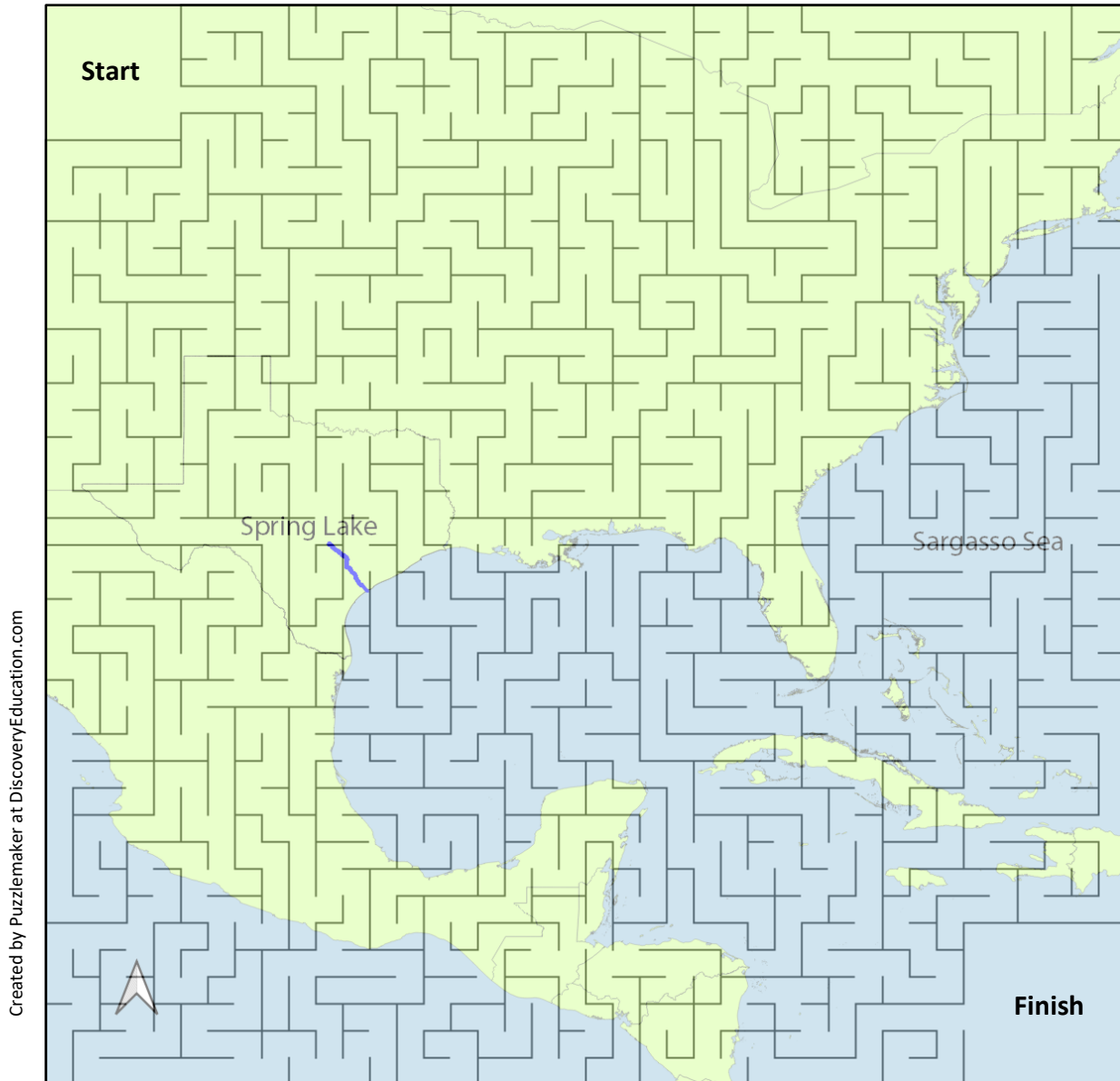


# Help Our American Eel Return to the Sargasso Sea

During its lifetime, the American eel (*Anguilla rostrata*) will migrate to different habitats. American eels begin life in the Sargasso Sea and will migrate into bays and rivers where they reach maturity. Once fully grown, they will return to the Sargasso Sea to reproduce. [Help an eel navigate her way back to the Sargasso Sea to lay her eggs.](#)



## Did you know:

Eels can absorb oxygen through their skin and gills, allowing them to travel over land, particularly wet grass or mud. Eels also can cover their entire bodies with a mucous layer, making them nearly impossible to capture by hand making “slippery as an eel” more than just a figure of speech.

U.S. Fish & Wildlife Service 1 (800) 344-WILD [www.fws.gov](http://www.fws.gov) September 2011



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