**Psychiatry Referrals**

**Sigma Urgent Mental Health Care**

18587 Sigma Rd., Suite 260 ( off Loop 1604 – Stone Oak area)

San Antonio, TX 78258

210-314-4564

<https://www.sigmamhuc.com/>

**Dr. Frederic Wilson**

800 US Highway 290 West, Building B, Suite 400

Dripping Springs, Texas, 78620

512-858-7474

<http://www.fredericwilsonmd.com/home>

**Caroline C. Batenburg, MD**

189 E. Austin Street, Suite 105

(830) 606-0955 New Braunfels, TX 78130

<https://www.withhopeinmind.com/>

Insurance: Cigna, Out of Network for other insurances

**Sara L Koenig Langston**, Psychiatric Nurse Practitioner, APRN, MSN, PMHNP-B

Schertz, TX

<https://www.psychologytoday.com/us/psychiatrists/78666/479218?sid=5e1e379b1e0ed&zipdist=30&ref=9&tr=ResultsName>

**Carma Psychiatry**

13830 Sawyer Ranch Rd | Ste 301 | Dripping Springs, TX 78620

<https://www.carmapsychiatry.com/>

**Richard Senyszyn MD**

1260 River Acres Drive, New Braunfels, Texas 78130

830-730-5920

Services Offered:

* Adult ADHD Evaluation and Treatment
* Suboxone/Buprenorphine Detox and Maintenance Treatment

<http://newbraunfelspsychiatry.com/>

No insurance, initial evaluation and drug screen: $375

**PAUL RICHARD WHITELOCK MD**

2003 Medical Pkwy Ste C

San Marcos, TX 78666

(512) 392-3398

\*No insurance, $400 initial appointment, $100 subsequent appointments

**Communicare**

Offer Behavioral Health services (see website) at their Kyle campus but must be referred from internal Communicare clinicians.

2810 Dacy Lane, Kyle, Texas 78640

(512) 268-8900

<https://www.communicaresa.org/locations/kyle-campus/>

Insurance: Most plans

**Austin Family Mental Health**

**Dr. William Holcomb and several Nurse Practitioners**

2700 Bee Cave Road, Suite 203

Austin, Texas 78746

512-367-5668

<https://www.austinfamilymentalhealth.com/>

To schedule new appointment

<https://www.austinfamilymentalhealth.com/new-patient-inquiry.html>

Insurance: Blue Cross Blue Shield PPO, Magellan Health, Optum (UBH, UMR, UHC, Oscar), Cigna, ComPsych, and Seton

Self-Pay: Initial Appt with Psychiatrist $350, Initial appt with Nurse Practitioner $250

**Dr. Brent Turnipseed and several Physicians Assistants**

**Roots Behavioral Health**

1524 S IH 35, Suite 202, Austin, Texas 78704

512-707-1629

Insurance – several plans

See website for additional location and instructions on requesting appointment

<https://www.rootsbehavioralhealth.com/>

**Greater Austin Psychiatry & Wellness**

**(This is a large group of APRN’s (advance practice registered nurses) and PMHHNP’s (psychiatric mental health nurse practitioners). Both can prescribe medication.**

5424 West US Highway 290 Service Road, Austin, TX, 78735

512-430-1130

Insurance: Blue Cross Blue Shield, Cigna, ComPsych, Humana, Magellan, and some Aetna plans

To schedule an appt: <https://www.greateraustinpsychiatry.com/scheduling/>

<https://www.greateraustinpsychiatry.com/>

**UT Health Austin**

**Mulva Clinic for the Neurosciences**

Health Transformation Building, 7th and 8th Floor

1601 Trinity St., Austin, TX 78712

1-833-UT-CARES (833-882-2737)

**\*Treatment Resistant Depression Clinic**

<https://uthealthaustin.org/conditions/treatment-resistant-depression>

**\*Bipolar Clinic**

<https://uthealthaustin.org/conditions/bipolar-disorder>

**Scheib Center**

1200 N Bishop St, San Marcos, TX 78666

(512) 392-7151

This is the Hill Country MHDD location in San Marcos. Appropriate for students who may be on Medicaid or someone who is withdrawing from school. They serve adults with severe mental illness.

**Integral Care – Adult Services**

512-472-HELP (4357).

This is the community mental health organization that serves Austin and Travis County. For more information on their services, click on the link below.

<https://integralcare.org/en/adult-service/>

**Bluebonnet Trails Community Services**

This is the community mental health organization that serves the Central Texas Counties of Texas: Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson County.

Intake Line: 1-844-309-6385

<http://bbtrails.org/services/>