

**DRUG-FREE SCHOOLS AND COMMUNITY ACT
BIENNIAL REPORT 2009-2010**



TEXAS STATE UNIVERSITY – SAN MARCOS

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PURPOSE

The purpose of the Drug and Alcohol Abuse Prevention regulations is to implement section 22 of the Drug-Free Schools and Communities Act Amendments of 1989, which added section 1213 to the Higher Education Act. These amendments require that, as a condition of receiving funds or any other form of financial assistance under any Federal program, an institution of higher education (IHE) must certify that it has adopted and implemented a drug prevention program. This information comes directly from the Education Department General Administrative Regulations (EDGAR) 34 CFR Part 86, December 2008, which details compliance components required of all IHE's receiving Federal funding.

The Drug-Free Schools and Campuses Regulations require an IHE to certify it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. Failure to comply with the Drug-Free Schools and Campuses Regulations may forfeit an institution's eligibility for Federal funding. EDGAR Part 86 establishes a set of minimum requirements for college substance use programs. Colleges and universities may have additional obligations under state law, including recent court decisions in lawsuits brought against IHE's by college and university students and employees.

The Compliance Checklist and the Supplemental Checklist, developed by the United States Department of Education's Higher Education Center for Alcohol and Other Drug Abuse and Violence Prevention, highlights the legal requirements of the Drug-Free Schools and Campuses Regulations. Completing these checklists will ensure that each campus has a sense of what has been done to satisfy the minimum requirements. To read the EDGAR, visit www.ed.gov/policy/fund/reg/edgarReg/edlite-part86a.html.

This report reflects the prevention and education activities of Texas State University - San Marcos in the years 2009 and 2010. As a point of clarification, effective September 1, 2010 a re-organization process dissolved the Alcohol and Drug Resource Center (ADRC), operated under the Counseling Center. Staff, resources, research and other programs were divided between the Student Health Center and the Dean of Students Office. Health Promotion Services (HPS), formerly known as Health Education Resource Center, provides most of the prevention and education programs for the university community, with the exception of those programs conducted by other individual departments, and operates out of the Student Health Center. Alcohol and Drug Compliance Services (ADCS) was created in order to provide a resource for completing sanction requirements for students charged with violation of the alcohol and drug policies and procedures in the Code of Student Conduct. ADCS is now a component of the Dean of Students Office, and provides sanction compliance opportunities for students referred by Student Justice, Residence Life and community Judges. Significant activities reflected in this report were provided by the ADRC prior to the re-organization, and will be appropriately reflected as such by organization title.

COMPLIANCE CHECKLIST
EDGAR, 34 CFR, Part 86, Appendix 2

1. Does the institution maintain a description of its alcohol and drug prevention program? If yes, where is it located?

A description of the Texas State University - San Marcos alcohol and drug prevention program was maintained in the Alcohol and Drug Resource Center (ADRC) prior to the re-organization process that became effective in September 1, 2010. As a result of the re-organization, the primary prevention and education programs moved to the Student Health Center and are offered through Health Promotion Services (other educational programs on alcohol and drug use/abuse are offered through individual Student Affairs departments). Sanction compliance and mandated educational courses resources are now offered by the newly created Alcohol and Drug Compliance Services (ADCS), operated through the Dean of Students Office.

Currently each area maintains a description of its own alcohol and drug related programing. However the Drug-Free Schools and Communities Act Biennial Report, detailing all campus programing, is housed in the ADCS office with copies located in the Health Promotion Services office, the Dean of Students office and the University Attorney's office.

Texas State alcohol and drug programming is shared with faculty, staff and students through venues such as campus wide emails. All information about departmental programming is also available on their individual university websites, handbooks for faculty, staff, students and student organizations as well as through various orientation programs scheduled throughout the calendar year.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following: a) standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities; b) a description of the health risks associated with the use of illicit drugs and the abuse of alcohol; c) a description of applicable legal sanctions under local, state, or federal law; d) a description of applicable counseling, treatment, or rehabilitation or re-entry programs; and e) a clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions?

Prior to the re-organization (9-1-2010) this information was emailed annually (each October) to students, faculty and staff from the ADRC, through the Vice President of Student Affairs (VPSA) office. During the re-organization process the responsibility of sending the annual email was not identified, therefore it was not distributed in October, 2010. Resolution plans have been set in place to prevent this from occurring again and include 1) placing the distribution of the email on the annual VPSA and DOS calendar and 2) assigning responsibility for updating information annually, prior to email

distribution, to ADCS. A hard copy of the document that was distributed via email in October, 2009 is attached to this report. This information will be placed as a link on the ADCS and Dean of Students website as well.

Also, the Code of Student Conduct is distributed annually in the Student Handbook from the Dean of Students office. A hard copy of the document is attached to this report and is also found on the Dean of Students website.

3. Are the above materials distributed to students in one of the following ways: a) mailed to each student (separately or included in another mailing); b) through campus post offices boxes; c) class schedules which are mailed to each student; d) during freshman orientation; e) during new student orientation; or f) in another manner (*describe*)?

The full document is accessible at any time through the Alcohol and Drug Compliance Services website and the Dean of Students webpage.

University alcohol and drug policies are also provided annually in the Student Handbook, available to all students, as well as in Freshman student and parent orientations, PAWS Preview, Residence Life and Athletics handbooks, as well as in campus organization handbooks. These handbooks, as well as the Code of Student Conduct, can be found throughout the university websites.

4. Does the means of distribution provide reasonable assurance that each student receives the materials annually?

Yes. The information is also disseminated via annual email and located on various campus websites. All information about departmental programming is also available on the University webpages, Handbooks for faculty, staff, students and student organizations as well as through various orientation programs scheduled throughout the calendar year, such as New Student Orientation and PAWS Preview.

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

The mid-October campus wide email distribution date is after any late registration days for the fall semester. For the new biennial a plan of responsibility and accountability has been established to ensure that we will begin sending the information out to newly enrolled students at the beginning of each long semester (October and February), as well as to post this information on the ADCS and Dean of Students websites.

6. Are the above materials distributed to staff and faculty in one of the following ways: a) mailed; b) through campus post office boxes; c) during new employee orientation; or d) in another manner (*describe*)?

The full document is accessible at any time through the Alcohol and Drug Compliance Services and Dean of Students websites, as well as the University's Human Resources

website. Human Resources also provided a reference to it at least once per semester in their newsletter to all faculty and staff. Beginning fall, 2008, all information was sent out annually by the Alcohol and Drug Resource Center (ADRC) through the VPSA office. After the re-organization of 9-1-10 the information will be distributed via email out of the VPSA office, with updates provided by ADCS.

7. Does the means of distribution provide reasonable assurance that each staff and faculty member receives the materials annually?

Yes. The information is also disseminated through websites on campus throughout the year. An example of a web reference is on the Human Resources website, through the Staff Handbook link, page 41 which mentions the Drug-Free Schools and Communities Act as the driving force of the Drug Free Workplace UPPS 04.04.48.

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Yes. One email distribution took place in 2009. For this next biennial period an effort to include coverage of these materials in all New Employee Orientation sessions provided by Human Resources will ensure all new staff and faculty access. Also, the information will be sent out to all faculty, staff and students each October and February via email.

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced: a) conduct student alcohol and drug use survey; b) conduct opinion survey of its students, staff and faculty; c) evaluate comments obtained from a suggestion box; d) conduct focus groups; e) conduct intercept interviews; f) assess effectiveness of documented mandatory drug treatment referrals for students and employees; g) assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees; or h) other (please list)?

For this biennium report of 2009 and 2010, departments in Student Affairs have submitted their information related to their specific alcohol and drug prevention efforts to the Alcohol and Drug Resource Center, now Alcohol and Drug Compliance Services, for collection and reporting. Discussions are held between departments, i.e. the Student Justice office and Residence Life or the Health Promotion Services office and the Alcohol and Drug Compliance Services, on the effectiveness of the programs and concerns that may or may not impact a change in process. These conversations help ensure that disciplinary sanctions are also enforced. The Student Affairs Council, which includes all Department Directors, also discusses these issues.

The Student Affairs Wellness Team, which represented the following departments: Alcohol and Drug Resource Center, Campus Recreation, Counseling Center, Dean of Students and the Student Health Center, was originally charged with reviewing pertinent health data, identifying needs that were not being addressed by current programming and monitoring health concerns on campus. This team was created in 2007 and dissolved in

2009. For the next biennium, plans to develop and implement a Drug and Alcohol Task Force are being discussed by the Student Affairs Council, Dean of Students office, Health Promotion Services and Alcohol and Drug Compliance Services.

The CORE Institute is the largest national Alcohol and Other Drug (AOD) database with information about college student's drinking and drug use in the country. The National College Health Assessment (NCHA) is a nationally recognized research survey that can assist colleges and universities in collecting precise data about students' health habits, behaviors and perceptions. Texas State has conducted the CORE Alcohol and Drug survey on campus since 1988 and the NCHA has been conducted since 2005. Both are currently administered every two years by Health Promotion Services in the Student Health Center to approximately 1200 students ages 18-22. Health Promotion Services also conducts environmental scans of the university community regarding high risk behavior, to include alcohol and drug use and abuse and issues surrounding these behaviors, as well as evaluating education and prevention programs.

Counseling and education related to under-age alcohol related disciplinary sanctions are evaluated by attendees of the state mandated Alcohol Education for Minors Program (MIP class), where knowledge increase is measured by pre-test and post-test scores. This course is provided through the Alcohol and Drug Compliance Services office, as well as the Marijuana 101 course, a resource for marijuana related disciplinary sanctions, and the scheduling opportunity for community service hours.

10. Who is responsible for conducting these biennial reviews?

Alcohol and Drug Compliance Services is charged with the collection of the information needed to conduct an appropriate biennial review of Texas State University – San Marcos alcohol and drug education and prevention activities. ADCS will work closely with Health Promotion Services, through the Student Health Center, in gathering behavioral and educational data for the university community and composing the reviews. Other collaboration will include the Vice President of Student Affairs office, Dean of Students office and Student Justice, Residence Life, University Police Department, Student Health Center, University Attorney, Counseling Center, Human Resources and Athletics.

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

All information would be made available if requested. Alcohol and Drug Compliance Services houses each biennial review from 2002 to current, as well as supportive documentation.

12. Where is the biennial review documentation located?

Reports from 2002 to current-

Name: Stacy Stokes Batts

Title: Coordinator

Department: Alcohol and Drug Compliance Services

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Reports through 2002-

University Attorney's Office, J.C. Kellam 1040, Texas State University-San Marcos

13. Comments:

- a) The Supplemental Checklist (EDGAR, 34 CFR, Part 86, Appendix 6) was also completed for this biennial review 2009-2010 in its original pen and paper version. This checklist is included as a separate attachment following this document.
- b) List of necessary attachments for this Compliance Checklist (EDGAR, 34 CFR, Part 86, Appendix 2):
 - i. Attachment A, question 2, Annual Drug-Free Schools and Communities email document
 - ii. Attachment C1 and C2, question 2, Student Handbook Code of Student Conduct

NARRATIVE SUMMARY – 2009/2010

Texas State University-San Marcos has had, since 1988, drug and alcohol policies and programs to help prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.

The following narrative summary details the methods used to reduce alcohol and drug problems on the university campus in the 2009/2010 biennial.

- A. Drug and Alcohol Policies
- B. Methods of Policy and Information Dissemination
- C. Educational and Awareness Programs
- D. Individual Counseling and Group Services
- E. Disciplinary Sanctions
- F. Enforcement
- G. Measurement of Student Perception and Behavior

A. DRUG AND ALCOHOL POLICIES

Student Policies

a. Drugs

Each year the Dean of Students office publishes, and provides to each student, an updated Student Handbook containing the Code of Student Conduct. Student drug policies are found in section II. Responsibilities of Students, 2.02 Conduct Prohibited, #N (page 100) and University Policy (page 110) states that a student “possessing, using, selling or distributing any illegal drug or controlled substance”, whether the infraction occurred on or off campus, shall be subject to discipline, “ranging from mandatory university, or college approved, counseling to expulsion. A second infraction for a drug-related offense shall result in permanent expulsion from the component and from all other institutions in The Texas State University System. A student who has been suspended, dismissed or expelled from any system component shall be ineligible to enroll at any other system component during the applicable period of discipline.” (Student Handbook, Code of Student Conduct)

This policy includes possession of paraphernalia. Items that either contain or have previously contained illegal drugs are prohibited from university-owned residential facilities. These items include, but are not limited to, bongs, pipes and needles. Students with medical conditions, living on campus, requiring the use of needles have “Sharps Disposal Kits” at the front desk or at Commons 223 in order to make sure of proper disposal of needles. Needles disposed of improperly in trash cans or other receptacles could puncture someone causing pain and/or exposure to viruses.

The Dean of Students may probate, or defer, the suspension or expulsion for a first-time minor offense and require counseling or rehabilitation along with other penalties.

b. Alcohol

Texas State policy regarding alcohol possession, as identified in the Student Handbook and Residence Life Handbook, states that it is prohibited in all university housing facilities excluding university apartments and Burleson and Hornsby Halls. Students under the age of 21 and those living in alcohol-free halls, regardless of age, may not possess, consume or distribute alcohol. Alcohol is never permitted in lobby areas, hallways or other public areas unless specific permission is granted by the Dean of Students office.

Regarding alcohol consumption, students over the age of 21 who live in an apartment, Burleson Hall or Hornsby Hall may possess and consume alcohol in the privacy of their room. The alcohol must be brought into the hall in a concealed manner, be used for personal consumption only, may not be supplied to other students and must be properly disposed of. Students who are found to have been drinking and who draw attention to themselves through disruptive behavior or the inability to care for themselves will be charged with consumption of alcohol and sanctioned through civil, criminal and university processes as appropriate.

Regarding alcohol paraphernalia, students of any age may not possess alcohol paraphernalia in the residence hall rooms. Alcohol paraphernalia is defined as anything that originally contained or can be used to contain alcohol. This includes, but is not limited to: cases, kegs, party balls, bottles, boxes, glasses, steins, flasks, bongos, goblets, decanters, etc.

Employee Policy

University policy, UPPS No. 04.04.45, Drug Free Workplace, “prohibits the unlawful manufacture, distribution, dispensing, possession or use of a controlled substance in University workplaces.” University employees who violate this prohibition are subject to disciplinary action, including termination.

In addition to disciplinary sanctions imposed by the University for violation of alcohol and drug policies and local laws, students and employees may also face prosecution under state and/or federal laws.

B. METHODS OF POLICY AND INFORMATION DISSEMINATION

Publications

The University disseminates information to faculty, staff and students describing its policies on illegal and unauthorized, as well as authorized, use of intoxicating beverages and the illegal use of controlled substances through the following publications (see Attachment section of report hardcopy in ADCS for supportive documentation):

- a. "Drug-Free Schools and Communities" detailed information, available on the webpages of the Alcohol and Drug Compliance Services and the Dean of Students. This information is distributed via email to all students, faculty and staff annually, and is reflected in UPPS No. 04.04.48, "Drug-Free Schools and Communities Act".
- b. Board of Regents' Rules and Regulations
- c. Student Handbook – 2009/2010 and 2010/2011
- d. Student Athlete Handbook
- e. Residence Life Handbook on-line
- f. Sports Club Handbook – web based
- g. Faculty Handbook – web based
- h. Staff Handbook – web based
- i. Student Organizations Handbook – web based
- j. Alcohol Free Housing Statement and Crisis Management Guide
- k. Risk Reduction Manual for Student Organizations
- l. Dean of Students Webpage
- m. University Police Department Webpage and Campus Watch publication
- n. Student Affairs Policy, "Substance Abuse Policy," SA/PPS 02.01*
- o. Student Affairs Policy, "Student Organization Discipline," SA/PPS 05.04*
- p. Student Affairs Policy, "Off-Campus Violations," SA/PPS 05.05*
- q. Student Affairs Policy, "Greek Affairs Policies," SA/PPS 05.07*
- r. Student Affairs Policy, "Management of Late Night Events," SA/PPS 06.02*
- s. University Policy, "Purchase of Alcohol, Awards, Flowers, Food or Refreshments," UPPS No. 03.01.03**
- t. University Policy, "Drug-Free Workplace," UPPS No. 04.04.45 **
- u. University Policy, "Drug-Free Schools and Communities Act," UPPS 04.04.48**
- v. University Policy, "Tobacco Policy," UPPS No. 04.05.02**
- w. University Policy, "Alcoholic Beverage Policy and Procedure," UPPS 05.03.03**
- x. University Policy, "Guidelines for Alcohol or Tobacco Sponsorship," UPPS No. 07.04.10**
- y. University Policy, "Student Right-to-Know and Campus Security Act of 1990," UPPS No.01.04.05** – Annual Reports on-line at the University Police Department website

*Student Affairs policy documents can be found on the Student Affairs website.

**University Policy documents are scheduled to be reviewed biennially and can be found on the University's website.

C. EDUCATIONAL AND AWARENESS PROGRAM

The University also disseminates alcohol and drug related information to employees and students through awareness and educational programs and presentations. The departments directly involved in these efforts are:

Achieving Community Together

The City of San Marcos and Texas State University have partnered together to help students be good citizens and successful students. ACT strives to promote positive relations between student and non-student residents through education, community connectedness and resources.

Alcohol and Drug Resource Center (2010 – Alcohol and Drug Compliance Services)

The state certified Alcohol Education Program for Minors (MIP/Alcohol Awareness) class was taught through ADRC (ADCS) 21 times in 2009 to 220 students, and 21 times in 2010 to 408 students, with total enrollment for both years of 628 students. This class is required for students violating University alcohol policy, and is also state mandated for individuals under the age of 21 who have received an alcohol-related ticket anywhere in the state of Texas.

Students with legal or disciplinary community service hours can schedule and work the hours through this office in order to complete their requirement. In 2009, 139 students completed 1817.5 hours of community service with the University and, in 2010, 247 students completed 2917 hours of community service with the University.

ADRC also had a mini-grant program available to student organizations (\$200/grant) that were willing to include an alcohol and/or drug educational component to their program. Twenty-five (25) student organization-sponsored events received support for social and educational programming for 6172 attendees during this reporting period. Passive education took place through an ad and flyer social marketing campaign and t-shirts given to the leaders of PAWS Preview. This mini-grant program did not continue with the re-organization in September, 2010. The myStudentBody on-line alcohol program was required of all new freshmen students and was monitored by ADRC staff in the fall and the spring semesters. In 2010 the “Alcohol Wise” program, offered by 3rdmillenium, took the place of the myStudentBody program and is provided and monitored by Health Promotion Services and Paws Preview.. Marijuana 101, an on-line education program through myStudentBody in 2009, and currently through 3rdmillenium as of 2010, continues to be offered through this office. In 2009, 41 students completed the program and in 2010, 114 students completed.

An email birthday card went out to students turning 21, advocating responsible drinking behaviors. In 2009, 3220 email birthday cards were sent and in 2010, 2987 were sent. This program did not continue with the re-organization in September, 2010.

Staff also worked with faculty on curriculum infusion projects and undergraduate and graduate intern projects. Students With Alternate Transportation (SWAT), the University's safe ride home program, gave approximately 706 safe rides home to Texas State students in 2009. This program was not continued in 2010.

Educational programming was done by ADRC staff and students from two peer education groups, The Network and Men Against Violence. The peer education groups did presentations in classes, student organizations, residence halls and in area public schools. In 2009, these students did 75 presentations to an audience of 5024 students, and in 2010 they did 70 presentations to 5154 students. These groups also provided awareness programming events each year reaching between approximately 4578 students in 2009, and 2995 students in 2010. The Network and Men Against Violence transitioned to Health Promotion Services in the re-organization process in 2010.

Volunteers from these organizations also conducted "Alcohol 101" presentations during the mandatory PAWS Preview orientation program with all new freshmen (3,000+), while staff addressed the parents during this same program and during the parent's sessions of New Student Orientation in the summer. The University's Alcohol Guidelines for Sanctions and State of Texas underage drinking laws are distributed through Paws Preview to all on campus students and to all new students and parents at New Student Orientations. These presentations continue to be conducted by these organizations through Health Promotion Services. Counseling, referral and assessment services are offered to students through ADRC. Annual reports for the 2009-2010 biennium are included with this report.

Athletics

In addition to sending all new male and female athletes through the PAWS Preview program, including "Alcohol 101", Athletics has developed Tailgate Rules and Regulations that are distributed to all student organizations and all season ticket holders. Alcohol and drug programming has been done for athletes by the University Police Department and through their Life Skills program. All substance related expectations, policies and procedures (including drug testing protocols) are clearly detailed in the Athletics Handbook that is given to each athlete and reviewed annually.

Counseling Center

Staff in the Counseling Center see students each year who present with alcohol and/or drug issues in their top three presenting problems.

1. 137 (5.1%) of the 2702 students seen in individual counseling during 2009 and 2010 were identified by their counselors to have alcohol and/or drug abuse or addiction problems as one of the primary presenting issues for counseling.
2. 606 (22.4%) of students seeking counseling during that time period said they needed to reduce their alcohol or other drug use.

3. 414 (15.3%) of students seeking counseling during that time reported that others had expressed concern about their alcohol or other drug use.
4. 104 (3.8%) of students seeking counseling during that time reported that they had been in prior drug or alcohol treatment.

Dean of Students Office

Each year the Dean of Students office reviews and updates the Student Handbook, including the Code of Student Conduct detailing all policy and procedures regarding alcohol and drug issues, including possession, consumption, manufacturing and distribution of substances, as well as sanctions for substance related charges. The registration for, and approval of, appropriate distribution of alcohol at university functions also comes from the Dean of Students office.

The Student Justice officer handles all sanctioning for second-time alcohol charges and all drug related charges or policy violations, and works closely with the Department of Housing and Residence Life, the University Police Department and with the Alcohol and Drug Resource Center. In 2009, 239 various alcohol and drug related charges were sanctioned, some resulting in 7 suspensions and 8 expulsions. In 2010, 294 various alcohol and drug related charges were sanctioned, some resulting in 13 suspensions and 8 expulsions.

Health Promotion Services – Student Health Center

Health Promotion Services (HPS), formerly known as Health Education Resource Center, expanded its staff and services as of June, 2010. An Assistant Director and a Graduate Research Assistant were added to the existing staff. Other additions include substance abuse prevention and two peer education programs, The Network and Men Against Violence. HPS also conducts the CORE Drug and Alcohol survey every two years. Data from this survey will be used to develop social marketing and social norms campaigns to reduce alcohol and drug use among Texas State students. Health Promotion Services strives to help students succeed academically and personally by promoting healthy lifestyles and creating a healthy campus environment at Texas State. Collaborative work enhances the health of students through individual and environmental approaches that involve education, social marketing, advocacy, policy, and research. The prevention and educational services offered address a variety of health issues including violence, nutrition, stress and time management, sexual health, alcohol, tobacco and other drug use.

Services include educational materials, outreach presentations, special events, and health consulting. The health promotion team consists of professionally trained health educators, peer educators and support staff working together to support the learning mission of the university. There are two dynamic and award-winning peer health education organizations at Texas State, The Network and Men Against Violence. Members are students trained to present health information to their peers in residence halls, classrooms and student organizations.

The National College Health Assessment (NCHA), a nationally recognized research survey that can assist colleges and universities in collecting precise data about students' health habits, behaviors and perceptions, was administered through a web-based survey in the Spring of 2010 by HPS. Texas State students completed 1310 surveys. The survey contains alcohol and other drug use data, has been conducted at Texas State every two years since 2005, and had been monitored by the Alcohol and Drug Resource Center prior to the re-organization in 2010. Twelve "Alcohol 101" programs were presented to 3941 first-year students in August, 2010.

The CORE Alcohol and Drug Survey was conducted by HPS in August and September, 2010, with 1124 completed surveys. Texas State has conducted the CORE Alcohol and Drug survey on campus since 1988, monitored by the Alcohol and Drug Resource Center.

The Network and Men Against Violence presented 22 alcohol prevention programs to 4225 students in fall, 2010.

Alcohol-Wise is an online alcohol education/prevention tool for college students. 4144 Texas State students completed the course and the post-test in fall, 2010. 3242 Texas State students completed the follow up survey 30 days after completing Alcohol-Wise. This survey contains knowledge, behavior and perception data.

Paws Preview

All entering freshmen and freshmen-transfers are required to attend this 2-day program held just before classes begin in the fall and the spring semesters. One of the required sessions is "Alcohol 101", delivered by students from The Network and Men Against Violence. BAC, binge drinking dangers including alcohol poisoning, acquaintance rape, DWI, and University policies and sanctions are covered in these presentations. A session for parents is included in the fall program. This parent session includes information on alcohol and drug use and abuse on campus, as well as the policies and sanctions that are in place to deal with these issues.

Residence Life

Alcohol and drug information, policies and procedures are taught in each section of the required Residence Hall class (3-hr credit class).

Alcohol and drug education is a part of the mandatory annual training for for all Resident Assistants and professional staff.

Every hall is required to have at least one alcohol and/or drug education presentation every semester.

Residence Life groups held 7 educational events for 220 attendees in 2009, and 18 educational events for 1254 attendees in 2010.

Residence Life keeps track of judicial cases, appeals and sanction completions relating to alcohol and drug charges distributed in the Halls. In 2009, 374 students were charged with a total of 491 alcohol and/or drug charges. In 2010, 326 students were charged with a total of 455 alcohol

and/or drug charges. Violations and the numbers for each are included with this report.

Student Organizations and Greek Affairs

Risk management guidelines are part of the Student Organization Handbook and training. The Greek community has an alcohol-free housing initiative in effect. This document is included in the attachments, as is a copy of the Chapter Accreditation Program. A Risk Management Manual was developed for student organizations and multiple Risk Management meetings and roundtables are conducted throughout the year. Two large alcohol and/or drug related presentations are done each year, along with mandatory individual chapter programming as identified in the documents identified above.

Campus Activities and Student Organizations (CASO) supervises the activities of Greek Affairs, to include the Greeks Advocating the Mature Management of Alcohol (GAMMA).

Texas Statewide Tobacco Education and Prevention (STEP) Center

Operating through the College of Applied Arts, Texas STEP provides public awareness information, training, and technical assistance to law enforcement agencies regarding tobacco laws, compliance, enforcement and crime prevention.

Texas STEP merged under the umbrella of the Texas School Safety Center in 2010. They have also been the host of the Annual Texas Teen Tobacco Summit and Comprehensive Tobacco Prevention Conference (9th Annual in 2009, 10th Annual in 2010).

University Police Department

The University Police Department has a Crime Prevention Unit that regularly gives alcohol and drug related presentations in the residence halls and in University Seminar classes. The Crime Prevention Unit also supports and/or co-sponsors awareness programs with other offices and groups on campus, and does a major drunk driving program just prior to Spring Break. In 2009, 38 alcohol and drug related presentations were conducted and in 2010, 33 alcohol and drug related presentations were conducted.

Their "Campus Watch" publication and crime statistics are always available on their website, which includes information about the various types and numbers of citations and charges given.

D. INDIVIDUAL COUNSELING AND GROUP SERVICES

Referral and Assessment Resources Included

In San Marcos, agencies or groups that provide individual counseling and group services, or assist with referrals for employees and students who have problems related to the use and/or abuse of alcohol and other drugs, include the following:

Texas State Alcohol and Drug Compliance Services
Texas State Counseling Center
Texas State Student Health Center and Health Promotion Services
Texas State Employee Helpline
Hays Caldwell Council on Alcohol and Drug Abuse
River Group, A.A.
San Marcos Group, A.A.
Never Alone, N.A.
Al-Anon
Cedar Creek Associates
Counseling Network
Samaritan Center

On campus, the Alcohol and Drug Compliance Services is the primary source of assessment, referral and sanction completion for students. The Texas State Employee Helpline for alcohol and drug-related problems is a program offered through Human Resources for all employees, staff and faculty. The Student Health Center and the Alcohol and Drug Compliance Services refers students to the Counseling Center, or other appropriate referral resources such as treatment facilities and/or private practitioners, when the primary presenting problem is alcohol or other drug use and/or abuse. The Counseling Center staff does see students with alcohol and other drug problems, as well as when substance issues are not the primary reason the student is seeking counseling. The Student Health Center also has a smoking cessation program and can offer related medical care and advice.

E. DISCIPLINARY SANCTIONS

The Assistant Dean for Student Justice in the Dean of Students office, and the Director of Residence Life, deal with student violations of the Texas State alcohol and drug policies. All drug possession, consumption, sale, and distribution cases are handled by the Assistant Dean for Student Justice. Drug paraphernalia charges occurring in the residence halls are handled by Residence Life. Alcohol sanctions were reviewed and strengthened in 1999 and were revised in 2001, 2002, 2006 and 2009. A current copy of “Texas State On-Campus Alcohol Guidelines for Sanctions” is included in the attachments.

Education, assessment and community service opportunities are available on-campus, for Texas State students needing sanction completion, through the Alcohol and Drug Compliance Services. There are local alternatives for sanction completion as well, and those referral sources can be accessed through ADCS as well.

F. ENFORCEMENT

The University Police Department enforces alcohol and drug laws, as well as Texas State policies and procedures, sending copies of relevant offense reports to Residence Life and the Assistant Dean for Student Justice for sanction determination. The District Attorney reviews all offenses, class B misdemeanors and above, and determines whether to prosecute the case. A complete list of University Police Crime Watch numbers for alcohol and drug related offenses for 2009-2010 is included with this report, and are located on the University Police Department website.

The San Marcos Police Department, Hays County Sheriff Department and Texas State Troopers are also enforcers of local, state and federal law relating to alcohol and/or drugs. Texas State students receiving off-campus alcohol and/or drug related charges can also be given sanctions by Student Justice and/or Residence Life, as described in the Code of Student Conduct in the Student Handbook and in the Residence Life Handbook.

G. MEASUREMENT OF STUDENT PERCEPTIONS

The Texas State community continuously monitors alcohol and other drug issues, as well as perceptions and attitudes regarding these issues on campus. Policies are frequently reviewed and revised if necessary, and sanctions for alcohol and drug policy violations have been tightened. Departments that are mentioned in this report continue to modify and enhance their activities, both active and passive, in regard to these issues and have made a concerted effort to reach all segments of the University population in a continuous movement to reduce the frequency of situations and consequences that our students and our university deal with regarding alcohol and drug use and abuse.

Examples of empirical programs utilized to measure, and report, attitudes and perceptions, behaviors and beliefs as well as trends and consequences are the CORE Drug and Alcohol Survey (conducted since 1988, most recent October, 2010), the National College Health Assessment (conducted since 2005, most recent Spring, 2010), the on-line Alcohol-Wise and Marijuana 101 education programs and the Alcohol Education Program for Minors. The CORE and NCHA are administered every two years to a cross classification student population, the Alcohol-Wise course is administered during orientation processes for Freshman, the Marijuana 101 course is individually scheduled for students satisfying sanction requirements and the AEPM/MIP class is conducted twice monthly during long semesters and once a month during summer sessions.

The summary report for the CORE and the NCHA 2010 (prepared and presented by Julie Eckert, M. Ed., CHES – Assistant Director, Student Health Center, Health Promotion Services) identifies some of the following perceptions, behaviors and trends of Texas State students:

Perceptions – **CORE data, compared to 2006 Texas State responses*

- Percent of students who believe the average student on campus uses alcohol once a week or more 2010 – 92% 2006 – 97%
- Percentage of students who believe the average student uses some form of illegal drug at least once a week 2010 – 75% 2006 – 73%
- Percentage of students indicating they would prefer not to have alcohol available at parties they attend 2010 – 25% 2006 – 19%
- Percentage of students indicating they would prefer not to have drugs available at parties they attend 2010 - 79% 2006 – 76%

Perceptions vs Behaviors - **NCHA date, Spring 2010 Texas State responses*

<u>Alcohol use (Past 30 days)</u>	<u>Perceived</u>	<u>Actual</u>
Never Used	2%	15%
Used (Not in last 30 days)	1%	13%
Used 1-9 days	23%	51%
Used 10-29 days	47%	20%
Used all 30 days	27%	2%
Total Use in last 30 days	97%	73%

<u>Marijuana use (Past 30 days)</u>	<u>Perceived</u>	<u>Actual</u>
Never Used	4%	58%
Used (Not in last 30 days)	6%	22%
Used 1-9 days	37%	11%
Used 10-29 days	34%	4%
Used all 30 days	19%	5%
Total Use in last 30 days	90%	20%

Trends - **CORE data, compared to 2006 Texas State responses*

- Alcohol use is down from 2006 CORE Alcohol and Drug Survey
- Marijuana use is up from 2006 CORE Alcohol and Drug Survey
- Drinking and driving is a concern
- Quarter of the population is engaging in high-risk drinking with consequences for their health and other students
- Perception of alcohol and drug use is significantly higher than actual use

**CORE 2010 – 1200 surveys distributed, 1124 completed surveys returned (93.6%)*

**NCHA 2010 – 4800 surveys emailed (4781 actually received), 1310 completed surveys returned (27%)*

An environmental scan was also completed of the university and the San Marcos community in regard to alcohol use, promotions, advertising, alcohol outlets, policy, laws and media. A major part of this scan was the Party Risk Assessment completed by 1,174 students. The results are available through the Health Promotion Services in the Student Health Center.

IV. RECOMMENDATIONS

- Core Drug and Alcohol Use Survey and National College Health Assessment were completed in 2010. The results are available through the Health Promotion Services in the Student Health Center. Recommendations from the summary report are:
 - Campus/Community Alcohol and Drug Task Force (including faculty, staff and students)
 - Brief Motivational Interviewing
 - Social Marketing/Norms Campaigns to High Risk Students
 - Bystander Training for Campus Leaders
- The curriculum infusion group was invited to write a chapter on Health and Wellness, including segments on alcohol and drugs, for a textbook that will be used in the Texas State University Seminar program. Expected publishing date is Fall 2011.
- Establish link to Drug-Free Schools and Communities information on the websites of University Attorney, Human Resources, Residence Life, Student Health Center, Counseling Center and University Police Department.
- Include the Drug-Free School and Communities information in the New Hire Orientation packet through Human Resources, ensuring all new faculty, staff and employees are provided these materials if they were hired after the October and February VPSA email distribution campus-wide.
- Establish education opportunities for faculty and staff about behavioral indicators, student norms and cultural attitudes related to both high-risk or illegal alcohol use and illicit drug use.

Alcohol and drug use, and misuse, on college campuses continue to be an issue requiring significant attention and monitoring. Texas State University – San Marcos has excellent education and prevention programs in place, as well as a good sense of community and communication, to address these problems. Continuous monitoring of programming, measurement and evaluation, despite an adequate supply of funding and appropriate resources at both the community and university level, will keep Texas State in a good position of awareness as we continue to try to expand and improve the programs we have. We will work hard to keep up with the research, the college students and their ever-evolving trends, behaviors and beliefs regarding alcohol and drug use in order to promote a safe and thriving academic environment for our campus community.

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V. RESOURCES

- 1) EDGAR, 34 CFR, Part 86, Subpart A, 86.1- Federal Requirements
- 2) EDGAR, 34 CFR, Part 86, Appendix 2, Compliance Checklist
- 3) EDGAR, 34 CFR, Part 86, Appendix 6, Supplemental Checklist
- 4) Texas State University Student Handbook – Code of Student Conduct
- 5) Texas State University Residence Life Handbook
- 6) Texas State University Policies and Procedures (UPPS)
- 7) Texas State University Student Affairs Policies and Procedures (SA/PPS)
- 8) Texas State University web pages
- 9) National College Health Assessment Results – Spring, 2010 (Summary report by Julie Eckert, M. Ed., CHES – Assistant Director, Student Health Center, Health Promotion Services)
- 10) CORE Alcohol and Drug Survey Results – Fall, 2010 (Summary report by Julie Eckert, M. Ed., CHES – Assistant Director, Student Health Center, Health Promotion Services)