**On-Campus Educational Opportunities and Recovery/Support Resources:**

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| **Student Recovery Alliance**  A safe place for students in recovery to work together, share experiences, plan sober events in the community, celebrate triumphs, discuss struggles, and collaborate on empowering solutions. This group is open to all Texas State students in any level of recovery or who wish to further explore sobriety.  Contact Health Promotion Services at [healthycats@txstate.edu](mailto:healthycats@txstate.edu) for more information  Or  Visit [Student Recovery Alliance](https://www.healthcenter.txstate.edu/HPS/Student-Recovery-Alliance.html)  for up-to-date meeting times/locations and FAQs | |
| Health Promotion Services  512-245-2161  For details on dates/times for upcoming Health Promotion Events or to request a presentation visit:  [Health Center Health Promotion Services](https://www.healthcenter.txstate.edu/HPS.html) | [Minds Matter](https://mindsmatter.vpsa.txstate.edu/)  A central online resource supporting the mental health needs of the Texas State University campus community. |
| On-Campus Alcoholics Anonymous (AA) Meeting dates/times subject to change each semester.  For more information regarding on-campus AA Meetings, please email [ch13@txstate.edu](mailto:ch13@txstate.edu) or visit [Alcohol and Drug Compliance Services](https://www.dos.txstate.edu/services/Alcohol-and-Drug-Compliance-Services--ADCS-/links/alcoholics-anonymous.html) | [Health Center Smoking Cessation Program](https://www.healthcenter.txstate.edu/SERVICES/tobacco-free.html)  512-245-2161  No cost program for enrolled students facilitated by nursing staff at the Student Health Center  To learn more visit [Tobacco Free](https://www.healthcenter.txstate.edu/SERVICES/tobacco-free.html) and click the boxes for *“Information for Students”* and *“Smoking Cessation Online Resources.”* |

**Off-Campus Substance Use Treatment Resources:**

[Cenikor](https://www.cenikor.org/locations/san-marcos/) is a local resource in San Marcos specializing in Substance Use assessment and treatment. Ask about their Project Aim services and their [Student Recovery Alliance](https://www.healthcenter.txstate.edu/HPS/Student-Recovery-Alliance.html) for Texas State University students: Meetings held at the Student Health Center

[Promises Behavioral Health](https://www.promisesbehavioralhealth.com/) offers 3 Addiction Treatment Center locations in Texas: [The Right Step Texas Locations](https://www.promisesbehavioralhealth.com/promises-drug-addiction-treatment-centers/)

[Positive Recovery Centers](https://positiverecovery.com/) offers multiple treatment programs – Check out their [Texas Locations](https://positiverecovery.com/locations/)

[Windmill Wellness Ranch](https://windmillwellnessranch.com/) in Canyon Lake, TX offers a [Sobriety Guarantee](https://windmillwellnessranch.com/about/the-windmill-guarantee) and specializes in holistic and innovative treatment approaches to substance use treatment.

[Resurgence Behavioral Health](https://resurgencebehavioralhealth.com/centers/texas/) provides drug and alcohol rehab in Wimberley, TX.

[Recovery Unplugged](https://www.recoveryunplugged.com/) is a national treatment and recovery center with an [Austin TX Location](https://www.recoveryunplugged.com/locations/austin/) which incorporates music into their care model.

[Rock Springs](https://rockspringshealth.com/programs/) has substance use treatment programs with locations near Round Rock, TX

[Georgetown Behavioral Health Institute](https://www.georgetownbehavioral.com/programs/chemical-dependency) has a chemical dependency program in Georgetown, TX.

The [Local Mental Health Authority in Texas](https://www.hhs.texas.gov/services/mental-health-substance-use/adult-substance-use) provides Outreach, Screening, Assessment, & Referral Services ([OSAR](https://www.hhs.texas.gov/services/mental-health-substance-use/mental-health-substance-use-resources/outreach-screening-assessment-referral)) for Texas residents. Contact [Bluebonnet Trails Community Services](https://bbtrails.org/substance-use-services/) or call 1-844-309-6385 for more information on San Marcos or Round Rock OSAR services.

**Community Recovery Support Resources:**

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| [Austin AA](https://austinaa.org/)  (San Marcos, Austin, and surrounding areas)  [San Antonio AA](http://aasanantonio.org/)  (New Braunfels and areas South of San Marcos)  [Round Rock AA](https://alcoholicsanonymous.com/aa-meetings/texas/round-rock/) | Al-Anon  Help and Hope for Families and Friends of Alcoholics  888-4AL-ANON (888-425-2666)  [Al-Anon.org](https://al-anon.org/) |
| [SAMHSA Virtual Recovery Resources](https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf)  [SAMHSA National Treatment Locator](https://findtreatment.samhsa.gov/)  [Texas Health and Human Services Recovery Support Services](https://www.hhs.texas.gov/services/mental-health-substance-use/adult-substance-use/adult-substance-use-recovery-support-service-organizations) | Narcotics Anonymous (NA)  Central Texas Area Meeting Locations: Call 866-792-8262 or visit [Central Texas NA](http://ctana.org/)  San Marcos Meeting Locations: Call 800-407-7195 or visit [San Marcos NA](https://www.narcotics.com/na-meetings/texas/san-marcos/) |

**Licensed Chemical Dependency Counselors (LCDC):**

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| [David Bennett](https://www.psychologytoday.com/us/therapists/david-bennett-new-braunfels-tx/195831)  David Bennett, LPC, LCDC | [Hiatus Wellness](https://www.hiatuswellness.com/)  Brittney Lollis Tolar, LCSW, LCDC |
| [Lifetimes Journey](http://www.lifetimesjourney.com/) (Services available in Spanish)  Abel Rodriguez, LCSW, LCDC | [Timothy Lewis Young-Round Rock](https://timothy-young.clientsecure.me/)  Tim Young, LPC, LCDC |
| [In Mind Out](https://inmindout.com)  Casey Arrillaga, LCDC | [Jon Briery-Georgetown, TX](https://www.jonbriery.com/)  Jon Briery, LPC-S, LCDC, NCC |