DRUG-FREE SCHOOLS AND COMMUNITIES ACT

BIENNIAL REPORT 2019-2020

TEXAS STATE UNIVERSITY

DEAN OF STUDENTS/ALCOHOL AND DRUG COMPLIANCE SERVICES

REPORT PRODUCED ON MAY 3, 2021

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I. PURPOSE

The purpose of the Drug and Alcohol Abuse Prevention regulations is to implement section 22 of the Drug-Free Schools and Communities Act Amendments of 1989, which added section 1213 to the Higher Education Act of 1965. These amendments require that, "as a condition of receiving funds or any other form of financial assistance under any Federal program, an institution of higher education (IHE) must certify that it has adopted and implemented a drug prevention program". This information comes directly from the Education Department General Administrative Regulations (EDGAR) 34 CFR Part 86, December 2008, which details compliance components required of all IHEs receiving Federal funding.

The Drug-Free Schools and Campuses Regulations require an IHE to certify it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. Failure to comply with the Drug-Free Schools and Campuses Regulations may forfeit an institution's eligibility for Federal funding. EDGAR Part 86 establishes a set of minimum requirements for college drug and alcohol abuse prevention programs and reporting criteria. Colleges and universities may have additional obligations under state law, including recent court decisions in lawsuits brought against IHEs by college and university students and employees. To read the EDGAR Part 86, visit https://www2.ed.gov/policy/fund/reg/edgarReg/edgar.html

The Compliance and the Supplemental Checklists developed by the Department of Education highlight the legal requirements of the Drug-Free Schools and Campuses Regulations. These two checklists were used to ensure that each campus had a sense of what had been done to satisfy the minimum requirements of the EDGAR Part 86. Texas State University has used these checklists to complete the biennial reports since 2009. The checklist project became inactive with the Department in 2012, however, since Part 86 does not dictate how the biennial review should be conducted, what types of information the report should include, or the reporting format, the checklists will continue to be used as guides in the composition of this report.

The Department of Education's Office of Postsecondary Education (OPE) was responsible for enforcing the Part 86 regulations from 1989 until June 2010, at which point the Secretary of Education reassigned this duty to the Department's Office of Federal Student Aid (FSA). The FSA also reviews compliance with Title IV of the Higher Education Act, which authorizes federal student aid, and the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act. Clery Act and Title IV education program information was incorporated into this biennial report beginning with 2013-2014 report.

This biennial report reflects the drug, alcohol and other substance abuse prevention and education activities, as well as violations and sanctions, at Texas State University in the calendar years 2019 and 2020. Health Promotion Services (HPS) provides most of the prevention and education programs for the university community and operates out of the Student Health Center. The Alcohol and Drug Compliance Services (ADCS) provides a

resource for completing sanction requirements for students found responsible for violation of the alcohol and drug policies and procedures in the Code of Student Conduct. ADCS is a component of the Dean of Students Office and provides sanction compliance opportunities for students referred by Student Conduct and Community Standards (formally Student Conduct), Department of Housing and Residential Life and community judges. Other individual departments provided education program information, as well as sanction and compliance policy information for this report, to include University Police Department, Vice President for Student Affairs Office, Student Involvement, Counseling Center, Human Resources, and Athletics.

II. COMPLIANCE CHECKLIST
EDGAR, 34 CFR, Part 86, Appendix 2

1. Does the institution maintain a description of its alcohol and drug prevention program? If yes, where is it located?

A description of the Texas State University alcohol and drug prevention program biennial evaluation is maintained by, and is located in, the Alcohol and Drug Compliance Services office (LBJ Student Center, 4-1.6). Primary prevention and education programs for all freshman students, and for various academic classes, are offered through Health Promotion Services operated in the Student Health Center. Other educational programs on alcohol and drug use/abuse are offered through individual departments, such as the Department of Housing and Residential Life, Counseling Center, Human Resources, and the University Police Department. Sanction compliance and mandated educational courses/resources for Texas State students are offered by the Alcohol and Drug Compliance Services (ADCS), operated through the Dean of Students Office.

Currently, each area maintains a description of its own alcohol and drug related programing. However, the Drug-Free Schools and Communities Act Biennial Report, detailing all campus programing, is housed in the ADCS office with copies located in the Dean of Students Office and the TSUS Office of General Counsel. These reports are also available on the Drug-Free Schools and Communities Act link on the Texas State University website. https://www.dos.txstate.edu/services/Alcohol-and-Drug-Compliance-Services--ADCS-/links/drug-free-schools.html

Texas State alcohol and drug education programming is shared with faculty, staff and students through venues such as campus wide emails, presentations, and evidence-based education classes (both in person and on-line). Information about departmental programming is also available on their respective websites, handbooks for faculty, staff, students, and student organizations as well as through various orientation programs scheduled throughout the calendar year.

2. Does the institution provide *annually* to *each employee* and *each student*, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following: a) standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities; b) a description of the health risks associated with the use of illicit drugs and the abuse of alcohol; c) a description of applicable legal sanctions under local, state, or federal law; d) a description of applicable counseling, treatment, or rehabilitation or re-entry programs; and e) a clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions?

This information is emailed bi-annually (each October and each February) to students, faculty, and staff from ADCS, through the Office of the Vice President for Student Affairs (VPSA). This report is also placed as a link on the ADCS/Dean of Students website. https://www.dos.txstate.edu/services/Alcohol-and-Drug-Compliance-Services--ADCS-/links/drug-free-schools.html

In addition, the Student Handbook, which includes a printed version of this information, is maintained electronically and printed annually as an alternate format to the online version by Dean of Students Office. A hard copy of the document is attached to this report and the online student handbook is available at: https://studenthandbook.txstate.edu/

3. Are the above materials distributed to students in one of the following ways: a) mailed to each student (separately or included in another mailing); b) through campus post offices boxes; c) class schedules which are mailed to each student; d) during freshman orientation; e) during new student orientation; or f) in another manner (*describe*)?

The full document is accessible at any time through the Dean of Students Office/ Alcohol and Drug Compliance Services website https://www.dos.txstate.edu/services/Alcohol-and-Drug-Compliance-Services--ADCS-/links/drug-free-schools.html

University alcohol and drug policies are also provided annually in the Student Handbook, available to all students, as well as in freshman student and parent orientations, CAT Camp, Bobcat Preview, Department of Housing and Residential Life and Athletics handbooks, as well as in campus organization handbooks. These handbooks, as well as the Code of Student Conduct, can be found on their host offices' respective websites. Information pertaining to faculty and staff is decimated through New Employee Orientation, New Faculty Orientation, and accessible through the Human Resources website at https://www.hr.txstate.edu/.

4. Does the means of distribution provide reasonable assurance that each student receives the materials annually?

Yes. The information is disseminated via bi-annual email (each October and February) and is located on ADCS and DOS websites. All information about departmental programming is also available on various university websites, handbooks for faculty, staff, students, and student organizations as well as through various orientation programs scheduled throughout the calendar year, such as New Student Orientation, CAT Camp, Bobcat Preview, New Employee Orientation, and New Faculty Orientation.

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

Yes. The bi-annual (each October and February) campus wide email distribution date is after any late registration days for each semester. This information is also posted on the ADCS and Dean of Students websites. A summarized reference is included in the Student Handbook (online & printed).

6. Are the above materials distributed to staff and faculty in one of the following ways: a) mailed; b) through campus post office boxes; c) during new employee orientation; or d) in another manner (*describe*)?

Yes. The full document is accessible at any time through the Alcohol and Drug Compliance Services (https://www.dos.txstate.edu/services/Alcohol-and-Drug-Compliance-Services--ADCS-.html) and Dean of Students (https://www.dos.txstate.edu/) websites, as well as the university's Human Resources (https://www.hr.txstate.edu/) website. Human Resources also provides a reference to it at least once per semester in their newsletter to all faculty and staff. The information is also distributed via email out of the VPSA office every October and February, with updates provided by ADCS.

7. Does the means of distribution provide reasonable assurance that each staff and faculty member receive the materials annually?

Yes. The information is disseminated through email to all staff and faculty every October and February and is available on campus websites throughout the year. An example of a web reference is on the Human Resources website, through the Staff Handbook link (https://www.hr.txstate.edu/staffhandbook.html), which mentions the Drug-Free Schools and Communities Act as the driving force of the Drug Free Workplace UPPS 04.04.48 under Drug Testing.

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Yes. All staff and faculty attending New Hire Orientation (Part I and Part II) are provided the Drug-Free Schools and Community Act information as well as the Drug-Free Workplace policy. All faculty, staff and students receive the information each October and February via campus wide email distribution and the information is always available on the ADCS and Dean of Students website.

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced: a) conduct student alcohol and drug use survey; b) conduct opinion survey of its students, staff and faculty; c) evaluate comments obtained from a suggestion box; d) conduct focus groups; e) conduct intercept interviews; f) assess effectiveness of documented mandatory drug treatment referrals for students and employees; g) assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees; or h) other (*please list*)?

For this biennium report of 2019 and 2020, appropriate departments across the university community have submitted their information related to their specific alcohol and drug prevention efforts to the Alcohol and Drug Compliance Services for collection and reporting. Discussions are held between departments, i.e., the Student Conduct and Community Standards, Department of Housing and Residential Life, Human Resources, Health Promotion Services office and the Alcohol and Drug Compliance Services on the effectiveness of the various programs as well as any concerns that may or may not impact a change in the process. These conversations help ensure that disciplinary sanctions are also enforced appropriately. The Student Affairs Council (SAC), which includes all Department Directors, also discusses these issues.

Educational courses related to under-age alcohol related disciplinary sanctions are evaluated by attendees of the state certified Alcohol Education Program for Minors (also known as the MIP class), where knowledge increase is measured by pre-test and post-test scores. Marijuana 101 is an evidence based on-line educational course along with two individual appointments (initial consultation and exit interview) is a resource for marijuana related disciplinary sanctions. Individual assessment appointments (minimum of four sessions) is a program to promote developmental growth and wellness for students. This program caters to students assigned a drug charge other than marijuana, self-disclosure of drug use, previous violations, probation, or a history of drug use. This program utilizes the Substance Abuse Subtle Screening Inventory (SASSI). The Community Service Program provides educational outreach and the scheduling opportunity for community service hours. This program verifies and reports all completed hours to the appropriate referral site such as Student Conduct and Community Standards, Department of Residential Life and Housing, and the judicial system (courts/judges/probation). All these courses are provided through the Alcohol and Drug Compliance Services.

10. Who is responsible for conducting these biennial reviews?

The Assistant Director of the Alcohol and Drug Compliance Services is charged with the collection of information needed to conduct an appropriate biennial review of Texas State University alcohol and drug education and prevention activities. ADCS works closely with Health Promotion Services and all other appropriate departments in gathering behavioral and educational data for the university community and composing the report. Other collaboration will include the Vice President for Student Affairs, Dean of Students and Student Conduct and Community Standards, Department of Housing and Residential Life, University Police Department, Health Promotion Services and Student Health Center, TSUS Office of General Counsel,

Counseling Center, Human Resources, Student Involvement, and Athletics.

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

All information would be made available if requested. Alcohol and Drug Compliance Services houses each biennial review from 2002 to date, as well as supportive documentation. Electronic copies of the 2008, 2010, 2012, 2014, 2016, 2018 and 2020 biennial reviews are also located on the ADCS and Dean of Students website in the Drug-Free Communities and Schools (https://www.dos.txstate.edu/services/Alcohol-and-Drug-Compliance-Services--ADCS-/links/drug-free-schools.html).

12. Where is the biennial review documentation located?

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TSUS Office of General Counsel
J.C. Kellam, Suite 1040
Texas State University
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III. NARRATIVE SUMMARY – 2019/2020

Texas State University has had, since 1988, drug and alcohol policies and programs to help prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.

The following narrative summarizes the methods used to reduce alcohol and drug problems on the university campus in the 2019 and 2020 biennial report.

A. Drug and Alcohol Policies
B. Methods of Policy and Information Dissemination
C. Educational and Awareness Programs
D. Individual Counseling and Group Services
E. Disciplinary Sanctions
F. Enforcement
G. Measurement of Student Perception and Behavior

A. DRUG AND ALCOHOL POLICIES

Student Policies

1. Drugs

Each year the Dean of Students Office is responsible for publishing an updated Student Handbook containing the Code of Student Conduct. Student drug policies are found in section II, Responsibilities of Students, 2.02 Conduct Prohibited, subsection N https://studenthandbook.txstate.edu and in the University Policies section states that a student "possessing, using, selling or distributing any illegal drug or controlled substance, and/or drug paraphernalia", whether the infraction occurred on or off campus, shall be subject to discipline ranging from mandatory university, or college approved, education and/or counseling to expulsion. A second infraction for a drug-related offense shall result in permanent expulsion from the component and from all other institutions in The Texas State University System. A student who has been suspended, dismissed, or expelled from any system component shall be ineligible to enroll at any other system component during the applicable period of discipline. (Student Handbook, Code of Student Conduct)

Section 2.02 includes possession of drug and paraphernalia. Items that either contain or have previously contained illegal drugs are prohibited from university-owned residential facilities. These items include but are not limited to bongs and pipes. The Dean of Students may probate, or defer, the suspension or expulsion for a first-time minor offense and require counseling or rehabilitation along with other penalties.

2. Alcohol

Texas State policy regarding alcohol possession, as identified in the Student Handbook and Residence Life Handbook, states that it is prohibited in all university housing facilities for students under the age of 21. Students under the age of 21 may not possess, consume, or distribute alcohol. Alcohol is never permitted in lobby areas, hallways, or other public areas.

Regarding alcohol consumption, students over the age of 21 who live in a university apartment may possess and/or consume alcohol in the privacy of their room. The alcohol may not be brought into the hall in a concealed manner, may not be used for personal consumption in open areas, and may not be supplied to other students. Students who are found to have been drinking and who draw attention to themselves through disruptive behavior or the inability to care for themselves will be charged with consumption of alcohol and sanctioned through civil, criminal and university processes as appropriate.

3. Employee Policy

University policy, UPPS No. 04.04.45, Drug Free Workplace, prohibits "the unlawful manufacture, distribution, dispensing, possession or use of a controlled substance is prohibited in all University workplaces." University employees who violate this prohibition are subject to disciplinary action, including termination. In addition to disciplinary sanctions imposed by the University for violation of alcohol and/or drug policies, staff and faculty may also face prosecution under local, state and/or federal laws.

4. University Policy

University policy, UPPS No. 04.04.48, Drug-Free Schools and Communities Act, establishes guidelines to comply with the Drug-Free Schools and Communities Act Amendments of 1989. Guidelines include information dissemination regarding drug and alcohol policies to faculty, staff and students, provision of education and resources for substance related issues as well as the biennial review of all substance related prevention and education programs, violations and sanctions, support services and resources.

Effective August 1, 2011 Texas State University became tobacco-free at both the San Marcos and Round Rock campuses. UPPS No. 04.05.02, Tobacco and Smoking Policy, states that the "use of any tobacco products is prohibited on all university properties and in vehicles owned or leased by the university." The tobacco-free policy will help to reduce health risks and create a healthier and safer university environment.

B. METHODS OF POLICY AND INFORMATION DISSEMINATION

Publications

The university disseminates information to faculty, staff and students describing its policies on illegal and unauthorized, as well as authorized, use of intoxicating beverages and the illegal use of controlled substances through the following publications:

a. "Drug-Free Schools and Communities" detailed information, available on the Alcohol and Drug Compliance Services and the Dean of Students websites. This information is distributed via email to all students, faculty and staff bi-annually, and is reflected in UPPS No. 04.04.48, "Drug-Free Schools and Communities Act".
b. Board of Regents' Rules and Regulations
c. Student Handbook – 2019 and 2020
d. Student Athlete Handbook – web based
e. Department of Housing and Residential Life Handbook – web based
f. Faculty Handbook – web based
g. Staff Handbook – web based
h. Student Organizations Handbook – web based
i. Alcohol Free Housing Statement and Crisis Management Guide
j. Risk Reduction Manual for Student Organizations
k. University Police Department Webpage and Campus Watch publication
l. Student Affairs Policy, "Substance Abuse Policy," SA/PPS 02.01*
m. Student Affairs Policy, "Student Organization Discipline," SA/PPS 05.04*
n. Student Affairs Policy, "Off-Campus Violations," SA/PPS 05.05*
o. Student Affairs Policy, "Greek Affairs Policies," SA/PPS 05.07*
p. Student Affairs Policy, "Management of Late-Night Events," SA/PPS 06.02*
q. University Policy, "Purchase of Alcohol, Awards, Flowers, Food or Refreshments," UPPS No. 03.01.03**
r. University Policy, "Drug-Free Workplace," UPPS No. 04.04.45 **
s. University Policy, "Drug-Free Schools and Communities Act," UPPS 04.04.48**
t. University Policy, "Tobacco Policy," UPPS No. 04.05.02**
u. University Policy, "Alcoholic Beverage Policy and Procedure," UPPS 05.03.03**
v. University Policy, "Guidelines for Alcohol or Tobacco Sponsorship," UPPS No. 07.04.10**
w. University Policy, "Student Right-to-Know and Campus Security Act of 1990," UPPS No.01.04.05** – Annual Reports on-line at the University Police Department website

*Student Affairs Policy and Procedures can be found on the Student Affairs website http://policies.txstate.edu/division-policies/student-affairs.html

**Texas State University Policies and Procedures Statements can be found on the university website http://policies.txstate.edu/university-policies.html

C. EDUCATIONAL AND AWARENESS PROGRAM

The university also disseminates alcohol and drug related information to employees and students through awareness and educational programs and presentations. The departments or initiatives directly involved in these efforts are:

Achieving Community Together (ACT)

The City of San Marcos and Texas State University have partnered to help students be good citizens and successful students. ACT strives to promote positive relations between student and non-student residents through education, community connectedness and resources. ACT communicates with city officials, city police department, apartment complexes and various businesses that sell alcohol regarding best practices for healthier lifestyle and decision-making opportunities for students and community members.

Alcohol and Drug Compliance Services (ADCS)

The state certified Alcohol Education Program for Minors (also known as MIP class) was provided through ADCS 6 times in 2019 to 120 students with an 89% completion rate, and 5 times in 2020 to 100 students enrolled with an 86% completion rate, for total enrollment for both years of 220 students. This class is required for students who violated the university alcohol policy. It is also state mandated for individuals under the age of 21 years old who have received an alcohol-related citation anywhere in the state of Texas. Due to COVID-19 in March 2020, there was a decrease in the number of students completing the Alcohol Education Program for Minors courses during the spring and fall semesters. ADCS virtually conducted the course which allowed for classes to continue via zoom.

Students mandated to complete community service hours can schedule and work the hours through the ADCS office to complete their sanction requirement. In 2019, 415 students completed 5414.5.50 hours of community service with the university. In 2020, 133 students completed 913.5 hours of community service with the university. The Community Service Program was suspended from March 2020 until September 2020 due to COVID-19. Once the university campus reopened safely, the Community Service Program minimally resumed while practicing COVID-19 precautions.

Students with first offense possession of marijuana or possession of drug paraphernalia citations and/or violations may complete the 3rd Millennium Classrooms on-line “Marijuana 101” education program to satisfy their sanction. This course was completed in 2019 by 126 students, and in 2020 by 85 students because of marijuana-related violations. These participants met individually with the ADCS Assistant Director and/or the ADCS Coordinator prior to (initial consultation) and after (exit interview) their completion of the online portion of the program.

The ADCS Coordinator provided individual assessments (typically a series of 4 sessions) to 2 students in 2020. No individual assessment was conducted in 2019. This one-on-one service is typically assigned by Student Conduct and Community Standards for students who had a history of alcohol or drug use/abuse/possession, used, or possessed more than one drug or used a drug other than marijuana. This program was suspended in 2019 due to lack of staff and resumed in 2020 once a Coordinator was hired.

The ADCS office also provides the resources for "AA member-led" Alcoholic Anonymous meetings in the Lampasas Building in 2019 and via zoom in 2020 due to COVID-19. Once a member of the AA community volunteers to lead the meetings and provides an available meeting schedule, the ADCS office arranges room reservations for the meetings, provides advertisement for the meetings and course materials such as the Big Books and Blue Books for the meetings. In 2019 and 2020 meetings were held on a weekly basis. However, more meetings were available based on the meeting facilitator's availability and the need of the group members. Over the past calendar years two years, the meeting facilitator was a faculty member who are active members of the AA community.

Athletics

All new male and female student athletes participated in Bobcat Preview program, including "Stand Up, Speak Up". Athletics has developed Tailgate Rules and Regulations that are distributed to all student organizations and all-season ticket holders. Alcohol and drug programming have been provided for student athletes such as Alcohol Bystander Intervention training, Sexual Violence/Responsible March 2020, My Playbook: Drugs and Alcohol Prevention, Marijuana, and Performance Enhancing Drug Modules. They also conducted presentations by the University Police Department and through their Life Skills program, Attorney for Students, and Damon West. All substance related expectations, policies, and procedures (including drug testing protocols) are clearly detailed in the Athletics Handbook that is given to each athlete and reviewed annually by all sports teams.

In 2019, Athletics conducted a total of five events and presentations to 178 student athletes (males and females). In 2020, Athletics conducted a total of five events and presentations to 227 student athletes (males and females).

Bobcat Preview-Stand Up Speak Up	**2019**	**2020**
Baseball	11	10
Football	21	22
Men's Basketball	3	2
Women's Basketball	3	3
Softball	5	6
Tennis	2	-
Track & Field	19	15
Volleyball	6	4
Men's Golf	3	2
Women's Golf	2	3
Totals	**85**	**77**

Alcohol Bystander Intervention Training	2019	2020
Women's Basketball	12	-

My Playbook Drug and Alcohol Prevention Modules	**2019**	**2020**
Men's Basketball	6	-
Women's Basketball	3	-
Softball	8	-
Tennis	4	-
Volleyball	6	-
Men's Golf	4	-
Women's Golf	3	-
Soccer	9	-
Baseball	15	-
Totals	**58**	-

My Playbook Marijuana Modules	**2019**	**2020**
Softball	7	-
Volleyball	2	-
Softball	3	-
Tennis	4	-
Totals	**16**	-

My Playbook Performance Enhancing Drug Modules	2019	2020
Women's Golf	1	-
Soccer	2	-
Tennis	4	-
Totals	**7**	-

Sexual Violence/Responsible Drinking: March 2020	2019	2020
Football	-	48
Soccer	-	15
Volleyball	-	10
Totals	**-**	**73**

Attorney for Students Presentation: Alcohol and Drug Awareness	2019	2020
Men's Basketball	-	3
Women's Basketball	-	3
Softball	-	4
Baseball	-	9
Football	-	15
Men's Golf	-	1
Soccer	-	4
Volleyball	-	4
Totals	**-**	**43**

Damon West Presentation	2019	2020
Women's Basketball	-	12

Nutrition Presentation: Alcohol and Drugs	2019	2020
Men's Basketball	-	1
Women's Basketball	-	2
Softball	-	4
Baseball	-	5
Track & Field		2
Tennis	-	1
Soccer	-	7
Totals	**-**	**22**

Counseling Center

Staff in the Counseling Center see students each year who present with alcohol and/or drug issues among their top presenting problems. Alcohol and drug data were collected from the Counseling Center for calendar years 2019 (2694 students seen) and 2020 (1941 students seen) in three ways:

1. Students complete background information when they first come for counseling which includes information about alcohol and drug abuse as well as prior treatment experience.

   In 2019, 35.6% indicated feeling a need to reduce their alcohol and drug use at some point and 2% indicated having been in treatment one or more times. During this time, 39.8% indicated they had engaged in binge drinking one or more times in the previous 2 weeks.

   In 2020, 37.6% indicated feeling a need to reduce their alcohol and drug use at some point and 2.4% indicated having been in treatment one or more times. During this time, 36.1% indicated they had engaged in binge drinking one or more times in the previous 2 weeks.

2. Students completed the Counseling Center Assessment of Psychological Symptoms (CCAPS), which included items related to substance use that load on a substance use subscale.

   In 2019, 41% of students had elevated scores on the Substance Abuse Subscale, which may indicate a high level of distress in this area that should be further assessed for diagnostic concerns.

In 2020, 44% of students had elevated scores on the Substance Abuse Subscale, which may indicate a high level of distress in this area that should be further assessed for diagnostic concerns.

3. After counselors meet with students, they identify the prevalent or presenting problems that the student appears to be dealing with, even if the student does not list it as a problem for which they are seeking counseling. For example, a student may come in for relationship problems but in the discussion, it is learned that the student is abusing alcohol (which is likely contributing to the relationship problems). The Counselor will then record alcohol abuse as one of the problems detected.

Alcohol Abuse	**2019**	**2020**
	11.2 %	9.3%

Drug Abuse	**2019**	**2020**
	8.6 %	9.2%

In addition to individual and group counseling (an ACOA Group is offered each semester) for substance abuse related issues, the Counseling Center also provided educational programming for students and training for doctoral practicum students and interns. Although the Counseling Center does not offer specific programming for students on substance use/abuse, they included information about the relationship of alcohol/drugs to stress in their stress management workshops and Bobcat Preview sessions.

As part of their training program for doctoral practicum students and interns, they presented a session on "Substance Abuse in the College Population" for their practicum students and sessions on "Substance Use Interventions", "Substance Abuse Concerns in College Counseling," Dysfunctional Families/Adult Children of Alcoholics (ACOA)", and "Substance Abuse Assessment" for the Counseling's interns. They also trained their doctoral interns to administer and interpret the Adult Substance Abuse Subtle Screening Instrument (SASSI). The provision of all substance related counseling services by these trainees is supervised by licensed professionals.

Dean of Students Office (Student Conduct & Community Standards)

Each year, the Dean of Students office reviews and updates the Student Handbook, including the Code of Student Conduct detailing policy and procedures regarding alcohol and drugs, including prohibited or illegal possession, consumption, manufacturing, and distribution of substances, as well as sanctions for substance-related violations. In fall 2019, the

university updated its Alcoholic Beverage Policy and Procedure UPPS 05.03.03. The most significant change was that registration for and approval of appropriate distribution of alcohol at university functions transferred from the Dean of Students office to the divisional vice president or designee.

Student Conduct Officers in the Dean of Students office handle most sanctioning for second-time alcohol violations on campus and all relevant drug-related violations by students. Student Conduct Officers work closely with the Department of Housing and Residential Life, the University Police Department and with the Alcohol and Drug Compliance Services to address these violations in a timely manner and respond to trending concerns related to alcohol or drugs. In fall 2019, the Dean of Students Office deployed Maxient, a conduct-focused Record Management System. Students, faculty, staff, and community members can report any conduct concern via Maxient online form available in the Student Handbook website or directly at https://cm.maxient.com/reportingform.php?TexasStateUniv&layout_id=1.

In 2019, 60 students were found responsible for alcohol-related violations. In 2020, 43 students were found responsible for alcohol-related violation. Of these, one student was suspended.

In 2019, 132students were found responsible for drug-related violations. Of these, three were suspended and 11 were expelled. In 2020, 128 students were found responsible for drug related charges. Of these, one was expelled.

Student Health Center

The Student Health Center utilizes the AUDIT-C screening tool for alcohol use that identifies at-risk drinkers (i.e., binge drinking) who may not be alcohol-dependent. They screen patients with this tool and ask an additional question regarding drug use that is not intended for health care treatment. The Student Health Center screened 9658 patients from January 2019 to December 2020.

Health care providers do brief motivational interviewing and refer students to campus resources, including a counselor or psychiatrist on-site and/or a referral specialist in the SHC Health Information Management department for off-campus resources and treatment.

Student Health Center - Health Promotion Services

Health Promotion Services supports the academic and personal success of all students by providing public health leadership to the campus community and accessible, inclusive health and wellness services. Health Promotion Services strive to help students succeed academically and personally by promoting positive health behaviors and creating a healthy campus environment at Texas State. They work collaboratively to enhance the health of students through individual and environmental approaches that involve education, social marketing, advocacy, policy and research.

The prevention and educational services offered addressed a variety of health issues, including violence, nutrition, stress and time management, mental health, sexual health, alcohol, tobacco and other drug use. Their services include educational materials, outreach presentations, special events and health consulting. Their health promotion team consists of professionally trained health educators, peer health educators and support staff working together to achieve the learning mission of the university.

There are two dynamic and award-winning peer health education organizations at Texas State, Healthy Cats and Students Against Violence. Members are students trained to present health information to their peers in residence halls, classrooms, and student organizations.

Presentations and Outreach Events:
Health Promotion Services presented 178 alcohol and drug prevention programs between January 2019 and December 2020 to 12,782 students at Texas State. They also hosted five alcohol prevention outreach event on-campus reaching 666 students. The alcohol prevention programs/presentations delivered were:

- Alcohol Bystander Intervention
- Half-Baked: Marijuana and Prescription Drugs
- Staying Healthy in College
- Let's Talk: Destigmatizing Mental Health
- Close Your Eyes and Count to Zen
- Yes Means Yes
- COVID-19: What Texas State College Students Need to Know
- Stand Up, Speak Up

All entering freshmen and freshmen-transfers are required to attend Bobcat Preview. This is a 3-day program held just before classes begin in the fall and the spring semesters. One of the required sessions is "Stand Up, Speak Up", delivered by peer educators and Health Promotion Services staff. Blood Alcohol Concentration, alcohol poisoning, sexual assault prevention, bystander intervention, DWI and university policies and sanctions were covered in these presentations.

In 2019, the Student Health Center has presented 25 Healthy Bobcat programs to parents over the past year at New Student Orientation reaching 2309 parents. Their parent session included information on alcohol and drug use and abuse on campus, campus resources, current campus strategies/policies to reduce substance abuse and strategies to speak to students about alcohol and drug use.

In 2020, New Student Orientation was not held in-person. A virtual program was available for parents due to COVID-19. The program included information about alcohol and drug prevention programming and resources.

New Student Orientation 2019:
The Student Health Center has presented 25 Healthy Bobcat programs to parents over the past year at New Student Orientation reaching 2309 parents. This parent session includes information on alcohol and drug use and abuse on campus, campus resources, current campus strategies/policies to reduce substance abuse and strategies to speak to students about alcohol and drug use.

New Student Orientation in 2020 was not held in-person. A virtual program was available for parents due to COVID-19. The program included information about alcohol and drug prevention programming and resources. The Admissions Office did not provide us the total number of parents who viewed the program.

Student Recovery Alliance (SRA):
The purpose of SRA is to create a safe place for students in recovery to work together, share experiences, plan sober events in the community, celebrate triumphs, discuss struggles and collaborate on empowering solutions. SRA strives to help students recover from drugs, alcohol and co-occurring disorders. This group is open to all Texas State students in any level of recovery, or who wish to further explore sobriety. The SRA meets once a week at the Student Health Center and other times during the week for socials and outreach events.

The goal is to provide students with the following:

- A strong sense of community and social support
- A sober, lively, and enriching college experience
- Fun and sober activities around town such as tubing and zip lining
- SMART recovery tools to help cope with urges & cravings
- Building and maintaining motivation
- Managing thoughts, feelings, and behaviors
- A safe place to explore personal struggles and work together on resolutions
- Resources for in & outpatient treatment programs (IOP), private or group counseling, etc.
- Volunteer opportunities
- Education (research on how addiction/ recovery/ mental illness affect the brain

Meeting attendance:

- In 2019, 43 meetings were held.
- In 2020, 37 meetings were held.
- A total of 80 meeting was held from January 2019-December 2020
    - 30 Texas State students were in attendance
    - 10 students attended one meeting
    - 6 students attended 5-10 meetings
    - 2 students attended 10-20 meetings
    - 2 students attended 20-30 meetings
    - 3 students attended 40 plus meetings
- A total of seven events /activities were held outside of the weekly meetings from January 2019-March 2020. After COVID-19, weekly meetings went viral, and no events were held.

Department of Housing and Residential Life

Department of Housing and Residential Life (DHRL) hears cases when it is the first time a resident allegedly violates the alcohol policy, or there is a report of a noxious/marijuana odor. The Student Conduct and Community Standards (SCCS) area in the Dean of Students Office hears cases the second or subsequent time a resident allegedly violates the alcohol policy. SCCS hears all cases where there is evidence of drug use.

2019	
Total Alcohol/Noxious Oder/Drug related cases	349
Students involved	690
Total Policy Violations	292

2020	
Total Alcohol/Noxious Oder/Drug related cases	167
Students involved	257
Total Policy Violations	133

In 2019 and 2020 Residential Life and Housing had 23 residence halls/apartment buildings and an average of 208 Resident Assistants (RA). In the Fall 2020 semester, Sterry Hall was offline. There were occupancy shifts in March 2020 due to COVID-19 when most of the residents and RAs moved out. Occupancy in Fall 2020 was lower than previous years, again, due to COVID-19 and classes being online. On 9/8/2020 their occupancy was 80.69% and continued to drop as the semester went on. This shift impacted the numbers stated above.

Trends in Violations:

- Number of cases involving noxious odor/drug violations (52.7%) exceeded number of alcohol violations (47.3%) in 2019
- Number of cases involving noxious odor/drug violations (55.08%) exceeded number of alcohol violations (44.92%) in 2020
- Emergency Device Inspections (EDI) contributed to 16.7% of reported violations
- Case occurrences highest in: Tower (5.8%), Chautauqua/Gaillardia (6.4%), Falls/Sayers (7.2%), San Jacinto (11.6%), Bobcat Village (19%)
- Areas of most frequent occurrences: residence hall room/apartment, parking garages, parking lots

Sanctions for students' first alcohol offense usually included a combination of the following:

- Informative Bulletin Board/Passive
- Letter sent home to parent (if student is under 21)
- Special Essay
- Student placed on disciplinary probation (typically for a semester)
- Assigned to complete 3-15 hours of community service
- Removal of object
- Assigned to take the Alcohol Education Class for minors if under 21 (cannot be completed online)
- If student was over 21 then would confer with ADCS to determine which other class would be beneficial
- Students were referred for a meeting/conference with an Assistant Director if it was believed that the student needed an additional method of outreach

Activities/Programs

Spring 2019

- Alcohol & Drug Experiential Learning (week 5-8 of semester)
    - RAs hosted Kahoot event for residents providing student scenarios on what they should do as a bystander of alcohol and drug situations.

Fall 2019

- Passive (bulletin board) and Digital Newsletter "with an Alcohol Twist" facilitated by RAs (week 1-3 of semester) to recognize resources for living a healthy lifestyle and managing competing priorities.

Spring 2020

- Interrupted by COVID, did not happen.

Fall 2020

- Alcohol & Us facilitated by hall/RA (deadline specific to RD)
    - Newsletter about *Alcohol and You*
    - Passive about *Alcohol Ed Guide to Laws*
    - *The Toilet Tribune* – alcohol education for restroom stalls

Areas of Improvement:

- Increase student awareness of Texas State University/Department of Housing and Residential Life policies and consequences for violating policies, giving more attention to halls with higher case numbers.
- Increase number of actives/passives per semester on effects of drugs and alcohol on students' academic/developmental outcomes.
- Improve proportionality of drug/alcohol educational actives/passives. Most educational efforts currently focused on alcohol education.
- Include intentional questions related to alcohol/drug education in Bobcat Chats.

Links/Resources:

Student Rights and Responsibilities Guide:
https://www.reslife.txstate.edu/current/responsibilities.html
This guide contains policies pertaining to living on campus. The site from the link above has other links to the Student Code of Conduct, the Peer Review Board, and information on the adjudication process.

Student Organizations Council

General Information

Registered Student Organizations (RSOs) are afforded access to campus resources and in turn agree to comply with regulation and procedures established for the governance of all student groups per Student Organization Disciplinary Procedures: SA/PPS No. 07.06 (05.04) located at https://policies.txstate.edu/division-policies/student-affairs/07-06.htm
Co-curricular experiences enhance the learning and development of the individual student and help create a sense of belonging. A wide range of groups and levels of organization structures exist to define the status of organizations and encourage unity among similar organizations.

State-mandated risk management training is required for all registered student organizations. In 2019, 346 registered student organizations completed risk management training. In 2020, risk management training transitioned to an online training due to COVID-19 precautions. There was

an overall total of 278 registered student organizations completed risk management training.

Registered Student Organizations

Registered status is granted to student organizations whose purpose and activities enhance the social, cultural, recreational, and educational development of the students. Registration **must** be renewed annually with Student Involvement.

- Who are affiliates with an off-campus organization are required to indicate off-campus affiliation status on their registration form.
- That use Texas State in their title must use the following format: (**Name of Organization) at Texas State.** Organizations may not use "Texas State (Name of Organization)" unless it is a Sport Club**.**
- Must submit an updated constitution every three years, or as often as updated.
- Must attend Risk Management Training annually.
- Must submit a list of officers or members of the organizations who are authorized to speak for, or represent, the organization or group.

In 2019, two organizations violated the university's alcohol policy. The student organization was suspended for utilizing University Camp for organizational functions during the term of the deferred suspension. The organization completed an Alcohol Compliance and Ethical Decision-Making training for 90% of membership each semester, Fall 2019 and Spring 2020. The training must be conducted by a staff member of Student Involvement within 6 weeks of the first-class day of each semester. The following was submitted to Student Involvement no later than one week after the training: attendance sheet, training material, name and contact information of staff providing training. The organization in collaboration with faculty advisors and national body, drafted a new member compliance plan to be in effect each long semester, Fall 2019 and Spring 2020.

The Compliance Plan included the following – New Member Program Calendar – dates, location, and topics addressed. The Compliance Plan included expectations and requirements for new members for all activities. New Member Education Topics included reading this memorandum each semester and include education regarding alcohol consumption at events hosted by the organization. Organization's Compliance Plan was submitted to Student Involvement one week prior to recruitment activities for Fall 2019 and Spring 2020.

In 2020, two organizations violated the university's alcohol policy. Spring 2020, one of the organizations had to host an educational program with 80% of the chapter memberships in attendance to address the topic of member behavior and personal choices. The program discussed the perceptions of the chapter and impact upon the surrounding community particularly with alcohol use, knowledge of diversity issues, and relationships with other fraternity and sorority chapters. The other organization was placed on probation for the fall semester of 2020 (September 30-December 11, 2020). In partnership with the organization headquarter and fraternity staff 90% of the organization completed the Organization Fraternity's True Brotherhood and Risk Essential educational programs.

Texas State Alcohol and Drug Advisory Committee

The Texas State Alcohol and Drug Advisory Committee (ADAC) mission is to assist in developing a comprehensive strategy for addressing alcohol and drug abuse in our student community. Current practices, policies and procedures will be reviewed to determine what changes may be necessary to improve the effectiveness of alcohol and drug abuse prevention and intervention efforts. New strategies will be developed to enhance education, create a culture of accountability and respect, and promote behavior changes that reduce health and safety risks.

In spring, 2019, the Alcohol and Drug Advisory Committee hosted meetings, but meetings were suspended due to the creation of a Health and Well Being Task Force. Alcohol and Drug Prevention will be addressed through this task force. Due to COVID-19, the task was put on hold until fall 2021.

Spring 2019 Council Accomplishments:

1. Established and implemented a mandatory alcohol and sexual violence prevention training for all new Greek members.
2. Created and implemented alcohol and drug risk management training for Resident Assistants.
3. Shared the NCHA findings, including alcohol and drug use, attitudes and perceptions with multiple university and Student Affairs departments including President's Cabinet.

Texas State Tobacco-Free Campus

Texas State University became tobacco-free at both the San Marcos and Round Rock campuses on August 1, 2011. The use of any tobacco products is prohibited on all university properties and in vehicles owned or leased by the university. UPPS 04.05.02 "Tobacco Policy" includes details of this policy. In 2019, one student was responsible for tobacco/smoking violation. In 2020, eight students were found responsible. One student

was sanctioned to complete community service hours and the remaining eight students received warnings. The link for the tobacco-free policy can be found by clicking on this link UPPS No. 04.05.02.

Texas State hosts a website that contains the tobacco policy and resources available for those interested in smoking cessation, as the tobacco-free policy will help to reduce health risks and create a healthier and safer university. Questions about the Tobacco Policy may be submitted to healthcenter@txstate.edu. The Student Health Center is committed to helping students, staff and faculty regarding healthy tobacco cessation processes through the QUIT Program. For additional information regarding the QUIT Program (smoking cessation) please click on the following link:

https://www.healthcenter.txstate.edu/SERVICES/#smoking_cessation

University Police Department

The University Police Department has a Community Engagement Unit that regularly provides alcohol and drug related presentations to students and parents. The Community Engagement Unit also supported and/or co-sponsored several awareness programs with other offices and groups on campus.

In 2019, the University Police Department presented seven Safety and Alcohol Awareness presentations in residence halls and in the Quad.

In 2020, the University Police Department hosted three Police Forums with 104 individuals in attendance. Conducted Student Safety briefings throughout the year with 213 individuals in attendance, alcohol awareness with 78 in attendance and a Student Police Academy with 75 students in attendance. The total number of alcohol and drug related programs were reduced due to COVID-19.

2019 – Texas State Campus	
Liquor Law Violations	214
Drug Violations	150
Total Violations	364

2020 – Texas State Campus	
Liquor Law Violations	140
Drug Violations	84
Total Violations	224

The Texas State University Annual Security & Fire Safety Report is available at Annual Security and Fire Safety Report 2020 (txstate.edu).

EverFi (Office of the Vice President for Student Affairs)

Texas State University utilizes EverFi, an on-line course that provides higher education curriculum that supports students in fostering a safe and healthy campus. EverFi offers AlcoholEdu for College through their online platform (https://everfi.com). AlcoholEdu is an evidence based interactive online program related to alcohol and other drugs administered to new incoming and/or transferred students.

AlcoholEdu – 2019	
Spring	63
Fall	5,133
Total Completed	5,196

AlcoholEdu – 2020	
Spring	8
Fall	4,343
Total Completed	4,351

Human Resources

The Texas State University Human Resources department has a mission "To provide outstanding services in the areas of staff compensation, classification, faculty and staff benefits, employee relations, records management, and organizational development and communications in support of the mission, goals, and values of the Finance and Support Services Division and the University." In completing this mission, we have several policies and processes involving staff and faculty relating to drug and alcohol issues.
Bobcat Balance is the Texas State sponsored employee assistance program available to benefits-eligible faculty, staff, and graduate student employees. This program includes individual/family substance use counseling, assessment, and immediate referral when needed to inpatient or outpatient treatment facilities on their insurance plan or free/low-cost resources in their communities. In 2019, six staff employees utilized the resources for abuse/addiction. In 2020, one faculty and one staff employee utilized the resources for abuse/addiction.

Minds Matter is a cross-divisional website designed to serve as a mental health resources for students, faculty, staff, friends, and families. In the faculty and staff section, resources are listed for many types of mental health related issues as well as alcohol and drug related programs. This is designed to give faculty and staff a one-stop website that showcases resources available to them from across campus and around the community.

New Employee Welcome (N.E.W) and New Faculty Orientation (N.F.O)- All new benefits-eligible staff and faculty hires are required to attend an

orientation session to complete required onboarding paperwork, enroll in benefits, and learn about university policies and procedures. In this session, employees are told about many required notices and policies, including the Drug-Free School and Communities policy and Tobacco-Free Campus. Employees sign paperwork that states they understand they are responsible for abiding by all Texas State policies and procedures and are given links to view the relevant policies. All non-regular hires, including faculty, staff, and student employees, are oriented by departments and complete and sign the same required forms with information about the same policies and procedures. In 2019, New Employee Welcome was completed by 385 employees and a total of 146 completed New Faculty Orientation. In 2020, New Employee Welcome was completed by 218 employees and a total of 93 completed New Faculty Orientation.

Texas State has not had any actions taken upon a staff employee related to drug or alcohol in calendar years 2019 or 2020. If such action should occur, Texas State collects all facts and ensures the safety of the employee and co-workers. The department then contacts Employee Relations to arrange for drug or alcohol testing through a pre-contracted provider. The provider comes to campus to administer the test. The employee agrees to testing by signing a drug and alcohol waiver. If the employee chooses not to sign the waiver for testing, it is up to the department to decide if a disciplinary action will be issued. If the employee signs the waiver, the test will be administered, and Employee Relations arranges for a contracted taxi service to provide transportation home.

Benefits-eligible faculty, staff, and graduate student employees have access to health benefits through the Employees Retirement System of Texas. Such as Tobacco Cessation and Mental Health Counseling (includes drug and alcohol counseling)

Trainings are offered through Organizational Development and Communications. ODC offers many courses and trainings to faculty and staff on a variety of topics, including two trainings focused on mental health first aid. These trainings include components to support those with mental health or substance abuse problems. These program includes Mental Health First Aid and Youth Mental Health First Aid. In 2019, 52 employees attended the Mental Health First Aid (Adult) training and five attended the Youth Mental Health First Aid training. In 2020, seven employees attended the Mental Health First Aid (Adult) training and 14 attended the Virtual Mental Health First Aid (Adult) training.

D. INDIVIDUAL COUNSELING AND GROUP SERVICES
Referral and Assessment Resources Included

Agencies or groups that provide individual counseling and group services, or assist with referrals for employees and students who have problems related to the use and/or abuse of alcohol and other drugs, include:

Texas State Dean of Student Office
Texas State Alcohol and Drug Compliance Services
Texas State Counseling Center
Texas State Student Health Center and Health Promotion Services
Texas State Employee Helpline
Texas State Human Resources Department
Bobcat Balance (employee assistance program)
Minds Matter (cross-divisional website)
Cenikor/Hays Caldwell Council on Alcohol and Drug Abuse
Texas State University A.A.
River Group, A.A.
Al-Anon
Cedar Creek Associates

On campus, the Alcohol and Drug Compliance Services is the primary source for students needing to complete sanctions for, but not limited to, alcohol and/or drug-related violations. The Texas State Employee Helpline, Bobcat Balance, and Minds Matter is available for alcohol and drug-related problems offered through Human Resources for all employees – staff and faculty. The Student Health Center and the Alcohol and Drug Compliance Services refer students to the Counseling Center, or other appropriate referral resources such as treatment facilities and/or private practitioners, when the primary presenting problem is alcohol or other drug use and/or abuse. The Counseling Center staff does see students with alcohol and other drug problems, as well as when substance issues are not the primary reason the student is seeking counseling.

E. DISCIPLINARY SANCTIONS

Student Conduct and Community Standards in the Dean of Students Office, as well as the Department of Housing and Residential Life staff address student violations of the Texas State Code of Student Conduct, including those relating to alcohol and drug policies. All alleged drug-related violations (including drug paraphernalia, possession, consumption, sale, and distribution cases) are reviewed by Student Conduct and Community Standards.

Education, assessment, and community service opportunities are available on-campus through the Alcohol and Drug Compliance Services for Texas State students to complete sanctions for alcohol and/or drug-related violations.

F. ENFORCEMENT

The University Police Department enforces alcohol and drug laws. The department also assists in the enforcement of university policies and procedures by collaborating with other departments and referring students for alleged policy violations to the appropriate departments, including Student Conduct and Community Standards and the Department of Housing and Residential Life. The University Police Department submits class B misdemeanors and above to the Hays County District Attorney for review. The District Attorney's office determines whether to prosecute the case. A complete list of University Police Crime Watch numbers for alcohol and drug related offenses for 2019-2020 is included with this report and are located on the University Police Department website.

The San Marcos Police Department, Hays County Sheriff Department and Texas State Troopers also enforce local, state, and federal law relating to alcohol and/or drugs. Texas State students receiving off-campus alcohol and/or drug related charges can also be given sanctions by Student Conduct and Community Standards and/or the Department of Housing and Residential Life, as described in the Code of Student Conduct, in the Student Handbook and in the Housing and Residential Life Handbook.

G. MEASUREMENT OF STUDENT PERCEPTIONS AND BEHAVIOR

The Texas State community continuously monitors alcohol and other drug issues, as well as perceptions and attitudes regarding these issues on campus. Policies are frequently reviewed and revised, as necessary. Departments mentioned in this report continue to modify and enhance their activities, both active and passive, regarding these issues. They have made a concerted effort to reach all segments of the university population in a continuous movement to reduce the frequency of situations and consequences that our students and our university deal with regarding alcohol and drug use and abuse.

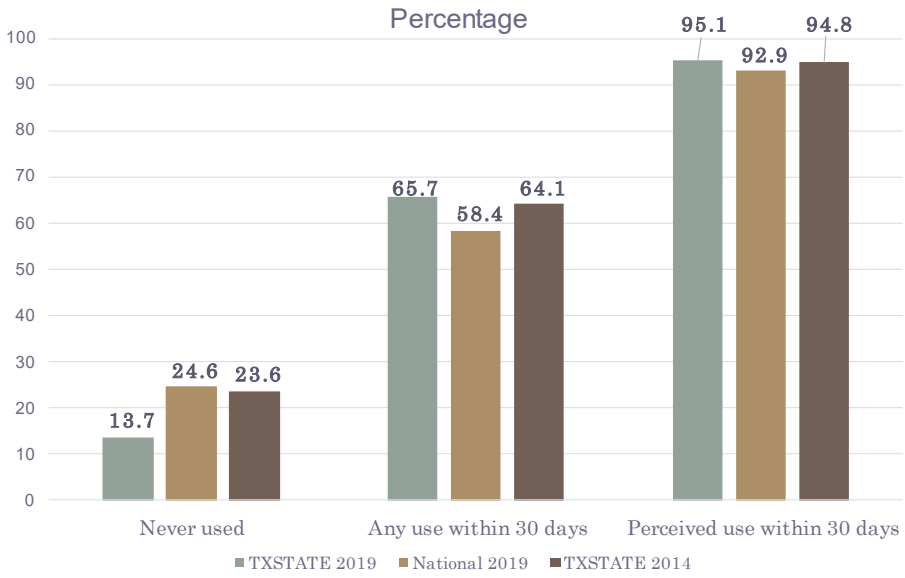
Empirical programs utilized to measure and report attitudes and perceptions, behaviors, and beliefs as well as trends and consequences include:

- National College Health Assessment – was conducted in February 2019.
- Stand Up Speak Up– an online alcohol education program administered during orientation processes for freshman.
- 3rd Millennium Classrooms (Marijuana 101) – an online marijuana education program for students needing to satisfy sanction requirements related to the use of marijuana. The online modules are bookended with individually scheduled pre and post one-on-one meetings with an ADCS administrator.
- Alcohol Education Program for Minors (AEPM) – commonly referred to as an MIP (Minor in Possession) course, the program is provided by ADCS and licensed under the Texas Department of Licensing & Regulations. The two-day program is conducted several times throughout the calendar year.
- Community Service Program – Most students completed community service as a requirement due to an alcohol and/or drug violation.

The Core Alcohol and Drug Survey was scheduled to be conducted for fall 2020, however, due to COVID-19 it will be postponed until fall 2020 or fall 2021.

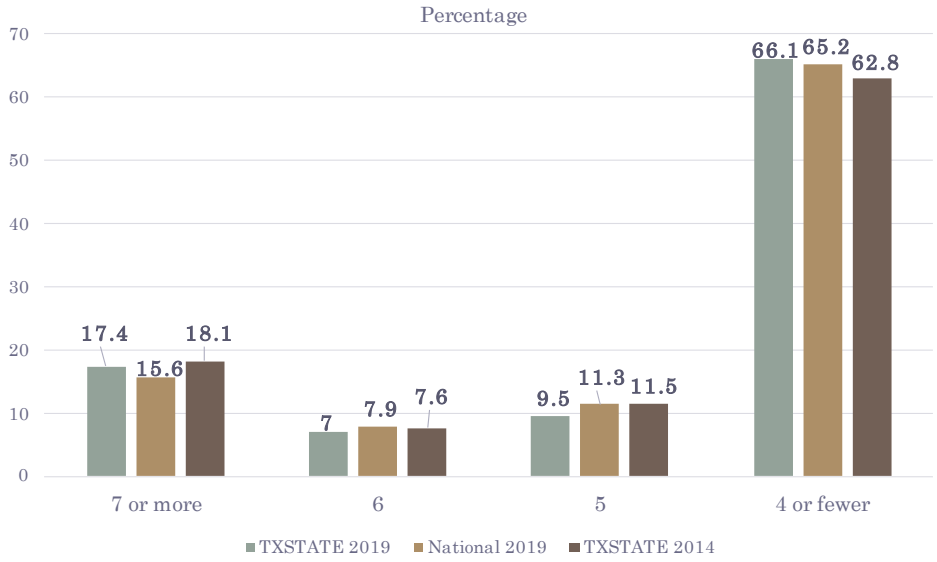
The Health Promotions Services office administered the National College Health Assessment survey during the spring 2019 semester.

The summary report identified some of the following perceptions, behaviors, and trends of Texas State students in comparison to the National Average:



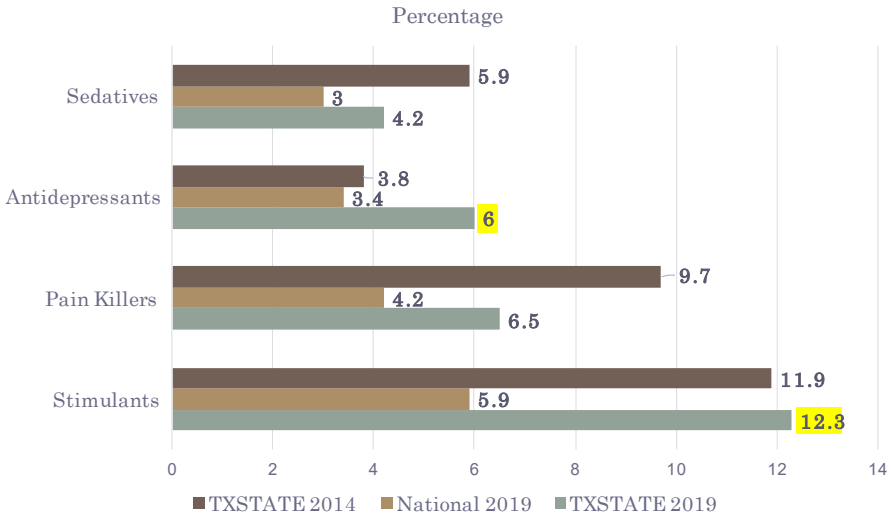
Alcohol Use

Reported number of drinks consumed the last time students partied:

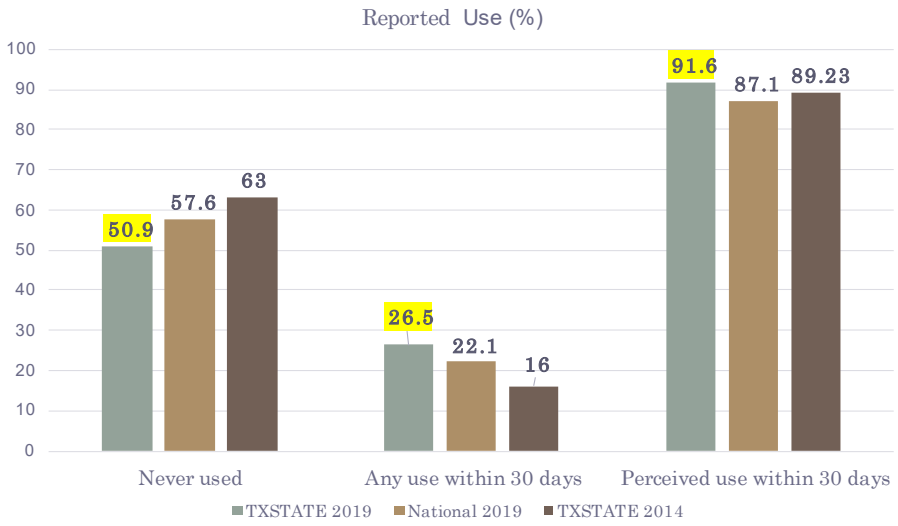


Prescription Drug Use

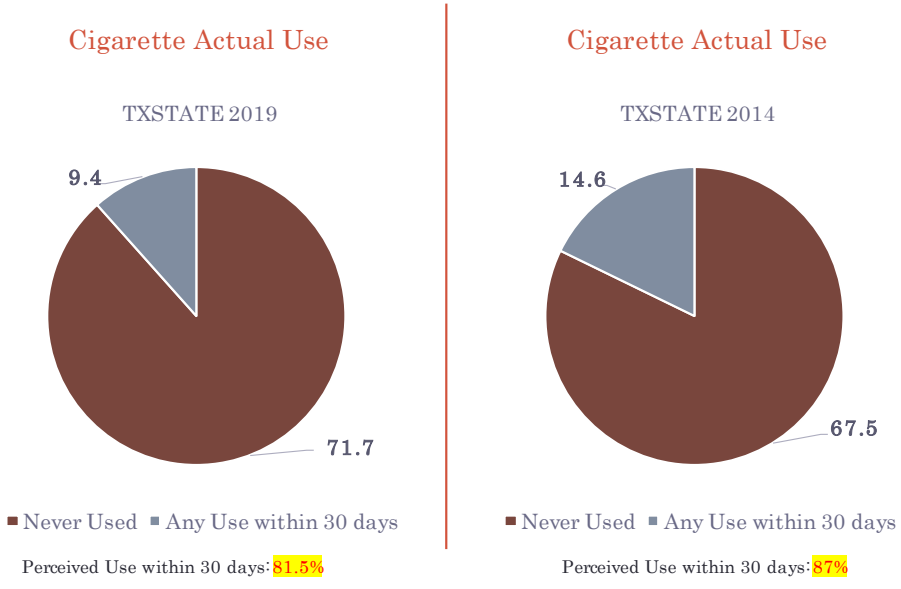
Percentage of Texas State students who reported using prescription drugs that w
not prescribed to them within the last 12 months:



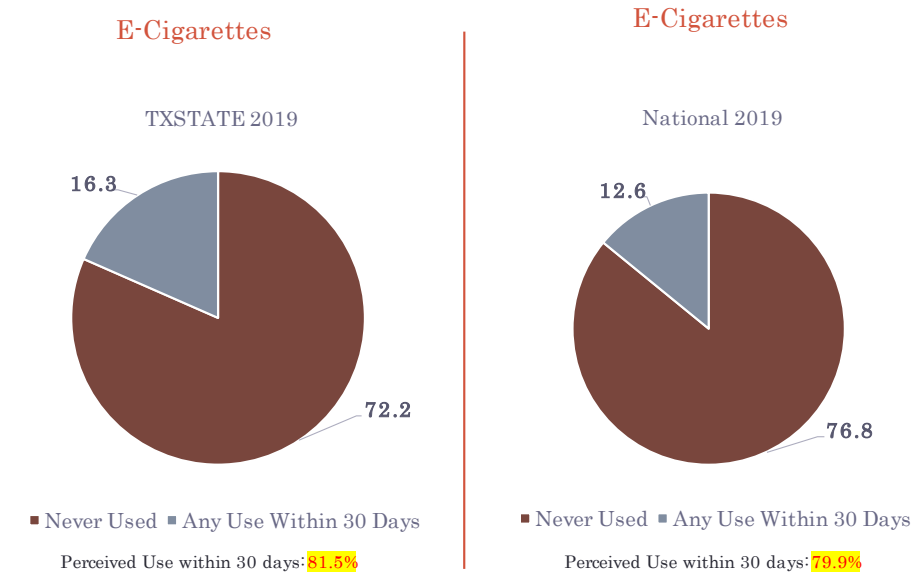
Marijuana Use



Tobacco Use



Tobacco Use



Trends – National College Health Assessment data for 2014 and 2019.

Texas State responses

- Alcohol use decreased in some areas and went down in others compared to the previous survey in 2014. However, alcohol use and perceptions are higher at Texas State compared to the national average. The percentage of students who never used alcohol in 2019 went down by 10%. Any use within 30 days went up by 1.5% and is 7% higher than the national average. Students reporting 4 or fewer drinks the last time they partied rose from 62.8% to 66.1%. And the number consuming 7 or more decreased slightly. The majority of students at Texas State are not engaging in binge or high-risk drinking.
- Prescription durg use is lower than alcohol and marijuana use among Texas State students. However, the use is higher and with drugs twice as high as the national average. Prescription sedative and pain killer use went down from the 2014 survey and antidepressant and stimulant use went up.
- Marijuana use has increased since the 2014 survey. Students reporting any use within the last 30 days went up 10% from the 2014 survey and is higher than the national average. Perceived use within the last 30 days increased slightly from 2014 and is higher than the national average.
- Tobacco Use went down approximately 5% from 2014 to 2019, as well as the perception of use. However, the misperception of a student using tobacco within the past 30 days is still high. E-Cigarette use in 2019 at Texas State is higher than the national average.

The National College Health Assessment II was distributed by email to 8000 randomly selected Texas State Students in February 2019. It was web-based with 576 completed surveys resulting in a 7.2% response rate.

Bobcat Preview-Stand Up Speak Up Evaluations 2019:

83% of students strongly agreed or agreed that the Stand Up, Speak Up sessions taught them the Texas State policies, sanctions laws and resources regarding alcohol and drugs.
84% of students strongly agreed or agreed after the Stand Up, Speak Up session they understand factors that affect Blood Alcohol Concentration.
84% of students strongly agreed or agreed that After the Stand Up, Speak Up sessions they can now recognize the signs and symptoms of alcohol poisoning.
84% of students strongly agreed or agreed the Stand Up, Speak Up session taught them the skills they needed to speak up and help reduce potential for alcohol related injuries or violence.

Bobcat Preview-Stand Up Speak Up Evaluations 2020:

93% of students strongly agreed or agreed that the Stand Up, Speak Up sessions taught them the Texas State policies, sanctions laws and resources regarding alcohol and drugs.
93% of students strongly agreed or agreed after the Stand Up, Speak Up session they understand factors that affect Blood Alcohol Concentration.
89% of students strongly agreed that After the Stand Up, Speak Up sessions they can now recognize the signs and symptoms of alcohol poisoning.
91% of students strongly agreed the Stand Up, Speak Up session taught them the skills they needed to speak up and help reduce potential for alcohol related injuries or violence.

Other Alcohol and Drug Presentation Evaluation Results 2019-2020:

71% of respondents stated they were very likely or somewhat likely to adopt a new behavior because of the presentation.
96% of respondents were very satisfied or satisfied with the presentation.
92% of respondents rated the presenter (s) as excellent or very good.

Alcohol Education Program for Minors (AEPM) course data. This state-certified program is provided by Alcohol and Drug Compliance Services and is licensed under the Texas Department of Licensing & Regulations.

AEPM 2019		
Pre-Test	**Post-Test**	**Knowledge Increase**
56%	92%	58%

AEPM 2020		
Pre-Test	**Post-Test**	**Knowledge Increase**
60%	94%	57%

Trends – 2019 Student Responses - Alcohol Education Program for Minors

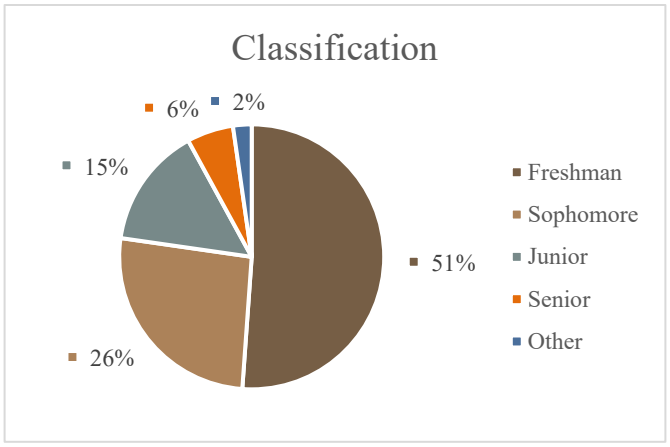
- Excellent class
- It was informative
- Great course instructor. Changed my perspective when it comes to alcohol
- Amazing engaging content and delivery
- Great teacher to keep you motivated and enthusiastic
- Engaging delivery
- I love the positive energy of the class
- Very helpful in providing very useful information on drinking that will be useful in the future

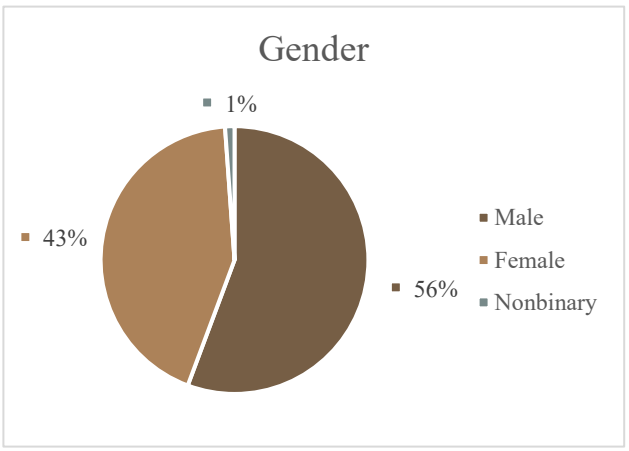
Trends – 2020 Student Responses - Alcohol Education Program for Minors

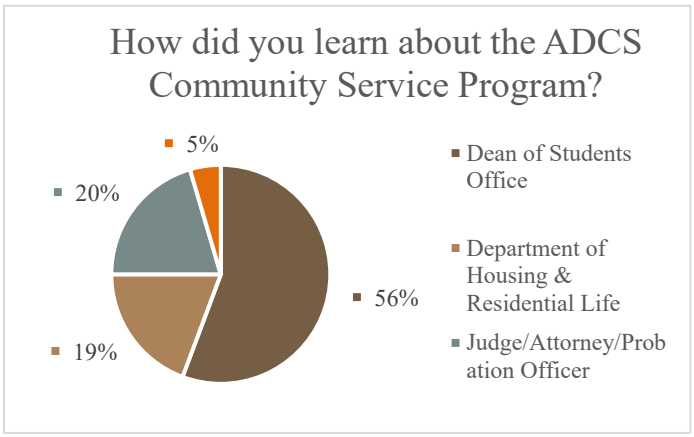
- Honestly, one of the best classes I've taken at Texas State so far
- Enjoyed being there and will use the things I learned to make changes
- This class was better than I thought it would be
- Course information was important
- Good instructors make the difference
- Y'all got it good don't change it

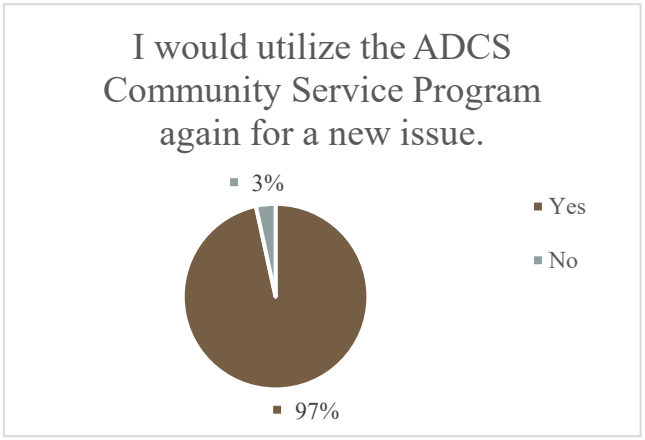
The Alcohol and Drug Compliance Services office administered a Community Service Program survey during the 2019 calendar year.

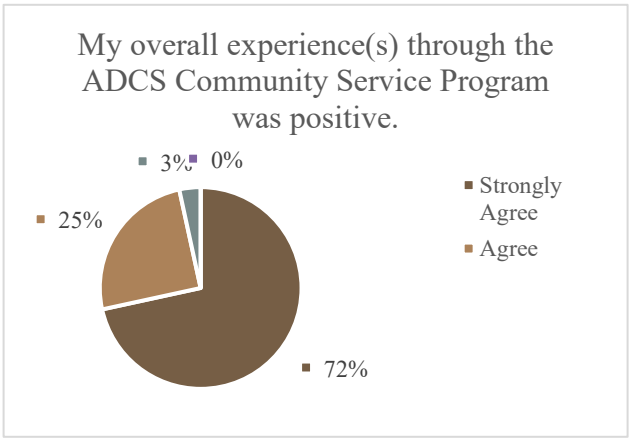
The summary report identified some of the following perceptions, behaviors, and trends of Texas State students who completed the Community Service Program:

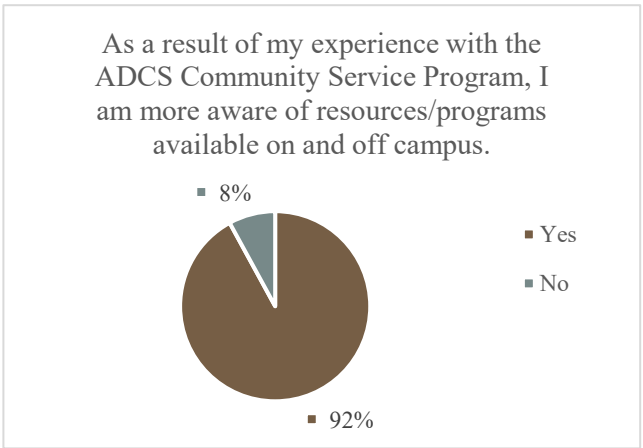












Trends – 2019 Student Responses - Community Service Program

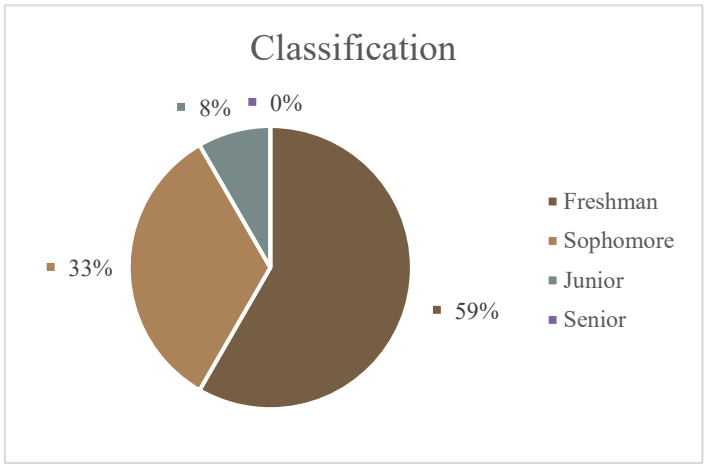
- I loved helping the community
- Although community service can be a drag, I have actually had fun helping out!
- The staff was very helpful and honestly the sweetest
- The people at the office made the experience so comfortable and easy. I always felt welcomed at the office which made dealing with a difficult situation, that much better. Cheryl is one of the nicest and best people I have met at Texas State and she does an amazing job working with students and creating a

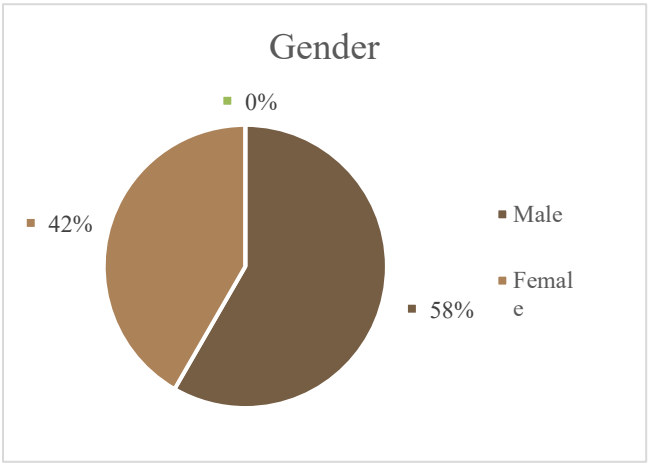
positive environment with her staff.

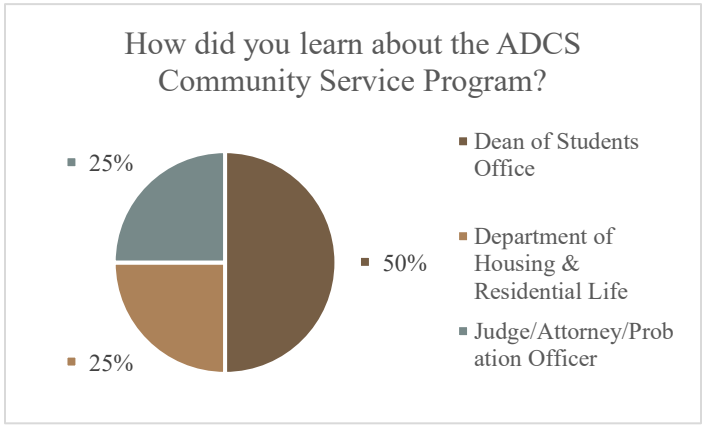
- Very helpful, I was very stressful, but they were able to help me get everything I needed to do in the short amount of time I had!

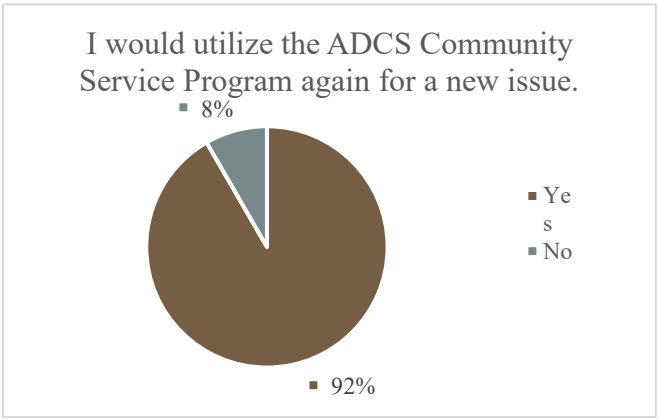
The Alcohol and Drug Compliance Services office administered a Community Service Program survey during the 2020 calendar year.

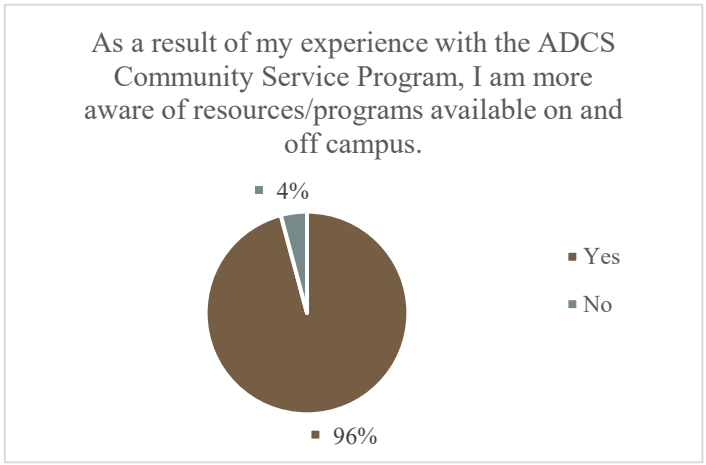
The summary report identified some of the following perceptions, behaviors, and trends of Texas State students who completed the Community Service Program:

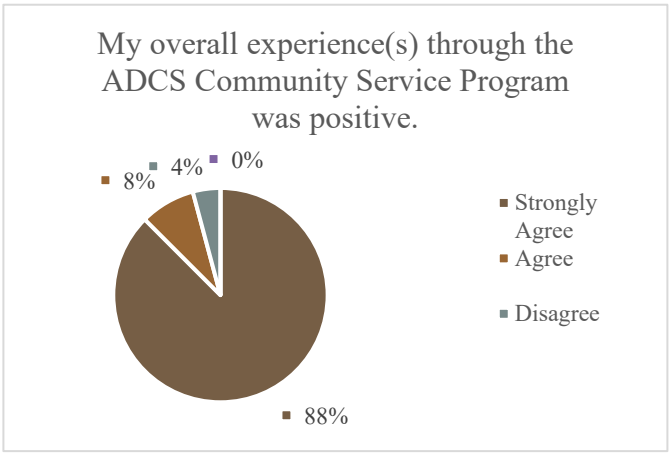












Trends-2020 Student Responses - Community Service Program

- I enjoyed working with the staff and it was easy to sign up for hours
- The emails helped me to be on time and know what to expect

3rd Millennium Classrooms (also known as Marijuana 101) is an empirical based online intervention and prevention course designed to help positively impact behavioral changes utilized by the Alcohol and Drug Compliance Services during the 2019 and 2020 calendar years for marijuana related sanctions.

The summary report identified some of the following perceptions, behaviors, and trends of Texas State students who completed the Marijuana 101:

Marijuana 101 - 2019		
Pre-Test	**Post-Test**	**Knowledge Increase**
51%	81%	59%

Marijuana 101 - 2020		
Pre-Test	**Post-Test**	**Knowledge Increase**
45%	75%	67%

Trends 2019 – Student Response - 3rd Millennium Classrooms (Marijuana 101)

- Texas State students rank high for daily (29.7%) and monthly usage (33%) of marijuana
- Actually, helpful and is good at explaining everything
- It is a course I believe all college students should be advised to take
- This course helped open my eyes to the real consequences of marijuana
- Very fair and informative

Trends 2020 – Student Responses - 3rd Millennium Classrooms (Marijuana 101)

- Texas State students rank high for daily (40%) and monthly usage (33.3%) of marijuana.
- Daily usage of marijuana increased in 2020 from 2019. It is unclear if this increase may be a coping mechanism due to COVID-19.
- Thanks!

IV. SUMMARY AND RECOMMENDATIONS

College student alcohol and drug use is not new, and neither are college and university efforts to reduce it. Alcohol has been, and still is, the number one abused substance on college campuses. College student drinking to excess is a widespread national problem with serious consequences. Excessive drinking among college students is associated with a variety of negative consequences that include fatal and nonfatal injuries; alcohol poisoning; blackouts; academic failure; violence, including rape and assault; unintended pregnancy; sexually transmitted infections, including HIV/AIDS; property damage; and vocational and criminal consequences that could jeopardize future job prospects. National trends reveal while prescription drug abuse in lower on a national scale, Texas State's usage is higher than the national average. Marijuana use continues to be on the rise with college students. Texas State's usage and perception is higher than the national average. These drugs also have negative consequences that impede academic success and put students at risk for a variety health and safety issues.

Texas State Alcohol and Drug Advisory Council

Future Recommendations:

1. Create a subcommittee within the Health and Well-Being Task force to address alcohol and substance use, including data collection, gap analysis and prevention strategies.

    a. Distribute the Core Alcohol and Drug Survey in fall 2022.
    b. Participate on the Texas State Tailgating Committee to promote changes that reduce alcohol use and promote safety.
    c. Partner with the Department of Housing and Residential Life to develop more comprehensive drug education in the department curriculum Resident Assistants and for hall residents.
    d. Create a Town and Gown program with the San Marcos Community.
    e. Explore training US1100 instructors and offering more educational programs to first-year students.
    f. Explore steps to develop a health seminar or course that can address pertinent health content (i.e., alcohol, drugs, mental health, violence prevention).
    g. Explore a Substance Use Common Experience Proposal.
    h. Implement a more comprehensive substance use screening tool for all patients at the Student Health Center.
    i. Utilize AlcoholEdu data from first-year students to inform education and prevention strategies.

Completed by:
Cheryl D. Harper
Assistant Director
Dean of Student Office/Alcohol and Drug Compliance Services

V. RESOURCES

1) EDGAR, 34 CFR, Part 86, Subpart A, 86.1-86.411, Federal Requirements https://www2.ed.gov/policy/fund/reg/edgarReg/edgar.html
2) 20 U.S.C. 1145g – Drug and Alcohol Abuse Prevention
3) EDGAR, 34 CFR, Part 86, Compliance Checklist (no longer required)
4) Texas State University Student Handbook – Code of Student Conduct
5) Texas State University Residence Life Handbook
6) Texas State University Policies and Procedures (UPPS)
7) Texas State University Student Affairs Policies and Procedures (SA/PPS)
8) Texas State University web pages
9) Dean of Students/Alcohol and Drug Compliance Services Office
10) Dean of Students/Student Conduct and Community Standards
11) Student Health Center/Health Promotion Services
12) National College Health Assessment Results – Spring 2019 (Student Health Center, Health Promotion Services)
13) Athletics Department
14) Human Resources
15) Counseling Center
16) Department of Housing and Residential Life
17) Student Organizations Council – Student Involvement
18) Alcohol and Drug Advisory Committee
19) University Police Department
20) Vice President for Student Affairs