

List of CDC Food Items with “Hidden” Milk and Whey Ingredients*

(As of April 2, 2021)

- Applesauce Bread (made with muffin mix)
- Biscuits (buttermilk)
- Blueberry loaf
- Cornbread
- Chicken Meatballs
- Chicken Tetrazzini (includes ricotta cheese)
- Greek Wraps (tzatziki sauce)
- English Muffin
- French Toast Sticks
- Fruit Smoothie (made with yogurt)
- Muffin mix
- Nilla wafers
- Oatmeal (cooked with milk)
- Pancakes
- Pumpkin bread (made with muffin mix)
- Ranch Dressing
- Waffles

All other items will have the milk/dairy products identified on the menu, including *but not limited to*:

- Alfredo Pasta
- Bean and Cheese Taco
- Cereal (served with milk)
- Cheddar Cheese
- Cheeseburgers
- Cheese Pizza
- Cheesy Baked Ziti
- Chicken Alfredo (alfredo sauce)
- Chicken, Cheese and Broccoli Casserole
- Colby Jack Cheese Sticks
- Cottage Cheese
- Cream Cheese
- Creamed Corn with Bacon
- Egg and Cheese Omelet
- Grilled Cheese Sandwiches
- Ham and Cheese Wraps or Sandwiches
- Mac and Cheese
- Sausage and Cheese Rolls
- String Cheese
- Turkey and Cheese Wraps or Sandwiches
- Yogurt

****As new items are added to the CDC menu, families will be notified.***