Philosophy Dialogue Series: Visionaries: Social Roles and Philosophical Value**

Friday, March 21, 2014 12:16 PM

Philosophy Dialogue Series: Visionaries: Social Roles and Philosophical Value

When:
- Wednesday, March 26, 2014 12:15 PM - 12:15 PM

Where:
- Derrick Hall Dialogue Room 111

Description:

This event focuses on the topic "Visionaries: Social Roles and Philosophical Value" and features Danielle Peterson and Meagan Peters as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
- free

See:

Attachment
- Group

Sponsor:
- Department of Philosophy

Contact:
- Beverly Pairett
  - 512-245-2208
  - philosophy@txstate.edu
Zombie Apocalypse: Preparedness 101

When: Wednesday, March 26, 2014 2:00 PM - 2:50 PM
Where: LBJ Student Center Room 3-3.1
Description:

Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost: free
See: [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar: Common Experience
Categories: Health, Training
Audience: Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Dialogue at the San Marcos Public Library: Crazy about Sports

When: Wednesday, March 26, 2014 3:30 PM - 4:30 PM
Where:

**Off Campus**  San Marcos Public Library 625 E. Hopkins St. San Marcos, TX 78666

Description:

This event focuses on the topic "Crazy about Sports" and features Eric Gilbertson as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:

free

See:


Sponsor:

Department of Philosophy

Contact:

Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:

Common Experience

Categories:

[Academic, Lectures](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

Audience:

[Faculty, General Interest, Staff, Students](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

**Criminal Justice and Mental Disorders**

Monday, March 24, 2014 9:41 AM

Criminal Justice and Mental Disorders

When:

Wednesday, March 26, 2014 4:00 PM - 5:00 PM

Where:

[Centennial Hall](http://events.txstate.edu/list/month/2013/09/20/to/2014/05/31/cal/FJ.atom)

Description:

When a person with a mental disorder is arrested, questions may arise about whether they knew right from wrong at the time of the crime (insanity defense), their understanding of their Miranda rights, their ability to understand the charges and procedures involved with court proceedings as well as to assist their attorney in their defense (competency to stand...
They may further lack an appreciation of legal consequences. Similarly, juveniles with mental disorders may be disproportionately disciplined within their schools, setting the stage for increased future legal involvement. This panel will discuss issues of society's expectations for acceptable behavior when mental illness is involved and what alternatives may be available to address the needs of individuals with mental disorders within the criminal justice and juvenile disciplinary systems. Travis County Judge Nancy Hohengarten, Austin Psychologist Dr. Stephen Thorne, and Texas Appleseed Attorney and Deputy Director Deborah Fowler are the distinguished panelists.

Cost: Free
Sponsor: Department of Psychology
Contact: Dr. Ollie Seay
512-245-2526
Calendar: Common Experience
Categories: Academic, Career, Community Service, Health, Lectures
Audience: Faculty, General Interest, Staff, Students

Creating Focus through Mind and Body Connections
Tuesday, January 21, 2014 8:59 AM

Creating Focus through Mind and Body Connections

When:
Thursday, March 27, 2014 10:00 AM - 10:50 AM
Where: LBJ Student Center Room 3-3.1
Description:
Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost: free
See: http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor: Counseling Center
Contact: Blanca Sanchez-Navarro
Philosophy Dialogue Series: he Law of Non-Contradiction Revisited

Friday, March 21, 2014 12:20 PM

Philosophy Dialogue Series: he Law of Non-Contradiction Revisited

When:
Thursday, March 27, 2014 12:30 PM - 1:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:
This event focuses on the topic “The Law of Non-Contradiction Revisited” and features Hammad Hussain as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience
Dr. Jacqueline Helfgott is Professor and Chair of the Criminal Justice Department at Seattle University. She is author of Criminal Behavior: Theories, Typologies, and Criminal Justice (2008. From 1997 to 2000, she was principal investigator of a prison-based encounter program at the Washington State Reformatory. She coordinated a prison art program called the "Creative Expressions Project" at the Washington Corrections Center for Women from 1993-1998 and at the Washington State Reformatory from 1993-2010 and currently teaches a course in the prisons called "Restorative Justice Behind Bars" which involves prisoners and university students who take the course together and engage in group projects.

Dr. Helfgott is involved in applied research as principal investigator on an evaluation of the Seattle Police Crisis Intervention Team/Mental Health Practitioner Pilot Project. She has served on the Advisory Board for the Washington State Department of Social and Health Services Special Commitment Center at McNeil Island that houses civilly committed sexually violent predators. She currently serves on the Seattle Police Department’s Crisis Intervention Committee (CIC) Executive Steering Committee and Data Outcomes Subcommittee.

Dr. Helfgott will discuss the scientific conception of psychopathy and researcher consensus on the definition and understanding of psychopathy with the development and widespread use of the Psychopathy Checklist-Revised. The popular conception of the psychopath is not so clear. The term is widely used in culture: films, television shows, true-crime novels, the news media, the Internet, and everyday conversation. The meaning of the word “psychopath” among the general public and how the popular conception of the psychopath influences criminal justice policy has not been empirically studied. Research presented suggests that the popular conception of psychopathy is inconsistent with the scientific conception and impacts citizen beliefs about criminal justice practice. Implications for criminal justice policy are discussed. Refreshments will be served.
**WGRC Symposium – Exploring Gender, Mental Health and Wellness**

Monday, March 24, 2014 9:54 AM

WGRC Symposium – Exploring Gender, Mental Health and Wellness

**When:**
Friday, March 28, 2014 9:00 AM - 3:00 PM

**Where:**
LBJ Student Center Third Floor

**Description:**
This symposium will provide a forum for diverse perspectives on issues of gender, mental health, and wellness in the U.S. And around the globe. Keynote speakers include Dr. Melba Vasquez, past president of the American Psychological Association and Dr. Stacee Reicherzer, LPC.

This event is sponsored by the College of Liberal Arts, College of Fine Arts and Communication, College of Health Professions, Department of History, Department of Communication Studies, Department of Modern Languages, Department of Psychology, Department of Philosophy, and the Department of Counseling, Leadership, Adult Ed, and School Psychology.

Please RSVP to WGRC@txstate.edu if you plan to attend.

**Cost:**
Free

**See:**
http://www.txstate.edu/mcgs/special-projects/symposium.html

**Attachment**
Wgrc Symposium Poster Schedule

**Sponsor:**
College of Liberal Arts

**Contact:**
Luann Walker
512-245-2361
WGRC@txstate.edu

**Calendar:**
Common Experience

**Categories:**
Academic, Career, Health, Lectures

**Audience:**
Faculty, General Interest, Staff, Students
Friday, March 28, 2014 9:30 AM - 12:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:

This event focuses on the topic "Environmental Sustainability" and features Ronald Hagelmann as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Talk of the Times: Philosophy & Current Events
Friday, March 28, 2014 12:30 PM

Philosophy Dialogue Series: Talk of the Times: Philosophy & Current Events

When:

Friday, March 28, 2014 12:30 PM - 1:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:
This event focuses on the topic "Philosophy & Current Events" and features Members of Philosophy Honor Society as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: free
Sponsor: Department of Philosophy
Contact: Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar: Common Experience
Categories: Lectures
Audience: Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Has Science Killed Free Will?**
Friday, March 21, 2014 12:31 PM

Philosophy Dialogue Series: Has Science Killed Free Will?

When: Monday, March 31, 2014 10:00 AM - 11:00 AM
Where: Derrick Hall Dialogue Room 111
Description:

This event focuses on the topic “Has Science Killed Free Will?” and features Brandon Hobbs as the speaker.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: On the Situationist Threat to Free Will**

Friday, March 21, 2014 12:33 PM

Philosophy Dialogue Series: On the Situationist Threat to Free Will

When:
Monday, March 31, 2014 12:30 PM - 1:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:
This event focuses on the topic "On the Situationist Threat to Free Will" and features Alfred Mele from Florida State University as the speaker.
join the discussions at any time during the series.

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Cost: free
Sponsor: Department of Philosophy
Contact: Beverly Pairett 512-245-2208 philosophy@txstate.edu
Calendar: Common Experience
Categories: Lectures
Audience: Faculty, General Interest, Staff, Students

**Transition from Combat to Classroom: Helping Student Veterans Succeed at Texas State**
Tuesday, January 21, 2014 9:10 AM

Transition from Combat to Classroom: Helping Student Veterans Succeed at Texas State

When: Monday, March 31, 2014 1:00 PM - 3:30 PM
Where: JC Kellam Administration Building Room 460
Description:

This workshop is designed to build awareness and understanding about student veterans among staff and faculty on campus and ultimately to help facilitate a smooth transition for veterans to campus. The session covers topics such as who are our student veterans today, what is it like to transition from combat to the classroom, and what are the special challenges student veterans face in this transition. We will discuss potential needs of this population, some challenges, and resources to help them address these needs.

Registration is required through the Professional Development office at http://www.txstate.edu/pdevelop/
See: http://www.txstate.edu/pdevelop/

Sponsor:
Professional Development

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Training

Audience:
Faculty, Staff

Friday, March 21, 2014 12:35 PM


When:
Monday, March 31, 2014 3:30 PM - 4:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:
This event focuses on the topic "The Athlete’s Guide to Compatibility: Free Will and the Sporting Life" and features Coleen Watson as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free

See:
Philosophy Dialogue Series: Free Will: Skeptical Challenges and Replies
Friday, March 21, 2014 12:36 PM

Philosophy Dialogue Series: Free Will: Skeptical Challenges and Replies

When:
Tuesday, April 01, 2014 12:30 PM - 1:30 PM
Where:
Derrick Hall Dialogue Room 111
Description:
This event focuses on the topic “Free Will: Skeptical Challenges and Replies” and features Will Clark as the speaker along with special guest Alfred Mele from Florida State University.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free
See:
Sponsor:
Department of Philosophy
Contact:

Beverly Pairett  
512-245-2208  
philosophy@txstate.edu

Calendar:  
Common Experience
Categories:  
Lectures
Audience:  
Faculty, General Interest, Staff, Students

**Happiness Rehab: Steps Toward Creating Change**  
Friday, January 17, 2014 6:01 PM

Happiness Rehab: Steps Toward Creating Change

When:  
Tuesday, April 01, 2014 3:00 PM - 3:50 PM
Where:  
LBJ Student Center Room 3-3.1
Description:  
People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:  
free
See:  
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)
Sponsor:  
Counseling Center
Contact:  
Blanca Sanchez-Navarro  
512-245-2208  
counselingcenter@txstate.edu
Calendar:  
Common Experience
Categories:  
Health, Training
Audience:  
Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Free Will and Neuroscience: What Do Old-School and New-Wave Studies Show?**  
Friday, March 21, 2014 12:40 PM

Philosophy Dialogue Series: Free Will and Neuroscience: What Do Old-School and New-Wave Studies Show?
Philosophy Dialogue Series: Free Will and Neuroscience: What Do Old-School and New-Wave Studies Show?

When:
Tuesday, April 01, 2014 3:30 PM - 4:30 PM

Where:
Derrick Hall Dialogue Room 111

Description:
This event focuses on the topic "Free Will and Neuroscience: What Do Old-School and New-Wave Studies Show?" and features Alfred Mele from Florida State University as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Lectures

Audience:
Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Dialogue at the San Marcos Public Library: A Dialogue on Free Will and Science
Tuesday, April 01, 2014 9:47 AM
Will and Science

When:
   Wednesday, April 02, 2014 3:30 PM - 4:30 PM
Where:
   Off Campus San Marcos Public Library
Description:

This event focuses on the topic “A Dialogue on Free Will and Science” and features Philosophy Graduate Students as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
   Free
See:
Sponsor:
   Department of Philosophy
Contact:
   Beverly Pairett
   512-245-2208
   philosophy@txstate.edu
Calendar:
   Common Experience
Categories:
   Academic, Lectures
Audience:
   Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Making Sense of Free Will
Tuesday, April 01, 2014 9:44 AM

Philosophy Dialogue Series: Making Sense of Free Will

When:
   Thursday, April 03, 2014 12:30 PM - 1:30 PM
Where:
   Derrick Hall Room 111
This event focuses on the topic "Making Sense of Free Will" and features Coleen Watson as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost: Free
Sponsor: Department of Philosophy
Contact: Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

**Mood Management: Taking Charge of Feeling Good (CE)**
Friday, January 17, 2014 1:16 PM

Mood Management: Taking Charge of Feeling Good (CE)

When: Thursday, April 03, 2014 2:00 PM - 2:50 PM
Where: LBJ Student Center Room 3-3.1
Description:
Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:

free

See:

[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Attachment

[Feelinggood](#)

Sponsor:

Counseling Center

Contact:

Blanca Sanchez-Navarro

512-245-2208

counselingcenter@txstate.edu

Calendar:

[Common Experience](#)

Categories:

Health, Training

Audience:

Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: 17th Annual Philosophy Student Symposium**

Tuesday, April 01, 2014 9:50 AM

Philosophy Dialogue Series: 17th Annual Philosophy Student Symposium

When:

Friday, April 04, 2014 9:00 AM - 3:30 PM

Where:

Derrick Hall Room 111

Description:

This event is the 17th Annual Philosophy Student Symposium and features student presenters.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series

Cost:

Free
Philosophy Dialogue Series: The Study of Religion and Public Education
Tuesday, April 01, 2014 9:52 AM

Philosophy Dialogue Series: The Study of Religion and Public Education

When:
Monday, April 07, 2014 12:30 PM - 1:30 AM

Where:
Derrick Hall Room 111

Description:

This event focuses on the topic “The Study of Religion and Public Education” and features Rebecca Raphael and Dialogue Students as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu
Mental Illness and the Brain: A Brief Overview
Sunday, April 06, 2014 2:05 PM

Mental Illness and the Brain: A Brief Overview

When:
Monday, April 07, 2014 2:00 PM - 3:00 PM

Where:
Alkek Library Room 105/106

Description:
This co-presentation by Dr. Richard Morley, a faculty member in the School of Criminal Justice, and Dr. Paul Jantz, a faculty member in the Department of Counseling, Leadership, Adult Education and School Psychology will provide a brief overview of the brain's involvement in mental health issues including how brain function is impacted by injuries and illnesses such as schizophrenia, affective disorders, stress disorders, and other conditions.

Cost:
free

Attachment
Morley Jantz

Sponsor:
School of Criminal Justice

Contact:
Dr. Richard Morley
512.245.2174
RM79@txstate.edu

Philosophy Dialogue Series: Prohibition and Regulation
Tuesday, April 01, 2014 9:54 AM

Philosophy Dialogue Series: Prohibition and Regulation

When:
Monday, April 07, 2014 6:00 PM - 7:00 PM

Where:
Derrick Hall Room 111

Description:
This event focuses on the topic “Prohibition and Regulation” and features a No Holds Barred
Student-led Political Discussion.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

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Cost:
Free
See:
Sponsor:
Department of Philosophy
Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar:
Common Experience
Categories:
Academic, Lectures
Audience:
Faculty, General Interest, Staff, Students

**Schizophrenia--What is it and how should it be treated?**
Tuesday, February 04, 2014 3:41 PM

Schizophrenia--What is it and how should it be treated?

When:
Monday, April 07, 2014 7:00 PM - 8:30 PM
Where:
Centennial Hall Teaching Theater
Description:

**Schizophrenia--What is it and how should it be treated?**

An Informed Discussion with Robert Whitaker and Thomas Liffick, M.D.

The subject of mental health and more specifically schizophrenia has been a topic featured
prominently in the news over the past few years due to a number of tragedies involving people with severe mental illnesses as perpetrators and victims. Some have blamed a lack of treatment and others have questioned the efficacy of treatment: Do psychiatric medications help or make things worse? Are psychotherapy or other psychosocial interventions an alternative or supplement to medication? This discussion will provide different perspectives on the treatment of psychiatric illnesses in the United States by two nationally known figures and will include a moderated question/answer segment.

Thomas Liffick, M.D. is a psychiatrist and Medical Director Emeritus of the Southwestern Indiana Mental Health Center as well as a Medical Fellow in the Neuroscience Division of Eli Lilly and Company and a Clinical Professor of Psychiatry at the Indiana University School of Medicine. He is a Distinguished Life Fellow of the American Psychiatric Association, which presented him the Nancy C.A. Roeske, MD, Award for Excellence in Psychiatric Teaching. Dr. Liffick also received the Exemplary Psychiatrist Award from the National Alliance on Mental Illness (NAMI) and is listed in the Best Doctors in America book. Liffick has lectured widely on schizophrenia, bipolar disorder and psychotropic medications in the United States, Canada, and Europe.

Robert Whitaker is an investigative reporter and author of the books Mad in American and Anatomy of an Epidemic: Psychiatric Drugs and the Astonishing Rise of Mental Illness in America that critique mainstream treatments for mental illnesses in the United States and question whether today’s treatment protocols are relieving or worsening the long-term outcomes for psychiatric patients. Whitaker's writings have won the George Polk Award for Medical Writing, the Science in Society Journalism Award of the National Association of Science Writers, the Best Investigative Journalism Book of the Investigative Reporters and Editors, Inc. and were a finalist for the 1999 Pulitzer Prize for Public Service.

Cost: free
Sponsor: Department of Sociology
Contact: Dr. Susan Day
512.245.2113
sociology@txstate.edu
Calendar: Common Experience
Categories: Academic, Health, Lectures
Audience: Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Revolutionizing Consciousness: Care Ethics and Collective Parenting
Tuesday, April 01, 2014 9:56 AM

Philosophy Dialogue Series: Revolutionizing Consciousness: Care Ethics and Collective Parenting
When:
Tuesday, April 08, 2014 11:00 AM - 12:00 PM
Where: Derrick Hall Room 111

Description:

This event focuses on the topic “Revolutionizing Consciousness: Care Ethics and Collective Parenting” and features Katherine Rompel as the speaker.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost: Free


Sponsor: Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar: Common Experience

Categories: Academic, Lectures

Audience: Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Movie Night: The Other Guys**

Tuesday, April 01, 2014 9:58 AM

Philosophy Dialogue Series: Movie Night: The Other Guys

When:
Tuesday, April 08, 2014 6:00 PM - 10:00 PM

Where: Derrick Hall Room 111

Description:
At this event, the movie "The Other Guys" will be shown followed by a no holds barred student-led political discussion.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

Cost: Free
Sponsor: Department of Philosophy
Contact: Beverly Pairett
512-245-2208
philosophy@txstate.edu
Calendar: Common Experience
Categories: Academic, Entertainment
Audience: Faculty, General Interest, Staff, Students

**Dementia and Marriage**
Monday, November 04, 2013 9:46 AM

Dementia and Marriage

When: Tuesday, April 08, 2014 6:30 PM - 8:00 PM
Where: Round Rock Campus Avery 252
Description:

Christopher Johnson from the Department of Sociology will give a presentation on dementia and marriage. A review of literature on dementia and marriage will be discussed as well as results from research being conducted by the presenter and Dr. Jana Sutton from the University of Louisiana. Their research involves interviews with couples to investigate the impact of dementia on marital relationships. Preliminary findings of their study will be shared concerning the morale of the person with dementia and the caregiving spouse. Information on what couples say about changes in marital intimacy, marital satisfaction, social support from spouses and the experience of pleasant events will be discussed. Both positive and negative issues will be covered.

Cost: free
See:
Sponsor:
Round Rock Campus
Contact:
Dr. Christopher Johnson
512.245.5693
cji38@txstate.edu
Calendar:
Common Experience
Categories:
Academic, Lectures
Audience:
Faculty, General Interest, Staff, Students

**Overcome Test, Math, and Performance Anxiety**
Friday, January 17, 2014 1:10 PM

Overcome Test, Math, and Performance Anxiety

When:
Wednesday, April 09, 2014 12:00 PM - 12:50 PM
Where:
LBJ Student Center Room 3-3.1
Description:
Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:
free
See:
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience
Categories:
Health, Training
Audience:
Faculty, General Interest, Staff, Students
Philosophy Dialogue Series: What Are the Limits of Religious Freedom?
Tuesday, April 01, 2014 10:00 AM

Philosophy Dialogue Series: What Are the Limits of Religious Freedom?

When:
Wednesday, April 09, 2014 12:30 PM - 1:30 PM

Where:
Derrick Hall Room 111

Description:

This event focuses on the topic "What Are the Limits of Religious Freedom?" and features Joi Jones and Cameron Woolf as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of "Minds Matter: Exploring Mental Health and Illness" as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
Free

See:
http://www.txstate.edu/philosophy/dialogue-series/Discussion-Schedule.html

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

Zombie Apocalypse: Preparedness 101
Friday, January 17, 2014 5:56 PM
Zombie Apocalypse: Preparedness 101

When:
Thursday, April 10, 2014 11:00 AM - 11:50 AM

Where:
LBJ Student Center Room 3-3.1

Description:

Learn how to eat, sleep, and play in a way that prevents you from feeling like a zombie. This workshop is geared to help you build college survival skills so that you successfully manage the stress of being a student. It is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Calendar:
Common Experience

Categories:
Health, Training

Audience:
Faculty, General Interest, Staff, Students

Philosophy Dialogue Series: Reconceiving Education and the Humanities

Tuesday, April 01, 2014 10:02 AM

Philosophy Dialogue Series: Reconceiving Education and the Humanities

When:
Thursday, April 10, 2014 11:00 AM - 12:00 PM

Where:
Derrick Hall Room 111

Description:

This event focuses on the topic “Reconceiving Education and the Humanities” and features Ivan Marquez as the speaker.
Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost: Free
Sponsor: Department of Philosophy
Contact: Beverly Pairett 512-245-2208 philosophy@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

**Actor Artist Aesthetic Reading Of Creative Minds At Large...Run Amuck... Safe And Sound...**

Friday, March 21, 2014 12:06 PM

Actor Artist Aesthetic Reading Of Creative Minds At Large...Run Amuck... Safe And Sound...

When: Thursday, April 10, 2014 1:00 PM - 2:00 PM

Where: Lampasas Room 407

Description:

Each spring, the members of Class TH4330D, Actor Artist Aesthetic, create original work using the Common Experience theme as a wellspring.

This year... "CREATIVE MINDS AT LARGE...RUN AMUCK... SAFE AND SOUND..." an ensemble-based devised performance in process.

Cost:
Philosophy Dialogue Series: Environmental Sustainability: Weekly Discussion

Tuesday, April 01, 2014 10:03 AM

Philosophy Dialogue Series: Environmental Sustainability: Weekly Discussion

When:
Friday, April 11, 2014 9:30 AM - 12:30 PM

Where:
Derrick Hall Room 111

Description:
This event focuses on the topic “Environmental Sustainability” and features student presentations.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
Free

See:

Sponsor:
Department of Philosophy
Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Lectures

Audience:
Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Talk of the Times: Philosophy & Current Events**

Tuesday, April 01, 2014 10:05 AM

Philosophy Dialogue Series: Talk of the Times: Philosophy & Current Events

When:
Friday, April 11, 2014 12:30 PM - 1:30 PM

Where:
Derrick Hall Room 111

Description:

This event focuses on the topic “Philosophy & Current Events” and features Members of Philosophy Honor Society as the speakers.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

Cost:
Free

See:

Sponsor:
Department of Philosophy

Contact:
Beverly Pairett
512-245-2208
philosophy@txstate.edu
**Creating Focus through Mind and Body Connections**

**Tuesday, January 21, 2014 9:06 AM**

Creating Focus through Mind and Body Connections

**When:**
Monday, April 14, 2014 1:00 PM - 1:50 PM

**Where:**
LBJ Student Center Room 3-3.1

**Description:**
Using emWave, a simple biofeedback tool, you can transform your response to stress and learn to attain a calm and focused mind. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

**Cost:**
free

**See:**
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

**Sponsor:**
Counseling Center

**Contact:**
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

**El Momento Es Ahora: Linguistic Diversity and Cultural Competency in Mental Health Practice**

**Wednesday, April 09, 2014 10:52 AM**

El Momento Es Ahora: Linguistic Diversity and Cultural Competency in Mental Health Practice

**When:**
Monday, April 14, 2014 1:30 PM - 2:30 PM
Where:
  JC Kellam Reed Parr Room (11th floor)
Description:
  Dr. Virginia Rondero Hernandez, Professor and Program Director of the Department of Social Work Education at California State University-Fresno, will speak about linguistic and cultural competency in mental healthcare. She has over 35 years of experience as a social work clinician, educator, author, researcher, and trainer. She is an expert on social, economic, health, and mental health issues affecting Mexican-Americans. She is the director of the Central California Social Welfare Evaluation, Research and Training Center and the chair and state coordinator for the American Council on Education, Northern California. She has held key leadership roles in the Council on Social Work Education, the Association of Latino Social Work Educators, and the National Association of Social Workers.

This event is sponsored by Office of Equity and Access, School of Social Work, Hogg Bilingual Mental Health grant (SSW), College of Applied Arts, Center for Children and Families, Common Experience, School of Family and Consumer Sciences, Department of Communication Disorders, Department of Counseling & School Psychology, Department of Psychology, Honors College, and Counseling Center.

Cost:
  Free
See:
  http://www.ccf.txstate.edu/
Attachment
  Bilingual Mh Class Flyer
Sponsor:
  Center for Children and Families
Contact:
  Center for Children and Families
  512-245-2592
  ccf@txstate.edu
Calendar:
  Common Experience
Categories:
  Academic, Health, Lectures
Audience:
  Faculty, General Interest, Staff, Students

Peace Paper Project: Artist Talk
Sunday, April 06, 2014 2:13 PM

Peace Paper Project: Artist Talk

When:
  Monday, April 14, 2014 2:00 PM - 3:00 PM
Where:
  Joann Cole Mitte Room 1124
Description:
  For two millennia, humankind has created paper by hand. Whatever the intention behind the paper, be it to represent wealth, to carry spirituality, or to convey messages, every fiber that goes into the making of paper has a story to tell. Peace Paper Project, a collaboration
between artists Drew Mattot and Margaret Mahan, works to empower healing arts communities around the world by introducing collaborative art processes that foster positive forward thinking, enhanced communication, and peaceful reconciliation. Through hand papermaking, writing, book and printmaking activities, they work with local communities to transform significant materials into works of art that broadcast personal stories, mutual understanding and healing.

Learn about this powerful and transformative project as Drew Mattot and Margaret Mahan discuss their work, their experiences and the connections between creativity and healing. Sponsored by the Honors College, the School of Art and Design, the Student Service Fee Committee and the Common Experience, this event is free and open to the public.

Cost: Free
See: http://www.peacepaperproject.org/
Attachment Art Therapy Conf Poster
Sponsor: Sponsored by the Honors College, the School of Art and Design, the Student Service Fee Committee and the Common Experience
Contact: Billi London-Gray 512.245.2209 cegallery@txstate.edu
Calendar: Common Experience
Categories: Academic, Lectures
Audience: Faculty, General Interest, Staff, Students

Peace Paper Project: Paper-making on the Quad
Sunday, April 06, 2014 2:14 PM

Peace Paper Project: Paper-making on the Quad

When: Tuesday, April 15, 2014 10:00 AM - 3:00 PM
Where: The Quad
Description:

Experience the connection between creativity and mental health. Artists Drew Mattot and Margaret Mahan of Peace Paper Project will teach you to make paper — using pulped invasive species from the San Marcos River — in their mobile paper studio on Quad. While you’re there, learn about Peace Paper Project’s work around the world. Through paper-making workshops, they teach students, art therapists, victims of trauma and local communities how collaborative art processes can foster positive forward thinking, enhanced
communication, and peaceful reconciliation. Sponsored by the Honors College, the Veterans Alliance of Texas State, the Student Service Fee Committee and the Common Experience, this event is free and open to the public.

Cost:
Free

See:
http://www.peacepaperproject.org/

Attachment
Art Therapy Conf Poster

Sponsor:
Honors College, the Veterans Alliance of Texas State, the Student Service Fee Committee and the Common Experience

Contact:
Billi London-Gray
512.245.2209
cegallery@txstate.edu

Calendar:
Common Experience

Categories:
Exhibitions, Visual Arts

Audience:
Faculty, General Interest, Staff, Students

**Introduction to Basic Stress Management**

Friday, January 17, 2014 1:04 PM

Introduction to Basic Stress Management

When:
Tuesday, April 15, 2014 12:00 PM - 12:50 PM

Where:
LBJ Student Center Room 3-3.1

Description:

Learn how to recognize stress, its effects, and how to reduce it with this comprehensive approach. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
Happiness Rehab: Steps Toward Creating Change
Tuesday, January 21, 2014 8:55 AM

Happiness Rehab: Steps Toward Creating Change

When:
Wednesday, April 16, 2014 10:00 AM - 10:50 AM

Where:
LBJ Student Center Room 3-3.1

Description:

People who are happier and more content with their lives tend to handle life problems and distress more effectively and in a shorter period of time, so come to this workshop to get a better understanding of how to find happiness and contentment in your life. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free

See:
http://www.counseling.txstate.edu/outreach/DEAL.html

Sponsor:
Counseling Center

Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu

Peace Paper Project: Paper-making on the Quad
Sunday, April 06, 2014 2:14 PM

Peace Paper Project: Paper-making on the Quad
Description:

Experience the connection between creativity and mental health. Artists Drew Mattot and Margaret Mahan of Peace Paper Project will teach you to make paper — using pulped invasive species from the San Marcos River — in their mobile paper studio on Quad. While you’re there, learn about Peace Paper Project’s work around the world. Through paper-making workshops, they teach students, art therapists, victims of trauma and local communities how collaborative art processes can foster positive forward thinking, enhanced communication, and peaceful reconciliation. Sponsored by the Honors College, the Veterans Alliance of Texas State, the Student Service Fee Committee and the Common Experience, this event is free and open to the public.

Cost:
Free

See:
http://www.peacepaperproject.org/

Attachment
Art Therapy Conf Poster

Sponsor:
Honors College, the Veterans Alliance of Texas State, the Student Service Fee Committee and the Common Experience

Contact:
Billi London-Gray
512.245.2209
cegallery@txstate.edu

Categories:
Exhibitions, Visual Arts

Audience:
Faculty, General Interest, Staff, Students

Peace Paper Project: Coffee Chats
Sunday, April 06, 2014 2:14 PM

Peace Paper Project: Coffee Chats

When:
Thursday, April 17, 2014 10:00 AM - 11:00 AM

Where:
Lampasas Honors Coffee Forum Room 407

Description:

Come and go as you enjoy coffee, cookies and conversation with Peace Paper Project artists Drew Mattot and Margaret Mahan as part of Peace Paper Week at Texas State. Hear about the Peace Paper Project’s art-making workshops held throughout the U.S., Europe, Turkey, and England with veterans, women’s groups, universities, and local communities. Through hand papermaking, writing, book and printmaking activities, Mattot and Mahan have worked with thousands of participants to transform significant articles of clothing and other material into works of art that broadcast personal stories, mutual understanding and healing.
Sponsored by the Honors College, the Student Service Fee Committee and the Common Experience, this event is free and open to the public.

Cost: Free

See: http://www.peacepaperproject.org/

Attachment

Art Therapy Conf Poster

Sponsor: The Honors College

Contact:
Billi London-Gray
512.245.2209
cegallery@txstate.edu

Calendar: Common Experience

Categories: Exhibitions, Honors

Audience: Faculty, General Interest, Staff, Students

CREATIVE MINDS AT LARGE...RUN AMUCK... SAFE AND SOUND..." an ensemble-based devised performance in process.

Sunday, April 06, 2014 2:08 PM

CREATIVE MINDS AT LARGE...RUN AMUCK... SAFE AND SOUND..." an ensemble-based devised performance in process.

When:
Thursday, April 17, 2014 1:00 PM - 3:00 PM

Where:
Theatre Center PSH Studio

Description:
Actor Artist Aesthetic open rehearsal performance piece in progress. Ensemble-based work...Common Experience Wellspring

Cost:
free

Attachment

Brainmask.Jpg

Sponsor:
Theatre Department

Contact:
Ms. Nadine Mozon
512.245.0579
nm15@txstate.edu

Calendar:
Common Experience

Categories: Music

Audience:
Students
Peace Paper Project: Coffee Chats

When:
Thursday, April 17, 2014 2:00 PM - 3:00 PM

Where:
Lampasas Honors Coffee Forum Room 407

Description:
Come and go as you enjoy coffee, cookies and conversation with Peace Paper Project artists Drew Mattot and Margaret Mahan as part of Peace Paper Week at Texas State. Hear about the Peace Paper Project’s art-making workshops held throughout the U.S., Europe, Turkey, and England with veterans, women’s groups, universities, and local communities. Through hand papermaking, writing, book and printmaking activities, Mattot and Mahan have worked with thousands of participants to transform significant articles of clothing and other material into works of art that broadcast personal stories, mutual understanding and healing.

Sponsored by the Honors College, the Student Service Fee Committee and the Common Experience, this event is free and open to the public

Cost:
Free

See:
http://www.peacepaperproject.org/

Library Film Series: Silver Linings Playbook

When:
Thursday, April 17, 2014 6:30 PM - 10:00 PM

Where:
Alkek Library Teaching Theater

Description:
The Alkek Library Film Series presents a free screening of Silver Linings Playbook, directed by David O. Russell.

After a stint in a mental institution, former teacher Pat Solitano moves back in with his parents and tries to reconcile with his ex-wife. Things get more challenging when Pat meets Tiffany, a mysterious girl with problems of her own. The film stars Bradley Cooper, Jennifer
Lawrence, Robert DeNiro, Jackie Weaver, and Chris Tucker.

A discussion of the mental health topics addressed in the movie will follow the screening.

Cost:
free

See:
http://libguides.txstate.edu/lfs-silverliningsplaybook

Sponsor:
Alkek Library

Contact:
Robert Gutierrez
512-245-3886
rg34@txstate.edu
http://www.library.txstate.edu

Calendar:
Common Experience

Categories:
Entertainment

Audience:
Faculty, General Interest, Staff, Students

**Creating Mental Health: An Art Therapy Mini-conference**
Sunday, April 06, 2014 2:12 PM

Creating Mental Health: An Art Therapy Mini-conference

When:
Friday, April 18, 2014 9:30 AM - 1:00 PM

Where:
Lampasas 501

Description:
Learn about the art therapy profession and discover art practices and exercises that aid mental health. Bess Green, Karen McGarity and Taylor Skaar, three licensed professional counselors and art therapists, will discuss their profession and conduct hands-on activities. The mini-conference also will include a condensed papermaking workshop and presentation by Peace Paper Project about their work with survivors of trauma and art therapists.

Sponsored by the Honors College, the Student Service Fee Committee and the Common Experience, this event is free and open to the public. On-site event registration will begin at 9:30 a.m. in Lampasas 501 on Friday, April 18. The event will begin at 10 a.m.

To ensure your seat, please RSVP by Thursday, April 17, by emailing cegallery@txstate.edu.

If accommodations are needed, contact Billi London-Gray at billi@txstate.edu or
Overcome Test, Math, and Performance Anxiety
Friday, January 17, 2014 1:11 PM

Overcome Test, Math, and Performance Anxiety

When: Monday, April 21, 2014 10:00 AM - 10:50 AM
Where: LBJ Student Center Room 3-3.1
Description:

Find out how to overcome negative beliefs and thoughts to access all of that info you’ve learned. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at http://www.counseling.txstate.edu/outreach/DEAL.html

Cost:
free
See:
http://www.counseling.txstate.edu/outreach/DEAL.html
Sponsor:
Counseling Center
Contact:
Blanca Sanchez-Navarro
512-245-2208
counselingcenter@txstate.edu
Calendar:
**Mood Management: Taking Charge of Feeling Good (CE)**

Friday, January 17, 2014 1:17 PM

Mood Management: Taking Charge of Feeling Good (CE)

When:  
Tuesday, April 22, 2014 11:00 AM - 11:50 AM

Where:  
LBJ Student Center Room 3-3.1

Description:

Learn how thought patterns can dominate moods and create ones that work with you, not against you, for success. This is a part of the Develop Effective Approaches for Life (DEAL) series offered by the Counseling Center. Register at the link, below. If you require a disability accommodation, call 512-245-2208 at least 72 hours in advance of the workshop start time to ensure availability.

Register at [http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Cost:  
free

See:  
[http://www.counseling.txstate.edu/outreach/DEAL.html](http://www.counseling.txstate.edu/outreach/DEAL.html)

Sponsor:  
Counseling Center

Contact:  
Blanca Sanchez-Navarro  
512-245-2208  
counselingcenter@txstate.edu

Calendar:  
Common Experience

Categories:  
Health, Training

Audience:  
Faculty, General Interest, Staff, Students

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**CREATIVE MINDS AT LARGE...RUN AMUCK... SAFE AND SOUND...” an ensemble-based devised performance in process.**

Friday, March 21, 2014 12:09 PM

CREATIVE MINDS AT LARGE...RUN AMUCK... SAFE AND SOUND...” an ensemble-based devised performance in process.

When:  
Tuesday, April 22, 2014 7:30 PM - 9:00 PM
Where: Theatre Center PSH Studio Theatre

Description:

Each spring, the members of Class TH4330D, Actor Artist Aesthetic, create original work using the Common Experience theme as a wellspring.

This year ... "CREATIVE MINDS AT LARGE...RUN AMUCK... SAFE AND SOUND..." an ensemble-based devised performance in process.

Cost: free

Sponsor: Department of Theatre and Dance

Contact:
Ms. Nadine Mozon
512.245.0579
nm15@txstate.edu

Calendar: Common Experience

Categories: Entertainment, Theatre

Audience: Faculty, General Interest, Staff, Students

**Philosophy Dialogue Series: Limits to Surveillance and the Police State**

Tuesday, April 01, 2014 10:07 AM

Philosophy Dialogue Series: Limits to Surveillance and the Police State

When:
Monday, May 05, 2014 6:00 PM - 7:00 PM

Where:
Derrick Hall Room 111

Description:

This event focuses on the topic “Limits to Surveillance and the Police State” and features a No Holds Barred Student-led Political Discussion.

Join Texas State University instructors and special guests for a variety of discussions centered on the topic of “Minds Matter: Exploring Mental Health and Illness” as part of the yearly Common Experience project. The series is free to attend and open to the public. Anyone may join the discussions at any time during the series.

The Department of Philosophy teaches some 2,500 introductory students each fall and spring semester. The Dialogue Series supplements their instruction, as it allows them to apply their classroom study of the principles of good thinking and ethical conduct to such controversial issues. For over twelve years, the series has provided a forum for the lively
exchange and critical evaluation of diverse ideas. This series has grown from a few presentations a month during long semesters to four or five each week during most of the fall and spring semesters and during one summer session.

<table>
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<th>Cost:</th>
<th>Free</th>
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See: http://www.txstate.edu/philosophy/dialogue-series/Discussion-Schedule.html

Sponsor: Department of Philosophy

Contact: Beverly Pairett
         512-245-2208
         philosophy@txstate.edu

Calendar:
         Common Experience

Categories:
         Academic, Lectures

Audience:
         Faculty, General Interest, Staff, Students

| Previous Gallery Event - FINE LINE: Mental Health/Mental Illness by MICHAEL NYE |
|---------------------------------|---------------------------------|
| Thursday, May 29, 2014 4:48 PM  | Previous Gallery Event - FINE LINE: Mental Health/Mental Illness by MICHAEL NYE |

When:
This event has been cancelled Thursday, May 29, 2014 4:00 PM - 4:00 PM

Where:
Alkek Library Witliff Collection

Description:

January 02 - March 30
FINE LINE: Mental Health/Mental Illness by MICHAEL NYE
Hours Subject to Change - Click Here for more information

FINE LINE: MENTAL HEALTH/MENTAL ILLNESS pairs photography with audio recording in a documentary project that reveals the courage and the fragility of people living with disorder, confronts stereotypes, and draws attention to the tenuous threshold between stability and unbalance. Photographer Michael Nye spent four years photographing and recording stories, discovering how, in his words, “Mental illness touches the deepest parts of who we are; our identity, self worth, the inability to communicate, confusion and loss of control. It can happen for no apparent reason and at any time. Every person has a chance of becoming mentally ill.” In simple, eloquent detail, 45 black-and-white portraits and the voices of those portrayed speak of denial, fear, stigma and separation, pain, abuse, coping, healing, and humanity. Nye’s Fine Line exhibition is presented in conjunction with Texas State’s 2013–2014 Common Experience theme, Minds Matter: Exploring Mental Health and Illness, and is sponsored by the university’s Wittliff Collections and Common Experience Center, the CFAN Company, and the Central Texas Medical Center.

FEBRUARY 11, 2014, 6:30 PM:
Join us for a reception celebrating this exhibition and a talk by the photographer Michael Nye. Admission is free and all welcome. Attendees are asked to RSVP to thewnittliffcollections@txstate.edu.
Visit http://www.thewittliffcollections.txstate.edu/exhibitions-events/exhibitions/current.html#nye or contact Carla Ellard at 512.245.2313 for more information.

Cost:
free

See:
http://www.thewittliffcollections.txstate.edu/exhibitions-events/exhibitions/current.html#nye

Sponsor:
The Whitliff Collection

Contact:
Carla Ellard
512.245.2313

Calendar:
Common Experience

Categories:
Academic, Visual Arts

Audience:
Faculty, General Interest, Staff, Students

YEAR LONG EVENT - At-Risk for Students: Helping a Friend in Distress

Thursday, May 29, 2014 4:48 PM

YEAR LONG EVENT - At-Risk for Students: Helping a Friend in Distress

When:
Thursday, May 29, 2014 4:00 PM - 4:00 PM

Where:
Online Only

Description:

September 1 - May 31
At-Risk for Students: Helping a Friend in Distress
Online Training
Have you ever had a friend that was struggling? Have you ever wanted to talk to a friend dealing with a problem, but weren’t sure how? Most college students say they would turn to their friends for support during times of stress, overwhelming anxiety or depression.

The Texas State Counseling Center has made a 30-minute, interactive, online course available to students to provide training on how to approach and discuss concerns with a peer who is in distress, and if necessary, refer them to campus support services. In the course, you will engage in simulated conversations with student avatars who are fully animated and emotionally responsive, making this a highly realistic role-play game experience. The course can be completed over multiple sittings, as it saves your progress along the way. Click the link below and use the enrollment key to take the training.

For Training Visit: https://arus.kognito.com/ (Enrollment Key is txstate)

For more information visit: http://www.counseling.txstate.edu/outreach/qpr.html or contact Blanca Sanchez-Navarro at 512.245.2208
Previous Gallery Event - The Devil’s Alphabet
Thursday, May 29, 2014 4:47 PM

Previous Gallery Event - The Devil’s Alphabet

When:
This event has been cancelled Thursday, May 29, 2014 4:00 PM - 4:00 PM

Where:
Joann Cole Mitte

Description:
March 17 - April 11
The Devil’s Alphabet, Lauren E. Simonutti
Open Daily, 9:00am - 10:00pm, Gallery 1, JC Mitte Building
The Devil's Alphabet contains 26 images, taken with a 5x7 view camera. Shot over the entirety of the house, it is the most linear of all the chapters that she created and yet the images themselves were shot out of sequence. Each corresponding to a different letter in the alphabet, they presented an opportunity to the artist for “finding order after the fact and trusting in the direction in which you’re being led.” Fulfilling the goal of giving each letter its own personality, the artist also offers a glimpse into a life in which, “nothing is real but everything is true.” For more information contact Mary Mikel Stump at 512.245.2647 or visit http://blog.susanburnstine.com/post/21902234398 for more information about this exhibit.
Previous Gallery Event- Minds into Matter: How Creating Art Affects Artists
Thursday, May 29, 2014 4:47 PM

Previous Gallery Event- Minds into Matter: How Creating Art Affects Artists

When:
This event has been cancelled Thursday, May 29, 2014 4:00 PM - 4:00 PM

Where:
Lampasas

Description:

August 26 - December 12
Minds into Matter: How Creating Art Affects Artists
Monday-Friday, 8:00 A.M. - 7:00 P.M., The Gallery of the Common Experience (Lampasas 407)
Art is a way of externalizing the internal. Artists are compelled by something internal, whether it’s inspiration, emotion, obsession or habit. Often the process of creating a work helps an artist seek relief, find contentment or achieve new understanding. This exhibition will pair works with personal statements about how the creative processes affected the minds of the artists. It will include both multimedia and traditional media works by artists around the world. For More information contact Billi London-Gray at 512-245-2266 or cegallery@txstate.edu

Cost:
free

See:
http://www.txstate.edu/honors/forum/gallcommonexp.html

Sponsor:
Common Experience

Contact:
Billi London-Gray
512.245.2209
cegallery@txstate.edu

Calendar:
Common Experience

Categories:
Academic, Visual Arts

Audience:
Faculty, General Interest, Staff, Students