Meetings

Meetings will be every other Sunday at 5 p.m. in Jowers Room 115. Try to make it out and socialize with fellow ATSM buddies.

Attention

Support 2010 Spring ATSM club members that will be graduating in May. Get as many friends and people involved to contribute in the upcoming fundraisers, that way sufficient funds will be available to help pay a portion of the National Certification Test in April.
The ATSM club is an informal place for current and prospective athletic training students to network together through social activities and learning experiences.

Club activities include fundraisers, community service, intramural sports, monthly meetings, professional speakers and other social events. The purpose of the club is to promote and explore the athletic training profession by sharing ideas, goals and experiences.

Athletic training students at Texas State University receive high quality classroom instruction and engage in a clinical education setting by serving over 400 Division I student-athletes at Texas State.

The Texas State University Athletic Training Education Program, founded in 1971, was the first CAATE accredited program in the state of Texas.

It is the mission of the Athletic Training Program at Texas State to provide undergraduate athletic training students with an in depth academic study of the various domains of prevention, care and rehabilitation of athletic injuries. The CAATE accredited Athletic Training Education Program will prepare its students to meet the requirements of the BOC certification and Texas Licensure examinations as well as their future professional responsibilities.

Certified athletic trainers of Texas State University, and students in the athletic training program on campus are recognized for their outstanding performance with Texas State Athletics. This year’s theme is “Sports Safety is a Team Effort.” Athletic Training Month attracts national recognition in a way for people to understand the role athletic trainers play in improving the health and wellness of all athletes. “It is nice to have a month dedicated to athletic trainers because it allows the athletic training organization to advertise and let the public know who we are and what we do,” said Leanna Rockwall,

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ATSM president. “Athletic trainers are usually stereotyped as ‘waterboys,’ but we are far more valuable and skilled, to be looked upon as providing athletes with water bottles and towels.”

Written By: Jacky Garza

**SPRING ATHLETIC TRAINING OLYMPICS**

On March 21, 2010, the ATSM club will host the 3rd Annual Athletic Training Olympic games. Every person involved with the athletic training program including, certified athletic trainers and staff participate in the event. The certified trainers are team leaders and each team must come up with a team name. Each team comes up with a specific theme and dresses according to that theme. The teams are encouraged to be as creative as possible, because the most creative and spirited team will win an award at the end of the day. The team who wins the overall competition receives a trophy.

Every team member must participate in at least one event to receive credit for participation. Bonus points are available in certain events for creativity and accuracy. The bonus points might be the points that help ones team win the overall competition.

Olympic games include:

- Spit it Out (2 person event)
- Ready, Set, Tape (Judged on function and looks)
- Strong Arm Cooler Carry (2 person event)
- Three-Legged Race (2 person event, fastest time wins)
- Spine Board Sprint (Requires at least 4 team members plus a victim, judged on time and accuracy)
- Brain Power (One question will be given to each team member, starting with an observer, observer must answer the question correctly before next level can go.)
- Ice Bag Shot Put (Furthest Distance Wins)

- Marble Pick Up (Team with the most marbles in Bucket Wins)
- Get Your Bell Rang (Cranial nerve assessment)
- Ice Bag Dash (1st to make an ice bag wins)
- Backwards Throw (Team to get most rolls of tape in the cooler wins)
- Foam Roll Toss (Furthest Distance Wins)
- Blindfold Scavenger Hunt (First to find all objects in cooler wins, clues are given to what should be looked for)
- Agility Obstacle Course (Crutch fitting, 2-man carry, bat spin, tongue depressor bob, balance, cone drill, blindfold ankle tape)

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This year the ATSM club hopes for a great turnout. It is a great way to interact with fellow classmates, athletic training staff, and senior lectures.

Written By: Jacky Garza

**INTRAMURALS**

The Intramural Sports Program at Texas State provides a fun atmosphere and positive experience for all students who wish to participate. The ATSM club is currently participating in Co-ed basketball, men's basketball, softball and soccer. Right now the Co-ed basketball team is (0-2), with three more games left in season. The men's basketball team is (1-2), with two more games left. The soccer team is currently undefeated. The softball team's first game will be March 2nd. Social Sports representative, Andrew Crane, hopes to see members of the ATSM club come out and support the teams representing the club.

Written By: Jacky Garza

**FUNDRAISERS**

ATSM club is always looking for opportunities to raise money to contribute to the well being of the club and to the members. The club has a total of 50 paid and active members that are in the athletic training program, and others who are observers seeking to get into the program. The money raised is used for different purposes, such as conferences, state exams, intramural fees, t-shirts and scholarships.

This past December, the ATSM club was able to pay application fees of $69 for ten seniors to take the state licensure exam.

On Monday, March 15, ATSM is having a Pluckers Fundraiser. Invite as many people as you would like and have them mention they are supporting the ATSM club. A percentage of all checks, that indicated they were for ATSM, will be given to the club. Be sure to come out and support. The money will help pay for members to attend the Southwest Athletic Trainers’ Association conference and to pay a portion of the National Certification test, which 10 ATSM seniors will be taking this coming spring semester.

Written By: Jacky Garza

**SOUTHWEST ATHLETIC TRAINERS ASSOCIATION CONFERENCE (SWATA)**

This year, paid members of the ATSM club will attend the Southwest Athletic Trainers’ Association’s annual conference in Arlington, Texas on July 22-24, 2010. The education sessions begin at 8 a.m. on Thursday, July 22 and the welcome reception will be Thursday night. The purpose of the conference is to enhance the quality of health care for the physically active, to promote the highest possible standards of the athletic training profession, to promote a better working relationship among those who work toward the care and prevention of athletic injuries and to promote the free exchange of ideas and information within the Association.

Written By: Jacky Garza

Flag football game (Standing Left) Steven Haynes, Jacob Puente, Baeleigh Carson, Jessica Wooldridge, Eric Pike, Andrew Crane (Kneeling) Laura Hernandez, Katy Cuco

(Standing Left) Jacob Puente, Steven Haynes, Eric Pike, Baeleigh Carson (Kneeling) Josue Flores

(Backs Left to Right) Steven Haynes, D.J. Bray (Faces Left to Right) Josue Flores, Austin Hunter, Morgan Lowman