FALLING INTO FALL

Pull out those sweaters and scarves – It’s October and Fall is right around the corner. Student Nursing Organization welcomes the changing seasons with an exciting few semesters for Texas State. This October SNO is hosting the annual St. David’s School of Nursing Halloween Party on Thursday, October 30th, 2014. Juniors, Seniors, Professors and staff alike - make sure to dress up in your silliest, spookiest, funniest Halloween costumes for the party.

Juniors, you might be a little hesitant on what will be acceptable costumes for the day. But trust me, we went all out for our costumes last Halloween and had a blast with all our creativity. From Ke$ha, to every member of the rock band KISS (by the professors!), to the entire Gastrointestinal system, we had a wonderful turnout (see pictures). The party will be complete with a potluck feast and a costume contest! So suit up, bring some yummy food, and hangout with us after class at 12-noon for a great SNO time!

As if the SNO Halloween party wasn’t enough to get excited about, SNO proudly presents our guest speaker for the month of October – Flight Nurse Chris Postiglione! Yes, that’s right, we will be landing the helicopter on campus! Due to time constraints, Chris will be presenting information about Flight Nursing as well as landing the helicopter on Thursday, October 9th, 2014, the day after our October SNO meeting. The speaker information segment will be from 1215-1300, with the helicopter landing from 1300-1400. Chris will give us the rundown of how the helicopter is set up for nursing care and how patients are transported safely to the hospital. Due to such a wonderful opportunity, SNO has opened the invitation up to all SDSON students, not just SNO members. So get ready for October, it’s gonna be a great month to be an SNO member!

MEETINGS WILL BE HELD THE 2ND WEDNESDAY EVERY MONTH
SNO HALLOWEEN PARTY OF 2013 – A SAMPLER

Feeling unsure about your Halloween costume for the SNO Halloween party on Thursday, October 30th at 12-noon? Here is some hilarious samples of our costumes from last year. Bring your best for 2014!

Top: Can you recognize these professional faces? Hint: Mrs. Johnson leads the KISS band.

Right: Sarah Zipper and Katie Pritchett bring peristalsis to the party as the small and large intestines – complete with duodenal ulcers and diverticulitis.

Bottom: Mallori Weaver, Emmy, and Lauren Thomson show their Halloween spirit.

Top: Students Jon Xavier shows his true nerdy colors as Chase Cliett never fails to make us feel uncomfortable.

Bottom: Professors and Staff are cute as a pumpkin and busy as a bee at our SNO Halloween potluck party.
RELAY FOR LIFE
a nursing students’ impact on the community

Relay for Life, put on by the American Cancer Society, is an annual event that fundraises, raises cancer awareness, and provides memorial ceremonies to those who have fought the battle of cancer. This truly beautiful event was held locally at the Round Rock Express baseball fields on September 20th, 2014. Both Junior and Senior nursing students came together to offer a educational booth that provided free blood pressure readings and patient teaching to members of the community. SNO member Rachel Melton said, “it’s cool that SNO can make its own impact on the community by means of nursing students doing what we do best – patient teaching.” Both classes of 2015 and 2016 came together to walk the relay, mended the SNO booth, and participated in the luminary lighting ceremony. Member Sarah Zipper said “this was a great opportunity to see how a disease like cancer can impact not only you, but the community. It was very eye opening to see how much of a support system to be found from complete strangers.”

STUDENT NURSING RESEARCH COMMITTEE
a fun, collective approach to evidence based research

Hello there! After our first SNRC meeting this month, we have so much exciting news to fill you guys in on! At our meeting we discussed possible areas of research that interest our current members. Some expressed interests were: patient advocacy, health promotion, evidence-based practice (EBP) vs. “the sacred cow”, 12-hour shifts, and interdisciplinary collaboration. Since SNRC is new on campus, we want to mold our committee into anything and everything that its members desire. Please feel free to share your ideas and interests at our next meeting on October 16th at noon in room 120.

The SNRC has been graced with the opportunity to see research and application in action! Come join us at the RRC Faculty Speaker Series featuring speaker Dr. Rodney Rhode, Associate Dean for Research at the Texas State College of Health Professions, as he shares his
research on healthcare-associated infections (HAIs). To make the experience of seeing Dr. Rhode more interactive, SNRC will be discussing Dr. Rhode’s work at our monthly meeting prior to seeing his presentation! His presentation will take place on Monday, October 27th from 6:00pm to 7:00pm in Avery 252. If this doesn’t sound compelling enough, here are some more reasons that you should join SNRC…

• You’re showing initiative to improve your own practice, while also advancing nursing as a profession.
• When it’s time to start interviewing, healthcare organizations will be eager to have a go-getter like you!

If you have any questions, please contact Secretary of SNRC, Morgan Dodson at med66@txstate.edu

COLOR RUN
healthy, colorful, fun

Student Nursing Organization members laced up their running shoes for another SNO family 5k run. Placed in Old Settlers Park in Round Rock, TX, this 5k was developed to promote healthiness and happiness by bringing the community together to participate in the “Happiest 5k on the Planet”. Both Junior and Senior SNO members had a (color) blast during this colorful run promoting SNO’s name in the local community – and it shows. A picture speaks a thousand words, so I’ll let the pictures do the talking!

If you are interested in participating in any of our SNO runs/5ks/walks, please contact Amanda Bizzell for more information about future events at amandabizzell@txstate.edu
### TENTATIVE OCTOBER 2014 CALENDAR:

**SNO events in maroon; Juniors’ exam schedule in black; Seniors’ exam schedule in red. SNRC events in blue.**

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<td>8 SNO MEETING</td>
<td>9 Flight Nurse–Helicopter landing</td>
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<td>15 Essentials Exam</td>
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<td>30 SNO Halloween Party!</td>
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**EVENT DETAILS/FUTURE EVENTS:**

- October 9: Flight Nurse Presentation 1215-1300; Helicopter Lands 1300-1400
- October 12: Leukemia & Lymphoma walk
- October 18: Heart Walk
- October 30: Bring your potluck foods and Halloween spirit! Starts after classes let out
- November 12 SNO meeting – NICU nurse guest speaker
- November 5: Scott and White Blood Drive
- All Semester Long: Drive a Senior & STARS program

*If you have any questions regarding volunteering and events, contact Sarah Zipper (smz32txstate.edu)*