Volunteer & Job Opportunities:

- Volunteer/Service hours
- Internship opportunities for Fall, Spring and Summer semesters
- Opportunity to mentor adolescent mothers, fathers, or couples
- Paid positions for childcare or translation services
- Paid mileage for travel to school campus

Contact information:

Dr. Michelle Toews
Project Director
(512) 245-2405
mt15@txstate.edu

Dr. Karen Brown
Project Co-Director
(512) 245-2582
kb01@txstate.edu

Renee Perez
Program Coordinator
(512) 245-6766
rp46@txstate.edu

Jennie Smith
Grant Secretary
(512) 245-1810
js87@txstate.edu

For more information:
1(866) 987-6647

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Strengthening Relationships between Adolescent Parents

Center for Children and Families
Texas State University-San Marcos
A member of the Texas State University System
Strengthening Relationships Program

- Adolescent parents enrolled in six PEP programs
- Schools districts we serve:
  - SMCISD
  - Hays CISD
  - Austin ISD
  - Seguin ISD
  - Comal ISD
- 15-30 adolescents per group
- 12 weekly sessions
- 2 focus groups
- Pretest/Posttest
- Using the nationally recognized *Connections: Relationships and Marriage* curriculum

What do the Adolescent Parents learn?

- Communication skills
- Conflict resolution strategies
- Characteristics of healthy relationships
- Realistic expectations about relationships
- Financial planning and family budgeting

Partner and Parent Groups

- Evening sessions for the fathers, partners and extended family members
- Six two-hour sessions
- Dinner, childcare, and translators provided
- Lessons on communication and conflict resolution skills