### CORE CURRICULUM

42 Hours

#### Communication
- (010) ENG 1310: College Writing I
- (010) ENG 1320: College Writing II

#### Mathematics
- (020) MATH 1315: College Algebra

#### Life and Physical Sciences
- (030) Select two courses from:
  - ANTH, BIO, CHEM, GEO, GEOL, PHYS
  - See Degree Audit for Exact Course Options

#### Language, Philosophy, and Culture
- (040) PHIL 1305: Philosophy & Critical Thinking (WI) OR PHIL 1320: Ethics & Society (WI)

#### Creative Arts
- (050) Select one course from:
  - ART, DAN, MU, or TH 2313: Intro to Fine Arts

#### American History
- (060) HIST 1310: History of United States to 1877 (WI)
- (060) HIST 1320: History of United States from 1877 (WI)

#### Government/Political Science
- (070) POSI 2310: Principles of American Government
- (070) POSI 2320: Functions of American Government

#### Social and Behavioral Sciences
- (080) PSY 1300: Introduction to Psychology

#### Component Area
- (090) COMM 1310: Fund of Human Communication
- (090) Select one course from:
  - ENG 2310: British Literature before 1785
  - ENG 2320: British Literature after 1785
  - ENG 2330: World Literature before 1600
  - ENG 2340: World Literature after 1600
  - ENG 2359: American Literature before 1865
  - ENG 2360: American Literature after 1865
  - ESS 3329: Intro. to Motor Learning

#### CONCENTRATION: Therapeutic Recreation

15 Hours

A 2.25 Major GPA is required to graduate, which includes all Major, Concentration, and Internship content

- REC 1370: Introduction to Therapeutic Recreation
- REC 4320: Therapeutic Rec. & People w/ Psychiatric Cond.
- REC 4370: Principles of Therapeutic Recreation

#### INSTITUTIONAL REQUIREMENT

1 Hour

- US 1100: University Seminar (1-Hr Open Elec. if Exempt)

#### ELECTIVE

1 Hour

- Open 1-Hour Elective

#### FOREIGN LANGUAGE PROFICIENCY

- Foreign Language Proficiency

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### MAJOR: Therapeutic Recreation

30 Hours

A 2.25 Major GPA is required to graduate, which includes all Major, Concentration, and Internship coursework

- REC 1310: Introduction to Recreation & Leisure Services
- REC 2330: Leadership in Recreation & Leisure Services
- REC 2335: Recreation Program Development
- REC 2336: Directed Field Experience in Programming Rec.
- REC 3325: Recreation Administration
- REC 3351: Evaluation of Leisure Service Programming (WI)
- REC 4350: Theories & Methods of Supervision in Rec.
- REC 4380: Seminar in Recreation (WI)
- Select any two courses from:
  - REC 1330: Leisure & Outdoor Recreation
  - REC 3340: Design & Maintenance of Recreational Facilities
  - REC 4330: Entrepreneurial Recreation Management

#### NCTRC: Eligibility Courses

9 Hours

Select any three courses from:

- PSY 3312: Adolescent Psychology
- PSY 3313: Psychology of Adulthood and Aging
- PSY 3350: Behavior Modification (WI)
- PSY 3361: Health Psychology (WI)
- SOCI 1310: Introduction to Sociology
- SOCI 3300: Principles of Sociology (WI)
- SOCI 3338: Family Problems
- SOCI 3343: Criminology
- SOCI 3347: Juvenile Delinquency
- SOCI 3383: Aging and Society
- SOCI 3384: The Sociology of Death and Dying
- SPED 2360: Survey of Exceptionality
- SPED 3338: Educating Students w/ Emotion/Behavior Disorder
- SPED 4344: Educating Students with Mild Disabilities
- ESS 3320: Biomechanics
- ESS 3329: Intro. to Motor Learning

### SUPPORT COURSES

16 Hours

- PSY 3300: Lifespan Development
- PSY 3315: Abnormal Psychology
- HIM 2360: Medical Terminology
- BIO 2430: Human Physiology & Anatomy
- CS 1308: Computer Literacy and the Internet OR CIS 1323: Introduction to Microcomputer Applications

### INTERNSHIP: Recreation Administration

6 Hours

A 2.25 Major GPA is required to graduate, which includes all Major, Concentration, and Internship content.

All coursework must be completed before the internship experience

- REC 4680: Internship in Recreation

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### Additional Degree Requirements:

- See Undergraduate Catalog for Residency, GPA, and Graduation with Honors requirements
- Writing Intensive Hours: 9 Hours of designated Writing Intensive (WI) coursework must be completed in-residence with Texas State

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**Important Note:** See Statements of Understanding sheet for additional notes regarding course sequencing and program requirements.
THERAPEUTIC RECREATION

PREREQUISITES
Regardless of catalog year, students are held to current academic policies and course prerequisites, which are subject to change. Updated course prerequisites are listed in the Undergraduate Catalog online at: [http://mycatalog.txstate.edu/](http://mycatalog.txstate.edu/).

REC 4680: INTERNSHIP IN THERAPEUTIC RECREATION
The Internship is a highly structured, field-centered and professionally supervised experience practicing the Therapeutic Recreation process. The Internship requires extensive, full-time involvement under the supervision of a certified therapeutic recreation specialist.

- May only be completed during the Fall or Spring semesters, and is the only class taken during a student’s final semester of matriculation
- All other required courses for the degree must be completed prior to the internship
- Students must attend a mandatory meeting the semester prior to the internship
- No less than 20, and no more than 45, hours per week will be accepted for the field placement experience
- The internship experience must be completed for no less than fourteen consecutive weeks
- Additional information about the internship is available at nctrc.org or the Recreational Administration Majors and Minors TRACS site
- A minimum of 560 hours must be completed

ADDITIONAL DEGREE REQUIREMENTS
- If two years of the same foreign language were not completed in high school, students must complete two semesters of the same foreign language at the college level to satisfy foreign language proficiency requirements
- 9 hours of designated Writing Intensive (WI) coursework must be completed in residence at Texas State
- A maximum of 66 approved hours from an accredited two-year college may be applied toward degree requirements, not including hours transferred to satisfy foreign language proficiency requirements
- Graduation with honors requires 54 hours of coursework be completed in residence with Texas State
- Students must meet residency requirements to qualify for graduation. Specifically, at least 24 semester-hours of the last 30 hours completed that are required for the degree must be taken at Texas State. Correspondence, extension, and off-campus coursework completed through Texas State may be applied toward residency requirements. Credit-by-examination may not be applied toward residency

IMPORTANT NOTES
- REC 1310 Introduction to Recreation & Leisure Services and REC 2330 Leadership in Recreation & Leisure Services should be taken as early as possible in order to meet prerequisites for REC 2335, which is the gatekeeper prerequisite course to all other REC course requirements
- REC 1330 Leisure and Outdoor Recreation requires some weekend work outside of classroom hours
- REC 2340 Design and Maintenance of Recreational Facilities and REC 3351 Evaluation of Leisure Service Programming should be taken in separate semesters if possible (not concurrently)
- REC 4380 Seminar in Recreation should be taken the semester immediately prior to the Internship
- The REC 4680 Internship in Recreation is a 560-hour experience that must be completed at an approved site during a Fall or Spring semester (not Summer). Transportation and/or financial challenges are not justification for this requirement to be waived.
- Attendance at an organizational meeting the semester prior to enrollment in REC 4680 is required as well as completion of all other required coursework prior to the Internship semester
- PSY 1300 Introduction to Psychology and HIM 2360 Medical Terminology are required and should be taken as early as possible since they are both prerequisites for other required coursework within the program
- Regardless of catalog year, students are held to prerequisites and academic policies that are subject to change
- Many REC courses have limited enrollments and are offered on a rotational basis (Fall only or Spring only, etc.)