



ODS Clinical Referral List

In case of emergency (medical- and mental health-related), call 911.

Mental Health Crisis and Suicide Prevention Hotlines

Suicide Prevention Hotlines:

- **24 Hour Crisis Hotline:** 1.877.466.0660
- **National Suicide Prevention Lifeline:** 1.800.273.TALK (8255)
- **Suicide Help Hotlines:** 800.SUICIDE (800.784.2433)
- **The Trevor Project:** 1.866.4.U.TREVOR (1.866.488.7386)
- **San Marcos Campus:** Avail Crisis Hotline 1.877.466.0660
- **Round Rock Campus:** Bluebonnet Trails Crisis Hotline 1.800.841.1255

Mental Health Crisis Hotlines:

- **Hays County Crisis Hotline:** 1.877.466.0660 or 512.396.3939
- **HELPLine Serving Caldwell and Hays County:** 512.396.HELP (4357) or 800.700.HCWC (4292)
- **Crisis Text Line:** Text HOME to 741741
- **Travis County- Austin Travis County Integral Care:** 1.844.398.8252 or 512.472.4357
- **Williamson County:** 1.800.841.1255
- **National Suicide Prevention Lifeline:** 1.800.273.TALK (8255). For the Veteran's Crisis Line, press 1.
- **Trans Lifeline:** 1.877.565.8860
- **U Lifeline:** 1.800.273.TALK (8255)
- **Military Crisis Line:** 1.800.273.8255 or text 838255

Domestic Violence/Sexual Assault Hotlines

- **Hays Caldwell Women's Center/ Rape Crisis Hotline:** 512.396.HELP (4357)
- **24 Hour Hotline:** 1.800.700.4292
- **Safe Place- Austin/Travis County:** 512.267.7233
- **Hope Alliance- Round Rock/Williamson County:** 1.800.460.7233
- **National Domestic Violence Hotline:** 800.799.SAFE (7233)
- **National Sexual Assault Hotline:** 800.656.4673
- **National Center for Victims of Crime:** 855.4.VICTIM

- **RAINN (Rape and Incest National Network):** 800.656.HOPE (4673)
- **Department of Defense (Military) Safe Helpline for Sexual Assault:** 877.995.5247
- **Child & Elder Abuse Report Hotline:** 800.252.5400

Helpful Numbers

- **Texas Advocacy Project:** 800.374.4673
- **Texas Immigrant Rights Hotline:** 833.468.4664
- **Texas Rio Grande Legal Aid:** 800.369.9270
- **211 Texas:** 211
- **Hays County Sheriff:** 512.393.7896
- **Williamson County Sheriff:** 512.943.1300
- **Travis County Sheriff:** 512.974.0845
- **Bexar County Sheriff:** 210.335.6010

Counseling and Assessment Centers in San Marcos, Texas

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>*Abel Rodriguez, LCSW, LCDC Website: http://www.lifetimesjourney.com/ Location: 136 E San Antonio, Suite 106 San Marcos, TX 78666 Phone: 512.787.8736 Email: Abelrodriguez@lifetimesjourney.com</p>	<ul style="list-style-type: none"> • Psychotherapy counseling for children, adolescents, adults, couples, and families • Specialties: Depression, anxiety, grief & bereavement, bipolar disorder, trauma, and PTSD 	<ul style="list-style-type: none"> • Sliding scale fees • Initial diagnostic and evaluation session (90 minutes): \$125 • Regular office visits (50 minutes): \$100 • Accepted methods of payment: Cash, check, Visa, Mastercard, FSA, and HAS
<p>Allison Burwell, M.A., LPC Website: http://www.allisonburwell.com/index.html Location: 1228 N Hwy 123 San Marcos, TX 78666 Phone: 512.796.0060</p>	<ul style="list-style-type: none"> • Assessments and Evaluations Services • Individual and family psychotherapy • Telehealth • Specialties: Anxiety, depression, mood disorders, personality disorders, trauma, grief & loss, substance abuse & addiction, adjustment disorders, and ADHD 	<ul style="list-style-type: none"> • Accepted insurances: Blue Cross Blue Shield, Ambetter, TriCare, Cigna, and United Behavioral Health • Sliding scale services available on limited basis
<p>Austin Neuropsychiatric Associates Location: 310 Stagecoach Trail, Suite 300 San Marcos, TX 78666 Phone: 512.392.3398 Physicians:</p> <ul style="list-style-type: none"> • Dr. Theodore Dake Jr., MD • Thea Dake, LCSW 	<ul style="list-style-type: none"> • Mental health diagnostic services for: Bipolar disorder, major depression, anxiety disorder, OCD, ADD/ADHD, and adjustment disorder • Other services include: Individual psychotherapy, medication management, couple counseling, family therapy • Emergency services are available for current patients 	<ul style="list-style-type: none"> • Dr. Theodore Dake Jr.'s accepted insurances: None but will provide necessary paperwork to file for out of network benefits • Thea Dake's accepted insurances: Aetna, Blue Cross Blue Shield, and United HealthCare

Clinic/Physician	Services	Fees
<p>Cedar Creek Associates</p> <p>Website: http://cedarcreekassociates.com/</p> <p>Location: 631 Mill Street, Suite 101 San Marcos, TX 78666</p> <p>Phone: 512.396.8540</p>	<ul style="list-style-type: none"> • No clinical testing or evaluation • Counseling and psychological services such as: <ul style="list-style-type: none"> ○ Behavioral, emotional, and marital problems ○ PTSD ○ ADHD ○ Depressions ○ Panic attacks ○ Anxiety ○ Individual, family, and couples therapy 	<ul style="list-style-type: none"> • Hour-long sessions with counselors/therapists: \$50-\$120 • Accepted insurances: Most including Medicaid and Superior Foster-Care
<p>Cypress Tree Therapy</p> <p>Website: http://cypresstreetherapy.com/</p> <p>Location: 215 W. San Antonio Street San Marcos, TX 78666</p> <p>Physicians & phone numbers:</p> <ul style="list-style-type: none"> • Illysa Foster, Psychotherapist Phone: 512.416.3632 • Jon Lasser, Psychotherapist Phone: 512.337.4368 	<ul style="list-style-type: none"> • Illysa Foster: <ul style="list-style-type: none"> ○ Works with groups, couples, individuals, and families. ○ Utilizes mindfulness-based therapy, psychoanalytic psychotherapy, and dance movement therapy. ○ Specializes in depression, anxiety, trauma, relationship issues, and works closely with the perinatal population. • Jon Lasser: <ul style="list-style-type: none"> ○ Psychological Assessments available ○ Works with adolescents, children, and families. ○ Utilizes play and talk therapy ○ Specializes in working with children and adolescents with ADHD, autism, and learning disabilities. 	<p>Not Available</p>
<p>Donna Murphree, LCSW</p> <p>Website: http://www.donnamurphreelcsw.com/</p> <p>Location: 136 E. San Antonio Street, Suite 103 San Marcos, TX 78666</p> <p>Phone: 512.337.4004</p>	<ul style="list-style-type: none"> • Provides individual counseling • Specialties: PTSD, anxiety, depression, panic disorder, bipolar, and ADHD • Modalities: EMDR, CBT, and RET 	<p>Accepted insurances: Multiple. Call to inquire about your insurance.</p>
<p>Dr. Gary Springer, LPC</p> <p>Website: https://www.psychologytoday.com/us/therapists/springer-counseling-san-marcos-tx/86593</p> <p>Location: 100 High Ridge Cir San Marcos, TX 78666</p>	<ul style="list-style-type: none"> • Individual, family, and group counseling, in person, via telephone, or via email • Specialties: ADHD, anxiety disorders, bipolar disorder, depression (unipolar), schizophrenia 	<ul style="list-style-type: none"> • Accepted insurances: Most • Accepted payment methods: Check, cash, credit card, and PayPal

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>Phone: 512.842.4992</p> <p>*Hays- Caldwell Women's Center (HCWC)</p> <p>Website: https://www.hcwc.org/</p> <p>Location: San Marcos, TX 78666</p> <p>Phone: 512.396.HELP (4357)</p>	<p>HCWC serves and provides victims of family violence, sexual assault, and child abuse:</p> <ul style="list-style-type: none"> • Emergency shelter for victims of domestic violence • Counseling, legal advocacy, and other types of support services through the Counseling and Resource Center • Aid for child victims of sexual abuse through the Children's Advocacy Center (Roxanne's House) • 24-hour confidential crisis and information line • Community education for youths and adults • Hospital accompaniment for survivors of sexual assault and family violence 	<p>All counseling services are free and offered in both English and Spanish.</p>
<p>*InMindOut Emotional Wellness Center</p> <p>Website: https://inmindout.com/</p> <p>Locations & phone numbers:</p> <ul style="list-style-type: none"> • 2003 Medical Parkway, Suite C San Marcos, TX 78666 Phone: 512.643.5440 • 641 Walnut Street New Braunfels, TX 78130 Phone: 830.730.6090 • 9846 Lorene San Antonio, TX 78216 Phone: 830.730.6090 <p>Email: info@inmindout.com</p>	<ul style="list-style-type: none"> • Consultation • Individual, group, couples, and family • Psychological testing • Biofeedback and neurofeedback • Psychological testing and treatment for: Anxiety, depression, ADHD, substance use, PTSD • Psychological testing only offered at the InMindOut Clinic located in New Braunfels, TX 	<ul style="list-style-type: none"> • Sliding Scale <ul style="list-style-type: none"> ○ Reduces fees if eligible • Accepts cash, checks, and credit cards. Excludes American express • Accepts the following forms of insurances: BCBS, Compsych, Cigna, Aetna, Magellan, Medicare, UHC, Tricare, Tri-West, Humana, United Healthcare, and Blue Cross Blue Shield (PPO)

Clinic/Physician	Services	Fees
<p>The Kotin Psychology Practice Website: https://kotinpsychology.com/ Location: 2106 Quail Run San Marcos, TX 78666 Phone: 512.392.8105 Physicians:</p> <ul style="list-style-type: none"> • Claudia Kotin, PhD. • Edward Kotin, PhD. 	<ul style="list-style-type: none"> • General Psychotherapy practice: <ul style="list-style-type: none"> ○ Psychological testing ○ Specialize in work with trauma victims, including PTSD, using EMDR • Dr. Claudia Kotin: <ul style="list-style-type: none"> ○ Specialization in eating disorders ○ Training in child and adult psychological and learning disability assessments ○ Counseling with diabetic clinics, complicated OBGYN, cardiac bypass surgery, and terminally ill patients. • Dr. Edward Kotin: <ul style="list-style-type: none"> ○ Specializes in marriage strengthening and therapy ○ Specializes in PTSD and anxiety and EMDR certified • All services: <ul style="list-style-type: none"> ○ Texas Peace Officer Psychological Fitness evaluations ○ Neurostimulator candidacy evaluations ○ Bariatric evaluations ○ Extensive experience with Veterans suffering from PTSD and others with traumatic experiences • Work with pain management and with amputees and other people with disabilities 	<ul style="list-style-type: none"> • Accepted insurances: Most including Medicaid and Superior Foster-Care • Total cost varies on service being provided and insurance.
<p>Michelle Purvin, LCSW, LCDC Website: https://www.michelepurvin.com/ Location: 136 E. San Antonio Street, Suite 108 San Marcos, TX 78666 Phone: 512.644.9036</p>	<ul style="list-style-type: none"> • Individual counseling • Psychotherapy • Specialties: Depression, anxiety, grief and bereavement • Common issues: Relationship issues, coping skills, self-esteem, substance abuse, quitting smoking, women's issues, sexual abuse, trauma, PTSD, and ADHD 	<ul style="list-style-type: none"> • Free initial phone consolation (15 minutes) • Initial bio-psycho-social assessment (50 minutes): \$100 • Individual counseling sessions (50 minutes): \$100 • Accepted insurances: Various • Sliding scale appointments • Accepted payment methods: Cash, check, Health Savings Account cards, and credit or debit cards

Clinic/Physician	Services	Fees
<p>Samaritan Counseling Center Website: https://samaritan-center.org/ Location: First United Methodist Church 129 West Hutchinson San Marcos, TX 78666 Phone: 512.451.7337</p>	<ul style="list-style-type: none"> • Veteran and military services (and their families): Evidence based trauma treatment approaches: EMDR, Acceptance and Commitment Therapy, and Moral Injury approach. • Individual counseling: Cognitive Behavioral Therapy (CBT), career counseling, EMDR, pastoral or spiritual counseling, solutions-focused counseling, couples counseling, child and adolescent therapy, and family counseling • Couples, family, and relationship counseling • Children and adolescent counseling: Sandtray therapy, play therapy, incorporating art into counseling, EMDR, trauma-focused cognitive behavioral therapy, somatic experiencing, parent coaching and positive discipline workshops • Integrative medicine: Acupuncture, Chinese and Western herbal medicine, nutritional counseling, tai chi, yoga, massage therapy 	<ul style="list-style-type: none"> • “Our Services are accessible and affordable for all, especially for uninsured, low-income families and military veterans.” • Sliding scale fees • Limited days in San Marcos • Tricare Provider
<p>The Assessment & Counseling Clinic Website: https://www.txstate.edu/clas/Professional-Counseling/counseling-services/Assessment-and-Counseling-Clinic-SM.html Location: Texas State University Education Building Phone: 512.245.8349</p>	<p>The Assessment & Counseling Clinic (ACC) serves to meet the mental health needs of persons in the university, San Marcos and Hays County communities. Counseling sessions are \$20 per hour, and less for those who cannot afford that price.</p>	<ul style="list-style-type: none"> • Sliding scale • Counseling sessions: \$20 or less per hour • Your fee for counseling will be set by you and your counselor.
<p>Whitney Bliss, LPC Website: http://whitneybliss.net/ Location: 1205 Hwy 123, Suite 305 San Marcos, TX 78666 Phone: 512.400.0174</p>	<ul style="list-style-type: none"> • Individual counseling • Specialties: Trauma, PTSD, sexual abuse, women’s issues • Modalities: Somatic Experiencing, Internal Family Systems, and Mindful Self-Compassion 	<ul style="list-style-type: none"> • Discount for Texas State students • Sliding scale available for select clients • Private pay • Accepted insurances: Blue Cross Blue Shield • 20-minute consultation: FREE • 50-minute session: \$120 • Accepted payment methods: Credit/debit cards, Health Savings Account cards, flexible spending account, check, and cash

Counseling and Assessment Centers in New Braunfels, Texas

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>Dr. Michele LaRoe, MD, PA *Dr. Whitney H. Mitchell, MD</p> <p>Location: 910 Gruene Road, Building 1 New Braunfels, TX 78130</p> <p>Phone: 830.625.0600</p>	<ul style="list-style-type: none"> • Dr. LaRoe: <ul style="list-style-type: none"> ○ Specialties: Anxiety, fears, panic disorder, OCD, depression, bipolar disorder, mood disorders, relationship issues, ADHD, loss or grief, family conflict, medication management, psychotherapy ○ Treatments: Evaluation and medication management as indicated, Cognitive Behavioral (CBT), Eclectic, Psychodynamic, and individual therapy • Dr. Mitchell: <ul style="list-style-type: none"> ○ Specialties: Mood disorders, anxiety, life transitions, ADHD, Asperger's syndrome, bipolar disorder, chronic pain, coping skills, depression, divorce, eating disorders, grief, OCD, parenting, relationship issues, trauma, and PTSD ○ Treatments: Medication management, Psychodynamic, and individual therapy 	<ul style="list-style-type: none"> • Dr. LaRoe: <ul style="list-style-type: none"> ○ Accepted insurances: None ○ Fee for service private practice ○ Out-of-network insurance benefits ○ Average cost per session: \$125-\$300 ○ Accepted methods of payment: Cash, check, MasterCard, Visa, and Discovery • Dr. Mitchell: <ul style="list-style-type: none"> ○ Accepted insurances: None ○ Out-of-network insurance benefits ○ Average cost per session: \$140-\$220 ○ Accepted payment methods: MasterCard and Visa
<p>New Braunfels Psychiatry</p> <p>Website: https://newbraunfelspsychiatry.com/</p> <p>Location: 1260 River Acres Drive New Braunfels, TX 78123</p> <p>Phone: 830.730.5920</p> <p>Physicians:</p> <ul style="list-style-type: none"> • Dr. Richard W. Senyszyn, MD • Dr. Claire Coco, MD 	<ul style="list-style-type: none"> • Testing, evaluation, and monitoring services • Specializes in treatment of adult ADHD • Specializes in treatment of opioid dependence with Suboxone 	<ul style="list-style-type: none"> • Initial evaluation/drug screening: \$375 • Follow-up session: \$150-\$250 • Insurance not accepted • Accepted payment methods: Cash, checks, and credit cards

Counseling and Assessment Centers in Austin, Texas

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>*Austin Center for Therapy and Assessment Website: https://www.austincta.com/ Location: 8103 Broke Lane, Suite 1 Austin, TX 78745 Phone: 512.282.ACTA (2282) Email: abautista@austincta.com</p>	<p>Neuropsychological assessment, psychological assessment, ADHD testing and assessment, cognitive rehabilitation, individual counseling, couples counseling, EMDR, hypnosis, school diagnostic and accommodation dispute evaluation, gifted and talented assessment, parent coaching and consultation, group counseling, TCLEOSE evaluations, Bariatric pre-surgical evaluations, deep brain stimulation pre-surgical evaluation, spinal cord stimulator pre-surgical evaluations, Federal Air Administration Neuropsychological evaluations, and Texas Board of Nursing Psychological Evaluations</p>	<ul style="list-style-type: none"> • DARS providers • Accepted insurances: Humana, Blue Cross Blue Shield, Tricare, United Healthcare/United Behavioral Health/Optum, Medicare, Aetna (for counseling only), Whole Food, Flatwater Foundation, and out of network. • Accepted payment methods: Cash, checks, Visa, and MasterCard
<p>Austin Neuropsychology Website: https://www.psychologytoday.com/us/therapists/austin-neuropsychology-austin-tx/307696 Location: 711 W. 38th Street, Building F2 Austin, TX 78705 Phone: 512.637.5841</p>	<ul style="list-style-type: none"> • Initial Consultation • Testing and evaluation • Feedback session 	<ul style="list-style-type: none"> • Accepted insurances: Call office for insurance information and referral information • Neuropsychological evaluations: \$800-\$2,500 • Cognitive rehabilitation: \$50 for each 15-minute session • The Cogmed working memory intervention: \$1,500 • Cognitive Coaching: \$75-\$90 per session • School Advocacy: \$250 for the first hour and \$30 for each additional 15 minutes • Accepted payment methods: HSA/FSA plans, MasterCard, Visa, Discover, cash, and checks
<p>Austin Psychology & Assessment Center Website: https://www.apacenter.com/ Locations:</p> <ul style="list-style-type: none"> • 6012 W. William Cannon Drive, Suite B-103 Austin, TX 78749 • 248 Addie Roy Road, Suite B-105 Austin, TX 78746 <p>Phone: 512.891.1500 Email: info@apacenter.com</p>	<ul style="list-style-type: none"> • Specialties: Emotional well-being, ADD/ADHD, dyslexia, other learning disabilities, autism spectrum disorders, parenting • Neuropsychological and psychological assessment • Individual, couples, and family therapy • Educational support • Consultation • Psychology presentations 	<ul style="list-style-type: none"> • Initial consultation with a licensed psychologist: \$250 • Initial consultation with a Post-doctoral psychology resident: \$175 • DARS provider • Accepted insurances: Seton Health Plan, Work with Health Savings Account, and Flexible Spending Account • Out-of-network provider

Clinic/Physician	Services	Fees
<p>Austin Psychological and Testing Center Website: https://www.austintestingandtherapy.com/ Location: 2403 W. Ben White Boulevard Austin, TX 78704 Phone: 512.707.2782</p>	<ul style="list-style-type: none"> • Diagnostic and psychotherapy specializing in the assessment and treatment of child development disorders including ADHD, autism spectrum disorder, and learning disabilities in children, adolescents, and adults • ADHD assessments, autism spectrum disorder assessment, psychological testing, learning disabilities testing, skills training groups, parent coaching, mastering efficiency classes, and psychotherapy 	<ul style="list-style-type: none"> • Without insurance: \$658.50-\$1258.50 • Initial consult: \$150
<p>Central Texas Veterans Health Care System Website: https://www.va.gov/ Locations & phone numbers:*</p> <ul style="list-style-type: none"> • 7901 Metropolis Dr. Austin, TX 78744 Phone: 512.823.4000 • 600 North Bell Boulevard Cedar Park, TX 78613 Phone: 800.423.2111 <p>*Other locations available</p>	<ul style="list-style-type: none"> • Services for Veterans • Blind rehabilitation • Chiropractic clinic • Dental • Education services • Dental • Fitness rehabilitation program • Health promotion disease prevention program • Home based primary care • Home telehealth • LGBT program • MOVE! program • Medical services • Mental health services • Occupational therapy • Physical therapy • Pharmacy services • EMG services • PTSD residential rehabilitation program • PAVE program • Prosthetics and sensory aids • Recreational therapy • Registered nurse triage call center • Speech-language pathology program 	<ul style="list-style-type: none"> • Services vary by location • Eligibility required - Services for Veterans only

Clinic/Physician	Services	Fees
<p>Dr. Whitney Hall Website: https://drwhitneyhall.com/ Location: 1015 Avondale Austin, TX 78704 Phone: 512.909.9865 Email: drhall@drwhitneyhall.com</p>	<ul style="list-style-type: none"> • Assessments and evaluations for ADD, ADHD, dyslexia, and dysgraphia • Therapy and ADHD coaching 	<ul style="list-style-type: none"> • Prices vary by the type of service being offered. Call for specific prices. • Accepted payment methods: Cash, check, most major credit cards, and available payment plans
<p>Lara Hernandez, M.S., LPA, LPC Website: https://www.attentionlab.com/ Location: 3810 Medical Parkway, Suite 255 Austin, TX 78756 Phone: 512.992.6083 Email: larahtherapy@gmail.com</p>	<ul style="list-style-type: none"> • Mindfulness based cognitive behavioral therapy • ADD/ADHD coaching • Organizational skills for adults • Parenting classes for parents with children with ADHD 	<ul style="list-style-type: none"> • Free initial 30-minute consultation • \$125/50 minute session • Accepted payment methods: Cash, check, and most major credit cards • Out of network provider, will write receipts to file with insurance
<p>Lonestar Psychological Services Website: http://www.lonestarpsych.com/ Location: 1016 La Posada Drive, Suite 285 Austin, TX 78752 Phone: 512.206.0808 Email: info@apacenter.com</p>	<ul style="list-style-type: none"> • Therapeutic Services: <ul style="list-style-type: none"> ○ Richard K. Yuen, Ph.D. ○ Terry Cook, LPC • Evaluation Services: General Psychological Evaluation, Child Custody Evaluation (Parent/Caregiver), Child Custody Evaluation (Child), Competency Evaluation, Substance Abuse Evaluation, Addiction Evaluation, Bariatric Evaluation, ADHD Evaluation, Chronic Pain-Related Evaluation, Dementia & Cognitive Evaluation, Gender Reassignment Evaluation, Learning Disability Evaluation, Intelligence & Achievement Evaluation, Career/Vocational Evaluation, and Sex Offender Evaluation 	<ul style="list-style-type: none"> • Sliding scale rates offered on limited basis to those who qualify • Accepted insurances: Most • Evaluation service: Depends on evaluation type. Contact office for more information. • Initial assessment: \$175 • Counseling follow-up: \$125 • Hypnotherapy intake: \$275 • Psychological assessment per hour: \$180

Clinic/Physician	Services	Fees
<p>Neurobehavioral Institute of Austin Website: https://www.neurobehavioralaustrin.com/ Location: 3660 Stoneridge Road, Building F-101 Austin, TX 78746 Phone: 512.329.8222</p>	<ul style="list-style-type: none"> • Neuropsychological and psychological assessments: Evaluations of the following areas: intellectual abilities, attention/concentration, memory functions, language functions, sensory-perceptual functions, executive functions (sequencing, planning, organizing), academic achievement, and personality/emotional functioning • Psychiatric services • Child, adolescent, and adult therapy • Family counseling • Cogmed Working Memory Training • School placement and educational consultation 	<ul style="list-style-type: none"> • Accepted insurances: Most take Blue Cross Blue Shield and no other insurance accepted • Assessments price: \$2400-\$2800
<p>The LIFE Empowerment Center Website: https://www.tlec.info/ Location: 2111 Dickson Dr., Suite 14 Austin, TX 78704 Phone: 512.804.2343</p>	<ul style="list-style-type: none"> • Specializes in ADHD counseling • ADHD assessments • Public speaking workshops • Counseling with conditions such as: <ul style="list-style-type: none"> ○ Anxiety ○ Depression ○ Learning differences ○ Bipolar disorder ○ OCD ○ PTSD • Academic challenges 	<p>Prices vary by the type of service being provided. Call for more information.</p>

Counseling and Assessment Centers in Round Rock, Texas

Clinic/Physician	Services	Fees
<p>Bluebonnet Trails Community Services Website: http://bbtrails.org/ Locations & phone numbers:*</p> <ul style="list-style-type: none"> • 1009 N. Georgetown St. Round Rock, TX 78664 Phone: 844.309.6385 • 1401 Medical Parkway Medical Office Building II, Ste. 300 Cedar Park, TX 78613 Phone: 512.259.1811 	<ul style="list-style-type: none"> • Crisis services • Autism services • Behavioral health services • ClearPath program • Early childhood intervention • Family health care • Information for consumers • Intellectual developmental disabilities (IDD) services • Justice involved services • Mental health first aid • Peer support services 	<p>Most insurance accepted, including Medicaid and Medicare</p>

*Spanish-speakers available

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>*Other locations available</p>	<ul style="list-style-type: none"> • Substance use services • Supported employment • Housing programs • Veterans services 	
<p>Psychotherapy Associates Website: http://www.psychotherapyassociatesrr.com/index Location: 400 West Main St., Suite 104 Round Rock, TX 78664 Phone: 512.750.5098 Email: info@psychotherapyassociatesrr.com</p>	<p>Psychological evaluation, psycho-social assessments, referrals, divorce counseling, substance abuse counseling, anger management skills, and child, adolescent, individual, couples, and family therapy</p>	<ul style="list-style-type: none"> • Average cost per session: \$50 - \$120 • Sliding scale • Accepted payment methods: Cash, check, Mastercard, and Visa • Most insurances accepted
<p>Round Rock Psychological Services Website: https://www.drdanroberts.com/ Location: 1000 Heritage Center Circle #118 Round Rock, TX 78664 Phone: 512.669.2799 Email: drroberts@rrockpsych.com</p>	<p>Psychological assessments, neuropsychological assessments, counseling, psychotherapy, and forensic evaluations</p>	<ul style="list-style-type: none"> • Intake/Initial Session: \$155 • Psychotherapy: \$120 per 45 minutes, \$150 per hour • Psychological assessment: \$120 per hour • Neuropsychological assessment: \$120 per hour • All forensic services: \$150-\$250 per hour • Listed as an In Network and accept assignment of benefits only for Medicare Part B

Counseling and Assessment Centers in San Antonio, Texas

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>Mission Psychology Website: http://www.sa-mh.com/ Location: 7400 Blanco Road, Suite 126 San Antonio, TX 78216 Phone: 210.699.8700 ext. 0 Email: info@missionpsychology.com</p>	<ul style="list-style-type: none"> • Neuropsychological assessments for: ADD/ADHD, dyslexia, math-related learning disabilities, autism, TBI, seizure disorders, depression, anxiety, and other cognitive conditions that affect memory, and attention • Psychotherapy 	<ul style="list-style-type: none"> • Average cost per session: \$150 - \$200 • Accepted insurances: Aetna, Blue Cross Blue shield, GEHA, Medicare, Multiplan, TRICARE, United Healthcare, ValueOptions, and out of network • Accepted payment methods: Cash, check, Mastercard, and Visa

Clinic/Physician	Services	Fees
<p>San Antonio Counseling & Behavioral Center</p> <p>Website: https://sacounselingcenter.com/</p> <p>Locations and phone numbers:</p> <ul style="list-style-type: none"> • Medical Center Branch 4201 Medical Drive #330 San Antonio, TX 78229 Phone: 210.614.4990 • Downtown Branch 2300 W. Commerce #306 San Antonio, TX 78207 Phone: 210.614.4990 • Airport Branch 8626 Tesoro Drive, Suite 202 San Antonio, TX 78217 	<ul style="list-style-type: none"> • Diagnostic evaluations: Learning disabilities, ADHD, anxiety disorders, autistic and Asperger's disorders screenings, depression, bipolar disorders, dyslexia, and eating disorders • Counseling services: Marriage and relationship counseling, family therapy, individual psychotherapy, and adolescent psychotherapy 	<ul style="list-style-type: none"> • Accepted insurances: Most • Employee Assistance Program provider • Medicaid provider • Medicare provider • Initial counseling session with licensed professional counselor to determine need for evaluation: \$100 • Screenings: \$70-\$150
<p>*South Texas Neuropsychology</p> <p>Website: http://www.southtexasneuropsychology.com/index.php/our-services</p> <p>Location: 16014 Via Shavano San Antonio, TX 78249</p> <p>Phone: 210.614.3011</p>	<ul style="list-style-type: none"> • Patient-centered neuropsychological evaluations and evidence-based treatment interventions for individuals with known or suspected conditions affecting cognitive abilities • Alzheimer's, stroke, traumatic brain injury, and psychiatric disorders 	<ul style="list-style-type: none"> • Accepted insurances: Blue Cross and Blue Shield, Humana, Tricare, Medicare, Aetna, and United Behavioral Health • Accepted payment methods: Cash, check, and major credit cards
<p>*The Center for Health Care Services</p> <p>Website: https://chcsbc.org/</p> <p>Location: 6800 Park Ten Blvd., Suite 200-S San Antonio, TX 78213</p> <p>Phone:</p> <ul style="list-style-type: none"> • 210.261.1250 (Non-Emergency) • 800.316.9241 (Emergency Crisis & Substance Abuse Line) 	<ul style="list-style-type: none"> • Crisis care services • Mental health services • Treatment for substance use disorders • Programs for intellectual and development disabilities • Children's services • Transformational services for homelessness • Community reintegration and therapeutic justice services • Recovery and health services • Primary care • Veteran's services 	<ul style="list-style-type: none"> • Accepts most insurances • Eligibility requirements per program

Virtual Counseling Services

Clinic/Physician	Services	Fees
BetterHelp Website: https://www.betterhelp.com/ App available for IOS and Android	<ul style="list-style-type: none"> • Individual counseling • Couples counseling • Teen counseling • Live chat sessions • Live video sessions • Live phone sessions • Pick the right therapist for your needs 	<ul style="list-style-type: none"> • \$40-\$70/week • Billed monthly • Insurance accepted: None • Can cancel subscription any time
Faithful Counseling Website: https://www.faithfulcounseling.com/ App available for IOS and Android	<ul style="list-style-type: none"> • Individual counseling • Text sessions • Video sessions • Phone sessions • Faith based counseling 	<ul style="list-style-type: none"> • Insurance accepted: None • \$40-\$70/week • Billed monthly
HealthSapiens Website: https://order.healthsapiens.com/lp?aff=natint&pt=bh&s1=Wrz4yMcbpK	<ul style="list-style-type: none"> • Individual counseling • Video sessions • Phone sessions • Email sessions 	<ul style="list-style-type: none"> • Insurance accepted: Depending on coverage • \$197/month
Online-Therapy Website: https://www.online-therapy.com/?ref=137200&click_id=ze1aeyABAY	<ul style="list-style-type: none"> • Individual counseling • Video/audio/text chapters to help you overcome challenges • Worksheets throughout chapters • 30 minutes of live chat/week • Text sessions throughout the week • Journaling • Activity plan • Yoga videos 	<ul style="list-style-type: none"> • Insurance accepted: None • Basic: \$39.95/week <ul style="list-style-type: none"> ○ Therapy ○ Chapters/worksheets ○ Daily therapist feedback • Standard: \$47.96/week <ul style="list-style-type: none"> ○ Therapy ○ Chapters/worksheets ○ Daily therapist feedback ○ 1 live chat session/week ○ Text sessions • Premium: \$79.95/week <ul style="list-style-type: none"> ○ Therapy ○ Chapters/worksheets ○ Daily therapist feedback ○ 2 live chat sessions/week ○ Text sessions ○ Express replies
Pride Counseling Website: https://www.pridecounseling.com/ App available for IOS and Android	<ul style="list-style-type: none"> • Individual counseling • Affirming to LGBTQIA+ identities • Text sessions • Live chat sessions • Video sessions • Phone sessions 	<ul style="list-style-type: none"> • Insurance accepted: None • \$40-\$70/week • Billed monthly

Clinic/Physician	Services	Fees
ReGain Website: https://www.regain.us/ App available for IOS and Android	<ul style="list-style-type: none"> • Individual counseling • Couples counseling • Text sessions • Video sessions • Phone sessions • Pick your therapist 	<ul style="list-style-type: none"> • Insurance accepted: None • \$40-\$70/week • Billed monthly
Talkspace Website: https://www.talkspace.com/ App available for IOS and Android	<ul style="list-style-type: none"> • Individual counseling • Couples counseling • Teen counseling • Text sessions • Video sessions • Phone sessions • Pick your therapist 	<ul style="list-style-type: none"> • Insurance accepted: Some employee assistance programs • Individual therapy plans: <ul style="list-style-type: none"> ○ \$260/month for text, video, and audio sessions ○ \$316/month for unlimited text, video and audio, and one live session per month ○ \$396/month for unlimited text, video and audio, and four live sessions per month • Couples therapy payment plans: <ul style="list-style-type: none"> ○ \$396/month ○ \$1068/3 months

Neurologists

Clinic/Physician	Services	Fees
Neurology Associates Website: http://www.texasneuroassoc.com/ Location: 255 E. Sonterra Blvd., Suites 210 & 211 San Antonio, TX 78258 Phone: 210.656.1333 Physicians: <ul style="list-style-type: none"> • Eric J. Pappert, M.D. • Santiago Restrepo, M.D. • Toan Q. Vu, M.D. • Maria Vikki Alvarez, M.D. • Patrick Grogan, M.D. • Michael I. Garcia, Ph.D. 	<ul style="list-style-type: none"> • Neurological evaluation • Alzheimer's disease and memory disorders • Back and neck pain • Balance and gait disorders • Botulinum toxin injections • Deep brain stimulation • EMG/Electromyography and nerve conduction studies • Epilepsy diagnosis and management • Migraine and other headache disorders • Movement disorders • Multiple sclerosis and spasticity management • Neuropsychology • Parkinson's disease • Sleep disorders • Stroke 	<ul style="list-style-type: none"> • Initial fee for evaluation and treatment: \$365 • Follow-up session: \$80- \$200 • Accepted payment method: Cash, checks, and credit cards • Accepted insurances: Various including Secondary Medicaid • Excludes Affordable Care Act Plans

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
	<ul style="list-style-type: none"> • Vagal nerve stimulator 	
Neurology Clinic of Central Texas Website: http://www.ncoct.com/ Location: 224 Hunters Village New Braunfels, TX 78132 Phone: 830.606.9142 Physicians: <ul style="list-style-type: none"> • Bill D. Davis, M.D. • Lisa Emmendorfer, RN, MSN, ANP-C • Connie Kiser, DNP, MSN, FNP-C 	<ul style="list-style-type: none"> • Electromyography/nerve conduction velocity (EMG/NCV) • Electroencephalography (EEG) • Botulinum toxin • Deep brain stimulation • Lumbar puncture • MRI/CT/X-Ray 	<ul style="list-style-type: none"> • Referral needed • Initial fee: \$300-\$400 • Standard fee: \$120-\$210 • Accepted payment method: Cash, checks, and credit cards • Accepted insurances: Various. Excluding HMO and Cigna
Neuro Texas Website: https://www.neurotexas.net/ Location: 1340 Wonder World Drive, Suite 2300 San Marcos, TX 78666 Phone: 512.654.4550 Physicians: <ul style="list-style-type: none"> • Mark G. Burnett, M.D. • Douglas J. Fox, M.D. • James S. Waldron, M.D. • K. Michael Webb, M.D. 	<ul style="list-style-type: none"> • Spinal disorder treatments • Brain aneurysm and cerebrovascular Disease treatments • Brain and neuro-oncology treatments • Peripheral nerve disorder treatments 	Accepted insurances: Most major health plans including Medicare, Medicaid, and Superior Health plans

General Services

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
CommuniCare Health Centers Website: https://www.communicaresa.org/ Location:* 1941 S. Interstate 35 San Marcos, TX 78666 Phone: 512.268.8900 *Other locations available	<ul style="list-style-type: none"> • Pediatrics • Family medicine • Senior care • Women's health • Lab services • Dental • Behavioral health • WIC services *Services based on location	<ul style="list-style-type: none"> • Low cost health care • Discount Program - eligibility required • Multiple health insurances accepted including Medicaid, CHIP, and Medicare

Clinic/Physician	Services	Fees
<p>Healthy Texas Women</p> <p>Website: https://www.healthytexaswomen.org/</p> <p>Location: Multiple clinic locations available in the Central Texas area, including San Marcos & Round Rock</p> <p>Phone: 1.866.993.9972 (Toll Free)</p>	<p>Women's health services</p>	<ul style="list-style-type: none"> • No cost • Eligibility required
<p>Live Oak Health Partners Community Clinics</p> <p>Website: https://www.liveoakhealthpartners.com/</p> <p>Location:* 1320 Wonder World Dr., Suite 101 San Marcos, TX 78666</p> <p>Phone: 512.396.3911</p> <p>*Other locations available</p>	<ul style="list-style-type: none"> • Allergy and sinus • Community clinic • da Vinci robotic surgery • Primary care • General surgery • Obstetrics and gynecology • Internal medicine • Orthopedics • Pulmonology & critical care • Walk-in care • Weight loss 	<p>Multiple health insurances accepted</p>
<p>San Marcos Family Medicine</p> <p>Website: https://www.smfm.net/</p> <p>Location: 2406 Hunter Road, Suite 106 San Marcos, TX 78666</p> <p>Phone: 512.504.7640</p>	<ul style="list-style-type: none"> • Women's health • Allergies • Diabetes • Weight loss • High blood pressure • High cholesterol • Wellness • Urgent care 	<ul style="list-style-type: none"> • Standard fee: \$25 • Follow-up visits: \$120+ • Accepted payment methods: Cash, checks, and credit cards • Accepted insurances: Majority of PPO providers, Blue Cross/Blue Shield (HMO), and Humana Premier (HMO). Excludes Medicaid
<p>Warrior Wellness and Recovery</p> <p>Website: http://www.warriorwellnessandrecovery.com/home.html</p> <p>Location: 1101 East FM 150 Kyle, TX 78640</p> <p>Phone: 512.262.0184</p>	<ul style="list-style-type: none"> • Specialties: Auto injury recovery, work comp recovery, chiropractic sports science, back pain, neck pain, joint relief, headaches, total body wellness • Natural pain relief techniques: Chiropractic functional neurology, NMT, chiropractic therapies and adjustments, relaxation therapies, supplements, cell health therapies 	<ul style="list-style-type: none"> • Standard fee: \$150-\$250 • Accepted payment methods: Cash, checks, and credit cards • Accepted insurances: Blue Cross Blue Shield, United Health Care, Humana, Aetna, and Cigna

Veterinarians in San Marcos, Texas

Clinic/Physician	Services	Fees
<p>San Marcos Veterinary Clinic Website: https://sanmarcosvetclinic.com/ Location: 1980 Old Ranch Road 12 San Marcos, TX 78666 Phone: 512.392.7107</p>	<ul style="list-style-type: none"> • General medical services • Preventative services • Surgical services • Grooming • Dentistry 	<ul style="list-style-type: none"> • Fees vary based on services provided • Requires payment at the time of service
<p>Springtown Veterinary Hospital Website: http://www.springtownvet.com/ Location: 415 Springtown Way San Marcos, TX 78666 Phone: 512.353.2717</p>	<ul style="list-style-type: none"> • Boarding • Emergency care • Dental • Wellness care • Diagnostic care • Surgical care • Spay and neuter • Online pharmacy 	<ul style="list-style-type: none"> • Fees vary based on services provided • Requires payment at the time of service
<p>Tickle-Blagg Animal Hospital Website: https://www.tickleblagg.com/ Location: 1100 Hwy 80 San Marcos, TX 78666 Phone: 512.353.1871</p>	<ul style="list-style-type: none"> • Diagnostic care • Surgical care • Anesthesia • Ultrasound consultation • Radiology • ECG care • Dentistry • Lab services • Flea control • Dietary consultation • Grooming • Emergency care 	<ul style="list-style-type: none"> • Fees vary based on services provided • Requires payment at the time of service • For emergencies, a CareCredit payment plan can be established.
<p>Williams-Sebby Veterinary Clinic & Pet Resort Website: https://williams-sebbyvetclinic.com/ Location: 131 Coachman Dr. San Marcos, TX 78666 Phone: 512.396.1996</p>	<ul style="list-style-type: none"> • Emergency care • Wellness care • Adoptions • Dental • Spay and neuter • Injury treatment • Boarding • Grooming • Behavioral training • Service dog training 	<ul style="list-style-type: none"> • Fees vary based on services provided. • Requires payment at the time of service • For emergencies, a CareCredit payment plan can be established.

Veterinarians in Austin and Round Rock, Texas

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>THRIVE Veterinarian Website: https://www.thrivevet.com/ Locations and phone numbers:*</p> <ul style="list-style-type: none"> • 529 W Oltorf St. Austin, TX 78704 Phone: 512.900.3769 • 1824 W Slaughter Ln Austin, TX 78748 Phone: 737.931.0546 <p>*Other locations available</p>	<ul style="list-style-type: none"> • Vaccinations • Microchips • Wellness exams • Heartworm prevention • Flea and tick treatment/prevention • Skin care • Surgical care • Spay and neuter • Dental 	<ul style="list-style-type: none"> • Fees vary based on services provided. • Requires payment at the time of service • \$30 examinations
<p>Vista Vet Website: https://vistapetvet.com/ Location: 5120 N AW Grimes Blvd Round Rock, TX 78665 Phone: 512.240.7070</p>	<ul style="list-style-type: none"> • Kitten care • Puppy care • Senior care • Cardiology • Dental • Anesthesia • Radiology • Pain management • Emergency care • Boarding • Grooming 	<ul style="list-style-type: none"> • Fees vary based on services provided. • Requires payment at the time of service

Veterinarians in San Antonio, Texas

<u>Clinic/Physician</u>	<u>Services</u>	<u>Fees</u>
<p>Affordable Pet Care - Basse Website: https://www.affordablepetcarebasse.com/ Location: 1362 Basse Road San Antonio, TX 78212 Phone: 210.951.4265</p>	<ul style="list-style-type: none"> • Diagnostic care • Radiography • Ultrasound consultation • Internal medicine care • Soft tissue surgical care • Orthopedic surgical care • Elective surgical care • Dental • Wellness exams • Flea and tick treatment/prevention 	<ul style="list-style-type: none"> • Fees vary based on services provided. • Requires payment at the time of service

Clinic/Physician	Services	Fees
Affordable Pet Care Northwest Website: https://apcnw.com/ Location: 5443 Grissom Road San Antonio, TX 78238 Phone: 210.684.2273	<ul style="list-style-type: none"> • Diagnostic care • Radiography • Ultrasound consultation • Internal medicine care • Soft tissue surgical care • Orthopedic surgical care • Elective surgical care • Dental • Wellness exams • Flea and tick treatment/prevention 	<ul style="list-style-type: none"> • Fees vary based on services provided. • Requires payment at the time of service
THRIVE Veterinarian Website: https://www.thrivevet.com/ Location: 1211 Austin Hwy San Antonio, TX 78209 Phone: 210.742.9508	<ul style="list-style-type: none"> • Vaccinations • Microchips • Wellness exams • Heartworm prevention • Flea and tick treatment/prevention • Skin care • Surgical care • Spay and neuter • Dental 	<ul style="list-style-type: none"> • Fees vary based on services provided. • Requires payment at the time of service • \$30 examinations

Medical Equipment Rentals

Clinic/Physician	Services	Fees
Ability Scooters Website: https://abilitiescooters.com/ Location: 10844 Gulfdale Dr. San Antonio, TX 78216 Phone: 210.315.8242	<ul style="list-style-type: none"> • Mobility equipment for purchase • Services mobility equipment • Rentals • Repairs 	<ul style="list-style-type: none"> • Accepted insurances: None • Cost varies on type/size of equipment rented • Manual wheelchair rentals: <ul style="list-style-type: none"> ○ Starts at \$20/day ○ Sliding scale for longer periods of time • Call for more information on other types of equipment
Kerring Group Home Medical Equipment Website: http://kgaustin.com/ Location: 4000 Medical Parkway Austin, TX 78756 Phone: <ul style="list-style-type: none"> • 512.451.8853 • 877.451.8852 (Toll Free) 	<ul style="list-style-type: none"> • Full line of medical equipment for purchase • Rentals • Repairs 	<ul style="list-style-type: none"> • Accepted insurances: None • Cost varies on type/size of equipment rented • Manual wheelchair rentals: <ul style="list-style-type: none"> ○ \$12/day (2 day minimum) ○ \$60/week ○ \$125/month • Call for more information on other types of equipment

Clinic/Physician	Services	Fees
<p>Martin Mobility Website: https://martinmobility.com Locations and phone numbers:</p> <ul style="list-style-type: none"> • 7801 N. Lamar Blvd, Suite C65 Austin, TX 78752 Phone: 512.476.0500 • 3010 Williams Dr., Suite 208 Georgetown, TX 78628 <p>Phone: 512.863.2929</p>	<ul style="list-style-type: none"> • Full line of medical equipment for purchase • Services mobility equipment • Rentals • Repairs 	<ul style="list-style-type: none"> • Accepted insurances: None • Cost varies on type/size of equipment rented • Manual wheelchair rentals: <ul style="list-style-type: none"> ○ \$45/week ○ \$135/month • Call for more information on other types of equipment
<p>Restoring Mobility, LLC Website: https://www.restoringmob.com/ Locations: 1324 E Common St New Braunfels, TX 78130 Phone:</p> <ul style="list-style-type: none"> • 830.626.0051 (New Braunfels) • 210.274.5666 (San Antonio) 	<ul style="list-style-type: none"> • Services mobility equipment • Rentals • Repairs 	<ul style="list-style-type: none"> • Accepted insurances: None • Cost varies on type/size of equipment rented • Manual wheelchair rentals: <ul style="list-style-type: none"> ○ \$80/2 weeks ○ \$140/month • Call for more information on other types of equipment
<p>Tom's Wheelchair Rentals Website: https://tomswheelchairs.com/ Location: 118 Broadway St., Suite 540 San Antonio, TX 78205 Phone: 210.223.7878</p>	<ul style="list-style-type: none"> • Repairs • Rentals 	<ul style="list-style-type: none"> • Accepted insurances: None • Manual wheelchair rentals: <ul style="list-style-type: none"> ○ \$25/day ○ \$40/2 days ○ \$75/week
<p>Travis Medical Website: https://www.travismedical.com/ Location: 3201 Industrial Terrace Austin, TX 78758 Phone: 512.458.4589</p>	<ul style="list-style-type: none"> • Full line of medical equipment for purchase • Services mobility equipment • Rentals • Repairs 	<ul style="list-style-type: none"> • Accepted insurances: None • Cost varies on type/size of equipment rented • Manual wheelchair rentals: <ul style="list-style-type: none"> ○ \$120-\$200/month depending on size • Call for more information on other types of equipment

Clinic/Physician	Services	Fees
<p>Wheelchairs Etc.</p> <p>Website: https://wheelchairsetc.net/</p> <p>Location: 1860 Seguin Ave., Unit B-1 New Braunfels, TX 78130</p> <p>Phone: 830.626.5400</p>	<ul style="list-style-type: none"> • Full line of medical equipment for purchase • Rentals 	<ul style="list-style-type: none"> • Accepted insurances: Most • Cost varies on type/size of equipment rented • Manual wheelchair rentals: <ul style="list-style-type: none"> ○ \$20/day ○ \$50/week ○ \$100/month • Call for more information on other types of equipment

Community Resources – San Marcos, Round Rock, & Other Central Texas Areas

Clinic/Physician	Services	Fees
<p>ARCIL, Inc.</p> <p>Website: http://arcilinc.org/index.php</p> <p>Locations & phone numbers:</p> <ul style="list-style-type: none"> • ARCIL San Marcos 618 South Guadalupe, Suite 103 San Marcos, TX 78666 Phone: 512.396.5790 • ARCIL Round Rock 525 Round Rock West Dr., Suite A120 Round Rock, TX 78681 Phone: 512.828.4624 • ARCIL, Inc. 8200 Cameron Road, Suite C154 Austin, TX 78754 Phone: 512.832.6349 	<ul style="list-style-type: none"> • “Provides independent living services to person with disabilities, their families, and communities...” • Information and referral • Independent living skills training • Peer counseling and support • Individual and systems advocacy • Transition services • Life skills • WIPA (Work Incentive Planning & Assistance of South-Central Texas) Program 	<ul style="list-style-type: none"> • No fees • Eligibility: “Persons who have any kind of significant disability; physical, cognitive, sensory, or mental are eligible for services.”
<p>Cenikor-San Marcos</p> <p>Website: https://www.cenikor.org/locations/san-marcos/</p> <p>Location:* 1901 Dutton Dr., Suite E San Marcos, TX 78666</p> <p>Phone: 888.236.4567</p> <p>*Other locations available</p>	<ul style="list-style-type: none"> • Adult intensive outpatient services • Adolescent intensive outpatient services • Prevention/PPI services • Youth recovery services 	<ul style="list-style-type: none"> • Services vary by location • Accepted insurances: Most

Clinic/Physician	Services	Fees
<p>*Centro Esperanza Community Center Website: http://www.centroesperanzasmtx.com/ Location: 2045 Spruce St. San Marcos, TX 78666 Phone: 512.353.0356</p>	<ul style="list-style-type: none"> • After-school literacy class • Basic adult computer, ESL and GED • Back to school immunizations • Community service & court ordered volunteers accepted • Daisy Cares pet food • Esperanza Baby Pantry • Food Fair • Glucose Bingo • H.O.P.E. Haven summer youth program • Influenza/flu clinic • Mobile food pantry • Senior Farmers' Market • The Commodity Supplemental Food Program (CSFP) • Utility assistance 	<ul style="list-style-type: none"> • No fees • Eligibility requirements per program
<p>Community Action, Inc. of Central Texas Website: http://communityaction.com/ Location:* 215 S. Reimer Ave., Suite 130 San Marcos, TX 78667 Phone: 512.392.1161 *Other locations available, including in Williamson County</p>	<ul style="list-style-type: none"> • Adult education • Head Start • Family planning • HIV/AIDS assistance • Utility assistance • Breast and cervical cancer outreach • Senior citizens • Prescription assistance • Primary health services • Texas home visiting 	<ul style="list-style-type: none"> • Services vary by location • Low cost services • Eligibility requirements per program
<p>Disability Services of the Southwest Website: https://www.dsswtx.org/ Location:* 1701 Directors Blvd., Ste. #200 Austin, TX 78744 Phone: 512.419.1962</p>	<ul style="list-style-type: none"> • “DSSW’s programs are designed to assist persons with disabilities in achieving the greatest degree of independence possible within their community.” • CLASS (Community Living Assistance and Support Services) - Medicaid waiver program • DBMD (Deaf-Blind with Multiple Disabilities) – Medicaid waiver program • PHC (Primary Home Care) – Medicaid waiver program • CDS (Consumer Directed Services) 	<p>Eligibility requirements per program</p>

Clinic/Physician	Services	Fees
<p>Rural Capital Area Workforce Solutions</p> <p>Website: https://workforcesolutionsrca.com/</p> <p>Locations & phone numbers:*</p> <ul style="list-style-type: none"> • 202 South C.M. Allen Parkway San Marcos, TX 78666 Phone: 512.392.1291 • 575 Round Rock West Drive Building H, Suite 240 Round Rock, TX 78681 Phone: 512.244.2207 <p>*Other locations available</p>	<ul style="list-style-type: none"> • Career and benefits services • Childcare assistance • Computer and internet access • Education and training • How-to workshops • Interview counseling • Job fairs • Job search support • Labor market information • Resume support • Self-assessment tools • Unemployment benefits information • Veterans services • Wage claim and child labor information 	<p>No-cost services</p>
<p>The ARC of the Hill Country</p> <p>Website: http://www.arcofthehillcountry.org/index.html</p> <p>Location: P.O. Box 312338 New Braunfels, TX 78131</p> <p>Phone: 877.476.9864</p>	<ul style="list-style-type: none"> • “Advocates and assists with individuals with intellectual and developmental disabilities in their efforts to achieve education, transportation, recreation, employment and residential living goals.” • Monthly socials/dances • Events held the third Saturday of the month 	<p>No fees</p>