College of Education Advising Center

Sequencing and Degree Plan Checksheet

Degree: Bachelor of Exercise and Sports Science | Major: Exercise and Sports Science | Certification: All-Level Physical Education

NOTE: In addition to successful completion of all listed courses, students must satisfy GPA and residency requirements to graduate.

Students should use the newest sequencing checksheet for their catalog since academic policies and course prerequisites are subject to change each year.

Core Curriculum

- 3 hour core 030 Life and Physical Science
- 3 hour core 030 Life and Physical Science
- ART, DAN, MU, or TH 2313
- 1 from HIST 1310, HIST 1320, POSI 2310, POSI 2320
- 1 from HIST 1310, HIST 1320, POSI 2310, POSI 2320
- ANTH 1312, ECO 2301, ECO 2314, GEO 1310, PFW 1301, PSY 1300, or SOCI 1310
- ENG 2310, 2320, 2330, 2340, 2359, or 2360

Major

- ESS 1100*
- ESS 1179*
- AT 2356*
- ESS 3329*
- Select one Advanced PE Elective from*: ESS 3321, ESS 3323, ESS 3340, or ESS 4337

Team Sport*

ESS 1172, 1177, 1192, or PFW 1130B, or PFW 1160A

Individual Sport*

ESS 1128, 1176, 1192, or PFW 1155G

Conditioning*

ESS 1175, PFW 1110A/B, PFW 1110F, PFW 1135A/B, or PFW 1190B

Additional

To fill the rest of your schedule and serve as alternatives if higher priority courses aren’t available.

Minor or 2nd Teaching Field:

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

GPA restricted | * requires grade of ‘C’ or better | ^ requires grade of ‘B’ or better

Minor or 2nd Teaching Field: