

San Marcos Counseling Resources

Name	Location	Phone Number	Description of Services
Cedar Creek Associates	631 Mill St, Suite 101 San Marcos, TX 78666	(512) 396-8540	http://cedarcreekassociates.com/ Cedar Creek Associates provides teens, adults, children, couples and seniors in the community with effective and efficient counseling services .
Door of Hope Counseling	410 Oak Run Point, New Braunfels, TX 78132	(830) 632-5039	http://www.doorofhopenb.org/ Reduced fee, Christian-based counseling from contracted, licensed professionals who are additionally trained in Intimacy Therapy, a Christian, Biblically based, counseling approach for individuals, couples, families, children and teenagers. M-TH 9am-6pm.
Family Grief Center: Central Texas Medical Center	1301 Wonder World Dr San Marcos, TX 78666	(512) 353-8979	https://www.ctmc.org/care-services/hospice/family-grief-center These bereavement services are available not only to hospice families, but also to the community at no cost.
Greater San Marcos Youth Council	1402 IH 35 N San Marcos, Texas 78666	(512) 754-0500 24 hr crisis hotline: (800) 457-0797	https://gsmyc.org/ Solution-focused therapy for children ages 6-18 living or going to school in Hays County. Additional services: family counseling, parenting classes, anger management classes, youth & family advocacy, groups in schools, truancy intervention.
Hays-Caldwell Women's Center	P.O. Box 234 San Marcos, TX 78667	(512) 396-3404 Crisis hotline: (512) 396-4357	http://www.hcwc.org/ Individual counseling and support groups for those who have experienced domestic violence (intimate partner abuse) or sexual assault as well as partners and family members.
HCWC Children's Advocacy Center		(512) 396-3404	http://www.hcwc.org/our-services/roxannes-house/ Counseling for children up to age 17 who are survivors of physical/sexual abuse: play therapy, counseling services for siblings and non-offending caregivers, educational groups, and parenting groups.
San Marcos Treatment Center	120 Bert Brown Road, San Marcos, TX 78666	(512) 396-8500	https://sanmarcostc.com/ Residential in-treatment center for children ages 8-18. Provider of intensive psychiatric residential evaluation and treatment.
Scheib Center	1200 N. Bishop Street San Marcos, TX 78666	(512) 392-7151	http://www.scheibcenter.org/ Mental health and mental disability services to residents in San Marcos and Hays County mainly to those without insurance or on Medicaid. Assessments M-TH for depression, bipolar, and schizophrenia. Walk-in times 8am-2pm.

Austin Area Resources

Name	Location	Phone Number	Website
Austin Center for Grief and Loss	2413 Greenlawn Pkwy Austin, TX 78757	(512) 472-7878	www.austingrief.org Trauma and loss for individuals, couples, and families. Adults and children.
Austin Child Guidance Center	810 W. 45 th St Austin, TX 78751	(512) 451-2242	www.austinchildguidance.org Since 1951, Austin Child Guidance Center has been helping youth under 18 and their families gain emotional skills to meet life's challenges. Their sliding fee scale helps children and families from all income levels access the professional, high-quality services they need and deserve.
Capital Area Counseling	2824 Real St Austin, TX 78722	(512)-302-1000	http://www.cacaustin.org/ CAC has been providing low cost, effective and accessible psychotherapy for adults, children, group, couples, and families . Payment: \$10-55 per session based on income.
Center for Relational Care	11615 Angus Rd Ste 218 Austin, TX 78759	(512) 492-6200	Provides counseling services for accelerated healing and change. Partners with churches, ministries, and other organizations around the world to provide a continuum of care and relational enrichment for marriages, families, and individuals .
Children's Bereavement Center of South Texas	205 W. Olmos Drive San Antonio, TX 78212	(213) 736-4847 (HUGS)	https://cbcst.org Offers grief counseling and support groups for children and/or their families, including anticipatory grief.
HOPE Hospice	611 N. Walnut Ave New Braunfels, Tx 78130	(800) 499-7501 (24 Hours a Day)	www.hopehospice.net/grief-support Email: info@hopehospice.net Offers grief counseling and support groups for individuals and families, including anticipatory grief.
Lifeworks	3700 S 1 st St Austin, TX 78704 835 N Pleasant Valley Austin, TX 78702 8913 Collinfield Dr Austin, TX 78758	(512) 735-2400	http://www.lifeworksaustin.org/ Support for individuals and families who are struggling with issues such as family conflict, abuse, anxiety, depression, and coping with the stress of everyday life. Providers of affordable/free mental health services in the community. Services are available in English and Spanish.
New Life Institute	607 Rathervue Place Austin, TX 78705	(512) 469-9447	https://www.newlifetexas.org/ Relationship and marriage counseling, testing/assessment services.

Nurture Family Counseling	201 S. Lakeline Blvd. Suite #604 Cedar Park, TX 78613	(512) 774-5779	http://www.nurturefamilycounseling.com/ Counseling Services for children, adolescents, couples, and families.
PLAN of Central Texas	4110 Guadalupe Bldg 781, Ste 410 Austin, TX 78751	(512) 851-0901	http://planctx.org Individual, family, and group counseling. Monthly fees based on services used.
Samaritan Center	8956 Research Blvd, Austin, TX 78758	(512)-451-7337	http://samaritan-center.org/services/ Individual, youth, and family counseling , CBT, EMDR, spiritual, PTSD/Veterans, marriage and career counseling. Sliding scale.
SAFE Alliance	1515 Grove Blvd, Austin, TX 78741	(512) 267-7233	https://www.safeaustin.org/ Individual, group, and family counseling for the survivors of child abuse, sexual assault and exploitation, and domestic violence.
Sol Counseling	3400 Kerbey Ln Austin, TX 78703	(512) 366-0954	http://therapistaustin.com/Sol/Holistic Counseling services on a sliding scale
Waterloo Counseling	314 E. Highland Mall Blvd, Ste 301 Austin, TX 78752	(512) 444-9922	Individual, couples, family, and group counseling for LGBTQ individuals and abuse/trauma. Insurance accepted, sliding scale for uninsured.
YWCA	2015 S I35 #110, Austin, TX 78741	(512) 326-1222	http://www.ywcaaustin.org The YW Counseling & Referral Center offers mental health counseling for women, couples, and their families on a sliding fee scale.

Alcohol/Drug Resources

Name	Location	Phone Number	Additional Information
Alcoholics Anonymous	Multiple locations	(512) 444-0071	https://austinaa.org/
Austin Recovery	4201 S Congress Ave #202 Austin, TX 78745	(512) 697-8600	www.austinrecovery.org Our goal is to help you make an informed choice as to the best treatment program for you or your loved one – even if it does not end up being at our own facilities.
Hays Caldwell Council for Alcohol & Drug Abuse	1901 Dutton Dr E, San Marcos, TX 78666	(512) 396-7695	Substance abuse and outpatient treatment.

Autism Spectrum Disorder Resources

Name	Location	Phone Number	Website
CARES: Center for Autism, Research, Evaluation, & Support	Education Building, Room 1023 601 University Drive San Marcos, TX 78666	(512) 245-7892	http://cares.education.txstate.edu/ Individuals receive highly individualized evaluations that incorporate traditional and research-supported diagnostic instruments specific to autism, and other related areas such as adaptive behavior, cognitive functioning, emotional status, and neuropsychological functioning. CARES provides educational programming, social skills training, and behavior intervention programs for individuals with autism of all ages. This program provides individualized services based on Applied Behavioral Analysis (ABA). Individuals with autism and related developmental disabilities will be considered for enrollment.

Crisis Hotlines

Name	Method of contact	Phone Number	Additional Information
Child Abuse Hotline	Phone or online chat	1-800-252-5400	www.childhelp.org Use this number to report abuse, suspected abuse, neglect or abandonment of children and/or aged or disabled adults, 24 hours/7 days a week.
Grief Recovery Helpline	Phone	1-800-445-4808	Grief/loss support and counseling. Including divorce, separation, death, and illness discussions.
National Domestic Violence Hotline	Phone, online chat	1-800-799-SAFE (7233)	www.ndvh.org National Domestic Violence Hotline. Highly-trained advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.
RAINN: Rape, Abuse, and Incest National Network	Phone, online chat	1-800-656-HOPE (4673)	https://www.rainn.org/ National Sexual Assault Hotline.
Love is Respect	Phone, online chat, Text: LOVEIS to 22522	1-866-331-9474	www.loveisrespect.org Our trained peer advocates are available 24/7/365 to offer education, support and advocacy to teens and young adults, concerned friends, and family members who have questions or concerns about their dating relationships.
Your Life Your	Phone, online chat,	1-800-448-3000	http://www.yourlifeyourvoice.org/

Voice	Text: VOICE to 20121		Crisis for teens and adults under 24 years old. If you are having thoughts of harming yourself or you are being abused, please call us.
Suicide Prevention Lifeline	Phone, online chat	1-800-273-8255	https://suicidepreventionlifeline.org/ The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
Crisis Text Line	Text: HOME to 741741		https://www.crisistextline.org/ Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via the medium people already use and trust: text.
Mental Health Crisis Hotline (MHMR)	Phone	1-800-841-1255	http://integralcare.org/crisis-services/ Like a storm that knocks a house from its foundation, a mental health crisis can knock someone off their feet. Integral Care offers mental health crisis support 24 hours a day, 7 days a week on the phone and in the community.
Trevor Project Network – GLBTQ Teens	Phone, online chat, Text: TREVOR to 202-304-1200	1-866-488-7386	http://www.thetrevorproject.org/ Our trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk.
National Runaway Safeline	Phone, online chat	1-800-Runaway (786-2929)	https://www.1800runaway.org/ The National Runaway Safeline is here to listen whether you are thinking of running away or already have.

Employment, Housing, & Food Services

Name	Address	Phone Number	Additional Information
Capital I.D.E.A.	401 W Anderson Round Rock, TX 78664	(512) 457-8610	http://www.capitalidea.org/ Lifts families out of poverty by through education and career advancement. Funds qualified participants' tuition, book, and childcare and works with them to find employment with good salaries, benefits, and opportunities for career growth.
Habitat for Humanity of Williamson Cty	PO BOX 737 Georgetown, TX 78627	(512) 863-4344	https://williamsonhabitat.org/
Round Rock Area Serving Center	1099 East Main St Round Rock, TX 78664	(512) 244-2431	https://www.rrasc.org/ Local food pantry that provides financial assistance for prescriptions, electric, gas, water bills, rent, temporary assistance and transportation and Coats for Kids.
Texas Workforce		(512) 463-2222	www.twc.state.tx.us

Commission**Legal Services**

Name	Address	Phone Number	Additional Information
Office of the Attorney General		1-800-252-8014	www.oag.state.tx.us Establishment and enforcement of child support orders. Free legal assistance for low-income families in civil cases.
Texas Advocacy Project	Family Violence Line: Family Law Hotline: Sexual Assault Legal:	1-800-372-4673 1-800-777-3274 1-888-296-7233	www.texasadvocacyproject.org Free legal assistance in family, domestic violence, or sexual assault matters.

Medical Services

Name	Address	Phone Number	Additional Information
Adult Day/Health Care Center	110 South Brown St Round Rock, TX 78664	(512) 255-4865	Maximizes the health, and capabilities of clients and provides caregivers support and respite care, allowing clients to remain safely in their homes and community.
Agape Pregnancy Resource Center	104 E Main St Round Rock, TX	(512) 248-8200	Free pregnancy testing, ultrasounds, educational classes for mom and dads to be, maternity and infant clothing and baby items free after attending classes. Referrals to community resources and adoption counseling. All services are free.
Lone Star Circle of Care	2120 North Mays, Suite 430 Round Rock, TX 78664	(512) 255-5120	https://lonestarcares.org/ The mission of the clinic is to build a stronger community by providing accessible, affordable, and preventative and primary health care services to medically underserved children & families.
Insure a Kid		(512) 324-2447	https://www.insurekidsnow.gov/ Low cost health insurance