The degree requirements below are outlined in the 2021 Undergraduate Catalog and will remain valid through summer 2027.

### INSTITUTIONAL REQUIREMENTS
1-9 Hours
- US 1100: University Seminar (1-Hr Open Elective if Exempt)
- Foreign Language Proficiency (see catalog)

### MAJOR SPECIFIC CORE
3 Hours
- Mathematics (020) – select one from:
  - MATH 1315: College Algebra
  - MATH 1312: College Statistics and Algebra
  - MATH 1317: Plane Trigonometry
  - MATH 1319: Mathematics for Business and Economy 
  [see catalog for more options – excludes MATH 1316]
- Social and Behavioral Sciences (080)
  - PFW 1301: Behavioral Physical Fitness and Wellness

### GENERAL EDUCATION CORE
39 Hours
- Communication (010) – select two from:
  - ENG 1310: College Writing I
  - ENG 1320: College Writing II
  - ENG 1321: Writing for Sustainable Change
- Life and Physical Sciences (030) – select two from:
  - ANTH, BIO, CHEM, GEO, GEOL, PHYS
  [See Degree Audit for exact options]
- Language, Philosophy, and Culture (040) – select one from:
  - PHIL 1305: Philosophy & Critical Thinking
  - PHIL 1320: Ethics & Society
  - ENG 2371: U.S. Literature: Writing Identities
- Creative Arts (050) – select one from:
  - ART, DAN, MU, or TH 2313: Intro to Fine Arts
- American History (060) – select two from:
  - 1st course:
    - HIST 1310: History of United States to 1877
    - HIST 2327: History of Mexican America to 1865
    - HIST 2381: African American History to 1877
  - 2nd course:
    - HIST 1320: History of United States from 1877
    - HIST 2328: History of Mexican America from 1865
    - HIST 2382: African American History from 1877
- Government/Political Science (070) – select two from:
  - POSI 2310: Principles of American Government
  - POSI 2320: Functions of American Government
- Component Area (090):
  - COMM 1310: Fundamentals of Human Communication
  [Select one course from:
   - ENG 2310: British Literature before 1785
   - ENG 2320: British Literature after 1785
   - ENG 2330: World Literature before 1600
   - ENG 2340: World Literature after 1600
   - ENG 2359: American Literature before 1865
   - ENG 2360: American Literature after 1865
   - ENG 2371: U.S. Literature: Writing Identities]

### MAJOR: Public Health
37 Hours
- PH 1310: Foundations of Personal Health
- PH 1320: Introduction to Public Health
- PH 2340: Community Health
- PH 3301: Environmental Health
- PH 3348: Prevention of Disease
- PH 3350: Consumer Health
- PH 3370: Epidemiology
- PH 4100: Professional Development in Public Health
- PH 4335: Public Health Leadership
- PH 4336: Health Behavior Theory
- PH 4640: Community Health Program Planning and Eval.

### Public Health Electives – select at least 3 hours from:
- PH 2338: Substance Use and Abuse
- PH 3321: Health in the School Setting
- PH 3330: Inclusion & Diversity in Women’s Health
- PH 3360: Issues in Human Sexuality
- PH 3374: Global Health
- PH 4330A: Health Disparities
- PH 4347: Independent Study in Public Health
- PH 4360: Internship in Public Health
- PH 4660: Internship in Public Health

### CONCENTRATION: Health and Wellness Coaching
19 Hours
- ESS 1179: Beginning Weight Training
- ESS 1100: Lifetime Fitness and Wellness OR
  PFW 1101: Lifetime Fitness and Wellness
- ESS 1175: Beginning Jogging and Conditioning OR
  PFW 1110E: Beginning Jogging and Conditioning
- PFW activity course (1-hour)
- COMM 4326: Health Communication
- COUN 3320: Introduction to Counseling and Psychotherapy
- ESS 3323: Psychosocial Aspects of Exercise & Sports Science
- NUTR 3362: Nutrition & Health
- NUTR 3364: The Science of Nutrition & Exercise
- PH 3376: Worksite Health Promotion

### MINOR: Psychology
18 Hours
- PSY 1300
- PSY any level (1---, 2---, 3---, or 4---)
- Select 4 advanced PSY courses (3--- or 4---)
  - PSY 3321, 3336, 3350, 3361, and one from 3300, 3312, and 3313 are recommended but not required

### SUPPORT
3 Hours
- Select one Statistics course from:
  - CJS 3347: Statistics for Criminal Justice
  - MATH 2328: Elementary Statistics
  - PA 3311: Analytical Techniques
  - PSY 3315: Statistics in Public Health
  - PSY 3301: Introduction to Statistics
  - SOCI 3307: Statistics for the Behavioral Sciences

In addition to successful completion of all required coursework, students must satisfy GPA and residency requirements to graduate.
The sequencing below reflects course prerequisites that are subject to change each academic year. For use in planning Fall 2021, Spring 2022, and Summer 2022 semesters.

**Core Curriculum**
- 010
- 010
- 020 (except MATH 1316)
- 030
- 030
- 040
- 050
- 060
- 060
- 070
- 070
- PFW 1301 (080)
- 090A
- 090B

**Major**
- PH 1310*
- PH 3301*
- PH 3348*
- PH 3350*
- PH 3370*
- PH 4335* (first offering Spring 2022)

Select at least 3 hours of PH Electives* from:
- PH 2338, 3321, 3330, 3360, 3374, 3376, or 4330A, 4347, 4360, 4660
availability varies by semester
if choosing PH 4360 or 4660, see sequence above

**Support**
- Select one statistics course from:
  - CJ 3347, MATH 2328, PA 3311,
  - PH 3315, PSY 2301, or SOCI 3307

**Concentration**
- ESS 1179
- ESS 1100 or PFW 1101
- ESS 1175 or PFW 1110E
- PFW activity course (1-hour)
- COMM 4326
- COUN 3320
- ESS 3323
- NUTR 3362 or 3364
- PH 3376

**Psychology Minor**
- PSY any level

GPA restricted | * requires grade of ‘C’ or better | can satisfy major or support, not both

In addition to successful completion of all required coursework, students must satisfy GPA and residency requirements to graduate.