**Degree:** Bachelor of Health & Wellness Promotion  |  **Major:** Health & Wellness Promotion  |  **Certification:** EC-12 Health Education

**NOTE:** It is your responsibility as a student to know the requirements of your degree program and to take the courses required for graduation. For guidance about course sequencing, application processes, GPA, and other graduation requirements, see the following:

1. Undergraduate Catalog, 2. Degree Audit, 3. Degree Planning tab of www.education.txstate.edu/advising, and 4. your Academic Advisor.

### INSTITUTIONAL REQUIREMENT

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>US 1100: University Seminar (1-Hr Open Elective if Exempt)</td>
<td>1</td>
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</tbody>
</table>

### FOREIGN LANGUAGE PROFICIENCY

- Satisfied two years of same language in High School
- Choose one language to satisfy 1410 AND 1420:
  - ARAB, ASL, CHI, FR, GER, ITAL, JAPA, LAT, POR, SPAN

### CORE CURRICULUM

#### Communication
- ENG 1310: College Writing I
- ENG 1320: College Writing II

#### Mathematics
- MATH 1315: College Algebra

#### Life and Physical Sciences
Select two courses from:
- ANTH, BIO, CHEM, GEO, GEOL, PHYS
- See Degree Audit for Exact Course Options

#### Language, Philosophy, and Culture
- PHIL 1305: Philosophy & Critical Thinking
- PHIL 1320: Ethics & Society

#### Creative Arts
Select one course from:
- ART, DAN, MU, or TH 2313: Intro to Fine Arts

#### American History
- HIST 1310: History of United States to 1877
- HIST 1320: History of United States from 1877

#### Government/Political Science
- POSI 2310: Principles of American Government
- POSI 2320: Functions of American Government

#### Social and Behavioral Sciences
Select one course from:
- ANTH 1312: Cultural Anthropology
- ECO 2301: Principles of Economics
- ECO 2314: Principles of Microeconomics
- GEO 1310: World Geography
- PFW 1301: Behavioral Physical Fitness and Well.
- PSY 1300: Introduction to Psychology
- SOCI 1310: Introduction to Sociology

#### Component Area
- COMM 1310: Fund. of Human Communication
Select one course from:
- ENG 2310: British Literature before 1785
- ENG 2320: British Literature after 1785
- ENG 2330: World Literature before 1800
- ENG 2340: World Literature after 1800
- ENG 2359: American Literature before 1865
- ENG 2360: American Literature after 1865

### MAJOR: Health and Wellness Promotion

#### Components Area
- H ED 1310: Foundations of Personal Health
- H ED 1320: Introduction to Health and Wellness Promotion
- H ED 2338: Contemporary Issues in Drug Prevention
- H ED 2340: Community Health
- H ED 3342: Adolescent & School Health Programs
- H ED 3321: Health in the School Setting

Select any four courses from:
- H ED 3301: Environmental Health Issues
- H ED 3348: Prevention of Disease
- H ED 3350: Consumer Health
- H ED 3360: Sexuality Education
- H ED 4336: Theoretical Foundations of HWP

### SUPPORT COURSES

#### Components Area
- BIO 2430: Human Physiology & Anatomy

Select any two courses from:
- PFW Activity
- NUTR 3362: Nutrition and Health
- NUTR 2360: Nutrition Sciences

### MINOR / 2ND TEACHING FIELD:

Select any four courses from:

### EDUCATOR PREPARATION

#### Education Core
- CI 3325: Adolescent Growth and Development
- CI 4332: Secondary Teaching: Curriculum & Technology

#### Field-Based Block
- CI 4343: Instructional Strategies for Secondary Teacher
- CI 4370: Classroom Mgmt., Ethics, & Legal in Secondary Ed
- RDG 3323: Teaching Reading in the Content Areas

#### Student Teaching
- EDST 4380: Student Teaching All-Level I
- EDST 4381: Student Teaching All-Level II