

## School of Nursing

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Office: Health Professions Building 201-G  
 Web: <http://www.health.txstate.edu/nursing>

### Mission Statement

To educate and prepare graduates to function in professional Nursing roles now and in the future, to promote, maintain, and restore health, using evidence-based practice and contributing to research and current technology in providing safe and effective Nursing services to diverse individuals of all ages and to communities.

### Degree Program Offered

- BSN, major in Nursing

The degree program in Nursing is a five semester program beginning in the junior year. The junior and senior years combine academic study in nursing and clinical experiences in affiliated clinical settings. The school is applying for approval by the Texas Board of Nursing concurrently with that of the Texas Higher Education Coordinating Board. The BSN program requirements will be published as soon as approval is received. Accreditation by the American Association of Colleges of Nursing-Commission on Collegiate Nursing Education (AACN-CCNE) will be pursued when the program is operational.

### Admission Process

Admission to the undergraduate major in Nursing is competitive and selective, and the student must apply and be accepted to the School of Nursing. The student is encourage to obtain academic advising prior to submitting an admission's application. The application deadline is January 15th. The following criteria must be met for admission consideration:

1. Satisfactory completion of all general core and pre-requisite courses with a minimum GPA of 3.0.
2. Completion of NURS 1200 Introduction to Nursing with a minimum grade of C.
3. Complete Texas State nursing application.

**\*pending full approval by the Texas Board of Nursing**

### Bachelor of Science in Nursing\* Major in Nursing

Minimum required: 130 semester hours

General Requirements:

1. Any student who did not complete at least two years of the same foreign language in high school is required to take 6-8 hours of the same foreign language.
2. Any student who did not complete one year of general computer science (literacy) course in high school is required to take a placement course, CLEP, or college course work.
3. See University College section of the catalog for course options that satisfy literature, natural science, and social science components.

<b>Freshman Year</b>	<b>Hours</b>
CHEM 1141, 1341 .....	4
PSY 1300 .....	3
FCD 1351 or PSY 3300 .....	3
MATH 1315 .....	3
ENG 1310, 1320 .....	6
HIST 1310, 1320 .....	6
PHIL 1305 or 1320 .....	3
PFW two courses .....	2
US 1100 .....	1
NURS 1200 .....	2
<b>Total</b>	<b>33</b>

<b>Junior Year-1<sup>st</sup> Semester</b>	<b>Hours</b>
NURS 3310, 3210 .....	5
NURS 3300 .....	3
NURS 3320, 3220 .....	5
<b>Total</b>	<b>13</b>

<b>Junior Year-3<sup>rd</sup> Semester</b>	<b>Hours</b>
NURS 3330 .....	3
NURS 3441, 3241 .....	6
NURS 3302 .....	3
<b>Total</b>	<b>12</b>

<b>Senior Year-2<sup>nd</sup> Semester</b>	<b>Hours</b>
NURS 4371 .....	3
NURS 4380, 4280 .....	5
NURS 4271 .....	2
NURS 4301 .....	3
<b>Total</b>	<b>13</b>

<b>Sophomore Year</b>	<b>Hours</b>
BIO 2440 .....	4
BIO 2451, 2452 .....	8
CHEM 1142, 1342 .....	4
COMM 1310 .....	3
ENG Literature .....	3
NUTR 2360 .....	3
POSI 2310, 2320 .....	6
ART, DAN, MU, or TH 2313 .....	3
<b>Total</b>	<b>34</b>

<b>Junior Year-2<sup>nd</sup> Semester</b>	<b>Hours</b>
NURS 3440, 3240 .....	6
NURS 3460, 3260 .....	6
<b>Total</b>	<b>12</b>

<b>Senior Year-1<sup>st</sup> Semester</b>	<b>Hours</b>
NURS 4350, 4250 .....	5
NURS 4311, 4211 .....	5
NURS 4370 .....	3
<b>Total</b>	<b>13</b>

## **Courses in Nursing (NURS)**

**1200 Introduction to Nursing.** (2-0) Introduction to nursing, nature and expectations of professional education and practice. Opportunities in nursing and roles in the healthcare system. Factors to evaluate regarding career paths and options in relation to personal goals. Prerequisite to application for admission to nursing program.

**pending full approval by the Texas Board of Nursing**

**3210 Age-Specific Health Assessment Skills.** (0-6) Practice age-specific assessment, communication, and client health history skills. Experiences in simulation practice lab. Learn measures in privacy training. Co-requisite: NURS 3310.

**3220 Age-Specific Nursing Skills.** (0-6) Nursing process applied to activities of daily living, health assessment and accommodation of alterations. Sterile technique, safety, and comfort measures. Administration of medication. Basic nursing procedures for chronic and acute conditions. Experiences in simulation lab, primary care clinics, day care, school, after school programs, and nursing homes. Co-requisite: NURS 3320.

**3240 Adult Health Nursing Practicum I.** (0-6) Apply nursing process and critical thinking skills to alterations in acute and chronic conditions, adult health history and assessment with emphasis on therapeutic communication, intervention, data collection/analysis, and documentation. Experiences include simulation lab, hospitals, ambulatory surgery, homes for developmentally disabled persons, primary care clinics and health departments. Co-requisite: NURS 3440.

**3241 Adult Health Nursing Practicum II.** (0-6) Clinical practice with adults experiencing acute life threatening conditions. Practice clinical skills, making judgments, critical thinking, taking health history and assessment with emphasis on therapeutic

communication, intervention, data collection/analysis and documentation. Experiences include simulation lab, hospitals, surgery, intensive care units, rehabilitation, home health services and hospice settings. Co-requisite: NURS 3441.

**3260 Psychiatric and Behavioral Health Nursing Practicum.** (0-6) Apply critical thinking skills and therapeutic nursing measures to clients with psychiatric and behavioral health illness or issues. Practice assessment and therapeutic skills. Experiences in acute client psychiatric settings, outpatient and adult behavioral day care centers, and home health agencies. Co-requisite: NURS 4360.

**3300 Healthcare Systems.** (3-0) History of nursing in the context of the evolving healthcare system including the laws and ethical issues that impact on nursing licensure and practice. Interdisciplinary roles and client rights. Client and nurse workplace safety and balanced life style. Nursing decisions based on values, ethics, current technology, and evidence-based research.

**3302 Research and Ethics.** (3-0) Compare qualitative and quantitative research. Describe basic research process as foundation for evidence-based nursing practice and healthcare services. Identify systems for determining validity and reliability of research. Define key research terminology. Identify use of research techniques to monitor nurse sensitive client care indicators and leadership outcomes.

**3310 Age-Specific Health Assessment.** (3-0) Basic physical and psychosocial assessment and health/life style history of all ages, age-specific evidence-based health maintenance and prevention of illness, cultural and age variances, teaching-learning strategies for age-specific health promotion and maintenance. Critical thinking concepts. Co-requisite: NURS 3210.

**3320 Age-Specific Nursing.** (3-0) Therapeutic nursing processes across the lifespan including alternations in elimination, sensory stimulation and perception, rest, immune process, homeostasis, pulmonary gas exchange, musculoskeletal, renal function, fluid balance, cancer, and nutrition. Family systems theory. Complementary and alternative practices. Safe, therapeutic, legal and ethical medication use. Validation of evidence-based practice. Co-requisite: NURS 3220.

**3330 Healthcare Systems.** (3-0) Healthcare systems access and barriers, policies, nursing role in healthcare delivery systems, critical thinking skills applied to the healthcare system. Socialization to the professional nursing role. Continuing and formal education for advancement. Qualitative and quantitative research in relation to healthcare systems, nursing practice, and current topics.

**3440 Adult Health Nursing I.** (4-0) Adults with chronic and acute alterations in sensory perception, metabolic/endocrine, dermatology, infections, immunology/allergy, gastrointestinal, eye, ears, nose and throat, effects of developmental disabilities on communications and life experiences, collaborative management of medications, therapeutic procedures/treatment management, restoration and rehabilitation, client and caregiver education. Validation of evidence-based practice. Co-requisite: NURS 3240.

**3441 Adult Health Nursing II.** (4-0) Adults with acute life threatening conditions; collaborative management of therapies including medications, therapeutic procedures/treatment, client and caregiver education, restoration and rehabilitation. Critical thinking skills and judgment in critical care areas concerning cardiopulmonary, hepatic, urinary, oncology, neurology, fluid and electrolyte balance and status alterations. Co-requisite: NURS 3241.

**3460 Psychiatric and Behavioral Health Nursing.** (4-0) Psychiatric and behavioral health concepts applied to individuals, families and communities. Acute and chronic psychiatric illness and treatment modalities. Apply nursing process to behavioral health planning including therapeutic measures for psychiatric and behavioral health illnesses. Qualitative and quantitative research in relation to psychiatric and behavioral health. Co-requisite: NURS 4260.

**4211 Complex Nursing Practicum.** (0-6) Application of critical thinking and technical skills to adults with health status alterations. Accommodation to implement interventions. Potential for decompensation, failure to survive. Culture sensitivity, spirituality, barriers to access and care management. Complementary and alternative treatment. Human sexuality. Dynamics of loss and grief. Domestic violence. Co-requisite: NURS 3411.

**4250 Childbearing Families/Pediatrics Practicum.** (0-6) Practice critical thinking skills and judgment to care for childbearing and childrearing families. Experiences in simulation lab, out-patient obstetrical and pediatric services, hospital obstetric and client care areas including pre and post partum, and pediatrics, schools and after school settings with mainstreamed children with disabilities. Co-requisite: NURS 4350.

**4271 Clinical Management Practicum.** (0-6) Apply leadership and management skills in a variety of nursing care situations. Nursing unit leadership, staff assignments based on assessment of client needs, resources, priorities, and competencies of staff. Oversee and evaluate evidence-based nursing care provided. Co-requisite: NURS 4371.

**4280 Community/Public Health Practicum.** (0-6) Health assessment and planning for diverse community groups including education, support groups/resources, advocacy, response to situational crises, bio-terrorism and environmental emergencies, group dynamics and impact on communities. Experiences in community or public health settings, community health centers, local health departments and community service organizations. Co-requisite: NURS 4380.

**4301 Nursing Profession II.** (3-0) Roles and competencies of nurses in the healthcare system. Professional organizations impacting public perceptions and policy. Quality initiatives to promote safe healthcare services, workplace safety, scope of services, staffing and ergonomics. Nursing self-governance and control of nursing practice and care environment. Prerequisite: NURS 3300.

**4311 Complex Nursing Practice.** (3-0) Assessments to identify nursing diagnoses and interventions related to alteration in health status and compensation. Abuse and family/domestic violence. Spiritual, cultural and human sexuality. Identification of failure to rescue based on client decompensation, assessment measures to early detect and intervene in health status changes. Co-requisite: NURS 3211.

**4350 Childbearing Families/Pediatrics.** (3-0) Clinical skills and judgment in assisting families and individuals during childbearing and rearing, health maintenance and promotion. Apply nursing process the families with children emphasis on development, culture and family structure variances and dynamics. Validation of evidence-based practice. Co-requisite: NURS 4250.

**4370 Leadership and Management of Nursing Care I.** (3-0) Leadership theories applied to unit and middle management leadership. Personal attributes for nursing leadership in direct client care areas, including adult care, obstetrics, pediatrics, and behavioral health. Qualitative and quantitative research in relation to leadership and middle management process and outcomes.

**4371 Leadership and Management of Nursing Care II.** (3-0) Leadership and management theories, trends and issues in healthcare settings, resources, priorities, unit management, delegation and assignment of staff, evaluation of staff performance, promoting performance improvement and safety. Validation of evidence-based leadership and management process and outcomes. Prerequisite: NURS 4370. Co-requisite: NURS 4271.

**4380 Community/Public Health.** (3-0) Nursing process and strategies for health promotion for diverse groups, critical thinking skills related to community issues, addiction and rehabilitation, epidemiology and public health. Impact of biological weapons, disasters and emergencies on communities, healthcare systems and nursing practice. Validation of evidence-based practice. Co-requisite: NURS 4280.