**TEXAS STATE UNIVERSITY**
**COURSE ADDITION FORM**

1. **Effective Semester:** Fall 2016

2. **College:** Education

3. **Department/School/Program:** Health and Human Performance

4. **Prefix/Subject Number**

<table>
<thead>
<tr>
<th>Prefix/Subject</th>
<th>Number</th>
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5. **Course Title:**

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<thead>
<tr>
<th>Proposed Long</th>
<th>Abbreviated (18 characters only including spaces)</th>
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<tbody>
<tr>
<td>Developmental Sports Education II</td>
<td>D E V S P O R T S E D I I</td>
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6. **Course Description (complete sentences in 50 words or less):** The purpose of this course is to provide sports education professionals with the theoretical and practical information necessary to design and implement a quality sports experience for adolescents and/or adults. This course will focus on a theory to practice approach and will include a biopsychosocial perspective.

7. **Prerequisites (Including Minimum Grade Required):**

8. **Co-Requisites (Including Concurrent Enrollment Allowed):**

9. **Restrictions:**
10. Course Data

CIP Code (10 digits - no spaces or periods)
1 3 1 3 1 4 0 0 0 4

<table>
<thead>
<tr>
<th>Instruction Type</th>
<th>Lecture Contact Hours</th>
<th>Lab Contact Hours</th>
<th>Credit Hours</th>
<th>Repeatable for Credit?</th>
<th>Maximum Credit Hours Allowed</th>
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</thead>
<tbody>
<tr>
<td>1-Lecture</td>
<td>3</td>
<td>0</td>
<td>3</td>
<td>Yes</td>
<td>3</td>
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<td>2-Lab</td>
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<td>3-Practicum/Internship/Student Teaching</td>
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<td>4-Seminar</td>
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<td>5-Independent Study</td>
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<td>6-Private Lesson</td>
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<td>8-Thesis</td>
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<td>9-Dissertation</td>
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<td>0-individualized</td>
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<td>C-Clinical</td>
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Writing Intensive? | Topics Course? | Valid Grade Mode (choose only one) (See PPS 4.07 for definitions.) |
Yes | Yes | Standard Letter ☑ |
No | No | Credit/ No Credit |
Leveling/Assistantships/ESL |
Developmental |

Course Equivalency(s) (Prefix and Number)
N/A

11. Justification for the course action:

Degree: M.Ed.        Major: Physical Education

Minor:                Certificate:

This will be a required course in the Sports Education M. Ed. in Physical Education degree being submitted currently.
12. Course Goals and Objectives:
After completing this course the sports education professional should be able to:

- Identify and describe the physiological applications for adolescent and adult athletes
- Describe a variety of psychological and sociological theories for sport participants.
- Analyze, interpret, and use psychological principles to design a quality sport program for both adolescents and adults.
- To design and assess a coaching effectiveness training program for 6th grade through 12th grade.
- Evaluate and use research to improve coaching practices.
- Describe the developmental sequencing from adolescents to adults from a biopsychosocial perspective.

13. Description of Instructional Methodologies:
This course will employ a number of pedagogical practices in order to ensure the learning of useful information. Instructional strategies will include; active learning, role play, cooperative learning, peer learning, critical analysis, video analysis.

14. Assessment of Student Learning:
In order to assess a sport education professional’s progress toward meeting the above objectives, exams (2), field bases projects (2), readings and abstracts (10) will be employed. Specifically exams will count for 30% of the grade, projects will count for 50% of the grade, readings and abstracts will count for 20%.
15. Course Outline:

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<td>What do we know about this emerging discipline. Future directions. Chapters 1-5.</td>
<td>Expertise, study of coaches, and mentoring adolescents and adults. Chapters 29-34.</td>
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</tbody>
</table>

16. Suggested Textbook(s) and Other Learning Resources:


17. Bibliography:


18. Approvals:

Department Chair/Program Director/School Director

Chair of College Curriculum Committee

Dean of College

Dean of The Graduate College (if applicable)

Chair of University Curriculum Committee (if applicable)

Date

3-1-15

1/21/15

4-1-15

5/15/2015