

PAW PRINTS

FACILITIES – TEXAS STATE UNIVERSITY – SPRING 2018



A LETTER FROM THE AVP

By Thomas Shewan

The spring semester has commenced and is progressing well due largely to your efforts to combat rain and snow that do occasionally show up this time of year in central Texas. The bulk of the repair and recovery work resulting from hurricane Harvey is complete, but not all communities in Texas were as lucky as we have been.

Our men's and women's basketball teams are having great seasons. Our women's volleyball team made it to the 2nd round of the NIVC (National Invitational Volleyball Championship) tournament. The baseball and softball teams are just now beginning their seasons and are off to good starts.

It's hard to believe but spring break is just around the corner and that will mark just seven weeks left in the semester. I know we have a lot of work planned during that week.

Daylight saving time goes into effect on Sunday, March 11th and spring will be here before you know it. For some, the merit raise took effect in January. Likewise, the Federal government implemented reduced income tax rates which will likely be reflected in our March paycheck. As tempting as it may be to spend it, you may want to use this unexpected cash to increase your retirement savings.

At our February Board of Regents meeting at Lamar University, the Regents approved moving forward with the addition to the LBJ Student Center and the Campus Recreation Intermural Fields on the old golf course. While our large construction projects will be wrapping up this year, we have many smaller projects that will ensure moving about main campus will continue to be an adventure for years to come.

Thank you for all you do to make Texas State University the true rising star of Texas.



FACILITIES CORE VALUES – “STARS”

In pursuing our mission, we, the staff of the Texas State University Facilities organization, are guided by a shared collection of values. Specifically, we value:

Service: We are committed to excellence in the provision of our services and professional interactions with our customers.

Teamwork: We strive for continuous improvement through innovation, collaboration, and dialogue with the Campus Community in support of the university's goals and mission.

Accountability: We are responsible for our actions and will conduct business in an ethical and honest manner in compliance with all university policies, and federal, state and local laws and regulations.

Respect: We treat each other with respect and dignity and place equal value on every individual.

Stewardship: We are conscientious stewards of the resources entrusted to us:

- **Personnel:** We take care of our people, ensuring that they are given the opportunity for professional growth and to work in a safe and welcoming environment.
- **Assets (Physical and Fiscal):** We will do our utmost to maintain the University's physical assets and do so in a fiscally responsible manner.
- **Environment:** We will protect our sensitive environment.

WELLNESS TIPS – by Andrea Tutoki

Food Quality, Not Quantity

I recently ran across this article in The New York Times about a new study conducted on diets. I can hear all the groans and thoughts racing through your head, “Another fad diet” or “Here we go counting calories”, well, neither are true. In fact, just the opposite. Most diets focus on consuming reduced calories and the weight will come off.

In this study, the participants were specifically directed to not count calories. Instead, eat if you are hungry (now this is a diet my stomach likes!). No limits on portion size or calories. The diet emphasized eating whole or “real” foods and no sugars. In other words, limit the amount of processed foods.

Here is the link to the article: <https://www.nytimes.com/2018/02/20/well/eat/counting-calories-weight-loss-diet-dieting-low-carb-low-fat.html>

*** FRIENDLY REMINDER ***

JCK access:

- If you are going to JCK for **work** (job assessment, work order, etc.), for floors 1-8, please notify Facilities Administration 5-2820 then proceed to JCK;
- If you are going to JCK for **work** (job assessment, work order, etc.), for floors **9-11**, please contact Facilities Administration 5-2820 so they can seek permission **prior** to heading to JCK;
- If you are going to JCK for **personal** (HR, Financial Aid, training, meeting, etc.), no notification or permission is required.

BOBCAT BOUNTY

Karlie Beach in FPDC has participated in a steering committee which has been instrumental in organizing Bobcat Bounty to help students in need of nutritional assistance. Since rolling out a few weeks ago, approximately 100 students per week have participated and benefited from this important project. For more information on volunteering or participating in this project, feel free to contact Karlie or check out their web page at: <http://dieteticinternship.fcs.txstate.edu/Bobcat-Bounty.html>



**BOBCAT
BOUNTY**

**NUTRITIOUS GROCERY ITEMS
FOR ANYONE WITH A TEXAS STATE ID**

**GRAND
OPENING
FEBRUARY
1ST**

**OPEN
EVERY THURSDAY
FROM
5PM TO 7PM**

PARKING: THE FCS LOT IS OPEN AFTER 5PM, THE SPECK GARAGE IS AVAILABLE FOR COMMUTER & RESIDENTIAL PERMITS, AND THE PRESIDENT'S LOT IS AVAILABLE FOR COMMUTER & CARPOOL PERMITS.

LOCATION: FCS 187
ACADEMY ST, SAN MARCOS, TX 78666
ACROSS FROM THE STUDENT RECREATION CENTER

MORE INFORMATION:
BOBCATBOUNTY@TXSTATE.EDU
DIETETICINTERNSHIPFCS.TXSTATE.EDU/BOBCATBOUNTY

HERE

School of Family and Consumer Sciences

TEXAS STATE
The School of Family & Consumer Science

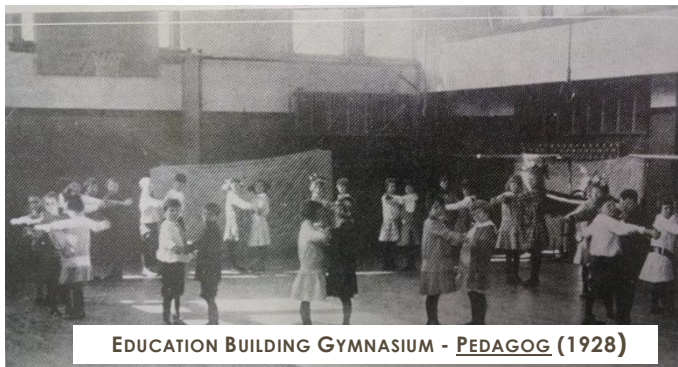
THE COMAL BUILDING (1918 EDUCATION BUILDING) CELEBRATES ITS CENTENNIAL—by Mark Cowan

In 1917 the Board of Normal Regents raised the status of the state's "normal schools" to full four-year colleges and in response the Southwest Texas State Normal College began offering a Bachelor's Degree in Education with the 1918-1919 school year. Attendance at the college reached a heady 1,087 students in 1917, and additional space was clearly needed.



ARCHITECT'S RENDERING - 1919 ANNUAL

For this project the college retained the services of the prominent architectural firm of C.H. Page & Bro. of Austin to design for it an education building suitable for hands-on training for a new generation of teachers. Charles Page, together with his Brother Louis, had designed numerous public buildings including courthouses and city halls, as well as the Littlefield Building in Austin, after receiving national attention with their unique star-shaped Texas Building at the 1904 St. Louis World's Fair. The firm remains prominent to this day in the form of Page Southerland and Page.



EDUCATION BUILDING GYMNASIUM - PEDAGOG (1928)

A century ago this year the cornerstone was laid on our campus for the Education Building - today's Comal Building. This concrete frame, brick veneer structure costing \$85,000 (furnished) displayed a restrained classicism that was a common among academic buildings of the era, but inside featured a unique combination of spaces incorporating not only facilities for the college, but also a fully functioning public school for the children of San Marcos. This included a library and a 2-story high gymnasium in the north wing. Middle and high school students attended

class in the Education Building, while elementary students were housed separately at the present site of the Evans Liberal Arts Building. The ever-growing number of students required an addition to the building by 1938-39, with San Marcos schools moving out and into their own facilities in 1951. (My father, who lived on Moon Street during this period and attended public school in the building, has fond memories of climbing from the second story library windows with his friends to go explore the steam tunnels on campus. My mother, who received her education diploma from the College in the early 1960s, has pleasant, though less adventurous, memories of the building as well.)

In 1977 the building became the Psychology Building and served that college until the recent renovation work was undertaken from 2013-15. The Comal Building now houses Philosophy and Computer Science and begins a second century of service to our University.



COMAL BUILDING - 2018

TECH NEWS

IPHONE LEVEL

Did you know your iPhone (if you are an iPhone user) has a level? This handy app is great, especially if you're fighting off a hoard of zombies whilst trying to build a barricade to keep them out. And that barricade *must* be perfectly level.

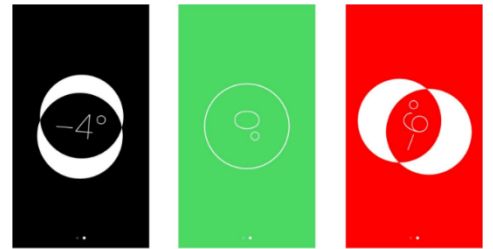
To launch the level:

1. Go into Utilities (or Extras) folder from your home screen and launch the **Compass app** (yes, your phone has a compass too, we will go into the use of this later).
2. Swipe left on the **compass face**.



HORIZONTAL LEVEL

1. Place your iPhone flat on the surface of the object you're trying to level off.
2. Tilt your iPhone in all directions until you hit 0 degrees and the screen turns green.
3. You can tap once to turn the black screen red, and it will stay that way until your iPhone is level, at which point it'll turn green.



VERTICAL LEVEL

1. Hold your iPhone against the object that you're trying to vertically level.
2. Tilt your iPhone in all directions until you hit 0 degrees and the bottom half of the screen turns green.
3. If you want to then take another measurement off of that angle, tap the **level** once. You'll then see red as you stray away from the angle you were on. This can help you measure 90-degree and 45-degree angles.

THE COMPASS APP

The Compass app on iPhone isn't as accurate as the real thing, but it'll help you follow basic directions and bearings in a pinch.

1. Launch the **Compass app** from your Home screen.
2. Hold your **iPhone** flat in the palm of your hand.
3. Spin around, holding your iPhone in your hand until you hit the bearing (degrees) you want to follow. For example, 30 degrees north-northeast.
4. Tap the **compass face** once to lock in that bearing.



Now when you stray from that path, you'll see the beginnings of a red circle inside the compass. Spin around so that your white pointer is pointed back on the bearing of your choice.

HOW TO SWITCH TO TRUE NORTH IN THE COMPASS APP FOR IPHONE

You can choose to use true north or magnetic north when navigating with your iPhone. Here's how to turn on true north:

1. Launch **Settings** from your Home screen.
2. Tap **Compass**.
3. Tap the **switch** next to **Use True North**.



CONGRATULATIONS!

Facilities Team Safety Award – 2017 4th Quarter



Pictured from left to right are Nathan Lawrence, Cesar Torres, Lee Torres, A.J. McMillan, John Perez (supervisor), Matthew Menchaca, and Tom Shewan. This team was recognized for "quickly eliminating a trip hazard on the heavily traveled Bobcat Trail. Instead of waiting for the results of a disputed warranty claim, this team fabricated and installed a new grate to cover the open storm drain vault. As a result of their efforts, the trip hazard and the cordoned area, which was a campus eye sore, were eliminated. Although this is not considered part of their normal duties, the team took it upon themselves to solve the issue." GOOD JOB TEAM!

FAMILY CAMPAIGN is underway! Our goal is 100% participation. Please feel free to drop your change in the glass jars that are in each department. Brochures have also been sent to all employees that provide alternative donation methods. For any questions, please contact one of the facilities campaign coordinators: **Fermin Torrez, Connie Buscha, Stacia Moore, Amy Thomas, Nathan Lawrence, and Ann Huebner.**

ROAD CLOSURES IN THE CITY OF SAN MARCOS

The current and proposed road projects can be found on the City's website at: <https://www.sanmarcostx.gov/324/Road-Closures>

Please keep these closures in mind as you travel in and around campus.



FACILITIES SCHOLARSHIP OPPORTUNITY

We want to take this opportunity to remind you about the Facilities Scholarship Fund! This fund is made possible by the generous donations Facilities' employees make to the fundraising efforts of the university such as the Family Campaign. The fund's administrators issue a \$500 award each fall and again a \$500 award each spring (assuming the standards are maintained in the fall semester) to all eligible Texas State students who meet the following criteria:

- Minimum of 2.5 GPA from Texas State (not applicable for incoming freshman)
- Taking minimum of 12 hours
- Under the age of 26 years old
- Parent or grandparent is a current Facilities employee

The forms are available online from the Facilities website: www.facilities.txstate.edu. Go to "About Us", "Facilities Employee Information", then scroll down to the Facilities Scholarship Application section. The form may be downloaded and completed electronically or printed and either scanned/emailed or sent via mail. All applications must be postmarked no later than May 31, 2018 – no exceptions. If questions, please contact Karen Munoz at 5-2820, or km26@txstate.edu. Your continued support is appreciated!

UPCOMING EVENTS

Friday, March 2

Texas Independence Day

Tuesday, March 6

Election Day (Primary)

Sunday, March 11

Daylight Savings Time Begins

Sunday, March 11 – Sunday, March 18

Spring Break

Saturday, March 17

St. Patrick's Day

Friday, March 30

Good Friday

Saturday, March 31

Cesar Chavez Day

Sunday, April 1

Easter

Saturday, April 21

San Jacinto Day

Wednesday, April 25

Administrative Professionals Day

Monday, April 30

Last Day of Classes-Spring Semester

Saturday, May 5

Cinco de Mayo

Thursday, May 10 - Saturday, May 12

Spring Commencement

Sunday, May 13

Mother's Day

Monday, May 28

Memorial Day

Thursday, June 14

Flag Day

Sunday, June 17

Father's Day

Tuesday, June 19

Emancipation Day in Texas

Quality, Responsive Service: Making a Difference at Texas State



The rising STAR of Texas

Facilities would like to thank all who contributed to this newsletter.