Course Syllabus

**REC 2370, PRACTICES IN THERAPEUTIC RECREATION**
Division of Recreation Administration
Texas State University – San Marcos
Spring 2015

**INSTRUCTOR**
Jessica Dupree, MSRLS, CTRS
Telephone: 512-245-4373
Cell Phone: 512-740-5052 (ABSOLUTELY only for labs – see below)
Email: js1476@txstate.edu
Office: Jowers A126
Office Hours: Wednesday 1:00-2:00 or by appointment

**CREDITS**
3

**CLASS TIME**
Monday, Wednesday and Friday, 11:00-11:50 a.m.

**LOCATION**
Jowers A210 and most Fridays OFF-SITE

**TEXTBOOK**

**COURSE DESCRIPTION**
This course provides a venue in which students can apply advanced practices and intervention strategies in the treatment of persons with disabilities. Students will gain an understanding of theoretical models and learn how to apply these models when analyzing activity selection and documenting client outcomes. Pre-requisite: REC 1370.

**STUDENT OUTCOMES**
The primary goal of this course is to provide students with an understanding of theoretical service models related to therapeutic recreation (TR) and how to use these models when documenting client outcomes. Upon completion of this course, the student will be able to demonstrate:

1. An in-depth knowledge and application of best intervention methods and approaches for optimizing client outcomes.
2. An understanding of the various TR models and subsequent selection of treatment options to facilitate maximum level of independence with regard to leisure lifestyle.
3. A broad understanding of concepts, current trends, and philosophy within the TR field and the healthcare industry as a whole.
4. And apply activity and task analysis to specific intervention programs.
5. The advanced ability to use documentation as it relates to clients programs, treatment plan approaches, goals/objectives, and management techniques in TR.

**PRE-REQUISITE INFORMATION**
Students must complete this course with a grade of “C” or higher to enroll in 4370 Principles in Therapeutic Recreation.
EMAIL AND COMMUNICATION

Student Email: The only email address I will use to communicate with you is your Texas State University email address. Make sure that you check this email address regularly. If an email is sent Monday through Thursday, I will reply within 48 hours. If sent Friday-Sunday, I will reply by Tuesday.

Office: My office hours are posted in the syllabus. Come on by or set up an appointment and I would be more than happy to talk.

I'm an Ally

Communication: Please include all of the following information when you are emailing me (this is really a good rule of thumb for emailing any professor)

- A subject line that contains something that relates to the email
- Your full name
- The course number or name
- Proper spelling, capitalization and grammar

*If your email is lacking one of these elements OR can be answered by looking at the syllabus, I probably will ask you to rewrite your email. I know that seems harsh but you really need to get in the habit now of writing professional emails and correspondence.

OFFICE OF DISABILITY SERVICES

If you have a disability, which requires accommodations for the successful completion of this course, you must notify the Office of Disability Services no later than the end of the first week of class. Failure to do so in a timely manner may result in accommodation not being available when needed. The Office of Disability Services will verify the needs of the student and determine accommodations as needed. In addition to the above, you need to make an appointment to discuss what type of accommodations you will need in class.

NON-ATTENDANCE AND FINANCIAL AID

If you are a Pell Grant, Iraq-Afghanistan Service Grant (IASG) or TEACH Grant recipient, federal regulations require you to have begun attending the courses for which you are enrolled and receiving these grants. If on the census date roster (e.g., 12th day of each fall and spring semester) you are reflected as not attending a course, you are assumed (for financial aid purposes) not to have begun attendance for that course. Your grant will then be adjusted or cancelled based on the courses you have actually begun attending.

UNOFFICIAL WITHDRAWS AND FINANCIAL AID

If you fail to earn a passing grade in at least one of your courses (i.e., all U’s, all I’s or a combination of all U’s, W’s or I’s) during a semester, you are considered to have, for purposes of federal Title IV funds, unofficially withdrawn from the university. As a result, a federal withdrawal calculation must be performed to determine the amount of Title IV funds that you must repay. Once the amount you must repay is determined, Financial Aid and Scholarships will mail you a letter with the repayment details.
SATISFACTORY ACADEMIC PROGRESS (SAP) AND FINANCIAL AID
Federal regulations require you to meet certain minimum academic standards in order to remain eligible for financial assistance. The requirements are that you: 1) maintain a minimum cumulative Texas State GPA; 2) complete at least 70% of all your coursework; and 3) not exceed a maximum limit of attempted hours toward your degree or certificate program.

Additional program-specific requirements also exist (e.g., TEXAS Grant). You can view these SAP criteria in more detail at www.finaid.txstate.edu by selecting Undergraduate Aid or Graduate Aid from the dropdown menu and then Maintain My Eligibility.

ATTENDANCE
In order to get the most out of this course, it is essential that you attend class on a regular basis. You are expected to show up for class on time and be prepared to discuss the material assigned for that day. Students that attend class regularly score higher overall on tests and assignments than students that miss class often.

No formal attendance will be taken in this class. However, you are responsible for any class material or announcements made on days that you miss. These may include but are not limited to announcements regarding extra credit opportunities, changes to the class calendar or information discussed in class that is not found in the book or in class notes. The instructor will not provide any notes for missed lectures.

If a situation occurs that causes you to miss multiple classes such as a death in the immediate family or a major car accident, you need to notify the instructor and contact the Dean of Student Affairs to let them know about your circumstances as quickly as possible.

CLASS EXPECTATIONS
• No cell phones and no text messaging in class. If your phone rings or if you are text messaging, you will be asked to leave for the remainder of the class and will receive one absence.

• Laptop Computers in class – you may bring a laptop for taking notes. If your laptop becomes a distraction for other students you will be asked to discontinue using it.

• Respect others in the class. Speak to your instructor and others in a kind and professional way, as you would want to be spoken to. If you are being rude or disrespectful, you will be asked to leave class.

• Students will follow the University Honor Code. See below:
  o Department Policy: Students guilty of knowingly using, or attempting to use, another person’s work as though that work were their own, and students guilty of knowingly permitting, or attempting to permit, another student to use their work, will receive a grade of “F” for the course. Such conduct may also constitute grounds for dismissal from the University.
LAB EXPECTATIONS

• If you miss a lab you will not be able to submit any assignment attached to that lab or to make up the lab

• If you are going to be late to a lab it is your responsibility to notify the instructor via text message as soon as you know you will be late. **If you do not notify the instructor AND arrive more than 5 minutes late to a lab you will be considered absent and will be unable to submit an assignment for the lab.**

• You are expected to dress and act in a professional manner at all labs. This includes leaving your cell phone in your bag or car, using appropriate language for the situation, presenting with a pleasant attitude and dressing appropriately. If your professionalism becomes an issue during the semester you will be asked to meet with the instructor. Should negative behaviors continue, you will be dismissed from future labs.

LATE WORK

You are responsible for turning in work on time. All written assignments must be submitted at the beginning of class on the date due. **Late work penalty** – 10% deduction once class has started. An additional 10% will be deducted per calendar day late. Assessments turned in more than a week late without previous arrangements will not be graded. This late penalty applies even when a student may be absent from class due to illness. If you need to miss multiple days of class you should contact the instructor prior to the absence to make alternative arrangements. **An assignment emailed in on time will be considered on time but will not be graded until a hard copy is submitted.**

ASSIGNMENT SUBMISSION

The written work you will be completing in this class is preparation for the type of writing you will be completing in the future as a professional. It is important to get in the habit of writing professionally now. All assignments completed out of class must be of typed (unless otherwise specified) and demonstrate appropriate spelling and grammar. If you need assistance in writing, help is available at the Texas State Writing Center.
COURSE GRADE REQUIREMENTS

1. **Adaptive Aquatics** – You will engage in an Adaptive Aquatic Intervention with children from SMCISD on a 6 week aquatic session.
   a. **Aquatic Assessment** – You will conduct an assessment on the first day of lab. This assessment will establish a baseline that goals and objectives can be based upon. Expectations will be discussed in class
   b. **Progress Notes** – A progress note will be completed after each session of the adaptive aquatics program. The written portion of the progress note will be discussed in class along with expectations and format

2. **Kevin Breel @ Strahan** – You will attend comedian Kevin Breel’s performance at Strahan Coliseum on September 28th at 7:00 p.m. You will upload a “selfie” to the Assignments tool on TRACS with a 3 sentence discussion of how the performance has shaped who you would like to be as a therapist

3. **Midterm**

4. **Adaptive Device Video** – You will work with a partner to create an adaptive device that could be used in TR and create a video that the class will watch and grade. Details will be discussed in class.

5. **Ranch Day**
   Meet at Freeman Ranch
   - You will program a special event for SMCISD swimming students in groups, utilizing a sensory stimulation approach for each activity in the program. You will need to be at this site at 8:00 a.m. and will be done by 2:00 p.m.
   a. **Program Proposal** – Your group will submit a proposal regarding your portion of the event. Instructor will give feedback
   b. **Activity Analysis** – Your group will complete an activity analysis for your proposed activities for your event
   d. **Group Participation** – Peers will grade each other on their contribution to the project

6. **Final**

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**GRADES**

1. Adaptive Aquatics
   - Assessment 10
   - Progress Notes 5 @ 10 each 50
2. Kevin Breel @ Strahan 10
3. Midterm 100
4. Adaptive Device Video 50
5. Ranch Day Project
   - Program Proposal 10
   - Activity Analysis 20
   - Group Participation 50
5. Final 100

**Total** 400

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**Grading Scale**
The total number of points earned will determine course grade.

- **A** = 400-360 points
- **B** = 359-320 points
- **C** = 319-280 points
- **D** = 279-240 points
- **F** = 239 points or lower
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<thead>
<tr>
<th>MONDAY</th>
<th>WEDNESDAY</th>
<th>FRIDAY</th>
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<tr>
<td>Aug 24 Review Syllabus</td>
<td>Aug 26 Child Specific Diagnoses</td>
<td>Aug 28 DX Continued</td>
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<td>Criminal Background due $1</td>
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<td>Aug 31 Child Specific Interventions</td>
<td>Sept 2 TR Process</td>
<td>Sept 4 TB TEST DUE</td>
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<td>Aquatics Training- SM Activity Center</td>
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<td>Sept 7 LABOR DAY</td>
<td>Sept 9 HIPAA</td>
<td>Sept 11 Autism Spectrum Disorder</td>
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<td>Sept 14 Assessment &amp; Documentation</td>
<td>Sept 16 Aquatics Questions &amp; Prep</td>
<td>Sept 18 Aquatics 1 - SMAC</td>
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<td>(Print Materials in Aquatics Folder)</td>
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<td>Sept 21 Ranch Day Overview</td>
<td>Sept 23 Client Outcomes (Chap 3)</td>
<td>Sept 25 Aquatics 2 - SMAC</td>
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<td>Aquatics Assessment Due</td>
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<td>Sept 28 7:00 p.m. Kevin Breel@ Strahan</td>
<td>Sept 30 Sequencing for Success</td>
<td>Oct 2 Aquatics 3 - SMAC</td>
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<td>Note 1 &amp; Proposal Due</td>
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<td>Oct 5 Transfers and Ambulation</td>
<td>Oct 7 Social Skills Techniques</td>
<td>Oct 9 Aquatics 4 - SMAC</td>
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<td><strong>Note 2 Due</strong></td>
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<td>Oct 12 Music Therapy</td>
<td>Oct 14 MIDTERM</td>
<td>Oct 16 Aquatics 5 - SMAC</td>
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<td><strong>Note 3 Due</strong></td>
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<td><strong>Note 4 Due</strong></td>
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<td>Oct 26 Process AA &amp; Ranch Day</td>
<td>Oct 28 Ranch Day Prep</td>
<td>Oct 30 RANCH DAY – Freeman Ranch 8:00 – 2:00 p.m.</td>
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<td>Aquatics Note 5 Due</td>
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<td>Nov 2 Activity Analysis/Selection</td>
<td>Nov 4</td>
<td>Nov 6 Work on Activity Analysis/Selection</td>
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<td>(Ch 7&amp;8)</td>
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<td>Nov 13 Intervention Strategies</td>
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<td>Ranch Day Peer Eval Due</td>
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<td>Nov 18 Animal Assisted Therapy</td>
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<td>Nov 9 Comprehensive Program Design (Ch 5)</td>
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<td>Nov 20 Client and Program Evaluation</td>
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<td>Nov 25 THANKSGIVING BREAK</td>
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<td>Nov 16 Intervention Strategies</td>
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<td>Nov 18 Animal Assisted Therapy</td>
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<td>Nov 23 Group Exercise</td>
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<td>Nov 25 THANKSGIVING BREAK</td>
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<td>Nov 30</td>
<td>Adaptive Device Video</td>
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<td>Dec 2</td>
<td>Semester Wrap Up</td>
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<td>Monday Dec 7th</td>
<td>Final Exam 9:00 a.m.</td>
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