

TEXAS STATE VITA

I. Academic/Professional Background

A. Name Angela J. Rich, ScD, PT, ATC, OCS

Title Clinical Associate Professor

B. Educational Background

Degree	Year	University	Major	Thesis/Dissertation
ScD	2011	Texas Tech University	Physical Therapy	Lumbar Spine Evaluation & Treatment for Athletic Trainers
BS	1994	Texas State University	Physical Therapy	
BS	1984	Southern Illinois University	Athletic Training	
AAH	1984	Southern Illinois University	Physical Therapist Assistant	

C. University Experience

Position	University	Dates
Clinical Associate Professor	Texas State University	September 1, 2018-current
Assistant Professor	Texas State University	2015-August 31, 2018
Clinical Instructor	Texas State University	2000-2005
Assistant Women's Athletic Trainer	University of Texas at Austin	1984-1987

D. Relevant Professional Experience

Position	Entity	Dates
General Partner	Elite Physical Therapy, LP	1999-2016
Administrator	HealthSouth, Scottsdale, AZ	1998-1999
Clinical Coordinator	HealthSouth, Phoenix, AZ	1997-1998
Physical Therapist	HealthSouth, Phoenix, AZ	1996-1997
Physical Therapist	South Austin Therapy Group, Austin, TX	1995-1996
Physical Therapist	HealthSouth, Austin, TX	1991-1994
Athletic Trainer/Physical Therapist Assistant	SportCare, Austin, TX	1987-1991

E. Other Professional Credentials (licensure, certification, etc.)

Credential	Entity	Dates
Licensed Physical Therapist	State of Texas	1994-present
Licensed Athletic Trainer	State of Texas	1984-2017
Certified Athletic Trainer	BOC	1984-present
Board Certified Orthopaedic Specialist	ABPTS	2015-2025
Dry Needling Certified	FIT Institute	2011-present
Functional Movement System, Certified	Functional Movement	2013-present

II. TEACHING

A. Teaching Honors and Awards:

Texas State University

Faculty Excellence Award in Teaching, Department of Physical Therapy, 2016

College of Health Professions Faculty Excellence Award in Teaching, Assistant Professor, 2016

B. Courses Taught

Texas State University

PT 7428 Therapeutic Interventions (Instructor: Fall 2016, 2017)

PT 7539 Musculoskeletal I – Spine (Instructor: Spring 2016-current)

PT 7549 Musculoskeletal II – Lower Extremity (Instructor: Summer 2016-current)

PT 7559 Musculoskeletal III – Upper Extremity (Instructor: Fall 2015-current)

Guest Lectures:

PT 7328: Exam Techniques: Biomechanics; Visceral Palpation; Functional Movement Systems (Fall 2016-current)

PT 7155: Clinical Decision Making III: Lower Extremity Tendinopathy: Assessment & Intervention (Fall, 2017); Knee, Live Patient Case Evaluation and Intervention (Fall, 2016)

PT 7312: Patient Care Skills I: Visceral Anatomy (Summer, 2016)

PT 7130: Clinical Decision Making II: Cervical Spine, Live Patient Case Evaluation and Intervention (Fall, 2016)

PT 7135: Clinical Decision Making II: Joint Positioning Error (Spring, 2017)

PT 7165: Clinical Decision Making: IV: Tissue Specific Exercise and Functional Movement Systems (Spring 2017-current), Assessment and Intervention Utilizing RedCord Sling Therapy (Fall 2018)

PT 7294 Special Issues in Physical Therapy: McConnell Taping Techniques of the Knee and Shoulder (May 2016-current); Private Practice Expert Panel (May 2016); Kinesiotaping (May 2017-current)

C. Graduate Theses/Dissertations, Honors Theses, or Exit Committees:

Ede N, **Rich, A.** Successful Capstone Project. Athletic Pubalgia: An Impairment-Based Treatment Approach. (May 2017)

Longoria A, McGrath C, Bierschenk M, Cepedes J, **Rich, A.** Successful Capstone Project. Correlation of Movement Screen Assessment Findings to Self-Report Ratings of Shoulder/Elbow Pain in College Baseball Pitchers. (May 2017)

Trevino A, Dunham G, Janecka K, **Rich A.** Successful Capstone Project. The Effects of Cervical Proprioceptive vs. Craniocervical Flexion Training on Joint Position Error in Healthy Physical Therapy Students. (May 2018)

Jakszta L, Hughes C, Schneider G, **Rich A.** Successful Capstone Project. Functional vs. Standardized. Which Gluteus Medius Strength Test Best Correlates to Risk of Knee Injuries in Collegiate Soccer Players? (May 2018)

Groman S, Pina I, **Rich A.** Does a Variance in Wrist Brace Design, with or without Exercise, Significantly Decrease Ulnar-Sided Wrist Pain in Patients with Triangular Fibrocartilage Complex (TFCC) Dysfunction? (May 2019)

Asias B, Stehle C, Boyd L, **Rich A.** Structural Changes of the Achilles Tendon Following Overnight Rest. (May 2019)

Rusk N, Hebel J, O'Quinn B, **Rich A.** Impact of Functional Training on Pain and Functional Movements of First Year Physical Therapy Students as Assessed by the SFMA. (May 2019)

Stites B, Gaspard L, Conlin A, **Rich A.** Correlation of Upper Extremity and Lower Extremity Examination Findings to UE Injury in Collegiate Baseball Players as Identified by the Kerlan-Jobe Orthopaedic Examination. (May, 2019)

D. Courses Prepared and Curriculum Development:

Texas State University

PT 7539 Musculoskeletal I – Spine

PT 7549 Musculoskeletal II – Lower Extremity

PT 7559 Musculoskeletal III – Upper Extremity

PT 7428 Therapeutic Interventions

PT 7268 Advanced Therapeutic Interventions

E. Funded External Teaching Grants and Contracts: NA

F. Submitted, but not Funded, External Teaching Grants and Contracts:

G. Funded Internal Teaching Grants and Contracts: NA

H. Submitted, but not Funded, Internal Teaching Grants and Contracts: NA

I. Other:

Continuing Education and Professional Development

2018

- Manual Therapy Institute
 - Advanced Upper Extremity, January 20-21, 2018
 - Advanced Lower Extremity, March 10-11, 2018
 - Advanced Concepts of the Upper Extremity, October 13-14, 2018
- Neurac 1: Sling Therapy Training, November 16-18, 2018

2017

- Manual Therapy Institute
 - Advanced Cervical Spine I, May 6-7, 2017
 - Lumbar and Hip Movement Impairment Syndromes: Shirley Sahrmann, PT, PhD, June 10-11, 2017
 - Advanced Cervical Spine II, July 15-16, 2017
 - Jill Cook, PhD, September 16-17, 2017
 - Advanced Lumbar Spine I, November 11-12, 2017

2016

- Manual Therapy Institute

- Tissue Specific Exercise, January 23-24, 2016
- Lumbar Spine II, March 12-13, 2016
- Cervical Spine II, Extremities, August 27-28, 2016
- Joint Manipulation: Laurie Hartman, September 17-18, 2016
- Thoracic Spine, October 22-23, 2016
- Walsh University Health Science Division
 - Faculty Development Workshop for New PT/PTA Faculty, June 21-25, 2016
- Texas State University
 - Program for Excellence in Teaching and Learning, August 2015-April, 2016

2015

- Manual Therapy Institute
 - Thoracic Spine, November 14-15, 2015

III. SCHOLARLY/CREATIVE**A. Works in Print (including works accepted, forthcoming, in press)**

Boucher B, Rich A, Gardner B, Metzner P, King C, Buse M. Effectiveness of a Functional Movement Assessment and 4-Week Exercise Training Program for Female High School Athletes. *J Strength Conditioning Research*. 2017. Accepted for publication, April 2018.

1. Books (if not refereed, please indicate): NA**a. Scholarly Monographs: NA****b. Textbooks: NA****c. Edited Books: NA****d. Chapters in Books: NA****e. Creative Books: NA****2. Articles****a. Refereed Journal Articles:**

Rich A, Boucher B, Longoria A, McGrath C, Bierschenk M, Cespedes J. Correlation between Kerlan-Jobe Orthopaedic Clinic Screen and Subacromial Impingement Test-Item Cluster in Collegiate Baseball Pitchers. *J Athletic Training*. 2017. Accepted, under editing.

b. Non-refereed Articles: NA**3. Conference Proceedings: NA****a. Refereed Conference Proceedings:****b. Non-refereed: NA****4. Abstracts: NA****5. Reports: NA****6. Book Reviews: NA****7. Other Works in Print: NA****B. Works not in Print****1. Papers Presented at Professional Meetings: NA****2. Invited Talks, Lectures, and Presentations:**

Lectures:

Cervicogenic Involvement in Post-Concussive Patients. **Angela J. Rich, ScD, PT, ATC, OCS** Texas State Athletic Training Program. San Marcos, TX. December 5, 2018.

Cervicogenic Involvement in Post-Concussive Patients. **Angela J. Rich, ScD, PT, ATC, OCS** Concussion Health Summit. Arlington, TX. July 28, 2018.

Cervical Dizziness: A Somatosensory Mismatch. **Angela J. Rich, ScD, PT, ATC, OCS**, Isai Pina, SPT, Sarah Groman, SPT, Gabrielle Hurley, SPT Texas Physical Therapy Association Annual Conference. Corpus Christie, TX. October 26, 2017.

Assessment and Intervention of Cervicogenic Headache. **Angela J. Rich, ATC, PT, ScD, OCS** Texas Physical Therapy Association Annual Conference. Arlington, TX. October 28, 2016.

Platform Presentations:

Boucher B, **Rich A**. A Partnership between Physical Therapy and Manufacturing Engineering Technology to Design a Unique Wrist Brace. An IPE Experience. Texas Society of Allied Health Professionals. Houston, TX. September 21, 2017.

Student Poster Presentations:

Combined Sections Meeting, American Physical Therapy Association, New Orleans, LA, 2018: Functional vs. Standardized. Which Gluteus Medius Strength Test Best Correlates to Risk of Knee Injuries in Collegiate Soccer Players? Jakszta L, Hughes C, Schneider G, **Rich A**.

Texas Physical Therapy Association Annual Conference, Corpus Christie, TX, 2017: The Effects of Cervical Proprioceptive vs. Craniocervical Flexion Training on Joint Position Error in Healthy Physical Therapy Students. Trevino A, Dunham G, Janecka K, **Rich A**.

Impact of Functional Training on Pain and Functional Movements of First Year Physical Therapy Students as Assessed by the SFMA. Lapo J, Hulme O, Cantu A, Traves J, Boucher B, **Rich A**.

The Effects of a Corrective Exercise Program on Functional Movement Scores for Second-Year Physical Therapy Graduate Students. Coldwell S, Krog M, Rice J, Webber K, Boucher B, Gibbs K, **Rich A**.

Texas Physical Therapy Association Annual Conference, Arlington, TX, 2016: Athletic Pubalgia: An Impairment-Based Treatment Approach. Ede N, **Rich, A**.

Correlation of Movement Screen Assessment Findings to Self-Report Ratings of Shoulder/Elbow Pain in College Baseball Pitchers. Longoria A, McGrath C, Bierschenk M, Cepedes J, **Rich, A**.

3. Consultancies: NA

4. Workshops:

5. Other Works not in Print:

a. Works “submitted” or “under review”**b. Works “in progress”**

Rich A, Stickley L, Parker M. The Impact of Attending Summer Camp on Quality of Life for Children, Adolescents and Adults with Phenylketonuria. (Submission: January 2018)

Boucher B, **Rich A**. Comparison of Wrist Braces, With or Without Exercise, for Patients with Triangular Fibrocartilage Complex (TFCC) Dysfunction. (Active Study: Ongoing)

Rich A, Kroon P, Boucher B. Clinical diagnosis and physical therapy intervention of conditions associated with intersection syndrome of the foot. (Editing)

Rich A, Kroon P, Boucher B. A Clinical Prediction Rule for Diagnosis of Femoral Neck Fracture in Runners. (Literature review, research design)

Rich A, Wallace B. A Comparison of Cervical Spine Loaded vs. Unloaded Position on Videonystagmography Test Findings. (IRB review)

Rich A. Change in Achilles Tendon Volume Pre- and Post-Sleep: A Diagnostic Ultrasound Study. This study is an IPE with Respiratory Care utilizing the sleep lab and subject undergoing a sleep study. (Ongoing study, July 2018)

c. Other works not in print

Rich A, Gobert D, Boucher, B. The Prevalence of Fibromyalgia in Competitive Athletes.

C. Grants and Contracts**1. Funded External Grants and Contracts:****2. Submitted, but not Funded, External Grants and Contracts:**

Boucher B, **Rich A**. Leslie Harris Lindsey Grant for Research in the Hand and Upper Quadrant Triangular Fibrocartilage Complex (TFCC) Dysfunction: Effectiveness of Bracing With or Without Exercise. Amount of fund requested: \$5,000.

Boucher B, **Rich A**. Texas Physical Therapy Foundation, TPTF Grant Proposal. The Effectiveness of a Functional Movement Screen Assessment and 4-Week Exercise Training Program for Female High School Athletes. Amount of fund requested: \$4,000.

3. Funded Internal Grants and Contracts:

Rich A, Boucher B. Comparison of Wrist Braces, With or Without Exercise, for Patients with Triangular Fibrocartilage Complex (TFCC) Dysfunction. Texas State University, Research Enhancement Program Grant. \$16,000

4. Submitted, but not Funded, Internal Grants and Contracts: NA**D. Fellowships, Awards, Honors: NA**

IV. SERVICE

A. Institutional

1.University:

Texas State University

Copyright Advisory Committee, 2016-current

Bobcat Days, Fall 2015

Wellness Health Fair, Fall 2015

2.College:

Texas State University, College of Health Professions

Committee Member, Business Manager, College of Health Professions Clinic, 2018

College of Health Professions Research Forum, 2018-current

3.Department/School:

Texas State University, Department of Physical Therapy

Committee Member, Faculty Search Committee, Tenure-Track, 2017-current

Committee Member, Faculty Search Committee, Clinical-Track, 2017-March 2018)

Committee Member, Student Physical Therapy Clinic, 2016-current

Committee Member, Student Selection Committee, 2015-current

Student Advising, 2015-current

B. Professional:

American Physical Therapy Association

Member, 1984 - present

Section on Orthopaedics, member

Section on Sports, member

Section on Education, member

Texas Physical Therapy Association

Member 1994 - present

Member Capital Area District (TPTA) 1994-present

National Athletic Trainers' Association

Certified Member 1984-present

C. Community:

Special Olympics, Healthy Athletes, FUNfitness, Clinical Director, 2018-current

D. Service Honors and Awards: NA

E. Service Grants and Contracts: NA

1. Funded External Service Grants and Contracts: NA

2. Submitted, but not Funded, External Service Grants and Contracts: NA

3. Funded Internal Service Grants and Contracts: NA

4. Submitted, but not Funded, Internal Service Grants and Contracts: NA

