The degree requirements below are outlined in the 2020 Undergraduate Catalog and will remain valid through summer 2026.

### INSTITUTIONAL REQUIREMENTS
- 1-9 Hours
  - US 1100: University Seminar (1-Hr Open Elective if Exempt)
  - Foreign Language Proficiency (see catalog)

### MAJOR SPECIFIC CORE
- 12 Hours
  - Mathematics (020)
    - MATH 1315: College Algebra
  - Life and Physical Sciences (030)
    - CHEM 1341: General Chemistry I
    - CHEM 1342: General Chemistry II
  - Social and Behavioral Sciences (080)
    - PSY 1300: Introduction to Psychology

### MAJOR: Exercise and Sports Science
- 24 Hours
  - ESS 1179: Weight Training
  - AT 2356: Prevention and Care of Athletic Injuries
  - ESS 3317: Exercise Physiology / ESS 3117 Lab
  - ESS 3320: Biomechanics
  - ESS 3329: Introduction to Motor Learning
  - AT 3358: Clinical Pathopharmacology
  - ESS 4317: Fit. Asmnt. & Prog. for Clinical Exer. Science
  - AT 2400: Functional Anatomy

### SUPPORT COURSES
- 26 Hours
  - BIO 2430: Human Physiology & Anatomy
  - CHEM 1141: General Chemistry I Lab
  - CHEM 1142: General Chemistry II Lab
  - HIM 2360: Medical Terminology
  - **Select any one course from:**
    - HP 3325: Healthcare Statistics
    - PSY 2301: Intro to Statistics
    - SOCI 3307: Statistics of Behavioral Sciences
  - NUTR 2360: Nutrition Science
    - OR
    - NUTR 3362: Nutrition and Health
    - OR
    - NUTR 3364: The Science of Nutrition and Exercise
  - PHYS 1315: General Physics I / PHYS 1115: Lab
  - PHYS 1325: General Physics II / PHYS 1125: Lab
  - PSY 3300: Lifespan Development
    - OR
    - PSY 3315: Abnormal Psychology

### PRESCRIBED ELECTIVES
- 15 Hours
  - Select at least 15 credit hours from:
    - ANTH 3311: Disease and Society
    - AT 2156: Taping and Bandaging Athletic Injuries
    - AT 2260: Acute Care of Injuries and Illnesses
    - AT 3400: Gross Applied Anatomy
    - AT 4360: Internship in Clinical Settings
    - BIO 1330: Microbiology / BIO 1130 Lab
    - BIO 1331: Organismal Biology / BIO 1131 Lab
    - BIO 2400: Microbiology
    - BIO 2440: Principles of Microbiology
    - BIO 2450: Genetics
    - BIO 3421: Vertebrate Physiology
    - BIO 4326: Immunology
    - CHEM 2341: Organic Chemistry I / CHEM 2141 Lab
    - CHEM 2342: Organic Chemistry II / CHEM 2142 Lab
    - CHEM 4375: Biochemistry
    - ENG 3303: Technical Writing
    - ESS 1128: Aquatic Therapy
    - ESS 1298: Foundations of Sports Medicine
    - ESS 3323: Psychosocial Aspects of ESS
    - PH 3348: Prevention of Disease
    - PSY 3322: Brain and Behavior
    - REC 1370 Intro to Therapeutic Recreation
    - SOCI 1310: Introduction to Sociology
    - SOCI 3363: Medical Sociology

In addition to successful completion of all required coursework, students must satisfy GPA and residency requirements to graduate.
The sequencing below reflects course prerequisites that are subject to change each academic year.

Core Curriculum

- ENG 1310
- ENG 1320
- PHIL 1305 or 1320
- ART, DAN, MU, or TH 2313
- HIST 1310
- HIST 1320
- POSI 2310
- POSI 2320
- COMM 1310
- ENG 2310, 2320, 2330, 2340, 2359, or 2360

Major

- ESS 1179
- ESS 3329

Support

- HIM 2360
- HP 3302 or HP 3325 or PSY 2301 or SOCI 3307
- NUTR 3362 or 3364

15 hours of Prescribed Electives:

- ANTH 3311
- AT 2156
- AT 2260
- AT 3400
- AT 4360
- BIO 1330/1130
- BIO 1331/1131
- BIO 2400
- BIO 2440
- BIO 2450
- BIO 3421
- BIO 4326
- CHEM 2341/2141
- CHEM 2342/2142
- CHEM 3475
- ENG 3303
- ESS 1128
- ESS 1298
- ESS 3323
- PH 3348
- PSY 3322
- REC 1370
- SOCI 1310
- SOCI 3363

GPA restricted | * grade of ‘C’ or better

In addition to successful completion of all required coursework, students must satisfy GPA and residency requirements to graduate.