

Home Healthcare Aide Program

Home Healthcare Aide Professional

Home Healthcare Aides provide assistance to elderly, disabled, ill, and mentally disabled persons who live in their own homes or in a residential care facility. Some Home Healthcare Aides work with families in which a parent is incapacitated and small children need care. Others help discharged hospital patients who have relatively short-term needs.

Home Healthcare Aides assist patients in their homes by focusing on their specific health and personal needs. Some tasks performed by home care aides include personal care and homemaking. They may also work with the patient's occupational therapist, physical therapist and other caregivers to ensure that the patient is reaching his or her optimal physical, mental and social well-being.

Students who enroll in the Home Healthcare Aide Professional program will participate in classroom lectures as well as hands on labs. This program will provide students with the skills they need to function as a dependable and trained home health care aide.

Home Healthcare Aide Professionals – Employment & Education

The Bureau of Labor states that the Home Healthcare Aide is projected to be the fastest growing occupation through 2014. Numerous job openings with excellent opportunities are expected. Job opportunities will be prevalent in hospitals, clinics, rehabilitation centers, home care, long term care facilities, hospice and assisted living facilities.

Educational Requirements*

People who are interested in becoming a certified Home Healthcare Aide must possess a high school diploma or GED equivalent. Certain states have licensing and training requirements to work as a home health aide and or to perform certain tasks in a patient's home.

Home Healthcare Aide Program

This 80 hour comprehensive program prepares students for a position as a Home Healthcare Aide. Emphasis is on giving personal care in a client's home, communications, working with ill persons, basic human needs, eldercare, nutrition, special diets, and home management.

In addition to the responsibilities of a Home Healthcare Aide, this program will prepare students to sit for the National Association for Home Care & Hospice (or the "NAHC") "Home Care Aide Certification" examination through the NAHC's Homecare University Program. This NAHC program is composed of three competency-based elements: training, skills demonstration, and a written examination.

Home Healthcare Aide – Detailed Course Information:

- The structure of the health system
- The purpose and the need for home health care
- The role of the home health aide
- The client care plan and its purpose
- The home health aide scope of practice
- The professional relationship with the client
- Employer responsibilities
- Communication and cultural diversity
- Accurate verbal oral reporting and documentation
- Patient rights, confidentiality and HIPAA
- Infection control and standard precautions
- Safety and body mechanics
- Emergency care
- Physical, psychological, and social health
- The human body and disease
- Human development and aging
- Dying, death and hospice
- Transfers, ambulation and positioning
- Personal care skills
- Core healthcare skills
- Home healthcare aide practical responsibilities - practiced through classroom labs: bathing, dressing, grooming, nail care, deodorant application. Oral hygiene, shaving, foot care, feeding, toileting, bed positioning, bed making, etc..
- Rehabilitation and restorative care
- Medications and technology in homecare
- Clients with disabilities
- Mental health and mental illness
- New mothers, infants and children
- Common chronic and acute conditions
- Clean, safe and healthy environments
- Clients nutritional needs
- Meal planning, shopping, preparation and storage