

1 **Project Title:** Preventing Hospital Readmission for Older Adults: A Community Focused Intervention

- **Research Team:**

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- **Abstract**

A readmission task force was created at Central Texas Medical Center (CTMC) in response to the high readmission rates of older adults experiencing complications related to sepsis, pneumonia, chronic obstructive pulmonary disease (COPD), heart failure, and stroke. The task force is comprised of CTMC providers and Texas State University faculty focused on improving the health of older adults. A needs analysis unveiled four key barriers that stand in the way of decreasing readmission rates at CTMC for older adults, including *outpatient care coordination*, *readmission education*, *discharge summaries*, and the *community care gap*. Thus, the purpose of this project is twofold. The task force is seeking MIRG funding to: (1) Develop and pilot test a community focused intervention that targets identified barriers to reduce the CTMC readmission rates of older adults experiencing symptoms related to sepsis, COPD, pneumonia, heart failure, and stroke. (2) Sustain this community-focused intervention by applying for the *National Institute of Aging T2 Translational Research Grant* designed to fund intervention projects that lead to new healthcare practices, community programs, and policies affecting older adults nationwide.