The purpose of this handbook is to introduce the philosophy of the Department of Physical Therapy, Texas State University to students enrolled in the DPT curriculum. It has been developed to familiarize enrolled students with Department policies and procedures not addressed in the University catalog or other University publications.

This handbook is for general information only and is not intended to contain all regulations related to students enrolled in the DPT curriculum. The provisions of this handbook do not constitute a contract, either expressed or implied, between an enrolled student and Texas State University. The University reserves the right to withdraw courses at any time, to change fees or tuition, calendar, curriculum, degree requirements, graduation procedures, and any other requirements affecting students. Changes will become effective as determined by the Texas State Administration and will apply to both prospective students and to those already enrolled.

Texas State University-San Marcos is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools. The Doctor of Physical Therapy program is accredited by the Commission on Accreditation in Physical Therapy Education of the American Physical Therapy Association.

Texas State University is a member of The Texas State University System.
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Welcome

Welcome to the Texas State University Department of Physical Therapy! We congratulate you on your decision to continue your education and trust that this decision will enrich your life and expand your future. This Handbook will give you a sense of the University, College and Department to ensure that you have important information to guide you to success in your academic endeavors. Read it carefully and keep it available for future reference. The faculty and staff of the Department wish you the best of luck during your time at Texas State. We will be happy to answer your questions. Feel free to call on us when we can help.

This Handbook represents the policies and procedures, curriculum and philosophy of the faculty of the Department of Physical Therapy. Thank you to the faculty, students and staff who have provided information and direction in the development of this handbook.

Developed and written by Barbara Sanders, PhD, PT, SCS

Revised and approved by PT faculty May, 2013
SECTION I. GENERAL INFORMATION

TEXAS STATE UNIVERSITY

Texas State University (Texas State) is a public, student-centered, doctoral-granting university located in the burgeoning Austin-San Antonio corridor, the largest campus in the Texas State University System, and one of the largest in the state.

Texas State's over 34,000 students choose from degree programs (97 bachelors, 87 masters, 12 doctoral) offered by the following colleges: Applied Arts, McCoy College of Business Administration, Education, Fine Arts and Communication, Health Professions, Liberal Arts, Science, University College, and the Graduate College. Texas State students come from around the globe and we have a diverse student body.

Since 2005, Texas State has also offered bachelor's and graduate courses in Round Rock, Texas at our Round Rock campus located north of Austin. More than 2000 students are enrolled at the RRHEC. The Nursing building opened summer 2010 with enrollment of the first class in fall 2010. There are long term plans for the relocation of the entire College of Health Professions to this campus. This move depends on adequate funding for the planning, construction and equipment of two new buildings.

Location
Located on the edge of the Texas Hill Country, where black land prairies turn in to beautiful hills, Texas State enjoys a setting that is unique among Texas universities. The beauty of the crystal-clear San Marcos River and the stately cypress and pecan trees on the campus add to the charm of its picturesque setting. The campus is in San Marcos, a community about halfway between Austin and San Antonio. Its location on the banks of the San Marcos River provides recreational and leisure activities for students throughout the year.

History
Authorized by the Texas Legislature in 1899, Southwest Texas State Normal School opened its doors in 1903. Over the years the Legislature broadened the institution's scope and changed its name, in succession, to Normal College, Teachers College, College, University, and in 2003 to Texas State University-San Marcos. Each name reflects the University's growth from a small teacher preparation institution to a major, multipurpose university. Texas State's original mission was to prepare Texas public school teachers, especially those of south central Texas. It became renowned for carrying out this mission, but today it does far more.

Colleges
The University offers programs in colleges of Applied Arts, McCoy College of Business, Education, Fine Arts and Communication, Health Professions, Liberal Arts, and Science. In 1986, the University College was created to assure a broad general education for all students, regardless of major. In 2011, the Honors College was created to provide an opportunity for students to engage in an intellectual exploration dedicated to a more holistic academic experience. In 1935, the Board of Regents authorized the formation of the Graduate College.

Campus
As the University's student population has grown - from 303 in 1903 to over 32,500 in 2011 - the campus, too, has expanded, and today Texas State is the sixth largest public university in the state. Overlooking the campus and serving as a landmark since 1903 is Old Main, a red-gabled Victorian building restored to its original grandeur. In 1979, after adding a number of classroom buildings and residence halls, the university purchased the former San Marcos Baptist Academy adjacent to the original campus. The campus recreation center is one of the buildings on this site. Campus facilities encourage a feeling that Texas State is a special place.
Our Mission
Texas State University is a public, student-centered, doctoral-granting institution dedicated to excellence in serving the educational needs of the diverse population of Texas and the world beyond.

The noblest search is the search for excellence.

—Lyndon B. Johnson
Thirty-Sixth President of the United States, 1963-1969
Texas State University Class of 1930

Our Shared Values
In pursuing our mission as a premier institution, we, the faculty, staff, and students of Texas State University are guided by a shared collection of values. Specifically, we value:

- An exceptional undergraduate experience as the heart of what we do;
- Graduate education as a means of intellectual growth and professional development;
- A diversity of people and ideas, a spirit of inclusiveness, a global perspective, and a sense of community as essential conditions for campus life;
- The cultivation of character and the modeling of honesty, integrity, compassion, fairness, respect, and ethical behavior, both in the classroom and beyond;
- Engaged teaching and learning based in dialogue, student involvement, and the free exchange of ideas;
- Research, scholarship, and creative activity as fundamental sources of new knowledge and as expressions of the human spirit;
- A commitment to public service as a resource for personal, educational, cultural, and economic development;
- Thoughtful reflection, collaboration, planning, and evaluation as essential for meeting the changing needs of those we serve.

http://www.txstate.edu/about_texas_state

THE COLLEGE OF HEALTH PROFESSIONS

Vision Statement
The Texas State College of Health Professions will be a nationally recognized premier center for educating professionals in a broad array of health care fields, increasing the knowledge, research, and community coalitions necessary to enhance and restore the health and well-being of the whole person and of society.

Mission Statement
The College of Health Professions educates and prepares health care professionals in a student centered learning environment. The College excels in teaching, research, and service while responding to the health care needs of the state and nation. To accomplish this, the Texas State University's College of Health Professions unites faculty, students, the health care communities, and consumers in coalitions that nurture the academic, scholarly, and service aspects of health care.

The College of Health Professions (College), under the direction of Dean Ruth B. Welborn, is currently comprised of two schools, four academic departments and two programs. In addition to the Department of Physical Therapy, the other departments include Communication Disorders (CDIS), Health Information Management (HIM) and Respiratory Care (RC). The School of Health Administration, the School of Nursing and programs in Radiation Therapy Technology (RTT) and Clinical Laboratory Science (CLS) complete the College.

The College also includes the Academic Advising Center, the Speech-Language-Hearing Clinic, the Physical Therapy Clinic, and the Sleep Lab. To further its goals, the College has established a number of cooperating teaching sites and has more than 600 affiliations with hospital and other health care facilities.
THE DEPARTMENT OF PHYSICAL THERAPY

The Department of Physical Therapy (Department) is an academic based department that graduated its initial class of students in 1986 with a Bachelor of Science in Physical Therapy degree (BSPT). The final BSPT class graduated in December 1996. The Master of Science in Physical Therapy (MSPT) program enrolled the initial class in May 1995, with graduation in May 1997. The final MSPT cohort graduated May 2009. The DPT was approved in 2007 and the first class entered summer 2008. The DPT program was accredited by the Commission on Accreditation of Physical Therapy Education (CAPTE) in November 2011 for ten years. The Department of Physical Therapy is under the direction of Dr. Barbara Sanders. ([http://www.health.txstate.edu/pt/](http://www.health.txstate.edu/pt/))

Mission
The Department of Physical Therapy is a community of individuals who fulfill their professional obligation to contribute to the health needs of society through education, scholarly activities, service and professional practice.

To accomplish this mission our community extends beyond the faculty, staff and students of the Department to include our colleagues and patients/clients; our undergraduate and graduate educational activities are student centered and inclusive of professional values, standards and guidelines; our scholarly activities contribute to the professional body of knowledge; our service activities are provided at all levels of the professional organization, the institution and community; and our excellence in practice is demonstrated by serving as clinicians and consultants in the multi-cultural environment of Central Texas and beyond. Revised and approved September-October 2009

Philosophy of Education
Because of the constant emergence of new technology, new treatment approaches, new treatment techniques, new areas of clinical specialization and the development of a more independent health care practitioner, graduates of the Department must be prepared to meet these challenges and adapt to an ever-changing health care environment. It is the responsibility of the Department faculty to provide enrolled students the opportunity to receive a high quality professional education as a foundation from which personal and professional growth will occur. Thus, the faculty believes the educational process must be a balance between didactic/academic and experiential/clinical laboratory course work and clinical education experiences. This requires a continuous effort of both academic and clinical faculty to provide relevant and pertinent clinical examples and experiences throughout the curriculum and is accomplished by involving clinical faculty in all areas of the Department.

The Department is based on the philosophy that a physical therapist education should prepare the student to provide current and future quality health care; both academic and clinic courses should be incorporated into the educational experience; and academic and clinic experiences should be integrated and interrelated. The DPT curriculum is based on the following givens:

- There is a demonstrated need for physical therapy services in health care;
- There is a continuing need for public education as to the role and function of the physical therapist;
- The physical therapy profession is both an art and a science;
- The physical therapy profession’s role and function continually change based on societal needs;
- Further research is critical for continued growth of the profession;
- Students who enroll in the curriculum will be independent thinkers, critical evaluators and problem solvers;
- Students complete a strong academic background in the basic sciences and liberal arts prior to entering the curriculum;
- Students enter the curriculum with diverse backgrounds and unique personal qualities that demonstrate flexibility, responsibility and cultural sensitivity;
- Early integration of classroom knowledge with clinical learning experiences is essential;
- Faculty members serve as role models in research, clinical practice, and professional leadership;
- The University provides a rich environment for learning and personal growth of students and faculty;
- The University supports the objectives and activities of the Department of Physical Therapy.
The Departmental faculty believe that to properly assimilate the foundation knowledge acquired in the pre-professional course work with the directed knowledge gained in the professional program, a flexible academic calendar is required. The scheduling flexibility, which incorporates both academic course work and clinical study, allows the Department to readily adapt to the changing needs of the physical therapy profession within the changing health care delivery system. The length of the curriculum is a minimum of nine academic semesters completed over three calendar years. The academic calendar is attached for reference. (Attachment #1)

The Department's faculty also recognize the need for adequate learning resources to operate a successful professional program. These resources include, but are not limited to sufficient classroom and laboratory space, appropriate and adequate equipment, and availability of clinical sites for directed learning and clinical education experiences. The Department, with College and University support, is committed to achieving this expectation by maintaining relatively small professional classes. The current class size is 40 students who are admitted into the professional course sequence each year.

The course sequence for the DPT curriculum has been designed to achieve integration of academic and clinical information. It is based on a "spiral" curricular model in which topics are introduced early in the curriculum and then revisited and expanded throughout the remaining course presentation. (Attachment #2, #3) The textbooks used for each course while enrolled in the Department have been chosen to help the student establish a base for the individual student's professional library.

**Educational Objectives**
The overall objective of the Department is to prepare students to practice state of the art physical therapy. To do this, students must become licensed in the appropriate legal jurisdiction. Currently, all jurisdictions in the United States require licensure. The educational goals of the curriculum reflect the knowledge, skills and behaviors expected of Department graduates. The graduates of the Texas State Department of Physical Therapy will be expected to:

- Demonstrate knowledge of the theoretical basis of physical therapy
- Demonstrate clinical competency in examination, evaluation, diagnosis, prognosis and intervention
- Integrate knowledge of basic sciences and physical therapy sciences in order to modify intervention approaches that reflect the breadth and scope of physical therapy practice
- Integrate the use of basic principles of research in critical analysis of concepts and findings generated by self and others
- Actively recognize the rights and dignity of individuals in patient/client management
- Identify with and contribute to the aims and ideals of the profession
- Function as competent physical therapists in any health care setting
- Demonstrate command of knowledge that is necessary to function as an independent problem solver and learner in the practice environment
- Practice in an ethical and legal manner

Although the Department realizes that not all students will reach the same level of competence, all students will achieve a minimum level of competency and will achieve higher levels in some areas depending on their selection of specialty and interest options. The curriculum will prepare graduates to take the National Physical Therapy Examination (NPTE). Successful completion of the NPTE is necessary for licensure in all jurisdictions.

**Goals**
The goals for the Department have been developed in relationship to the Texas State goals, the College goals and are reviewed by faculty on an annual basis. Each goal is addressed by specific objectives and activities.

The students of this Department will be prepared to:

1) Successful complete entry-level education
2) Participate in scholarly activities
3) Participate in service
4) Develop professional network
5) Attend continuing education events
The graduates of this Department will be prepared to:

2) Demonstrate effective education of patients, peers, students
3) Participate in scholarly activities
4) Participate in service
5) Participate in practice of the profession

The Department will be prepared to

1) Provide a high quality entry-level PT education
2) Implement a post-professional educational program for PT
3) Provide continuing education for the clinical community
4) Provide effective staff support to meet departmental needs
5) Support the Texas State PT Clinic
6) Provide education service courses for other departments

The faculty of this Department will:

1) Continue to provide effective teaching
2) Complete individual and collaborative scholarly activities
3) Participate in service activities, providing leadership role as opportunities arise
4) Participate in clinical or consultative practice
5) Manage curricular content in assigned courses
**Commission on Accreditation of Physical Therapy Education**
The Commission on Accreditation of Physical Therapy Education (CAPTE) establishes standards and criteria that an educational program must meet to be eligible for accreditation. It is important that students understand the outcomes for which the program is held accountable. To that end, the following is a statement (the actual CAPTE criterion) of the curriculum outcomes that must be met by each accredited program and thus, shape the curriculum content. Should students have a complaint that is relevant to accreditation, they may file that complaint by visiting this web site ([http://www.capteonline.org/home.aspx](http://www.capteonline.org/home.aspx)).

CC-5. The physical therapist *professional curriculum* includes content and *learning experiences* designed to prepare students to achieve educational outcomes required for initial practice of the profession of physical therapy. The curriculum is designed to prepare students to meet the practice expectations listed in CC-5.1 through CC-5.66.

**Professional Practice Expectation: Accountability**
CC-5.1 Adhere to legal practice standards, including all federal, state, and institutional regulations related to patient/client care and fiscal management.
CC-5.2 Have a fiduciary responsibility for all patient/clients.
CC-5.3 Practice in a manner consistent with the professional Code of Ethics.
CC-5.4 Change behavior in response to understanding the consequences (positive and negative) of his or her actions.
CC-5.5 Participate in organizations and efforts that support the role of the physical therapist in furthering the health and wellness of the public.

**Professional Practice Expectation: Altruism**
CC-5.6 Place patient’s/client’s needs above the physical therapist’s needs.
CC-5.7 Incorporate pro bono services into practice.

**Professional Practice Expectation: Compassion/Caring**
CC-5.8 Exhibit caring, compassion, and empathy in providing services to patients/clients.
CC-5.9 Promote active involvement of the patient/client in his or her care.

**Professional Practice Expectation: Integrity**
CC-5.10 Demonstrate integrity in all interactions with patients/clients, family members, caregivers, other health care providers, students, other consumers, and payers.

**Professional Practice Expectation: Professional Duty**
CC-5.11 Demonstrate professional behavior in all interactions with patients/clients, family members, caregivers, other health care providers, students, other consumers, and payers.
CC-5.12 Participate in self-assessment to improve the effectiveness of care.
CC-5.13 Participate in peer assessment activities.
CC-5.14 Effectively deal with positive and negative outcomes resulting from assessment activities.
CC-5.15 Participate in clinical education of students.
CC-5.16 Participate in professional organizations.

**Professional Practice Expectation: Communication**
CC-5.17 Expressively and receptively communicate in a culturally competent manner with patients/clients, family members, caregivers, practitioners, interdisciplinary team members, consumers, payers, and policymakers.

**Professional Practice Expectation: Cultural Competence**
CC-5.18 Identify, respect, and act with consideration for patients'/clients' differences, values, preferences, and expressed needs in all professional activities.

**Professional Practice Expectation: Clinical Reasoning**
CC-5.19 Use clinical judgment and reflection to identify, monitor, and enhance clinical reasoning to minimize errors and enhance patient/client outcomes.
CC-5.20 Consistently apply current knowledge, theory, and professional judgment while considering the patient/client perspective in patient/client management.

**Professional Practice Expectation: Evidence-based Practice**
CC-5.21 Consistently use information technology to access sources of information to support clinical decisions.
CC-5.22 Consistently and critically evaluate sources of information related to physical therapist practice, research, and education and apply knowledge from these sources in a scientific manner and to appropriate populations.
CC-5.23 Consistently integrate the best evidence for practice from sources of information with clinical judgment and patient/client values to determine the best care for a patient/client.
CC-5.24 Contribute to the evidence for practice by written systematic reviews of evidence or written descriptions of practice.
CC-5.25 Participate in the design and implementation of patterns of best clinical practice for various populations.

**Professional Practice Expectation: Education**
CC-5.26 Effectively educate others using culturally appropriate teaching methods that are commensurate with the needs of the learner.

**Patient/Client Management Expectation: Screening**
CC-5.27 Determine when patients/clients need further examination or consultation by a physical therapist or referral to another health care professional.

**Patient/Client Management Expectation: Examination**
CC-5.28 Examine patients/clients by obtaining a history from them and from other sources.
CC-5.29 Examine patients/clients by performing systems reviews.
CC-5.30 Examine patients/clients by selecting and administering culturally appropriate and age-related tests and measures. Tests and measures include, but are not limited to, those that assess:
   a. Aerobic Capacity/Endurance
   b. Anthropometric Characteristics
   c. Arousal, Attention, and Cognition
   d. Assistive and Adaptive Devices
   e. Circulation (Arterial, Venous, Lymphatic)
   f. Cranial and Peripheral Nerve Integrity
g. Environmental, Home, and Work (Job/School/Play) Barriers
h. Ergonomics and Body Mechanics
i. Gait, Locomotion, and Balance
j. Integumentary Integrity
k. Joint Integrity and Mobility
l. Motor Function (Motor Control and Motor Learning)
m. Muscle Performance (including Strength, Power, and Endurance)
n. Neuromotor Development and Sensory Integration
o. Orthotic, Protective, and Supportive Devices
p. Pain
q. Posture
r. Prosthetic Requirements
s. Range of Motion (including Muscle Length)
t. Reflex Integrity
u. Self-Care and Home Management (including activities of daily living [ADL] and instrumental activities of daily living [IADL])
v. Sensory Integrity
w. Ventilation and Respiration/Gas Exchange
x. Work (Job/School/Play), Community, and Leisure Integration or Reintegration (including IADL)

Patient/Client Management Expectation: Evaluation
CC-5.31 Evaluate data from the examination (history, systems review, and tests and measures) to make clinical judgments regarding patients/clients.

Patient/Client Management Expectation: Diagnosis
CC-5.32 Determine a diagnosis that guides future patient/client management.

Patient/Client Management Expectation: Prognosis
CC-5.33 Determine patient/client prognoses.

Patient/Client Management Expectation: Plan of Care
CC-5.34 Collaborate with patients/clients, family members, payers, other professionals, and other individuals to determine a plan of care that is acceptable, realistic, culturally competent, and patient-centered.
CC-5.35 Establish a physical therapy plan of care that is safe, effective, and patient/client centered.
CC-5.36 Determine patient/client goals and outcomes within available resources and specify expected length of time to achieve the goals and outcomes.
CC-5.37 Deliver and manage a plan of care that is consistent with legal, ethical, and professional obligations and administrative policies and procedures of the practice environment.
CC-5.38 Monitor and adjust the plan of care in response to patient/client status.

Patient/Client Management Expectation: Intervention
CC-5.39 Provide physical therapy interventions to achieve patient/client goals and outcomes. Interventions include:
   a. Therapeutic Exercise
   b. Functional Training in Self-Care and Home Management
   c. Functional Training in Work (Job/School/Play), Community, and Leisure Integration or Reintegration
   d. Manual Therapy Techniques (including Mobilization/Manipulation Thrust and Nonthrust Techniques)
   e. Prescription, Application, and, as appropriate, Fabrication of Devices and Equipment
   f. Airway Clearance Techniques
g. Integumentary Repair and Protection Techniques
h. Electrotherapeutic Modalities
i. Physical Agents and Mechanical Modalities

CC-5.40 Determine those components of interventions that may be directed to the physical therapist assistant (PTA) upon consideration of: (1) the needs of the patient/client, (2) the PTA’s ability, (3) jurisdictional law, (4) practice guidelines/policies/codes of ethics, and (5) facility policies.

CC-5.41 Provide effective culturally competent instruction to patients/clients and others to achieve goals and outcomes.

CC-5.42 Complete documentation that follows professional guidelines, guidelines required by health care systems, and guidelines required by the practice setting.

CC-5.43 Practice using principles of risk management.

CC-5.44 Respond effectively to patient/client and environmental emergencies in one’s practice setting.

**Patient/Client Management Expectation: Outcomes Assessment**

CC-5.45 Select outcome measures to assess individual outcomes of patients/clients using valid and reliable measures that take into account the setting in which the patient/client is receiving services, cultural issues, and the effect of societal factors such as reimbursement.

CC-5.46 Collect data from the selected outcome measures in a manner that supports accurate analysis of individual patient/client outcomes.

CC-5.47 Analyze results arising from outcome measures selected to assess individual outcomes of patients/clients.

CC-5.48 Use analysis from individual outcome measurements to modify the plan of care.

CC-5.49 Select outcome measures that are valid and reliable and shown to be generalizable to patient/client populations being studied.

**Practice Management Expectation: Prevention, Health Promotion, Fitness and Wellness**

CC-5.50 Provide culturally competent physical therapy services for prevention, health promotion, fitness, and wellness to individuals, groups, and communities.

CC-5.51 Promote health and quality of life by providing information on health promotion, fitness, wellness, disease, impairment, and functional limitation, disability, and health risks related to age, gender, culture, and lifestyle within the scope of physical therapist practice.

CC-5.52 Apply principles of prevention to defined population groups.

**Practice Management Expectation: Management of Care Delivery**

CC-5.53 Provide culturally competent first-contact care through direct access to patients/clients who have been determined through the screening and examination processes to need physical therapy care.

CC-5.54 Provide culturally competent care to patients/clients referred by other practitioners to ensure that care is continuous and reliable.

CC-5.55 Provide culturally competent care to patients/clients in tertiary care settings in collaboration with other practitioners.

CC-5.56 Participate in the case management process.

**Practice Management Expectation: Practice Management**

CC-5.57 Direct and supervise human resources to meet patient’s/client’s goals and expected outcomes.

CC-5.58 Participate in financial management of the practice.

CC-5.59 Establish a business plan on a programmatic level within a practice.

CC-5.60 Participate in activities related to marketing and public relations.

CC-5.61 Manage practice in accordance with regulatory and legal requirements.

**Practice Management Expectation: Consultation**

CC-5.62 Provide consultation within boundaries of expertise to businesses, schools, government agencies, other organizations, or individuals.
Practice Management Expectation: Social Responsibility and Advocacy

CC-5.63 Challenge the status quo of practice to raise it to the most effective level of care.
CC-5.64 Advocate for the health and wellness needs of society.
CC-5.65 Participate and show leadership in community organizations and volunteer service.
CC-5.66 Influence legislative and political processes.
Philosophy of Research
For the growth of the physical therapy profession and ultimate improvement in patient care services, the Department faculty value the importance of continued learning and development of the body of professional knowledge. In this regard, the faculty believe the professional education environment must provide opportunity for, and involvement in, research activities. These research areas, necessary to the advancement of the profession, include basic and applied clinical research, with an emphasis on evidence based practice and analysis of such practice, administrative research, and educational research activities. The Department, therefore, is committed to the development of research resources with opportunities for the involvement of students, faculty, and community practitioners.

RELATIONSHIP OF THE PROGRAM TO THE COMMUNITY

University Community
The Department faculty believe they should be involved in many components of the Texas State community to assure that they are an integral part of that community. The faculty is committed to contribute to the service activities of Texas State and accept the challenge by actively serving on Department, College, and Texas State committees and organizations; representing the Department and Texas State to civic and social groups; becoming involved with Texas State student organizations; and operating a physical therapy clinic to serve the Texas State community.

Professional Community
The Department faculty recognize and greatly appreciate the support for the growth and development of the Program given by the professional community of Central Texas. The faculty has a strong sense of commitment and obligation to their professional community. Faculty members are active members of their professional organizations, as well as other community organizations, holding both elected and volunteer leadership positions in those organizations.

Community at Large
The state of Texas has diverse health care needs due to its large area and varied population. It is one of the fastest growing states in the country and will, therefore, experience many major health care changes that will impact its growing population. As a state supported institution, the faculty recognize the Department's obligation to meet these needs to the fullest extent possible.

RELATIONSHIP OF THE PROGRAM TO THE STUDENTS

The primary focus of the Department is, like the University, the student. The goal of assisting each enrolled student to achieve his/her chosen professional goal is achieved by providing academic counseling, academic instruction and clinical experience in an atmosphere conducive to learning. The Department faculty make every attempt to be readily available to assist with academic and personal inquiries. Each student has been assigned a faculty advisor/mentor to facilitate completion of the professional degree. Personal or professional concerns should be addressed to the student's mentor or another faculty member as appropriate. Previous students have developed the expectations of the students, which is shared with the applicants during the admissions process. (Attachment #4)
RELATIONSHIP OF THE FACULTY TO THE DEPARTMENT

Faculty Members
The University seeks to attract highly qualified and experienced educators to serve on the faculty. The Department's faculty is committed to providing the quality academic and clinical instruction necessary to foster high ethical and professional standards. The Graduate College has appointed the full-time academic faculty of the Department to graduate faculty status. (Attachment #5)

Adjunct Clinical Faculty
The University recognizes the contributions of the clinical faculty by granting them clinical adjunct status. To adequately discuss the continuously expanding areas related to physical therapy clinical practice, physical therapists, physicians, and other health professionals are appointed as adjunct faculty. These professionals are chosen on the basis of their interest and expertise in state-of-the-art procedures in their respective fields.
SECTION II. STUDENT INFORMATION

ACADEMIC REQUIREMENTS
For many students, a full-time professional education is a new experience – one that may pose a significant challenge. Professional education has the following characteristics:

- Time – many hours of class, study time on and off campus due to the breadth and depth of the curriculum
- Schedule of classes and assignments – often unpredictable given the involvement of guest speakers and participants external to the University, the need to travel to facilities for special labs and other learning opportunities
- Attendance – while not required, it is highly recommended and faculty expect students to attend all classes as scheduled. Absences may jeopardize successful completion of the program.

Course Requirements
All course requirements are established by the individual instructor and are delineated in the course syllabus. The course instructor may establish requirements for the course, which are in addition to the course syllabus if the instructor deems them necessary and beneficial to the course, the Department or the students.

Grading Policy
A minimal grade of 70 percent is considered to be passing for any professional course within the Department. However, a student must maintain a 3.0 GPA to remain in "good standing" with the Graduate School. Unless otherwise indicated in a course syllabus, the grading scale will be:

- A = 90-100
- B = 80-89
- C = 70-79
- D = 60-69
- F = below 60

Practical Examination Policy
In order to assure that students have the basic science background and psychomotor skills with which to evaluate and treat patients in a safe and competent manner, the DPT program utilizes performance-based practical examinations.

In order to assure safety, all practical examinations will have criteria that are noted to be “must pass” criteria. Failure to perform or comply with any one of these criteria will result in the student failing the practical examination. Failure of a practical examination due to safety concerns will result in a grade no higher than 69% and require a retake of the examination which will be scheduled within 10 academic days, however, the grade for the initial examination will be retained as the grade of record for the exam. Failure to perform safely on the re-take will result in failure of the course.

Each practical examination will have specific performance criteria for competence and effectiveness designed by the instructor(s) of the course. Failure to achieve a 70% or above on the performance criteria will result in failure of the practical examination. After consultation with the instructor, students who fail the practical examination with a score of lower than 70% will be required to retake the examination which will be scheduled within 10 academic days, however, the grade for the initial examination will be retained as the grade of record for the exam. Failure to perform competently and effectively on the re-take will result in failure of the course.

Each performance practical is graded with the intent to remove subjectivity in grading. However, given that there are occasions in which subjectivity cannot be eliminated, upon failure of a performance practical it is the policy of the department to require videotaping of the retest and/or utilize an additional faculty member to administer the retest. No student may pass any course with a failing grade on any performance practical.
Honor Code, Texas State University
As members of a community dedicated to learning, inquiry, and creation, the students, faculty, and administration of our University live by the principles in this Honor Code. These principles require all members of this community to be conscientious, respectful, and honest.

WE ARE CONSCIENTIOUS. We complete our work on time and make every effort to do it right. We come to class and meetings prepared and are willing to demonstrate it. We hold ourselves to doing what is required, embrace rigor, and shun mediocrity, special requests, and excuses.

WE ARE RESPECTFUL. We act civilly toward one another and we cooperate with each other. We will strive to create an environment in which people respect and listen to one another, speaking when appropriate, and permitting other people to participate and express their views.

WE ARE HONEST. We do our own work and are honest with one another in all matters. We understand how various acts of dishonesty, like plagiarizing, falsifying data, and giving or receiving assistance to which one is not entitled, conflict as much with academic achievement as with the values of honesty and integrity.

THE PLEDGE FOR STUDENTS
Students at our University recognize that, to insure honest conduct, more is needed than an expectation of academic honesty, and we therefore adopt the practice of affixing the following pledge of honesty to the work we submit for evaluation:

“I pledge to uphold the principles of honesty and responsibility at our University.”

THE PLEDGE FOR FACULTY AND ADMINISTRATORS
Faculty at our University recognize that the students have rights when accused of academic dishonesty and will inform the accused of their rights of appeal laid out in the student handbook and inform them of the process that will take place.

“Trecognize students’ rights and pledge to uphold the principles of honesty and responsibility at our University.”

Addressing Acts of Dishonesty
Students accused of dishonest conduct may have their cases heard by the faculty member. The student may also appeal the faculty member’s decision to the Honor Code Council. Students and faculty will have the option of having an advocate present to insure their rights. Possible actions that may be taken range from exoneration to expulsion.

http://www.txstate.edu/effective/upps/upps-07-10-01.html

Course Failure
Failure of a course will result in termination of the student’s progression in the curriculum. The student must request to be reinstated in order to repeat the course. Successful completion of the repeated course is a requirement for progression in the curriculum.

Academic Probation
All Texas State graduate students are required to maintain a cumulative GPA of 3.0. Cumulative GPAs are computed at the end of the fall, spring and summer semesters. If a GPA falls below a 3.0, the student will be placed on academic probation. In the next semester of enrollment, the GPA must be raised to a 3.0 or above. If this does not occur, a student will be suspended from the Graduate College. (See Texas State Graduate Catalog – Policy on Probation and Suspension or http://www.gradcollege.txstate.edu/docs/gen_info_IS.pdf)

Suspension
After being on suspension status for six months, a student may petition for permission to re-enroll in the Graduate College. Each readmission decision is made on an individual basis. If readmitted, the student must maintain a 3.0 GPA in each semester of enrollment. (See Texas State Graduate Catalog – Policy on Probation and
Suspension or [http://www.gradcollege.txstate.edu/docs/gen_info_IS.pdf](http://www.gradcollege.txstate.edu/docs/gen_info_IS.pdf). Each graduate program may also impose additional cumulative GPA restrictions for their students.

Failure to achieve an average grade of C (70%) in an individual course will result in failure to advance in the curriculum and will result in suspension from the physical therapy program but not necessarily the Graduate College.

**Grade Appeal Procedure**

If a student does not agree with a final course grade, he/she may appeal that grade. This must be done in writing using the CHP form (available on the CHP web site, [http://www.health.txstate.edu/About/College-Policies-and-Procedures.html](http://www.health.txstate.edu/About/College-Policies-and-Procedures.html)) within two years following the date that grades are due to the registrar's office using the following guidelines:

- **First level**: The first level of appeal will be to the faculty member. The formal appeal should be in writing with supporting documentation. The student should meet with the faculty member with written results available to the student within 1 week following the meeting.

- **Second level**: The second level of appeal will be the Department Chair. Again, this must be in writing with supporting documentation and should be done within two weeks following receipt of written results of the first level appeal. The student shall be notified in writing within 1 week following action of the Department Chair.

- **Third level**: The third level of appeal is to the Dean of the College of Health Professions. Again, the written appeal and supporting documentation should be submitted to the Dean within 2 weeks of receiving results of the second level appeal.

- **Final appeal**: The final level is a written appeal to the Dean of the Graduate School.

**Student Rights**

In the event of student problems, academic or personal, every effort will be made to resolve the difficulties at the Department level. In the event of unresolved problems, DPT students are granted the same due process regulations as any other student enrolled at the University.

**Academic Progression**

The Department will review the academic progress of students enrolled in the Department at the end of each semester and recommend specific individual action to the Department Chair. Reviews will be required for any student on probation or suspension status. Academic status will be reported to the Department faculty and the individual student’s advisor. Recommendations will be made to the Chair for students requiring further action on status.

**Requirements for Graduation**

Eligibility for graduation requires satisfactory completion of all course work with a 3.0 or better GPA. Students must apply for graduation through the Graduate College during the final semester of course work.
Course Failure Procedures

Flow Sheet

1. Successful completion of failed course
2. Remediation that might include
   a. successful completion of additional courses that support the failed course
   b. completion of "problems" course
   c. completion of clinical assignment
   d. other recommendations from faculty

Reinstate

Course Failure - results in dismissal

Request reinstatement within first semester following suspension

Do not reinstate

Recommendations to be made by faculty based on faculty advisor input, classroom faculty input, and department chair.
Department of Physical Therapy
Probation/Suspension Procedures
Flow Sheet

Special Consideration
Illness/Trauma
Learning Disabilities
Family Circumstances

Consideration by Department Chair
Recommendations to faculty

Extend Probation

Probation due to GPA below 3.0

Student to be advised by Faculty advisor throughout consideration process

Suspend if 3.0 not achieved in following semester

Reconsideration for reinstatement
First year - start over
After first year - advanced standing

First year - repeat and complete all courses successfully (B or better)

After first year - advanced standing and course enrollment to be determined after faculty review
**Written Assignments**
All papers should conform to the style adopted by the American Physical Therapy Association, which is the American Medical Association style. The *AMA Manual of Style* is routinely available for purchase in the bookstore, and is available both at the library and from individual faculty members. Faculty members may choose to select a different style and will notify students at that time. Consult the Writing Tips (*Attachment #6*) for helpful hints. Accepted abbreviations should be used when permitted by the faculty member. (*Attachment #7*)

**Research**
Each student is required to complete a research project as part of the degree requirements. This process is integrated throughout the curriculum and begins during Semester Two with PT 7327 Research in Physical Therapy I. The scholarly project will consist of an Analysis of Practice (AOP) group project to analyze the outcomes of clinical practice in defined areas or another agreed upon project.

**Criminal Background Check**
A “clear” background check is required prior to beginning off-campus clinical education experiences. A form for applying to the Texas State approved agency will be made available by the Director of Clinical Education (DCE) for completion of that background check. Any cost associated with the background check is the responsibility of the student.

If a student is unable to receive a “clear” background check the clinical assignments may be altered based on the areas that have failed to be clear, as well as the clinical site’s policy on accepting individuals without fully cleared background checks. This status will be reviewed on the basis of the individual and the specific clinical site assignment.

**Clinical Education Assignments**
The clinical education experiences are a privilege earned by successful progression through the academic curriculum and not a right of enrollment in the curriculum. All appropriate coursework must be successfully completed before a student will be allowed to participate in the clinical education portion of the curriculum. Education experiences are **not** to be arranged by the student, but are the responsibility of the DCE and coordinated through the Dean’s office. The assignments will be completed following discussion with each individual student and based on the student’s written clinical goals and objectives. Although most clinical education experiences will be completed in the Central Texas area, some assignments may be outside of the immediate area. All attempts will be made for the student to be assigned to a facility in an area in which they have housing available or that has facility provided housing.

**Degree Plan**
The Graduate College will provide access for each student to a copy of his/her degree plan, which should be maintained as a part of the student’s personal records. In the semester prior to graduation, the Graduate College will prepare a degree summary based on the degree plan to verify eligibility for degree. Each student is required to pass the comprehensive examination and to complete a scholarly project to successfully complete a graduate degree at Texas State. Upon successful completion of the curriculum, a Doctor of Physical Therapy (DPT) will be awarded.

**Comprehensive Exam**
To successfully graduate from Texas State with a Doctor of Physical Therapy, all students must pass a final comprehensive examination with a minimum score of 70%. Additional information about the comprehensive examination can be found at [http://www.health.txstate.edu/pt/courses/comprehensive-exams.html](http://www.health.txstate.edu/pt/courses/comprehensive-exams.html).

**Student Records Release**
Students may consent to have their records released for any number of purposes including scholarships and financial aid, awards, and employment consideration. Students must complete a release form and have it on file in the Department Office. (*Attachment #8*)
Photography Release
Students may consent to have photographs or videos taken for use in educational presentations or advertising and promotion of the program. Students must complete a release form and have it on file in the Department Office. (Attachment #9)

Treatment Release
Students may consent to receive treatments during classroom and lab and to provide treatment of others in classroom, lab or clinical education. Students must complete a release form and have it on file in the Department Office. (Attachment #10)

Open Lab Release
Guests may consent to serve as practice partners during “open lab” experiences for students. They must complete a release form and have it on file in the Department Office. (Attachment #11)

Licensure Requirements
Graduation from the DPT Program does not guarantee licensure in Texas or any other state. To practice physical therapy in Texas a graduate must either have a temporary license and practice under the onsite supervision of a licensed physical therapist or have successfully completed the licensure examination. Practice cannot legally begin until the temporary or permanent license has been received and, therefore, initial employment cannot begin until the Texas State Board of Physical Therapy (TBPTE) has issued the appropriate license. For more information see http://www.ecploe.state.tx.us/.

The Federation of State Boards of Physical Therapy (FSBPT, www.fsbpt.org ) has established a single, uniform examination for physical therapy which is known as the National Physical Therapy Examination (NPTE). The NPTE is taken following graduation, required for licensure and prior to the start of physical therapy practice.

Professional Conduct

Attendance
Students are expected to attend and participate in all scheduled lecture, laboratory and clinical classes. If a class session is to be missed, the student must notify the course instructor prior to the start of the class session. Failure to do so may result in the absence being considered unexcused. Electronic notification is required either as the original notice or as follow-up verification. Make-up of any missed material such as in-class projects, quizzes and exams is at the discretion of the instructor.

The current excused attendance policy covers typical life events and emergencies (i.e. illness of student, illness or death of an immediate family member, military deployment of an immediate family member). If a student anticipates an important life event other than the typical or emergency situations listed, he or she should notify the course instructor as soon as possible to discuss whether altered class expectations are possible.

Each instructor will establish criteria in the course syllabus addressing specific class participation expectations and missed work. Should a student miss class, it is the student’s responsibility to obtain the missed information and meet with classmates to discuss/practice missed material. Responsibility for make-up of missed work or evaluation criteria for excused absences is the responsibility of the student.

(Approved: 7/2/2012)

Class

Attendance at all class sessions is expected. If a class session is to be missed, the student should notify the course instructor with sufficient time prior to the class. Individual instructors will provide specific course requirements in event of absence. Make-up of course work or exams is at the discretion of the individual instructor. Specific attendance requirements will be covered in each course syllabus.
Lab
It is expected that students in a professional program will use their time wisely. Appropriate use of laboratory practice time will lessen the additional time required for clinical skill acquisition and practice outside of the scheduled class time. It will also insure the availability of the assigned faculty member to assist with the development of that skill.

Attendance for Clinical Education Experiences
For all clinical education experiences, attendance is mandatory. It is the prerogative of the student's Clinical Instructor to require any missed clinical time to be made up for successful completion of the clinical affiliation assignment.

Absences
For Texas State sanctioned events the absence from class and lab sessions may be excused with permission of the course instructor; however, it is the student's responsibility to make up missed class work.

Preparation for Class
Students are expected to complete reading and course assignments on time. The course instructor reserves the right to exclude unprepared students from class or lab (this includes improper attire – see below.) As a general practice, it is expected that for every contact hour of class, students spend an additional one to three hours of preparation outside of class time, depending on student learning styles and the specific course requirements.

Dress
Lectures
Unless a guest lecturer is scheduled there are no specific requirements for dress for on-campus lectures. For all guest lectures and off-campus lectures, students are required to dress professionally (i.e., no jeans, T-shirts, athletic shoes, etc.; Texas State logo apparel is appropriate).

Labs
Lab dress will vary and requirements will be covered by each course instructor.

Clinical Education Experiences
Students are expected to dress in an appropriate professional manner as described in the clinical education policies. Unacceptable dress includes jeans or casual pants, T-shirts, tennis shoes or sandals. Students are expected to abide by the uniform/dress policy of the clinical facility as required. Policies governing clinical education will be presented during in PT 7130 Clinical Education Orientation.

Texas State Clinic
A Texas State polo shirt and nametag are required. Additional requirements are addressed during clinic orientation each semester.

Texas State Logo Apparel
All logo apparel (shirts, hats, jackets, etc.) that will be ordered and worn by student physical therapists in the Texas State Clinic, during clinical experiences, or during any event while representing the Texas State Department of Physical Therapy will use an approved, official Texas State University logo.

Lockers
Lockers are provided in the locker rooms. They are available on a first come first serve basis. You may provide a lock for your locker; you will be asked to remove your possessions and your lock when you depart campus for your clinical assignments.
Maintenance of a Clean and Safe Learning Environment
Smoking is prohibited on the campus of Texas State as is all tobacco use (Tobacco Free Campus). Students are expected to keep their belongings orderly to avoid cluttering the classroom and lab areas. Lockers are available. Bicycles are not allowed in the classrooms or labs or hallways. Students are expected to return any lab equipment or supplies to the appropriate storage area and discard any waste materials at the end of each class session so that lab rooms remain orderly. Plinths and other frequently used items must be cleaned with bleach solution according to posted cleaning schedules although more frequent cleaning of heavy use items is recommended. It is required that bleach solutions be mixed fresh each week. Students are asked to promptly report any depletion of supplies, malfunctions or damage to equipment to the instructor. Students responsible for laundry and clean up as assigned by the weekly schedule should conscientiously accomplish their tasks each day.

Off-Campus Classes
Frequently, classes will be scheduled at various medical facilities. Attendance is mandatory at these sessions, as there is no mechanism for that class session to be made up. The course instructor will provide specific course requirements/procedures. It will be the student's responsibility to obtain transportation to the off-campus activity unless the University provides such transportation.

BEHAVIOR
Classroom
Students are expected to behave in a manner commensurate with their status as graduate students in a professional program.

Multiculturalism and Sexual Harassment
Texas State believes in freedom of thought, innovation and creativity and consequently it seeks to encourage diversity of thought and to nurture sensitivity, tolerance and mutual respect. Discriminating against or harassing anyone based on race, color, national origin, age, religion, sex, sexual orientation, or disability is inconsistent with the University's purpose and will result in appropriate disciplinary actions. Any student who believes he/she has been a victim of discrimination or has observed incidents of discrimination should call the Dean of Students at 3245-2124, or the Department Chair. Texas State does not allow sexual harassment. Should a Texas State student believe himself/herself to have been sexually harassed, contact the Dean of Students. Texas State enforces a strict drug policy. Texas State complies with the Family Educational Rights and Privacy Act of 1974, protecting certain confidentiality rights of students.

Professional Behavior
In addition to a commitment to lifelong learning, students are expected to demonstrate professional behavior. This is defined by the Program as the demonstration of values, attitudes and behaviors consistent with the expectations of the public and the profession. These values and behaviors are delineated for the profession by the APTA Code of Ethics. Students are expected to adhere to the APTA Code of Ethics. ([http://www.apta.org/uploadedFiles/APTAorg/About_US/Policies/HOD/Ethics/CodeofEthics.pdf#search=%22code%20of%20ethics%22](http://www.apta.org/uploadedFiles/APTAorg/About_US/Policies/HOD/Ethics/CodeofEthics.pdf#search=%22code%20of%20ethics%22)). (Attachment #12)

In addition, there are other documents that assist in guiding behavior – the APTA Guide for Professional Conduct ([http://www.apta.org/uploadedFiles/APTAorg/About_US/Policies/Bylaws_and_Rules/GuideforProfessionalConduct.pdf#search=%22Guide%20to%20professional%20conduct%22](http://www.apta.org/uploadedFiles/APTAorg/About_US/Policies/Bylaws_and_Rules/GuideforProfessionalConduct.pdf#search=%22Guide%20to%20professional%20conduct%22) and the Core Values of Professionalism ([http://www.apta.org/uploadedFiles/APTAorg/About_US/Policies/BOD/Judicial/ProfessionalisminPT.pdf#search=%22Core%20values%22](http://www.apta.org/uploadedFiles/APTAorg/About_US/Policies/BOD/Judicial/ProfessionalisminPT.pdf#search=%22Core%20values%22). A violation of standards outlined in these documents may be grounds for referral to the appropriate authority. Examples of such violation include making untruthful statements, plagiarism, or demonstration of discriminatory or harassing behavior. Professionals are expected to have a strong work ethic and interpersonal skills. A pattern of tardiness, disrespect to others, disruptive behavior, or lack of attention in classes/meetings may also result in referral and review of the professional (generic) behaviors process.
Professionalism in Physical Therapy: Core Values

- **Accountability** is active acceptance of the responsibility for the diverse roles, obligations, and actions of the physical therapist including self-regulation and other behaviors that positively influence patient/client outcomes, the profession and the health needs of society.
- **Altruism** is the primary regard for or devotion to the interest of patients/clients, thus assuming the fiduciary responsibility for placing the needs of the patient/client ahead of the physical therapist's self-interest.
- **Compassion** is the desire to identify with or sense something of another's experience; a precursor of caring.
- **Caring** is the concern, empathy, and consideration for the needs and values of others.
- **Excellence** is physical therapy practice that consistently uses current knowledge and theory while understanding personal limits, integrates judgment and the patient/client perspective, embraces advancement, challenges mediocrity, and works toward development of new knowledge.
- **Integrity** is the possession of and steadfast adherence to high ethical principles or professional standards, truthfulness, fairness, doing what you say you will do, and “speaking forth” about why you do what you do.
- **Professional duty** is the commitment to meeting one's obligations to provide effective physical therapy services to individual patient/clients, to serve the profession, and to positively influence the health of society.
- **Social responsibility** is the promotion of a mutual trust between the profession and the larger public that necessitates responding to society needs for health and wellness.

Source: [http://www.apta.org/uploadedFiles/APTAorg/About_Us/Policies/BOD/Judicial/ProfessionalisminPT.pdf?search=%22Core%20values%22](http://www.apta.org/uploadedFiles/APTAorg/About_Us/Policies/BOD/Judicial/ProfessionalisminPT.pdf?search=%22Core%20values%22)

Professional Probation

Professional probation occurs when a student is put on notice that behavior in the classroom, laboratory, and with the faculty, staff or peers is not acceptable. A student will be placed on professional probation following the sequence of events that are outlined below.

Class Participation – Students are expected to attend and participate in all scheduled lecture, laboratory and clinical classes. Failure to meet these expectations should be provided in each course syllabus. Each instructor should establish criteria in the course syllabus addressing class participation expectations. Examples may include: arrives on time for class participation and laboratory participation, demonstrates consistent attention and focus, changes laboratory partners often, works well with others, asks questions, leads discussion when asked, helps others with practice and discussion, volunteers for demonstrations, comes to instructors for help when needed and in a timely manner. The impact of failure to meet these expectations should be included in the course syllabus and discussed with the students during the first meeting of the course.

Outside Factors Influencing Academic Performance and/or Class Dynamics - Recognizing that there are other factors that may influence class participation; students will be excused for typical life events when they give notification by phone or e-mail to faculty and/or staff. Each instructor will specify in the course syllabus or in conversation with the student at the time of notification the expectation for makeup of any missed coursework.

- The current attendance policy covers typical life events and emergencies (e.g., illness, illness of a family member, death in the family).
- If a life event beyond an occasional illness, illness of a family member, or death in the family causes a student to miss more than two full class days (consecutive or non-consecutive) for a course, then the student must meet with his or her advisor, course instructor or instructors, and any other involved faculty to formulate a corrective action plan within two weeks of returning to class.
Behaviors Deemed Inappropriate for Successful Course Completion -

Given that this is a professional program, some behaviors will not be tolerated.

- Examples of behaviors that will not be tolerated include, but are not limited to, the following:
  - repetitively interrupting
  - repetitively speaking out of turn
  - refusing to defer to the instructor’s direction
  - using an accusatory tone of voice and/or cursing
  - display of lack of respect to faculty, classmates and staff
  - using inappropriate body language (e.g., rolling eyes, failing to make eye contact when speaking, huffing, placing hands on hips).

If the course instructor deems a student’s behavior to be egregiously inappropriate, then:

- the student will be held accountable according to the course syllabus criteria, when behavior occurs during class or as part of a course assignment
- must meet with his or her advisor, course instructor, and any other involved faculty to review the Professional Behaviors
- must formulate a corrective action plan before returning to class.

If a faculty member observes an unprofessional behavior they will coordinate with the student’s advisor and attempt to meet with the student to inform them that professional probation could ensue. If an action is egregiously inappropriate no meeting is required and the faculty may place the student on professional probation immediately. When a corrective action plan is indicated, the student will be placed on professional probation. This corrective action plan should include expectations not only for behavior change but also for behavior maintenance throughout the student’s matriculation in the program. Once placed on professional probation, the student will have until the end of the immediately following semester to correct behavior and meet all requirements stipulated in the corrective action plan. If requirements of the action plan are not met, the same policy for academic probation applies and the student will be suspended from the program. Students are afforded the privilege to go through the professional probation process at least one time. Additional behaviors which warrant professional probation may lead to immediate suspension at the discretion of the faculty. Students on professional probation are not allowed to begin an off-campus clinical education course until the probation has been resolved. If an unprofessional behavior occurs as part of an off-campus clinical education experience, the clinical education policies apply.

Professional Behaviors

Professional behaviors include those attributes, characteristics, or behaviors that are not explicitly part of a profession’s core of knowledge but are nevertheless required for success. Physical therapy-specific Professional Behaviors include:

1. Critical Thinking
2. Communication
3. Problem Solving
4. Interpersonal Skills
5. Responsibility
6. Professionalism
7. Use of Constructive Feedback
8. Effective Use of Time and Resources
9. Stress Management
10. Commitment to Learning

The faculty believe that each student should develop an entry-level mastery (behaviors demonstrated upon graduation and entry into the profession) of each of these skills by graduation. This belief is based on the following assumptions: the process of becoming socialized into a profession requires hard work and takes a long time and therefore must begin early; a repertoire of behaviors, in addition to a core of knowledge and skills, is important to be a successful physical therapist; professional behaviors are defined by the ability to generalize,
integrate, apply, synthesize, and interact effectively; whether behaviors can be “taught” or not, the fact remains that behaviors are learned; and behaviors can be objectified and assessed.

To assist the student in assessing and developing an entry-level mastery of these behaviors, it will be required that each student and advisor complete an assessment of the **Professional Behaviors** in the first semester and each year thereafter. The student should schedule a meeting with the advisor to discuss the self-assessment and the advisor’s assessment of the student. The form will be used by the student for the self-assessment, as well as by the faculty member, to provide input to the student on the student’s progression. ([Attachment #13](#)) Following each meeting with the advisor, the student may be required to set goals related to the **Professional Behaviors** to assist the student in reaching the expected level of performance [beginning (by the end of the first year of the program), developing (by the end of the didactic course work), entry-level (by the end of all clinical assignments)]. It is expected that each student achieve entry-level mastery by graduation.

**PROGRAM COMPLIANCE WITH CAPTE REQUIREMENTS**

Texas State and the Department of Physical Therapy will submit all necessary fees and reports for accreditation as established by the Commission on Accreditation in Physical Therapy Education (CAPTE). The University and the program are dedicated to the development of a comprehensive and sound educational environment in which to produce graduates who are ready to enter the profession. As such, we are dedicated to compliance with CAPTE criteria. If any substantive change occurs in the programs administrative structure or function, the chair or designees will notify CAPTE of such change within seven calendar days. The following are examples of substantive changes that require notification to CAPTE – program leadership change; structure change, significant (25%) reduction in program support, greater than 25% increase in admission class size, major curricular changes, or development of an expansion program. Should students wish to file a complaint with CAPTE: **Comments can be mailed to the American Physical Therapy Association, Attention: Accreditation Department, 1111 North Fairfax Street, Alexandria, VA 22314-1488; Fax: 703/706-3387; or e-mailed to accreditation@apta.org.** For additional information see [http://www.capteonline.org/Complaints/](http://www.capteonline.org/Complaints/).
COMMUNICATIONS

Faculty Office Hours
Each faculty member establishes office hours based on the semester's schedule. The office staff manages the appointment calendar for office hours. Students are expected to check in for their appointments at the front desk. At that time, they will be announced to the faculty member. Faculty may agree to see students outside their posted office hours through an open door policy. Office staff will be glad to check the faculty member's availability on an individual basis.

Telephones
Each faculty member has a direct office phone which has voicemail capability. Feel free to leave a voice mail message.

Electronic Communication
Each faculty member has an e-mail address and encourages students to communicate via e-mail. Students are required to use their Texas State e-mail account and to check their e-mail for regular announcements or specific messages. Faculty will check their e-mail on a regular basis but will not always respond immediately; adequate time should be given for appropriate responses.

When using electronic communication, please use correct etiquette. E-mail can be a valuable communication tool, however, can often create miscommunications if not used effectively.

Cell Phones
Cell phones should be turned to silent mode or in the off position during classes. Text messaging is prohibited as well as phone calls when classes are in session.

Computers in Classroom
Students are allowed to use personal computers in the classroom for class purposes. Checking e-mail, surfing the Internet or other distracting activities are prohibited. Violation of this request may result in loss of privileges for all students.

Mailboxes
Each student and faculty member has a mailbox in the Department. Student mailboxes are located in the hallway outside the locker rooms. Each student is assigned a mailbox by name. This mailbox will be used to return papers, provide information to the students, and for other written communication. The information placed in an individual student’s mailbox is for that student only and should be respected as confidential.

Faculty have mailboxes in the Department workroom as well as drop boxes in the Department office. You may place assignments, borrowed materials and other items in the drop box in the Department office or you may ask the office staff to place an item in the faculty mailbox in the workroom.

There is an outgoing mail pickup location in the Department office. You are free to use this for outgoing mail. Drop the item in the box and it will be picked up during the regular mail delivery cycle.

TRACS
Teaching Research and Collaboration System (TRACS) enables faculty to enhance classroom instruction. Students can view course and campus announcements in one location and access course web sites and projects or groups. The faculty uses TRACS for course support. Students should become familiar with the TRACS sites since all instructors use for courses and each DPT Class has a TRACS Project Site. Questions to instructors are welcome. https://tracs.txstate.edu/portal/login
PROFESSIONAL INVOLVEMENT

Community
The Department faculty encourage all students to participate in community and professional activities. Involvement in such activities is one step toward becoming a complete professional. Such activities include participating as a volunteer at the Special Olympics, AWARE, health career days, Bobcat Days, Texas State student organizations or involvement in other professional groups.

Profession
The American Physical Therapy Association (APTA) is the organization representing physical therapists, physical therapist assistants, and students in the United States. The APTA is divided into its components of state chapters, sections and assemblies. The Texas Physical Therapy Association (TPTA) is the chapter of the APTA to which the student is assigned based on place of residency. The sections of the APTA are the special interest and clinical interest groups in which membership is optional. The Student Assembly is a component to which students are automatically assigned due to their membership class when joining the APTA.

Membership
Students are eligible for membership in both the APTA and TPTA at a student rate and are encouraged to become members to reap the many benefits of membership including publications, continuing education, professional conferences, networking with colleagues and peer support. The goal is for 100% membership by students for all programs in Texas. Student membership during the professional program allows a graduate to qualify for reduced active member dues upon graduation as well as other member benefits while enrolled in the program. Application may be completed on-line or by writing. Applications are available on the APTA web site, http://www.apta.org/CurrentStudents/ and http://www.apta.org/Membership/.

CARDIOPULMONARY RESUSCITATION
All students are expected to maintain CPR certification throughout all clinical education assignments, including the clinical practicum completed in the Texas State PT Clinic. It is the student's responsibility for providing either an original or a renewal certificate prior to clinical assignments. CPR certification must remain current throughout the clinical education courses for the student to remain in patient care at a clinical setting.

STUDENT CLINIC
The Texas State PT Clinic is an integral part of the Department's teaching and learning. The faculty and second year students, while enrolled in the clinical practicum courses, operate the Clinic under the direction of the Clinic Director. Hours vary and will be posted prior to the opening of the Clinic each semester. All students are required to attend the scheduled clinic orientation sessions and are encouraged to participate actively in the clinic management through semester meetings discussing the clinic's function. Should a current student need physical therapy, the student should make an appointment in the Physical Therapy Clinic through appropriate mechanisms. PT students will need a physician's referral and will be charged the regular clinic fees. Students should not ask faculty to “look at” an injury that has been sustained without going through appropriate clinic procedures.

HEALTH STATUS/HEALTH INSURANCE
Due to the nature of a PT student's clinical contact, it is recommended that each student be enrolled in some type of health insurance program. The College requires Hepatitis B inoculations that are available through the University Student Health Center for a fee. Health insurance is available through the University or the APTA.

UTILIZATION OF CLASSROOMS, LABS & EQUIPMENT
Classrooms
Some lectures will be held in the classrooms on the 1st and 2nd floor, others will be held in the PT labs. Room assignments are made through the Dean's office. Eating is not allowed in the classrooms and only by special permission in the PT labs.
Teaching Labs (305, 333, 335)
Eating in the physical therapy labs is limited to lunch from 12 PM –1 PM or for other approved times in HPB 305 or 333 when class is not in session. This is a negotiated privilege and subject to revocation if the labs are not kept clean. All students are responsible for cleaning up after the lunch break. The microwave(s) must be kept clean at all times. Drinks in containers with tops are allowed in the labs during class time. Any spill should be cleaned up immediately.

All labs should be left orderly at the end of each class session. Students from the scheduled classes held in the lab will be held responsible for the condition of that lab. There should be no lounging or sleeping in the labs - students are encouraged to utilize teaching facilities and equipment to maximize their skill acquisition and, therefore, should have a specific reason to be in the lab during hours other than assigned class hours.

Several policies must be observed for utilization of the facilities outside of scheduled classes:
• The teaching laboratories and clinic are accessible to students after 5 p.m., on weekends, or during holidays or breaks only when the course instructor or a graduate assistant is available.
• All facilities are to be left cleaned following use, with equipment and supplies returned to the appropriate locations.
• All lights and equipment should be turned off following use of the lab and equipment.
• For safety of the students and equipment, all doors must be locked during and after any after hour use.
• Any equipment to be checked out must have the approval of the course instructor and must be checked out by course instructor or graduate assistant.
• The student accepts full responsibility for any equipment being used or checked out.

Computer labs
Computer facilities for student use are available on the 2nd floor for all College students. Information about the computer lab operations, including policies and procedures for utilization of lab hardware and software, is available from the computer lab coordinator.

Equipment
Equipment is available for use in the teaching labs during class or when graduate assistants monitor the labs. Students should report malfunctioning equipment to a faculty member immediately to prevent injury to another student using the equipment and so that it can be repaired.

Laundry/Lab Cleaning Assignments
Each semester a laundry and cleaning assignment list is posted. Students generally have responsibility for two weeks each semester of either laundry or cleaning. It is the student's responsibility to check the schedule and to review responsibility of the assignment.
SECTION III. MISCELLANEOUS INFORMATION

PHONES
The Department phone number is (512) 245-8351. This number may be used in an emergency situation to contact a student.

PROFESSIONAL LIABILITY INSURANCE
Students enrolled in the College are required to purchase professional liability insurance for each year they are enrolled in the DPT program. Payment is required to be made by the posted date each fall to maintain enrollment in the Program. A money order made payable to Texas State is the only form of payment accepted for payment for the liability insurance policy. A copy of the policy coversheet will be provided to each student.

FACULTY APPOINTMENTS
Appointments with faculty can be made in the Department office. The office staff keeps a schedule of each faculty member’s office hours during the semester and will be glad to assist the student in making an appointment. Should you schedule an appointment and be unable to keep it, please call to notify the office or the individual faculty member.

CONTACT FOR IMPORTANT OFFICES
College of Health Professions, Dean’s Office – http://www.health.txstate.edu, 245-3300
Graduate College – www.gradcollege.txstate.edu, 245-2581
Financial Aid – www.finaid.txstate.edu, 245-2315
Multicultural Student Affairs Office – www.msa.txstate.edu, 245-2278
Alcohol and Drug Resource Center – www.adrc.txstate.edu, 245-3601
Career Services – www.careerservices.txstate.edu, 245-2645
Counseling Center – www.counseling.txstate.edu, 245-2208
Disability Services – www.ods.txstate.edu, 245-3451
Student Health Center – www.healthcenter.txstate.edu, 245-2161
Writing Center – writingcenter.english.txstate.edu, 245-3018
Alkek library – www.library.txstate.edu, 245-3681
Bookstore – www.bookstore.txstate.edu, 245-2273
University Police Department – www.police.txstate.edu, 245-2805
SECTION IV. CONFIDENTIALITY

"And whatsoever I shall see or hear in the course of my profession, as well as outside my profession.... if it be what should not be published abroad, I will never divulge, holding such things to be holy secrets." Hippocratic Oath.

Confidential information is information about a patient or client that is furnished by the patient directly or even from a third party, including information that comes to you in writing or through electronic means. Any time you think a patient has a reasonable expectation that sensitive information will not be shared, treat the information as confidential. The patient who chooses to share confidential information with you has the expectation that he or she can control that information for his or her own welfare. Confidential information should be used to facilitate the goal of helping the patient and be kept from unauthorized people. It is not considered a breach of confidentiality if information is shared with other health professionals involved in the patient's care, as long as the information has some relevance regarding that case.

ANY BREACH OF CONFIDENTIALITY IS GROUNDS FOR DISMISSAL FROM THE DEPARTMENT.

EXAMPLES OF BREACH OF CONFIDENTIALITY:
1. Discussing a patient's condition or treatment in a public setting;
2. Naming a patient and the patient's condition or treatment in a public setting;
3. Speaking of a patient within hearing range of other patients;
4. Reading a patient's chart when not involved in that patient's care or as a course assignment;
5. Asking co-workers about the condition or treatment of a patient known to you;
6. Reading correspondence or information relating to a patient or employee or discussing that information with others;
7. Discussing information, which a supervisor indicates, is confidential.

EXAMPLES OF POOR SENSITIVITY CONSIDERED A BREACH OF CONFIDENTIALITY:
1. Asking loudly in the waiting room (or other area) about a patient's condition, treatment, lab work, test results, etc.
2. Making light of a patient's condition or personal characteristics;
3. Discussing personal matters of another student or supervisor within hearing range of patients or other students.

HEALTH INFORMATION PRIVACY AND ACCOUNTABILITY ACT (HIPAA)

In 1996, Congress passed HIPAA mandating the adoption of Federal privacy protections for individually identified health information. In response to this mandate, the Department of Health and Human Services (HHS) published the Privacy Rule in the Federal Register on December 28, 2000. Final rules were issued in August 2002 making modifications to the Privacy Rule. Final Privacy Rules can be found at www.hhs.gov/ocr/hipaa/finalreg.html. These rules provide comprehensive federal protection for the privacy of health information. The Privacy Rule sets a federal floor of safeguards to protect the confidentiality of information. The rule does not replace federal, state or other law that provides individuals even greater privacy protections. Confidentiality is certainly a key element of HIPAA.
ATTACHMENTS

1. Calendar
2. Curriculum
3. Curriculum Diagram
4. Expectations
5. Graduate Faculty
6. Writing Tips
7. Approved Abbreviations
8. Student Records Release Form
9. Consent for Photography Release Form
10. Consent to Treatment Release Form
11. Consent to Participate
12. Code of Ethics
13. Professional Behaviors
## Calendar for DPT Class of 2016

### Year 1

<table>
<thead>
<tr>
<th>Summer, 2013</th>
<th>(10 wks)</th>
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<tbody>
<tr>
<td>Orientation</td>
<td>May 30-31, 2013</td>
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<tr>
<td>Classes begin</td>
<td>June 3, 2013</td>
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<tr>
<td>July 4th Holiday</td>
<td>July 4, 2013</td>
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<tr>
<td>Classes end</td>
<td>August 7, 2013</td>
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<tr>
<td>Final Exam</td>
<td>August 8, 2013</td>
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</table>

<table>
<thead>
<tr>
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<th>(16 wks)</th>
</tr>
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<tbody>
<tr>
<td>Classes begin</td>
<td>August 26, 2013</td>
</tr>
<tr>
<td>Labor Day Holiday</td>
<td>September 2, 2013</td>
</tr>
<tr>
<td>Thanksgiving Holiday</td>
<td>November 27-29, 2013</td>
</tr>
<tr>
<td>Classes end</td>
<td>December 5, 2013</td>
</tr>
<tr>
<td>Finals</td>
<td>December 7-12, 2013</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Spring, 2014</th>
<th>(16 wks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classes begin</td>
<td>January 14, 2014</td>
</tr>
<tr>
<td>MLK Holiday</td>
<td>January 20, 2014</td>
</tr>
<tr>
<td>Spring break</td>
<td>March 10-14, 2014</td>
</tr>
<tr>
<td>Classes end</td>
<td>April 28, 2014</td>
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<tr>
<td>Finals</td>
<td>May 1-7, 2014</td>
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### Year 2

<table>
<thead>
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<td>Classes begin</td>
<td>June 2, 2014</td>
</tr>
<tr>
<td>Classes end</td>
<td>August 6, 2014</td>
</tr>
<tr>
<td>Finals</td>
<td>August 7, 2014</td>
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<table>
<thead>
<tr>
<th>Fall, 2014</th>
<th>(16 wks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classes begin</td>
<td>August 25, 2014</td>
</tr>
<tr>
<td>Labor Day Holiday</td>
<td>September 1, 2014</td>
</tr>
<tr>
<td>Directed Clinical A</td>
<td>August 25-October 9, 2014</td>
</tr>
<tr>
<td>Directed Clinical B</td>
<td>October 6-November 25, 2014</td>
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<tr>
<td>Thanksgiving Holiday</td>
<td>November 26-28, 2014</td>
</tr>
<tr>
<td>Classes end</td>
<td>December 4, 2014</td>
</tr>
<tr>
<td>Finals</td>
<td>December 6-12, 2014</td>
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<table>
<thead>
<tr>
<th>Spring, 2015</th>
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<tbody>
<tr>
<td>MLK Holiday</td>
<td>January 19, 2015</td>
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<tr>
<td>Classes begin</td>
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</tr>
<tr>
<td>Directed Clinical C</td>
<td>January 12-March 13, 2015</td>
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<tr>
<td>Spring break</td>
<td>March 16-20, 2015</td>
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<tr>
<td>Directed Clinical D</td>
<td>March 9-May 1, 2015</td>
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<td>Classes end</td>
<td>May 3, 2015</td>
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<tr>
<td>Finals</td>
<td>May 7-13, 2015</td>
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Year 3

<table>
<thead>
<tr>
<th>Semester</th>
<th>(Wks)</th>
<th>Dates</th>
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<tr>
<td>Classes begin</td>
<td>June 1, 2015</td>
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<tr>
<td>Clinical Ed I</td>
<td>June 22-August 14, 2015</td>
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<td><strong>Fall, 2016</strong></td>
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<tr>
<td>Clinical Ed II</td>
<td>August 24-October 8, 2015</td>
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<tr>
<td>Clinical Ed III</td>
<td>October 12-December 11, 2015</td>
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<td><strong>Spring, 2016</strong></td>
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<tr>
<td>Clinical Ed IV</td>
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<tr>
<td>On campus session</td>
<td>April 13-May 4, 2016</td>
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<tr>
<td>Finals</td>
<td>May ??, 2016</td>
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</tr>
<tr>
<td>Graduation</td>
<td>May ??, 2016</td>
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Please note that all dates on this calendar are subject to change pending changes in the University calendar. Please check the most recent version of the University academic calendar on the University website at [http://www.registrar.txstate.edu/persistent-links/academic-calendar.html](http://www.registrar.txstate.edu/persistent-links/academic-calendar.html).
Attachment #2 DPT Curriculum – Class of 2016

**DPT CURRICULUM**

**YEAR 1, SEMESTER 1  SUMMER 2013**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>PT 7114</td>
<td>Professional Issues</td>
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</tr>
<tr>
<td>PT 7115</td>
<td>Evidence Based Practice</td>
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</tr>
<tr>
<td>PT 7311</td>
<td>Anatomy I</td>
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</tr>
<tr>
<td>PT 7312</td>
<td>Patient Care Skills I</td>
<td>3</td>
</tr>
<tr>
<td>PT 7313</td>
<td>Body Systems I-Pathology</td>
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**YEAR 1, SEMESTER 2  FALL 2013**

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<td>PT 7125</td>
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<td>PT 7326</td>
<td>Neuroscience I-Functional Neuroanatomy</td>
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</tr>
<tr>
<td>PT 7327</td>
<td>Research in Physical Therapy I</td>
<td>3</td>
</tr>
<tr>
<td>PT 7328</td>
<td>Exam Techniques</td>
<td>3</td>
</tr>
<tr>
<td>PT 7428</td>
<td>Therapeutic Interventions</td>
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**YEAR 1, SEMESTER 3  SPRING 2014**

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<td>Clinical Education Orientation</td>
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<td>PT 7135</td>
<td>Clinical Decision Making II</td>
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<tr>
<td>PT 7231</td>
<td>Anatomy II-Spine</td>
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<td>PT 7333</td>
<td>Body Systems II-Cardiovascular/Pulmonary</td>
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<tr>
<td>PT 7336</td>
<td>Neuroscience II-Pediatrics</td>
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<td>PT 7539</td>
<td>Musculoskeletal I-Spine</td>
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**YEAR 2, SEMESTER 4  SUMMER 2014**

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<tr>
<td>PT 7346</td>
<td>Neuroscience III-Adult Neurology</td>
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<tr>
<td>PT 7347</td>
<td>Research in Physical Therapy II</td>
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<tr>
<td>PT 7549</td>
<td>Musculoskeletal II-LE</td>
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**YEAR 2, SEMESTER 5  FALL 2014**

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<td>PT 7155</td>
<td>Clinical Decision Making III</td>
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<td>PT 7251</td>
<td>Anatomy IV-UE</td>
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<td>PT 7356</td>
<td>Neuroscience IV-Geriatrics</td>
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<td>PT 7559</td>
<td>Musculoskeletal III-UE</td>
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**YEAR 2, SEMESTER 6  SPRING 2015**

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<tr>
<td>PT 7165</td>
<td>Clinical Decision Making IV</td>
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<tr>
<td>PT 7263</td>
<td>Body Systems III-Diagnostics</td>
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<td>PT 7462</td>
<td>Patient Care Skills II</td>
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<td>PT 7167</td>
<td>Research in Physical Therapy III</td>
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**YEAR 3, SEMESTER 7  SUMMER 2015**

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<td>Clinical Education I</td>
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<tr>
<td>PT 7177</td>
<td>Research in Physical Therapy IV</td>
<td>1</td>
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<tr>
<td>PT 7474</td>
<td>Management Issues</td>
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**YEAR 3, SEMESTER 8  FALL 2015**

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<td>PT 7187</td>
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**YEAR 3, SEMESTER 9  SPRING 2016**

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*PT 7150 is taken only one of two semesters offered.*
DPT Curriculum – Texas State University

DPT Curriculum

First Year
- PT 7283 Body Sys III
- PT 7311 Anatomy I
- PT 7313 Body Sys I
- PT 7333 Body Sys II
- PT 7546 MS-I
- PT 7556 MS-UE
- Ortho
- Professional
- Clin Ed
- Research
- PT Mgmt

Second Year
- PT 7212 Pt Care Skills I
- PT 7462 Pt Care Skills II
- PT 7165 Clin Dec IV
- PT 7115 Evidence Based Practice
- PT 7327 Research I
- PT 7347 Research II
- PT 7187 Research V
- PT 7177 Research IV
- PT 7356 Neuro I
- PT 7366 Neuro II-Ortho
- PT 7328 Exam Tech
- PT 7283 Ther Int
- PT 7720 Clin Ed I
- PT 7294 Management Issues
- PT 7204 Special Issues

Third Year
- PT 7215 Professional Issues
- PT 7114 Professional Issues
- PT 7442 Clin Ed II
- PT 7481 Clin Ed III
- PT 7580 Clin Ed IV
- PT 7231 Anat II
- PT 7231 Clin Dec I
- PT 7252 Ther Int
- PT 7251 Anat IV
- PT 7559 MS-UE
- PT 7370 Clin Ed I
- PT 7480 Clin Ed II
- PT 7440 Clin Ed III
- PT 7580 Clin Ed IV
- PT 7340 Anat I
- PT 7540 MS-LE
- PT 7539 MS-I
- Ortho
- Professional
- Clin Ed
- Research
- PT Mgmt
Attachment #4 Expectations for DPT Students

Expectations for DPT Students
Department of Physical Therapy
Texas State University-San Marcos
CLASS of 2016

The following expectations were developed as a collaborative activity by the students and faculty of the Department and reviewed annually by the students and faculty to help you anticipate the demands of this physical therapy curriculum.

1. Personal interactions skills you should have:
   a. General
      1) Be patient with each other, the faculty and yourself
      2) Recognize the diversity within the class and the faculty
      3) Develop support systems outside of school
   b. With faculty
      1) Communicate with faculty and classmates
      2) Use faculty as resources
      3) Agree to disagree on some topics/approaches
      4) Use class reps to approach faculty professionally
      5) Use class faculty advisor for guidance
   c. With classmates
      1) Communicate with faculty and classmates
      2) Don't compare yourself to or compete with classmates
      3) Facilitate learning by working with each other
      4) Agree to disagree
      5) Learn to appreciate diversity and grow from it

2. Ability to be a self-directed, independent learner
   a. Establishing your priorities
      1) Stay focused on the demands of the Program
      2) Know deadlines to complete assignments, projects, thesis
      3) Make exercise/good nutrition an important aspect of your health
      4) Commit yourself to successful completion of the Program
      5) Know and plan for the financial obligation of the Program
      6) Embrace all learning opportunities presented
      7) Be prepared to spend a lot of additional out-of-class time at Texas State (including Saturday)
      8) Maintain your notes from day one - needed for comprehensive exam
      9) Consider your choices for living arrangements - i.e., roommates, commuting
   b. Problem-solving ability
      1) Re-assess/re-arrange learning habits from undergrad experience
      2) Be prepared to take a more active role in learning
      3) Retain information learned; Program is cumulative/comprehensive
   c. Initiative for learning
      1) Be motivated and a "self-starter"
      2) Learn from each other
      3) Be prepared to work independently and collaboratively
      4) Participate in group activities to enhance learning (study groups and research partners)
   d. Time management skills
      1) Study for quality not quantity
2) Make time to maintain your health and your relationships
3) Commit to study as the priority
4) Recognize the time in and outside of class needed to complete assignments, do readings, research topics of interest

3. Review of pre-requisite course topics (especially if not taken recently):
   a. Mastery of medical terminology:
      1) Correct meaning
      2) Correct spelling
      3) Abbreviations
   b. Application of concepts of statistical analysis:
      1) Parametric versus nonparametric procedures
      2) Types of analysis
   c. Mastery of the following anatomical concepts:
      1) Skeletal system: nomenclature and location
      2) Muscular system: nomenclature and location
      3) Nervous system: nomenclature and location
      4) Cardiovascular system: nomenclature and location
      5) Pulmonary system: nomenclature and location
   d. Understanding of the following anatomical concepts:
      1) Muscular system: attachments and function
      2) Cardiovascular system: function
      3) Pulmonary system: function
      4) Endocrine system: nomenclature and function
   e. Mastery of application of the principles of physics for:
      1) Heat
      2) Electricity
      3) Lever systems
      4) Force systems

4. Attitude and mental health
   a. Expect to be overwhelmed - but know your sources for help!
   b. Maintain a sense of humor
   c. Prepare for high financial obligation, there is little time for an outside job
   d. Recognize everything is not concrete, absolute
   e. Recognize that becoming a “lifelong learner” is one of your main objectives
   f. Recognize the Program is a “great equalizer” - other students are your equals in academic ability
   g. Maintain balance of academics, health, fitness, and relationships
### Department of Physical Therapy

#### June 2013

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Email</th>
<th>Clinical Interests</th>
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<tr>
<td>Debbie Baylor, PT, MEd</td>
<td>Senior Lecturer</td>
<td><a href="mailto:db38@txstate.edu">db38@txstate.edu</a></td>
<td>Pediatrics, neurorehabilitation</td>
<td>Management, professional issues, clinical decision making</td>
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<tr>
<td>Teresa Bachman, PT, DPT, CEEAA</td>
<td>Clinical Assistant Professor</td>
<td><a href="mailto:tg22@txstate.edu">tg22@txstate.edu</a></td>
<td>General/Acute physical therapy, neurology</td>
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<td>Brenda Boucher, PT, PhD, CHT, OCS, FAAOMPT</td>
<td>Clinical Assistant Professor</td>
<td><a href="mailto:bb10@txstate.edu">bb10@txstate.edu</a></td>
<td>Orthopaedics, manual therapy, hand therapy</td>
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<tr>
<td>Karen Gibbs, PT, PhD, DPT, CWS</td>
<td>Assistant Professor</td>
<td><a href="mailto:kg18@txstate.edu">kg18@txstate.edu</a></td>
<td>Wound management</td>
<td>Integumentary physical therapy, examination, therapeutic interventions</td>
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<tr>
<td>Denise Gobert, PT, PhD, NCS, CEEAA</td>
<td>Associate Professor</td>
<td><a href="mailto:dg46@txstate.edu">dg46@txstate.edu</a></td>
<td>Neurosciences, vestibular rehabilitation, traumatic brain injury, Neurosciences, research</td>
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<td>David Greathouse, PT, PhD, ECS, FAPTA</td>
<td>Clinical Professor</td>
<td><a href="mailto:dg51@txstate.edu">dg51@txstate.edu</a></td>
<td>Electrophysiological testing</td>
<td>Anatomy, electrophysiology</td>
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<tr>
<td>Jennifer Hale, PT, DPT, NCS</td>
<td>Assistant Professor</td>
<td><a href="mailto:jhale@txstate.edu">jhale@txstate.edu</a></td>
<td>Neurosciences, adult/Geriatric Neuroscience</td>
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<tr>
<td>Jennifer Kish, PT, SCS, COMT, CSCS</td>
<td>Program Faculty</td>
<td><a href="mailto:jck60@txstate.edu">jck60@txstate.edu</a></td>
<td>Orthopaedics, manual therapy</td>
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<tr>
<td>James Lorenz, PT, DPT</td>
<td>Clinical Assistant Professor</td>
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<td>Outpatient practice</td>
<td>Anatomy</td>
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<tr>
<td>Suzy Okere, PT, PhD, ATC, LAT</td>
<td>Clinical Associate Professor</td>
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<td>Sports, orthopaedics</td>
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<tr>
<td>Mary Elizabeth Parker, PT, MS, NCS, PCS</td>
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<td><a href="mailto:mp40@txstate.edu">mp40@txstate.edu</a></td>
<td>Pediatrics, neurology, differential diagnosis in pediatrics</td>
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<td>Barbara Sanders, PT, PhD, SCS, FAPTA</td>
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<td><a href="mailto:bs04@txstate.edu">bs04@txstate.edu</a></td>
<td>Sports physical therapy; administration; clinical education</td>
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<tr>
<td>Steve Spivey, PT, DPT</td>
<td>Clinical Assistant Professor</td>
<td><a href="mailto:ss66@txstate.edu">ss66@txstate.edu</a></td>
<td>General and acute physical therapy, neurology</td>
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<td>Rob Wainner, PT, PhD, OCS, ECS, FAAOMPT</td>
<td>Associate Professor</td>
<td><a href="mailto:rw24@txstate.edu">rw24@txstate.edu</a></td>
<td>Orthopaedics, spinal disorders, outcomes, evidence based practice</td>
<td>Orthopaedics, evidence based practice</td>
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<td>Shannon Williams, PT, DPT, Med, FAAOMPT</td>
<td>Clinical Lecturer</td>
<td><a href="mailto:sw32@txstate.edu">sw32@txstate.edu</a></td>
<td>Long term care, general outpatient care, orthopaedics</td>
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Attachment #6 50+ (and counting) Tips to Writing a Good Paper

Department of Physical Therapy

1. All manuscripts should contain the following, organized in the order listed below, with each section beginning on a separate page:
   - Title page
   - Abstract
   - Text
   - References
   - Tables, each on a separate page
   - Illustrations with legends

The only difference among manuscript types is how text (body of manuscript) is managed.

2. All pages from Abstract (page 1) through illustrations should be numbered. Variations from this may be required for submission of a thesis. Check the Texas State Theses and Dissertation handbook for specific requirements for thesis preparation.

TITLES

3. Titles should be brief within descriptive limits (a 16-word maximum is suggested).

ABSTRACTS

4. A comprehensive abstract of 75 to 300 words is suggested. The title should appear at the top, skip two lines, and begin the abstract. It should be structured as the body of the manuscript is and should succinctly summarize the major intent of the manuscript, the major points of the body, and the author's results and/or conclusions. No references should be cited.

5. Suggested structures for abstracts:

   **Literature Reviews**
   Objective - What was the purpose of the review?
   Data Sources - What sources did you search to find the studies you reviewed? You might include key words and years searched.
   Data Synthesis - Summary of the major themes, organized by themes not authors
   Conclusions/Recommendations - Advice and clinical applications of the information

   **Research Report**
   Objective - Problems or need for the study
   Design and Setting - How was the study set up? Where did it take place?
   Subjects - Characteristics of the subjects
   Measurements - What was being measured? What types of tests were used? How were the subjects distributed within the study?
   Results - Of the tests and measurements
   Conclusions - major conclusions particularly related to theory and clinical application of the information

   **Case Reports**
   Objective - Problem or need for the case to be presented
   Background - On the particular injury or illness
   Differential Diagnosis - What was it or what could it possibly have been?
   Treatment - What was done for it? What is normally expected for this condition?
   Uniqueness - What was different from the expected, or was it the same?
   Conclusions - Clinical applications of the information
6. An abstract is not to be used as the introduction; the abstract is a summary of the entire manuscript while the introduction develops and proposes the manuscript's problem or purpose.

MANUSCRIPTS

7. In a scientific manuscript the introduction serves two purposes; to stimulate the reader's interest and to outline the reason for the study, that is, the controversy or knowledge gap that prompted the study.

8. Begin the text of the manuscript with an introductory paragraph or two in which the purpose or hypothesis of the article is clearly developed and stated. Tell why the study needed to be done or the article written and end with a statement of the problem.

9. The introduction is not the place for great detail. Highlights of the most prominent works of others as related to the subject may be appropriate for the introduction, but a detailed review of the literature should be reserved for the discussion section. Identify and develop the magnitude and significance of the controversy or problem with brief specific statements (referenced, of course). Pointing out differences among others' results, conclusions, and/or opinions often does this. Remember to keep the detail in the discussion.

10. In the introduction and discussion sections it is appropriate to use transition sentences to summarize points and link to the next point. Try not to leave the reader hanging, instead create a smooth flow of ideas.

11. The body or main part of the manuscript varies according to the type of paper you are writing; however, regardless of the manuscript type, the body should include a discussion section in which the importance of the material presented is discussed and related to other pertinent literature. Liberal use of headings, subheadings, charts, graphs, and figures is recommended.

12. The term "methods" is more appropriate than "methodology". "Methodology" suggests a study of methods, whereas "methods" suggests a description of methods used, which is what the section is.

13. Begin with a description of the experimental design, which will serve as a road map to the entire section. Follow with descriptions of subjects, instruments, procedures, and statistical analysis. Confusion is often introduced when authors combine the instruments and procedures sections. Describe the instruments used in the instrument section, but describe how they were used in the procedure section.

14. The methods section should contain sufficient detail concerning the methods, procedures, and equipment used so that others can reproduce the study.

15. Methods used by others to study problems such as yours should be reviewed and referenced in your paper. Reference the methods of others as well as reliability and validity information in the methods section. The pros and cons of various methods and why you chose one over another should be discussed and referenced in the discussion or introduction.

16. IRB approval and informed consent procedures should be stated formally in the methods section of the manuscript.

17. Writing results is similar to writing a review of the literature. You state facts and then reference your source. In a results section, the statistics are your evidence or reference for the conclusions you present. The results should summarize the important results of the study, using descriptive and inferential statistics and a few well-planned and carefully crafted illustrations.

18. Report results by stating your conclusions in clear concise statements.

19. The statistical test should not be the focus of the sentence (as in "statisticalesese" - "Tukey post-hoc testing revealed significant decrease (p<.05) in perceived pain in groups that received cold, TENS, or the combined
Writing in statisticalesse often obscures the conclusions by emphasizing the method and not the meaning. The important information is the meaning of the results.

20. Statistics do not indicate or prove anything; they provide you with support for making a decision. When you review the literature, you make a statement and reference others' writings to support your statement. Use a similar approach when reporting results; make a statement and then reference that statement with your statistical results.

21. Statistical tests do not find differences. They provide evidence that a difference between groups is probably real. Looking at the group means tells you if the groups are different; however you must decide if the differences are real or if they occurred by chance. Real differences mean they were caused by your independent variable and not by chance. By chance means the differences were caused by variables other than your independent variable.

22. The symbol "p" when used to refer to the level of probability, is written italicized and in the lower case. (p<.05)

23. When indicating the level of significance or probability, use only three numbers if the first is not a zero. If the first number is a zero, continue numbers until the first non-zero (i.e., .0002; not .00 or .00023).

24. Put your results in perspective with your expectations and compare your results with the rest of the world. Don't repeat or rehash the results, discuss them.

25. The emphasis of the discussion should not be on other authors but rather on what they reported and how it relates to your work.

26. The discussion must address the contribution the study makes toward theory.

27. The last part of the discussion must suggest how readers might apply the information presented. While the application may be apparent to you, it may not be apparent to first time readers unless you point it out.

28. The body of a review of literature article should be organized into subsections in which related thoughts of others are presented, summarized, and referenced. Each subsection should have a heading and brief summary, possibly one sentence. Sections must be arranged so that they progressively focus on the problem or question posed in the introduction.

29. The body of a case study should include the following components; personal data, chief complaint history or present complaint, results of physical examination, medical history, diagnosis, treatment, and clinical course, criteria for return to activities, and deviation from the expected.

**CITATIONS AND REFERENCES**

30. Each citation in the text of the manuscript takes the form of a superscript number that indicates the number assigned to the citation. It is placed directly after the reference or the name of the author being cited. References should be used liberally. It is unethical to present others' ideas as your own. Also, use references so that readers who desire further information on the topic can benefit from your scholarship.

31. The reference page(s) should list authors numerically in the order used in the text and in alphabetical order and should be in the following form:

   **Article** - author(s) with surname and initials, title of article, journal title with abbreviations as per Index Medicus (italicized or underlined), issue month if journal is not consecutively paged from issue to issue, year, volume, inclusive pages. Example:

Book - author(s), title of book (italicized or underlined), city and state of publication, publisher, year, inclusive pages of citation. Example:


Secondary Source – the original source is stated with the addition of Cited by using the source where it was cited. See the AMA Manual of Style for other examples. Example:


32. All statements and ideas of others must be referenced. If the author(s) is (are) not mentioned by name, the reference should be placed after the phrase or first mention of the idea.

33. Anytime you mention another author by name; author must be referenced immediately after name in the same paragraph. Example:

Sanders 22 reported... NOT Sanders reported... 22

34. When referring by name to a work with multiple authors; if two authors use both names; if there are three or more authors, use the name of the first author and "et al" which means "and others". Note the punctuation with et al; there are no commas or periods. Reference immediately after et al.

35. When the reference is at the end of a sentence, it should be placed after the period and after any quotation marks.

36. It may be appropriate to refer to ideas or results from numerous authors in the same sentence. In doing so, you would list the references in numerical order. Example:

"The sky is a shade of blue1,6,10,21..."

37. Personal communications are not included in the reference list, but may be included in the text. Example:

In a conversation with B Sanders, PhD (April 1997)......

STYLE

38. Always refer to the research and writing of others in past tense.

39. Subheadings should be used. Main or first level headers should be placed centered, typed in all capitals, bolded, and not underlined. If the information under a header needs to be subdivided into two or more sections, use second level or subheads. These should be centered and bolded with the first letter of each word capitalized.

40. Begin numbering the pages of your manuscript with the abstract pages as #1; then consecutively number all successive pages including illustrations.

41. The purposes of tables are to centralize large amounts of data, to save space and to eliminate long paragraphs of text. Tables should not be redundant of text. Put your information either in the text or the table and not both. You must refer the reader to the table. Point out the highlights in the table, but do not be too explanatory with a lengthy text.
42. Don't put information in a table that can more easily be presented and understood in the text. Readers should be able to understand the information in the table without referring to the text. The title of a table should also be understood without referring to the text.

43. Identify the units of measurement of the tabled data in the most general way possible. If all data in the table have the same unit of measurement, that unit should be in parentheses following the table title. If the columns or rows have different units of measurement, but all data in a particular column or row have the same unit, identify the unit (within parenthesis) as part of the column header or row identifier.

44. When a table contains data that have been averaged, be sure to report the mean plus or minus SD.

45. Tables should stand alone. They should have both a title and a legend.

46. Illustrations are often helpful in presenting concepts that are difficult to describe.

47. Each illustration should have a legend that describes the illustration and emphasizes its important points.

48. If an illustration has been published previously, written permission for its use must be obtained from the copyright holder (usually the publisher). The original source should be cited as a reference.

49. The following texts provide additional helpful information for writers.

50. A style manual is a collection of rules and regulations that editors get tired of repeating to authors. The answers to most questions can be found here. TheAMA Manual of Style has been adopted as the official style manual of the American Physical Therapy Association and therefore, for the Department of Physical Therapy.

51. Structure is only half the battle. Grammar and style are equally important.

52. Numbers appearing at the beginning of a sentence, title, or subheading should be spelled out. Numbers greater than nine can use Arabic numerals with the previous exceptions. Numbers nine and under should be spelled out.

53. Appendices are discouraged by AMA style. However, this is in reference to publication. You may include appendices if the material is an adjunct to the text. An example might be a survey instrument.

54. Commas should be used to separate three or more elements in a series and should be used before the conjunction and the final item.

55. Em dashes are used to indicate an interruption or break in thought in a sentence.

56. Gender neutral language should be used when appropriate. Try to word sentences so that you avoid the use of "he and/or she."

57. Abbreviations should be limited to internationally approved and accepted units of measure and well-recognized clinical and technical terms and symbols.

58. When you use the words "however" or "therefore" in the middle of a sentence and the phrases before and after could stand alone as complete sentences, place a semicolon before the "however" and a comma after it. If one or both phrases are not complete sentences, place a comma before the "however".
59. Go to the library and peruse various articles and theses - this is a great way to examine evidence of these writing tips!

These writing tips compiled and presented by the faculty of the Department of Physical Therapy, Texas State University-San Marcos. May 1997, Revised July 1998, Revised June 2001, May 2004
Attachment #7 Abbreviations

Texas State University
Department of Physical Therapy
List of Approved Abbreviations
For Documentation
<table>
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<tr>
<th>A</th>
<th>BRRRP</th>
<th>bedrest with bathroom privileges</th>
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<td>BSC</td>
<td>bedside commode</td>
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<td>(A)</td>
<td>BUE</td>
<td>bilateral upper extremities</td>
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<td>A &amp; O</td>
<td>BUN</td>
<td>blood urea nitrogen</td>
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<td>AAA</td>
<td>BWS</td>
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Page 52
DNR  do not resuscitate
DO  doctor of osteopathy
DOB  date of birth
doc  documentation
DOE  dyspnea on exertion
DPN  diabetic peripheral neuropathy
DP pulse  dorsalis pedis pulse
drs  dressing
DTR  deep tendon reflex
DVT  deep vein thrombosis
dx  diagnosis
dz  disease

GDM  gestational diabetes mellitus
GERD  gastroesophageal reflux disease
GFR  glomerular filtration rate
GI  gastrointestinal
GSW  gun shot wound
GT  gait training
GYN  gynecology, gynecologist

H
H&E  hematoxylin & eosin
H&H, H/H  hematocrit & hemoglobin
H&P  history & physical
HA  headache
HAV  hepatitis A virus
HbA1c  glycosylated hemoglobin
HBO  hyperbaric oxygen therapy
HBV  hepatitis B virus
HCV  hepatitis C virus
Hct  hematocrit
HDL  high-density lipoprotein
HHV  human herpes virus
HIV  human immunodeficiency virus
HKAFO  hip-knee-ankle-foot orthosis
Hill  health
ho  history of
Hgb  hemoglobin
HEP  home exercise program
HO  heterotrophic ossification, hip orthosis, hand

Eases  easing factors
EBV  Epstein-Barr virus
EEG  electroencephalogram
ED  emergency department
edu  education
EEMG  electromyogram, electromyography
EO  elbow orthosis
EOB  edge of bed
EOM  edge of mat
ER  emergency room
ERV  expiratory reserve volume
ESR  erythrocyte sedimentation rate
ESRD  end-stage renal disease
e-stim, ES  electrical stimulation
EtoH  alcohol
EV  eversion
eval  evaluation
EWHO  elbow wrist hand orthosis
Ex  exercise
exam  examination
ext  extension
Ext Rot  external rotation

FBG  fasting blood glucose
FBS  fasting blood sugar
FEV  forced expiratory volume
FH  family history
flex  flexion
FO  foot orthosis
FRC  functional residual capacity
ft  foot (measurement only)
FT  full thickness
FUD  fever of unknown origin
FVC  forced vital capacity
FWB  full weight bearing
FWRW  front wheeled rolling walker
FWW  front wheeled walker
fx  fracture

GABA  gamma-aminobutyric acid
GB  gallbladder
GBS  Guillain-Barre Syndrome
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<tr>
<td>RW</td>
<td>rolling walker</td>
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<tr>
<td>Rx</td>
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<tr>
<td>S0</td>
<td>oxygen saturation</td>
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<tr>
<td>(S)</td>
<td>supervised, supervision</td>
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<tr>
<td>SACH</td>
<td>solid ankle cushion heel</td>
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<tr>
<td>SAH</td>
<td>subarachnoid hemorrhage</td>
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<tr>
<td>SBA</td>
<td>stand by assist</td>
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<td>SBP</td>
<td>systolic blood pressure</td>
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<tr>
<td>SCI</td>
<td>spinal cord injury</td>
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<tr>
<td>SC</td>
<td>sternoclavicular, straight cane</td>
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<tr>
<td>SH</td>
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<td>shldr</td>
<td>shoulder</td>
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<td>Abbreviation</td>
<td>Full Form</td>
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<tr>
<td>V.A.C.</td>
<td>vacuum assisted closure</td>
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<td>VC</td>
<td>vital capacity</td>
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<td>vc</td>
<td>verbal cues</td>
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<td>VI</td>
<td>venous insufficiency</td>
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<tr>
<td>VLU</td>
<td>venous leg ulceration</td>
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<td>v.o.</td>
<td>verbal orders</td>
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<td>vol</td>
<td>volume</td>
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<td>VRE</td>
<td>vancomycin resistant enterococi</td>
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<td>VSD</td>
<td>ventricular septal defect</td>
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<td>vs</td>
<td>versus</td>
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<td>VS</td>
<td>vital signs</td>
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<td>WB</td>
<td>weight bear</td>
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<td>WBAT</td>
<td>weight bearing as tolerated</td>
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<td>w/c, WC</td>
<td>wheelchair</td>
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<td>W/cm²</td>
<td>watts per centimeter squared</td>
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<td>WBC</td>
<td>white blood cell count</td>
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<td>WBOS</td>
<td>wide base of support</td>
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<td>WFL</td>
<td>within functional limits</td>
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<td>WHO</td>
<td>wrist hand orthosis</td>
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<td>weeks</td>
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<td>wnd</td>
<td>wound</td>
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<td>WNL</td>
<td>within normal limits</td>
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<td>WOB</td>
<td>work of breathing</td>
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<td>WP</td>
<td>whirlpool</td>
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<td>weight</td>
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<td>times</td>
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<td>y/o</td>
<td>year old</td>
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<td>year</td>
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</table>

**v.a.c.** vacuum assisted closure

**VC** vital capacity

**vc** verbal cues

**VI** venous insufficiency

**VLU** venous leg ulceration

**v.o.** verbal orders

**vol** volume

**VRE** vancomycin resistant enterococi

**VSD** ventricular septal defect

**vs** versus

**VS** vital signs

**W** weight bear

**WBAT** weight bearing as tolerated

**w/c, WC** wheelchair

**W/cm²** watts per centimeter squared

**WBC** white blood cell count

**WBOS** wide base of support

**WFL** within functional limits

**WHO** wrist hand orthosis

**wk** week

**wks** weeks

**wnd** wound

**WNL** within normal limits

**WOB** work of breathing

**WP** whirlpool

**wt.** weight

**x** times

**y/o** year old

**yr** year
Symbols

after/post
approximately ~
before ã
degrees °
down/decrease ↓
equal =
except
Female ♀
greater than >
less than <
male ♂
negative -
one or no Ø
parallel bars
positive +
progressing toward →
secondary 2°
to and from ↔
up/increase ↑
with
without
up and down

(bold = under annual review of Joint Commission)
Attachment #8 Student Records Release Form

I, ____________________________, give consent to the Department of
Print Name

Physical Therapy to release the following information contained in my educational record. This
information is to be provided to

__________________________________________________________________________

__________________________________________________________________________

for the purpose of _______________________________________________________.

- ____________________________

Signature

- ____________________________

Date

UPPS 01.04.31 Access to Students Records
Family Educational Rights and Privacy Act of 1974
Attachment #9 Consent to Photography

Consent Agreement and Release Statement to be Photographed/Videotaped and Named

You will be asked to complete a separate copy for our records.

I, __________________________, hereby acknowledge that I agree to give Texas State University-San Marcos (Texas State) the right and permission to make photographs and/or videotapes (audio-visuals) of me. I understand that I may be identified by name when such audio-visuals are used. Such audio-visuals may be published, reproduced, exhibited, copyrighted, and used anywhere in the world in connection with the following situations:

1. Educational presentations by faculty or students
2. Advertising and promotion of the programs and departments of Texas State including, but not limited to, publication on official Texas State web pages and in official Texas State brochures and alumni newsletters.

I hereby irrevocably release and waive any claims against Texas State and its faculty and staff relating to rights of privacy, rights of publicity, confidentiality, and copyright regarding the use of such audio-visuals when used by Texas State in the situations previously described.

I hereby declare that I am at least 18 years of age and have every right to contract in my own name in the above regard.

______________________________  ________________________
Signature                                Date

______________________________  ________________________
Signature of Witness                  Date
Attachment #10 Consent to Treat Form

Consent to Treatment during Laboratory Classes

There are two sections to this consent form which must be completed: the first contains guidelines regarding receiving treatments during classroom and laboratory sessions; the second relates to your treatment of others in the classroom, laboratory or clinical education activities. You will be asked to complete a separate copy for our records.

Participation in treatment techniques/procedures during classroom and laboratory sessions:

I, ____________________________, agree to participate in the practicing of treatment techniques/procedures provided by course instructors, guest lecturers, or my classmates during classroom and laboratory sessions for the duration of my enrollment in the graduate program in physical therapy. I understand that:

- all efforts will be made to provide safe conditions, as well as maintaining appropriate modesty, during these practice sessions.
- if I become uncomfortable with any draping, manner of touch, or treatment techniques/procedures being carried out as part of the classroom or laboratory session it is my responsibility to discuss this with the appropriate course instructors, guest lecturers, or classmates.
- the dress code established for the laboratory sessions, as explained in the PT Student Handbook or course syllabus, must be followed.
- notice to course instructors, guest lecturers, or classmates of any allergies or asthmatic conditions prior to the beginning of the laboratory session is my responsibility.

Signed: ____________________________ Date: ________________

Treating others during classroom, laboratory and clinical education experiences:

I, ____________________________, will abide by the following expectations while treating my classmates or patients during classroom, laboratory, and clinical education activities:

- have the required health information form completed and submitted by the established deadline, as well as updated as required by a specific clinical site prior to participating in clinical education experiences at that site.
- abide by the APTA Code of Ethics and Guide to Professional Practice during all classroom and laboratory activities.
- follow the course rules and guidelines for the classroom, laboratory and clinical education activities.
- be considerate and respectful in all non-verbal and verbal communication during classroom and laboratory activities.
- promptly report any malfunctioning equipment to the primary course instructor as soon as the problem is noticed.

Signed: ____________________________ Date: ________________
Consent to Participate

I, ____________________________, voluntarily agree to participate during open laboratory (known as “open lab”) sessions in the practicing of evaluation and treatment techniques/procedures provided by physical therapy student enrolled in the Department of Physical Therapy at Texas State University-San Marcos. As such, I acknowledge the following:

- That the purpose of the “open lab” is to allow physical therapy students additional time for learning and practice of evaluation and treatment techniques outside of class and that during “open lab” the students are not supervised by licensed physical therapists
- Notification to physical therapy students of any allergies, asthmatic conditions, or other health condition that could limit my ability to participate in any requested activity is my responsibility
- I am responsible for my own health and well-being and realize I can refuse any evaluation or treatment procedure at any time for any reason without penalty or explanation
- I may contact the Department of Physical Therapy at 512-245-8351 if I have any questions or concerns regarding my participation

Signed: ____________________________ Date: ____________________
Attachment #12 APTA Code of Ethics

EFFECTIVE JULY 1, 2010. For more information, go to www.apta.org/ethics.

CODE OF ETHICS HOD S06-09-07-12 [Amended HOD S06-00-12-23 ; HOD 06-91-05-05; HOD 06-87-11-17; HOD 06-81-06-18; HOD 06-78-06-08; HOD 06-78-06-07; HOD 06-77-18-30; HOD 06-77-17-27; Initial HOD 06-73-13-24] [Standard]

Preamble
The Code of Ethics for the Physical Therapist (Code of Ethics) delineates the ethical obligations of all physical therapists as determined by the House of Delegates of the American Physical Therapy Association (APTA). The purposes of this Code of Ethics are to:

1. Define the ethical principles that form the foundation of physical therapist practice in patient/client management, consultation, education, research, and administration.

2. Provide standards of behavior and performance that form the basis of professional accountability to the public.

3. Provide guidance for physical therapists facing ethical challenges, regardless of their professional roles and responsibilities.

4. Educate physical therapists, students, other health care professionals, regulators, and the public regarding the core values, ethical principles, and standards that guide the professional conduct of the physical therapist.

5. Establish the standards by which the American Physical Therapy Association can determine if a physical therapist has engaged in unethical conduct.

No code of ethics is exhaustive nor can it address every situation. Physical therapists are encouraged to seek additional advice or consultation in instances where the guidance of the Code of Ethics may not be definitive.

This Code of Ethics is built upon the five roles of the physical therapist (management of patients/clients, consultation, education, research, and administration), the core values of the profession, and the multiple realms of ethical action (individual, organizational, and societal). Physical therapist practice is guided by a set of seven core values: accountability, altruism, compassion/caring, excellence, integrity, professional duty, and social responsibility. Throughout the document the primary core values that support specific principles are indicated in parentheses. Unless a specific role is indicated in the principle, the duties and obligations being delineated pertain to the five roles of the physical therapist. Fundamental to the Code of Ethics is the special obligation of physical therapists to empower, educate, and enable those with impairments, activity limitations, participation restrictions, and disabilities to facilitate greater independence, health, wellness, and enhanced quality of life.
Principles:

**Principle #1: Physical therapists shall respect the inherent dignity and rights of all individuals.**
(Core Values: Compassion, Integrity)

1A. Physical therapists shall act in a respectful manner toward each person regardless of age, gender, race, nationality, religion, ethnicity, social or economic status, sexual orientation, health condition, or disability.

1B. Physical therapists shall recognize their personal biases and shall not discriminate against others in physical therapist practice, consultation, education, research, and administration.

**Principle #2: Physical therapists shall be trustworthy and compassionate in addressing the rights and needs of patients/clients.** (Core Values: Altruism, Compassion, Professional Duty)

2A. Physical therapists shall adhere to the core values of the profession and shall act in the best interests of patients/clients over the interests of the physical therapist.

2B. Physical therapists shall provide physical therapy services with compassionate and caring behaviors that incorporate the individual and cultural differences of patients/clients.

2C. Physical therapists shall provide the information necessary to allow patients or their surrogates to make informed decisions about physical therapy care or participation in clinical research.

2D. Physical therapists shall collaborate with patients/clients to empower them in decisions about their health care.

2E. Physical therapists shall protect confidential patient/client information and may disclose confidential information to appropriate authorities only when allowed or as required by law.

**Principle #3: Physical therapists shall be accountable for making sound professional judgments.** (Core Values: Excellence, Integrity)

3A. Physical therapists shall demonstrate independent and objective professional judgment in the patient’s/client’s best interest in all practice settings.

3B. Physical therapists shall demonstrate professional judgment informed by professional standards, evidence (including current literature and established best practice), practitioner experience, and patient/client values.

3C. Physical therapists shall make judgments within their scope of practice and level of expertise and shall communicate with, collaborate with, or refer to peers or other health care professionals when necessary.

3D. Physical therapists shall not engage in conflicts of interest that interfere with professional judgment.

3E. Physical therapists shall provide appropriate direction of and communication with physical therapist assistants and support personnel.

**Principle #4: Physical therapists shall demonstrate integrity in their relationships with patients/clients, families, colleagues, students, research participants, other healthcare providers, employers, payers, and the public.** (Core Value: Integrity)

4A. Physical therapists shall provide truthful, accurate, and relevant information and shall not make misleading representations.
4B. Physical therapists shall not exploit persons over whom they have supervisory, evaluative or other authority (e.g., patients/clients, students, supervisees, research participants, or employees).

4C. Physical therapists shall discourage misconduct by healthcare professionals and report illegal or unethical acts to the relevant authority, when appropriate.

4D. Physical therapists shall report suspected cases of abuse involving children or vulnerable adults to the appropriate authority, subject to law.

4E. Physical therapists shall not engage in any sexual relationship with any of their patients/clients, supervisees, or students.

4F. Physical therapists shall not harass anyone verbally, physically, emotionally, or sexually.

**Principle #5: Physical therapists shall fulfill their legal and professional obligations. (Core Values: Professional Duty, Accountability)**

5A. Physical therapists shall comply with applicable local, state, and federal laws and regulations.

5B. Physical therapists shall have primary responsibility for supervision of physical therapist assistants and support personnel.

5C. Physical therapists involved in research shall abide by accepted standards governing protection of research participants.

5D. Physical therapists shall encourage colleagues with physical, psychological, or substance related impairments that may adversely impact their professional responsibilities to seek assistance or counsel.

5E. Physical therapists who have knowledge that a colleague is unable to perform their professional responsibilities with reasonable skill and safety shall report this information to the appropriate authority.

5F. Physical therapists shall provide notice and information about alternatives for obtaining care in the event the physical therapist terminates the provider relationship while the patient/client continues to need physical therapy services.

**Principle #6: Physical therapists shall enhance their expertise through the lifelong acquisition and refinement of knowledge, skills, abilities, and professional behaviors. (Core Value: Excellence)**

6A. Physical therapists shall achieve and maintain professional competence.

6B. Physical therapists shall take responsibility for their professional development based on critical self-assessment and reflection on changes in physical therapist practice, education, healthcare delivery, and technology.

6C. Physical therapists shall evaluate the strength of evidence and applicability of content presented during professional development activities before integrating the content or techniques into practice.

6D. Physical therapists shall cultivate practice environments that support professional development, life-long learning, and excellence.
**Principle #7: Physical therapists shall promote organizational behaviors and business practices that benefit patients/clients and society. (Core Values: Integrity, Accountability)**

7A. Physical therapists shall promote practice environments that support autonomous and accountable professional judgments.

7B. Physical therapists shall seek remuneration as is deserved and reasonable for physical therapist services.

7C. Physical therapists shall not accept gifts or other considerations that influence or give an appearance of influencing their professional judgment.

7D. Physical therapists shall fully disclose any financial interest they have in products or services that they recommend to patients/clients.

7E. Physical therapists shall be aware of charges and shall ensure that documentation and coding for physical therapy services accurately reflect the nature and extent of the services provided.

7F. Physical therapists shall refrain from employment arrangements, or other arrangements, that prevent physical therapists from fulfilling professional obligations to patients/clients.

**Principle #8: Physical therapists shall participate in efforts to meet the health needs of people locally, nationally, or globally. (Core Values: Social Responsibility)**

8A. Physical therapists shall provide *pro bono* physical therapy services or support organizations that meet the health needs of people who are economically disadvantaged, uninsured, and underinsured.

8B. Physical therapists shall advocate to reduce health disparities and health care inequities, improve access to health care services, and address the health, wellness, and preventive health care needs of people.

8C. Physical therapists shall be responsible stewards of health care resources and shall avoid over-utilization or under-utilization of physical therapy services.

8D. Physical therapists shall educate members of the public about the benefits of physical therapy and the unique role of the physical therapist.

**Proviso:** The Code of Ethics as substituted will take effect July 1, 2010, to allow for education of APTA members and non-members.
### Attachment #13 Professional Behaviors

Professional behaviors are attributes, characteristics or behaviors that are not explicitly part of the knowledge and technical skills but are nevertheless required for success in the profession. Ten generic abilities were identified through a study conducted at the University of Wisconsin at Madison in 1991-1992 and revised by May, Kotney and Iglarsh in 2009. The ten abilities and definitions developed are:

<table>
<thead>
<tr>
<th>Professional Ability</th>
<th>Definition</th>
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<tbody>
<tr>
<td>1 Critical thinking</td>
<td>The ability to question logically; identify, generate, and evaluate elements of logical argument; recognize and differentiate facts, appropriate or faulty inferences, and assumptions; and distinguish relevant from irrelevant information. The ability to appropriately utilize, analyze, and critically evaluate scientific evidence to develop a logical argument, and to identify and determine the impact of bias on the decision making.</td>
</tr>
<tr>
<td>2 Communication</td>
<td>The ability to communicate effectively (i.e. verbal, non-verbal, reading, writing and listening) for varied audiences and purposes.</td>
</tr>
<tr>
<td>3 Problem-solving</td>
<td>The ability to recognize and define problems, analyze data, develop and implement solutions, and evaluate outcomes.</td>
</tr>
<tr>
<td>4 Interpersonal skills</td>
<td>The ability to interact effectively with patient, families, colleagues, other health care professionals, and the community in a culturally aware manner. The ability to Manage time and resources effectively to obtain the maximum possible benefit.</td>
</tr>
<tr>
<td>5 Responsibility</td>
<td>The ability to be accountable for the outcomes of personal and professional actions and to follow through on commitments that encompass the profession within the scope of work, community and social responsibilities.</td>
</tr>
<tr>
<td>6 Professionalism</td>
<td>The ability to exhibit appropriate professional conduct and to represent the profession effectively while promoting the growth/development of the Physical Therapy profession.</td>
</tr>
<tr>
<td>7 Use of constructive feedback</td>
<td>The ability to seek out and identify quality sources of feedback, reflect on and integrate the feedback, and provide meaningful feedback to others.</td>
</tr>
<tr>
<td>8 Effective use of time and resources</td>
<td>The ability to manage time and resources effectively to obtain the maximum possible benefit.</td>
</tr>
<tr>
<td>9 Stress management</td>
<td>The ability to identify sources of stress and to develop And implement effective coping behaviors; this applies for interactions for: self, patient/clients and their families, members of the health care team and in work/life scenarios.</td>
</tr>
<tr>
<td>10 Commitment to Learning</td>
<td>The ability to self-direct learning to include the identification of needs and sources of learning; and to continually seek and apply new knowledge, behaviors and skills.</td>
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1. Critical Thinking

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- Raises relevant questions
- Considers all available information
- Articulates ideas, understands the scientific method
- States the results of scientific literature but has not developed the consistent ability to critically appraise findings
- Recognizes holes in knowledge base
- Demonstrates acceptance of limited knowledge and experience

- Feels challenged to examine ideas
- Critically analyzes the literature and applies it to patient management
- Utilizes didactic knowledge, research evidence, and clinical experiences to formulate new ideas
- Seeks alternative ideas
- Formulates alternative hypotheses
- Critiques hypotheses and ideas at a level consistent with the knowledge base
- Acknowledges presence of contraindications

- Distinguishes relevant from irrelevant patient data
- Readily formulates and critiques alternative hypotheses and ideas
- Infers applicability of information across populations
- Exhibits openness to contradictory ideas
- Identifies appropriate measures and determines effectiveness of applied solutions efficiently
- Justifies solutions selected

2. Communication

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- Demonstrates understanding of the English language (verbal and written)
- Uses correct grammar, accurate spelling and expression, legible handwriting
- Recognizes impact of non-verbal communication in self and others
- Recognizes the verbal and non-verbal characteristics that portray confidence
- Utilizes electronic communication appropriately

- Utilizes and modifies communication (verbal, non-verbal, written and electronic) to meet the needs of different audiences
- Restates, reflects and clarifies message(s)
- Communicates collaboratively with both individuals and groups
- Collects necessary information from all pertinent individuals in the patient/client management process
- Provides effective education (verbal, non-verbal, written and electronic)

- Demonstrates the ability to maintain appropriate control of the communication exchange with individuals and groups
- Presents persuasive and explanatory verbal, written or electronic messages with local organization and sequencing
- Maintains open and constructive communication
- Utilizes communication technology effectively and efficiently

3. Problem Solving

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- Recognizes problems, states problems clearly
- Describes known solutions to problems
- Identifies resources needed to develop solutions
- Uses technology to search for and locate resources
- Identifies possible solutions and probable outcomes

- Prioritizes problems
- Identifies contributors to problems, consults with others to clarify problems
- Appropriately seeks input or guidance
- Prioritizes resources (analysis and critique of resources
- Considers consequences of possible solutions

- Independently locates, prioritizes and uses resources to solve problems
- Accepts responsibility for implementing solutions
- Implements solutions
- Reassesses solutions
- Evaluate outcomes
- Modifies solutions based on the outcome and current evidence
- Evaluates generalizability of current evidence to a particular problem
### 4. Interpersonal Skills

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<tr>
<td>Maintains professional demeanor in all interactions</td>
<td>Recognizes the non-verbal communication and emotions that others bring to professional interactions</td>
<td>Demonstrates active listening skills and reflects back to original concern to determine course of action; responds effectively to unexpected situations</td>
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<tr>
<td>Demonstrates interest in patients as individuals</td>
<td>Establishes trust; seeks to gain input from others</td>
<td>Demonstrates ability to build partnerships</td>
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<tr>
<td>Communicates with others in a respectful and confident manner</td>
<td>Respects role of others</td>
<td>Applies conflict management strategies when dealing with challenging interactions</td>
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<td>Respects differences in personality, lifestyle and learning styles during interactions with all persons</td>
<td>Accommodates differences in learning styles as appropriate</td>
<td>Recognizes the impact of non-verbal communication and emotional response during interactions and modifies own behaviors based on them</td>
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<tr>
<td>Maintains confidentiality in all interactions</td>
<td>Recognizes the emotions and bias that one brings to all professional interactions</td>
<td></td>
</tr>
<tr>
<td>Recognizes the non-verbal communication and emotions that one brings to all professional interactions</td>
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### 5. Responsibility

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<tr>
<td>Demonstrates punctuality</td>
<td>Displays awareness of and sensitivity to diverse populations</td>
<td>Educates patients as consumers of health care services</td>
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<td>Provides a safe and secure environment for patients</td>
<td>Completes projects without prompting</td>
<td>Encourages patient accountability</td>
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<tr>
<td>Assumes responsibility for actions</td>
<td>Delegates tasks as needed</td>
<td>Directs patients to other health care professionals as needed</td>
</tr>
<tr>
<td>Follows through on commitments</td>
<td>Collaborates with team members patients, families</td>
<td>Acts as patient advocate</td>
</tr>
<tr>
<td>Articulates limitations and readiness to learn</td>
<td>Provides evidence based patient care</td>
<td>Promotes evidence-based practice in health care settings</td>
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<td>Abides by all policies of academic program and clinical facility</td>
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<td>Accepts responsibility for implementing solutions</td>
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<td></td>
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<td>Demonstrates accountability for all decisions and behaviors in academic and clinical settings</td>
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### 6. Professionalism

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<tr>
<td>Abides by all aspects of the academic program honor code and the APTA Code of Ethics,</td>
<td>Identifies positive professional role models within the academic and clinical settings</td>
<td>Demonstrates understanding of scope of practice as evidenced by treatment of patients within scope of practice, referring to other health care professionals as necessary</td>
</tr>
<tr>
<td>Demonstrates awareness of state licensure regulations,</td>
<td>Acts on moral commitment during all academic and clinical activities</td>
<td>Provides patient/family centered care at all times as evidenced by provision of patient/family education, seeking patient input and informed consent for all aspects of care and maintenance of patient dignity</td>
</tr>
<tr>
<td>Projects professional image</td>
<td>Identifies when the input of classmates, co-workers and other healthcare professionals will result in optimal outcome and acts accordingly to attain such input and share decision making</td>
<td>Seeks excellence in professional practice by participation in professional organizations and attendance at sessions or participation in activities that further education/professional development</td>
</tr>
<tr>
<td>Attends professional meetings</td>
<td>Discusses societal expectations of the profession</td>
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<tr>
<td>Demonstrates cultural/generational awareness, ethical values, respect, and continuous regard for all classmates, academic and clinical faculty/staff, patients families, and other health care providers</td>
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## 7. Use of Constructive Feedback

<table>
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<tr>
<th>Beginning Level</th>
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</tbody>
</table>

- Demonstrates active listening skills
- Assesses own performance
- Actively seeks feedback from appropriate sources
- Demonstrates receptive behavior and positive attitude toward feedback
- Incorporates specific feedback into behaviors
- Maintains two-way communication without defensiveness

- Critiques own performance accurately
- Responds effectively to constructive feedback
- Utilizes feedback when establishing professional and patient related goals
- Develops and implements a plan of action in response to feedback
- Provides constructive and timely feedback

- Independently engages in a continual process of self-evaluation of skills, knowledge and abilities
- Seeks feedback from patient/clients and peers/mentors
- Readily integrates feedback provided from a variety of sources to improve skills, knowledge and abilities
- Uses multiple approaches when responding to feedback
- Reconciles differences with sensitivity
- Modifies feedback given to patients/clients according to their learning styles

## 8. Effective use of Time and Resources

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- Comes prepared for the day’s activities/responsibilities
- Identifies resource limitations (i.e. information, time, experience)
- Determines when and how much help/assistance is needed
- Accesses current evidence in a timely manner
- Verbalizes productivity standards and identifies barriers to meeting productivity standards
- Self-identifies and initiates learning opportunities during unscheduled time

- Utilizes effective methods of searching for evidence for practice decisions
- Recognizes own resource contributions
- Shares knowledge and collaborates with staff to utilize best current evidence
- Discusses and implements strategies for meeting productivity standards
- Identifies need for and seeks referrals to other disciplines

- Uses current best evidence
- Collaborates with members of the team to maximize the impact of treatment available
- Has the ability to set boundaries, negotiated, compromise, and set realistic expectations
- Gathers data and effectively interprets and assimilates the data to determine plan of care
- Utilizes community resources in discharge planning
- Adjusts plans, schedule etc. as patient needs and circumstances dictate
### 9. Stress Management

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<tr>
<td></td>
<td>Recognizes own stressors</td>
<td>Actively employs stress management techniques</td>
<td>Demonstrates appropriate affective responses in all situations</td>
</tr>
<tr>
<td></td>
<td>Recognizes distress or problems in others</td>
<td>Reconciles inconsistencies in the educational process</td>
<td>Responds calmly to urgent situations with reflection and debriefing as needed</td>
</tr>
<tr>
<td></td>
<td>Seeks assistance as needed</td>
<td>Maintains balance between professional and personal life</td>
<td>Prioritizes multiple commitments</td>
</tr>
<tr>
<td></td>
<td>Maintains professional demeanor in all situations</td>
<td>Accepts constructive feedback and clarifies expectations</td>
<td>Reconciles inconsistencies within professional, personal and work/life environments</td>
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<td>Establishes outlets to cope with stressors</td>
<td>Demonstrates ability to defuse potential stressors with self and others</td>
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### 10. Commitment to Learning

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<tr>
<td></td>
<td>Prioritizes information needs</td>
<td>Researches and studies areas where own knowledge base is lacking in order to augment learning and practice</td>
<td>Respectfully questions conventional wisdom</td>
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<td>Analyzes and subdivides large questions into components</td>
<td>Applies new information and re-evaluates performance</td>
<td>Formulates and re-evaluates position based on available evidence</td>
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<tr>
<td></td>
<td>Identifies own learning needs based on previous experiences</td>
<td>Accepts that there may be more than one answer to a problem</td>
<td>Demonstrates confidence in sharing new knowledge with all staff levels</td>
</tr>
<tr>
<td></td>
<td>Welcomes and/or seeks new learning opportunities</td>
<td>Recognizes the need to and is able to verify solutions to problems</td>
<td>Modifies programs and treatments based on newly-learned skills and considerations</td>
</tr>
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<td></td>
<td>Seeks out professional literature</td>
<td>Reads articles critically and understands limits of application to professional practice</td>
<td>Consults with other health professionals and physical therapist for treatment ideas</td>
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<td>Plans and presents an in service, research or case studies</td>
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I, ___________________________________________________________,

have read and understand the policies and procedures contained in the Student Handbook.

I agree to abide by all policies/procedures as addressed in this handbook. These policies/procedures include:

1. Academic policies and procedures,
2. APTA Code of Ethics,
3. Texas State University Honor Code,

I have completed this page and:
1. returned the original to the Department Chair for inclusion in my student file.
2. retained a copy for myself.

________________________________________________________
Student Signature

Date

Student Copy
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