Expanding
RRHEC Library is Busy
Association Stays Psychology
Pot Luck Event
Semester With SLAO Finishes Workplace 2010
RRHEC Program
Holiday Assistance
Classes Offered
ACC Extension
RRHEC Student
Headed Up by Operation Turkey

Your vote counts!
Students, faculty, and staff submitted suggestions for the name of the student newsletter—a total of 51 submissions. Three students, two faculty members, and two staff members served on a committee to narrow all submissions down to five.

Now it is time for students, faculty, and staff to cast your vote. Visit http://www.rrhec.txstate.edu/downloads/student-newsletter.html anytime between December 3 and December 15.

Your choices are:
- The Round Rock Bobcat
- Bobcat Tales
- Bobcat Bulletin
- Campus Chronicle
- RR Student Connections

If more than one vote is submitted by any one person, the first vote submitted will be the only one counted. The name of the newsletter will be posted on the RRHEC Student Newsletter web site once all results are in. Check the website after December 20 for the announcement. Thank you to committee members and to everyone who submitted a name for the newsletter.

Tips for Surviving Finals
We hope everyone had a fun and safe Thanksgiving holiday. With finals now upon us, it is important to remember a few study tips and resources available to you in order to stay focused and be prepared for the upcoming week. Be sure to double check your syllabus or with your professors to make sure you know the correct day, time, and room for your finals.

Finals Study Tips:
- Have shorter and more frequent study sessions, instead of cramming last minute.
- Budget your time when you study.
- Study in an environment conducive to learning for you.
- Exercise during your study breaks. It helps to keep you awake and is better than drinking lots of coffee.
- Get a good night’s rest the night before an exam.
- If you are feeling overwhelmed, check out these Stress Management Tips from the counseling center: http://www.counseling.txstate.edu/resources/shoverture/bro/collstress.html

Final grades will be available on CatsWeb December 20. Best wishes to you all during finals!

No Impact Man Was a Success!
Texas State’s Common Experience this year is Sustainability. The RRHEC hosted a viewing of the “No Impact Man” Documentary on Monday, November 15 with 53 participants in attendance. A special thank you to Alison Owen, moderator for the evening. For more information regarding the Common Experience visit: http://www.txstate.edu/commonexperience/

Look for more information regarding the Spring event taking place April 30, 2011.

Dr. Rehbein Receives Chamber Award
On Tuesday, October 26, 2010 at the annual Round Rock Chamber Banquet, Director of the RRHEC, Dr. Edna Rehbein, was honored by receiving the Chairman’s Award of the Year.

Dr. Rehbein was very surprised and honored for this much deserved award for her service and leadership to this University and the community. What a fantastic job she does for the RRHEC. The presenter had this to say about her: “This individual exemplifies the type of Round Rock community leader we respect. This individual goes quietly about serving on various community boards and all the while this individual is heading one of our most prolific economic development engines in the area. This person has contributed countless hours this year in the service of our Chamber. I have never heard this person say no when asked to serve. This person is a familiar sight to all segments of our city. The Round Rock Chamber is proud to give the 2010 Chairman’s Award to Dr. Edna Rehbein”. Congratulations Dr. Rehbein!
RRHEC Student Giving Back this Thanksgiving

RRHEC first-year MBA student, Brian Tolbert, had no idea that when he sat down for lunch a few months ago with his good friend, Richard Bagdonas, he would walk away with the opportunity to head up one of the largest food donation efforts on Thanksgiving Day in the greater Austin area.

Bagdonas started Operation Turkey, a nonprofit organization that feeds over 40% of Austin’s homeless on Thanksgiving Day. Going into its 11th year, Austin’s Operation Turkey has over 1,700 volunteers and continues to grow, with efforts in nearly 30 cities.

The concept is simple, take a warm meal to those who need it most on a day that is all about giving thanks for the many blessings we have. With a simple question, “Have you had a chance to eat yet?”, this organization has grown into a tradition for many Austinites on Thanksgiving Day with an opportunity for the whole family to lend a helping hand.

With Bagdonas starting new non-profit opportunities next year, Tolbert has been given a chance to step in as head of the operation. Tolbert has a full-time, 40-hour a week job and attends graduate classes at Texas State two nights a week. The spare time he spends giving back to Operation Turkey earns him no extra money but he says it is worth so much more. His approach to Operation Turkey is to “provide an avenue for people to do something like this; it’s just the best thing ever”.

Visit the website OperationTurkey.com and register to receive emails on how you can help donate your time. Tolbert urges everyone to get involved with an organization whether it be Operation Turkey or something else. Every organization out there needs your help! All you have to do is ask!

ACC Extension Classes Offered

Did you know...
Austin Community College offers Continuing Education courses? These courses bring COLLEGE and COMMUNITY resources together to provide quality, practical educational services which:
•Support employer training needs
•Provide both traditional and interactive meeting and training facilities for business use
•Deliver contract courses to business and industry
•Help fulfill the job, career and personal aspirations of all our citizens.

For more information about the programs offered through ACC’s Continuing Education Program, please visit: http://www.austincc.edu/ce/about/

Holiday Assistance Program

Each year, Caldwell Heights Elementary (CHE) identifies children and families to “adopt” as part of their holiday assistance program. As part of our continued partnership with CHE, the RRHEC will participate again this year by collecting need and wish list items and/or gift cards ($10 minimum to HEB, Wal-Mart, or Target). If you are interested in donating one of the items, please contact Becca Johnson, rj24@txstate.edu, Kat Garcia, kg29@txstate.edu, or stop by the One Stop Center to let them know which item(s) you would like to donate. These items can also be found on an Angel ornament on the Christmas tree located in the One Stop Center. Please bring the unwrapped item to the One Stop Center on or before Friday, December 10 at 5 p.m.

For additional information, please contact Jill Seidenberger, js213@txstate.edu or 716-4023.
Thank you for making a child’s Christmas merry and bright!

RRHEC Named Top Workplace in Austin

On November 19, 2010 the Austin American-Statesman published “Top Workplaces 2010”. The RRHEC was honored as one of the top places to work in the greater Austin area based on employee surveys.

Congratulations to Dr. Rehbein, Director!
Members of the Psychology Association had plenty of chances to get involved at the RRHEC these past couple of months.

Members participated in a NAMI walk on October 2. The event was successful in raising funds for the National Alliance on Mental Illness.

Members also hosted a Bake Sale at the RRHEC on October 21. A big thanks goes out to all of the students who came out and supported the Association!

On October 28, Dr. Maria Czyzewska graciously took time out of her busy schedule to speak to our students about the graduate admission process. The Psychology Association would like to extend a big thank you to Dr. Czyzewska.

The last meeting of the semester was hosted on November 30. Immediately following the meeting, the Association welcomed a representative from the Princeton Review to come speak to the general student body about the GRE. More specifically, the speaker addressed changes that students should be aware of, preparation methods and classes that are offered.

Currently, the RRHEC Psychology Association is working in conjunction with Toys for Tots to bring holiday cheer to those in need! If you would like to participate or donate to the effort, please contact Kimberly Coles at kc1440@txstate.edu.

The RRHEC Psychology Association is a great opportunity to get involved with the campus and surrounding community. The Psychology Association hosts monthly meetings for any RRHEC student to attend, regardless of their major. The first meeting of the spring semester is scheduled for Thursday, February 3, 2011.

Come and check out what they are all about and get involved!

Psychology Association stays busy!

We are happy to announce that over the winter break construction crews will be working on expanding RRHEC Library Services (Avery Building, room 255). We will gain two rooms which are currently designated as 258 and 259. Room 258 will become a Quiet Study Room which will house our study carrels and a few other places to study. This room will also contain multiple book shelves to house our increasing onsite availability of books and other library materials. You will still be able to request materials from the main library on the San Marcos campus. Room 259 will become our brand new library instruction room. This will allow us to provide uninterrupted instruction on how to use the multitude of electronic resources offered by the library.

Because of the construction it may appear that we are closed on Thursday, December 16 and Friday, December 17. We will still be here preparing for the expansion project and will be able to accept your returned library materials. You may just have to knock on the main door.

In January 2011, we hope to be back in our regular office area. If that is not possible our staff may temporarily relocate to another location. We will post relevant information on our front door as necessary. You will still be able to reach us by telephone and e-mail and we should still be able to offer our online chat system. Keep in mind that until the semester begins we will be on interim hours. Our hours can be found at http://rrhec.library.txstate.edu/about/hours.html

We look forward to offering all patrons of Texas State University-San Marcos, and that includes all of us at RRHEC, all the services you have come to expect from us and more into the new year.

RRHEC Library Services
The next student newsletter publication date is January 28. In order to promote your student organization, all submissions (information, articles, photos, etc.) must be emailed to sara.moore@txstate.edu (Subject: Student Newsletter) by 6 p.m. on Wednesday, January 19.