## Mental Health Crisis and Suicide Prevention Hotlines

### Suicide Prevention Hotlines:
- **24 Hour Crisis Hotline**: 1.877.466.0660
- **National Suicide Prevention Lifeline**: 1.800.273.TALK (8255)
- **Suicide Help Hotlines**: 800.SUICIDE (800.784.2433)
- **The Trevor Project**: 1.866.4.U.TREVOR (1.866.488.7386)
- **San Marcos Campus**: Avail Crisis Hotline 1.877.466.0660
- **Round Rock Campus**: Bluebonnet Trails Crisis Hotline 1.800.841.1255

### Mental Health Crisis Hotlines:
- **Hays County Crisis Hotline**: 1.877.466.0660 or 512.396.3939
- **HELPline Serving Caldwell and Hays County**: 512.396.HELP (4357) or 800.700.HCWC (4292)
- **Crisis Text Line**: Text HOME to 741741
- **Travis County- Austin Travis County Integral Care**: 1.844.398.8252 or 512.472.4357
- **Williamson County**: 1.800.841.1255
- **National Suicide Prevention Lifeline**: 1.800.273.TALK (8255). For Veteran’s Crisis Line Press 1
- **Trans Lifeline**: 1.877.565.8860
- **U Lifeline**: 1.800.273.TALK (8255)
- **Military Crisis Line**: 1.800.273.8255 or text 838255

### Domestic Violence/Sexual Assault Hotlines
- **Hays Caldwell Women’s Center/ Rape Crisis Hotline**: 512.396.HELP (4357)
- **24 Hour Hotline**: 1.800.700.4292
- **Safe Place- Austin/Travis County**: 512.267.7233
- **Hope Alliance- Round Rock/Williamson County**: 1.800.460.7233
- **National Domestic Violence Hotline**: 800.799.SAFE (7233)
- **RAINN (Rape and Incest National Network)**: 800.656.HOPE (4673)
- **Department of Defense (Military) Safe Helpline for Sexual Assault**: 877.995.5247
- **Child & Elder Abuse Report Hotline**: 800.252.5400

*Spanish-speakers available*
<table>
<thead>
<tr>
<th>Counseling and Assessment Centers in San Marcos, Texas</th>
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<td><strong>Clinic/Physician</strong></td>
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<tr>
<td><strong>Austin Neuropsychiatric Associates</strong></td>
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<tr>
<td>Website: <a href="https://www.austinneuropsychiatric.com/">https://www.austinneuropsychiatric.com/</a></td>
</tr>
<tr>
<td>Location: 310 Stagecoach Trail, Suite 300</td>
</tr>
<tr>
<td>San Marcos, TX 78666</td>
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<tr>
<td><strong>Physicians:</strong></td>
</tr>
<tr>
<td>• Dr. Theodore Dake Jr., MD</td>
</tr>
<tr>
<td>• Thea Dake, LCSW</td>
</tr>
<tr>
<td><strong>Phone:</strong> 512.392.3398</td>
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<tr>
<td><strong>Cypress Tree Therapy</strong></td>
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<tr>
<td>Website: <a href="http://cypressstreetherapy.com/">http://cypressstreetherapy.com/</a></td>
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<tr>
<td>Location: 215 W. San Antonio Street</td>
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<tr>
<td>San Marcos, TX 78666</td>
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<tr>
<td><strong>Physicians &amp; phone numbers:</strong></td>
</tr>
<tr>
<td>• Illysa Foster, Psychotherapist</td>
</tr>
<tr>
<td>Phone: 512.416.3632</td>
</tr>
<tr>
<td>• Jon Lasser, Psychotherapist</td>
</tr>
<tr>
<td>Phone: 512.337.4368</td>
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<tr>
<td><strong>InMindOut Emotional Wellness Center</strong></td>
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<tr>
<td>Website: <a href="https://inmindout.com/">https://inmindout.com/</a></td>
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<tr>
<td><strong>Locations:</strong></td>
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<tr>
<td>• 2003 Medical Parkway, Suite C</td>
</tr>
<tr>
<td>San Marcos, TX 78666</td>
</tr>
<tr>
<td>Phone: 512.643.5440</td>
</tr>
<tr>
<td>• 641 Walnut Street</td>
</tr>
<tr>
<td>New Braunfels, TX 78130</td>
</tr>
<tr>
<td>Phone: 830.730.6090</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:info@inmindout.com">info@inmindout.com</a></td>
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| **The Kotin Psychology Practice**  
Website: [https://kotinpsychology.com/](https://kotinpsychology.com/)
Location:  
2106 Quail Run  
San Marcos, TX 78666  
**Phone:** 512.392.8105  
**Physicians:**  
- Claudia Kotin, PhD.  
- Edward Kotin, PhD. | - General Psychotherapy practice:  
  - Psychological testing  
  - Specialize in work with trauma victims, including Post-Traumatic Stress, using EMDR  
- Dr. Claudia Kotin:  
  - Specialization in eating disorders  
  - Training in child and adult psychological and learning disability assessments  
  - Counseling with diabetic clinics, complicated OBGYN, cardiac bypass surgery, and terminally ill patients.  
- Dr. Edward Kotin:  
  - Specializes in Marriage Strengthening and Therapy  
  - Specializes in post-traumatic stress and anxiety and EMDR certified  
- All services:  
  - Texas Peace Officer Psychological Fitness evaluations  
  - Neurostimulator Candidacy Evaluations  
  - Bariatric Evaluations  
  - Extensive experience with Veterans suffering from Post-traumatic stress disorder and others with traumatic experiences  
  - Work with pain management and with amputees and other people with disabilities | - Accepted insurances: Most including Medicaid and Superior Foster-Care  
- Total cost varies on service being provided and insurance. |

| **Allison Burwell, M.A., LPC**  
Website: [http://www.allisonburwell.com/index.html](http://www.allisonburwell.com/index.html)
Location:  
1228 N Hwy 123  
San Marcos, TX 78666  
**Phone:** 512.796.0060 | - Assessments and Evaluations Services  
- Individual and family psychotherapy  
- Telehealth  
- Specialties: Anxiety, depression, mood disorders, personality disorders, trauma, grief & loss, substance abuse & addiction, adjustment disorders, and ADHD | - Accepted insurances: Blue Cross Blue Shield, Ambetter, TriCare, Cigna, and United Behavioral Health  
- Sliding scale services available on limited basis |

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| **The Assessment and Counseling Clinic** | The Assessment & Counseling Clinic (ACC) serves to meet the mental health needs of persons in the university, San Marcos and Hays County communities. Counseling sessions are $20 per hour, and less for those who cannot afford that price. | Sliding scale  
• Counseling sessions: $20 or less per hour  
• Your fee for counseling will be set by you and your counselor. |
| **Website:** [https://www.txstate.edu/clas/Professional-Counseling/counseling-services/Assessment-and-Counseling-Clinic-SM.html](https://www.txstate.edu/clas/Professional-Counseling/counseling-services/Assessment-and-Counseling-Clinic-SM.html)  
**Location:** Texas State University Education Building  
**Phone:** 512.245.8349 |                                                                                                                                               |                                                                      |
| **Cedar Creek Associates**           | • No clinical testing or evaluation  
• Counseling and psychological services such as:  
  o Behavioral, emotional, and marital problems  
  o PTSD  
  o ADHD  
  o Depressions  
  o Panic attacks  
  o Anxiety  
• Individual, family, and couples therapy | Hour-long sessions with counselors/therapists: $50-$120  
• Accepted insurances: Most including Medicaid and Superior Foster-Care |
| **Website:** [http://cedarcreekassociates.com/](http://cedarcreekassociates.com/)  
**Location:** 631 Mill Street, Suite 101  
San Marcos, TX 78666  
**Phone:** 512.396.8540 |                                                                                                                                               |                                                                      |
| **Hays- Caldwell Women’s Center (HCWC)** | HCWC serves and provides victims of family violence, sexual assault, and child abuse:  
• Emergency shelter for victims of domestic violence  
• Counseling, legal advocacy, and other types of support services through the Counseling and Resource Center  
• Aid for child victims of sexual abuse thought the Children’s Advocacy Center (Roxanne’s House)  
• 24-hour confidential crisis and information line  
• Community education for youths and adults  
• Hospital accompaniment for survivors of sexual assault and family violence | All counseling services are free and offered in both English and Spanish. |
| **Website:** [https://www.hcwc.org/](https://www.hcwc.org/)  
**Location:** San Marcos, TX 78666  
**Phone:** 512.396.HELP (4357) |                                                                                                                                               |                                                                      |

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| **Samaritan Counseling Center**  
Website: [https://samaritan-center.org/](https://samaritan-center.org/)  
Location:  
First United Methodist Church  
129 West Hutchinson  
San Marcos, TX 78666  
Phone: 512.451.7337  
| • Veteran & military services (and their families): Evidence based trauma treatment approaches: EMDR, Acceptance and Commitment Therapy, and Moral Injury approach.  
• Individual counseling: Cognitive Behavioral Therapy (CBT), career counseling, EMDR, pastoral or spiritual counseling, solutions-focused counseling, couples counseling, child and adolescent therapy, and family counseling  
• Couples, family, and relationship counseling  
• Children and adolescent counseling: Sandtray therapy, play therapy, incorporating art into counseling, EMDR, trauma-focused cognitive behavioral therapy, somatic experiencing, parent coaching and positive discipline workshops  
• Integrative medicine: Acupuncture, Chinese and Western herbal medicine, nutritional counseling, tai chi, yoga, massage therapy  
| • “Our Services are accessible and affordable for all, especially for uninsured, low-income families and military veterans.”  
• Sliding scale fees  
• Limited days in San Marcos  
• Tricare Provider  
|  
| ***Abel Rodriguez, LCSW, LCDC**  
Website: [http://www.lifetimesjourney.com/](http://www.lifetimesjourney.com/)  
Location:  
136 E San Antonio, Suite 106  
San Marcos, TX 78666  
Phone: 512.787.8736  
Email: Abelrodriguez@lifetimesjourney.com  
| • Psychotherapy counseling for children, adolescents, adults, couples, and families  
• Specialties: Depression, anxiety, grief and bereavement, Bipolar disorder, trauma, and PTSD  
| • Sliding scale fees  
• Initial diagnostic and evaluation session (90 minutes): $125  
• Regular office visits (50 minutes): $100  
• Accepted methods of payment: Cash, check, Visa, Mastercard, FSA, and HAS  
|  
| ***Cary Coll, LCSW, LCDC**  
Location:  
136 E San Antonio Street, Suite 104  
San Marcos, TX 78666  
Phone: 813.737.7234  
| • Provides individual, couples, and family counseling  
• Provides video counseling  
• Uses the Empowerment Model to provide client centered, strengths-based approaches  
• Works with a variety of issues but specializes in Borderline Personality Disorder, mood disorders,  
• Worked extensively with the Transgender and gender non-conforming communities  
| • Average cost per session: $60-$150  
• Sliding scale fees  
• Accepted insurances: Aetna, Blue Cross Blue Shield, Cigna, ComPsych, Medicare, TRICARE, and out of network  
• Accepted payment methods: American Express, Cash, Check, Health Savings Account, Mastercard, PayPal, and Visa  
• Does offer flexibility in fees and hours, including weekend hours.  

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| **Christina Dixon, LCSW** | • Cognitive Behavioral Therapy, Internal Family Systems Therapy, Acceptance and Commitment Therapy, and Trauma Informed Yoga  
  • Works with military, first responders, chronic medical conditions  
  • Provides Teletherapy | • 55-minute session: $125 (private pay)  
  • Accepted insurances: Most  
  • Limited sliding scale fee appointments  
  • Shortened sessions (30-45 minutes): Discounted rate |
| **Donna Murphree, LCSW**   | • Provides individual counseling  
  • Specialties: PTSD, anxiety, depression, panic disorder, Bipolar, and ADHD  
  • Modalities: EMDR, CBT, and RET | • Accepted insurances: Multiple. Call to inquire about your insurance. |
| **Dr. Gary Springer, LPC** | • Individual, family, and group counseling, in person, via telephone, or via email  
  • Specialties: ADHD, anxiety disorders, Bipolar disorder, depression (unipolar), Schizophrenia | • Accepted insurances: Most  
  • Accepted payment methods: Check, cash, credit card, and PayPal |
| **Jenny Kenley, LPC-S**   | • Individual counseling  
  • Works with a variety of presenting concerns, including depression, anxiety, grief, life transition issues, ADHD, and suicide ideation/prevention  
  • Considerable experience in working with college students | • Free phone consultation  
  • Accepted insurances: None  
  • Average Cost per session: $100  
  • Possible reduced rates for college students  
  • Accepted payment methods: American Express, Cash, Check, Discover, Mastercard, and Visa |

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<td><strong>Michelle Purvin, LCSW, LCDC</strong>  &lt;br&gt;Website: <a href="https://www.michelepurvin.com/">https://www.michelepurvin.com/</a>  &lt;br&gt;Location:  &lt;br&gt;136 E. San Antonio Street, Suite 108  &lt;br&gt;San Marcos, TX 78666  &lt;br&gt;Phone: 512.644.9036</td>
<td>- Individual counseling  &lt;br&gt;- Psychotherapy  &lt;br&gt;- Specialties: Depression, anxiety, grief and bereavement  &lt;br&gt;- Common issues: Relationship issues, coping skills, self-esteem, substance abuse, quitting smoking, women’s issues, sexual abuse, trauma, PTSD, and ADHD</td>
<td>- Free initial phone consolation (15 minutes)  &lt;br&gt;- Initial bio-psycho-social assessment (50 minutes): $100  &lt;br&gt;- Individual counseling sessions (50 minutes): $100  &lt;br&gt;- Accepted insurances: Various  &lt;br&gt;- Sliding scale appointments  &lt;br&gt;- Accepted payment methods: Cash, check, Health Savings Account cards, and credit or debit cards</td>
</tr>
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<td><strong>Whitney Bliss, LPC</strong>  &lt;br&gt;Website: <a href="http://whitneybliss.net/">http://whitneybliss.net/</a>  &lt;br&gt;Location:  &lt;br&gt;1205 Hwy 123, Suite 305  &lt;br&gt;San Marcos, TX 78666  &lt;br&gt;Phone: 512.400.0174</td>
<td>- Individual counseling  &lt;br&gt;- Specialties: Trauma, PTSD, sexual abuse, women’s issues  &lt;br&gt;- Modalities: Somatic Experiencing, Internal Family Systems, and Mindful Self-Compassion</td>
<td>- Discount for Texas State students  &lt;br&gt;- Sliding scale available for select clients  &lt;br&gt;- Private pay  &lt;br&gt;- Accepted insurances: Blue Cross Blue Shield  &lt;br&gt;- 20-minute consultation: FREE  &lt;br&gt;- 50-minute session: $100  &lt;br&gt;- Accepted payment methods: Credit/debit cards, Health Savings Account cards, flexible spending account, check, and cash</td>
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# Counseling and Assessment Centers in New Braunfels, Texas

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| **New Braunfels Psychiatry**<br>Website: [https://newbraunfelspsychiatry.com/](https://newbraunfelspsychiatry.com/)<br>Location:<br>1260 River Acres Drive<br>New Braunfels, TX 78123<br>Phone: 830.730.5920<br>Physicians:<br>Dr. Richard W. Senyszyn, MD<br>Dr. Claire Coco, MD | • Testing, evaluation, and monitoring services  
• Specializes in treatment of adult ADHD  
• Specializes in treatment of opioid dependence with Suboxone | • Initial evaluation/drug screening: $375  
• Follow-up session: $150-$250  
• Insurance not accepted  
• Accepted payment methods: Cash, checks, and credit cards |
| **Dr. Michele LaRoe, MD, PA**<br>Website: [http://mlaroemd.com/index.html](http://mlaroemd.com/index.html)<br>*Dr. Whitney H. Mitchell, MD<br>Website: [https://psychologytoday.com/](https://psychologytoday.com/)<br>Location:<br>910 Gruene Road, Building 1<br>New Braunfels, TX 78130<br>Phone: 830.433.8676 | • Dr. LaRoe:<br>  o Specialties: Anxiety, fears, panic disorder, Obsessive Compulsive Disorder (OCD), depression, Bipolar disorder, mood disorders, relationship issues, ADHD, loss or grief, family conflict, medication management, psychotherapy  
  o Treatments: Evaluation and medication management as indicated, Cognitive Behavioral (CBT), Eclectic, Psychodynamic, and individual therapy  
• Dr. Mitchell:<br>  o Specialties: Mood disorders, anxiety, life transitions, ADHD, Asperger’s Syndrome, Bipolar disorder, chronic pain, coping skills, depression, divorce, eating disorders, grief, Obsessive Compulsive Disorder (OCD), parenting, relationship issues, trauma, and PTSD  
  o Treatments: Medication management, Psychodynamic, and individual therapy | • Dr. LaRoe:  
  o Accepted insurances: None  
  o Fee for service private practice  
  o Out-of-network insurance benefits  
  o Average cost per session: $125-$300  
  o Accepted methods of payment: Cash, check, MasterCard, Visa, and Discovery  
• Dr. Mitchell:  
  o Accepted insurances: None  
  o Out-of-network insurance benefits  
  o Average cost per session: $140-$220  
  o Accepted payment methods: MasterCard and Visa |

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| *Austin Center for Therapy and Assessment  
Website: https://www.austincta.com/  
Location:  
8103 Broke Lane, Suite 1  
Austin, TX 78745  
Phone: 512.282.ACTA (2282)  
Email: abautista@austincta.com | Neuropsychological assessment, psychological assessment, ADHD testing and assessment, cognitive rehabilitation, individual counseling, couples counseling, EMDR, hypnosis, school diagnostic and accommodation dispute evaluation, gifted and talented assessment, parent coaching and consultation, group counseling, TCLEOSE evaluations, Bariatric pre-surgical evaluations, deep brain stimulation pre-surgical evaluation, spinal cord stimulator pre-surgical evaluations, Federal Air Administration Neuropsychological evaluations, and Texas Board of Nursing Psychological Evaluations. | • DARS providers  
• Accepted insurances: Humana, Blue Cross Blue Shield, Tricare, United Healthcare/United Behavioral Health/Optum, Medicare, Aetna (for counseling only), Whole Food, Flatwater Foundation, and out of network.  
• Accepted payment methods: Cash, checks, Visa, and MasterCard |
| Austin Neuropsychology  
Website: http://www.neuroaustin.com/  
Location:  
711 W. 38th Street, Building F2  
Austin, TX 78705  
Phone: 512.637.5841 | • Initial Consultation  
• Testing and Evaluation  
• Feedback Session | • Accepted insurances: Call office for insurance information and referral information  
• Neuropsychological evaluations: $800-$2,500  
• Cognitive rehabilitation: $50 for each 15-minute session  
• The Cogmed working memory intervention: $1,500  
• Cognitive Coaching: $75-$90 per session  
• School Advocacy: $250 for the first hour and $30 for each additional 15 minutes  
• Accepted payment methods: HSA/FSA plans, MasterCard, Visa, Discover, cash, and checks |
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| **Austin Psychology & Assessment Center**            | • Specialties: Emotional well-being, ADD/ADHD, Dyslexia, other learning disabilities, Autism Spectrum Disorders, parenting  
• Neuropsychological and psychological assessment  
• Individual, couples, and family therapy  
• Educational support  
• Consultation  
• Psychology presentations                                                                 | • Initial consultation with a licensed psychologist: $250  
• Initial consultation with a Post-doctoral psychology resident: $175  
• DARS provider  
• Accepted insurances: Seton Health Plan, Work with Health Savings Account, and Flexible Spending Account  
• Out-of-network provider                                                                 |
| Website: [https://www.apacenter.com/](https://www.apacenter.com/) |                                                                                                   |                                                                                                 |
| Locations:                                           |                                                                                                   |                                                                                                 |
| • 6012 W. William Cannon Drive, Suite B-103          |                                                                                                   |                                                                                                 |
| Austin, TX 78749                                    |                                                                                                   |                                                                                                 |
| • 248 Addie Roy Road, Suite B-105                    |                                                                                                   |                                                                                                 |
| Austin, TX 78746                                    |                                                                                                   |                                                                                                 |
| Phone: 512.891.1500                                 |                                                                                                   |                                                                                                 |
| Email: [info@apacenter.com](mailto:info@apacenter.com)|                                                                                                   |                                                                                                 |
| **Austin Psychological and Testing Center**          | • Diagnostic and psychotherapy specializing in the assessment and treatment of child development disorders including ADHD, Autism Spectrum Disorder, and Learning Disabilities in children, adolescents, and adults  
• ADHD assessments, Autism Spectrum Disorder assessment, psychological testing, learning disabilities testing, skills training groups, parent coaching, mastering efficiency classes, and psychotherapy | • Without insurance: $658.50-$1258.50  
• Initial consult: $150                                                                 |
| Website: [https://www.austintestingandtherapy.com/](https://www.austintestingandtherapy.com/) |                                                                                                   |                                                                                                 |
| Location:                                            |                                                                                                   |                                                                                                 |
| 2403 W. Ben White Boulevard                         |                                                                                                   |                                                                                                 |
| Austin, TX 78704                                    |                                                                                                   |                                                                                                 |
| Phone: 512.707.2782                                 |                                                                                                   |                                                                                                 |
| **Lonestar Psychological Services**                  | • Therapeutic Services:  
  o Richard K. Yuen, Ph.D.  
  o Terry Cook, LPC  
• Accepted insurances: Most  
• Evaluation service: Depends on evaluation type. Contact office for more information.  
• Initial assessment: $175  
• Counseling follow-up: $125  
• Hypnotherapy intake: $275  
• Psychological assessment per hour: $180                                                                 |
| Website: [http://www.lonestarpsych.com/](http://www.lonestarpsych.com/) |                                                                                                   |                                                                                                 |
| Location:                                            |                                                                                                   |                                                                                                 |
| 1016 La Posada Drive, Suite 285                      |                                                                                                   |                                                                                                 |
| Austin, TX 78752                                    |                                                                                                   |                                                                                                 |
| Phone: 512.206.0808                                 |                                                                                                   |                                                                                                 |
| Email: [info@apacenter.com](mailto:info@apacenter.com)|                                                                                                   |                                                                                                 |

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| **Neurobehavioral Institute of Austin**  | • Neuropsychological & psychological assessments: Evaluations of the following areas: intellectual abilities, attention/concentration, memory functions, language functions, sensory-perceptual functions, executive functions (sequencing, planning, organizing), academic achievement, and personality/emotional functioning  
• Psychiatric services  
• Child, Adolescent, and Adult Therapy  
• Family Counseling  
• Cogmed Working Memory Training  
• School Placement and Educational Consultation | • Accepted insurances: Most take Blue Cross Blue Shield and no other insurance accepted  
• Assessments price: $2400-$2800 |
| **Dr. Whitney Hall**                    | • Assessments and evaluations for ADD, ADHD, Dyslexia, and Dysgraphia  
• Therapy and ADHD coaching | • Prices vary by the type of service being offered. Call for specific prices.  
• Accepted payment methods: Cash, check, most major credit cards, and available payment plans |

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# Counseling and Assessment Centers in Round Rock, Texas

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| **Psychotherapy Associates**          | • Psychological Evaluation, psycho-social assessments, referrals, divorce counseling, anger management skills, and child, adolescent, individual, couples, and family therapy. | • Average cost per session: $50 - $120.  
• Sliding scale  
• Accepted payment methods: Cash, check, Mastercard, and Visa  
• Most insurances accepted |
| **Website:** [http://www.psychotherapyassociatesrr.com/index](http://www.psychotherapyassociatesrr.com/index) |                                                                          |                                                                      |
| **Location:**  
400 West Main St., Suite 104  
Round Rock, Texas 78664 |                                                                          |                                                                      |
| **Phone:** 512.750.5098 |                                                                          |                                                                      |
| **Email:** info@psychotherapyassociatesrr.com |                                                                          |                                                                      |
| **Round Rock Psychological Services** | • Psychological Assessments, Neuropsychological Assessments, Counseling, Psychotherapy, and Forensic evaluations | • Intake/Initial Session: $155  
• Psychotherapy: $120 per 45 minutes, $150 per hour  
• Psychological Assessment: $120 per hour  
• Neuropsychological Assessment: $120 per hour  
• All Forensic services: $150-$250 per hour  
• Listed as an In Network and accept assignment of benefits only for Medicare Part B |
| **Website:** [https://www.drdanroberts.com/](https://www.drdanroberts.com/) |                                                                          |                                                                      |
| **Location:**  
1000 Heritage Center Circle #118  
Round Rock, TX 78664 |                                                                          |                                                                      |
| **Phone:** 512.669.2799 |                                                                          |                                                                      |
| **Email:** drroberts@rrockpsych.com |                                                                          |                                                                      |
| **Dr. Erika J. Canales**              | • Forensic evaluations, psychological assessment services, and Individual, family, and group psychotherapy services to adults, adolescents, and families. | • Average cost per session: $90 - $180  
• Sliding scale  
• Accepts insurance  
• Accepted payment methods: ACH Bank transfer, American Express, Cash, Discover, Health Savings Account, Mastercard, Paypal, and Visa |
| **Website:** [https://www.psychologytoday.com/us/therapists/testing-and-evaluation/tx/round-rock/297441?sid=5c54c49b255b1&ref=16&tr=ResultsName](https://www.psychologytoday.com/us/therapists/testing-and-evaluation/tx/round-rock/297441?sid=5c54c49b255b1&ref=16&tr=ResultsName) |                                                                          |                                                                      |
| **Location:**  
3000 Joe DiMaggio Blvd., Suite 3  
Round Rock, TX 78665 |                                                                          |                                                                      |
| **Phone:** 512.271.4686 |                                                                          |                                                                      |

*Spanish-speakers available*
### Counseling and Assessment Centers in San Antonio, Texas

<table>
<thead>
<tr>
<th>Clinic/Physician</th>
<th>Services</th>
<th>Fees</th>
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</table>
| **Mission Psychology**                  | • Neuropsychological assessments for: ADD/ADHD, Dyslexia, math-related learning disabilities, Autism, TBI, seizure disorders, depression, anxiety, and other cognitive conditions that affect memory, and attention  
• Psychotherapy                          | • Average cost per session: $150 - $200.  
• Accepted insurances: Aetna, Blue Cross Blue shield, GEHA, Medicare, Multiplan, TRICARE, United Healthcare, ValueOptions, and out of network  
• Accepted payment methods: Cash, check, Mastercard, and Visa |
| Website: [http://www.sa-mh.com/](http://www.sa-mh.com/) |                                                                          |                                                                      |
| Location: 7400 Blanco Road, Suite 126, San Antonio, TX 78216  
Phone: 210.699.8700 ext. 0  
Email: info@missionpsychology.com |                                                                          |                                                                      |
| **San Antonio Counseling & Behavioral Center** | • Diagnostic evaluations: Learning disabilities, ADHD, anxiety disorders, Autistic and Asperger’s Disorders  
• Screenings, depression, Bipolar disorders, Dyslexia, Eating disorders  
• Counseling services: Marriage and relationship counseling, family therapy, individual psychotherapy, and adolescent psychotherapy | • Accepted insurances: Most  
• Employee Assistance Program provider  
• Medicaid provider  
• Medicare provider  
• Initial counseling session with licensed professional counselor to determine need for evaluation: $100  
• Screenings: $70-$150 |
| Website: [http://sacounselingcenter.com/](http://sacounselingcenter.com/) |                                                                          |                                                                      |
| Locations and phone numbers:            |                                                                          |                                                                      |
| • Medical Center Branch  
4201 Medical Drive #330  
San Antonio, TX 78229  
Phone: 210.614.4990 |                                                                          |                                                                      |
| • Downtown Branch  
2300 W. Commerce #306  
San Antonio, TX 78207  
Phone: 210.614.4990 |                                                                          |                                                                      |
| • Airport Branch  
8626 Tesoro Drive, Suite 202  
San Antonio, TX 78217 |                                                                          |                                                                      |
| **South Texas Neuropsychology**         | • Patient-centered neuropsychological evaluations and evidence-based treatment interventions for individuals with known or suspected conditions affecting cognitive abilities  
• Alzheimer’s, stroke, traumatic brain injury, and psychiatric disorders | • Accepted insurances: Blue Cross and Blue Shield, Humana, Tricare, Medicare, Aetna, and United Behavioral Health  
• Accepted payment methods: Cash, check, and major credit cards |
| Location: 16014 Via Shavano  
San Antonio, TX 78249  
Phone: 210.614.3011 |                                                                          |                                                                      |

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<tr>
<th>Neurologists</th>
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</table>
| *Neurology Associates*                          | • Neurological evaluation  
• Alzheimer’s Disease & Memory Disorders  
• Back & Neck Pain  
• Balance & Gait Disorders  
• Botulinum Toxin Injections  
• Deep Brain Stimulation  
• EMG/Electromyography & Nerve Conduction Studies  
• Epilepsy Diagnosis & Management  
• Migraine & Other Headache Disorders  
• Movement Disorders  
• Multiple Sclerosis & Spasticity Management  
• Neuropsychology  
• Parkinson’s Disease  
• Sleep Disorders  
• Stroke  
• Vagal Nerve Stimulator                         | • Initial fee for evaluation and treatment: $365  
• Follow-up session: $80- $200  
• Accepted payment method: Cash, checks, and credit cards  
• Accepted insurances: Various including Secondary Medicaid  
• Excludes Affordable Care Act Plans              |
| Website: [www.texasneuroassoc.com/](http://www.texasneuroassoc.com/) |                                                                          |                                                                                               |
| Location: 1341 Thorpe Lane  
San Marcos, TX 78666  
Phone: 512.558.7770 |                                                                          |                                                                                               |
| Neurology Clinic of Central Texas               | • Electromyography/nerve conduction velocity (EMG/NCV)  
• Electroencephalography (EEG)  
• Botulinum Toxin  
• Deep brain stimulation  
• Lumbar puncture  
• MRI/CT/X-Ray                                | • Referral needed  
• Initial fee: $300-$400  
• Standard fee: $120-$210  
• Accepted payment method: Cash, checks, and credit cards  
• Accepted insurances: Various. Excluding HMO and Cigna |
| Website: [http://www.ncoct.com/](http://www.ncoct.com/) |                                                                          |                                                                                               |
| Location: 224 Hunters Village  
New Braunfels, TX 78132  
Phone: 830.606.9142 |                                                                          |                                                                                               |
| Physicians:  
• Bill D. Davis, M.D.  
• Lisa Emmendorfer, RN, MSN, ANP-C  
• Connie Kiser, DNP, MSN, FNP-C |                                                                          |                                                                                               |

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<tr>
<td><strong>Neuro Texas</strong></td>
<td>• Spinal disorder treatments</td>
<td>• Accepted insurances: Most major health plans including Medicare, Medicaid, and Superior Health plans</td>
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<tr>
<td>Website: <a href="https://www.neurotexas.net/">https://www.neurotexas.net/</a></td>
<td>• Brain Aneurysm &amp; Cerebrovascular Disease treatments</td>
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<tr>
<td>Location: 1340 Wonder World Drive, Suite 2300 San Marcos, TX 78666</td>
<td>• Brain &amp; neuro-oncology treatments</td>
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<tr>
<td>Phone: 512.654.4550</td>
<td>• Peripheral Nerve Disorder treatments</td>
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<td>Physicians:</td>
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<tr>
<td>• Mark G. Burnett, M.D.</td>
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<tr>
<td>• Douglas J. Fox, M.D.</td>
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<td>• James S. Waldron, M.D.</td>
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<td>• K. Michael Webb, M.D.</td>
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| **General Services**          |                                                                          |                                                                      |
| Clinic/Physician              | Services                                                                 | Fees                                                                 |
| San Marcos Family Medicine    | • Women’s health                                                          | • Standard fee: $25                                                  |
| Website: https://www.smfm.net/ | • Allergies                                                               | • Follow-up visits: $120+                                            |
| Location: 2406 Hunter Road, Suite 106 San Marcos, TX 78666 | • Diabetes                                                               | • Accepted payment methods: Cash, checks, and credit cards          |
| Phone: 512.504.7640           | • Weight Loss                                                             | • Accepted insurances: Majority of PPO providers, Blue Cross/Blue Shield (HMO), and Humana Premier (HMO). Excludes Medicaid |
|                               | • High Blood Pressure                                                     |                                                                      |
|                               | • High Cholesterol                                                       |                                                                      |
|                               | • Wellness                                                               |                                                                      |
|                               | • Urgent Care                                                            |                                                                      |

| Warrior Wellness and Recovery | Services                                                                 | Fees                                                                 |
| Website: http://www.warriorwellnessandrecovery.com/home.html | • Specialties: Auto injury recovery, work comp recovery, chiropractic sports science, back pain, neck pain, joint relief, headaches, total body wellness | • Standard fee: $150-$250                                              |
| Location: 1101 East FM 150 Kyle, TX 78640 | • Natural pain relief techniques: Chiropractic Functional Neurology, NMT, chiropractic therapies and adjustments, relaxation therapies, supplements, cell health therapies | • Accepted payment methods: Cash, checks, and credit cards            |
| Phone: 512.262.0184           |                                                                          | • Accepted insurances: Blue Cross Blue Shield, United Health Care, Humana, Aetna, and Cigna |

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